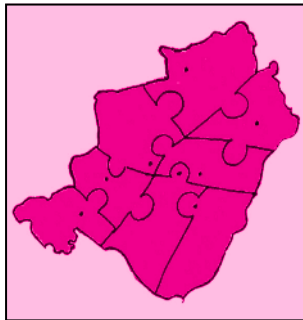


Pieces of Eight

February



Feb 2019, Issue 246

News, views and issues from: Chapel Amble, Pendoggett, St Kew, St Kew Highway, Trelill, Tregellist, Trequite, Trewethern

Email: stkewmag@gmail.com



A Song Thrush in January

Photo by David Balmford

Your free guide to news and events within and around St Kew Parish

NEWS JANUARY



“

BURGER NIGHT EVERY WEDNESDAY from 5:30pm until 8:00pm

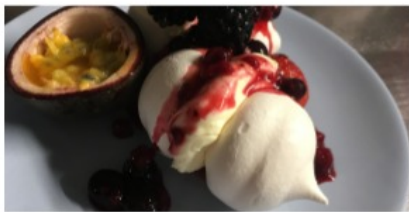
A selection of meat, chicken, vegetarian and vegan burgers every Wednesday including chips and coleslaw for only £9 each.

VALENTINES NIGHT DINNER

Special Event Menu

Mad Mondays return for the Months of February through to April.

We create a winter warming menu just for the cold Monday nights.



MAD MONDAY

Choose from our two course selection for £12 or make it three for just £15

Valentines night dinner

A special set menu just for the 14th

February make a special night here at the Red Lion Inn

We hope everyone had a relaxing Christmas and New Year, but we all spent too much

So we thought you needed some help with your wallet and purse

Every Monday, Wednesday and Thursday we have special priced theme nights, Monday two or three courses for £12 or £15 and every Wednesday Burgers for £9 and Thursday 2 Steaks and 2 Desserts £20

On Thursday 14th of February we have created a menu just for those who enjoy a quiet dinner with soft music and candles.

Check out the menu in full on our web site at

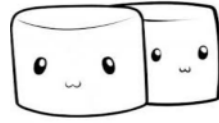
www.redlionstkew.com or

pop in the pub to pick up a copy of the menu

THURSDAY STEAK NIGHT

Two 8oz steaks plus two dessert for just £20

CHILDREN'S CORNER



At this time of year when it is cold and dull outside it is nice to have a little treat now and then. And what could be nicer than a steaming cup of hot chocolate after a day in the fresh air. Yum!

Ingredients for 4 cold people!

- 3 tbsp unsweetened cocoa powder
- 70g sugar
- 1 litre milk
- ¼ tsp vanilla extract
- Miniature marshmallows

Method

- In a small bowl, blend the cocoa and sugar.
- In a medium saucepan heat the milk until little bubbles form around the edge of the pan. Do not let it boil.
- Stir a little of the hot milk into the cocoa mixture to loosen it up, and then pour the cocoa mixture into the hot milk in the saucepan. Add the vanilla and whisk until it is all blended together.
- Pour into mugs and top with the mini-marshmallows.
- Wait until it has cooled so you don't burn your tongue!



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Welcome to Pieces of Eight

We are a free independent community magazine, published ten times a year (not January and August) covering local news, views and events in the St Kew parish area. Volunteers produce, edit and distribute the magazine to every household in the area, and to all the local churches, shops and pubs. We do hope you enjoy reading it.

We would love to hear from our readers - articles, letters, suggestions and other contributions are always welcome. Please see our contact details below.

There is also an on-line edition hosted by the Parish Council which can be found at www.stkewparish.org.uk/PO8.html. (*We are very grateful to the Parish Council for allowing us to use their website*).

EDITORIAL

Looking to the New.

The turning of the year is always a time for reflection. After the festivities of yuletide and Christmas, it's a chance to re-assess and take stock, weigh up the options, evaluate choices made in the past, and consider those that are preferable for the future; to make resolutions.

January, of course, is named after Janus, the Roman god who faces both ways: back to the past, and forward to the future. So he is the god of beginnings, transitions, time and duality. Often his twin-face is found set above doorways and gates. And he is also the god of endings.

Certainly this year, we have plenty to weigh up as our politicians grapple with the forces for change. Perhaps, therefore, we might resist the urge to throw the radio out or break the telly when it broadcasts stuff we don't like and, instead, we could settle on changing those things that are local and in front of us. Many in our community do this already, whether on committees or as supporters of the numerous organisations within our parish. Others work quietly, resisting acknowledgment and our thanks. For example, some anonymous locals recently spent a day totally cleaning up the bus-shelter down at the Highway. It had become a real eyesore, cluttered with rubbish and very unpleasant for all using it. Now it is as new.

There are others who take an empty carrier bag with them on their daily constitutional, and fill it with the waste found in the ditches.

Similarly, we can all perform such random, thoughtful acts of kindness, especially now as winter's bite threatens to return with low temperatures and icy conditions. Therefore, *being a true neighbour* is a positive virtue, thus ensuring *no-one is left in need, cold and alone*. As we look to the new, that's surely one resolution we can all sign up to.

David.

The Editorial Team:

Philippa Harkness - Children's page & History
Steve Liddiard - Advertising Manager & Treasurer
David Penhale - Events & Poet in Residence
Nicky Pickard - Main editor who puts the magazine together, assisted by husband Mike.

Contacting the Editorial Team

We can be contacted by email at stkewmag@gmail.com. Please use this address for **ALL** correspondence, the in-box is checked regularly.

Alternatively you can phone Nicky's mobile - **07813 603776**. Leave a message if you can't get through and she will phone you back.

Advertisers should contact Steve, our Advertising Manager via this email address, putting 'Advertisement' in the subject line. Steve can provide information on advertising costs, space availability, formats, etc.

Copy date for the March issue is:

Friday 15th February

We aim to get the printed magazine out to our distributors before the beginning of the month of issue. Please could all contributors send us your copy or advertisement as soon as possible, **before** the copy deadline. If your article or advert is going to be late it would be very helpful if you could let us know in advance.

Note to Readers

When responding to an advertisement, **please** mention that you saw it in Pieces of Eight. This shows our advertisers that the magazine is **the** place to reach local customers.

The magazine does not accept any responsibility for any issues arising from advertisements.

Views expressed in this publication are those of its contributors and do not necessarily reflect those of the Publishers (the management committee) who reserve the right to refuse or alter any material supplied.

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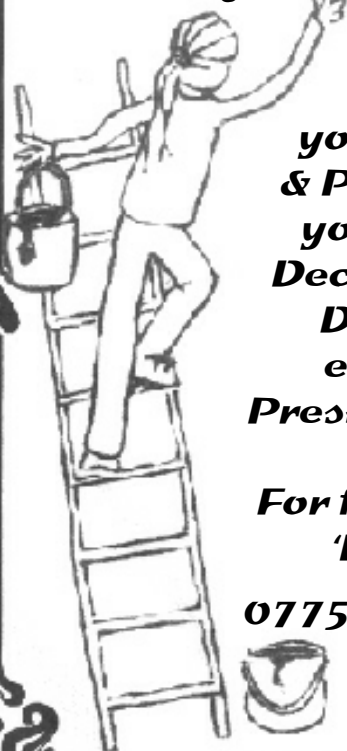
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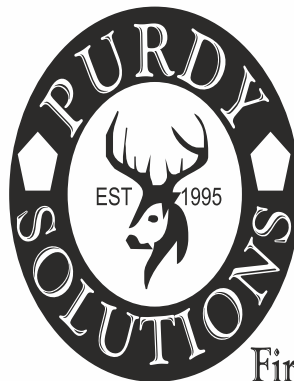


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Thanks for Pieces of Eight and the trade adverts

Hello all in the Parish and happy New Year to all.

I wanted to say thank you for certain adverts in the Pieces of Eight magazine that you put out every month. When a problem arises one asks within one's social and work circles to see if anyone can give a recommendation to any trades people. If they are unable to help then our next port of call are the advertisements in Pieces of Eight. A while ago our chimney became blocked. Out came the Parish mag and a phone call later (mentioning Pieces of Eight of course) round came the Mears to fit a new cowl and sweep the chimney. We now have it done every year and would recommend R Mears & Sons to anyone who wanted a good chimney sweep.

So there we were at 4 o'clock on the Friday afternoon just before Christmas, the 21st of December to be honest. I noticed that the central heating radiators were still cold. The heating should have been on for a hour by now. The oil-fired boiler was still hot, as were the pipes around the boiler but the water circulation pump was rather quiet. Up until now it had been a rather noisy old pump. Out with Pieces of Eight and look for a heating engineer / plumber who is happy with oil-fired systems. I called J.T. Martin, again mentioning Pieces of Eight. I expected a reply to the effect of "I'll be there after Christmas to see what I can do" after all it was gone 4.30 by now. "I'll be there within an hour" was the cheerful reply. Jimmy duly arrived and had a look at the system. The pump was probably jammed was a diagnosis. Within an hour the heating was working

but the pump probably wouldn't last much longer. "Call me if it fails again" said Jimmy. "I'll try not to call you Christmas morning" I said. We paid and Jimmy left us with this cheerful thought "If it fails, no matter when, call me!".

The next morning, Saturday the 22nd December, we awoke to a quiet heating system and a cold house. I sent a text "pump failed same as yesterday". We got a reply later in the morning saying Jimmy would be round with a new pump mid-afternoon. He arrived at three. By 6pm the heating was running with a quiet new pump and a radiator that had been cold and unheated for a couple of years was now warming up nicely. We paid and got our receipt once again and wished Jimmy a quiet Christmas.

The house has not been so warm in the last few years so the new pump was really needed. We have asked Jimmy to come around in the spring to give the whole system a check up. So two call-outs, a new pump, valves and a good few hours work and we think J.T. Martin has done a wonderful job and it hasn't cost the earth. Once again, I can't recommend Jimmy highly enough for his work and work ethic. Thank you to Pieces of Eight too, without you I wouldn't have found our plumber!

Rod & Anita Ponton-Brown
St Kew Highway.

Editor's note: What a lovely 'heart-warming' story, thank you! Has anyone else had similar experiences with local trades people? We'd love to hear from you.

The Wadebridge Branch of the Royal British Legion....

.....is one of the oldest Branches in the Country. The Branch even pre-dates the Royal British Legion itself as it was formed as the Comrades of the Great War Association. When the British Legion wanted to start up they contacted all other Veterans organisations to ask if they would bring their members into one overall organisation, a true British Legion. The archives and minutes of these early meetings make interesting reading as many of the veterans were fit young men at the time, not the old chap in a blazer selling poppies that we more readily think of. The branch wanted to make sure that these ancient minutes would be kept safely and have passed them for safe keeping to the Wadebridge Town Museum for display and archive.

It would therefore be sad to see such a long-standing organisation fall by the wayside but this has every possibility of happening if the Branch continues on its current course. Due to family, health and work commitment, three of the Wadebridge Royal British

Legion Branch Committee have had to resign recently. This has left the Branch without a Treasurer, Secretary or a Poppy Appeal Organiser. If these positions are not filled the Branch will be forced to either merge with another Branch (Bodmin perhaps) or to close completely and Lay Up the Standard that has been Paraded so proudly over all these years.

There will be an Extraordinary General Meeting of the Branch at the Churchill Bars Wadebridge at 7.30 pm on Monday the 21st of January. If you think you could help PLEASE come along or contact the Chairman Rod Ponton-Brown by using the email rod.p-b2@hotmail.co.uk or by post at Meander Zows, St Kew Highway, Bodmin PL30 3EE.

In December the Wadebridge Branch of the Royal Navy Association closed due to lack of numbers. If you can help to keep the Wadebridge branch of the RBL running then please help us.

R Ponton-Brown
Chairman Wadebridge RBL

All the news and highlights from the top of the hill! Don't forget you can keep up with all the school antics in our monthly newsletters, published on our website: www.st-kew.cornwall.sch.uk



We all hope that the Christmas holiday and New Year period finds you happy, healthy and ready to face the challenges that we have in the term ahead!

We finished 2018 with a bang, having witnessed how amazingly talented our pupils are in their Christmas and Nativity performances. If you weren't lucky enough to have seen any of these, then you missed out on a little bit of the 'West End come to St Kew'!

A St Kew Christmas & Productions: BAH HUMBUG! and THE INNKEEPER'S BREAKFAST

At the end of the Autumn Term we had a fantastic finish to the learning across all year groups with the Bah Humbug performances and Nativity story at the church. It is always such a pleasure to



present the children to the watching audience in their 'new identities', sharing their lines clearly and hearing the children's voices joined in song creates a very special magic at this wonderful time of year. Our huge thanks go to all the children that were involved – they all worked so hard to create truly brilliant performances!

Stunning Starts

Each of our class topics are now beginning with a 'Stunning Start' and ending with a 'Fabulous Finish' from the beginning of this term and children will be engaged in this in a variety of ways.



To start this initiative, we headed to the Eden Project on Friday 11th January. Whilst there the Class 1 children learnt about hot and cold climates, Class 2 attended a workshop on Puzzling Plants and Class 3 studied Darwin's Doodles.

Voice in a Million

We are delighted that six of our Year 6 children will be taking part in the Voice in a Million concert in March at Wembley Arena as part of the ACE choir! This concert is an annual event to raise awareness of adoption throughout the UK.



Our children will join a choir of 5000 children from around the Country to sing a wide range of modern songs and

may even have an opportunity to perform with some surprise celebrities! This is an incredible opportunity for the children to perform on such a large scale in a fabulous venue! To help them on their way, the children would like to hold a cake sale to raise money towards the cost of the trip.

Please come and join us on **FRIDAY 25th JANUARY at 3pm** and grab yourself a tasty treat to help send our children up to explore the capital!
Exciting Times for our pupils ahead!

RM

Knowing Your Place (a Personal Reflection)

Lifton Down, December 2002: the skies lowered above the glittering land spread out before me: inevitability was in the air. Even though I knew what Cornwall could hold, with its memories of interminable wet winters, pockets of social deprivation, combined with lack of job opportunities,

I still surrendered unconditionally.

I may have been made in Port Talbot, but from five years old, it was in Kernow and Fowey in particular that I was formed. There, by its river and among the streets and alley-ways, fields and lanes I had a very special childhood.

I had left Cornwall twice before: first in 1965, because of my dad's deteriorating ill-health and his decision that we leave our council Cornish unit, that it was 'time to get back home' to the extended family in Wales.

I found my way back in 1973, first to St. Dennis, where my own new family life began, then on to St. Newlyn East; only to leave Cornwall again in 1986 for a job among the rolling Gloucestershire Cotswolds.

So this was now my *third* return.

'Rather like a drowning man', as one of my musician friends succinctly put it.

If so, it was high-time I learned to swim again in this familiar sea, just like I had as a school-boy at Readymoney Cove.

Reflecting on my reasons 'why', I can pinpoint some key things:

a second marriage to someone whose life is based here, and therefore a need to renew my *personal* re-connection to this primal edge land, rich in artistic opportunity. This led in 2004, to my first solo exhibition, 'Dewhelans' ('Homecoming') in Penzance Gallery; then there were all those years of touring with Brenda Wootton, through UK, Europe, and especially Australia where we sang and played in Sydney and Adelaide and memorably in Cornish for the Cornish at the Kernewek Lowender on the Yorke Peninsula; and then there's the hand of friendship extended by my long-time fellow-musicians.

Also there's the unexpected:

discovering my long-buried ancestors in Gwinnear Churchyard;

the long summer afternoons Sue and I spent working the ground of Lanow, the 7th century monastic garden of the earliest settlement set within these undulating fields and wooded

streams, within the shade of the old walnut tree. Time had stood still down there.

But getting to know my place again has been hard. It's hardly Shangri-la.

Young people find it almost impossible to own a home of their own, and many still live with parents. There were no food-banks when I returned in '02; now there's one in every major town. They tell a story that's hard to deny.

And Fowey, the place I once thought I knew, is now hollowed out, like so many of our coastal communities.

The post office is gone, cinema gone, chapels converted into flats (just like my old 17th century Grammar School - how was that allowed?), old family business like the Varco's and Tippets all gone, and Fowey's last bank, bought by Gordon Ramsay, is being converted into more expensive apartments.

Today I picked up a shiny new copy of 'Cornwall Living', the free advertising magazine.

I didn't recognise the place they were selling.

Instead I just had to walk the local lanes, clear my head, take in the sights and sounds of a cold winter's evening, where starlings swirl in vast murmurations on their way to Davidstow, and the cottage lights burn brightly through the gloom up Trequite, up Trelill.

True Kernow, old Kernow.

For me, it's a place I know in my heart.

David Penhale



GILL'S RECIPE OF THE MONTH

Orange-braised Pork Chops

A lovely warming dish for a winter's evening, and a reminder of summer.

Ingredients

- 4 loin pork chops or steaks
- 2 level teaspoons flour
- ½ level tsp salt
- 2 tablespoons oil
- 1 tablespoons light soft brown sugar
- Pinch of ground ginger
- Grated rind and juice of 3 oranges and a small amount of water
- Orange segments from 1 orange

Method

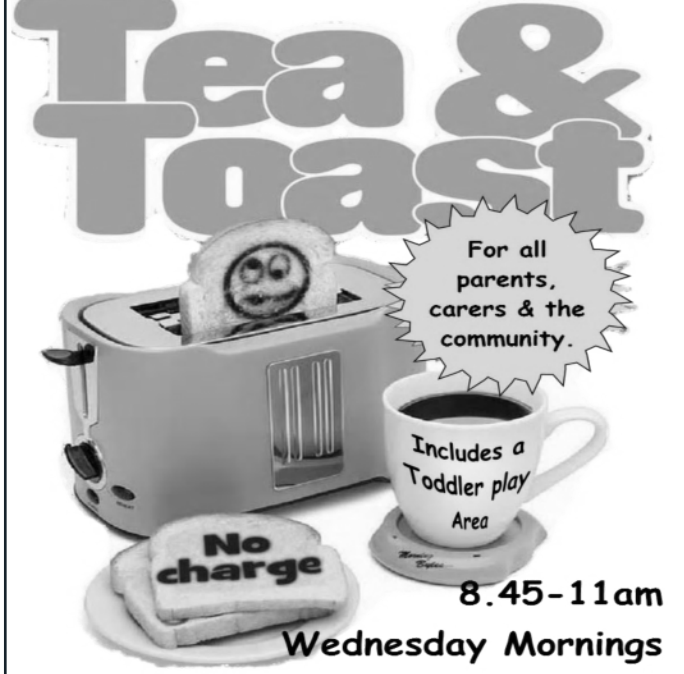
- Coat the chops with flour and salt.
- Heat the oil in a frying pan and add the chops, browning them on both sides.

- Put the chops in the bottom of an oven-proof dish.
- Combine the sugar, ginger, orange rind and juice and water.
- Pour over the chops and cook in the oven for at 180 c for about 1 hour.
- 5 minutes before serving add the orange segments and place over the chops for serving.

Delicious served with sauté potatoes and a side salad.



2019
St Kew Parish
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Parish Hall
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8.45-11am
Wednesday Mornings

At St Kew ACE Academy

 **Knitting for others:** novices and masters of knitting are invited to join us in making baby beanie hats for premature baby units and squares for blankets to give to those in need.

PLEASE NOTE CHANGE OF VENUE every Wednesday during term time there will be Tea & Toast coffee mornings from 8.45 – 11am, organised by Geraldine Ashton and Marcus Jones, the North Cornwall Cluster of Churches Children and Family Worker. Everyone welcome for a light breakfast and chat, with a play area for young children.



**Supporting
Cornwall's Children's Hospice
'Little Harbour'**

STEVE'S FUN QUIZ

(It's certainly different, find out why!)

SUNDAY 27th JANUARY 2019

THE RED LION INN, ST KEW HIGHWAY

7.30 for 8.00pm start. Only £2.00 per person.

Bring a team (any number) or make up one on arrival. Raffle and 'heads or tails' for a bottle of wine.

**All proceeds to Cornwall's Children's Hospice
'Little Harbour.'**

To reserve a team table ring Wendy on 01208 441271. Enquiries: Bob Plater on 01208 841381.

TEA AND CAKE



**Wednesday 13th February 2019
1.30pm to 3.30pm**

*St Kew Highway Community Hall
ALL ARE WELCOME*

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or play cards or a board game.
Solve a jigsaw, or bring your knitting.*

There will be tea, coffee and home-made cake.

*There is NO CHARGE, just come along and
enjoy this community social event.*

*This is continuous and will take place on
the 2nd Wednesday of every month.*

Our Feathered Friends

Time to wade into the new year with plenty of fresh air and walks as we wait in anticipation for Spring. Wade into waders as you stroll along the Camel Trail from Wadebridge towards Padstow. Catch the tide right and it brings thousands of wading birds towards the shoreline, all actively feeding as opposed to resting when the tide is high.

The Camel Estuary boasts a variety of wading birds at this time of year. If you appreciate a Starling murmuration then you will marvel at the thousands of Golden Plover that feed or rest up on the flats near Dinham, a flurry of wings flashing gold and white as they take flight high into the sky when disturbed at rest, twisting this way and that together. You can count many thousands of this wader at rest. Usually the Lapwing is close by - another pretty wader with a bright green and purple back and its crest proudly protruding above its head. Both these birds feed on farmland as well as mud-flats and estuaries. Plenty of other waders can be on show with Black-tailed Godwits alongside smaller numbers of Bar-tailed Godwits. Both feed with different actions - the Black-tailed Godwit probes deep in the mud with its long bill stretching forward, as opposed to the almost sewing machine needle probe nearer to its body of the Bar-tailed Godwit. Other larger waders to look out for are Oystercatchers, Knot, Grey Plovers, Redshanks, Snipe, Curlew, the occasional Ruff and Greenshank, and Green and Common Sandpipers. Rarer waders include the elegant

Spotted Redshank and the RSPB logo bird the Avocet, however the Avocet is a very occasional visitor here - best to view these on the River Lynher if you get the wader bug!

Smaller waders present include Dunlin, Ringed Plover, and Sanderling (occasional), all very busy feeders, usually spotted on the water's edge. Dunlin can be seen in good numbers. All the waders feed in different ways and depths hence they are all happy feeding alongside each other - food for all!

Waders also come in various plumages to test the most experienced birder, juvenile, summer and winter plumages all mix together. Turnstones can also be seen, especially in Padstow harbour eating your chips, and the Purple Sandpiper near Constantine.

The Parish can boast a few waders on our territory-too with Lapwings and Golden Plover, Green Sandpipers and Snipe seen around St Kew Parish, and especially Chapel Amble where most of the mentioned species can gather, and if you are lucky a wintering Woodcock. I have only scratched the surface here so please walk the Trail, with the added benefit of getting closer to nature, and usually friendly bird watchers with spotting scopes are willing to show and talk you through what they are looking at.

So grab a bird book and wade through the wader section, and become active in Wadebridge!

Happy wader watching!

Clutts, Pendoggett

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St. Kew Community Gardens Association

The View from the Allotments

..... and little has changed since I last wrote.

It's no excuse but a sort of lethargy (or is it just another I-word – laziness?) has overcome me lately and I/we have done very little on our plots. Nor have most people, admittedly, but that's no excuse.

The trouble is, if it's dry it's also windy or cold, and if it's not that then it's raining! And that means the ground is very hard to turn over, let alone rotavate.

I did put in some broad beans which had been growing in pots in the greenhouse and they are looking reasonably happy. Actually, most of them had been growing in the greenhouse and 3 of them had self-seeded on last year's bean plot and I transplanted them. Not always a recipe for success but they seem to have taken and I am keeping my fingers crossed.

I have done a bit of desultory tidying up – trimmed the loganberries, fidgeted with the vine, but nothing more and I am beginning to feel really guilty. The one thing I really must do now is to weed the asparagus plots so that the crowns have room to breathe. We ate quite a lot of our own asparagus last year and it is such a treat. Worth making an effort for.

We're really enjoying the brassicas this year and have harvested copious amounts of brussels sprouts, red kale, cavolo nero, and the start of some purple sprouting broccoli. And we appear to have some really healthy common-or-garden cabbages which are nearly ready to cut. What with them and the leeks and the parsnips, we should be OK through to April. And of course we are using our own onions all the time and very few of them have rotted, so we're well provided for.

At the moment we're receiving lots of seed catalogues, so the producers clearly think we should be doing SOMETHING! Maybe if we leaf through the offerings, it will spur us on to do a bit of clearing and tidying and planning what should go where this year. At least it will be a start.

We've got a couple of unexpected vacancies which we'd love to fill (people having to give up for health reasons or work) so please give me a ring if you would like to come over and have a look.

We have just welcomed another new plot-holder but would love to see every plot in use this year. Free water, free manure, a free shed to store all your bits and pieces – you'd be foolish not to take up the offer!

Judith Mott, judithmott@btinternet.com,
Tel: 01208 841312

St Kew Historical Society

Forthcoming Events

All talks and meetings are held at St Kew Parish Hall, 2nd Thursday in the month from 7.30pm.

Thursday 14th February

Mr Adrian Wilton presents:

Churchill's Secret Army

Relating the history of small units established in towns and villages in secret to resist Nazi invasion forces in our country should the situation arise.

Many of these units were set up in Cornwall, maybe you remember them, had a relative who was part of them - who knows?

Come along, listen, find out!

St Kew Parish Hall, 7.30pm

As usual, members entrance is free, visitors and guests £3.00 per person.

Refreshments will be provided (any donations are gratefully received)

John Raybould - Secretary

Our Inaugural Poetry Competition

We have had a number of very good entries to the competition and judging is underway as we go to print. The names of the winner and runners-up will appear in March's magazine along with the winning poem. Who knows, it could be you! Watch this space.....

'KEW & A'

Twenty Questions & Answers

By way of a departure from the usual format, our subject this month has written his response as an article in narrative form.

This month: Major David Balmford, St Kew Highway.

I remember telling my mother that I could sing as well as Paul Robeson when I was about 8. Music followed of course, and I did become quite good at the piano. I love nearly any music pre-1950 and developed a taste for amateur drama.

My 13th birthday presents were a basic 35mm camera and a wooden-shafted 8-iron. Photography and golf became favourite hobbies and one of my proudest moments was winning the Yorkshire Open Amateur Championship so long ago.

My real proudest moment was walking down the aisle of St Martins-in-the-Bullring, Birmingham, with my new wife on my arm.

Entertainment-wise, I have re-read 'The Children of the New Forest' (by Capt. Frederick Marryat, pub. 1847) many times and love the film version of 'Pride and Prejudice' (dir. Robert Z. Leonard, with Greer Garson & Laurence Olivier, 1940).

I also thoroughly enjoy 'Foyle's War' (2002-2015, TV mystery series created by Anthony Horowitz) and similar historical shows. I would love to see more entertainment in the Community Hall, but when it was tried years ago, support was absent. And yet there are so many lovely people in St Kew Highway; one often nods

at half-known friends. It's a pity that there is not more social contact with St. Kew. We are all a bit telly-driven aren't we?

As for the village – well, what hasn't it got? There are doctors, petrol and garage, shop, pasties, pub, post-box and hole-in-the-wall, to name but a few. Pity no permanent post office (*though there is a mobile Post Office van that visits twice a week - ed.*)

What am I very good and very bad at? At my age I don't become much better at anything but get much worse at others! However I can still hit a golf ball and my computer graphics pass muster.

A phrase I use too often (Betty says!) is 'That's very expensive!' This may well apply to my dinner with three guests. I'd invite Peter Allis, whose repartee and after-dinner speaking are second to none, and Pavarotti could sing for his supper. I would also invite Betty who is a very good quality meal-provider.

I'm very embarrassed by the modern dress code and by my total disinterest in politics. I don't think this would worry Ava Gardner who would join me on a desert island, but the over-rated Jeremy Corbyn might be.

'What are the best and worst things about Cornwall?' England is too far from Cornwall and difficult to get to. On the other hand, it is 5°C warmer than Yorkshire!

Finally, I have always wanted to be a better singer than I am. I would have loved to have been a really good tenor – good enough to earn my keep. That would have enabled me to sing you to sleep rather than bore you to death!

Mobile Post Office

The mobile Post Office calling points each week are as follows:

Monday

St Merryn	08.45-10.00
Rock	11.00-12.30
St Kew Highway (Community Hall)	13.30-15.00

Tuesday

Tintagel	09.30-11.30
South Petherwin	12.45-13.45

Wednesday

Tintagel	09.30-11.30
Port Isaac	12.30-13.30
St Issey	14.00-15.00

Thursday

St Merryn	08.45-10.00
Rock	11.00-12.30
St Kew Highway (Community Hall)	13.30-15.00

Friday

Tingagel	09.30-11.30
Crackington Haven	12.45-13.45



Allen Valley Singers

2019... My birth year is getting further and further into the distance. Where have I been and what have I done? Maybe it is the here and now that matters and I must say that the past weeks have been busy, then busy, and then busy, but the end result was that Christmas came for us all, with its delights and even more importantly, we have had a New Year to welcome and perhaps even to have expectations that this fresh start may resolve and even fulfil, the downs and the ups of our lives.

As far as the choir is concerned, we look forward to singing the known and new music. We meet on Tuesdays from 7.15 p.m. to 8.45 p.m. at the St. Kew Highway Community Hall. Come and meet us, listen to our music and have a chat with our MD, Janette Man

We ended the past year with some joyous occasions. We entertained the good friends in Wyndhurst Orchard Retirement Home in Wadebridge. As with many of our concerts, when our MD Janette, produces a bagful of percussion instruments for our audiences to beat or shake, the willing folk in

Wyndhurst Orchard joined in heartily, thus feeling really part of the performance.

We had an enjoyable time at St. Kew Church Hall, where the church 'friends' were raising funds for the upkeep of this very lovely church. We sang, they provided pasties and other delights and a good time was had by all. Our last 'outing' was to the Red Lion Inn in St. Kew Highway. The atmosphere was jolly and again, the percussion instruments were handed to the willing 'players' and along with our Christmas songs, the audience and choir alike joined in Christmas carols with great enjoyment.

Now a whole new year is ahead of us. If you would like to join us, why not come and visit us on a Tuesday evening.

If you would like to book us for a concert, a wedding, or any event that would be enhanced by our music, please contact Jan, our MD on 01208 841784 .

Best wishes for this new year.

Joyce Hargrave-Wright (Dr.) Publicity.



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Puzzle Page

codeword

	7	9	19	13	9	3		6	14	6	22	3
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9	20	11	5	15		24	18	17	9	15	3	
14		3		10		24		15		17		2
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nonogram

T	E	A
N	L	V
I	E	N

How many words of 4 letters or more can you find? You must use the centre letter in each word.

No plurals or proper nouns are allowed. There are 45 listed in the solution which includes **1 nine letter** word to find.

12

1	2	3	4	5	6	7	8	9	10	11	12	13
14	15	16	17	18	19	20	21	22	23	24	25	26
					B	N		H				

Snowdrops

I attend this January garden
anxiously seeking new signs of spring.
The daffodils have been trumpeting since
before Christmas,
yet still the winter aconites hold their ground
struggle to strike-up through the frost.

But, look! a sinfonia of sudden snowdrops
orchestrates to banish the dark,

to play their concerto of
pure white light!



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Friday 8 February 7.30pm

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Saturday 2 March 7.30pm

Helen Porter – Constant as the World

Haunting songs and compelling piano-playing from jazz singer Helen Porter presents in a performance of her own songs and piano solos, interspersed with

timeless classics by the greats. If you have not heard her before, you are in for a real treat. All tickets £10.

Book tickets online at www.endelienta.org.uk; by e mail tickets@endelienta.org.uk; by phone 07787 944935.

Accompanied under 16s free to most concerts – please check the website.

**Friday 1 February to Sunday 31 March
Exhibition: ‘Four’**

The exhibition’s title implies a sense of structure and completion, and also reflects the different format of our third open exhibition: all selected pieces will be in A4 format and will be displayed on stands in the church in specially created books. Entry free.

Preliminary Announcement

St Kew Historical Society AGM

Will be on Thursday 14th March 2019
7.00 pm for 7.30.

St Kew Parish Hall
The start of our 11th Year!

All welcome.



Souper Lunch 18th January

Unfortunately we went to press a little earlier this month so the report will be in next month’s magazine.

Parish Hall

Our AGM takes place on 21st March to discuss, among other things, future plans for the Hall.

Everyone is welcome to attend.

Puzzle page solutions

7	6	9	5	8	1	2	3	4
2	5	8	4	3	9	7	6	1
3	1	4	7	2	6	5	8	9
6	7	1	2	5	4	8	9	3
9	2	5	3	1	8	6	4	7
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8	9	7	1	4	2	3	5	6
5	4	2	6	7	3	9	1	8
1	3	6	8	9	5	4	7	2



Elean, evil, lain, lane, late, lean,
 leat, lent, lien, line, lint, live, nail,
 tail, tale, teal, tile, vale, veal, veil,
 vial, vile, alien, alive, anvill, elite,
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 tine VALENTINE

Nonogram

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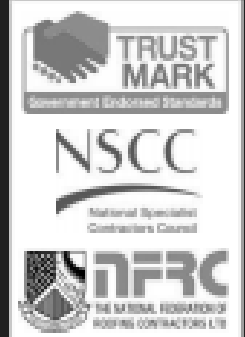
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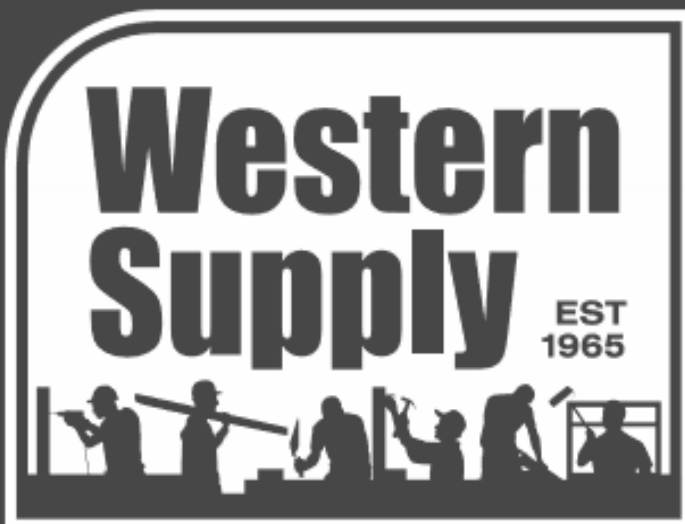
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ANNIVERSARY OF THE FIRST WORLD WAR (LEST WE FORGET)

The Aftermath of the War

Demobilisation

Soldiers returning from the trenches found a different Britain to the one of 1914, with high unemployment, a rising cost of living, strikes from newly-organised Unions and a severe shortage of houses.



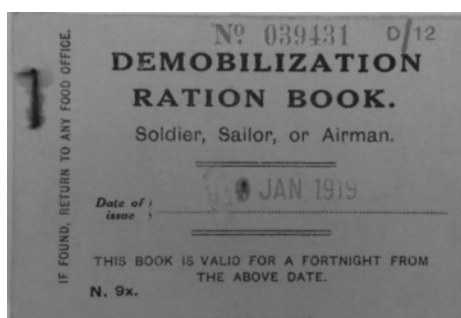
SOLDIER'S RETURN
Wives and babies rejoice when their soldier hero returns. Happy hours pass as he relates his stories of want and privations, of daring and heroism.

A returning soldier was given a month's paid leave, still in the service of the military, after which he was officially demobilised. If he had not found a job he was given a small unemployment benefit for about 6 months. Beyond the first 6 months after demobilisation, if an ex-soldier could still not find a job they would have to join the dole queue. The unemployment In-

insurance Act 1920 changed the law of 1911, raising the amount of dole money given and the number of workers who could claim, from 7 shillings to 15 shillings (20 shillings = £1 sterling) to a maximum of 15 weeks per year.

Demobilisation of the troops was done not by units but by individuals. Those with a long service record, longest time on the front line, or that were in pivotal jobs were to be sent home first. Pivotal jobs were in those industries which needed to be in full production to provide jobs for others. This plan was abandoned in 1919 when soldiers not in pivotal jobs protested at being sent back from leave to bases in France, Germany or Russia. 10,000 demonstrated in Folkestone; 8,000 in Brighton; and more in front of Whitehall. The process was too long and it was

too difficult to manage. Winston Churchill took over the planning of demobilisation, sending home first those who had arrived on the front first.



By February 1920 - 2 years after the Armistice – there were still 125,000 men left to be demobbed.

The following poem was received from Mary Willcock (nee Northcott) stepsister to the late Molly Girvan. Apparently, it was written by a relative of Mary and Molly, who had served and survived the horrors of the Great War.

Tommy's Reward on your Service No Longer Required

(Spelling is as written)

The Kaiser Trained his Army the War he did declare.
Then marched on Gallant Belgium before she could prepare.

But up jumped Jack and Tommy and crossed the raging main
and drove those Hunish murderers back to Berlin again.

But now the war is over those lads you don't require
While Tom was facing German in the bitter winters cold.
You were facing Brilliant Ballroom and Diamonds set with Gold.

While Jack was facing dangers to try and get your bread
You slept at home in safety on a snow white feather bed.

While we had a poultry sixpence with Bulley Beef and Jam.
You dined in your beautiful Mansions on home fed Veal and Lamb.

But rich men please remember with the lad in navey blue
we fought like hell in Flanders and won this war for you.

Remember we were promised good homes a little wealth
But all Lloyd George has built Sir is Chequers for himself.

So while you sit in comfort besides for your fires glow
Please try and help those Heroes who are tramping in the Snow

then rub out that old notice "Your Service we don't require
and try and get us work Sir. And we find food and fire."

William



ST KEW GARDENING CLUB

With the ending of the speaker evenings through poor attendance, would members like to go for days out instead, visit a garden or nursery etc. or do anything else in the forthcoming year?

The committee is open to all ideas so please get in touch. You can either email on:

stkewgardenignclub@hotmail.com,
phone the chairman on 01208 880007, or speak to a committee member.

RG

The Polzeath beach care dates are as follows:

January 9th
February 8th
March 9th (mega-care)
April 11th
May 9th
June 8th
July 12th
August 14th
September 21st (mega-care)
October 17th
November 15th
December 21st.

Regular beach cares takes place at 9.30am, meet in the beach car park. Mega-beach care takes place at 3.00 pm, meet at the Marine Centre.

See: polzeathmarineconservation.com for details.

Kathy

Pendoggett Night Shelter Appeal.

The goods collected were taken to St Petroc's at the end of the first week in January.

The supervisor was very pleased with the donations, particularly the toiletries.

Thanks to Geoff and Karen in the Cornish Arms for collecting the goods and thanks to everyone who donated items.

Wishing everyone in the villages a happy New Year.

Kathy

Events outside our Parish

Regular events at St Endellion

Endelienta Poetry Group, Book Club and Family Make Club. Please visit the website (see below), or phone or email for details.

February

10th & 17th Snowdrop Sundays at Pencarrow House 10.00am - 4.00pm.
Donations in aid of Charity.
13th Trevathan Farm Shop and Restaurant reopens.

Until 24th Ice Skating at Eden Project.
All month Plan Bee at the Eden Project.

March

1st Pencarrow Gardens open.
31st Pencarrow House, shop and cafe open.
Until 17th Plan Bee at Eden Project.

More information about these events can be found on the following websites:

endelienta.org.uk
pencarrow.co.uk
edenproject.com

Pieces of Eight needs you....

Drum roll please... This year we will be celebrating the 250th Edition of Pieces of Eight!

We are only a few editions away from our 250th (numbered) edition and we're planning a special issue to mark the event. We would love to hear from anyone involved in the magazine over the years, especially the editors from the early years, and previous incarnations, so we can help make this a very special anniversary.

Personal Column

Do you have a birth, birthday, engagement, marriage, significant anniversary, or perhaps a family bereavement that you would like to record in these pages? We are hoping to start a personal column for you to let everyone know.

Chapel Amble

It would be lovely to have more articles letting everyone know what's happening in Chapel Amble. We are conscious of the fact that the magazine tends to be focused on St Kew and St Kew Highway so come on, put Chapel Amble in the news!

As always, please contact us by email at stkewmag@gmail.com or give me a ring. We'd love to hear from you.

Nicky



ST KEW HIGHWAY METHODIST CHURCH

Services held in the Community Hall at 9.30am.

Preachers for February

- 3rd Rev'd Sally Long
- 10th Gordon Rowe
- 17th Church Fellowship
- 24th Rev'd Alistair Sharp

Catholic Church Services

Wadebridge

St Michael's Church
Tel:01208 72833
Mass Sundays 8.30am
Confessions
Friday 10.30-11.00am

Tintagel

St Paul The Apostle
Tel:01840 770663
Mass Mon-Thur 10am
Fri & Sat 6pm
Sunday 10.00am
Confessions:
Before/after Mass.
Other times on request.

Wadebridge Christian Centre

Molesworth Street, Wadebridge. Tel 01208 813110,
wadebridgechristiancentre.org

We are a lively, active, family church where everyone is welcome. We have a crèche and Sunday school, and all our children's workers are DBS checked.

St James the Great at St Kew



Calendar for January 2019

- Sun 27th 9.30am, United Covenant Service at St Kew Highway Community Hall.
- Mon 28th 7.30pm, Parochial Church Council (PCC) meeting. Venue to be confirmed.

Calendar for February

- Sun 3rd *Candlemass (deferred from 2nd)* 9.30am Holy Communion with Rev Dr Elizabeth Wild.
- Sun 10th *4th before Lent.* 9.30am, All Age Worship.
- Sun 17th *3rd before Lent.* 9.30am, Holy Communion with Rev Dr Elizabeth Wild.
- Sun 24th *2nd before Lent.* 9.30am, All Age Worship.

Calendar for March

- Sun 3rd *Sunday before Lent.* 9.30am, Holy Communion with Rev Dr Elizabeth Wild.

Reflections

So... 2019 has begun... Everyone is forging ahead into this new year which has opened before us. Well, not everyone.

Last year, some of us will have experienced the onset of chronic illness, a life-changing injury, the loss of a loved one, the loss of a business, or some other trauma. Suffering knocks the stuffing out of us: how can we forge ahead? We feel lonely: can others really understand how we feel deep down inside? Who understands what we are going through?

There is someone who does. That someone is God. God the Son, Jesus, who suffered on the cross, and God the Father, who suffered the loss of His Son, for our sake. If no-one else understands, God does.

So there is hope. Breakthrough hope. Yes, we can forge ahead knowing Someone understands us deep down. We can choose to put our hand in

His. We no longer need to face the rest of this year alone.

God make your 2019 a year of breakthroughs.

The Reverend Corinne Tournay



February 2019 Wadebridge Foodbank

URGENT HELP REQUIRED

We are struggling for space in our current location and in desperate need of larger premises or free dry storage, if you know of anywhere locally that is available please give us a shout.

THANK YOU

We just wanted to say how grateful we are to the local Churches, Schools, Businesses, Supermarkets and individuals for all your support and donations throughout the year. Without your kindness and generosity we wouldn't be able to help local people in crisis, since last April we have provided over 87,000 meals.

SAVE THE DATE

If you're already thinking of booking a mini-break this Summer, we have the perfect holiday destination! We will be holding our Fun Camping Weekend at Mother Ivey's Bay Holiday Park from the **14th-16th June 2019**. Fingers crossed for some lovely warm and sunny weather. More details to follow...



MONEYBOX COURSE

If you are worried about money and would like some support, come and join our FREE and FRIENDLY Moneybox Course. The course is for anyone who is a tenant, unemployed aged 16-64 and it will help people to budget, build their confidence and manage their finances. The next course starts in January and will run on a Friday in Bodmin for 3 weeks from 9.15am to 2.30pm. If anyone would like more details of the course, please contact us on 01208 815374 or email contact@wadebridgefoodbank.org It's a great way to learn in a relaxed environment.

Wadebridge Foodbank, Unit 2 Trevanson Street, Wadebridge PL27 7AR Tel. 01208 815374
Registered Charity No. 1166301
Email: contact@wadebridgefoodbank.org
Website: www.wadebridgefoodbank.org



To kick off 2019 we were pleased to welcome Hugo from Surfers Against Sewage. He explained the origins of the organisation campaigning for cleaner water.

The emphasis has moved now and is heavily promoting the use of less plastic. One plastic bottle would take 450 years to break up. Marine life find it difficult to distinguish between food and plastic. The 'plastic soup' problem right across the world has been a national resolution so we were very interested in hearing about their campaigns. We hope to carry out a beach clean later in the year.

Next month on Wednesday 13th February at 7pm, Mr Philip Rodda will be coming to tell us about his family's history of cream making. There may even be a few samples!

We always welcome any visitors.

Currently we are preparing our new programme - always a good selection of speakers and different events.

We look forward to seeing you.

Alison



**Make Do and Mend:
Why it's still important today**



Events Diary - February

January

27th Quiz at the Red Lion Inn for Children's Hospice South West. See advertisement in this month's issue for details.

February

6th 'Tea and Toast', St Kew Ace Academy
8.45 -11.00am.
Bellringing practice, 7.30 - 9.00pm.
7th Chair Aerobics, Community Hall, 2.00pm.
13th 'Tea and Toast', St Kew Ace Academy
8.45 -11.00am.
Bellringing practice, 7.30 - 9.00pm.
14th Chair Aerobics, Community Hall, 2.00pm.
15th Souper Lunch, Community Hall, 12.30pm.
20th Bellringing practice, 7.30 - 9.00pm.
21st Chair Aerobics, Community Hall, 2.00pm.
27th 'Tea and Toast', St Kew Ace Academy
8.45 - 11.00am.
Bellringing practice, 7.30 - 9.00pm.
28th Chair Aerobics, Community Hall, 2.00pm.

News from St Kew Parish Hall

Many thanks to all those who contributed to our draw and helped us raise about £850 for Hall funds. Thanks too to all those who attended the evening and had the added pleasure of listening to the Allen Valley Singers.

The next function at the Hall is the Parish Supper on 9th February.

Kathy

To book the hall, please contact Joanna Pratt on 01208 841420.

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February

1st How To train Your Dragon: The Hidden World
Beautiful Boy
Green Book
8th The Lego Movie 2: The Second Part
Alita: Battle Angel
15th The Kid Who Would Be King
Instant Family

Live Screenings: book online or contact the Cinema.

January

30th 'La Traviata' - Royal Opera House, live, 6.45pm.
31st 'I'm Not Running' by David Hare. NT, live, 7.00pm.

February

19th 'Don Quixote' - Royal Ballet, live, 7.15pm.

Recycling

Recycling takes place on a variety of days in the same week within the parish. Recycling collections are in the weeks beginning 11th & 25th February.

Please see the Cornwall Council Website for full details.

ST KEW HIGHWAY COMMUNITY HALL ONGOING EVENTS

(Registered Charity No 294140)

Sun:	Methodist Church Service	Marion Dingle	01208 841388
Mon:	Yoga 10.30am	Fiona Crompton	01208 851735
	Pilates 2.30pm - 5.15pm	Martin Brooks	07812 959 879
Tues:	Allen Valley Singers 7.15pm - 9pm	Janette Man	01208 841784
	Pilates 1.15pm-2.30pm	Martin Brooks	07812 959 879
Wed:	1st, 3rd and 5th in month -		
	West Country Embroiderers 10am - 3pm	Pat Scarborough	01841 521323
	1st in month - St Kew Playing Field Trust		7.00pm
	2nd in month - St Kew WI	7pm	Becky Allen 01208 841798
	3rd in month- Gardening Club	7.30pm	Richard Godden
Thurs:	Chair Aerobics	2pm	Pat 01208 841260

**IMPORTANT : BEFORE ARRANGING YOUR EVENT AT THE HALL
CHECK AVAILABILITY AND BOOK WITH SHIRLEY ROWE 01208 841257**

SOUPER LUNCH

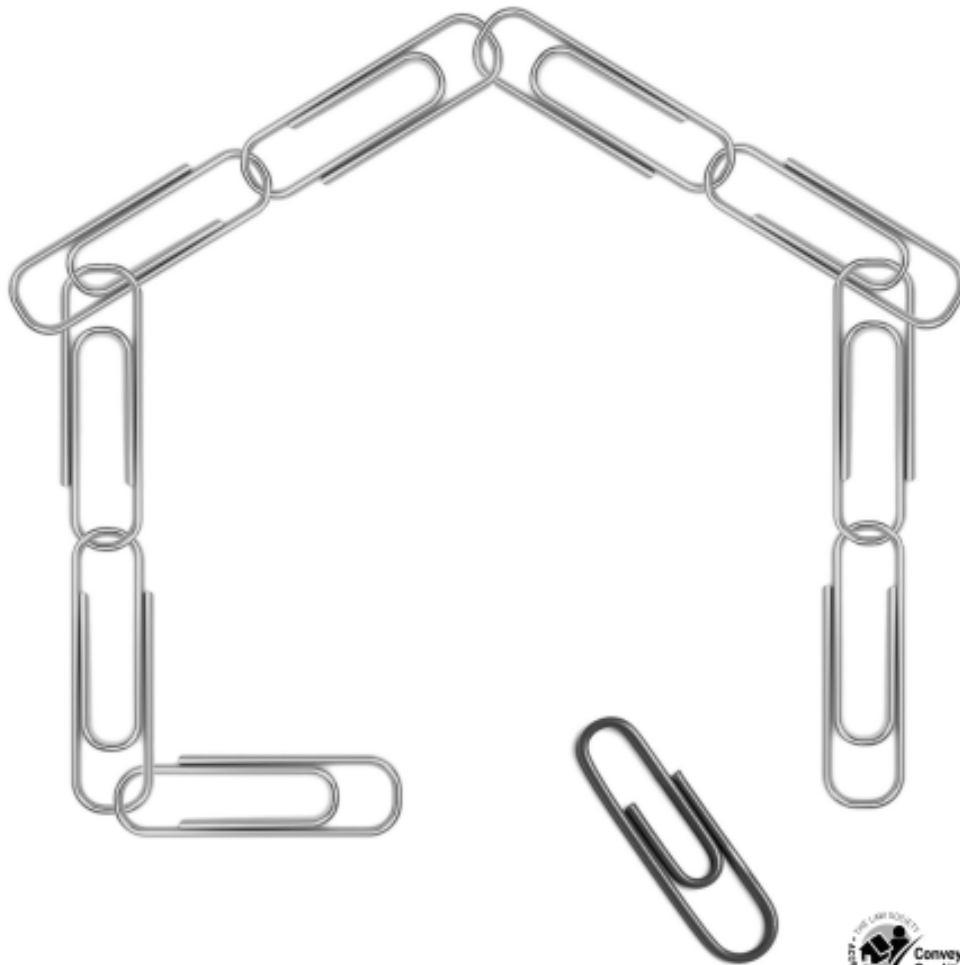
Our next Souper Lunch will take place on Friday 15th February at 12.30 in the St Kew Highway Community Hall.

You are all most welcome. This is a community event where you could meet old friends or make new ones!



In 2018 we raised almost £1,000 for local charities.

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Parish Council News

Chairman: Cllr J Lethbridge

Clerk: Cindy Powell,

Rockhurst, Trethbury, St Austell, PL26 8YF

Email: clerk@stkewparish.org.uk



The Parish Council meets in the Parish Hall, St Kew Churchtown at 7.00pm on the second Tuesday of each month. Members of the public are welcome to attend and address the meeting on any subject of concern.

St Kew Parish Council Meeting held on Tuesday 10th December 2018 at 7.00 pm in the Parish Hall.

Present: Chairman Councillor A Godden, Councillors, T Mott, J Rowe, R Godden, and County Councillor S Knightly. Four members of the public in attendance.

It was brought to the council's attention by the Practice manager of Port Isaac Practice that the information we gave out last month was not correct.

The Council had met with a church representative regarding the platform at the top of the steps. They will obtain quotations for the work.

The old Christmas tree, which had grown too tall and the wrong shape, was cut down and the replacement planted a few years ago was decorated for Christmas.

The Council has had a reply from Cormac, to say that they cannot allow camera signs on their speed limit signs.

It was reported that there were some dead trees along Gravelling Lane in a dangerous condition, the Council will write to the landowner.

Planning Applications

None

Planning Decisions

PA18/08963 - Mr A Martin, Carglaze Farm.

Conversion of stone barn.

Approved.

PA18/08531 - Rumbletums, Trelill Road. Demolition of fish & chip shop and erection of a detached dwelling.

Approved.

PA18/09059 - Brookfields, Hendra Lane. Change of use of stables.

Refused.

Council Meeting held on 8th January 2019.

Present, A. Godden (acting chair), Cllrs T Mott, J Rickard, B Finnemore, J Rowe, R Godden, P Bishop and 7 members of the public in attendance.

Quotations have been received for the re-pointing of the platform at the top of the church steps. The Council have voted to offer to pay for this to be undertaken in the interests of safety.

Speeding at Pendoggett is still ongoing, but the Council will request that the flashing speed check signs be displayed again in the mean time.

The Council have been made aware of burglaries in the the area and would like to warn everybody to lock up, especially sheds and outbuildings.

Planning Applications

PA118/11255 - Mr & Mrs Pennington, Menhay Pendoggett. Erection of single detached dwelling.
Recommend approval.

PA18/11391 - Mr & Mrs Pooley, Lower Trewethen, Trelill. To construct gable end to existing barn.
Recommend approval.

PA18/10776 - Mr & Mrs Prescott, land north of Great Brighter Farmhouse. Conversion of agricultural building to residential accommodation.
Recommend refusal.

Planning Decisions

PA18/08171 - Mr & Mrs Prescott, land north of Great Brighter Farmhouse. Retrospective consent for siting two shepherds huts for glamping purposes.
Approved.

An Apology

In the December issue of the Parish Council News we (the Parish Council) reported on the doctors surgeries in Wadebridge. The reason for reporting this was to allay any rumours that it would affect St Kew Highway Surgery. It has been brought to our attention, that although talks have taken place, there are currently no plans to merge or combine the surgeries. We apologise for any confusion or misrepresentation.



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Spar Stores, Polzeath
Old Custom House, Padstow
The Little Gin Shack, Wadebridge
No 1 Rock Road, Rock
Padstow Farm Shop, Padstow
Trebetherick Stores, Trebetherick
St Tudy Community Shop, St Tudy
Bin Two, Padstow
Ark, Atlantic Highway A39
Port Gaverne Hotel, Pilchards Café
Stargazy Inn, Port Issac
The Molesworth Arms, Wadebridge
St Mabyrn Inn, St Mabyrn



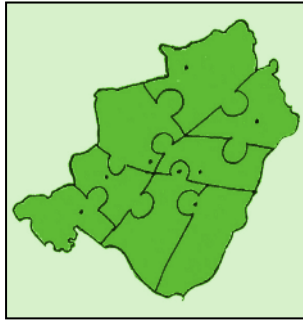
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Pieces of Eight



March 2019, Issue 247

News, views and issues from: Chapel Amble, Pendoggett, St Kew, St Kew Highway, Trelill, Tregellist, Trequite, Trewethern

Email: stkewmag@gmail.com



Chilly photographs by David Balmford

Your free guide to news and events within and around St Kew Parish

NEWS MARCH



“

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'PIECES OF EIGHT' POETRY COMPETITION 2018

(generously sponsored by Wadebridge Bookshop)

'And the winner is.....'

A couple of weeks ago, I sat down with Anna and Rob from the Bookshop to sift through the numerous poems that had been sent in. There was a range of voices exploring different subjects, and the tone also varied from serious through to comic.

We'd all like to give a **big thank-you to all** those who sent in poems, to this, our inaugural Poetry Competition. It's now my intention to publish a number of these over the coming months, so all can share in these local voices. Finally, after much careful re-reading and a full discussion, we unanimously came up with our winner:

'Old-Timers' by **Juliet Cleave**. Congratulations to Juliet!

We felt that her poem deals sensitively and movingly with a difficult subject and scrupulously avoids over-sentimentality. Instead the reader is invited to share the sufferer's point-of-view, one which necessarily broadens and deepens one's own understanding. Technically there also is much to admire regarding the choice of language, the careful use of repetition, the subtle use of imagery (e.g. 'in a place half-hearted:/ a destination where I gradually arrive'), as well as the controlled use of form, diction, rhythm and rhyme.

And it does something all good poems do: invites one to *re-read*.

Juliet is therefore our worthy winner and she is the happy (and surprised!) recipient of a £20 book-token courtesy of **Wadebridge Bookshop**. I understand she has already redeemed it!

David

Old-Timers

They think I've departed, to no-man's land;
Just out of reach: sinking in quicksand;
My body a shadow of its former self
Reflecting the person that's partially left.

They talk past me, around me and about me
Forgetting at times that I'm still the key,
That I still feel the tone of things, and know
This decline is my biggest fear and foe.

They wonder where I am - not departed
From this life, but in a place half-hearted:
A destination where I gradually arrive,
A half-world neither dead nor alive.

If I could tell them, I certainly would -
I'd ask for their old fondness, if I could
And the familiarity of days long gone;
To hold my hand as this creeps on and on.

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Welcome to Pieces of Eight

We are a free independent community magazine, published ten times a year (not January and August) covering local news, views and events in the St Kew parish area. Volunteers produce, edit and distribute the magazine to every household in the area, and to all the local churches, shops and pubs. We do hope you enjoy reading it.

We would love to hear from our readers - articles, letters, suggestions and other contributions are always welcome. Please see our contact details below.

There is also an on-line edition hosted by the Parish Council which can be found at www.stkewparish.org.uk/PO8.html. (*We are very grateful to the Parish Council for allowing us to use their website*).

EDITORIAL

Once again, who would have thought or predicted that snow would fall so heavily and settle so quickly in the county as it did in at the end of January / early February. The settled snow always looks so peaceful and tranquil for the short time it is with us, I feel that it adds to the beauty of our already beautiful county. However, this weather as well as providing fantastic views, photography and outdoor activity opportunities can, and does, cause massive disruption.

Due to the time of day and the speed at which the snow settled it did indeed cause many problems and delays. I heard from a friend that it took almost nine hours to travel from Bude to Pendoggett, another told me that after eight hours trying to get home he had to abandon his car near Winnards Perch due to the road being blocked. I heard that students including youngsters from the parish being stuck at college in Bodmin having to stay overnight. I even saw a video clip of someone skiing down Molesworth Street in Wadebridge.

It seems that when events like this happen, in the main people are happy to help one and other where they can, be it pushing a car, clearing a path or calling on a neighbour with a cup of tea.

Let's hope that it will be a long time before we encounter another weather event like this and if we do, continue to look out for our neighbours, friends and sometimes strangers and provide help where needed.

Fortunately for me, I was on holiday so could only see what was either being broadcast, or what I was told when I returned.

Thank you for all of those who were able to help others.

Finally, our congratulations to Juliet Cleave for her well-deserved win in our poetry competition. Our thanks too to everyone who took up the challenge - better luck next time!

Steve

The Editorial Team:

Philippa Harkness - Children's page & History
Steve Liddiard - Advertising Manager & Treasurer
David Penhale - Events & Poet in Residence
Nicky Pickard - Main editor who puts the magazine together, assisted by husband Mike.

Contacting the Editorial Team

We can be contacted by email at stkewmag@gmail.com. Please use this address for **ALL** correspondence, the in-box is checked regularly.

Alternatively you can phone Nicky's mobile - **07813 603776**. Leave a message if you can't get through and she will phone you back.

Advertisers should contact Steve, our Advertising Manager via this email address, putting 'Advertisement' in the subject line. Steve can provide information on advertising costs, space availability, formats, etc.

Copy date for the April issue is:

Friday 15th March

We aim to get the printed magazine out to our distributors before the beginning of the month of issue. Please could all contributors send us your copy or advertisement as soon as possible, **before** the copy deadline. If your article or advert is going to be late it would be very helpful if you could let us know in advance.

Note to Readers

When responding to an advertisement, **please** mention that you saw it in Pieces of Eight. This shows our advertisers that the magazine is **the** place to reach local customers.

The magazine does not accept any responsibility for any issues arising from advertisements.

Views expressed in this publication are those of its contributors and do not necessarily reflect those of the Publishers (the management committee) who reserve the right to refuse or alter any material supplied.

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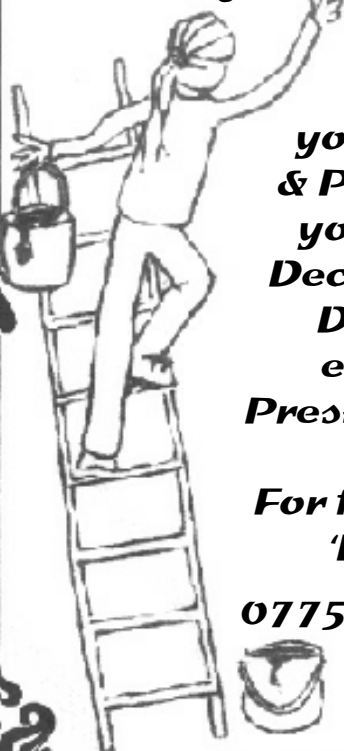
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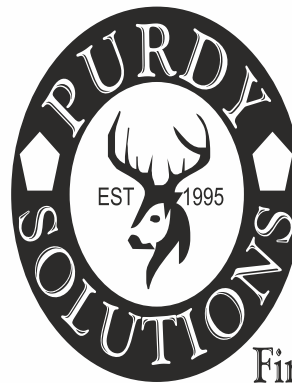


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Cornwall's 'Little Harbour'

'Steve's Fun Quiz' in the Red Lion Inn on 27th January raised the sum of £200.00 for 'Little Harbour' and I must thank everyone who contributed to this in any way, particularly those who donated raffle prizes and my 'special helpers' (you know who you are!)

As usual, it was a fun evening and the money raised does go to a very worthy cause. It is used not to provide 'extras', but towards the actual running costs of this charity-funded facility which provides essential care for Cornwall's life-limited children and their families.

Particular grateful thanks are due to Wendy & Steve (I remember their names now!) for making such a successful and enjoyable event possible.

Bob Plater

Parish Supper, 9th February

What a lovely evening we all had!! The welcome, the flowers, the table arrangements, the delicious soup and rolls, the difficult choice of which tasty mains to try, the salads, the puddings, the cheese, the tea/coffee and chocolates! Not to mention the band encouraging us all to sing! The fantastic solo performances - and the bagpipes!

The quiz, heads and tails, the raffle! Have I forgotten anything? The amazing atmosphere and the joy of taking part in such a friendly community event.

Obviously it took many people to organise the evening, so thank you to each and everyone of you for helping in so many ways, and especially to Rob, Leonie, Andrew and Pip who masterminded it all.

The evening made over £1,000 which is fantastic.

Philippa



Souper Lunches

January

We raised £70 from the Souper Lunch which has been forwarded to the Dreadnought Centre at Redruth.

February

The February Souper Lunch raised £102 for CAMHS - Child and Adolescent Mental Health Services - for the new adolescent centre that is being built called Sowenna ('success and welfare' in Cornish).

Polzeath Beachcare, 8th February

Despite a very heavy weather day, high winds and a lot of rain, it was lovely to see so many people turning up to support this activity. All very bracing with everyone well-dressed for it.

A warm welcome to newcomers Kevin, Caroline and their 2 dogs.

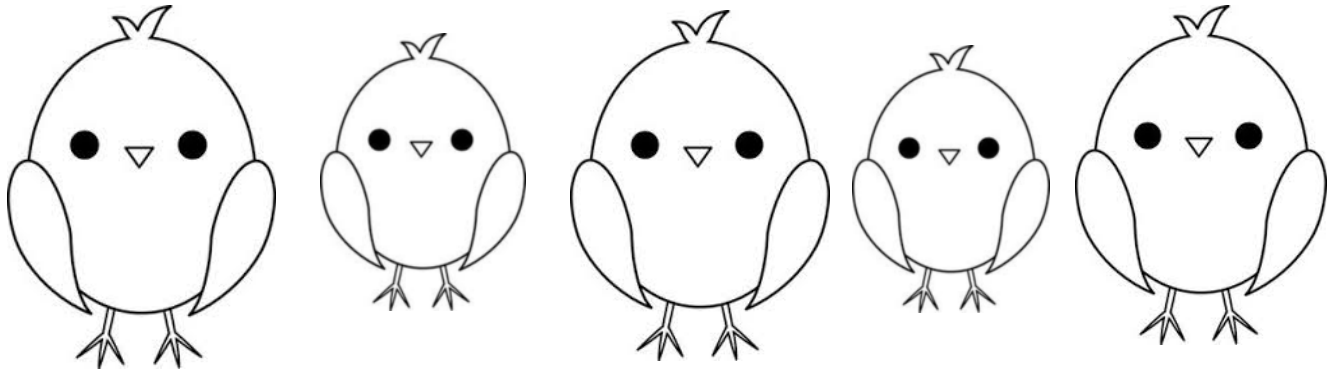
One point of interest noted was a dead seal pup found on the strand line, which was reported to Strandings. Despite the heavy seas there wasn't too much litter on the beach but even so, 4 bags were collected, including Ian's 'My Little Animal'.

Overall 10 bags have been collected on Beachcare days, and a total of 16 overall.

Nick



CHILDREN'S CORNER



At this time of year wild birds could do with some help from us. Why not make them some suet cakes to hang in your garden. You will then be able to watch them feeding as well as giving them a very tasty treat!

NB not suitable for anyone with a nut allergy!

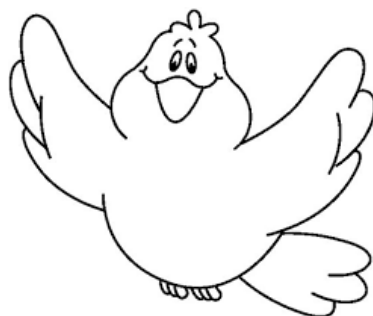
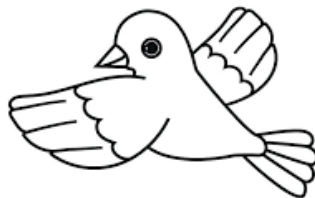
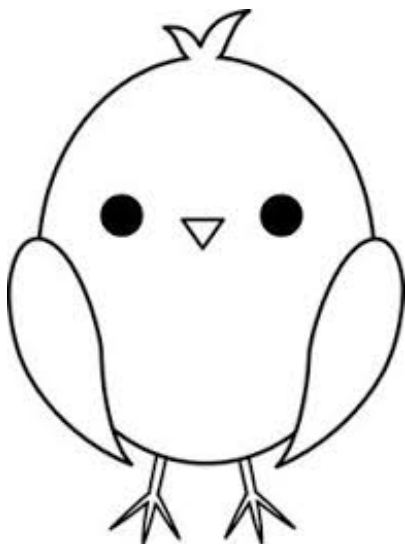
Ingredients:

- 250g suet
- 150g unsalted and unsweetened dry mix: raisins, peanuts, sunflower seeds, and oats (you can also add bird seed if you want)
- Cupcake papers or yoghurt pots
- String

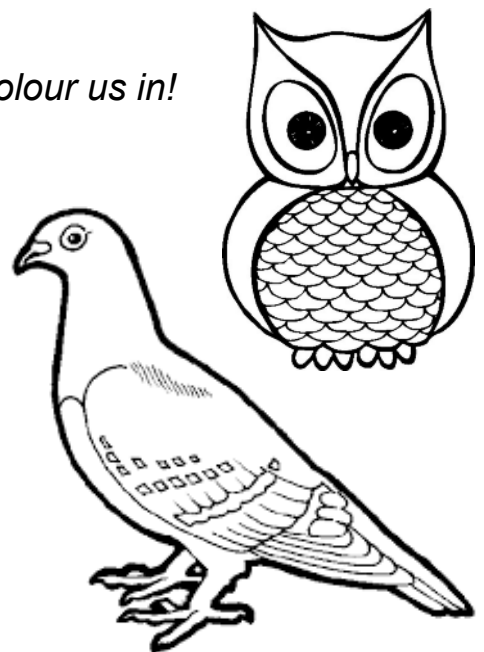
How to make:

- Make a hole in the bottom of the cupcake paper or yoghurt pot.
- Thread through the string and make a loop and knot it so it is secure.
- Melt the suet over a gentle heat.
- When it has melted pour it into a jug and add the dry ingredients. Mix well.
- Fill the cupcake papers or yoghurt pots.
- Place them in the fridge until they have set.
- Hang them outside, where cats and dogs can't reach them.

Watch to see who comes to visit!



Colour us in!



Climate Change

In "Far East", the Magazine of the Columbian Missionaries, an article by Sister Kathleen Melia appeals to us to listen to stories that are warning of the urgency of climate change. This is a subject I am aware of but tend to get confused with arguments and counter arguments, but the reasoning Sister Kathleen uses got my attention. The following is a summary of what Sister Kathleen had to say. She states that our earth, wonderful and precious, is being threatened by humans, the last born in the community of life. All species that preceded us prepared for us a paradise, and now we are destroying our common home.

She became aware of climate change from the small print on her airline return ticket, which stated that she would be adding 1,542 grams of carbon dioxide to the atmosphere and each of her fellow passengers would be doing the same.

She then went on to say that the gift and skill of flight graced the earth when the first birds joined the chain of being some 150 million years ago. In all the intervening years they have been adding beauty and colour to the air and unlike the human intervention, cause no pollution. Sadly, the whole species is dying out because of the action of humans who only joined the web of life some 2 million years ago.

Trees entered the chain of life some 350 million years ago. Now the magnificent rain forests, the lungs of our planet, which as well as being home to a wonderful diversity of flora and fauna, help to regulate the temperature of the earth, are being wantonly destroyed by human activity. With the loss

of the forests the climate is getting hotter. Glaciers are melting, seas are rising, in some areas there is too much rain and forest fires in other areas. Hurricanes and salination of fresh water are destroying food sources, and communities are being annihilated.

It is the poor who suffer the most – is that why we, in our comparatively comfortable way of life, don't care that much about the whole subject? We are reminded that we are part of the problem; therefore, we must become part of the solution. All of us whether individuals, families, religious, social or political communities, professions and associations can contribute to healing the planet.

Solutions include: walk, bicycle, drive less, conserve water and protect waterways, eat seasonally organically and locally, switch to sustainable clean energy, stop or eat less meat and dairy, unplug devices, line-dry your clothes, eliminate consumption of bottled water, properly insulate your home, and maintain your heating and cooling systems.

These are a few extracted from websites, there are certainly many more solutions. Wherever we can, let us try to achieve at least one of the solutions – for the planet and our future generations. I am not a crusading type, but let us give this a go.

William

Editor's note: This is a great idea! Three easy wins I would add to the list: fill the kettle with just the right amount of water, turn off lights when not needed, and replace filament and halogen light bulbs with LED equivalents.

Does anyone have other ideas or tips?

Events at St Endellion, March 2019

Saturday 2 March 7.30pm

Helen Porter – Constant as the World

Haunting songs and compelling piano-playing from jazz singer Helen Porter in a performance of her own songs and piano solos, interspersed with timeless classics by the greats. If you have not heard her before, you are in for a real treat.

Saturday 23 March 7.30pm

Endelienta Baroque – The Genius of Handel

Period instrument ensemble Endelienta Baroque are delighted to be returning to the place of their

foundation. This talented group of young professionals will present a programme that explores and revels in the remarkable variety of George Frideric Handel's chamber music.

Tickets are £10 (accompanied under 16s free) from: www.endelienta.org.uk;
by email: tickets@endelienta.org.uk;
by phone: 07787 944935.

From the winner of our first Poetry competition.....

Many thanks for dropping over the book token (I'm still aghast to have won a poetry prize!)

Thought you might be interested to know I've been into Wadebridge Bookshop and had a most enjoyable time browsing the shelves, and brought home half a library (see attached photo).

Reckon this lot will see me through the rest of the winter evenings (& woe betide anyone that interrupts my nose-in-a-book time!)

Regards.

Juliet



GILL'S RECIPE OF THE MONTH

Crispy chicken burgers with lemon mayo

Ingredients

- 4 chicken breasts
- 3 slices white bread, toasted
- 1 egg
- 1 tsp Dijon mustard
- Zest of 1 lemon, and juice of half
- 4 tbsp reduced-fat mayonnaise
- 4 ciabatta buns, warmed or toasted
- Your choice of salad to serve

Method

- Heat grill to high. Put the chicken breasts between two pieces of cling film and bash with a rolling pin until they are about half their original thickness.
- Whizz the toast in a food processor to rough breadcrumbs, then tip onto a plate.
- Beat the egg and mustard together in a bowl and season. Dip the chicken into the egg, letting the excess drip back into the bowl, then press into the toasty breadcrumbs.

- Put under the grill on a flat baking sheet and grill for about 10 minutes, turning once until golden and crisp on both sides and the chicken is cooked through.
- Beat the lemon zest and juice and lots of black pepper into the mayonnaise. Spread some of the mayo onto the bottom halves of the buns, top with chicken breast and salad of your choice, and serve.



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TEA AND CAKE



Wednesday 13th March 2019
1.30pm to 3.30pm

St Kew Highway Community Hall
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or play cards or a board game.
Solve a jigsaw, or bring your knitting.*

There will be tea, coffee and home-made cake.

*There is NO CHARGE, just come along and
enjoy this community social event.*

*This is continuous and will take place on
the 2nd Wednesday of every month.*

Our Feathered Friends

"Feed the birds, tuppence a bag", so the song goes. More like a small fortune if this season has been anything to go by! Joking apart, there are many ingredients and means that the suppliers of wild bird food offer us bird lovers to tempt us to part with our money. It pays to buy the best food you can purchase for your budget. Cheaper bird food, however tempting, tends to include added extras like odd stalks and grasses or crunched up dog biscuits, and cheaper larger seeds that only pigeons and pheasants tend to eat, but only as a last resort! Some bird food can lead to hygiene issues leaving a mess in your garden and around feeders which encourages a vermin issue.

Peanuts seem to be out of favour in our garden compared to other temptations. Sunflower hearts are enjoyed, they are good too for not leaving a mess as the birds can eat them quickly with no effort to prise them open and discard the waste. 'No grow, no waste' seed blends can be a good option to buy to keep weeds out!

Niger seeds attract Goldfinches, sunflower seeds and good quality seed also attract other Finches. We get a Greenfinch pair feeding which is rewarding as their numbers are in decline.

Fat balls and fat pellets, and slabs with various ingredients that fit into special wire or plastic feeders are welcomed by a whole host of species. These offer a good source of energy for the eager feeders. Great Spotted Woodpeckers and the Tit family en-

joy these and you may be lucky enough to attract a Nuthatch.

Different styles of feeders that hold various treats including ground mesh holders are available. Indeed you can turn your garden into a fast-food chain restaurant if you can afford to get carried away!

Natural ingredients like apples and pears are good for Thrushes and Blackbirds, as is suet for Robins and Dunnocks. Buying bird food is not just for birds, but also rewards us as we sit back and enjoy the comings, goings and behaviour of birds attracted to the garden - Rooks attempting to be a Blue Tit holding its wings out to balance on feeders, for example.

Interestingly, a Jay at Walmsley Bird Sanctuary investigating the seed feeders latched onto the feed holder briefly prior to unbalancing. The Jay is part of the crow family, a bird that has a very loud rasping call announcing danger at the edge of woodlands.

The Jay is a handsome bird, with a white crown and black stripes, black moustache, pale pinkish grey body, white rump and electric blue bars within black and white wings. A rare visitor to our garden, but often seen on the road leading from Pendoggett to the St Kew Inn (mines a pint!). Remember at this time of year you can cut back feeding as more natural wild food sources become available.

Happy hygiene is happy feeding - don't forget, clean feeders regularly.

Clutts, Pendoggett

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St. Kew Community Gardens Association

The View from the Allotments and I could almost repeat what I wrote last month.

It's not just us – I met some fellow tenants in Wade-bridge last week and they admitted with a grimace that they had hardly been near the place in the past five or six weeks, and their plot is one of the neat-and-tidy ones!

However, the ground does seem to be drying out a bit and I hope (after seeing a bit of sunshine and warmth in the past few days) that I shall have enough impetus to get things moving. At the moment I go round there a couple of times a week but that's just to get some vegetables for dinner. The brussels sprouts are continuing their success, the purple sprouting broccoli has started with a vengeance and, of course, we're lifting leeks and parsnips regularly which is always gratifying. But I must, *must*, MUST get started on preparing various patches for the new season.

The really good news is that people have been reading our articles, and in the past month we have had requests from three people to join the site and take over one or more plots. It looks as though we might almost have a full house by the time we get to Easter, although there might still be two vacancies, if anyone's interested.

One of the things we shall have to get down to soon is the replacement of the green netting fence around our two plots. When we (or rather, Tony)

erected it some four or five years ago, it looked super efficient and sturdy and made the whole place look cared for. Now, however, after several seasons of high winds and torrential rain, it is in a sad state, drooping in places, missing in others and needs a ruthless approach. We need to get rid of it all and start again. But it has been such a help in sheltering young plants when they are first planted out and will be worth the effort.

It's also time to clean out the greenhouse, take up the old grow-bags and scatter the contents across parts of the plot and generally sort through all the seed-trays and plant-pots to see what can be salvaged for the next lot of plants. And of course that sort of job can be done even if it's raining and blowing outside. The greenhouse has really stood up to some awful weather but Tony built it very carefully and it has repaid us.

Off now to meet a couple of people who want to look at vacant plots and then I shall make up a bagful of veg. for dinner tonight and tomorrow. I shall also put together a bag of greens for Steve Randall at the Red Lion to use with Sunday Lunch at the pub – local veg. from a local producer! Can't beat it!

STOP PRESS

The two people I showed round yesterday have just stopped by with a completed tenancy agreement and are raring to go – renting not one but two plots, side-by-side. Yay! Result.

Judith Mott, judithmott@btinternet.com,
Tel: 01208 841312

St Kew Historical Society

The talk on Thursday 14th February given by Mr Adrian Wilton: "**Churchill's Secret Army**" - relating the history of small units established in towns and villages in secret to resist Nazi invasion forces in our country should the situation arise. Many of these units were set up in Cornwall, did you remember them, had a relative who was part of them - who knows?

A most interesting, fascinating and very well-presented talk. Mr Wilton, with his wide-ranging knowledge both personal and well-researched on the subject (post the 50 year Official Secrets Act restriction) kept an enthralled audience of about 20 members and guest riveted to their seats with tension, mystery and intrigue. A subject well worth following for all who had relatives serving on the home front in whatever capacity during WW2.

There's just one way to find out – search our archives today to see if their name comes up as part

of our exclusively transcribed 'Home Guard Officer Lists 1939-45' and 'Home Guard Auxiliary Units 1939-45'.

Please come along to our next meeting on **Thursday 14th March. AGM, 7.30 pm, St Kew Parish Hall.**

Our next talk is on **Thursday 11th April at 7.30 pm, St Kew Parish Hall.**

The guest speaker is Mr John Keast, Chairman of the Warleggan History Group:

"The Reverend Densham, Rector of St Bartholomew's Church, Warleggan 1931-1953. For 20 years he preached to an empty Church - the myth and reality".

A very interesting talk is promised - not to be missed. All members, guests and visitors welcome. Members free with annual membership, guests £3.00 per person. Refreshments available.

John Raybould - Secretary

'KEW & A'

Twenty Questions & Answers

This month: David Penhale, St Kew Highway.

Childhood Hero: Ernest Shackleton.

Hobbies: *Painting (a bit more than a hobby); playing music/song-writing; writing; reading; walking; cinema & theatre.*

Favourite Music(s): *J.S. Bach's 'Well-Tempered Clavier'; Schubert's piano sonatas;- but Howlin' Wolf comes close!...(and then of course there's Steely Dan, Little Feat, & anything by Ry Cooder).*

Favourite Book(s): *'Moby Dick' by Herman Melville; the amazing short stories of Nikolai Gogol, Anton Chekhov, Katherine Mansfield, and Raymond Carver.*

Favourite Film: *'Eternity and a Day' (dir. Theo Angelopoulos, 1998).*

Favourite TV Programme(s): *'War & Peace' (BBC, 2016); 'Les Miserables' (BBC, 2019); 'Breaking Bad' (2008-2013); 'The Sopranos' (1997-2007).*

What's good about living in your village?
Peace and quiet; good friends; local amenities such as petrol, the shop, the surgery(!), Aunt Avice's, the garage; and we're within reach of two splendid pubs.

What would you improve? *Before an accident happens, I'd like to slow the speeding traffic on Trelill Road, therefore, in the absence of real ones, I'd build some Sleeping Policemen and also install flashing speed limit lights; or maybe deploy 'stingers'!*

I'm very good at.... *Starting things.*

I'm very bad at.... *Finishing them (but I do respond to a deadline).*

A phrase I use too often is.... *'You've got to be joking!'*

Three people, dead or alive, I'd invite to dinner are.... *Dorothy Parker (wry American wit); Billy Connolly (the-one-and-only); Bessie Smith (the great blues singer).*

I'd like to be stranded on a desert island with....
Sue (my wife - she can sail; & swims rather well too!)

I'm embarrassed by.... *My mistakes.*

My proudest moment was.... *The birth of each of my three children - and then, later, my grandchildren!*

The best things about Cornwall is... *Its edginess and wildness.*

The worst thing about Cornwall is....
Over-crowding in the summer.

Which of our country's laws would you change? *I'd abolish all private & independent schools & Student Fees, and properly fund state education...however, back in the Real World, we need to protect our insect & wild-life populations, (so we don't die out too!), which of course, means also protecting their natural habitats like hedge-rows, trees, woods, forests and Wild Places.*

An over-rated public figure is.... *Michael Gove (who, quite unwittingly, did so much damage to our education system).*

In another life I would be.... *A pianist.*

Mobile Post Office

The mobile Post Office calling points each week are as follows:

Monday

St Merryn	08.45-10.00
Rock	11.00-12.30
St Kew Highway (Community Hall)	13.30-15.00

Tuesday

Tintagel	09.30-11.30
South Petherwin	12.45-13.45

Wednesday

Tintagel	09.30-11.30
Port Isaac	12.30-13.30
St Issey	14.00-15.00

Thursday

St Merryn	08.45-10.00
Rock	11.00-12.30
St Kew Highway (Community Hall. Please note the new time)	14.00-15.00

Friday

Tingagel	09.30-11.30
Crackington Haven	12.45-13.45



Allen Valley Singers

We have filed away our Christmas Music and out has come a huge selection of our repertoire, ready for the enjoyment of our music for this New Year. Our choir is lucky enough to be taught and trained to breathe and sing properly, using the right muscles. It is not enough just to open one's mouth and sing, However, as with many crafts and talents, there is a right and proper way, which can enhance the performance. Our evenings start with our standing in a circle, where we commence with breathing exercises, which sometimes produce sounds that are not particularly harmonious but are fun and essential. When one takes in as much breath as possible and then expels it all in a big 'Wow', then not only is it fun but also very beneficial. Lifting our arms up as high as they can go is another muscular move that is sometimes harder than one thinks. We often sing silly songs but with a purpose, counting and clapping on the fourth beat, is not always as successful as one would like especially if we are counting backwards from 8. We finish with songs concentrating on the dynamics and the meaning of the words, often with canons, fun and demanding. Finally we return to our choir places warmed up and ready to go.

Each month, with each section taking their turn to organise the event, we have a social get-together after the rehearsal. The Hall's rent needs to be paid and in order to assist this financial outlay, members purchase a raffle ticket, with one lucky person receiving a good prize. However, included in this pleasurable evening is tea/coffee and delicious home made cakes and to my delight, savouries of all kinds. It also gives us the chance to talk to our fellow members other than those in our particular section. New members in particular are always pleased of the opportunity to meet us all in a social atmosphere.

If you would like to join us for the music and the camaraderie, contact our Musical Director Janette Man. Tel. 01208 841 874. You can also book us for concerts, or any event in your life that would be enhanced by our music: weddings, christenings, and (sadly but professionally), even funerals. You would also be welcome at the Community Hall in St. Kew Highway on Tuesdays between 7.15 – 8.45 pm to meet us all, have a chat with Jan, listen to our songs, and the wonderful music of our pianist, Steve Tyrrell.

We look forward to seeing you.

Joyce Hargrave-Wright (Dr.) Publicity



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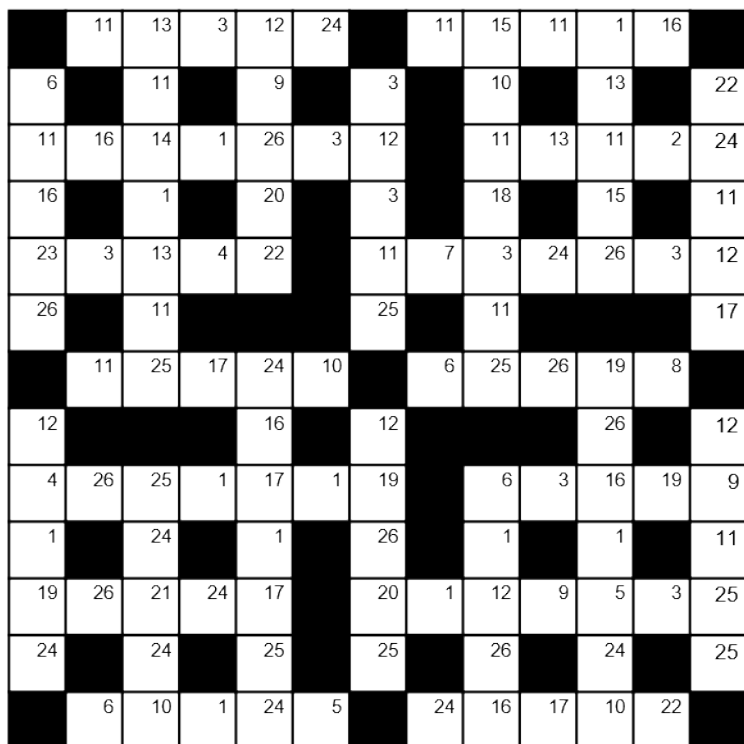
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13

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					B							
14	15	16	17	18	19	20	21	22	23	24	25	26
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Sudoku

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P	E	R
E	N	R

How many words of 4 letters or more can you find? No proper nouns are allowed and the the centre letter must be used in each word. There are 43 words listed in the solution, which includes **1 nine letter** word to find.

Letters to the Editor

From Anne Dealy

Would it be possible to print this in Pieces of Eight as I would love to try and find a way to say thank you?

I was on my way back from St Austell last week when it started snowing heavily and I made it to Wadebridge Storage and couldn't make it up the hill.

I had resigned myself to leaving my Mini and walking home which would have taken hours (I live in Pendoggett) when a gentleman offered me a tow up the hill. I then managed to make it to St Endellion when I was struggling up that hill and some guys pushed me up. I then made it home.

I am so grateful to these people, but don't know who they are. I would just like to thank them very much. I certainly wouldn't have got my car home without their help.

Kind regards

Anne



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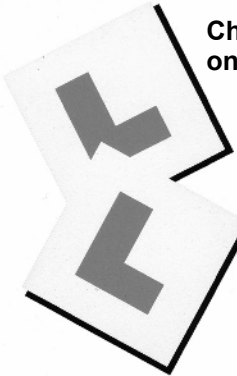
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SOUTH WEST

THE COMMUNITY HALL ST KEW HIGHWAY

At the Community Hall we aim to serve everyone in the Community. There is one area where we have problems: catering for the younger members of our community. We know that the Playing Field organisation provide for outdoor activities and that the local schools offer many opportunities for after-school activities. We would like to arrange for a Youth Club in the Hall, but only if that is what the local youngsters want, and if we can recruit at least two suitably qualified supervisors.

We are also in the process of renewing the computer classes which also cover how to get the best from your mobile phone. More news on that later in the year.

There are also two FREE events in each month. On the second Wednesday of each month there is a tea

and cake afternoon from 1.30 to 3.00. A very informal affair gives you the opportunity to meet neighbours, get to know others and enjoy a chat over a cup of tea and a piece (or two) of cake.

The other is on the 3rd Friday of every month at 12.30. This is the 'Souper Lunch', with all home-made fayre, including tasty soup, a roll, pudding and tea/coffee. There is a pot available for donations to a local charity chosen by those present. We must stress that this is not a 'soup kitchen' but another opportunity to meet up with friends and neighbours.

For all other events taking place in the Hall refer to the back of your Parish magazine. If you have any ideas as to what you would like please let us know.

*Judy Gray, Chairman of the Trustees,
email: judytretawncottage3@gmail.com*

St Kew Historical Society AGM

Will be on Thursday 14th March 2019
7.00 pm for 7.30.

St Kew Parish Hall
The start of our 11th Year!

All welcome

St Kew Playing Field Trust Notice of Annual General Meeting

The AGM of the St Kew Playing Field Trust will take place on **Thursday 25th April 2019** at 7.30pm in the New Pavilion, St Kew Playing Field.

All Holding Trustees, Managing Trustees and Committee Members should attend. All facility users, partners & associates, along with any members of the public, local parish and surrounding area are invited to attend. The purpose of this AGM is to re-establish all trustees, elect a managing committee, present annual accounts and to give and receive feedback of the last 12 months.

The future of the Playing Field Trust and all it means to the local community, suggestions for future development and the future proofing of the St Kew Playing Field is important to us all. So, pay a visit, have your say, join us and contribute to our aspirations.

ALL ARE WELCOME

St Kew Highway Methodist Church

The church are looking for someone to help them out. Their organist is leaving the area and they are looking for someone to play the organ on Sunday mornings from 9.30 to 10.30 am. If there is anyone who can help, or needs more information, please phone Marion Dingle on 01208 841388.

Puzzle page solutions

4	1	7	6	2	3	5	9	8
8	6	3	9	4	5	7	2	1
5	9	2	1	8	7	4	6	3
6	5	1	4	3	8	9	7	2
9	3	8	7	6	2	1	4	5
7	2	4	5	9	1	3	8	6
1	4	6	8	5	9	2	3	7
3	8	5	2	7	4	6	1	9
2	7	9	3	1	6	8	5	4

Sudoku

Deep, deer, dent, eden, epee,
need, nerd, peer, pend, pent, pert,
reed, rend, rent, teed, teen, tend,
tree, deter, ender, enter, erred,
peter, preen, tepee, tend, deep-
en, deeper, peered, render, rent-
ed, renter, repent, tender, entered,
petered, preened, pretend,
re-enter, repented, re-rented, ten-
derer, PRETENDER.

Word Square

A	M	U	S	E	A	G	A	I	N		
B	A	H	A	U	R	M	Y				
A	N	X	I	O	U	S	A	M	A	Z	E
J	U	M	P	Y	A	Q	U	E	O	U	S
O	A	L	T	E	R	B	L	O	C	K	T
S	N	S	O	S							
P	O	L	I	T	I	C	B	U	N	C	H
I	E	I	O	I	O	I	I	A			
C	O	V	E	T	W	I	S	H	F	U	L
E	L	L	E	L	L	O	E				
B	R	I	E	F	E	N	T	R	Y		

Codeword

Group Travel

Enterprise Park, Midway Road,
Bodmin, Cornwall
PL31 2FQ
Tel: 01208 77989



2019 COACH EXCURSIONS & TOURS

30 th MAR	IKEA EXETER	9 th AUG	CORNISH SEAL SANCTUARY
16 th APR	BUCKFAST ABBEY, BUTTERFLIES & OTTERS	14 th AUG	BRITISH FIREWORK CHAMPIONSHIPS
26 th APR – 1 st MAY	ISLE OF MAN SPRING TOUR	29 th AUG	SEATON TRAMWAY & SIDMOUTH
3 rd MAY	BLUEBELLS @ ENYS GARDENS	10 th SEP	TAMAR CRUISE TO CALSTOCK
8 th MAY	HELSTON FLORA DAY	30 th SEP – 4 th OCT	AUTUMN TOUR TO OXFORDSHIRE
18 th MAY	DEVON COUNTY SHOW	16 th OCT	CLARKS SHOPPING VILLAGE & WELLS *
1 st JUN	BUCKFAST GARDEN FAYRE	26 th OCT	HALLOWEEN SPOOKTACULAR MYSTERY TOUR
11 th JUN	ST IVES & TRAIN	2 nd NOV	BRIDGWATER CARNIVAL
14 th – 17 th JUN	WEYMOUTH *	16 th NOV	LONGLEAT FESTIVAL OF LIGHT
20 th JUN	HIGHGROVE GARDENS	22 nd – 25 th NOV	TURKEY & TINSEL AT SANDOWN, ISLE OF WIGHT
1 st JUL	PAIGNTON STEAM TRAIN & PADDLE STEAMER	7 th DEC	BATH CHRISTMAS MARKET
17 th JUL	STEAM TRAIN TO MINEHEAD *	15 th DEC	TOUR OF CORNISH CHRISTMAS LIGHTS
4 th AUG	FESTIVAL OF BRITISH EVENTING	21 st DEC	SNOW WHITE @ THE EXETER CORN EXCHANGE
		7 th JAN 2020	CINDERELLA @ THEATRE ROYAL, PLYMOUTH

* In conjunction with North Hill Good Companions Group

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In Memoriam

We would like to pay tribute for Peter Ashpole of St. Kew Highway, who recently sadly passed away.

He was one of our stalwart magazine-distributors for a number of years. A gentle, kind man with a wry sense of humour, he will be much missed.

Our condolences go to Anne and the family.

The Pieces of Eight team.

Dementia Aware Wadebridge 2019 "Sharing Helpful Actions"



Following on from the success of the first conference in 2018 this event provides the opportunity for all interested parties to come together to share experiences to enable Wadebridge to become even more Dementia Aware and Memory Friendly.

This conference is reaching out to local organisations, care providers, carers, and those living with dementia to explore the helpful actions that we can all be doing to make a big difference to people living with memory loss.

Dementia Aware Wadebridge 2019 "Sharing Helpful Actions" is taking place on Tuesday 9th April 2019, from 9.30am to 4.00pm at the John Betjeman Centre, Wadebridge.

Speakers will be sharing information on approaches that are helpful including the use of the natural environment, research underpinning helpful approaches, the things that social enterprises and retailers are doing to help. To involve as many participants as possible the Conference is free to attend.

To book a place, please use:
www.eventbrite.co.uk/e/dementia-aware-wadebridge-2019-sharing-helpful-actions-tickets-54401684904, or phone Sandra on 07706 056308.

Pilates Classes in North Cornwall

St Kew Community Hall

Mondays 14.30 & 16.00 - Tuesdays - 13.15 - 14.30



What does Pilates do?

- Targets the deep core stabilising muscles, improving balance and co-ordination
- Improves muscle tone, strength and joint mobility
- Improves posture, alignment and overall body awareness
- Corrects muscle imbalances and encourages pain-free movement

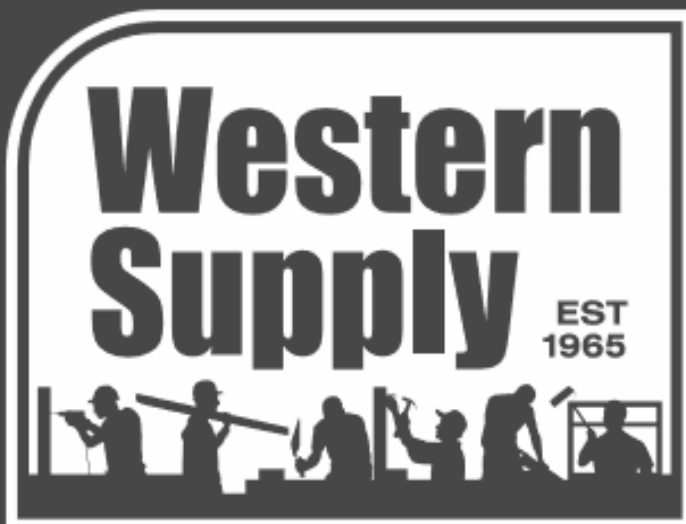
How do the classes work?

- Classes are limited to a maximum of 12 people. Small classes mean you receive good personal attention and ensure you are performing the exercises safely, and correctly.
- Classes are progressive and operate on a school term basis
- All equipment required is provided.



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martin@northcornwallpilates.co.uk
www.northcornwallpilates.co.uk

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ANNIVERSARY OF THE FIRST WORLD WAR (LEST WE FORGET)

February 1919

Snippets

Bagpipers

Over a thousand pipers died during World War 1. These extraordinary men were sitting ducks as they went over the top to pipe their men into battle. They stood in full view of the German lines, playing their instruments, marching through "no-man's land" without any sort of ammunition but their sounds. They were paid an extra penny a day. Piper Harry Lunan, of the 5th Gordon Highlanders, was the last surviving piper and he said, "I just played whatever came into my head, but I was worried about was tripping on the uneven ground, which interrupted my playing. The enemy fire was murderous; the men were falling all around me. I was lucky to survive. Hearing the pipes gave the troops courage. The French enjoyed the pipes, they couldn't get enough. The German's were scared of the pipes." Harry Lunan died in Canada in 1994, aged 98. For centuries the noise of the pipes has struck fear



ians, and Canadians – used the pipes as well. Indian troops also used bagpipes and drums. Eventually, no country lost more people in combat, as a proportion of population, than Scotland.

Ladies of the Manor

In all of the peers and their sons under the age of 50 who served in the war almost 1 in 5 was killed. During those final years 6 peers and 65 peers' sons died as a result of the hostilities, 24 of them aged 25 or less. In many cases, after the war, titles passed direct from grandfather to grandson, and many family lines died out altogether. The landed gentry were not content with offering only their sons to the war effort, they also offered up their homes as well.

Many mansions were converted into hospitals and convalescent homes to cater for military casualties, or to act as temporary lodgings for the Belgian refugees who streamed out of their stricken country in 1914. By the end of the war accommodation had been found for about 100,000 of them.

"The cutting of timber for industrial purpose is tragic... During the war's four years a million acres of English woods will have been cut down."
(Source: *Ladies of the Manor* by Pamela Horn)



into the hearts of the enemy soldiers. Other British Commonwealth troops – New Zealanders, Austral-

William



St Kew WI

Coffee Morning

Friday 22 March at 10.00am

At Woodlands, St Kew Highway, in aid of the new Heli Appeal for the Cornwall Air Ambulance.

Refreshments, Bring & Buy, Cake Stall, Raffle.





ST KEW GARDENING CLUB

AGM

The AGM of the association will be on Monday the 15th of April, at 7.30pm in the Community Hall, St Kew Highway.

Where the St Kew Garden Show will be discussed, and we will discuss the winding up of the Gardening Club. Would all members of the club, and anyone who is interested please attend.

stkewgardenignclub@hotmail.com, or
phone the Chairman on 01208 880007

RG

Events outside our Parish

Regular events at St Endellion

Endelienta Poetry Group, Book Club and Family Make Club. Please visit the website (see below), or phone or email for details.

March

- 1st Pencarrow Gardens open for the season.
- 2nd World Pasty Championships at Eden.
- 3rd St Piran's Parade at Perranporth
- Until 17th Plan Bee at Eden Project.
- 30th - 5th April Boscastle walking week.
- 31st Pencarrow House, shop and cafe open for the season.

More information about these events can be found on the following websites:

endelienta.org.uk

pencarrow.co.uk

edenproject.com

visitboscastle.com/events/boscastle-walking-week-2

KEEP BRITAIN TIDY.

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APART FROM MARCH & SEPTEMBER 3PM START TO MEET AT THE MARINE CENTRE

JANUARY WED 9	JULY FRI 12
FEBRUARY FRI 8	AUGUST WED 14
MARCH SAT 09 (3PM)	SEPTEMBER SAT 21 (3PM)
APRIL THURS 11	OCTOBER THURS 17
MAY FRI 10	NOVEMBER FRI 15
JUNE SAT 08	DECEMBER SAT 21

For more information please contact nickdpickles@googlemail.com

Beach Care | South West Water | SHARP'S | KEEP BRITAIN TIDY.

Get well soon.....

Geoff Dennison at the Cornish Arms has been having a hard time after falling and breaking his leg.

We all wish him a speedy recovery.

Pieces of Eight needs you....

Drum roll please... This year we will be celebrating the 250th edition of Pieces of Eight!

We are only a few editions away from our 250th (numbered) edition and we're planning a special issue to mark the event. We would love to hear from anyone involved in the magazine over the years, especially the editors from the early years, and previous incarnations, so we can help make this a very special anniversary.

Personal Column

Do you have a birth, birthday, engagement, marriage, significant anniversary, or perhaps a family bereavement that you would like to record in these pages? We are hoping to start a personal column for you to let everyone know.

Chapel Amble

It would be lovely to have more articles letting everyone know what's happening in Chapel Amble. We are conscious of the fact that the magazine tends to be focused on St Kew and St Kew Highway so come on, put Chapel Amble in the news!

As always, please contact us by email at stkewmag@gmail.com or give me a ring. We'd love to hear from you.

Nicky



ST KEW HIGHWAY METHODIST CHURCH

Services held in the Community Hall at 9.30am.

Preachers for March

- 3rd Rev'd Sally Long
- 10th Rod Harrison
- 17th Rev'd John Harrod
- 24th Rev'd Alistair Sharp
- 31st Rev'd Michael White (Mothering Sunday)

Catholic Church Services

Wadebridge

St Michael's Church
Tel:01208 72833
Mass Sundays 8.30am
Confessions
Friday 10.30-11.00am

Tintagel

St Paul The Apostle
Tel:01840 770663
Mass Mon-Thur 10am
Fri & Sat 6pm
Sunday 10.00am
Confessions:
Before/after Mass.
Other times on request.

Wadebridge Christian Centre

Molesworth Street, Wadebridge. Tel 01208 813110,
wadebridgechristiancentre.org

We are a lively, active, family church where everyone is welcome. We have a crèche and Sunday school, and all our children's workers are DBS checked.

Reflections

Easter this year is very late, falling on 21st April. In consequence the month of March falls almost entirely within Lent beginning with Ash Wednesday on March 6th. The term Lent is a secular one, meaning Spring, and so we can look forward to natural renewal and growth occurring at this time.

In Church terms Lent is a period of preparation lasting forty days recalling the time spent by Jesus in the desert as he prepared himself psychologically and spiritually for his mission on earth.

We traditionally associate Lent with giving things up, fasting or at least reducing our intake of food and drink. This is not a bad way to prepare for the feasting we associate with the celebration of Easter, but we would do better (and probably have greater chance of success) if we regard Lent as a period of

St James the Great at St Kew



Calendar for March

- Sun 3rd *Sunday before Lent. 9.30am, Holy Communion with Rev Dr Elizabeth Wild.*
- Sun 10th *Lent 1. 9.30am, All Age |Service of Worship with Marcus Jones.*
- Sun 17th *Lent 2. 9.30am, Holy Communion with Rev Dr Elizabeth Wild and Henry Compertz.*
- Sun 24th *Lent 3. 9.30am, All Age Service of Worship with Marcus Jones.*
- Sun 31st *Mothering Sunday. 9.30am, All Age Service of Worship with Ord Geraldine Ashton.*

Calendar for April

- Sun 7th *Lent 5. 9.30am, Holy Communion with Rev Dr Elizabeth Wild and David Elliott.*

Don't forget the Good Morning Cafe every Wednesday in term time from 8.45-10.30am at St Kew ACE Academy organised by Geraldine and Marcus. Everyone is welcome for a light breakfast and a chat; there is a play area for young children. Novices and masters of knitting are invited to join us making baby beanie hats for premature baby units and squares for blankets to give to those in need. Other appropriate projects considered.

growth and renewal, in which we deliberately choose to develop our spiritual sensibilities. We can follow a course of study by attending a Lent group, or reading a recommended Lent book. But equally beneficial can be a more regular reading of the Bible and more careful attention to our dealings with our friends and neighbours. The latter may be especially relevant this year as the possible significance of March 29 creates political tensions.

Whatever we choose to do to signal Lent it is perhaps more important *that* we choose to do something, anything, to emphasise its special nature than *what* we choose to do.

Andrew Lewis
Prebendary of Marnays



PIRATE FM SUPPORT



Thank you to everyone who donated to the Pirate FM 'Tonne of Tins' campaign throughout February. We are really grateful to benefit from this. In this day and age, no-one should be forced to visit a foodbank but unfortunately, more and more people are. That is the reality.

Your support means we can help to provide food for the increasing number of people referred to us.

IT'S NOT JUST FOOD THAT HELPS

Our foodbank relies on your goodwill and support. Emergency food is the first step in helping many people access other services and support which can help get their lives back on track, so the impact of a donation is huge. As well as tinned/dried food, we also accept donations of household items (eg. cleaning products, toilet roll, washing powder, washing up liquid) and toiletries including deodorant, shampoo and shower gel (we're okay for sanitary items).

SAVE THE DATE

If you're already thinking of booking a mini-break this Summer, we have the perfect holiday destination! We will be holding our Fun Camping Weekend at Mother Ivey's Bay Holiday Park from the **14th-16th June 2019**. Fingers crossed for some lovely warm and sunny weather. More details to follow...



MONEYBOX COURSE

If you are worried about money and would like some support, come and join our FREE and FRIENDLY **Moneybox Course**. The course is for anyone who is a tenant, unemployed aged 16-64 and it will help people to budget, build their confidence and manage their finances. The next course starts in January and will run on a Friday in Bodmin for 3 weeks from 9.15am to 2.30pm. If anyone would like more details of the course, please contact us on 01208 815374 or email contact@wadebridgefoodbank.org It's a great way to learn in a relaxed environment.

Wadebridge Foodbank, Unit 2 Trevanson Street, Wadebridge PL27 7AR Tel. 01208 815374
Registered Charity No. 1166301
Email: contact@wadebridgefoodbank.org
Website: www.wadebridgefoodbank.org



Mr Philip Rodda from Rodda's Cornish Cream came along to tell of the history of the family's business.

He began with a TSW video which had been broadcast round 20 years ago. It gave us the story of his great-grandmother who began offering her cream to visitors. Her daughter-in-law worked out how to lengthen the life of the cream and it was sent to London in glass jars packed in straw.

It was sold to Fortnum & Mason in the early 1930's, now it goes to Dubai, Hong Kong and Sweden. Philip not only spoke of their Creamery, but also of life in general in Scorrier, The Creamery had offered work to local people although cream making stopped during World War 2. Milk now is purchased from within a 30 mile radius of the creamery, and there are other products such as milk, fudge, short-

bread, crème fraiche, custard and butter. Look in your local stores and try some lovely local produce.

It was such an informative evening, Philip was an excellent speaker.

In March we have our Annual General Meeting on Wednesday 13th March in the Community Hall. This will be a short meeting followed by a general activity session and plenty of refreshments. Come along and find out about the Women's Institute.

We are aware that the Cornwall Air Ambulance are in need of a new helicopter so we are supporting the appeal by holding a coffee morning at Woodlands, just near the lay-by, on Friday 22nd March at 10am until 12 noon. There will be a cake stall, refreshments and a bring and buy sale.

Come and support the new Heli Appeal.

Alison

Events Diary - March

- 5th St Pirans Day.
 6th 'Good Morning Cafe', St Kew Ace Academy, 8.45 -11.00am.
 Bellringing practice, 7.30 - 9.00pm.
 7th Chair Aerobics, Community Hall, 2.00pm.
 13th 'Good Morning Cafe', St Kew Ace Academy, 8.45 -11.00am.
 Bellringing practice, 7.30 - 9.00pm.
 14th Chair Aerobics, Community Hall, 2.00pm.
 15th Souper Lunch, Community Hall, 12.30pm.
 20th Bellringing practice, 7.30 - 9.00pm.
 21st Chair Aerobics, Community Hall, 2.00pm.
 22nd WI Coffee morning, Woodlands St Kew Highway, 10-12 noon.
 27th 'Good morning Cafe', St Kew Ace Academy, 8.45 -11.00am.
 Bellringing practice, 7.30 - 9.00pm.
 28th Chair Aerobics, Community Hall, 2.00pm.

News from St Kew Parish Hall

Our AGM takes place on 21st March to discuss, among other things, future plans for the Hall.

Everyone is welcome to attend.

Kathy

To book the hall, please contact Joanna Pratt on 01208 841420.

The Regal in Wadebridge

Tel: 01208 812791

www.wtwcinemas.co.uk



March

- 1st The Aftermath
 Fighting with My Family
 8th Captain Marvel – 2D
 15th Fisherman's Friends

On the 15th, and 18th-20th there is an 11.45am, and daily a 2.30pm showing for those who want to get home before its dark.

Live Screenings

Book on-line or contact the cinema.

Nothing posted for March at the time of going to press, but in April:

- 2nd April La Forza Del Destino, Royal Opera House, live, 6.15pm.

Recycling

Recycling takes place on a variety of days in the same week within the parish. Recycling collections are in the weeks beginning 11th & 25th March .

Please see the Cornwall Council website for full details.

ST KEW HIGHWAY COMMUNITY HALL ONGOING EVENTS

(Registered Charity No 294140)

- | | | | |
|---------------|---|-----------------|---------------|
| Sun: | Methodist Church Service | Marion Dingle | 01208 841388 |
| Mon: | Yoga 10.30am | Fiona Crompton | 01208 851735 |
| | Pilates 2.30pm - 5.15pm | Martin Brooks | 07812 959 879 |
| Tues: | Allen Valley Singers 7.15pm - 9pm | Janette Man | 01208 841784 |
| | Pilates 1.15pm-2.30pm | Martin Brooks | 07812 959 879 |
| Wed: | 1st, 3rd and 5th in month - | | |
| | West Country Embroiderers 10am - 3pm | Pat Scarborough | 01841 521323 |
| | 1st in month - St Kew Playing Field Trust | | 7.00pm |
| | 2nd in month - St Kew WI 7pm | Becky Allen | 01208 841798 |
| | 3rd in month- Gardening Club 7.30pm | Richard Godden | |
| Thurs: | Chair Aerobics 2pm | Pat | 01208 841260 |

SOUPER LUNCH

Our next Souper Lunch will take place on Friday 15th March at 12.30 in the St Kew Highway Community Hall.

You are all most welcome.

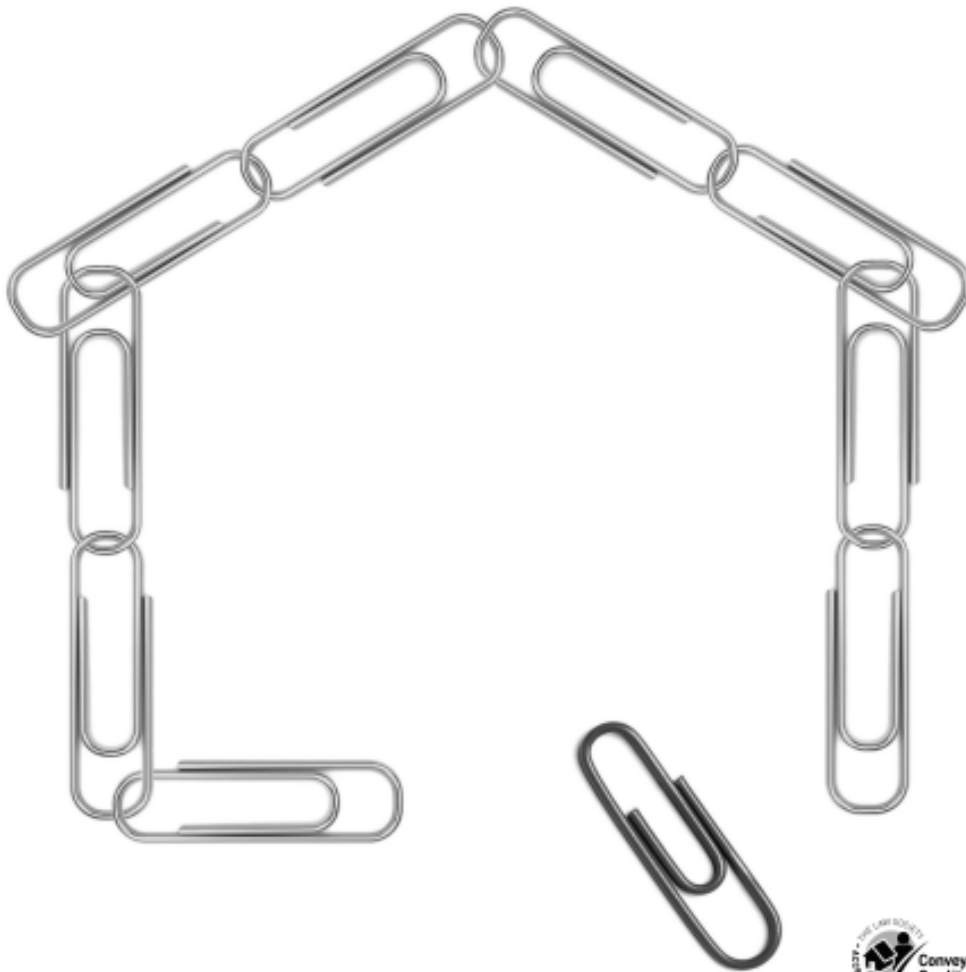
This is a community event where you could meet old friends or make new ones!



Do come along and see for yourselves!

**IMPORTANT : BEFORE ARRANGING YOUR EVENT AT THE HALL
 CHECK AVAILABILITY AND BOOK WITH SHIRLEY ROWE 01208 841257**

Helping you complete the chain



Moving house is exciting but can be stressful, let us take the strain.
We are here to help, talk to Sproull.

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Disputes | Family | Property | Wills

Parish Council News

Chairman: Cllr J Lethbridge

Clerk: Cindy Powell,

Rockhurst, Trethburgy, St Austell, PL26 8YF

Email: clerk@stkewparish.org.uk



The Parish Council meets in the Parish Hall, St Kew Churchtown at 7.00pm on the second Tuesday of each month. Members of the public are welcome to attend and address the meeting on any subject of concern.

St Kew Parish Council Meeting, held on Tuesday 12th February at 7.00 pm in the Parish Hall.

Present: Chairman A Godden, Councillors T Mott, R Godden, J Rowe, B. Finnemore, P Bishop and 10 members of the public.

The Council have heard that the times of the Post Office stop at St Kew Highway on Thursdays have changed. This is because they have added another stop in their rounds which means that the times alter. The new times are 14.00 to 15.00.

The road in Churchtown St Kew that has been undermined by the stream is going to be repaired at last, work is scheduled to begin on the 1st of April.

The salt bin at the junction of Church Terrace and Barton Row in St Kew has been stolen, just when it was needed in the cold snap. Would you all keep an eye out for a bright yellow bin with St Kew Parish Council on it please. These bins are not cheap!!

The Council has been approached by a company which helps with preparing a Parish Plan. The Council will enquire about the cost, discuss it at the next meeting in March, and a decision will be made whether the Council will make a Parish Plan.

The condition of the roads is of national concern, but if anyone knows of a local road defect (pot hole, mud, blocked drain, etc) you can report it on-line at www.cornwall.gov.uk/transport-and-streets/roads-highways-and-pavements/report-a-problem-with-a-road-highway-or-footway, or by phone on 0300 1234 222, or phone any Councillor. Let's try to keep our roads safe and tidy.

The Council has had the footpath from the lower churchyard in St Kew to the upper churchyard cut back.

The Council undertakes to cut all the footpaths in St Kew at least once a year. This cannot start before the 1st of June to avoid disturbing nesting birds, some paths will inevitably get a little overgrown but this cannot be helped. We also cut and maintain all the common land in the parish.

Planning Applications

PA19/00237- Mr & Mrs Kooman, Brookfields, Hendra Lane, St Kew. Change of use of stables to two holiday units.

Recommend approval

PA19/00005- Mr R Harris, land north of Pendethys, Trelill. Outline planning permission with all reserved matters, single dwelling.

Recommend refusal

PA19/11511- Mr & Mrs Pennington, Menhay, Pendoggett (revised plans). Erection of single dwelling. New plan showing revised entrance.

Recommend approval

PA19/00982- Mr J Brown, land SW of St Kew Golf Club, non-material amendment, change of design of lodges.


Recommend approval

Planning decisions by Cornwall Council

PA18/11391 Mr & Mrs Pooley, Lower Trelill. Hipped roof and windows.

Approved

RG



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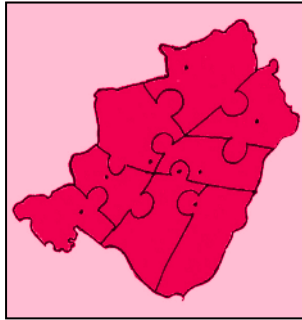
STOCKED LOCALLY AND ALL ACROSS THE COUNTY

The Red Lion, St Kew Highway
Trevathan Farm Shop, St Endellion
Butter Milk Confectionery, Port Issac
Golden Lion, Port Issac
Oystercatcher, Polzeath
St Kew Inn, St Kew
The Cornish Arms, Pendoggett
Wadebridge Wines, Wadebridge
Spar Stores, Polzeath
Old Custom House, Padstow
The Little Gin Shack, Wadebridge
No 1 Rock Road, Rock
Padstow Farm Shop, Padstow
Trebetherick Stores, Trebetherick
St Tudy Community Shop, St Tudy
Bin Two, Padstow
Ark, Atlantic Highway A39
Port Gaverne Hotel, Pilchards Café
Stargazy Inn, Port Issac
The Molesworth Arms, Wadebridge
St Mabyn Inn, St Mabyn



Polzeath, looking out towards Stepper point. *Photo by Paul Forde*

Pieces of Eight



April 2019, Issue 248

News, views and issues from: Chapel Amble, Pendoggett, St Kew, St Kew Highway, Trelill, Tregellist, Trequite, Trewethern



Email: stkewmag@gmail.com

“A pint of Tribute please”



Elsie, a long-time member of staff at the Red Lion Inn, pulls a pint for her new husband Tom. Elsie, who grew up nearby in St Breward, has worked at the Red Lion since she was 16.

Our congratulations to the happy couple.

*This lovely photograph is reproduced with kind permission from Photography With Grace
email: info@photography-withgrace.com, www.photography-withgrace.com.*

Your free guide to news and events within and around St Kew Parish

NEWS

APRIL



“

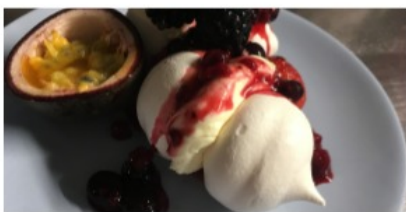
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every Thursday from
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19th to the 22nd of April

Spring is here so we've created a new fresh menu with loads of new tapas and vegetarian delights changing nightly



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Choose from our two course selection for £12 or make it three for just £15

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We are celebrating with lots of live events, "Master Bbq feast cooking class" from our outside bbq / paella kitchen.

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Monday,
Wednesday
Thursday

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Welcome to Pieces of Eight

We are a free independent community magazine, published ten times a year (not January and August) covering local news, views and events in the St Kew parish area. Volunteers produce, edit and distribute the magazine to every household in the area, and to all the local churches, shops and pubs. We do hope you enjoy reading it.

We would love to hear from our readers - articles, letters, suggestions and other contributions are always welcome. Please see our contact details below.

There is also an on-line edition hosted by the Parish Council which can be found at www.stkewparish.org.uk/PO8.html. (*We are very grateful to the Parish Council for allowing us to use their website*).

EDITORIAL

As I write this editorial I remember back to this time in previous years: Last year we had snow on the beaches; three years ago I was celebrating the fact that my hair had finally grown long enough to see after the previous year's chemotherapy; and four years ago watching the partial solar eclipse - getting a good view from a bedroom window.....but only by leaning right out with a few trees were blocking my view! Unfortunately the rest of the family back in Surrey missed it because it was very cloudy.

We must all have memories, good and bad, for every month of the year. How do you document them? Just memory, photograph albums or digital albums? Those photos you took of the babies & children, and you were convinced at the time that you'd remember when and where they were taken, and failed to put a date and place on the back.... can you remember now? I certainly can't! Now that everything from photos to video and documents can be stored digitally more-or-less for ever, we can simply look back on our lives with a few clicks of a mouse. How technology has changed. Provided of course that it doesn't change so much that old formats become unusable!

I'm sure you all have memories of the early years of this magazine. We'd love to print some of your reminiscences in our 250th edition in June. Please get those thinking-caps on. We've already got some lovely articles from around the parish but more would be great.

Nicky

Philippa Harkness - Children's page & History
Steve Liddiard - Advertising Manager & Treasurer
David Penhale - Events & Poet in Residence
Nicky Pickard - Main editor who puts the magazine together, assisted by husband Mike.

Contacting the Editorial Team

We can be contacted by email at stkewmag@gmail.com. Please use this address for **ALL** correspondence, the in-box is checked regularly.

Alternatively you can phone Nicky's mobile - **07813 603776**. Leave a message if you can't get through and she will phone you back.

Advertisers should contact Steve, our Advertising Manager via this email address, putting 'Advertisement' in the subject line. Steve can provide information on advertising costs, space availability, formats, etc.

Copy date for the May issue is:

Friday 12th April

We aim to get the printed magazine out to our distributors before the beginning of the month of issue. Please could all contributors send us your copy or advertisement as soon as possible, **before** the copy deadline. If your article or advert is going to be late it would be very helpful if you could let us know in advance.

Note to Readers

When responding to an advertisement, **please** mention that you saw it in Pieces of Eight. This shows our advertisers that the magazine is **the** place to reach local customers.

The magazine does not accept any responsibility for any issues arising from advertisements.

Views expressed in this publication are those of its contributors and do not necessarily reflect those of the Publishers (the management committee) who reserve the right to refuse or alter any material supplied.

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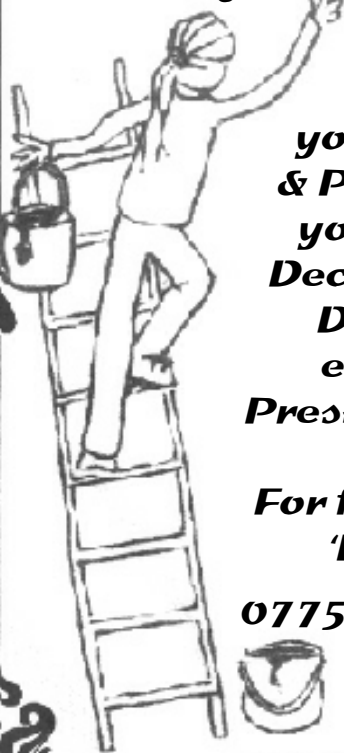
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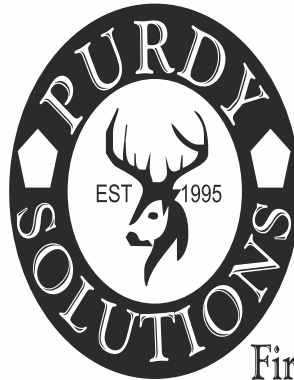


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St Kew Annual Parish and Annual Parochial Church Meeting.

Every parish is legally required to hold an annual Parish Meeting to elect churchwardens, and an annual Parochial Church meeting to conduct other parish church business.

The St Kew Annual Parish and Annual Parochial Church Meeting (APCM) will be held on Monday 29th April 2019 at 7.30pm in the Parish Hall.

Any member of the Electoral Roll of the Civil Parish, or someone on the Electoral Roll of the Parish Church can attend and vote."

Church Electoral Rolls: The preparation of a new Church Electoral Roll takes place every six years, and is due this year.

The old Electoral Roll will be completely erased and all those wishing to be on the new Roll will have to re-apply. Forms will be sent to all those on the current Roll.

GARAGE SALE **EASTER SUNDAY**

21st April 2019

At

KENWYN, ST KEW HIGHWAY

(Opposite The Red Lion Inn car park)
11.00am – 4.00pm

WEATHER PERMITTING

Garden items, bric-a-brac & 'allsorts'

Enquiries: 01208 841381

St Kew Historical Society AGM 2019

March 14th, 2019 - 7.00pm

The St Kew Historical Society 10th AGM was held on the above date at St Kew Parish Hall with only current committee members present and two society members - 10 people in all.

The minutes of AGM No 9, March 2018 were accepted (proposed by Jim Godden, seconded by Barry Cuff. Chairman's, Treasurer's and Archivist's reports were presented and accepted by all present.

All current members of the committee stood for re-election and, following thanks for the previous year from President Mr Jim Godden, an election for new committee was held. Without opposition or objections, and with no other candidates, the following committee was elected:

Chairman: Mrs. Sandy Chadwick

Archivist: Ms. Kim Appleby

Secretary: Mr John Raybould

Joint acting Treasurers: Kim Appleby and John Raybould.

Committee members elected:

Mr Barry Cuff

Mr Thom. Chadwick

Ms. June Bentley

Mrs. Judy Gray

Life President, Mr Jim Godden, also serves as committee member and vice chairman.

Following the election, the following proposals were discussed:

a) Due to a continuing lack of a permanent treasurer, John and Kim will continue to hold the reins of finance.

b) It was deemed from financial statements prepared by John and Kim that we should be in a better financial situation: Listed members not attending or paying annual subscriptions, increased costs involved in holding talks and visits, increased costs of subscriptions to outside bodies, and the cost of maintaining our archives, means that our financial situation is precarious, but not irredeemable.

c) A proposal from the Chairman was to increase membership fees from £12.00 to £15.00 pa. This was seconded by Tom and voted upon, with an 8 to 2 majority in favour. This step is now taken for the year to March AGM 2020.

If more members attend talks and visits, more non-members arrive (this fee is still £3.00 per person), and our funds are boosted to future proof the St Kew Historical Society then a reconsideration could follow in 2020.

d) We have no intention of winding up the Society, but in fact plan to improve our facilities and presentations, BUT we cannot do this without the support of our members, not just our committee.

So, please come along to our meetings and functions. See "Pieces of Eight" for details, or our Facebook page, and our soon-to-be-online new web page.

Thank you all.

John Raybould, Secretary.

All the news and highlights from the top of the hill! Don't forget, you can keep up with all the school antics in our monthly newsletters, published on our website: www.st-kew.cornwall.sch.uk

Voice in a Million

As I write this, six of our Year 6 children are making the journey from Cornwall to London to take part in the Voice in a Million concert in March at Wembley Arena as part of the ACE Multi-Academy Trust choir! This concert is an annual event to raise awareness of adoption throughout the UK.



Our children are joining a choir of 5,000 children from around the country to sing a wide range of modern songs and enjoy the opportunity to perform with some surprise celebrities! This is such an incredible opportunity for our children to perform on such a large scale in a fabulous venue! We look forward to sharing more with you next month after their return.

World Book Day

On Friday 8th March the corridors of St Kew were alive with a vast array of characters from books for the celebrations of World Book Day. Children buried themselves in book activities, shared a healthy snack (alongside a little treat) and invited their parents in to share a book at the end of the day. Can you spot the characters in the photo below?



As seen on Spotlight!

Did you see us? For Comic Relief, the children signed up for the 'Move N Groove' with Radio Cornwall and David White, and strutted their stuff on the playground on Friday morning. We were filmed by presenter Martin Baille and made the cut (twice!) in their compilation on Spotlight that evening. Check out the photo below and our Facebook page if you didn't catch it, or head to Radio Cornwall's FB page for a 'catch up'.



Science Day



Four of our More-Able scientists spent the morning at St Columb Minor school experimenting with different objects including bottle rockets & Vitamin C tablets, chicken cups (pulling string through a cup!) and creating a vacuum with a potato (maybe we shouldn't ask!). They came back to school full of 'science ideas' and so the whole school took part in British Science Week last week – well, what else can you do when the vision for your pupils is 'Discover, Learn, Develop'?

CHILDREN'S CORNER



Can you guess what these are? The first letters of each word will spell something exciting!

____ The little round chocolate things we love to eat at this time of year.

_____ It flies in the sky and takes us places.

_____ The sound we hear from the school choir.

_____ The yellow flowers that are everywhere just now.

_____ The things you can see our beautiful world with.

_____ The little bird with a red breast.

What colour are my eggs?



WE HOPE YOU HAVE A VERY HAPPY EASTER WITH LOTS OF FUN, FAMILY AND FRIENDS!!

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16 th APR	BUCKFAST ABBEY, BUTTERFLIES & OTTERS	29 th AUG	SEATON TRAMWAY & SIDMOUTH
3 rd MAY	BLUEBELLS @ ENYS GARDENS	10 th SEP	TAMAR CRUISE TO CALSTOCK
8 th MAY	HELSTON FLORA DAY	7 th - 11 th OCT	AUTUMN TOUR TO OXFORDSHIRE
18 th MAY	DEVON COUNTY SHOW	16 th OCT	CLARKS SHOPPING VILLAGE & WELLS *
1 st JUN	BUCKFAST GARDEN FAYRE	25 th OCT	HALLOWEEN SPOOKTACULAR MYSTERY TOUR
11 th JUN	ST IVES & TRAIN	2 nd NOV	BRIDGWATER CARNIVAL
14 th - 17 th JUN	WEYMOUTH *	16 th NOV	LONGLEAT FESTIVAL OF LIGHT
20 th JUN	HIGHGROVE GARDENS	22 nd - 25 th NOV	TURKEY & TINSEL AT SANDOWN, ISLE OF WIGHT
1 st JUL	PAIGNTON STEAM TRAIN & PADDLE STEAMER	7 th DEC	BATH CHRISTMAS MARKET
17 th JUL	STEAM TRAIN TO MINEHEAD *	15 th DEC	TOUR OF CORNISH CHRISTMAS LIGHTS
4 th AUG	FESTIVAL OF BRITISH EVENTING	21 st DEC	SNOW WHITE @ THE EXETER CORN EXCHANGE
9 th AUG	CORNISH SEAL SANCTUARY	7 th JAN 2020	CINDERELLA @ THEATRE ROYAL, PLYMOUTH

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TEA AND CAKE



Wednesday 10th April 2019
1.30pm to 3.30pm

St Kew Highway Community Hall
ALL ARE WELCOME

*Sit and chat with neighbours and friends
or play cards or a board game.
Solve a jigsaw, or bring your knitting.*

There will be tea, coffee and home-made cake.

*There is NO CHARGE, just come along and enjoy
this community social event. This is continuous and
will take place on the 2nd Wednesday of every
month.*

Our Feathered Friends

'Twitch' way did that bird go? As I write this a long-staying scarce migrant bird is in residence in Chapel Amble. The Temminck's Stint has been reported on the same field areas since New Years Eve.

A small wader about the size of a Robin, this neat little bird is enjoying the hospitality of the fields in front of the car park, and the flooded meadows behind the pub. This wader should be in Africa where it spends the winter months prior to migrating (shhh don't tell it, you might upset it!). The Temminck's breeds in the arctic tundra regions which is a quite impressive migration considering its size. The bird has been the centre of attention for a lot of twitchers and birders alike!

Garden bird watching can introduce new people to the hobby and can whet the appetite to venture further afield to seek out new birds for your listing needs, be it yearly, local, county, life, etc. Adopting a local patch is a good step for watching and recording regular, seasonal and behaviour activities in a different habitat to your garden. Listing species, numbers, and breeding evidence can also be useful in year-on-year comparisons of trends, losses, and gains, just like the RSPB's garden bird survey. You are a 'birder' and not a 'twitcher' at this stage!

I am often referred to as a twitcher by non-birding types. A twitcher is someone who goes to great lengths to view a new bird, which can involve monitoring bird hot spots, liaising with fellow twitchers, and viewing bird sites on the internet which flag up the latest bird sightings. They drive many miles,

sometimes through the night for many hours. Some even charter boats and planes in their quest to be on top of their game with an impressive sightings list. They can also become obsessed, stressed, motivated, deflated, rewarded, irritable, tired, patient, competitive, tearful and broke! The list goes on - I know as I have been there!

Thus birding at Chapel Amble provides great habitat and seasonally rewarding bird watching, the village also has the Walmsley bird sanctuary backing onto it, has plenty of wetland areas, tree cover, reed beds and the river. Chapel Amble is a great patch to adopt. Waders, small song birds, waterfowl and owls, can all be recorded throughout the year.

Spring migrants such as the Reed and Sedge Warblers return to the reed areas in late Spring and give you a good challenge to spot the song differences!

A pair of Tawny Owls flew over my car on my last Owl watch, and a Barn Owl has also been spotted, so perhaps put the parish on the map and watch for yourselves.

'Twitch' way to go? I chose being the birder, happily finding common, and occasionally rare birds (but also the odd 'twitch' - remember the Glossy Ibis in Chapel Amble a few years ago?). I didn't find it but was thrilled to see it! Remember to follow the country code and familiarise yourselves with the bird watchers code too.

Happy patch-watching or, if you want to live on the edge, happy twitching!

Clutts, Pendoggett

Poetry Corner

This month, by way of a change, we're introducing two local writers who submitted their poems to our recent Poetry Competition.

Golf of Ages!

My wife asked me the other day,
"When you eventually pass away,
Where do you want your ashes scattered?"
I thought a bit; it really mattered.
Partially recovered from the shock,
My first thought was St Enodoc.

When relaxed and at my leisure,
What has given the greatest pleasure?
Music sprang into my mind,
Then family, pets and humankind.
I ignored the obvious of course.
But golf it was with stunning force.

I remembered playing when we were boys
Brand new clubs instead of toys.
Handicap cuts, then away matches.
Famous courses, seen in snatches.
Oh! The joy of a massive drive!
Octogenarian? I'm still alive!

Fully recovered from the shock,
My last thought is St Enodoc.

David Balmford

An Ode to my Surfer

I watched you enter the water... my heart was on fire
I watched you mount your surfboard...I was filled with desire.

Oh to be that surfboard, to be beneath your supple form.
it would be heaven there was no doubt.
We could catch the waves. We could toss and turn.
We could be weaving in and out.

I watched you paddle seawards... my heart was all aflame.
The first wave rolled in perfectly... It knocked you flat! Oh what a shame!

You floundered in the water. You disappeared beneath the foam.
You were no surfer that was clear.
My heart stood still. My breathing stopped.
I just wished you'd reappear.

You resurfaced and looked at me. A smile lit up your face.
I offered you a rubber ring and armbands just in case.

You walked towards me and together we left the beach.
This would be heaven I felt so sure.
Who needs a surfer or a surfboard to make their life complete
When there are other things to explore!

Alison Prophet

Polzeath Beachcare

Saturday 9th March

An excellent turn-out for the first mega-Beachclean of 2019, and many thanks to all who turned out and especially to Vickie and her PMCG colleagues at the Marine Centre for providing a splendid array of refreshments.

The weather was coolish and blustery, and again there was not very much litter on beach. A dead seabird was collected up and the start of stranded by-the-wind sailors found on the strandline - 'Summer is a coming in'

6 bags were collected on the day, with a big collection by the family of a Duke of Edinburgh award student who has chosen litter-picking as his social environmental activity for this qualification. Well done.

Overall 15 bags collected on Beachcare days, 21 reported in total.

Many thanks, and enjoy the pictures - particularly PMCG with their litter collector in action!



Nick



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St. Kew Community Gardens Association

The View from the Allotments and at last things seem to be moving forward a little.

During the fine and dry spell towards the end of February (remember that?) we actually settled down to do a bit of clearing and tidying and weeding. Tony has rotavated a strip of one plot and has dug up most of the old sweetcorn root boles (you wouldn't believe how difficult it is to lift these. I did a few and couldn't manage more than five at a time), and also some old gooseberry bushes which are past their usefulness.

And I did as promised, and weeded the asparagus beds and also tidied up around the trellises we had put in for peas. Now we are beginning to see where things can go this season and with this in mind we have ordered (and taken delivery this morning) of a whole lot of seeds and onion sets. I am the onion queen in our household and have already earmarked which strip I want Tony to rotavate next, as I like to get my sets in by the end of March if possible.

I've also cleared out the greenhouse and spread the left-over growbags over one strip on the plot. We're debating whether to grow tomatoes in the greenhouse this year, or to find instead a sheltered, south-facing spot for them. The greenhouse gets very hot indeed at times - despite painting the glass over, leaving the door and windows open at all times, and copious watering - last year's tomatoes Weren't Happy! But of course, finding a "sheltered" spot isn't so easy either, so we shall have to put our thinking-caps on. Maybe we'll just keep the greenhouse for planting seeds and growing the seedlings

on at the beginning of the season. And perhaps it would be better to grow tomatoes in the shelter of our little garden here in Kenwyn. We'll see.

We're not going to be too ambitious this year and haven't bought quite so many packets of seeds. However, we can always get more if we change our mind. As usual, we shall grow lots of different brassicas, as these are the things which, together with the leeks and parsnips, see us through to the end of April each year.

I want to mention here the "bible" we use, and have used for many years - The Vegetable Expert by Dr. D. G. Hessayon. It's the best book I have ever come across for vegetable-growing and I refer to it all the time - when to plant, how deep, how far apart, when to crop, how to store - in fact everything you might want to know. There's a companion book, too, called The Garden to Kitchen Expert which includes, as you might guess, recipes to go with the various veggies and this, too, is a useful tome.

Now, of course, we've had torrential rain and high winds again so all my plans to get on with the gardening have come to nothing. Would YOU want to be digging out there in this weather?

The weather forecast looks a bit more hopeful for the next couple of weeks though, so I am keeping fingers crossed. Then in the next article I can boast about all the stuff we've done: onions in, seedlings coming on, and so on. Maybe!

Judith Mott, judithmott@btinternet.com,
Tel: 01208 841312

St Kew Historical Society

Our next talk is on **Thursday 11th April at 7.30 pm, St Kew Parish Hall.**

The guest speaker is Mr John Keast, Chairman of the Warleggan History Group:

"The Reverend Densham, Rector of St Bartholomew's Church, Warleggan 1931-1953. For 20 years he preached to an empty Church - the myth and reality".

A very interesting talk is promised - not to be missed. All members, guests and visitors welcome. Members free with annual membership, guests £3.00 per person. Refreshments available.

John Raybould - Secretary



The Reverend Densham, Rector of Warleggan, 1931-1953

'KEW & A'

Twenty Questions & Answers

This month: Andy Bishop, St Kew.

Childhood Hero: *Robin Hood.*

Hobbies: *Watching rugby, antiques, growing vegetables.*

Favourite Music: *Franz Schubert, Jake Thackray, the Rolling Stones.*

Favourite Books: *'Puckoon' by Spike Milligan, 'Sapiens' by Yuval Noah Harari.*

Favourite Film: *'Life is Beautiful' (Italian comedy about the Holocaust(!) Dir. Roberto Benigni, 1997).*

Favourite TV Programme: *'Bargain Hunt' (BBC One, 2000 - to the present).*

What's good about living in your village?
Wildlife - (not just at St Kew pub!).

What would you improve? *The road surfaces.*

I'm very good at.... *Saying I will do something.*

I'm very bad at.... *Actually doing it..*

A phrase I use too often is.... *'No problem'.*

Three people, dead or alive, I'd invite to dinner are.... *Spike Milligan, Enoch Powell, Margaret Thatcher.*

I'd like to be stranded on a desert island with....
My family.

I'm embarrassed by....*People being rude to staff.*

My proudest moment was.... *Playing rugby for Cornwall Junior group.*

The best things about Cornwall is... *The nooks and crannies of beauty.*

The worst thing about Cornwall are *Wind and solar generators.*

Which of our country's laws would you change? *Change 'life for murder' to 'the death penalty'.*

An over-rated public figure is.... *Diane Abbott (if anyone rates her!)*

In another life I would be.... *'A sparrow, so I could look down ladies' blouses, then again if I was a sparrow I probably wouldn't want to!' (Tribute to Dudley Moore)*

Where is it?

Dear Editor

St James church has on its Inventory a processional banner of the St Kew Womens' Institute. The photograph we have shows a beautifully crafted cotton satin and polyester image of St Kew on a red background on a cross pole. It was made by Olive Cole and Doreen Grylls – sadly no longer with us. This banner is no longer in the church and hasn't been for some years. I know Molly Givan did tell me once where it ended up but I failed to make a note. To keep the inventory up to date I would like to know

what happened to the St Kew Women's Institute Banner. I would be most grateful if, through the great communication tool that is our Parish Magazine, this could be published in the hope there is someone out there who may know the whereabouts, or disposal of, the St Kew Women's Institute processional banner.

Yours sincerely,
William Garland

01208 881134
w.garland@outlook.com

Mobile Post Office

The mobile Post Office calling points each week are as follows:

Monday

St Merryn	08.45-10.00
Rock	11.00-12.30
St Kew Highway (Community Hall)	13.30-15.00

Tuesday

Tintagel	09.30-11.30
South Petherwin	12.45-13.45

Wednesday

Tintagel	09.30-11.30
Port Isaac	12.30-13.30
St Issey	14.00-15.00

Thursday

St Merryn	08.45-10.00
Rock	11.00-12.30
St Kew Highway (Community Hall. Please note the new time)	14.00-15.00

Friday

Tingagel	09.30-11.30
Crackington Haven	12.45-13.45



Allen Valley Singers

As it says poetically, in Ecclesiastes, 'To every time, there is a season and a time for every purpose under the heaven. A time to get and a time to cast away'. So it is with the Allen Valley Singers, who have completed 25 years since its inception in 1994 and 21 years under the baton of Janette Man, ably partnered throughout by a superb pianist, Steve Tyrrell.

As with life itself, the Allen Valley Singers has run its course and therefore a decision has been made to disband the choir. Fresh fields beckon for all and experiences need to be widened. Hopefully we will keep in contact with our friends, the members, particularly the Committee who have worked so tire-

lessly over the years to support and encourage us. There will be musical occasions where we can meet up and enjoy new ideas and share the knowledge, gained by individual experiences.

We thank all the choir members for their loyalty, also all the 'helpers' that have contributed so much over the years and grateful thanks to Janette Man and Steve Tyrrell for their masterful and inspiring leadership.

I thank the editors for all their support for the copy that has been sent regularly each month.

Keep on singing everyone, let music enrich your lives. All best wishes. Allen Valley Singers

Joyce Hargrave-Wright (Dr.), Publicity

OUR MAGNIFICENT NATIONAL HEALTH SERVICE

In 2012, a routine CAT scan revealed a small aneurysm, or bubble, on my aorta - the big artery supplying the lower body. This was monitored every six months by ultra-sound scans. The November 2018 scan revealed that it had grown quite quickly so that alarm bells rang in the NHS Vascular system.

On January 24th this year I woke in the middle of the night with what I thought was indigestion. We'd had friends in the night before so I wasn't too surprised. I prodded the offending area and discovered that I was able to feel a pulsating lump in my tummy below my ribs. Oops!

I rang Port Isaac and after stressing the urgency of the situation and was able to get an almost immediate appointment with Dr Garland. After feeling my tummy, he and his system went into overdrive. He said "I'm afraid we'll have to admit you!"

I was in an ambulance, siren and blue lights, destined for Treliske by 10.45, and there by 11.30. I had had a CAT scan by 12.15 and met my vascular surgeon at 12.30. I was under the knife by 14.30 and by 18.30 was in bed, in a ward and awake. There had been a surgeon, a theatre, a 12 person team, all the equipment and spare parts, a ward and a bed available. Quite incredible.

Two days after a major abdominal operation (key-hole surgery) I walked out of hospital and got into a friend's car. By 17.30 on the 26th January I was at home; the fantastic team had put a stent in my aorta and the only discomfort I had was from a 1" incision in each groin; paracetamol and one aspirin a day was the only medication I needed.

WHY IS IT THAT WE ONLY EVER HEAR BAD NEWS ABOUT OUR MAGNIFICENT NHS?

David Balmford

A Point of Interest...

On 7th January 2019, an email was received by the PCC Secretary, William Garland (via Gavin Tyler, the North Cornwall Cluster of Churches Communications Officer) from Bob Archer (a designer from Lewisburg, Oregon, USA), requesting an image of St Kew for a parishioner of the St Anne Orthodox Christian Church who had taken St Kew as her patron saint. As there was no individual image of St Kew, the St Kew History Society Archivist Kim Appleby immediately took a photograph, which was forwarded to Bob. He was able to create an icon, and sent us this photograph which shows Lillian, with the icons, and her god parents.



The Puzzle Page

Codeword

10	21	17	8	20	23		21	26	5	4		2
21		1		8		25		1		26		1
19		21	6	4	1	18		1	21	15	1	24
19		24		26		26		6		8		4
	19	1	24	5		22	21	24	5	4	26	11
13				1		13				22		26
21	2	9	21	6	21		1	16	16	1	5	1
2		1				21		21				6
21	11	1	17	1	24	24		22	21	2	1	
26		5		10		7		5		1		2
11	17	4	6	1		1	3	18	21	17		8
18		26		22		12		21		21		21
1		11	21	5	1		16	17	21	14	1	26

Sudoku

			8		2			
5								1
		6		5		3		
		9		1		8		
1								2
			9		7			
	6	1		3		7	8	
	5						4	
	7	2		4		1	5	

Word Square

O	V	F
I	T	R
A	E	U

How many words of 4 letters or more can you find?

No proper nouns are allowed and the the centre letter must be used in each word. There are 45 words listed in the solution, which includes **1 nine letter** word to find.

1	2	3	4	5	6	7	8	9	10	11	12	13
												H
14	15	16	17	18	19	20	21	22	23	24	25	26
	V	F										

A snippet from Sproull Solicitors' blog:

'According to the latest figures released by the Land Registry, there is one road in Cornwall where the average house price is more than £1.7m. More than 60 properties sold for six figure sums in 2018.

The most expensive street in Cornwall, according to 2018 figures, is Peden Moran in St Mawes where the average price is £1,725,000. The second most expensive street is Treverbyn Road in Padstow where the average price is £892,500.

Lower Lux Street in Liskeard brings up the rear as the least expensive road in the County with an average price of £59,725.

Looking across the rest of the country, the most expensive street in England and Wales in 2018 was Grosvenor Court in Belgravia, London, where the average price is £33.1m. There are also 1,246 streets in England and Wales where the average price was £1m or more, slightly down on 2017 and 2016.

For the statisticians amongst you, averages for each road are based on the median of all sale prices in 2018 and streets with fewer than three sales are excluded'.

For Sproull contact details please see their advert.



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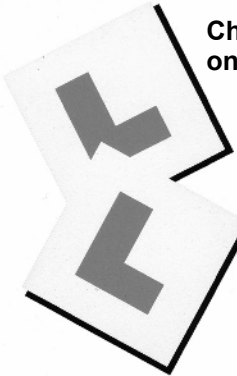
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13th – 21st April

46th St Endellion Easter Music Festival

The Easter Festival will start on 13th April with a Come and Sing the Duruflé Requiem.

Over the next 9 days there will be the opportunity to enjoy the rich mix of choral and orchestral and

chamber music that characterises these wonderful festivals.

Particular features will be the world première of Oliver Tarney's St Mark Passion, an inspiring renditions of Mozart's C Minor Mass and Shostakovich's 9th Symphony under the batons of David Watkin and Adam Hickox.

See further details and how to book on www.endellionfestivals.org.uk.

**St Kew Highway Community Hall
ANNUAL GENERAL MEETING**

to be held on

**Wednesday 24th April 2018 at 7.30pm
In the Community Hall**

You are cordially invited to the above meeting. All residents of St Kew Parish, aged 18 and above are entitled to attend and vote at the Annual General Meeting.

Please come along and enjoy a glass of wine and other refreshments and have your say about what you want from **YOUR** village hall and select the people you want to run it.

All the members of the management committee retire from office at the end of the meeting and a new board of trustees elected by you takes over.

Younger members of the community are also very welcome to attend and may stand for election onto the management committee to advise what the younger residents of the community would like to happen at the hall for them.

St Kew Playing Field Trust

Notice of Annual General Meeting

The AGM of the St Kew Playing Field Trust will take place on **Thursday 25th April 2019** at 7.30pm in the New Pavilion, St Kew Playing Field.

All Holding Trustees, Managing Trustees and Committee Members should attend. All facility users, partners & associates, along with any members of the public, local parish and surrounding area are invited to attend. The purpose of this AGM is to re-establish all trustees, elect a managing committee, present annual accounts and to give and receive feedback on the last 12 months.

The future of the Playing Field Trust and all it means to the local community, suggestions for future development and the future-proofing of the St Kew Playing Field is important to us all. So, pay a visit, have your say, join us and contribute to our aspirations.

ALL ARE WELCOME

Puzzle page solutions

9	7	2	6	4	8	1	5	3
3	5	8	1	7	9	2	4	6
4	6	1	2	3	5	7	8	9
8	3	5	9	2	7	6	1	4
1	4	7	3	8	6	5	9	2
6	2	9	5	1	4	8	3	7
2	9	6	4	5	1	3	7	8
5	8	4	7	6	3	9	2	1
7	1	3	8	9	2	4	6	5

Sudoku

Fate, fate, feat, fort, fret, jota, raft, rate, riff, riot, rite, rota, rote, rout, tare, tear, tier, tire, tora, tore, tour, trio, true, tufa, turf, veto, vote, after, avert, forte, fruit, irate, orate, outer, ovate, over, ratio, refit, rivet, route, trove, voter, virtue, furtive, FAVOURITE.

Word Square

E	N	X	A	L	F	E	G	A	T	E	E	N
A	A	A	A	W	C	N	U					
O	L	A	U	Q	E	D	E	L	I	D	E	G
R	E	T	K	J	T	J	N					
E	A	R	E	C	A	R	E	S	S	E	L	E
D	A	A	A	A	E		R					
E	E	T	E	F	F	E	A	D	A	A	R	M
N	C	H	E				H					
G	I	N	G	C	A	S	T	I	N	G	Z	E
I	O	D	N	N	N	S	Z					
S	E	A	V	E	U	E	A	D	I	E	A	Z
E	N	E	B	O	E	O	E	A				
R	I	A	N	T	I	P	Y	A	L	O	P	R

Codeword

GILL'S RECIPE OF THE MONTH

Hot Cross Scones - a lovely Easter treat.

Makes 8. Takes 15 minutes to make, and 15 minutes to bake.

Ingredients

- 225g self raising flour, plus a little extra for dusting.
- 75g butter, softened.
- 40g light muscovado sugar.
- 75g small sultanas.
- 50g mixed peel.
- 4 tbsp milk, plus extra for brushing.
- 50g plain flour.
- 2 tbsp caster sugar.
- 1tsp mixed spice.
- 1 egg.

Method

- Pre-heat the oven to 220 °c, gas 7.
- Sift the flour into a large bowl. Rub in the butter with the finger tips and then stir in the muscovado sugar, sultanas, peel and spice.

- In a jug, beat together the egg, milk and a pinch of salt. Pour into the flour mixture and bring together to make a soft dough.
- Roll out the dough, no thinner than 2cm.
- Using a 4cm cutter, stamp out rounds without twisting. Re-roll the trimmings and stamp out more. Place on a baking sheet and brush with milk.
- Make the crosses by mixing together the plain flour and 1-2 tablespoons water and roll to a smooth dough.
- Roll out and cut into thin strips. Put a cross on the top of each scone, brush with milk, then bake for 15 minutes until well risen and golden.
- For the glaze, dissolve the caster sugar in 2 tablespoons of water. Brush the tops of the scones with the mixture as soon as they come out of the oven.
- Cool slightly on a rack and eat whilst still warm split and spread with butter, or leave to cool and serve with jam and clotted cream.

St Kew Highway Methodist Church

The church are looking for someone to help them out.

Their organist is leaving the area and they are looking for someone to play the organ on Sunday mornings from 9.30 to 10.30 am.

If there is anyone who can help, or needs more information, please phone Marion Dingle on 01208 841388.



Souper Lunch

At the Souper Lunch on 15th March we collected £70.67, which was for the Shelter Box "Tent for Lent" project.

WG

Dementia Aware Wadebridge 2019 "Sharing Helpful Actions"



Following on from the success of the first conference in 2018 this event provides the opportunity for all interested parties to come together

to share experiences to enable Wadebridge to become even more Dementia Aware and Memory Friendly.

This conference is reaching out to local organisations, care providers, carers, and those living with dementia to explore the helpful actions that we can all be doing to make a big difference to people living with memory loss.

Dementia Aware Wadebridge 2019 "Sharing Helpful Actions" is taking place on Tuesday 9th April 2019, from 9.30am to 4.00pm at the John Betjeman Centre, Wadebridge.

Speakers will be sharing information on approaches that are helpful including the use of the natural environment, research underpinning helpful approaches, the things that social enterprises and retailers are doing to help. To involve as many participants as possible the Conference is free to attend.

To book a place, please use:
www.eventbrite.co.uk/e/dementia-aware-wadebridge-2019-sharing-helpful-actions-tickets-54401684904, or phone Sandra on 07706 056308.

Pilates Classes in North Cornwall

St Kew Community Hall

Mondays 14.30 & 16.00 - Tuesdays - 13.15 - 14.30



What does Pilates do?

- Targets the deep core stabilising muscles, improving balance and co-ordination
- Improves muscle tone, strength and joint mobility
- Improves posture, alignment and overall body awareness
- Corrects muscle imbalances and encourages pain-free movement

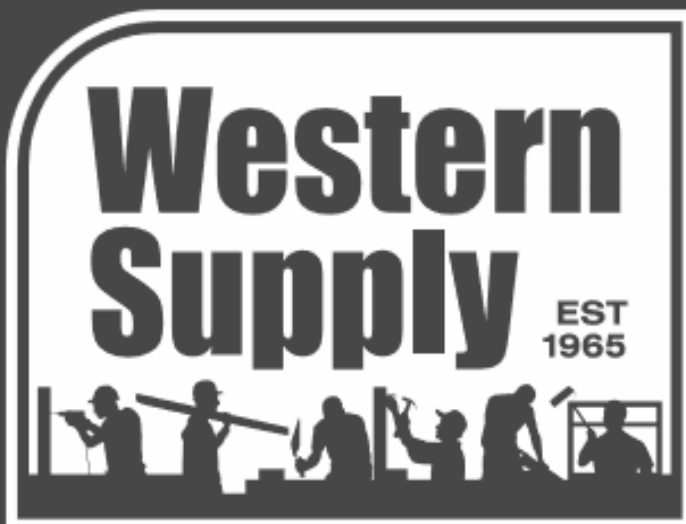
How do the classes work?

- Classes are limited to a maximum of 12 people. Small classes mean you receive good personal attention and ensure you are performing the exercises safely, and correctly.
- Classes are progressive and operate on a school term basis
- All equipment required is provided.



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LEST WE FORGET

April 2019

The Commonwealth War Graves Commission (CWGC).

This month it is the 70th Anniversary of the death of the person who brought the CWGC into being. Fabian Arthur Goulstone Ware was born at Clifton, Bristol on 17 June 1869 and, *inter alia*, became a school master, Director of Education for the Transvaal, and Editor of the *Morning Post*.

In the Great War he commanded a mobile unit of the British Red Cross serving with the French army. His unit's task was to search for British wounded and missing in the district which had been over-run by the Germans during the retreat from Mons, and to convey them back to British lines or to a British base.

He soon recognised the need both to locate and record the graves of soldiers killed in action. In 1915 the War Office officially recognised his registration commission and, in 1917, by Royal Charter, the Imperial War Graves Commission (IWGC) - later the Commonwealth War Graves Commission - was charged with undertaking the reburial of the fallen soldiers of Britain and her empire in permanent cemeteries.

At the end of the war there was the enormous task of recording the details of the dead. By 1918 some 587,000 graves had been identified and a further 559,000 casualties were registered as having no known graves.

Fabian Ware devoted his time exclusively to the Commission throughout the 1920s and 1930s. He was knighted in 1922. During the second world war he combined his IWGC duties with those of Director-General of graves registration and inquiries.

Sir Fabian Ware died on 28 April 1949 in Branwood House Hospital, Gloucester, and is buried in the Holy Trinity Churchyard, Amberley, Gloucestershire. His grave has a CWGC style headstone.

To quote A.J.A. Morris in his book on Major-General Sir Fabian Arthur Goulstone Ware: "It was Ware's inspiration, imagination, dedication, and determination combined with considerable diplomatic skill and political finesse that ensured that throughout the world there are cemeteries, quiet, dignified, immaculately maintained, welcomingly familiar in the guise of English gardens, providing a permanent and fitting reminder of the individual's sacrifice made by British and dominion service personnel in two world wars.



William





ST KEW GARDENING CLUB

AGM

The AGM of the association will be on Monday the 15th of April, at 7.30pm in the Community Hall, St Kew Highway.

Where the St Kew Garden Show will be discussed, and we will also discuss the winding-up of the Gardening Club. Would all members of the club, and anyone who is interested please attend.

stkewgardenignclub@hotmail.com, or phone the Chairman on 01208 880007

RG

Events outside our Parish

Regular events at St Endellion

Endelienta Poetry Group, Book Club and Family Make Club. Please visit the website (see below), or phone or email for details.

March

30th - 5th April Boscastle walking week.
31st Pencarrow House, shop and cafe open for the season.

More information about these events can be found on the following websites:

endelienta.org.uk

pencarrow.co.uk

visitboscastle.com/events/boscastle-walking-week-2

Please let us know about any events you are aware of outside our area that our readers might be interested in.

KEEP BRITAIN TIDY.

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HELP CLEAN YOUR LOCAL BEACH & PROTECT OUR OCEANS

JUST TURN-UP TO JOIN IN. ALL EQUIPMENT IS PROVIDED UNDER 18'S TO BE ACCOMPANIED BY AN ADULT

ALL START AT 09.30AM MEET IN MAIN CAR PARK
APART FROM MARCH & SEPTEMBER 3PM START TO MEET AT THE MARINE CENTRE

JANUARY WED 9	JULY FRI 12
FEBRUARY FRI 8	AUGUST WED 14
MARCH SAT 09 (3PM)	SEPTEMBER SAT 21 (3PM)
APRIL THURS 11	OCTOBER THURS 17
MAY FRI 10	NOVEMBER FRI 15
JUNE SAT 08	DECEMBER SAT 21

For more information please contact nickdpickles@googlemail.com

Beach Care | South West Water | SHARP'S | KEEP BRITAIN TIDY.

Pieces of Eight needs you....

Drum roll please... This year we will be celebrating the 250th edition of Pieces of Eight!

We are only a few editions away from our 250th (numbered) edition and we're planning a special issue to mark the event. We would love to hear from anyone involved in the magazine over the years, especially the editors from the early years, and previous incarnations, so we can help make this a very special anniversary.

Personal Column

Do you have a birth, birthday, engagement, marriage, significant anniversary, or perhaps a family bereavement that you would like to record in these pages? We are hoping to start a personal column for you to let everyone know.

As always, please contact us by email at stkewmag@gmail.com or give me a ring. We'd love to hear from you.

Nicky

Don't Forget....

British Summer Time starts at 01.00am on Sunday, 31 March. Don't forget to put clocks forward 1 hour!

BST ends at 02.00am on Sunday 27 October.



ST KEW HIGHWAY METHODIST CHURCH

Services held in the Community Hall at 9.30am.

Preachers for March

31st Rev'd Michael White (Mothering Sunday)

Preachers for April

7th Church Fellowship

14th Rev'd Alistair Sharp (Palm Sunday)

21st Rev'd Sally Long
Communion (Easter Sunday)

28th Rev'd Michael White

Catholic Church Services

Wadebridge

St Michael's Church
Tel:01208 72833
Mass Sundays 8.30am
Confessions
Friday 10.30-11.00am

Tintagel

St Paul The Apostle
Tel:01840 770663
Mass Mon-Thur 10am
Fri & Sat 6pm
Sunday 10.00am
Confessions:
Before/after Mass.
Other times on request.

Wadebridge Christian Centre

Molesworth Street, Wadebridge. Tel 01208 813110,
wadebridgechristiancentre.org

We are a lively, active, family church where everyone is welcome. We have a crèche and Sunday school, and all our children's workers are DBS checked.

AN EARLY EASTER MESSAGE

'Early, on the first day of the week, **while it was still dark**, Mary Magdalene came to the tomb.'

...while it was still dark - a reminder that Resurrection comes, not, as the saying is 'out of a clear blue sky' but out of **darkness**; out of the darkness of the night; out of the darkness of despair, out of the darkness of sorrow, pain, abandonment and grief. And even more astonishingly, Resurrection comes out of the darkness of death.

We've only to look at Easter cards to see that Easter is most often illustrated as a festival of the morning - with bright sunshine, flowers and lambs frolicking - and there's nothing wrong with this, for the visible return of Spring raises all our spirits.

But we need also to be aware that the natural symbolism of Spring may so dominate the Easter celebrations that the Easter message may lose its radical character, its cutting edge.

For the reality we experience in the natural world is death and decay - while Easter proclaims the oppo-



St James the Great at St Kew

Calendar for April

Sun 7th *Lent 5, Passion Sunday.* 9.30am, Holy Communion with Rev Dr Elizabeth Wild and David Elliott.

Sun 14th *Palm Sunday.* 9.30am, All age Service of Worship.

Fri 19th *Good Friday.* 10.30am, All Age Passion Play.

Sun 21st *Easter Day.* 9.30am, Holy Communion with Preb Prof Andrew Lewis.

Sun 28th *Easter 2.* 9.30am, All Age Service of Worship.

Calendar for May

Sun 5th *Easter 3.* 9.30am, Holy Communion with Canon Judith Pollinger.

site; Out of desolation and despair, out of wickedness and cruelty, out of the anguish and agony of the cross comes victory. In raising Christ from the dead, God has done a totally new thing, has performed an act of new Creation.

Here indeed is good news and especially today for those who're experiencing illness, pain and sorrow; those of our sisters and brothers who are at this moment being nailed to the cross in places of famine, conflict and natural disaster in our world; it's good news for those for all who're mourning the death of dear ones, whether of lives cut short by illness or combat; it's good news for all who are experiencing human cruelty, oppression and injustice.

For the God of Easter is the God who shares in human suffering, who in Christ Jesus has drunk to the full the cup of suffering and drained it to its dregs. Good news indeed!

Judith Pollinger



How our Foodbank helps our community

As a nation, we don't expect anyone to be left hungry or destitute. There may be many reasons why someone can find themselves in crisis; illness, disability, family breakdown or the loss of a job can happen to any one of us.

Food Donations

We receive kind donations from local schools, churches, businesses, organisation and individuals. The impact of a donation is huge, we see first-hand how it can help restore dignity and revive hope.

Food is sorted and stored

We have around 30+ volunteers who give up their time to sort the food and make food boxes. They also provide a free hot drink, a listening ear and additional support where needed to help break the cycle of poverty.

Professionals identify people in need.

So how does it work? Our Foodbanks work with a variety of professional services who hold our Red Vouchers, such as social workers, schools, doctors, housing officers, health visitors, Children's Centres, mental health workers or Citizens Advice to name a few. If you are not in contact with anyone, we can signpost you so that we know that you will get the best possible support with your specific crisis. Our Foodbanks are committed to providing people with 3 days' worth of nutritionally balanced food, in exchange for a foodbank voucher.

A Fisherman's Story...

Spring in Cornwall sounds wonderful. People spend time in our wonderful county but living and working here can be a challenge. Last Spring, after a harsh spell of relentless wind and rain and the 'Beast from the East' the foodbank had a visit from a very reluctant customer. He was a fisherman who had been going to sea since he was 12 years old. He lived in a tiny fisherman's cottage

but even that was proving too expensive to heat. When the weather took a turn for the worse, the fishing boats were unable to get out to sea. By the time he plucked up courage to come to us he hadn't eaten for days, had run out of money for light, heat and cooking and in his words couldn't understand how he had been 'reduced to this'. We sat together, had a cup of tea, a chat and talked things over.

Thanks to local people helping their community, we sent him off with food and hygiene products for him and food for his dog. The following week he came back to see us and seemed a different man. He had a spring in his step and was pleased to say a skipper had called him to say they would be going to sea at the end of the week.

If you would like to donate, we are in need of long-life fruit juice, rice, toiletries, toilet rolls, washing-up liquid, washing powder and household cleaning items (no bleach please).

Additional Help

Emergency food is the first step in helping many people access other services and support which can help get their lives back on track. We are currently working with Cornwall Housing and Eccabi as part of the European Social Fund Programme running the FREE Money Box courses which help with confidence building, budgeting and managing finances. Please do not hesitate to contact us if you'd like further information about this.

Tickets are on sale for our Camping Weekend at Mother Ivey's Holiday Park from the 14th-16th June:

£30 for an electric pitch and £26 for a non-electric pitch.

Wadebridge Foodbank, Unit 2 Trevanson Street, Wadebridge PL27 7AR Tel. 01208 815374
Registered Charity No. 1166301
Email: contact@wadebridgefoodbank.org
Website: www.wadebridgefoodbank.org



In March we held our Annual General Meeting and a few changes have been made within our Committee.

We have been very grateful to Audrey who has been our Treasurer for 8 years and so we accepted her resignation after her sterling service. She was presented with a flowering planter. The new committee begins with the start of our new programme.

Alison Gill - President
Becky Allen - Secretary
Frances Eggins - Treasurer
Committee Members - Audrey Copus, Brenda Peter and Steph Thomas.

On Wednesday 10th April we are holding a bowling evening.

We have just celebrated our 97th birthday and would really like to make it to our 100th ! But we would love to see new members.

We always have a variety of speakers - Trading Standards on Scams (something that can happen to anyone of us!). A guided walk in Fowey following the interesting speaker last year, plus a Beach Clean in July.

Last month some visitors came and they said what a lovely friendly group we are. We are mixed ages, not all retired and not all into crafts. Always something for everyone and always tasty refreshments!

We meet on the 2nd Wednesday of every month - check in the Pieces of Eight for the latest information, or see our Facebook page.

AG

Events Diary - April

- 3rd 'Good Morning Cafe', St Kew Ace Academy, 8.45 -11.00am.
Bellringing practice, 7.30 - 9.00pm.
- 4th Chair Aerobics, Community Hall, 2.00pm.
- 10th Tea and Cake, Community Hall, 1.30 - 3.30pm
- 10th Bellringing practice, 7.30 - 9.00pm.
- 17th Bellringing practice, 7.30 - 9.00pm
- 24th 'Good Morning Cafe', St Kew Ace Academy, 8.45 -11.00am.
- 24th Bellringing practice, 7.30 - 9.00pm.
- 25th Chair Aerobics, Community Hall, 2.00pm.
- 26th Souper Lunch, Community Hall, 12.30pm.

News from St Kew Parish Hall

Our annual Spring Fair and coffee morning will take place on 11th May starting at 10.30am.

Do come and get a bargain. The plant stall is always very special.

Kathy

To book the hall, please contact Leanne Sproull on 01208 841808.

The Regal in Wadebridge

Tel: 01208 812791

www.wtwcinemas.co.uk



April

- 5th Missing Link
Shazam!
- 8th Wonder Park
- 19th Red Joan
- 25th Avengers: Endgame

Live Screenings

Book on-line or contact cinema.

Tues 2nd 'La Forza del Destino'. Royal Opera House, 6.15pm.

Thurs 11th 'All About Eve'. NT, live, 7.00pm.

Weds 17th 'As You Like It'. RSC, live, 7.00pm.

Tues 30th 'Faust'. Royal Opera House, 6.45pm.

Recycling

Recycling takes place on a variety of days in the same week within the parish. Recycling collections are in the weeks beginning 8th & 22nd April.

Please see the Cornwall Council website for full details.

ST KEW HIGHWAY COMMUNITY HALL ONGOING EVENTS

(Registered Charity No 294140)

- | | | | |
|---------------|---|-----------------|---------------|
| Sun: | Methodist Church Service | Marion Dingle | 01208 841388 |
| Mon: | Yoga 10.30am | Fiona Crompton | 01208 851735 |
| | Pilates 2.30pm - 5.15pm | Martin Brooks | 07812 959 879 |
| Tue | Pilates 1.15pm-2.30pm | Martin Brooks | 07812 959 879 |
| Wed: | 1st, 3rd and 5th in month -
West Country Embroiderers 10am - 3pm | Pat Scarborough | 01841 521323 |
| | 1st in month - St Kew Playing Field Trust | | 7.00pm |
| | 2nd in month - St Kew WI | Becky Allen | 01208 841798 |
| | 3rd in month- Gardening Club | Richard Godden | 7.30pm |
| Thurs: | Chair Aerobics | Pat | 01208 841260 |
| | | | 2pm |

SOUPER LUNCH

Our next Souper Lunch will take place on Friday 26th April at 12.30 in the St Kew Highway Community Hall.

We get together to share a bowl of home-made soup and to chat to neighbours and friends.



Do come along and see for yourselves!

**IMPORTANT : BEFORE ARRANGING YOUR EVENT AT THE HALL
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Parish Council News

Chairman: Cllr J Lethbridge

Clerk: Cindy Powell,

Rockhurst, Trethburgy, St Austell, PL26 8YF

Email: clerk@stkewparish.org.uk



The Parish Council meets in the Parish Hall, St Kew Churchtown at 7.00pm on the second Tuesday of each month. Members of the public are welcome to attend and address the meeting on any subject of concern.

St Kew Parish Council Meeting, held on Tuesday 12th March at 7.00 pm in the Parish Hall.

Present: Chairman J Lethbridge, Vice Chairman A Godden, Councillors J Rowe, B Finmore, J Rickard, T Mott, P Bishop and R Godden, Cornwall Councillor Stephen Knightley and 2 members of the public.

Councillor S Knightley informed the meeting that the Cornwall Council budget was set at 3.9% increase on last year.

The council has had complaints of parking at the junction of Tretawn Terrace and Trelill Road at St Kew Highway, making it difficult to exit the junction. We should all be reminded that it is an offence to park within 10 metres or 32 feet of a junction. No one wants to see yellow lines in St Kew Highway, so can we all respect the law and park considerately.

The parish council is considering making a Parish Plan and will invite an expert to the annual meeting on the 14th May. A Parish Plan deals with what people want to see in the parish and can limit the type and quantity of development that takes place. If any one is interested in what happens in St Kew Parish, please attend the meeting in the Parish Hall.

I see many people walking around the roads of St Kew, we have many public footpaths that you can walk, some with stunning views. All you need is a good pair of shoes or boots and a OS Pathfinder map to explore our beautiful parish.

Planning Applications

PA19/01161 - Trevathan Farm shop and Tea room. Extend dining area.

Recommend approval

Planning decisions by Cornwall Council

PA18/11255 - Mr & Mrs Pennington, Menhay, Pendoggett. Revised plans.

Approved

PA18/05446 - Ms C Hill, The Bothy, Hendra Lane. Certificate of lawfulness as a dwelling house.

Approved

PA18/00005 - Mr R Harris land North of Pendethys, Trelill. Outline planning for a single dwelling.

Approved

RG



PLANT SALE Cakes & Produce

Saturday 5th May at the
Community Hall St Kew
Highway,
starts 10.30



**Come and Join
Rainbows**

What we do Making friends Outdoor activities Badges and skills crafts and cooking	Tuesdays 5pm - 6.30pm 1st St Minver Rainbows Trewint Lane, PL27 6LU Girls aged 5-7
--	--

How to Join
Go to www.girlguiding.org/join-us
Tel: 07872381680
Find us on Facebook: 1st St Minver Rainbows



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Manor

TICKETS:
01208 612221
www.pengenna.co.uk



NEW
DINING
EVENT!

Sunday Lunch Club

Sunday 28th April at 1pm

Join us and guest chefs The Round Kitchen for a fantastic Sunday lunch with a difference! Come together with neighbours and friends old and new to enjoy great food and feast together at this private venue.

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Old Custom House, Padstow
The Little Gin Shack, Wadebridge
Padstow Farm Shop, Padstow
Trebetherick Stores, Trebetherick
St Tudy Community Shop, St Tudy
Bin Two, Padstow
Ark, Atlantic Highway A39
Port Gaverne Hotel, Pilchards Café
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St Mabyn Inn, St Mabyn

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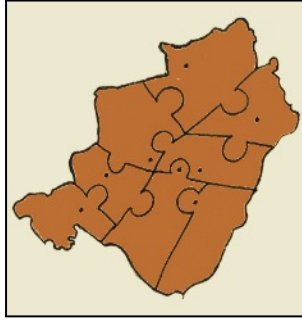
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Website: www.cornisharmspendoggett.co.uk We are also on facebook.

Pieces of Eight



April 2018, Issue 239

News, views and issues from: Chapel Amble, Pendoggett, St Kew, St Kew Highway, Trelill, Tregellist, Trequite, Trewethern

Email: stkewmag@gmail.com



Fieldfare Photograph by Glynis Evans

Fieldfares and Redwings are winter visitors from Scandinavia. Fieldfares love apples, but Redwings prefer berries. These two thrushes are easily distinguishable from each other, however Redwings can be confused with the Song Thrush, whilst the Fieldfare is similar in size and appearance to the Mistle Thrush.



Redwing Photograph by David Balmford

Peacock Butterfly

Photographed by David Balmford on 13th March.

Maybe Spring is just around the corner after all. Or possibly not, as we've since had more snow and cold weather!



Many thanks to our keen-eyed photographers, keep them coming!

Your free guide to news and events within and around St Kew Parish

Welcome to Pieces of Eight

We are a free independent community magazine, published ten times a year (not January and August) covering local news, views and events in the St Kew parish area. Volunteers produce, edit and distribute the magazine to every household in the area, and to all the local churches, shops and pubs. We do hope you enjoy reading it.

We would love to hear from our readers - articles, letters, suggestions and other contributions are always welcome. Please see our contact details below.

There is also an on-line edition hosted by the Parish Council which can be found at www.stkewparish.org.uk/PO8.html. (*We are very grateful to the Parish Council for allowing us to use their site*).

EDITORIAL

Welcome to the April edition of the magazine.

Steve was rather optimistic last month talking about spring! No sooner had the magazines arrived from the printer and we'd bagged them up to take to our loyal distributors, than it was snowing on the south coast while we still had sunshine. Luckily I delivered all my bags that day as how our weather changed in the next 24 hours!

Our lane, which is on a hill, went very quiet except for the the odd tractor going past. Unfortunately our under-floor heating decided it needed a 'rest' - not the best time to choose but the log-burner warmed the downstairs up and by the following afternoon the heating was working again - very strange.

Last month we had several interesting articles arrive in our in-box, so please keep them coming.

We've also received a lovely email from Australia about last month's Pendoggett blacksmiths' trough article. I've included it along with a follow-up article from William.

I do hope you read Juliet's article about litter in our lanes last month. She has followed this up with another article this month, and the Parish Council have agreed to consider organising a litter-picking day. Let's all get behind this great initiative to help keep our Parish tidy.

Nicky

The Editorial Team:

Philippa Harkness - Children's page & History
Steve Liddiard - Advertising Manager & Treasurer
David Penhale - Events & Poet in Residence
Nicky Pickard - Main editor who puts the magazine together, assisted by husband Mike.

*PoE is printed by Parish Magazine Printing,
Northmoor, Whitstone, Holsworthy, Devon, EX22 6TD.
www.communitymagazineprinting.co.uk
01288 341617*

Contacting the Editorial Team

We can be contacted by email at stkewmag@gmail.com. Please use this address for **ALL** correspondence, the in-box is checked regularly.

Alternatively you can phone Nicky's mobile - **07813 603776**. Leave a message if you can't get through and she will phone you back.

Advertisers should contact Steve, our Advertising Manager via this email address, putting 'Advertisement' in the subject line. Steve can provide information on advertising costs, space availability, formats, etc.

Copy date for the May issue is:

Monday 16th April.

We aim to get the printed magazine out to our distributors before the beginning of the month of issue. Could all contributors please send us your copy or advertisement as soon as possible, ideally **before** the copy deadline. If your article or advert is going to be late it would be very helpful if you could let us know in advance.

Note to Readers

When responding to an advertisement, **please** mention that you saw it in Pieces of Eight! This shows our advertisers that the magazine is *the* place to reach local customers.

Views expressed in this publication are those of its contributors and do not necessarily reflect those of the Publishers (the management committee) who reserve the right to refuse or alter any material supplied. The magazine does not accept any responsibility for any issues arising from advertisements.

Cornwall Exterior Cleaning



HOMEOWNERS:-

We are a small company specialising in all aspects of external cleaning both for domestic and commercial properties.

We can provide a wide range of cleaning which include gutters, walls, conservatories, paths and driveways.

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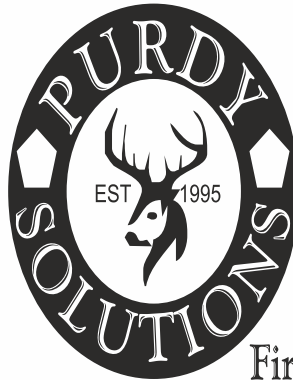
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Please vote for St Kew ACE Academy and Pre-School's project to build an outdoor classroom.

The new pre-school, within the rural village of St Kew, needs local support by voting for a project to create a timber outdoor classroom. Votes can be



cast between 26th March and 8th April via RGB Building Supplies Facebook page, by emailing RGB@pmwco.m.co.uk and putting 'Community Fund –

St Kew' in the subject box, or in the Bodmin store. The grant of £1,000 worth of building materials is part of the Well Built Community Grant provided by RGB Building Supplies that has been running for the past 5 years.

A small but growing group of pre-school children are benefiting from a curriculum at St Kew pre-school where the natural environment plays an essential part of the 3 and 4 year old's daily routine. The range of stimulating learning areas both in the outdoor pre-school and the wider primary school initiate self-motivated learning and give the children a love of the outdoors. We want to enable children to be outdoors whatever the weather by providing a timber outdoor classroom, not just for the pre school, but for the whole school to use all year round.

St Kew ACE Academy and Pre-School are working with Eden Project Garden and Landscape Design students to design a really inspiring outdoor pre-school that not only nurtures a love of nature but facilitates all forms of learning and play outdoors. Once a design has been chosen, the shelter will be part of the first phase of the physical works. To find out more about the pre-school please visit the school website – www.st-kew.cornwall.sch.uk

We are holding a Summer Celebration on Friday 27th April from 9.30am – 12.00pm to celebrate summer being finally on its way and to show visitors the pre-school now and the selected design. Everyone is welcome, no need to book.

Rachel Murray, Head of School at St Kew ACE Academy, said:

"We are passionate about outdoor learning at St Kew and the freedom of an outdoor learning experience, where the children will be able to explore many new learning opportunities, learn to take risks

and use this unique environment to engage in a meaningful way. We hope that this will provide a richly-resourced, natural space where children will be able to develop in all areas of learning. On a typical day in the pre-school, children will participate in the growing of vegetables, cooking over a camp-fire, creativity using natural resources, plus numeracy and phonics activities using the natural environment in a play-based curriculum."

Steve Best, Branch Manager at RGB Bodmin, commented:

"Our Well Built Community Fund continues to prove extremely popular and once again we were inundated with nominations from schools, community groups, projects and charities from the region, so congratulations to the pre-school for being chosen as a finalist. As it's a local branch, we're encouraging people in the area to get involved and vote for them."

Sam Kendall, Eden Project Education Manager, said:

"The Eden Project's charitable mission is to connect people with the living world and with each other. Working with teachers, students, schools and nurseries is a fabulous opportunity for us and we're excited to be working in partnership with St Kew ACE Academy to bring the benefits of outdoor learning and play to the pre-school children there."

About the Atlantic Centre of Excellence Trust:

The Atlantic Centre of Excellence Multi-Academy Trust brings together a family of seven academies; Beacon, Charlestown, St Agnes, St Columb Major, St Columb Minor, St Kew and Upton Cross in a collaborative way, to share, learn from and support each other for the benefit of all. Our aim is to provide both rigorous and effective school improvement and financial stability to ensure that all of our academies continue to provide the very best education in the communities that they serve. Our promise is to do our very best to give each and every ACE pupil the opportunity to reach their full potential.

For further details, please contact Rachel Murray, Head of School, rachelm@st-kew.cornwall.sch.uk Tel: 01208 841306.

About the Eden Project:

The Eden Project is an educational charity. We work on projects, programmes and partnerships to share our mission and ideas with the widest possible audience. Our learning programmes include welcoming nearly 50,000 school visitors to the Eden Project each year, apprenticeship and intern programmes, University-level courses based at Eden with our partners Cornwall College and leadership schemes for business.

The Eden Project. Home of the Eden Trust. Charity No. 1093070

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CHILDREN'S CORNER



EASTER WORD PUZZLE

Find and circle these words:

Easter
Decorate
Basket
Flowers

Bunny
Paint
Chocolate
Primroses

Egg
Sunday
Crème Egg
Sunshine

Hunt
April
Holiday
Beach

D	E	C	O	R	A	T	E	N	M	U	H	C*	G	R	E	W	B	U	O
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I	O	S	U*	N	S	H	I	N	E	N	B	V	C	X	Z	D	S	E	B
P	H	G	J	I	C	H	O	C	O*	L	A	T	E	P	U	V	C	F	Y

The starred letters make up a special yummy phrase.
Can you find it?



12/18

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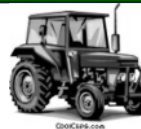
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Letter to the Magazine

Hi. My name is Jim Finnemore and I reside on the Sunshine Coast of Queensland, Australia.

I read with great interest the article in your magazine Pieces of Eight, issue 238, regarding the return and dedication of the Finnemore/Thyer Trough in Pendoggett. My paternal grandfather, James Henry Finnemore was the Blacksmith there at Pendoggett. On behalf of my brother Robert, and sisters Mary and Lillian we would like to thank everyone involved in getting the trough returned to its rightful place, and to the community who attended on the day.

Also a special mention to my cousin Ben Finnemore and his son Locryn for their part in the celebration.

This was very much appreciated by our family here in Australia.

Regards, Jim

Are you ready for Universal Credit?

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If you think Universal Credit will affect you or someone you know, we can offer help and support. We are currently working with Cornwall Housing and Eccabi as part of the European Social Fund running the **FREE Moneybox Courses**. Our next course starts on Friday 20th April 2018 at the Chestnuts Centre in Bodmin.

This is for anyone who is a tenant, unemployed aged 16-64 and it will help people to budget, build their confidence and manage their finances and find out how Universal Credit will affect them. If you would like more details please contact us on 01208 815374 or email:

contact@wadebridgefoodbank.org It's a great way to learn in a relaxed environment.

The Blacksmith's Trough of Pendoggett.

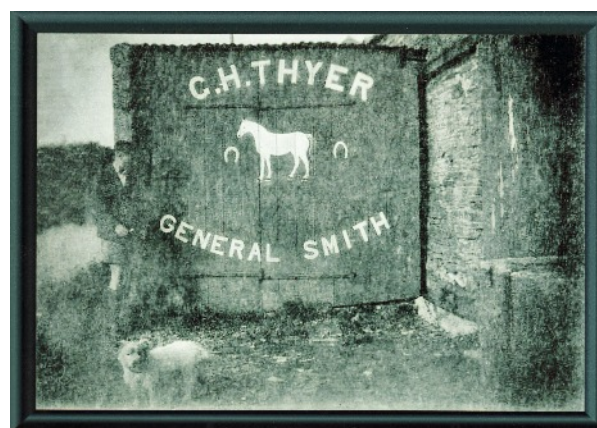
Reference the historically interesting well-written piece by Patrick Mewton in last month's edition, "Historic Village trough returned to Pendoggett". Attached is a photograph of the trough – bottom right in the photograph – when it was in use by George Henry Thyer when he became the village smithy in 1912.

Patrick Mewton, whose family has long connections with Pendoggett, is to be congratulated, together with the other community-minded individuals, on the detective work and persistence in ensuring the trough was returned to where it belongs in Pendoggett.

Not only did he organise the celebration he also got relatives to attend (some are now living in the village) of another Pendoggett smithy James Henry Finnemore.

The original picture is held by Kim Appleby, Archivist of the St Kew History Society. In 1912 the Thyer family were living at "Lydcott",

opposite the Cornish Arms, with the forge and the trough, to the left of the house, now modern homes. Wouldn't it be wonderful if the History Society received more snippets of information, which, through modern technology, can be researched and thus open up the past for the enjoyment of us all. The St Kew History Society is in existence to ensure essential information is not lost. Keep on eye open for their monthly meetings and news.



William



At the **Souper Lunch** today (16th) we raised £91.50 for Fleet. Fleet provide equipment for ambulances in Cornwall - apparently we are the only county that has oxygen in their ambulances, thanks to Fleet.

Philippa

St. Kew Community Gardens Association

The View from the Allotments

..... *getting boring, isn't it?*

I wish I could point to great swathes of land under cultivation and seedlings coming up all over the place but I can't. I don't know how other allotment sites are faring, but this winter's weather seems to have disheartened us all. Every time we have one dry day and think "tomorrow I might tackle the", the next day it's pouring with rain again and all hope of digging or rotavating is gone.

Actually we did make a start about ten days ago and went at it with a will, lifting all the old brassicas, the (very heavy and awkward) maize plants and putting the parsnips into a sort of clamp for storage. We fully intended going round again the next day to carry on the good work, but no luck. Rain again.

We did a little wander round the site yesterday (no rain!) to see that several of our members have actually started to turn over their plots and make use of the excellent manure that we buy from Graham Tiplady. I noticed that a couple of plots have clearly been put under potatoes, as

you can see the mounding up of the rows. Apart from that not much is going on.

We had a check on the greenhouse, which has stood up well to the winds and have decided that weather or no, now is the time to put some seeds in trays and start thinking ahead to the planting.

Tony is getting some special covered seed trays which work without constant watering, which means that we can leave them on their own from time to time. Of course, since the greenhouse is DRY we can get on with that, weather or no. In the meantime we have received our onion sets through the post and I am aiming to get them in well before the end of the month. So we shall have to have at least one small section rotavated and raked over in the next ten days or so, even if we get soaked in the process.

I really hope I can write in a month's time of hard work and RESULTS – keep fingers crossed!

There are still four vacant plots by the way, so do ask if you would like to see them. We plan to have them rotavated too, so they are a much more attractive proposition for prospective tenants. Do please get in touch.

Judith Mott, judithmott@btinternet.com

Bring back the crib bag! (update from a litter-picker)



I'm delighted that the Parish Council is considering an organised litter-pick, and hope as many people get involved (one way or another) as possible.

Perhaps it could count towards volunteering (Duke of Edinburgh participants), community projects (parish organisations – do we have any Brownies or Scouts?), or the lone dog walker that would like to enjoy a plastic-free countryside. If none of these tick your boxes, perhaps a greater commitment to always binning your rubbish; and expecting family/friends to do the same might be your thing. Did you know it takes 12 years for a cigarette butt to disintegrate, and 450 years for a plastic bottle!

One thing I've noticed since litter-picking my local stretch of road is that I have a far greater sense of pride in keeping it litter-free. It doesn't take much effort to stop the car (in a safe spot) or pause on a dog walk, to pick up a lone crisp packet (now known

as pick-it-up-yoga!) This also discourages more litter being flung out of other passing vehicles – somehow rubbish breeds more rubbish: if people see litter on the road they seem to think it absolves them of responsibility for their own litter-louting.

The vast majority of 'fresh litter' I've collected is lunch-on-the-go items (drink cans/bottles, branded coffee cups, crisp and sweet wrappers along with occasional sandwich/pasty/chip bags). I reckon these things have been picked up en-route during the working day, and tossed out of the vehicle window as convenience food is consumed. Works traffic passing through the parish obviously rate the state of their car interior over the countryside, how we educate them I'm unsure. I'm tempted to start a 'bring back the crib bag' campaign so everyone takes their lunch-litter home!

For anyone that's interested, North Hill parish organised a community litter project (details of which can be found at: <http://www.cleancornwall.org/north-hill-parish-community-litter-project.html>) which might be something to strive towards.

Juliet



Parish Council News

Chairman: Cllr John Lethbridge
Clerk: Cindy Powell, 6 Greenhill Villas
Wadebridge PL27 6HN Tel: 01208 815591
Email: clerk@stkewparish.org.uk



The Parish Council meets in the Parish Hall, St Kew Churchtown at 7.30pm on the second Tuesday of each month. Members of the public are welcome to attend and address the meeting on any subject of concern.

St Kew Parish Council Meeting held on Tuesday 12th of December 2017 at 7.30 pm in the Parish hall.

Present: Vice Chairman A Godden, councillors T Mott, R Godden, J Rowe, B Finnemore and J Rickard. Cornwall councillor S Knightly and 3 members of the public were also present. Apologies: J Lethbridge.

Concern was expressed by a member of the public at the vandalism of the new parking sign on the car park at Chapel Amble. The matter has now been reported to the police.

The enforcement department of Cornwall Council was discussed with councillor Knightly and he said he would discuss our concerns with the relevant parties.

The council received a complaint about the amount of litter around the parish. This is an on-going problem, mainly due to people throwing rubbish out of their car windows, **put it in a bag and take it home**. The council will be trying to organise a litter picking day to clear some of the mess. Anyone interested please contact the clerk or any councillor.

It has been decided to have the Annual Parish Meeting on the same night as the AGM of the council which will be on the 8th of May. The Parish Council is still short of two councillors, if anyone is interested in applying to become a member of the council, please contact the clerk.

Planning Applications

PA18/00839

Mrs Craig-Wood, Treharrick Lodge, Pendoggett. New access and parking area.

Recommended approval.

Planning decisions by Cornwall Council.

PA18/0039

Wenrin. Chapel Amble Road.

Approved.

PA17/11938

Penbre, St Teath Road, Trelill.

Approved.

PA17/11669

Lana Vale, St Kew.

Approved.

RG

HIDDEN INDUSTRIAL ARCHAEOLOGY OF ST KEW - A GUIDED WALK AROUND TREGILDRENS QUARRY

Thursday 12th April at 5.00pm

By kind permission of Cornish Tipi Holidays & Weddings, come and explore the largest quarry in the parish (now a peaceful woodland lake) and learn about our earlier mining & railway heritage. This area is not usually open to the general public so now is your chance to see some of the secret historical treasures of St Kew.

We'll be meeting in the meadow car park near the main entrance at 5pm for a guided walk, please wear walking boots or wellies as you'll be on woodland tracks for approximately 1.5 hours.

Everyone welcome: History Society members & children free, non-members £3.

To find Cornish Tipi Holidays & Weddings, the postcode for the main entrance is PL30 3HZ, it's opposite *No Mans Land* cottage on the lane heading north from Trelill towards the B3314 (signposted Delabole at the crossroads north of Trelill). See their website for a location map: www.cornishtipiholidays.co.uk/location. When you arrive, come in under the welcome sign and drive straight into the field in front of you for ample parking. Please check our Facebook page for further photographs and details:

www.facebook.com/StKewHistoricalSociety

Please support this and other events, they are interesting, entertaining and informative.

We need your support to safeguard the future of your Historical Society.

You are all welcome.

ST JAMES THE GREAT CHURCH AT ST KEW

The Annual Parochial Church Meeting will be held in the Parish Hall at 7.30pm on Monday 30th April 2018. All parishioners are welcome to attend.



Allen Valley Singers

As an unknown poet once said, 'The sun is shining, the sun is ris', I wonder where the birdies is'. In fact I know where they are, as the crows have returned to the trees along my Avenue and are busily nesting. After the last weeks of snow and cold and disruption, today is a pleasure, with the sun giving us light and at least the pretence of warmth.

It was the choir AGM this week and this yearly meeting - to discuss the past year and make plans for the future - is important to all members. Fresh input is vital to keep the impetus going and we always welcome new ideas. Also, three new members were welcomed, always a pleasure. Plans were made for the future, including concerts and fund-raising and importantly, songs that we need to keep in our repertoire and new songs to be added. Reports were made by the Chairman, Treasurer and Janette, our Musical Director. The important elections for the Committee for the coming year were short as the present Committee were prepared to stay in office, and we are pleased that Di Prentice is happy to stay as our worthy Chairman - not always the easiest of jobs. We thanked Richard Man for his continuance of the Treasurer role and he was thanked for the clarity of the accounts. Jan and our pianist Steve Tyrrell were thanked heartily for their work during the years and for the standards that they have set for us. It has been a difficult year for both of them in that there have been illnesses and poor weather reducing the choir numbers at times. Jan and Steve have always been there however, in spite of rain and blustery winds and their own coughs and colds and work commitments, and all the fences in life that we have to get over. However the evening is always constructive, cheerful and we go home feeling 'better for going'. We sing well too.

Maybe some would say that the most important element of the evening came after the formal ending

to the meeting, as 'Refreshments' was the last item on the agenda!

Last week, for the first time in maybe twenty years, our MD did not wave her baton for us. Was she in the Bahamas, we asked ourselves? Actually, as a valued Cornish Schools Music Teacher offering singing, dance and instrument training, she was in the Hall for Cornwall with 250 Cornish school children in a corporate concert. Jan's specific portion was 40 children whom she had trained. The evening was a huge success and she was delighted with her group who performed so well.

Whatever the education 'chiefs' feel, in their lofty towers who are, sad to say, far removed from the reality of schools and what is vital to children's & student's lives, music is a necessary element of school life and fulfils a part of life that is essential to us all. Appreciation of music and art is food for the soul and a part of our lives that we should ignore at our peril.

During Jan's unusual absence, thanks to Di, our Chairman, we still went through our breathing paces and sang several songs, aided enormously by Steve our pianist. Thanks to them both.

If you would like to book us for a concert or for a wedding or other important event, or would like to join the choir, please contact our Musical Director Janette Man, Telephone 01208 841784. Join us for an evening to hear our music and to have a chat with Jan. We meet every Tuesday evening from 7.15-8.45 pm at St Kew Highway Community Hall.

All best wishes.

Joyce Hargrave-Wright, Publicity/Reporter

ST JAMES CHURCH – ELECTORAL ROLL 2018 -2019

The Church Electoral Roll is the church's register of electors, which is the list of those qualified to attend and to vote at the Annual Parochial Church Meeting where elections take place for the Parochial Church Council and the parish's representatives on the deanery synod. The system is intended to enable parishioners at every level to be in touch with the Church as a whole and to play their part in decision-making.

Briefly, to be eligible to be placed on the roll, the applicant should be: baptised, at least 16 years old, and a member of the Church of England (CE), or of a church in communion with the CE. There are some other rules too complicated to list here.

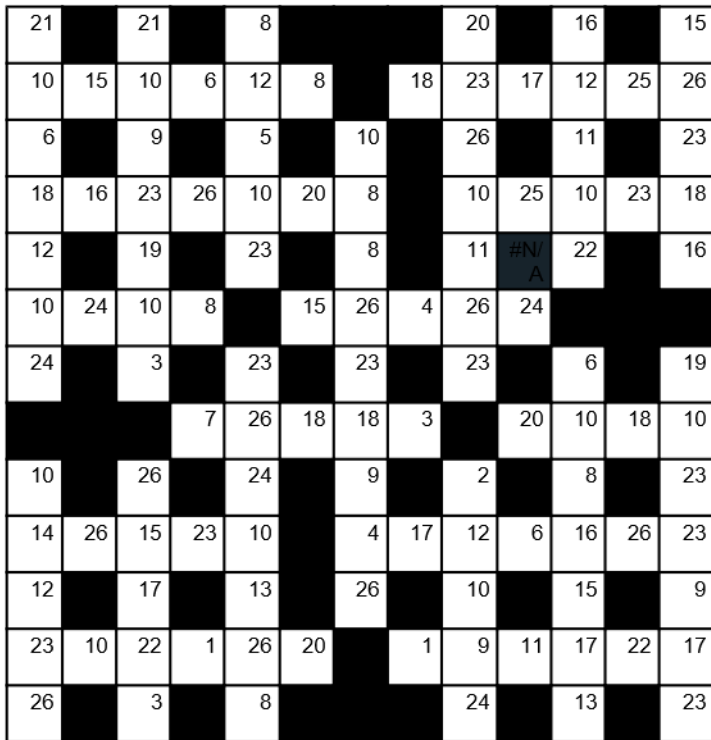
Those parishioners who are on the current list will be accepted for the 2018 list unless they ask to be removed. If there is anyone in the Parish who wishes to be placed on the Church Electoral Roll for the first time should contact Andrew Campbell for a registration form.

It would be appreciated if all completed forms be returned, or left in the church, as soon as possible, certainly before the date of the APCM, which is on Monday 30th April at 7.30pm in the Parish Hall.

*Andrew Campbell
Churchwarden and Church Electoral Roll Officer
01208 841115, or andrew_campbell9@sky.com*

Puzzle Page

codeword



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1			6			4		

nonogram

A	E	O
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How many words of 4 letters or more can you find? You must use the centre letter in each word.

No plurals or proper nouns are allowed. There are 44 listed in the solution which includes 1 nine letter word to find.

1	2	3	4	5	6	7	8	9	10	11	12	13
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14	15	16	17	18	19	20	21	22	23	24	25	26
	B		O									

EVENTS OUTSIDE OUR PARISH

April

Saturday 31st March to Sunday 8th April - Easter Festival at St Endellion.

A feast of choral and orchestral music, featuring Handel's Messiah, Beethoven's 3rd (Eroica) Symphony, and music by Bach, Brahms, Britten, Butterworth, Chopin, Finzi, Holst, Ireland, MacMillan, Mozart, Mendelssohn and Tchaikovsky.

Plus a Festival exhibition at St Endellion Hall: Paintings by Sarah Bryant.

Saturday 31st March: Come & sing the Fauré Requiem: Open to all.

Tickets: £5-£25. For booking details visit www.endellionfestivals.org.uk

Saturday 14th April: 10.00am-3.00pm, Bach and Peacebuilding. The Revd Donald Reeves MBE, an Anglican priest, musician and a former Rector of St James Piccadilly. St Endellion Church. Cost £10.

Regular events at St Endellion: Endelienta Poetry group, Book Club and family Make Club - please visit the website, or phone or email for details.

Wednesday 18th April: Beach Clean at Polzeath beach with Polzeath Marine Conservation Group and National Trust. Meet in the car park at 9.30am. See polzeathmarineconservation.com for details.

May

Saturday 5th May: St Endellion, Joyful Company of singers, 7.30pm. Details on: www.endelienta.org.uk.

SAVE THE DATE

Tuesday 14th August: The St Endellion & St Peter's, Port Isaac Fete in St Endellion Rectory Garden at 2.00 pm.

For Reflective Days please book by contacting judithpollinger262@gmail.com or 01208 880181.

More information can be found on the following websites:

Concerts: endelienta.org.uk. or by email to tickets@endelienta.org.uk or from Wadebridge Bookshop (concert tickets only).



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St Kew Playing Field Trust St Kew Playing Field Trelill Road St Kew Highway

Notice of Annual General Meeting

The AGM of St Kew Playing Field Trust will take place Wednesday 4th April 2018.
Venue: New Pavilion, St Kew Playing Field at 7.30pm.

All Holding Trustees, Managing Trustees and Committee Members should attend.

All facility users, partners, associates and other interested parties, along with any members of the public, local parish and surrounding area are invited to attend.

The purpose of this AGM is to re-establish all trustees, elect the managing committee, present annual accounts and to receive and give feedback of the last 12 months. The future of the Playing Field Trust and all it means to the local community, suggestions for future development and the future-proofing of the St Kew Playing Field is important to us all. So, pay a visit, have your say, join us and contribute to our aspirations.

ALL ARE WELCOME!

GILL'S RECIPE OF THE MONTH

Three Onion Soup *serves 4*

Ingredients

- 4 tablespoons extra virgin olive oil
- 750g red onions, finely sliced
- 340g shallots, finely sliced
- 6 spring onions, chopped
- 3 teaspoons plain flour
- 2 teaspoons mustard powder
- 1.2 litres chicken stock
- 4 sprigs of thyme
- 3 tablespoons Greek natural yoghurt

Method

- Heat the oil in a saucepan, and fry the red onions and shallots for 20 - 30 minutes stirring frequently until golden and caramelised.
- Stir in the flour and mustard, and cook gently for 2 minutes.

- Add the stock and the thyme, and bring to the boil, stirring well.
- Cover and simmer for 30 minutes. Remove from the heat and remove the thyme sprigs.
- Season to taste, and stir in the yoghurt.
- Pour the soup into warmed bowls and scatter with the chopped spring onions.
- Serve with chunks of good crusty bread.

Delicious as a warming supper on a chilly evening.

APRIL

info@redlionstkew.com

01208841271

Red Lion News Flash

MARCH

OPEN MIC
Wednesday 4th
All welcome

EASTER
WEEKEND
OPEN FOR
FOOD and DRINK

SUPPER CLUB
Thursday 19th
FOOD
Small Spring Plates

QUIZ
SUNDAY 29th

*Join us and enjoy an evening of fun to get your minds working
Teams of any number*

APRIL NEWS

SUNDAY BBQ ROAST LUNCH
BOOK NOW

AND **MAD MONDAY** IS BACK!

WHAT'S MAD MONDAY YOU ASK?

A 2 COURSE DINNER FOR ONLY **£12**

CHOOSE A STARTER AND MAIN OR
MAIN AND DESSERT

COME AND JOIN US FOR EASTER

FOR

CHOCOLATE, GREAT FOOD, ALES AND WINES. WE ARE
OPEN FOR LUNCH AND DINNER OVER THE WHOLE OF THE
EASTER WEEKEND

FUN FOR THE KIDS TOO



OR WHY NOT JOIN US
FOR OUR SUNDAY NIGHT
FUN QUIZ

ALL WELCOME TEAMS OF
ANY NUMBER

'KEW & A'

Twenty Questions & Answers

This month: Adam Eddy, owner of Autotec Garage , St Kew Highway.

Childhood Hero: *My dad.*

Hobbies: *Go-Karting.*

Favourite Music: *Pirate FM.*

Favourite Book: *'What You See is What You Get' by Alan Sugar*

Favourite Film: *'Pearl Harbour' (dir. Michael Bay, 2001)*

Favourite TV Programme: *'Top Gear'.*

What's good about living in your village?
The friendliness of the locals.

What would you improve? More for the kids.

I'm very good at.... *Running my business.*

I'm very bad at.... *Finishing a project car.*

A phrase I use too often is.... *'Not a problem'.*

Three people, dead or alive, I'd invite to dinner are.... *Three good chefs!*

I'd like to be stranded on a desert island with....
Someone who can help me get away!.

I'm embarrassed by.... *This form!*

My proudest moment was.... *Becoming a father.*

The best things about Cornwall is... *The beaches, and when it's sunny.*

The worst thing about Cornwall is.... *There's not enough snow.*

Which of our country's laws would you change? *Road Tax.*

An over-rated public figure is.... *Sebastian Vettel (Mel).*

In another life I would be.... *A racing driver.*

St Kew Historical Society AGM 2018

March 8th, 2018 7.00pm

The St Kew Historical Society 9th AGM was held on the above date at St Kew Parish Hall.

With only current committee members present the Chairman's, Treasurer's and Archivist's reports were presented and accepted by all present.

All current members stood for re-election and following thanks for the previous year from President Mr Jim Godden an election for new committee was held.

Without opposition or objections the following committee was therefore elected:

Chairman: Mrs. Sandy Chadwick

Archivist: Ms. Kim Appleby

Secretary: Mr John Raybould

Joint acting treasurers: Kim Appleby and John Raybould

Committee members elected:

Mr Barry Cuff

Mr Thom. Chadwick

Ms. June Bentley

Mrs. Judy Gray.

Life President Mr Jim Godden also serves as committee member and vice chairman.

The proceedings closed at 9.00pm.

Puzzle page solutions

6	2	4	1	5	3	8	9	7
3	9	1	8	7	6	5	4	2
5	7	8	4	9	2	6	3	1
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aloof, also, does, dole, dose, FALSEHOOD, foe, flood, foal, foaled, fold, food, fool, fooled, hold, hole, holed, hood, hoof, hooped, hose, hosed, load, loaf, loated, lode, loofah, loose, lose, seafood, selfhood, shoal, shoaled, shod, shoe, soe, soda, sofa, sold, sole, soled, solo.

Nogram

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28th APR - TOBY'S GARDEN FESTIVAL, EXETER
12th - 13th MAY - WINDSOR HORSE SHOW OR LONDON
22nd MAY - KILLERTON HOUSE & GARDENS
19th JUN - HELFORD RIVER CRUISE
2nd - 6th JUL - LLANDUDNO TOUR
22nd JUL - EXMOUTH SEA CRUISE
4th AUG - COUNTRYFILE LIVE
5th AUG - FESTIVAL OF BRITISH EVENTING
21st AUG - DARTMOOR ZOO
25th - 26th AUG - DORSET STEAM FAIR
31st - 2nd SEP - BURGHLEY HORSE TRIALS

11th SEP - WIDECOMBE FAIR
16th SEP - TOBY'S HARVEST FESTIVAL
27th - 1st OCT - SHROPSHIRE BY COACH, RAIL & CANAL
3rd NOV - BRIDGWATER CARNIVAL
17th NOV - FESTIVAL OF LIGHT @ LONGLEAT
23rd - 26th NOV - TURKEY & TINSEL @ BOURNEMOUTH
24th NOV - CLARKS SHOPPING VILLAGE, STREET
8th DEC - BATH CHRISTMAS MARKET
16th DEC - MOUSEHOLE & ANGARRACK LIGHTS
2019
26th APR - 1st MAY - ISLE OF MAN SPRING TOUR

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- Classes are limited to a maximum of 12 people. Small classes mean you receive good personal attention and ensure you are performing the exercises safely, and correctly.
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ANNIVERSARY OF THE FIRST WORLD WAR (LEST WE FORGET)

March/ April 1918

From The Parish Magazine.

Extract from the Vicar's entry – "... Notwithstanding the severe weather of Easter Day, both our 7 and 8 o'clock celebrations of the Holy Communion (when we especially remembered our absent soldier boys) were well attended, some coming several miles in the wet to make their communion... At this supremely critical moment in the history of our Empire, when the future of humanity hangs in the balance, when our heroic men are courageously holding the line of defence against fearful odds, when thousands are making the great sacrifice, - let us daily beseech the Lord of Hosts to have mercy upon us, and to stretch forth His Arm to help and defend us... The whole day, with its recollections and bright services, brought us very near to those we are thinking much of at the present moment, and made us feel in God's good time the agony of the world's calvary will be followed by the exultant joy of the children of God because of the overthrow of the powers of evil, and the final triumphant purposes of God."

"Easter Vestry Meeting. – Owing to the Vicar, as a member of the V.T.C. [Voluntary Training Corps] being on parade for General Inspection on Easter Monday, the Vestry Meeting is postponed till Friday, 5th inst., at 7.30, when our report and financial statement will be presented."

"Our Day School Children have knitted several pairs of Navy blue socks for Mrs Jackson, who sends them on to Mrs Roy Jackson for distribution to our wounded sailors. The children's work, under Miss Mehennick, is much appreciated."

"A Lecture in the Institute [Every Institute, now a private house] on "War-time and Domestic Cooking" was given by Miss Reece. There was quite a large number present, and some valuable hints and receipts were carried away by those present."

Home Front

Despite the imposition of rationing on the nation, it was reported in the national press that, because the throwing of rice at weddings was not banned, there were reports that groups of youths were going round the churchyards picking up individual grains of rice to feed their chickens.

The British dealt with the rationing with humour. A typical joke was: When the charlady turned up to do her half day, the mistress was a little disconcerted by her smile of welcome. "Why Eliza", she said, "What have you done with your teeth?" "Well, mum", replied the charlady, "We ain't goin' to 'ave anyfin' to chew until the war's over, so I've pawned 'em."

Rationing in Germany was also a problem for the Germans. It is said their system for controlling the food distribution was flawed. Everyone was issued with tickets, but the wealthy bought up supplies on the black market, leaving the poor with nothing but tickets.

Western Front

In their second major offensive, the Germans drove for Ypres and the chance to reach the important channel ports. Depleted British units which had been involved in the fighting the previous month, were stationed on what was seen as a 'quiet sector'. However, under-strength Portuguese troops, who were in the line, suffered heavy casualties when the Germans broke through; therefore, Allied reserves were hastily moved to stem the tide. Since the French did not have any spare troops to send to the British Expeditionary Forces they were on their own. With the Allies under severe threat by the onslaught, the British Commander General Douglas Haig issued a famous order of 11th April: "There is no other course open to us but to fight it out. Every position must be held to the last man; there must be no retirement. With our backs to the wall and believing in the justice of our course each one of us must fight on to the end." On 24th April the very first tank versus tank battle took place when three British tanks faced three German tanks. The British were victors in this historic engagement. The defence against the German offensive, proved resolute and German commanders called off their offensive on 29th April. This was in part due to the bravery of American troops who fought alongside the British in the Battle of Lys. The American Expeditionary Force began to make a difference.

During the fighting, 58613 Driver WJ Penaligon of the Royal Field Artillery with the 39th Division Ammunition Column died 12th April 1918. He is commemorated at the Pozieres Memorial (Panel 7 to 10), in the Parish Church of St Breocke and Egloshayle, as well as on the War Memorials on Egloshayle Road and Coronation Park, Wadebridge, and in the publication "Wadebridge Casualties of The Great War" compiled by Ann Trebilcock. William John Penaligon is mentioned in the St Kew Parish Magazine as being listed at the Thanksgiving Service at St James Church in 1918. His father was William Penaligon, born at Egloshayle in 1865 and was a Quarryman; his mother Barbara was born at St Kew in 1864; they had 5 children: William, Edith, Nicholas, Charles and Alex. They were living at Trevilling Farm, Wadebridge, at the time of William's death.

William John Penaligon married Hilda Amy Long in 1916 and they had a daughter Dorothy; they were living at Pendoggett at the time of his death. Hilda was a sister to Private Douglas S Long (who died 7th March 1917) and is buried in St James Churchyard.

St Kew Highway Community Hall

(Registered Charity No: 294140)

The Community Hall offers a variety of activities for the community, and for all age groups. During the day there is a choice of yoga and pilates, and chair aerobics for the less able. There are also art classes and a thriving Cornish embroidery group. On Tuesday evening the Allen Valley Singers meet and I am sure would welcome new members.

Wednesday evenings are reserved for meetings: the WI, the Gardening Club and the Playing Field group. Once a month there is a Souper lunch which is run by the local church, and every Sunday morning the Methodist church hold services.

These groups would also welcome new members and we could offer more activities if there is anyone who would like to start something new.

The hall is also available for private events such as parties, fund raising, jumble sales, fetes, etc. There is a small committee that supports all these things and we would also welcome newcomers. Come to our AGM and find out more.

Notice of the ANNUAL GENERAL MEETING

To be held on

Wednesday 25th April 2018 at 7.30pm
In the Community Hall

You are cordially invited to the above meeting. All residents of St Kew Parish, aged 18 and above are entitled to attend and vote at the Annual General Meeting.

Please come along and enjoy a glass of wine and other refreshments and have your say about what you want from **YOUR** village hall and select the people you want to run it.

All the members of the management committee retire from office at the end of the meeting and a new board of trustees elected by you takes over.

Younger members of the community are also very welcome to attend and may stand for election onto the management committee to advise what the younger residents of the community would like to happen at the hall for them.

ARE YOU NEW TO OUR PARISH? HAVE YOU BEEN HERE BEFORE?

Do you want to know more about the area you live in, the history of your home, the history of any of the many splendid building and structures in the parish? Have you ever wondered why a place has the unusual name it bears? Would you like to find out more about the history of people of this parish, what they did, how they got here. What about you family history - make use of the facilities at our command for your research. All this and much, much more is available for you to see, get involved in and investigate if you come along to our monthly meetings. Held on the second Thursday of every month except January and August, meetings of the Historical Society are held in St Kew Parish Hall commencing

7.00pm. Speaker evenings start 7.30pm - see adverts in Pieces of Eight and our Facebook page for details. Open evenings start about 8.00pm after committee meetings.

You can join as members for £12.00 per year or pay per speaker/guest evening at £3.00 per person (children free).

Come along for a free taster at our next open evening on Thursday 10th May, give us your e-mail address and be on our mailing list. Check our diary dates in this magazine and/or see our Facebook page:

www.facebook.com/StKewHistoricalSociety/

Please contact me if you want further information
John Raybould - secretary 01208 841682 or 07521 983721

Granada - Holy Thursday

where we clambered up out of the simmering
city,
the jangling crowds and the columns of hooded
penitentes
clutching their lachrymose candles,
away from the sinners shuffling on their calloused
knees
carrying the dead weight of the world on their
shoulders –
on up and away from the procession of giant tottering
Madonnas,
tearful on their rose-covered catafalques,
swaying like precarious blue dolls through an ocean
of mourning –

leaving the cacophony, the dirges below,
ascending the slow hill to the evening Alhambra,

past the luthier's shop, where
row on row of wooden carcasses hung suspended,
incomplete, like baby-coffins,
strung-up, half-finished at Easter-tide,
the shavings curling out onto the street,
flowing like a river of notes
echoing, re-echoing where roses bloom
cascade into fountains
enfolding the gardens in heavenly
music.

David Penhale



ST KEW HIGHWAY METHODIST CHURCH

Services held in the Community Hall at 9.30am.

April

1st Easter Sunday Church Fellowship

8th Rev Sally Long

15th Rev Michael White

22nd Rev Alistair Sharp

29th Rod Harrison

Wadebridge Christian Centre

Molesworth Street, Wadebridge. Tel 01208 813110,
wadebridgechristiancentre.org

We are a lively, active, family church where everyone is welcome. We have a crèche and Sunday school, and all our children's workers are DBS checked.

Catholic Church Services

Wadebridge

St Michael's Church

Tel:01208 72833

Mass Sundays 8.30am

Confessions

Friday 10.30-11.00am

Tintagel

St Paul The Apostle

Tel:01840 770663

Mass Mon-Thur 10am

Fri & Sat 6pm

Sunday 10.00am

Confessions:

Before/after Mass.

Other times on request.

St James the Great at St Kew



Calendar for April

Sun 1st *Easter Day.* 9.30am, Holy Communion with Dr Elizabeth Wild and Ordinand Geraldine Ashton.

Thurs 5th 1.15pm, Concert.

Sun 8th *Easter 2.* 9.30am, All Age service with Marcus Jones.

Sun 15th *Easter 3.* 9.30am, Holy Communion service with Revd Canon Judith Pollinger.

Sun 22nd *Easter 4.* 9.30am, All Age service with Rob Soley.

Sun 29th *Easter 5.* 9.30am, Holy Communion with a Baptism with the Rev Dr Elizabeth Wild.

Mon 30th 7.30pm, Annual Parish Church Meeting in the Parish Hall.

Calendar for May

Sun 6th 9.30am Holy Communion with the Rev Dr Elizabeth Wild.

Thurs 10th *Ascension Day.* 7.00pm, Holy Communion with the Rev Dr Elizabeth Wild.

Easter Foolishness

Easter Day this year falls on April 1st, April Fools' Day. Our God is a God of surprises so this is an opportunity to exploit not an embarrassment to hide! If you get caught out by someone's trick at Easter, don't repine but seize the moment to reflect upon the surprise. Jesus Christ is not always, if ever, what we expect. Even if we think we know what to expect – and Church people are particularly prone to thinking this – he has a habit of catching us unawares, choosing to come at unexpected moments, in the guise of unexpected people. So it is as well to be prepared to find Christ in everyone and anyone, on any occasion. And to expect the unexpected, a call to follow Him.

St Paul thought that the message about Jesus which he preached was foolishness – certainly that it appears foolish to those who cannot or will not understand it. The foolishness of God does not really consist of tricks and surprises. Rather it is God's

overwhelming generosity which appears foolish in human eyes. God's giving and giving, over and over again without stint, even to giving up his Son to die on a cross, seems foolish to us because we are always minded to consider the bottom line. Is it really worth it? Does it offer value-for-money? But such ways of thinking spring from the limitations of our minds. God's endless generosity is indeed challenged by human greed and want of regard for this, his earth, but it is not stifled by our incompetence or unwillingness to engage with him.

This Easter God offers again his love and blessing to all who have the will to accept what he comes to give.

Andrew Lewis



Huge thanks to the Manager and Area Manager of the new Aldi store in Wadebridge who braved the elements during the cold snowy weather to deliver a very generous donation to our Foodbank. They are pictured here with Cherry, our

Foodbank Volunteer. It's great to have such amazing support within our community.

Anonymous Donation

Thank you to the ex-prison officer who was injured at work and gave us an anonymous donation of food.

Also to the people who have donated to us from the homes of their bereaved relatives. Your donations are much appreciated. We provide approximately 1,729 meals per week and with your help we are able to continue supporting people in crisis in our community.

Tickets are selling fast for our Camping Weekend at Mother Ivey's Bay Holiday Park

If you're thinking of booking a mini break this year, we have the perfect holiday destination! We will be holding our Fun Camping Weekend at Mother Ivey's Bay Holiday Park from the **15th-17th June 2018**. **£25 PER CAMPING PITCH FOR THE WHOLE WEEKEND OR £28 FOR A PITCH WITH ELECTRIC HOOK-UP**. Dogs are welcome (at an additional cost of £2 per dog). We're hoping for some lovely warm and sunny weather. Tickets are available from Wadebridge Foodbank (cash or cheque), at Unit 2 Trevanson Street PL27 7AR (opposite Lidl), we're open from 10am-1pm Monday to Thursday. More exciting details to follow.



Wadebridge Foodbank, Unit 2 Trevanson Street, Wadebridge PL27 7AR Tel. 01208 815374
Registered Charity No. 1166301
Email: contact@wadebridgefoodbank.org
Website: www.wadebridgefoodbank.org



We held our Annual General Meeting on Wednesday 14th March and we listened to the reports from our committee members which outlined the busy year that we had. We had held

a cake sale down on the garage forecourt - part of the Cornwall Hospice Cake Bake. Also we raised money for the Grenfell Tower Disaster Fund.

We invited Reduce Plastics in Wadebridge to come along and speak to us at our AGM and this was very informative. They told us about the two strands of their campaign - to get rid of plastic straws and also to use refill points rather than buying more bottles of water. There are currently 4 points in Wadebridge and they were able to tell us that in Polzeath there are businesses which are joining in with this and also the village have purchased water fountain/taps for public use.

The WI nationally have been trying to fight to lessen plastic soup - we have seen this on our own coastline but some of this is OUR fault, we may use washing powder and then the manmade clothing that we all

wear will be agitated when washed and particles will end up in the water system.

So we are hoping to encourage the village to support us with this. We are planning a programme of events for the whole village - watch out for our posters and exciting events.

On 11th April we have our first meeting of our new year and we have Emma Scott coming from Mellingey Mill Willow Centre, she will be showing us how to make a willow bird feeder - there will be a charge for this and if anyone would like to come along as a visitor on that night then please let us know so that we can make sure Emma has enough supplies - 01208 841798.

Why not come along - we are a very mixed age group from 20 right up to 80 and although this will be a practical night, some of us never do any craft and very few of us make jam! And usually we don't sing Jerusalem!!

Alison



ST KEW GARDENING CLUB

The club held the Bee talk evening on the 21st March. We had a very interesting and enlightening talk from Heather and Eddie from the Porteath Bee Centre. There is a lot more to bees

than I think we all knew. The next meeting, on the 18th April, will be our AGM. Everyone is welcome, especially new members. Membership is only £2.00 per year. The annual plant sale will be on 5th May in the Community Hall at 10.30am.

RG

Events Diary - April

- 4th 'Tea and Toast', Parish Hall, 9-11.00am
Bellringing practice, 7.30-9.00pm.
- 11th 'Tea and Toast', Parish Hall, 9-11.00am
WI, Community Hall, 7.00pm
Bellringing practice, 7.30-9.00pm
- 12th History Society, Parish Hall, 7.30pm
- 18th 'Tea and Toast' Parish Hall, 9-11.00am
Bellringing practice, 7.30-9.00pm
Gardening Club, Community Hall 7.30pm
- 19th Chair aerobics, Community Hall, 2.00pm
- 20th Souper Lunch, Community Hall, 12.30pm
- 25th 'Tea and Toast', Parish Hall, 9-11.00am
Bellringing practice, 7.30-9.00pm
- 26th Chair aerobics, Community Hall, 2.00pm
- 29th Quiz at The Red Lion, 8.00pm
- May
- 5th Plant sale, Community Hall, 10.30am
- 12th Spring Fair Parish Hall, 10.30am

News from St Kew Parish Hall

Our next fund-raiser will be the Spring Fair and coffee morning to be held on 12th May, starting at 10.30am.

There will be a plant stall, cakes for sale, bric-a-brac and games. Put the date in your diary.

Kathy

To book the hall, please contact Joanna Pratt on 01208 841420.

The Regal in Wadebridge

Tel: 01208 812791



April

- 13th Rampage
- 20th The Guernsey Literary & Potato Peel Society
- 27th Avengers: Infinity War

Please check our website for the next Autism friendly screening - watch newly released films with friends and family in an inclusive environment.

Live Screenings: book online or contact the Cinema

- 4th 'Macbeth' Royal Opera House, Live, 7.15pm
- 11th 'Macbeth' RSC Stratford, (Christopher Eccleston & Niamh Cusack) 7.00pm

Please ring or check our website for more details
www.wtwcinemas.co.uk

Recycling

Recycling takes place on a variety of days in the same week within the parish. Recycling collections are in the weeks beginning 9th and 23rd April.

ST KEW HIGHWAY COMMUNITY HALL ONGOING EVENTS

(Registered Charity No 294140)

- | | | | |
|---------------|---|-----------------|---------------|
| Sun: | Methodist Church Service | Marion Dingle | 01208 841388 |
| Mon: | Yoga 10.30am | Fiona Crompton | 01208 851735 |
| | Pilates 2.30pm - 5.15pm | Martin Brooks | 07812 959 879 |
| Tues: | Allen Valley Singers 7.15pm - 9pm | Janette Man | 01208 841784 |
| | Pilates 1.15pm-2.30pm | Martin Brooks | 07812 959 879 |
| Wed: | 1st, 3rd and 5th in month - | | |
| | West Country Embroiderers 10am - 3pm | Pat Scarborough | 01841 521323 |
| | 1st in month - St Kew Playing Field Trust | | 7.00pm |
| | 2nd in month - St Kew WI 7pm | Becky Allen | 01208 841798 |
| | 3rd in month- Gardening Club 7.30pm | Richard Godden | |
| Thurs: | Chair Aerobics 2pm | Pat | 01208 841260 |

**IMPORTANT : BEFORE ARRANGING YOUR EVENT AT THE HALL
CHECK AVAILABILITY AND BOOK WITH SHIRLEY ROWE 01208 841257**

Souper Lunch

Our next Souper Lunch will take place on Friday 20th April at 12.30 in the St Kew Highway Community Hall.

You are all very welcome. We enjoy a bowl of home-made soup together, have a nice chat and raise some money for a good cause.





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Many people are reluctant to make wills. It is a common mistake to think your nearest and dearest will "get it all." We are here to help, talk to Sproull.

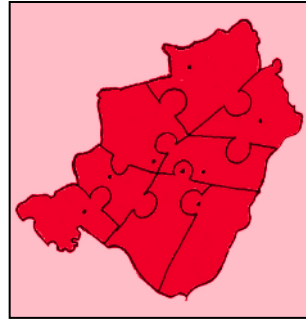
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Pieces of Eight



April 2020, Issue 258

News, views and issues from: Chapel Amble, Pendoggett, St Kew, St Kew Highway, Trelill, Tregellist, Trequite, Trewethern

Email: stkewmag@gmail.com



A Goldfinch in the garden

Photograph kindly sent in by David Balmford.

Your free guide to news and events within and around St Kew Parish

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DIARY DATES

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SUPPER CLUB Thursday April 16th 7.30pm

SUNDAY NIGHT QUIZ Sunday April 26th 8.00pm

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Monday through to Saturday
5.30 to 10.00pm
Sunday
12.00 midday to 4.00pm

IMPORTANT INFORMATION FOR OUR READERS

As we go to press it is likely that all the events and meetings advertised in this month's Pieces of Eight will be cancelled due to the coronavirus pandemic. Where we have definite information we have noted this.

We do plan to produce Pieces of Eight for May (and hopefully in subsequent months too) but as an editorial team our overriding priority will be the welfare and safety of our distributors. If a distributor is unable to deliver their round we will try our best to make alternative arrangements but if this isn't possible we will leave copies of the magazine at both the Spar shop and Aunt Avicé. If you don't receive a copy through the door please pick one up there, and perhaps for friends and neighbours too.

We hope we can continue with as many of our regular features as we can, but with no events or meetings happening Pieces of Eight will have rather a lot of space to fill. We thought it would be good if we could fill the gaps with more light-hearted material to help cheer us all up. Ideas so far include extra puzzle pages, more recipes - especially simple ones for store cupboard ingredients, tips to help combat boredom, ideas for remoter places to visit for fresh air & exercise, exercises that can be done indoors or in the garden, and more activities for children to do at home. We won't be able to do this all on our own so we would ask all our readers to send us things we can use - any articles, jokes, puzzles, recipes, reminiscences, photographs, funny stories from facebook - anything that has nothing to do with coronavirus. Please help!

The most important thing is that everyone stays safe and healthy by following Government & NHS advice, and please remember to help neighbours who need it in whatever way you can, especially the elderly and those living alone.

Who knows what the next couple of months will bring, but on the whole, we are still a lot better off than many people in our World. Hopefully the weeks and months ahead will bring some better news and we can start to return to some sort of normality.

With our best wishes.

Nicky, Philippa, Steve, David and Mike.

Contacting the Editorial Team

The Editorial Team are:

Philippa Harkness - Children's page & History
Steve Liddiard - Advertising Manager & Treasurer
David Penhale - Events & Poet in Residence
Nicky Pickard - Main editor who puts the magazine together, assisted by husband Mike.

We can be contacted by email at stkewmag@gmail.com. Please use this address for **ALL** correspondence, the in-box is checked regularly. Alternatively you can phone Nicky's mobile - **07813 603776**. Leave a message if you can't get through and she will phone you back. Advertisers should contact Steve, our Advertising Manager via this email address, putting 'Advertisement' in the subject line. Steve can provide information on advertising costs, space availability, formats, etc.

PoE is printed for us by Parish Magazine Printing, Northmoor, Whitstone, Holsworthy, Devon, EX22 6TD.
www.communitymagazineprinting.co.uk,
01288 341617

Copy date for the May issue is:

Friday 17th April

We aim to get the printed magazine out to our distributors before the beginning of the month of issue. **Please could all contributors send us copy or advertisements as soon as possible, and before the copy deadline.** If your article or advert is going to be late it would be very helpful if you could let us know in advance.

Note to Readers

When responding to an advertisement, **please** mention that you saw it in Pieces of Eight. This shows our advertisers that the magazine is **the** place to reach local customers.

The magazine does not accept any responsibility for any issues arising from advertisements.

Views expressed in this publication are those of its contributors and do not necessarily reflect those of the Publishers (the management committee) who reserve the right to refuse or alter any material supplied.

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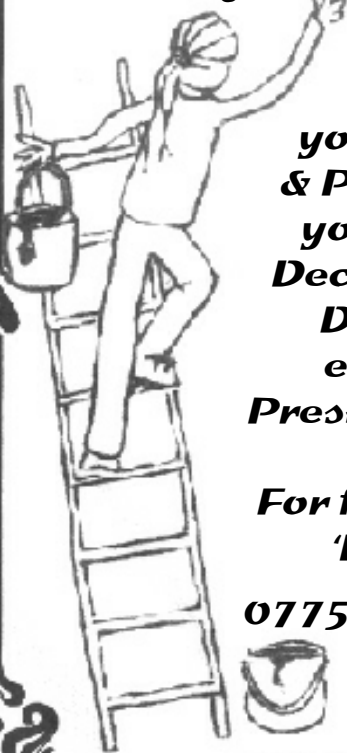
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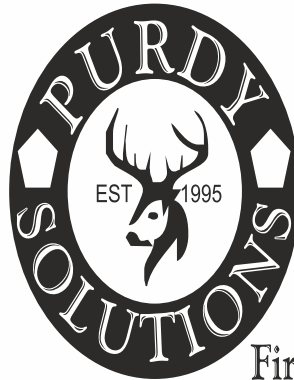


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St. Kew Community Gardens Association

The View from the Allotments and again I'm struggling for positive things to say!

I went up there yesterday to make sure that the plants we have in the greenhouse were OK and noticed to my delight that ONE of the purple sprouting plants I had left in disgust in the ground was actually in full "bloom", if that's what you call the purple sprigs. More than enough for two good meals and more to come! Hurrah, we have our own produce again to add to the leeks which are sadly depleting – probably enough to last into April but no more than that.

Some of our newcomers at the site are putting us to shame. There are new sheds, neatly laid out beds, surrounded by wooden beams, patches dug over and so on. And these were plots which looked neglected and forlorn before they were taken over. Well done to our new neighbours and can you please encourage us to do likewise!

I've been doing a bit of gentle tidying-up though, and I am just waiting for the ground to dry out, so that we can strim and rotavate. I've cleared around the vines and the raspberry canes and at least I can

see where they are. I just had a look at the weather forecast on my tablet and it looks as though we might (just might) have eight or ten days of dry and sunny weather, which should change our attitude to gardening altogether. The trouble with all this wind is that, even if it's dry for a couple of hours, it feels too miserable and uncomfortable to do anything. Sorry – I'm off whinging again!

However – I am reliably informed (my tablet!) that the week beginning 16 March is going to be fine and dry for days at a time! So if I don't have a positive and active and busy article for next month's magazine, the Editors can sack me. (*Good try but that wont happen! ..Ed*). After all, I seem to have written paragraphs of nothing for the past four months you're all probably getting fed up.

(I'm going to ask Tony to make me a compilation tape of sunshine – you know, "Mr. Blue Sky", "Good, Day Sunshine", not to mention "I can see clearly now, the rain has gone. It's gonna be a bright, bright, bright sunshiny day" etc.) On which note, I'll sign off.

Judith Mott, judithmott@btinternet.com,
Tel.: 01208 841312



St Kew Garden Association

The Garden Club's plant sale is to be held on the **Saturday the 2nd May**. This sale raises funds to stage the annual garden show so we need a good stock of plants to sell on the day.

Anyone who has surplus plants or feel they can donate some bedding plants to help the cause please contact either Richard Godden on 01208 880007 or Sheila Shergold on 01208 851241.

Collection of plants can be arranged.

Art exhibition at St Endellion showcases local talent

During March, visitors to St Endellion enjoyed an outstanding new exhibition in the recently rebuilt hall. The 4th Endelienta Open Exhibition bought together artworks by 24 artists from Cornwall and Devon.

The new hall at St Endellion now makes it easier to add visual arts into the mix, this latest exhibition being a good example. The 'Endelienta Open' is a fundraiser - submitting artists paid a small entry fee and had the chance to be crowned winner or runner-up.

Those accolades were this year won by Ley Roberts (winner) for her etching 'Byway', and by runners-up Sara Owen (with 'Dawn') and David Penhale (with 'Cornish Window: White Boat on Grey Table').

Speaking on behalf of the judging panel, exhibition organiser Peter Ursem summarised Ley Roberts' works as '*powerful yet delicate, and highly accomplished in their appliance of etching techniques.*' Information on all Endelienta events can be found on www.endelienta.org.uk.



Peter Ursem (organiser)

Questions from a Grumpy Old Woman....(2)

Judith Mott's article in February's edition obviously struck a chord with a number of readers. Here's the last?

Of your complaints about the abuse of the English language:

Here is another GOW laying down the law with rules from 1950's English Grammar classes, if I remember correctly.

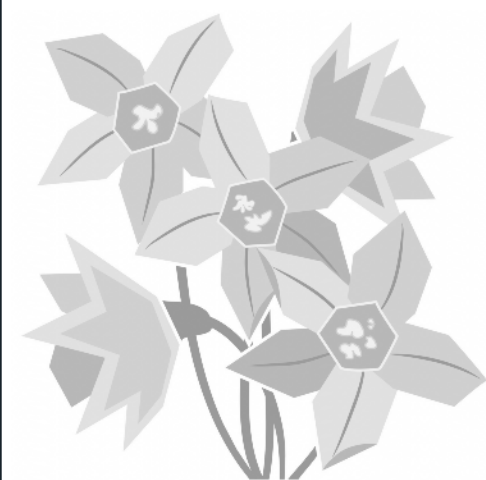
Singular nouns take singular verbs.

Collective nouns are counted as singular. Therefore, members of the team are...but the team is
Similarly, the family is

And another thing: split infinitives are abhorrent.

How's this for a teaser?
It could be 'better to understand' or 'to understand better'... but surely not 'to better understand' unless I had better understand, or else.....

Victoria Grand



Thank you William

The Editorial team wish to thank William Garland for his tireless support of the magazine over the years, as a contributor and distributor.

He's finally hung up his delivery bags we are hoping that we have found his replacements. Yes, we need more than one to cover his rounds.

So thank you William and we wish you a speedy recovery.

Thank You *Nicky and the Editorial Team*

Friends of Pencarrow

We are delighted to welcome local Cornish Olympic champion, Annie Vernon, to Pencarrow House on Thursday April 16th at 7.15pm.
Tickets £10.00 each.

Join us for an entertaining talk from Annie about her rise to become an Olympic Champion, and the trials and challenges she encountered along the way.

She was born in Truro in 1982, went to St Minver primary school & Wadebridge school and then on to Cambridge University to study History.

She didn't start rowing until she was 17 years old, but by 2004 she had already come 3rd in the under 23 World championships!

Now Annie is an author - her first book was called 'Mind Games', which is about the psychology of elite sport.

She is also a sports writer and commentator, an accomplished speaker, and adviser on how to apply the mindset and skills of an elite sports person to the world of business.

Copies of her latest book, 'Lose, lose and lose again', will be available for signing.

Contact: Rita. on 01840 213499
or email austen160@btinternet.com

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Friends support the restoration and educational aims of Pencarrow, which has been the home of the Molesworth family since 1603 and is open to the public from Easter to the end of September.

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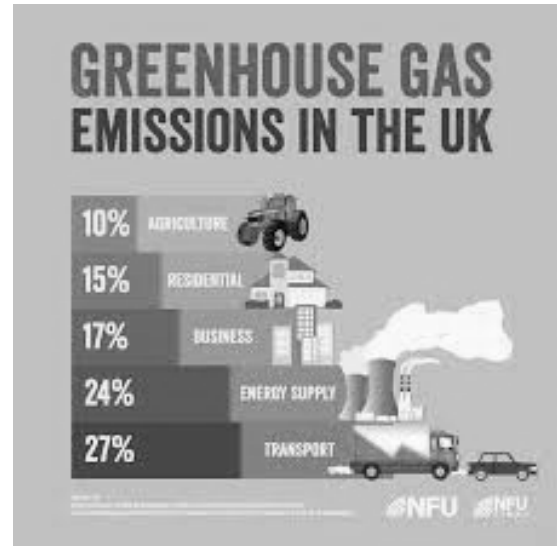
FARMER JULES

Farmer Jules is back, with a refreshed outlook! Rather than solely following the farming cycles, I'm hoping to balance various political hot potatoes; and endeavour to provide some food for thought.

The world's environment, the increase in alternative diets and national food security are all directly associated with farming. Most reports seem to me unbalanced, leaving non-agriculturists with only half the story; which is where Farmer Jules comes back into play.

Don't yawn, 'dull' isn't my middle name quite yet... I recently attended Cornwall Food and Farming Group's Climate Change Conference. Cornwall Council is aspiring for the county to be carbon neutral by 2030, the National Farmers Union is aiming for agriculture to be net zero by 2040; while the government has set a target for the UK to become net zero by 2050.

Highlight speaker of the day for me was Becky Willson from Duchy College (of Ag). I've come across her a few times over the last 10 years, and she's as enthusiastic about her work as I am about Devon cattle! She was the driving force behind development of the farm Crap App (making the most of livestock dung as fertiliser whilst eliminating wastage into the environment, therefore reducing dependence on artificial fertiliser). It seems Becky's other big project - the Farm Carbon Cutting Tool - has been evolving well and is the only farm carbon calculator that takes sequestration* into account. This is needed to give a true reflection of a farm's position, and as far as I'm concerned: a figure without this is top heavy and rather meaningless.



*Sequestration is the absorption of carbon from the air by pasture, hedgerows and woodland. The opposite of realising carbon from the ground when cultivations such as ploughing is carried out; hence 'min-till' (minimum tillage) has become fashionable in the last decade - reducing emissions by direct drilling crops. This takes new skills to be successful though, crop establishment in an over-seeding situation can be tricky.

Measuring a farm's carbon footprint has a range of benefits: from identifying obvious inefficiencies, which then gives clarity to prioritising improvements (it probably needs to be an annual exercise for comparison); to providing buyers with a product carbon figure to be able to sell commodities (milk processing companies are now building this requirement into contracts), and having factual evidence to demonstrate British agriculture is actually the guardian of vast swathes of the environment.

Next month Farmer Jules is reckoning to participate in some myth-busting!

ST JAMES THE GREAT AT ST KEW CHURCH

ELECTORAL ROLL 2020 - 2021

The Church Electoral Roll is the church's register of electors, which is the list of those qualified to attend and to vote at the Annual Parochial Church Meeting (APCM) where elections take place for the Parochial Church Council (PCC) and the parish's representatives on the deanery synod. The system is intended to enable parishioners at every level to be in touch with the church as a whole and to play their part in decision-making.

Briefly, to be eligible to be placed on the roll, the applicant should be: baptised, at least 16 years old, a member of the Church of England (CE), or of a church in communion with the CE therewith resi-

dence in the parish, or not being resident in the parish to have habitually attended public worship in the parish during a period during a period of 6 months prior to enrolment.

Those parishioners who are on the current list will be accepted for the 2020 list unless they have not habitually attended worship as described above. If there is anyone in the Parish who wishes to be placed on the Church Electoral Roll for the first time should contact William Garland for a registration form. It would be appreciated if all completed forms be returned, or left in the church, as soon as possible - certainly before the date of the APCM, which is on Thursday 27th April at 7.30 pm in the Parish Hall.

William Garland

Church Electoral Roll Officer
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10th APR	CHER TRIBUTE, EXMOUTH	10th JULY	HAMPTON CT & KEW GDNS (2 days 1 night)
17th APR	EXETER RACES & '80 MUSIC NIGHT	17th JULY	BROOMHILL GDNS & BARNSTAPLE MKT
20th APR	EDINBURGH & DURHAM TOUR (7 days & 6 nights)	8th AUG	TAUNTON FLOWER SHOW
26th APR	PAR MARKET	9th AUG	GATCOMBE
2nd MAY	TOBY'S GARDEN FESTIVAL	29th AUG	GREAT DORSET STEAM FAIR (2 days 1 night)
9th MAY	BADMINTON HORSE TRIALS	4th SEP	BURGHLEY HORSE TRIALS (3 days 2 nights)
28th MAY	EXMOUTH-TORQUAY/BRIXHAM CRUISE	8th SEP	WIDECOMBE COUNTRY FAIR
3rd JUNE	AGATHA CHRISTIE'S GREENWAY HSE	18th SEP	BLenheim PALACE HORSE TRIALS
13th JUNE	FALMOUTH INT SEA SHANTY & REGATTA	19th SEP	PLYMOUTH MAYFLOWER MUSTER
20th JUNE	CORNWALL @ WAR & RAF MUSEUM	28th SEP	VISIT KENT (5 days & 4 nights)

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St Kew Playing Field Trust

St Kew Playing Field

Trelill Road

St Kew Highway

Notice of Annual General Meeting

The AGM of St Kew Playing Field Trust will take place

Wednesday 29th April 2020

Venue- New Pavilion- St Kew Playing Field 7.30pm

All Holding Trustees, Managing Trustees and Committee Members Should Attend

All Facility Users, Partners, Associates and interested parties along with any members of the public, local parish and surrounding area invited to attend

The Purpose of this AGM is to re-establish all trustees, elect managing committee, present annual accounts and to receive and give feedback of the last 12 months.

The future of the Playing Field Trust and all it means to the local community, suggestions for future development and the future proofing of the St Kew Playing Field is important to us all.

So: pay a visit, have your say, join us and contribute to our aspirations

ALL ARE WELCOME

'PIECES OF EIGHT' POETRY COMPETITION 2019-20

(kindly sponsored by *Wadebridge Bookshop*)

'And the winner is.....'

Following last year's success, we are now proud to announce the Winner of our Second Poetry Competition:

Richard Man, for his poem '**Seasoning**'.

This year we received a number of poems, ranging in subject matter from Brexit (and the various emotions surrounding departure), through to Nature in all its variety.

It is from the latter group of poems that one in particular stood out, both for its imagery and the careful handling of the passing of time. Its ambiguous title teases the reader into considering the process of gradual growth to fruition, and subsequent cropping.

The four-stanza form also neatly mirrors the four seasons.

Again, we wish to thank *Wadebridge Bookshop* for sponsoring us with the **Prize of a £15 Book voucher** redeemable at their bookshop.

David

'Seasoning'

In the fullness of time,
No standing still,
Bursting forth and waving
At all this March-light saving
And the turn of April
Not yet here.

What a spring!
Showered and flowered,
We took our time,
Letting all our pollen free
Free to the wind,
Free to the bees.

Bright seed swelling summer
With all its drying, harvest,
No chance to stop,
Scythe sharp,
We cut our crop.
Before the threshing began,
We wasted no time.

Deep asleep and cosy, rime
Hard churned ground; jacketed
We are, snuggled-dark beneath
The quilt of winter,
The cold obliuator of time.

Richard Man

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All the news and highlights from the top of the hill! Don't forget, you can keep up with all the school antics in our monthly newsletters, published on our website: www.st-kew.cornwall.sch.uk

As we draw closer to the end of the 'short' Spring Term, we have welcomed Miss Taylor back from...

... Uganda!

We are very fortunate to be a part of the British Council's Connecting Classrooms programme. This meant that we have re-established our partnership with Yona Okoth School and are focusing on the sustainable development goals. On 9th February and over half term, seven teachers from schools



within Kernow Learning visited Uganda to strengthen links with our schools. During the trip, they visited seven schools in Uganda and were welcomed with open arms. Miss Taylor met with Federes, at Yona Okoth, who will be joining us at St Kew in June, for a short visit. She

was able to experience the curriculum followed and the challenges they face in teaching in Uganda. Some classes had as many as 200 children! The teachers are creative in their teaching and use outside space where possible, just like we do at St Kew! The children in Uganda are resilient learners who love to be at school despite the fact that many walk over an hour to get to school, and due to the food shortages a significant amount do not eat at all until their evening meal. The barriers to learning were very clear, it is extremely difficult to learn when a child's basic needs are not being met. Nevertheless, they were full of smiles and curious to meet the teachers. The children enjoyed writing replies to the postcards that our children at St Kew had



written and our classes are delighted with the replies. The teachers and students work hard in growing crops to feed the children and often these crops are damaged or eaten by animals because they lack protection, so they are working on raising funds to build a fence to surround these areas. This project will help support the sustainable development goal 2: Zero Hunger. Miss Taylor has been busy sharing her stories and photos with the children and teachers over the last few weeks.

Sport Ability

Sheldon, Kayden, Kyeson and Aaron represented the school fantastically well at last month's Sport Ability' event at the Wadebridge leisure centre. They took part in many different activities including trampolining, boccia and 'curling'. You can imagine the excitement when they spied the bouncy castle and so they came back to school with huge smiles as well as a medal each!



Outdoor Spaces Project

We were thoroughly excited to see the beginning stages of the groundworks project finish after the half term break. We are delighted to see the 'Jungle' and 'Meadow' areas start to take form and you can see from the photos below, the beautiful ramp leading down to the 'Jungle' space. We are looking forward to seeing the safety surfacing laid and the rest of this project come to fruition.




Exciting Times for our pupils ahead!

RM



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Souper Lunch

Our April Souper Lunch will take place on Friday 17th at 12.30 in the St Kew Highway Community Hall. We will have home-made soup, rolls and various puddings.

Do come and join in!

No charge, but any donations will go to the charity we choose on the day. Last month we raised £90 for Tent for Lent at Shelterbox.

This is likely to be cancelled like March's lunch.



Hatha Yoga
 for mixed levels

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 @ St Kew Highway, Community Hall

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☎ 07540 838267 📱 @humancompass 📷 humancompassyoga

Ya Gorra Larf

At this time laughing seems to be the last thing anybody wants to do, but I do feel the nationwide lack of toilet paper has to be worth a small giggle. One of the first things said to be short at all the supermarkets was the ubiquitous toilet roll.

Remember the war years? I do – I'm old. My father would spend a peaceful hour, maybe more, every Sunday morning sitting on the loo armed with the past week's news papers. There he would patiently read all the bits he might have missed throughout the week. He would then carefully cut the newspaper into manageable sized sheets, hang them on a sharp butcher's hook suspended on a piece of stout string from a powerful nail in the wall.

PERFECT! What more could one need? Eat you heart out Mr Andrex and Mrs Cushelle. One drawback to newsprint however is the need to rub it well between one's fists to soften it and then finding the ink adhering to one's nether regions. The ink then transferred to one's underwear but as my knickers were navy blue it didn't worry me. (The tabloids were the worst!).

So long ago!



Self-isolating David & Betty Balmford.

The Puzzle Page

Codeword

8	10	7	15		6	2	13	5	4	2	13	
10		2		12		23		22		1		7
13	5	14	17	2		2	22	12	9	26	5	16
15		16		7				2				2
19	18	10	19	15	5	14		6	9	5	23	2
		7		26		5				22		21
7	20	5		3	19	23	2	9		12	10	24
10		26				5		10		19		
25	10	13	13	24		14	26	22	21	16	2	11
25				2				12		19		2
5	13	25	16	19	22	2		16	5	13	2	13
11		2		7		1		2		14		26
	23	2	7	15	5	1	2		12	2	19	13

25

1	2	3	4	5	6	7	8	9	10	11	12	13
14	15	16	17	18	19	20	21	22	23	24	25	26
				Q						Y		

Sudoku

					1	4		
9		8		5				2
	4		9				3	
		2		1			8	
	1		7		6	9		
5								3
	7		8					
						2		5
		1		3				

MB

Word Square

O	A	R
C	R	N
V	I	E

How many words of 4 letters or more can you find? No proper nouns or plurals are allowed, and the centre letter must be used in each word. There are 66 words listed in the solution this month, which includes **1 nine letter** word to find.



Our Annual General Meeting was held on Wednesday 11 March at St Kew Highway Community Hall, Jane Mills, County Advisor attended. She was interested to hear about the variety of speakers and activities we had enjoyed over the last 12 months. Our committee were re-elected and were thanked for the work that they do to provide a friendly meeting and interesting programme of events. The committee provided a light supper, it was delicious! Many congratulations to Audrey, she won the cup for the Competitions and also the Mabel Kalbfel Cup for the Flower of the month - she will have a lot of polishing to do over the next 12 months!

We hope that you are enjoying the daffodils on the approach to the village from Wadebridge - even though it took months to get through the paperwork, we are delighted with the colourful display and hope you are too.

In April we meet on Wednesday 8th at 7pm. We will be having a meeting to let you know about the Hedgehog Project - if you are interested in promoting the hedgehog community in our village then please come along and find out more.

Our programme for the next 12 months is filling up - local Gouda cheese manufacturer, charity - Mary's Meals, crochet workshop and a session of massage, just to give you a taste. Come along and join us - we have three new members this year and we are delighted to welcome them.

Alison
01208 841469



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From Scott Mann

It is important to me that my constituents receive up to date information concerning the outbreak, and I will be posting updates from the Government and NHS on my website and on my Facebook page. Information for the public on the outbreak of coronavirus, including the current situation in the UK, and information about the virus and its symptoms is available on the Government's website.



Bell Ringing

For any enquiries please phone Ken Godden on 07968 481520, or message us on our Facebook page.

Please note, evening bell ringing practices have started again. These are held every Wednesday evening from 7.30 - 9.00pm.

Gemma

Churches - STOP PRESS

In light of the Government guidance around non-essential contact, the Archbishops of Canterbury and York have issued advice that public worship is suspended until further notice. Our churches will be open for private prayer but with no public worship services taking place.

We are establishing resources online for all those who would like spiritual support and guidance. Our facebook group is a space where people who are unable to get to church can chat together, share updates and ask for prayer. We will be sharing videos, prayers and other resources in this group to help people worship from home, and we hope to share recorded services to replace regular Sunday worship.

The address is:
<https://www.facebook.com/groups/northcornwallcluster>.

You need an online facebook account to join. If you are not sure how, ask a relative or neighbour, or alternatively get in touch with Rev Rose. Please also check our website for regular updates: www.northcornwallclusterofchurches.org.uk.

We can also deliver hard copies of spiritual resources which may be helpful.

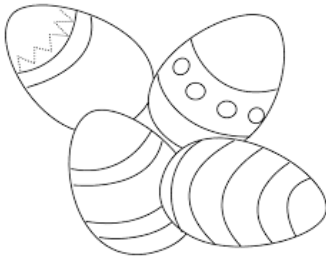
We are offering pastoral support and prayer by telephone, and we may be able to help in practical ways as well. Contact Rev Elizabeth if you want to know more.

Please be assured of our prayers for our whole community and especially those who are most vulnerable.

Rev Elizabeth Wild 07758 407661
elizabeth-wild@live.co.uk
Rev Rose Jones 01208 592353
revrosejones@gmail.com

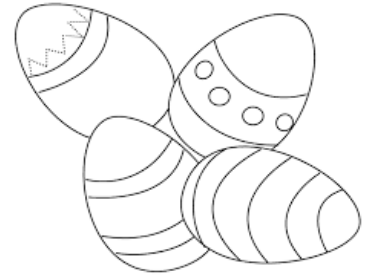
CHILDREN'S CORNER

How about decorating some Easter Eggs in fun ways?



Here are a couple of ways to make your Easter "eggstra" special. I hope it will inspire you to do lots of fun things! White eggs work better but brown are fine too, the colours just might be a bit different.

First, hard boil the eggs for 10 minutes, then let them cool in a bowl of cold water.



Natural dyes

- Red cabbage = blue
- Turmeric (2 tbsp) = yellow
- Red onion skins = lavender
- Beetroot = red

Choose the colour you want and place one cupful (or 2 tbsp for the turmeric) in a pan with 2 cups of water and 1 tsp of vinegar. Bring to the boil and boil for 20 minutes then let cool completely.

Food colouring dye

- 1 tsp vinegar
- 1 cup of warm water
- 10-20 drops of food colouring

Be very careful with the dyes as they STAIN – lay down some newspaper and clean up as you go along! Once your dyes are ready you can then dip them into the different colours, then leave them to dry on kitchen paper. Some more ideas:

- Wrap some tape around the eggs and dip them into the dye and when they are dry take off the tape and you will have a stencil effect.
- Put little dot stickers all over you egg, and after you've dyed the egg and it is dry take off the stickers and you'll have a polka dot effect.
- Write something on the egg with a white crayon and see what happens when you dye it!

The possibilities are endless!

HAPPY EASTER !!

Puzzle page solutions

6	5	1	2	3	7	8	4	9
3	8	4	1	6	9	2	7	5
2	7	9	8	4	5	3	6	1
5	6	7	4	9	8	1	2	3
8	1	3	7	2	6	9	5	4
4	9	2	5	1	3	6	8	7
1	4	6	9	7	2	5	3	8
9	3	8	6	5	4	7	1	2
7	2	5	3	8	1	4	9	6

Sudoku

Word Square

Acres, aero, aver, care, carr, coil, core, vine, overran, CARNIVORE.

Word Square

N	A	E	B	E	G	I	S	T	S	E	V
O	C	E		G	S	E	X				
N	E	N	L	I	N	E	N	I	N	F	L
E	A	B	A	E							
X	L	E	P	C	O	M	Y	F	U	N	N
	A	U	I								
Y	B	U	R	E	V	A	W	S	K	I	
P	M			I	O			S			
E	R	I	V	D	R	I	C	A	Q	U	A
E				E				S	L	T	
L	O	I	L	E	M	B	R	O	I	L	N
S	G	M	V	B	E	H	E	N	I	C	H
S	E	N	Z	E	N	D	E	N	I	S	T

Codeword

Pilates Classes in North Cornwall

St Kew Community Hall

Mondays 14.30 & 16.00 - Tuesdays - 13.15 - 14.30



What does Pilates do?

- Targets the deep core stabilising muscles, improving balance and co-ordination
- Improves muscle tone, strength and joint mobility
- Improves posture, alignment and overall body awareness
- Corrects muscle imbalances and encourages pain-free movement

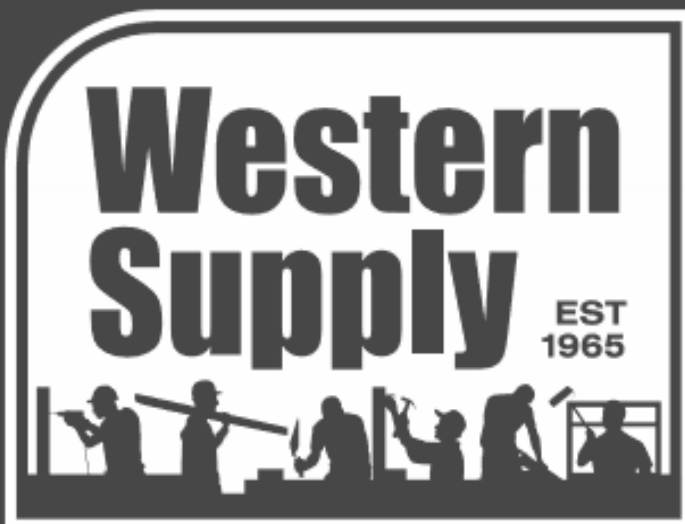
How do the classes work?

- Classes are limited to a maximum of 12 people. Small classes mean you receive good personal attention and ensure you are performing the exercises safely, and correctly.
- Classes are progressive and operate on a school term basis
- All equipment required is provided.



Martin Brooks - 07812 959 879
martin@northcornwallpilates.co.uk
www.northcornwallpilates.co.uk

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Cynthia Cooks

Cake baking this month for a change. Try this delicious tea cake, or bara brith if you are Welsh. The preparation takes minutes, and it is so simple to make you could let the children loose on it - under supervision of course.

Ingredients

- 350g of dried mixed fruit. I tend to avoid the bags of ready-mixed fruit with those very hard pieces of dried peel, but other than that any mix will do.
- 225g soft brown sugar
- 250ml (about a mugful) of hot black tea, the stronger the better.
- 280g self-raising flour
- 1tsp mixed spice
- 1 large egg, beaten

Put the fruit, sugar and tea into a large bowl, stir well, cover with a clean tea towel and leave to stand at room temperature overnight.

The next day pre-heat the oven to 150°C, gas 2. Grease a 1lb/500g loaf tin and line with baking paper.

Stir the flour, beaten egg and spice into the fruit mixture until well combined. Pour the mix into the tin, smooth & level with the back of a spoon and bake for around 1½ hours until risen and a skewer pushed into the middle comes out clean. If the top starts to look like it is scorching just cover with a piece of foil for the last 20 minutes or so

Leave to cool a little in the tin, and then turn out on a wire rack to cool completely.

Serve in thickly-buttered slices, with a big mug of tea - what else?

Cynthia's tip: as well as the usual sultanas, currants & raisins why not add some chopped ready to eat dried apricots and dates to the mix. As long as the total weight is roughly 350g, any mix of fruit makes a delicious loaf.



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ST JAMES THE GREAT CHURCH AT ST KEW

The Annual Parochial Church Meeting will be held in the Parish Hall at 7.30pm on Monday 27th April 2020.

All parishioners are welcomed to attend.

Revised dates for Beachcare at Polzeath 2020

Wednesday 15th April
Friday 22nd May
Saturday 27th June
Wednesday 22nd July
Friday 21st August
Saturday 19th September, 3.30pm, **Mega Clean.**
Meet at the Marine Centre Polzeath.
Wednesday 21st October
Friday 20th November
Saturday 19th December

Apart from the 2 Mega beach cleans please meet at Polzeath beach car park at 9.30am.



The Food Bank would like to let everyone know that the Nearly New Sale on the 28th March has now been cancelled.

Events outside our Parish

Other places to visit:

Bodmin Folk Club, every Friday, 8pm, The Old Library, Lower Bore Street - all welcome.

Wadebridge Folk Club, (second Thursday every month), Churchill Bars, Molesworth Street. (Tel: Mike Walford 01637 880604)

Tintagel Old Post Office (National Trust) has various events on during the month.

YHA, Treyarnon Bay, hosts live music events on most Fridays and Saturdays.

Bodmin and Wenford Railway have a number of themed events through the holiday period.

Check out Cornish Riviera box office for various productions around the County.

Eden Project

Old Town Hall, Bodmin, has various theatre & music events on.

More information about these events can be found on the following websites:

Edenproject.com *endelienta.org.uk*
pencarrow.co.uk *bodminrailway.co.uk*
facebook.com/YHATreyarnon/
Intobodmin.co.uk *Cornwall365.com*

Please let us know about any events you are aware of outside our area that our readers might be interested in.

Events outside our Parish

-9th May Carnglaze Caverns concerts
-19th May Events at Bodmin Keep
- 3rd Jan 2021 Masters of the Deep, National Maritime Museum

There are many Easter holiday activities that are on, but in this uncertain time with events being cancelled I think for the time being you are best to look online or phone venues to find out if the activities are still taking place.

Events at St Endellion April 2020:

Sadly all St. Endellion events have been cancelled.

Did You Know?

Walkers offers a simple and free crisp packet recycling scheme, **which accepts all brands.** Our local public recycling point is:

Wadebridge Community Fire Station.

Please leave outside but please don't block the entrance.

See www.terracycle.com for full details.

From NHS website

As at 10/3/20, but advice may have changed by the time you read this, please go to the website for up to date information.

What is the best way to slow the spread of coronavirus?

Do:

- wash your hands with soap and water often – do this for at least 20 seconds.
- always wash your hands when you get home or into work.
- use hand sanitiser gel if soap and water are not available.
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze.
- put used tissues in the bin straight away and wash your hands afterwards.
- avoid close contact with people who are unwell.

Don't:

- do not touch your eyes, nose or mouth if your hands are not clean.



ST KEW HIGHWAY METHODIST CHURCH

Services held in the Community Hall at 9.30am.

Preachers for April

Not available as we went to print, but services are unlikely to take place.

Catholic Church Services

Wadebridge

St Michael's Church
Trevanson Street
01208 72833

Tintagel

St Paul The Apostle
Bossiney Road
01840 770633

For service times please see their websites:

stmarysbodmin.org.uk

stpaultintagel.btck.co.uk

Wadebridge Christian Centre

Molesworth Street, Wadebridge. Tel 01208 813110,
wadebridgechristiancentre.org

We are a lively, active, family church where everyone is welcome. We have a crèche and Sunday school, and all our children's workers are DBS checked.

Reflections

Forget snowdrops – for me, the first sign of spring has always been the first glimpse of blossom on the plum tree in my parents' garden. It starts with a coy blush before rippling out into clouds of flamboyant pink blossom, garishly declaring that Spring has Sprung. It took its sweet time this year though, perhaps intimidated by the random spurts of hail and persistent deluge. This winter has felt hard: miserable and damp and now, for many of us, marked by the dogged tread of coronavirus.

Easter celebrations will be unexpectedly quiet this year. Family reunions and get togethers are harder. It seems strange to be celebrating a season which is all about new life in a time when our country is reeling from sickness. But Easter, like spring, is not just about new life. It is also about the struggle which precedes it. Every plant begins its life in dark, damp soil. The blaze of autumn gives way to the thin tremor of winter; petals fall, leaves shiver off branches, and down in the cold, damp earth, seeds lie dormant. Similarly, at Easter, we remember Jesus' darkest moments: betrayed by his friends, aban-

St James the Great Church at St Kew



Regretfully all services have been suspended until further notice.

The Church will remain open for private prayer, and the North Cornwall Cluster of Churches are establishing on-line resources for spiritual guidance. Please see their announcement a few pages back.

doned by his followers, tortured and killed by his enemies. He too lay underground.

But that is not the end of the story. Darkness gives way to dawn. Winter gives way to spring. And seeds – small, helpless, buried seeds – break through the earth to burst into radiant new life.

This season has seen unexpected struggles. But know that darkness never has the last word. Jesus died so that he could turn death inside out, tear open the walls of the grave and let the blazing sunlight in. When Jesus rose from the dead, he made a way for all of us to follow. He has promised us not just life, but life in abundance: rich, joyful, irrepressible life. Life that bursts out into blossom, undefeated by winter. You may be feeling, like that plum tree, battered and beaten by unexpected storms. But take heart: Easter is coming.

Rev Rose Jones

How our Foodbank helps our community



Ruby is pictured here with Jacqui White and Helen Watson from the Foodbank.

Last month we had the pleasure of meeting 10 year old Ruby who is a pupil at St Mabyn School. After hearing a talk about our Foodbank at her school by our Project Manager Jacqui, Ruby decided to spend her pocket money on items for our Foodbank and donated at our collection point in Asda, Bodmin. Thank you so much Ruby, your donation will make a huge difference. Jacqui recently visited London to talk about the work we do at the Foodbank. The event was hosted by the Cornwall Community Foundation and includes members who have an affinity with Cornwall and donate to a fund which supports communities within the county. We have been fortunate to benefit from their funding and it has enabled us to extend the valuable service we provide to help people in crisis.

Tonne of Tins

We are so grateful to Pirate FM who launched their Tonne of Tins campaign in March. Every donation we receive makes a big difference to someone who is struggling through a crisis.

We currently have plenty of soup, beans and spaghetti but we are currently in need of tinned potatoes, tinned meat/fish, rice, toiletries and household items (without bleach).

****SAVE THE DATE****



If you're already thinking of warmer weather and a weekend away this Summer, we have the perfect holiday destination! We will be holding our Fun Camping Weekend at Mother Ivey's Bay Holiday Park from the **12th-14th June 2020**. More details to follow

Wadebridge Foodbank, Unit 2 Trevanson Street, Wadebridge PL27 7AR Tel. 01208 815374 Registered Charity No. 1166301 Email: contact@wadebridgefoodbank.org Website: www.wadebridgefoodbank.org

Mobile Post Office

The mobile Post Office local calling points each week are as follows:

Monday

St Kew Highway 13.30-15.00
(Community Hall)

Thursday

St Kew Highway 14.00-15.00
(Community Hall)

St Kew Historical Society

All talks and meetings are held at St Kew Parish Hall on the second Thursday of each month, from 7.30pm.

Please come along to our next meeting.

Please check our Facebook page for further details:

www.facebook.com/StKewHistoricalSociety

John Raybould - Secretary.

Events Diary April

- 1st Bell ringing practice, 7.30 - 9.00pm.
2nd Chair Aerobics, Community Hall, 2.00pm.
8th WI, Community Hall, 7.00pm.
Bell ringing practice, 7.30 - 9.00pm.
9th Chair Aerobics, Community Hall, 2.00pm.
History Society, Parish Hall, 7.30pm
15th Bell ringing practice, 7.30 - 9.00pm.
17th Souper Lunch, Community Hall, 12.30pm.
22nd Bell ringing practice, 7.30 - 9.00pm.
23rd Chair Aerobics, Community Hall, 2.00pm.
29th Bell ringing practice, 7.30 - 9.00pm.
30th Chair Aerobics, Community Hall, 2.00pm.

Please be aware some or all of these activities are likely to be cancelled. Please check with the organisers.

News from St Kew Parish Hall

Thanks to everyone who attended our quiz and made it a real success.

Our next fund raiser is the spring fair and coffee morning which will take place on Saturday 9th May at 10.30 am in the Parish Hall. The plant stall is always worth a look.

Kathy

To book the hall, please contact Lianne Sproull on 01208 841808.

The Regal in Wadebridge

Tel: 01208 812791

www.wtwcinemas.co.uk



The Regal Cinema is closed for the time being.

Recycling

Recycling takes place on a variety of days in the same week within the parish.

Recycling collections are in the weeks beginning 6th and 20th April.

Please see Cornwall Council's website for full details.

ST KEW HIGHWAY COMMUNITY HALL ONGOING EVENTS

Registered Charity No 294140

Sun	Methodist Church Service	Marion Dingle	01208 841388
Mon	Yoga 10.00-11.30 am	Bonnie Suchodolski	07540838267
	Pilates 2.30-5.15 pm	Martin Brooks	07812 959879
Tue	Pilates 1.15-2.30pm	Martin Brooks	07812 959879
Wed	1 st , 3 rd & 5 th in a month	West Country Embroiderers	
	10am-3.00 pm	Pat Scarborough	01841 521323
	2 nd in month St Kew WI 7.00 pm	Alison	01208 841469
Thurs	Chair Aerobics 2pm	Pat	01208 841260

**IMPORTANT : BEFORE ARRANGING YOUR EVENT AT THE HALL
CHECK AVAILABILITY AND BOOK WITH SHIRLEY ROWE 01208 841257**

Don't leave behind a tangled mess



Many people are reluctant to make wills. It is a common mistake to think your nearest and dearest will "get it all." We are here to help, talk to Sproull.

SPROULL

SOLICITORS

01208 72328

www.sproulllp.co.uk

Disputes | Family | Property | Wills

Parish Council News

Chairman: Cllr A Godden

Clerk: Mrs Stephanie Tiplady

The Barn, Kitts Hill, Chapel Amble

07789 953677. stkewparish@gmail.com



The Parish Council meets in the Parish Hall, St Kew Churchtown at 7.00pm on the second Tuesday of each month. Members of the public are welcome to attend and address the meeting on any subject of concern.

St Kew Parish Council Meeting

Present Chairman: A Godden, Councillors: J Rowe, T Mott, P Bishop, A McMahon, A Prophet, Cornwall Councillors Stephen Knightly & Robin Moorcroft, and 4 members of the public.

Parish Council: Trees and Hedges

As part of a nationwide campaign, Cornwall is aiming to plant a million trees, of which 55,000 are already in the ground. Your Parish Council is asking residents where possible as householders or land-owners to play our part by planting trees and restoring hedges. Whether it is in your garden, on land you own, or in public spaces, we invite you to tell us your ideas, offer your support and join a communal effort for the good of all residents, including our birds, bees, fauna and flora.

We all see the brown rivers of good soil washing out of fields in a winter of deluges, turning to sludge, reducing verges to muddy slicks and half submerging lanes and roads. More trees capture more carbon, bind slopes and banks, soak up water sixty times more effectively than a grass field and in the right places reduce the run-off onto highways. I am sure you can tell us several places where a row of willows and hazels would do the job and disguise lines of posts and wire.

There is also a no-cost way of increasing our trees with no effort at all, except the will and good sense of landholders. Anyone travelling through the parish will see hedges containing mature oaks, hazels, willows, elders and blackthorn. A hedge trimmed on the roadside and the field side left uncut. That is a hedge rich in wildflowers, insects, pollinators, epiphytes, birds of prey, teeming with life. Cattle, sheep and horses instinctively graze the hedge for medicines, nutrition and variety. The landowner keeps yew, knotweed and ragwort under control and there is summer shade and winter refuges.

Yet, we lose rich diversity and break food chains when a flailed and topped hedge marks a field boundary and the silence tells its tale: barely a thrush, a vole, a mouse to take up family life. Yet I have counted thirty species on a pollarded willow in a messy hedge.

Please let us know your thoughts. If you are able to plant a few trees or many, or will manage hedges more sympathetically, St Kew will benefit for the future of all our residents and you will have the huge pleasure of seeing a well-managed landscape and a

lovelier garden or public space. There is help with all this from us, from Cornwall Council, from bodies such as English Nature. We may look forward to new habitats and the return of old favourites to our parish. I'm happy to come and see then let the Parish Council know what you are thinking.

Adrian McMahon

Be proud in your Parish!

Your Parish Council have been successful in securing funding to help keep the parish clear of litter and to also to enhance the local area for the residents and visitors to enjoy.

We have recently purchased some litter picking kits which are available for groups or individuals who would like to carry out litter picking when they are walking around the parish. This can be a great way to meet new people in your local area and make lasting friendships. The equipment is available via a booking system and if you are interested in doing your bit, please contact Stephanie Tiplady.

We also have funding for some wild flower planting, which will also help us to improve the environment and our carbon footprint. We have already had a few ideas but are keen to hear from you to let us know of any areas in the parish that could do with a bit of a 'spruce up' or some added colour in the way of some wild flowers or something similar?

We are also looking for any keen volunteers to help with planting, painting, or any other skills you may wish to offer. The areas we can focus on are community areas, verges, etc as long as they are not privately owned.

Any help however large or small would be great – this is a brilliant opportunity for all of us to get involved and help make our parish something that we can all be proud of!

Please contact Stephanie Tiplady via email: stkewparish@gmail.com if you have any ideas, suggestions or if you want to be part of this exciting project.

Now is your chance to make a difference for generations to enjoy!

RG

Planning matters will be included next month.



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

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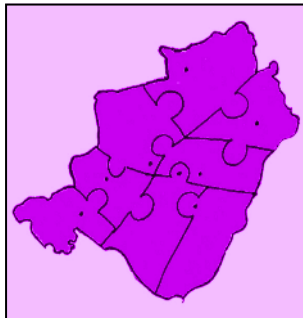
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Pieces of Eight



May 2019, Issue 249

News, views and issues from: Chapel Amble, Pendoggett, St Kew, St Kew Highway, Trelill, Tregellist, Trequite, Trewethern

Email: stkewmag@gmail.com



An unusual Pied Jackdaw



Spotted and photographed for Pieces of Eight by David Balmford

Your free guide to news and events within and around St Kew Parish

NEWS MAY



“

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Welcome to Pieces of Eight

We are a free independent community magazine, published ten times a year (not January and August) covering local news, views and events in the St Kew parish area. Volunteers produce, edit and distribute the magazine to every household in the area, and to all the local churches, shops and pubs. We do hope you enjoy reading it.

We would love to hear from our readers - articles, letters, suggestions and other contributions are always welcome. Please see our contact details below.

There is also an on-line edition hosted by the Parish Council which can be found at www.stkewparish.org.uk/PO8.html. (*We are very grateful to the Parish Council for allowing us to use their website*).

EDITORIAL

Spring: The time of new beginnings. Being boringly scientific for a moment, Spring is usually defined by the position (or more accurately, the tilt) of the earth relative to the sun and measured as the period between the vernal equinox and the summer solstice. For the fact-hungry, Spring 2019 on this basis runs from 9.58pm on 20th March to 4.54pm on 21st June.

To my mind this definition rather misses the point and says nothing about the sheer joy of watching our small part of the planet wake up and stretch after the long, dull chill of winter. Ever since Homo sapiens first appeared we have seen the gradual waking up of the earth as an important symbol of rebirth, regeneration and resurrection. Spring was so important that every society dating back to before the neolithic period celebrated this time with festivals. Easter has a very special significance in Christian culture but much of the symbolism of resurrection and rebirth in the festival goes back much further in date. Exchange of eggs for example is an ancient Spring custom in many cultures, as is the baking of sweet buns. Even the Easter bunny comes from an early northern European spring ritual, and of course the date of Easter is fixed from the phase of the moon and the time of the equinox – how pagan is that?

Even in today's technological world we still see Spring in much the same way. We look out for the signs – lengthening daylight, fruit tree blossom, primroses in the hedgerows. We start sowing seeds for garden colour and vegetables, we drag the lawnmower out from hibernation, and start planning for the summer ahead. Inside this month's PoE you can read about exactly this – about the arrival of Swallows (from 'Clutts of Pendoggett'), and all about the new growing season at the allotments from Judith.

However you celebrate Spring, do enjoy the small pleasures while you can. Me? I love to feel the heat and light of the Spring sun. And chocolate eggs of course.

Mike

The Editorial Team:

Philippa Harkness - Children's page & History
Steve Liddiard - Advertising Manager & Treasurer
David Penhale - Events & Poet in Residence
Nicky Pickard - Main editor who puts the magazine together, assisted by husband Mike.

Contacting the Editorial Team

We can be contacted by email at stkewmag@gmail.com. Please use this address for **ALL** correspondence, the in-box is checked regularly.

Alternatively you can phone Nicky's mobile - **07813 603776**. Leave a message if you can't get through and she will phone you back.

Advertisers should contact Steve, our Advertising Manager via this email address, putting 'Advertisement' in the subject line. Steve can provide information on advertising costs, space availability, formats, etc.

Copy date for the June issue is:

Friday 17th May

We aim to get the printed magazine out to our distributors before the beginning of the month of issue. Please could all contributors send us your copy or advertisement as soon as possible, **before** the copy deadline. If your article or advert is going to be late it would be very helpful if you could let us know in advance.

Note to Readers

When responding to an advertisement, **please** mention that you saw it in Pieces of Eight. This shows our advertisers that the magazine is **the** place to reach local customers.

The magazine does not accept any responsibility for any issues arising from advertisements.

Views expressed in this publication are those of its contributors and do not necessarily reflect those of the Publishers (the management committee) who reserve the right to refuse or alter any material supplied.

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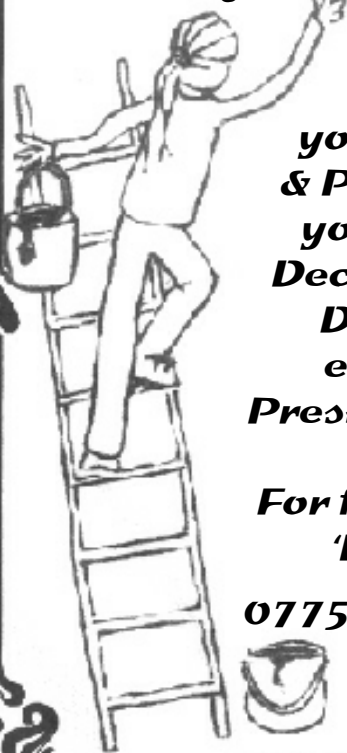
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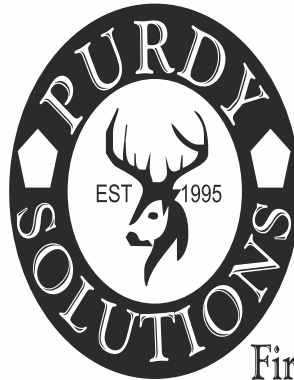


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Dear Editors

We would be pleased if you might consider publishing the following article together with the attached photograph of Stephen Cotton, and first newspaper report in the excellent Pieces of Eight magazine.

Thank you for your consideration; I know its publication would mean a good deal to my Gran and Uncle Roy.

Further to William Garland's excellent work researching the historical background of those brave women and men who made the ultimate sacrifice and are honoured on the St Kew Church war memorial, it may also interest readers to learn a little about other local people who served, suffered and survived the bloody conflicts of the two world wars and then returned to civilian life in the parish.

One of those men was Stephen Cotton. Born a Boscastle lad in 1895, Stephen enthusiastically enlisted into the army in December 1914. After receiving training at Whiteley Common and Aldershot, he was drafted to the front in February 1915 and fought in a number of successful engagements before being wounded by the bursting case of a high explosive shell whilst in a bayonet charge at the Battle of Hooge (which coincidentally was the first engagement where the German army used *lammenwerfer*, or flamethrowers) in July 1915. As a result, sadly, Stephen lost the majority of his right arm.

Attached is an extract from the Boscastle parish magazine in 1915 which reports his action together with a later photo of Stephen.

After military convalescence, Stephen was discharged from the army and returned to Cornwall. With a positive approach to life he did not allow his physical handicap to perturb his hard-working character and considerate temperament. In 1916 he married - for love - Mary Louisa Branch (better known to the more long-standing residents of Highway village as "Granny Cotton") and the family moved for work between various farmsteads in St Tudy and St Kew parishes before finally settling in St Kew Highway in 1936. The couple raised ten children and Stephen is fondly remembered as a gentle, loving and caring father who always provided for his large family. Sadly, of those siblings, only Roy Cotton and Bet (Brown) are still with us, with Fred Cotton and Marjorie (Stone) passing in recent years.

Due to illness in later life, Stephen eventually settled in Sycamore Cottage, Highway, until his passing in 1949 aged 53 years. Granny Cotton died in 1976, still living in their home.

Thanks to Roy Cotton for keeping the 1915 parish magazine article safe for these many years.

Kind regards.

Patrick Mewton

HOME FROM THE FRONT.
BOSCASTLE SOLDIER'S EXPERIENCES.

One of the most pathetic sights of war, that of young men who have lost limbs, has been witnessed at Boscastle by the home-coming of Steve Cotton, who has just returned minus one arm. Cotton enlisted in December, 1914, and after training at Whiteley Common and Aldershot, was in February drafted to the front. After going bravely through several engagements, in July he got wounded by the bursting case of a high explosive shell whilst in a bayonet charge at Hooge. He was taken back to the 18th General Hospital in France, where it was found necessary to amputate his arm. Some days later it was found necessary to have a second operation and the arm had to be amputated farther back. A young man named Martin, of Mersham, just above Boscastle, who joined with Cotton, and did his training with him, was still more unfortunate, for in the same charge as Cotton was wounded, Martin lost his life.



**LIGHTNING STRIKES
BOSCASTLE BOAT**

**ALARMING INCIDENT FOR
BROTHERS OFF CRACKINGTON**

In a heavy thunderstorm on Tuesday, off Crackington Haven, the fishing boat, "Willing Boys," out of Boscastle, skippered by Mr. Stephen Cotton, accompanied by his brother, Roy, was struck by lightning on the mizzen mast just as the brothers were engaged in pulling lobster pots. Fortunately, Mr. Stephen Cotton had just left the tiller and gone forward to help pull the string of pots otherwise the consequences would have been very much more serious. As it was, the lightning passed down the mizzen mast, doing some damage to the stern of the boat and burning up a packet of cigarettes which Mr. Cotton had left by the tiller. The flash passed out of the boat through the stern tubes. Both brothers were badly shaken by their experience, but fortunately were otherwise none the worse for it.

**COLLISION
WITH
SUBMERGED
OBJECT**

**FISHING BOAT
FOUNDERS OFF
N. CORNWALL COAST**

**'A sickening crunch'
says Crackington owner**

Lobster fisherman, Mr. Norman Pickard, of Crackington Haven, is still wondering what cruel stroke of fate singled out his little fishing craft, the "Why Not," for an untimely plunge to the seabed two miles off Strangles Beach, between Crackington and Boscastle, on Thursday week.

Trouble struck suddenly when Mr. Pickard was lifting his lobster pots in the Crackington Haven area. There was a sickening crunch as some semi-submerged object ripped into his 20 feet diesel-powered craft. This thousands-to-one chance stove in the bottom of his boat and broke its ribs.

"It was probably a piece of heavy driftwood or an old tree trunk," Mr. Pickard suggested, "but I shall never know for certain."

With his boat fast taking water, Mr. Pickard baled furiously and waved his yellow oilskin to attract the attention of fellow-fisherman, Mr. Roy Cotton, of St. Tudy, who was aboard his 22 feet twin-engined craft, "Boscastle Lass," about half-a-mile away.

ALL POWER.

Mr. Cotton, who had already tended his pots and was on the way back to Boscastle, napped by chance to spot the signal and immediately turned about and piled on all power to reach the "Why Not."

He took Mr. Pickard off and together they tried to tow the foundering craft to the beach at Strangles, the nearest accessible landpoint. But their efforts were in vain. The "Why Not" took water too fast and, with its heavy diesel engine and ballast, went to the bottom like a stone before it had been towed more than 90 yards.

The two men then returned to Boscastle in Mr. Cotton's boat, leaving the "Why Not" settling under ten fathoms of water—to become yet another hulk littering the bottom of the ocean around this treacherous coastline.

Mr. Pickard said afterwards that there had been a fair sea running at the time, but it was nowhere near being rough. He said he had recently given away his only lifejacket to an old man at Boscastle who had often been asking him for one.

"But," he added, "I think if the worst had come to the worst I could have stayed afloat long enough to reach the shore. I was delighted that Roy was close at hand, however, and happened to see my signal. This prevented me from being in a very uncomfortable position."

INSURANCE CLAIM.

Mr. Pickard, a mason in the winter and lobster fisherman in the summer months, is awaiting the result of his insurance claim before making plans for the future. He is hoping that it will still be possible for him to fulfill his ambition of becoming a full-time fisherman with a boat of his own.

EXTENSION OF SCHEME

The Government has extended the scope of the calf subsidy scheme. From 13th September, cattle hitherto excluded from the scheme, and in particular heifers of the dairy breeds, which have produced acceptable beef carcasses, will be eligible for subsidy.

The extension of the subsidy does not affect the arrangements which have been operating for many years, under which producers can claim subsidy on calves certified on the farm.

Producers who wish to claim subsidy on heifers of the dairy breeds which have hitherto been excluded can, however, only do so under the new arrangements.

Allen Valley Singers

The Allen Valley Singers – a short history of its life, beginnings, and end.

On a cold February evening in 1994, a small group of ladies met in St. Tudy School, with the hopes of forming a choir. In the event, the birth of the Allen Valley Singers took place that night, with the name reflecting the Allen River and the Valley that housed many villages, including St. Tudy. Rudy Gagnon had previous choir experience having sung with the Loveny Male Voice Choir and he became the Musical Director of this newly fledged choir with Leo Tarring, then only 17, as accompanist. Leo was destined for a musical career and, after a year or two, he and Rudy passed the reins over to Janette Man as MD and Steve Tyrrell as pianist in 1998, both of whom were known as multi-talented and could offer a high level of skill and accomplishment.

The choir was principally a concert choir but nevertheless did enter festivals and competitions, winning many cups and, in so doing, became well known for excellent and lively performances delighting their many and varied audiences.

Over the next few years, the choir attracted members from a wider area than was first envisaged, in fact from Tintagel to Padstow and all points in between. For a short period of time, the choir met at St. James Smith's School in Camelford but finally,

the choir moved to the Community Hall in St. Kew Highway and that became 'home' for the rest of its life.

Over time, the Singers have supported many charities, local and abroad, including basic educational supplies to Special Schools in Bulgaria and a Women's Sanitary Unit in a remote African village.

We have had visits to Brittany and Wales, and exchanged visits with other choirs including a very successful joint concert in Bristol. Our Bristolian friends also spent a weekend here in Cornwall and another joint concert was held with great delight for both choirs and for the audience. We have sung at weddings, christenings and, sadly, funerals, all of which have enhanced the services.

For 21 years, Janette and Steve have provided the Allen Valley Singers with an enjoyable leisure activity for us participants and for audiences. We have also been given a musical education and an understanding of singing techniques.

There is a time to begin and a time to end and move on, for the good of all.

Thank you to all the members for their friendship and loyalty, thank you to all the audiences over the years, thank you Jan and Steve.

All good wishes for the future and the 'pastures new.'

Joyce Hargrave-Wright

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C	G	N	R	T	F	D	S	V	D	H
S	D	R	E	A	R	C	N	M	B	E
F	V	C	X	M	Z	F	O	O	T	A
L	E	G	F	O	D	V	S	S	A	D
Q	W	F	E	U	Z	X	E	C	B	S
D	F	B	N	T	G	E	Y	R	W	C
T	U	O	P	H	M	Y	F	R	E	F
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18 th MAY	DEVON COUNTY SHOW	7 th - 11 th OCT	AUTUMN TOUR TO OXFORDSHIRE
1 st JUN	BUCKFAST GARDEN FAYRE	16 th OCT	CLARKS SHOPPING VILLAGE & WELLS *
11 th JUN	ST IVES & TRAIN	25 th OCT	HALLOWEEN SPOOKTACULAR MYSTERY TOUR
17 th JUN	WEYMOUTH *	2 nd NOV	BRIDGWATER CARNIVAL
20 th JUN	HIGHGROVE GARDENS	16 th NOV	LONGLEAT FESTIVAL OF LIGHT
1 st JUL	PAIGNTON STEAM TRAIN & PADDLE STEAMER	22 nd - 25 th NOV	TURKEY & TINSEL AT SANDOWN, ISLE OF WIGHT
17 th JUL	STEAM TRAIN TO MINEHEAD *	7 th DEC	BATH CHRISTMAS MARKET
4 th AUG	FESTIVAL OF BRITISH EVENTING	15 th DEC	TOUR OF CORNISH CHRISTMAS LIGHTS
9 th AUG	CORNISH SEAL SANCTUARY	21 st DEC	SNOW WHITE @ THE EXETER CORN EXCHANGE
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or play cards or a board game.
Solve a jigsaw, or bring your knitting.*

There will be tea, coffee and home-made cake.

*There is NO CHARGE, just come along and enjoy
this community social event. This is continuous and
will take place on the 2nd Wednesday of every
month.*

Our Feathered Friends

We all welcome the sleek, smart, fork-tailed, blue-backed, red-throated, chestnut and buff-bellied visitor to our shores in early Spring. The Swallow - the bringer of better weather and warm sunny days (we wish!) has arrived from its African journey. The Barn Swallow (to give it its current full title so as not to cause confusion with other Swallow species) spends the late spring and summer in the UK & Europe, including our parish. The first sign of Spring is spotting the first Swallow of the year.

Adult male Swallows make their way on migration to their home breeding grounds in Europe from as far away as the Cape of Good Hope, an astonishing round trip for this slim-line bird weighing approximately 20 grams.

The habitat of the Swallow brings it into close contact with mankind often seen over water or farmland, flying low, hawking for insects with its agile graceful swooping flight, often changing direction on its long wings. Some adult males have longer tail streamers than others which helps attract a mate. They raise two broods from May to September making full use of the thousands of insects caught on the wing. Some pairs can even raise a third in a good year that is warm and sunny and with plenty of food.

The nest made is made from mud with an open top that can be built on ledges in farm buildings, porches and sheds with access through open doors or windows. They often fly low over obstacles (including our heads!) blocking their flight path to their nest. I was lucky to spot my first Swallow at Walmsley

reserve near Chapel Amble on the 12th of March this year - the earliest sighting I have witnessed. Scientists are saying that migrating birds are arriving earlier and earlier, Global Warming? My last sighting in Autumn currently stands at 6th November, in Wadebridge in 2015. Can anybody claim better?

Swallows tend to get a bit restless come September. Young birds (distinguished by their compact size, shorter tail and duller plumage), gather on wires with the adults, with loud twittering contact noises reinforcing the migratory instinct to get ready to make the long journey south for the winter as their food supply here begins to dwindle.

At this time they often mix with other members of the Hirundinidae family such as House Martins and Sand Martins. Then their journey begins as they make the return voyage flying over the Mediterranean, across the Sahara desert and beyond to the tip of Africa, leaving us all with fond memories of the summer just spent.

We are lucky in the parish to share the story of this special bird through the pages of a children's book 'Jake Swallow', first published in September 2011 by John Solomon, a Middlesex-based author with a soft spot for Cornwall. Published by Book Guild publishing it is the tale of a young Swallow growing up in our parish, dodging the farm cat and starring in the Swallow Olympics around our, and neighbouring parishes.

Clutts, Pendoggett

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Breaking up is hard to do.....

Mother and Father got married in 1973. They stayed in a fairly solid relationship for many years, but there were a few ups and downs, as in many marriages. However, underneath the surface of the marriage there were mummings that all was not well. Two of Mother's friends agitated this situation and roused Mother's children to ask Father for a divorce. A small majority decided that this was a good idea. In the meantime a few of Father's children also wanted a divorce but decided to wait and see how Mother got on first.

Now as with all divorces there had to be a great deal of discussion, negotiation and compromise. Who would have custody of the twins across the water? There had been troubled times between these two for many years in the past, but now they were living fairly amicably side-by-side. The divorce would allow Father to put a barrier between these brothers once again that could cause a lot of problems for Mother as she had always wanted the brothers to get along. She stood her ground, but Father would not capitulate.

Then there was the problem of the garden pond. Who would maintain the fish? Who would look after the family accounts? Mother had always contributed

generously and in return Father gave a regular allowance to the children, and quite often supported their projects with large amounts of cash. Was Mother able to subsidise this after the divorce? There was another problem for the children of both sides who had always enjoyed freedom of movement in the two gardens, exchanging produce from the gardens, and in DIY, making parts for each others occupations. What about the family cat, not to mention the dogs and the chickens?

The two sides have now reached a deadlock, with many of Mother's colleagues not going along with her although they all agreed to initially. When the children asked for the divorce, it was not a mandate but an indication of how the family felt. The whole proceedings have got out of hand. Where do we go from here? Do we ask the children again? Or do we leave it to civil servants (unelected)? Or lawyers (very expensive)? Or perhaps to so called experts who nearly always do not know what they are talking about?

None of this piece has any factual foundation but makes for interesting thought....

JG



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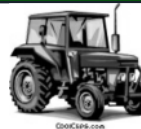
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Monday

St Merryn	08.45-10.00
Rock	11.00-12.30
St Kew Highway (Community Hall)	13.30-15.00

Thursday

St Merryn	08.45-10.00
Rock	11.00-12.30
St Kew Highway (Community Hall)	14.00-15.00

St. Kew Community Gardens Association

The View from the Allotments and my goodness, what a transformation!

It just goes to show – a few day's fine weather, with little wind and no rain and we can get so much done. Tony has managed to rotavate nearly all the two plots, except for the little bits where we're still picking/lifting purple sprouting, leeks and parsnips.

One of the strips I then raked over and put in 80 red onions and 80 white – back-breaking work, as you can't do it from a kneeling position and bending over is the only method! However, when I tell you that I have today taken down the last net of onions which were hanging in the garage and we shall be eating our own produce still for another month, you can see that it's worth the effort! Amazing – only a couple had begun to sprout and even these are usable. I always try to get the onions in by the end of March and I did it this year with a day to spare.

We decided that our strawberry "patch" was sadly overgrown and in any case needed new plants, so Tony has made us a smaller, neater patch with a proper border and put manure, compost and chicken pellets in it and we have bought a dozen brand new and healthy looking plants to occupy it. They are looking very happy and are in a bed of straw which should help later to keep the fruit off the earth and we hope, too, deter the slugs.

In the meantime, Tony has been planting broad beans and peas in various trays in the greenhouse,

so that by the end of April, when the weather is warmer (we hope) we should be able to plant them out. The broad beans which we planted as a sort of experiment at the end of last year haven't exactly failed but they aren't a huge success. We staked them, of course, but they were much battered by the gales and out of a dozen plants, only six or seven really look likely to bear fruit, so to speak. Plenty of flowers on them, so you never know, but I'm not too hopeful.

Tony has also been working on the solar-powered watering system, which he set up a couple of years ago in the greenhouse. He's had to replace some of the wiring, which looks as though a little mouse has been nibbling at it but was probably weakened by last year's high temperatures – it reached over 100 on several days in the greenhouse!

The asparagus is rewarding me for carefully weeding and loosening the soil along the strips. Half a dozen shoots have appeared and I'm hoping we shall have enough in a couple of weeks to have with some fish and new potatoes (sadly the potatoes will be "boughten" not our own, but still)

We have welcomed a couple of new tenants to the site, so that now we are almost full. But do ask if you're interested in joining us, as there is usually a spare plot somewhere.

*Judith Mott, judithmott@btinternet.com,
Tel: 01208 841312*

St Kew Historical Society

Review for 11th April 2019 - a talk by Mr John Keast, Chairman, Warleggan History Group: "The Reverend Densham, Rector of St Bartholomew's Church, Warleggan 1931 - 1953. For 20 years he preached to an empty Church - the myth and reality".

The talk was very well received by all attending. A most interesting, well-illustrated, informative and amusing look at the life and eccentricities of a man well respected away from his own community, an acquaintance of Daphne du Maurier and John Betjeman. Well known to international press (Time Magazine and other American newspapers) and world renowned press photographer Carl Mydans.

A most intelligent & well-travelled Rector whose eccentricities did not endear him to his parishioners, hence his lack of congregations. A subject of two films - one starring Sir John Gielgud and one star-

ring Edward Woodward - certainly shows a man requiring much research, ably carried out by John Keast who gave a splendid presentation. If you did miss it, look out for future presentations.

All talks and meetings are held at St Kew Parish Hall on the 2nd Thursday of the month from 7.30 pm.

Please come along to our next meeting.

Thursday 9th May 7.30 pm, St Kew Parish Hall

Our next talk. A guest speaker to be announced or could be an in-house meeting. Please see emails and Facebook page. Members free with annual membership, guests £3.00 per person. Refreshments available.

Regards to all.

John Raybould - Secretary

'KEW & A'

Twenty Questions & Answers

This month: Pippa Bishop, St. Kew.

Childhood Hero: *My dad.*

Hobbies: *Gardening, charity shops.*

Favourite Music: *Enya, The Rolling Stones, Adele, '60's.*

Favourite Books: *'The Red Tent' by Anita Diamant.*

Favourite Film: *'Elizabeth R' (starring Glenda Jackson, 1971 BBC mini-series).*

Favourite TV Programme: *'Victoria' (written by Daisy Goodwin, premiered ITV 2016 - present).*

What's good about living in your village?
We're close to the town, the beaches & our family.

What would you improve? ... *Fill in the potholes.*

I'm very good at.... *Listening & caring.*

I'm very bad at.... *Cooking!*

A phrase I use too often is.... *'Ok, I'll do it!'*

Three people, dead or alive, I'd invite to dinner are.... *Margaret Thatcher, Spike Milligan, Jimi Hendrix (not together).*

I'd like to be stranded on a desert island with....
My family.

I'm embarrassed by....*Nothing so far.*

My proudest moment was.... *Introducing my babies to my parents.*

The best things about Cornwall is... *The scenery & the beaches.*

The worst thing about Cornwall are *Summer when the roads are full!!*

Which of our country's laws would you change? *I'd have to work through them to choose.*

An over-rated public figure is.... *Where do I start?!*

In another life I would be.... *'An angel'.*

This is your invitation to 'Kew & A' for our local 'Pieces of Eight' Parish Magazine.

It's our aim to get as broad a range of participants from within our Parish as possible. If you'd like to volunteer to fill in the form, please contact:

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BODMIN
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or e-mail: davidpenhale47@gmail.com
or phone: 01208 841669

Letter to the Editors

Dear Editors

Whoever said St Kew Parish Council does not have a sense of humour? Did anyone other than new residents not get the Council's hilarious April Fool's joke in last month's magazine? ANOTHER PARISH PLAN!

Together with other deluded volunteers and a minimum of Councillors, I wasted hours of my time and good shoe leather working on the last parish plan in 2008/9, the only memorial to this waste of time and public money being the poorly-sited bus shelter at Highway.

In a similar vein, last month's 'Parish Council News' also referred to the many public footpaths that can

be walked, some with stunning views. All very true but whatever happened to the promised definitive guide to parish footpaths, also worked on by deluded volunteers and a few Councillors, that was one of the Millennium projects?

I appreciate that over the years our unelected 'representatives' on the Parish Council have changed (but not entirely), but given Cornwall Council's willingness to ignore approved parish plans when considering planning applications for large housing developments (for example in Crantock) does the current Parish Council really intend to consider making a new parish plan and expect residents to take this seriously?

Disillusioned of St Kew Highway (alias Bob Plater)

From the office of Scott Mann MP

With spring upon us Cornwall is warming up and it is now time for all to embrace that Cornish sunshine. St Kew, like many North Cornwall villages, regularly receives a lot of tourism in the spring with many people coming to visit the world-famous locations and popular Cornish beaches. It is, however, important for many to know the risks of walking on the cliffs in North Cornwall; especially with dogs that are off the lead. Many rescues have occurred in previous months regarding our poor canine friends tragically falling off cliffs, many due to not being on leads. Only in February did poor Issey, a springer-doodle, fall eighty feet off a cliff in Trevone Round Hole; luckily the dog survived with superficial injuries. I urge all to ensure that when walking their dogs around the beautiful coastal areas that they take necessary precautions to guarantee the safety of both pets and owners alike.

I have also been busy working on some of the initiatives which I hope to bring to North Cornwall. Recently, and after taking part in the parliamentary debate on autism, I had a meeting with the National Autistic Society Cornwall. They have kindly offered to give my staff and I a training session in autism awareness, and I'm hoping we can make Bodmin Cornwall's first autistic-friendly town. Businesses and shops which sign up would turn down music and dim lights to support autistic customers for a period each week.

The coast is close to my heart and I am very keen to see my Bathing Waters Bill included in the wider Environment Bill, which will set the benchmark for our environmental and water quality standards after Brexit. With that in mind I jumped at the chance to take part in a community beach clean at Sandy-mouth Beach in Bude. The event was hosted by the Pennon Group as part of the 'Great British Spring Clean' campaign organised by Keep Britain Tidy in partnership with the Daily Mail. Other clean up events took place across North Cornwall and I very much enjoyed seeing the pictures posted online.

Finally, I am proud to be one of 41 MP's who have written to Ofcom, on behalf of the all-Party Parliamentary Group on Rural business, to highlight the need for annual monitoring of mobile operators' commitments on increasing rural 4G mobile coverage. Ofcom have recently made moves to maximise 4G coverage across the country including here in North Cornwall. Having more access to 4G across North Cornwall is firmly in everyone's interest with greater coverage allowing for better communication access for both constituents and local businesses alike. I know how important this is for many of my constituents and we continue to fight for better coverage.

Editor's note: PoE is apolitical but we do occasionally include our MP's regular press release if it isn't political, and is directly relevant to our area and our readers.

North Coast Collective - spring exhibition

The 'North Coast Collective' are a group of artists and makers based on the north coast of Cornwall. Their spring show is at the Institute in Rock, PL27 6LQ from 17-28th April. This year the collective welcomes two new guest artists, Joe Morris and Mike Dickinson. Regular members Ness Lannen, Katy Luxton, 'Reworked', Isabelle Roberts and Debbie Trant will also be exhibiting.

The exhibition features painting, sculpture, contemporary jewellery and reworked lighting.

There are also sketchbook workshops running during the event. For more information email studio@nesslannen.co.uk

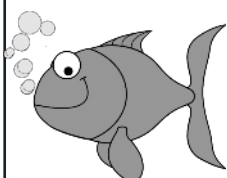
Ness Lannen Open Studio

I am a fine artist and silversmith resident in the village. This link will take you to the page on the 'open studios' website with information about when my studio in Pendoggett is open and workshops taking place:

<https://www.openstudioscornwall.co.uk/artist/nesslannen/> If you hit 'home' and 'menu' you will find more information about the event. There are other artists and makers in the parish taking part.

This link will take you to Krowji Creative Cornwall where you will find a bit more information about open studios as a whole:

<https://www.creativekernow.org.uk/open-studios-cornwall/>



FISH FISH FISH - FREE FREE FREE

We have far too many goldfish in our pond and would love to send some to a good home. If you can catch 'em, you can have 'em. Nets provided!

Judith Mott - 01208 841312

The Puzzle Page

Codeword

2	25	13	5	26	21		1	20	4	2	6	16
25				4		1		4		14		10
22	2	15	16	25	2	6		24	14	5	23	24
2		9		7		4		21		2		24
15	9	4	11	24		10	4	3	3	23	24	
24		13				7		2				7
10	2	21	4	13	24		4	23	21	5	19	9
21				24		15				25		12
	7	2	21	24	2	4		8	2	5	3	24
1		15		23		13		2		9		13
21	18	9	1	24		12	5	21	2	19	5	10
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15

1	2	3	4	5	6	7	8	9	10	11	12	13
						G						
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		K							L			

Sudoku

	4	1	7	2			8	
	3			6				
	7	5	1	3			6	
						2		5
3					1			
		4	8				3	
		9	2				1	
1					5			
						9		7

H2

Word Square

C	C	T
R	O	N
U	D	O

How many words of 4 letters or more can you find?

No proper nouns are allowed and the the centre letter must be used in each word. There are 45 words listed in the solution, which includes **1 nine letter** word to find.

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COUNCIL**

**ANNUAL PARISH
MEETING**

TUESDAY 14th MAY 2019

**St Kew Parish Hall
7.00 p.m.**

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**St Kew Parish Hall
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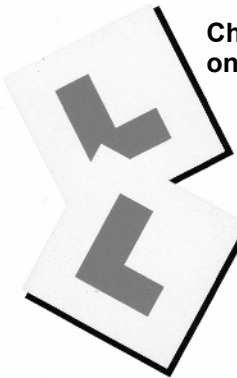
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Monday 13 May, 7.30pm Poetry reading

John Greening & Penelope Shuttle. Two of the country's leading poets give a varied and dramatic reading of a sequence from their collaborative work 'Heath', and from their own individual recent collections. £6

Friday 24 May, 7.30pm Thomas Bowes - Bach Pilgrimage

A magical concert of unaccompanied violin pieces from one of the UK's most versatile and accomplished violinists, reflecting the emotional and spiritual strength of JS Bach's music. £10

Sunday 26 May, 7.00pm Reach for the Stars

A special concert featuring the young singers who have applied for the 2019 Chris Treglown Award as they perform their audition on this evening. Winners will be announced at the end of the night. £8.

Book tickets online at www.endelienta.org.uk; by email tickets@endelienta.org.uk; by phone 07787 944935; accompanied under 16s free to most concerts – please check the website.

'A Tent for Lent': Local Fundraising for Shelter-Box Exceeds All Expectations

On Monday April 1st Rob and Leonie Soley hosted a coffee morning at Copper Beeches, their home in St. Kew Churchtown. The aim was to raise money for Shelter-Box tents, as part of St Kew Church Lent 2019 appeal.

Rob's thank you message after the event sums up its success: 'Before this morning's coffee and cake fight, absent friends had already donated £192 direct to Shelter Box. Today, we all raised a further £1,130.90...bringing the total to a whopping

£1322.90 made up of extremely generous donations in exchange for a ton of scrumptious cakes and a wealth of raffle prizes.

That's around 2 whole Shelter-Boxes, and the sun even shone as well.

You are all stars – THANK YOU SO MUCH.

(And well done to Rob and Leonie for organising and hosting!)

DP

Puzzle page solutions

6	4	1	7	2	9	5	8	3
8	3	2	5	6	4	1	7	9
9	7	5	1	3	8	4	6	2
7	1	8	6	4	3	2	9	5
3	2	6	9	5	1	7	4	8
5	9	4	8	7	2	6	3	1
4	5	9	2	8	7	3	1	6
1	6	7	3	9	5	8	2	4
2	8	3	4	1	6	9	5	7

Sudoku

Coot, cord, corn, door, dour, onto, rood, rout, torc, torn, tour, trod, undo, unto, count, court, croon, do- nor, occur, odour, outdo, round, tudor, concur, condor, cordon, doctor, ro- tund, cocoon, concord, conduct, con- tour, crouton, CONDUCTOR.

Word Square

R	I	A	F	N	U		Y	T	E	N	I	N
O				O		E		C	R			U
N	I	A	M	I	V			S	E	H	O	S
R		O		A	R		L		C			S
E	Z	A	I	B	U	A		T	E	G	A	
V		D				C		E				T
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Codeword

GILL'S RECIPE OF THE MONTH

Chocolate Crunchies

This no-bake treat is great for lunch boxes and easy for children to make themselves.

Takes 50 minutes, and makes 8-10 crunchies.

Ingredients

- 200g/8ozs digestive biscuits
- 100g/4ozs butter, plus extra for greasing
- 3 tbsp golden syrup
- 2 tbsp cocoa powder
- 50g/2 ozs raisins
- 100g/4ozs dark chocolate

Method

- Butter a 18cm/7in sandwich tin.
- Seal the biscuits in a strong polythene bag and bash into uneven crumbs with a rolling pin.
- Melt the butter and syrup in a pan, or microwave on high for about 1-2 minutes.

- Stir in the cocoa powder and raisins, then thoroughly stir in the biscuit crumbs.
- Spoon into the tin and press down firmly.
- Melt the chocolate in a heat-proof bowl over a pan of simmering water (or microwave on medium for 2-3 minutes).
- Spread over the biscuit base and chill for about 1 hour.
- Once chilled cut into 8 - 10 pieces.

The crunchies will keep for up to a week wrapped in foil.

BELL RINGING NEWS



On the 23rd March at St. Martins Church at Looe we took part in the East Cornwall Winter League bell ringing competition. The St. Kew team came 5th in the A section final out of 14 teams

and also won the Most Improved Team shield. The ringing team is Rodney, Julian, Steve, Ken, Dave, Rob and Stewart.

Our two learners Julie and Jacob are progressing really well. They are keen and enjoying the Wednesday practice nights.

On Friday 5th April we welcomed St. Mabyn Young Farmers Club into the tower to take a look at the bells and to have ago at ringing. They also rang the hand bells as well. It was a greatly enjoyable evening.

With the summer approaching we have several weddings to ring for and we continue to practice on a Wednesday evening until the end of May. Anyone is welcome to call in and have ago.

Please check out our Facebook page for pictures of our Most Improved Team shield, and the young farmers visit.



Our Winter League team

Left to right are Rodney Jones, Steve Sims, Stewart Godden, Ken Godden, Dave Finnemore, Julian Trick and Rob Reskelly.

Please contact Tower Captain Ken Godden on 07968 481520 if you have any queries on bell ringing.

Gemma Godden

Pilates Classes in North Cornwall

St Kew Community Hall

Mondays 14.30 & 16.00 - Tuesdays - 13.15 - 14.30



What does Pilates do?

- Targets the deep core stabilising muscles, improving balance and co-ordination
- Improves muscle tone, strength and joint mobility
- Improves posture, alignment and overall body awareness
- Corrects muscle imbalances and encourages pain-free movement

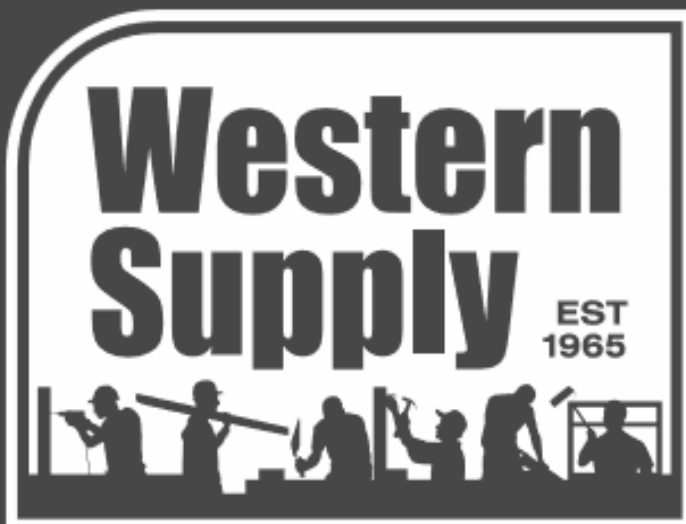
How do the classes work?

- Classes are limited to a maximum of 12 people. Small classes mean you receive good personal attention and ensure you are performing the exercises safely, and correctly.
- Classes are progressive and operate on a school term basis
- All equipment required is provided.



Martin Brooks - 07812 959 879
martin@northcornwallpilates.co.uk
www.northcornwallpilates.co.uk

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LEST WE FORGET

May 1919

On 6 May 1919 the Paris Peace Conference disposed of the German colonies. German East Africa was assigned to Britain, and German West Africa to South Africa (part of the British Empire). On 30 May parts of German East Africa: Ruanda (now Rwanda) and Urundi (now Burundi) were ceded to Belgium; and a small part (now Mozambique) to Portugal; Britain retained Tanganyika (now Tanzania). In German West Africa, Namibia became independent in 1990.

On 8 May, Edward George Honey, an Australian journalist, proposed 5 minutes of silence to commemorate the Armistice. This was suggested 6 months before the first observance of the 2 minutes silence that was agreed at the first Remembrance Day on 11 November 1919.

On 27 May, Fyodor Fyodorovich Raskolnikov, real surname Ilyin, a Bolshevik participant in the October Revolution, a journalist with Pravda and arrested several times in Russia, was exchanged for 14 British prisoners-of-war. Ilyin was commanding a Russian fleet when captured by the Royal Navy off Estonia in 1918 and then held in Brixton Prison. He died in 1939 at Nice, France, "having fallen out of a window."

Cornwall at War's End

Every citizen in the country was asked to do their part to help by working, and economising in the use of petrol, light, coal, food and postal services.

In Cornwall, in the weeks after the Armistice, the Royal Navy (RN) withdrew from the Isles of Scilly and elsewhere in the county. The men of the RN Volunteer Reserve and RN Reserve went back to their peace-time activities. Meanwhile, from around the world thousands of Cornish mariners serving overseas finally came home. One merchant sailor from the Lizard's Church Cove had spent the entire war in the Black Sea area, where he had fished to

help provide food for the Forces. When he eventually returned to Cornwall he found many of his village friends had died.

The RN Reserve Trawler Section had some 700 vessels and a force of 39,000 scattered in the home area and abroad. Many of the Cornish craft still in reasonable condition were stripped of their naval equipment and returned to fishing. For another year or so some converted minesweepers continued sweeping for left-over mines.

In Cornwall's mining industry, which during the war had undergone a mini-revival, collapsed. Fishing also faltered, but recovered later.

Truro's Auxiliary Naval Hospital had grown to 210 beds and during its short lifetime treated over 4,000 patients. In March 1919 the Red Cross handed back the buildings to the Work House Board of Guardians and the site reverted to its former role.

Heligan House became an officers' convalescent home until the Tremayne family returned in peacetime. At Cotehele House near Saltash, Lord Mount Edgcumbe allowed servicemen back from the fighting to use portions of his land for market gardening.

As the military left Cornwall, so too did refugees from overseas who had sought sanctuary from their invaded countries. Ladock parish church has an illuminated inscription acknowledging a family's gratitude for the kindness of local people.

The parish of Herodsfoot in the West Looe valley near Liskeard has a memorial which records the names of all the thirteen men from the community who went to war and returned home safely. There is only a handful of British communities that didn't lose a soul – they are known as 'Thankful Villages'; Herodsfoot is Cornwall's only Thankful Village, one of about 50 across the country.

William

St Kew Highway Methodist Church

The church are looking for someone to help them out.

Their organist is leaving the area and they are looking for someone to play the organ on Sunday mornings from 9.30 to 10.30 am.

If there is anyone who can help, or needs more information, please phone Marion Dingle on 01208 841388.

Shogetsu

This flowering cherry
is expectant for so long -
how soft the explosion.

Spring blossoms fall slow
into the deep garden well -
how loud the reverberation!

Today's white snow blinds
as we stare through laden boughs -
winter waits, jealous.

David Penhale

Events outside our Parish

May

- 4-5th Cornwall Home and Lifestyle show at RCS events centre.
- 5th Pavilions Craft Market at RCS
- 5th Bluebell and wild garlic walks at Pencarrow House.
- 24th David Penhale: 'Exhibition of New Paintings and Prints' - Rock Institute, daily 10am - 5.30pm until 2nd June.

Other places to visit

Tintagel Old Post Office (National Trust) has various events on during the month.
YHA, Treyaron Bay hosts live music events on most Fridays and Saturdays
Bodmin and Wenford Railway have a number of themed events through the holiday period.

More information about these events can be found on the following websites:

endelienta.org.uk
pencarrow.co.uk
facebook.com/YHATreyarnon/
bodminrailway.co.uk
cornwall365.com

Pieces of Eight needs you....

Drum roll please... Next month we will be celebrating the 250th edition of Pieces of Eight!

We're planning a special issue to mark the event. We would love to hear from anyone involved in the magazine over the years, especially the editors from the early years, and previous incarnations, so we can help make this a very special anniversary.

Personal Column

Do you have a birth, birthday, engagement, marriage, significant anniversary, or perhaps a family bereavement that you would like to record in these pages? We are hoping to start a personal column for you to let everyone know.

As always, please contact us by email at stkewmag@gmail.com or give me a ring. We'd love to hear from you.

Nicky

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UNDER 18'S TO BE ACCOMPANIED BY AN ADULT

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APART FROM MARCH & SEPTEMBER 3PM START TO MEET AT THE MARINE CENTRE

JANUARY WED 9	JULY FRI 12
FEBRUARY FRI 8	AUGUST WED 14
MARCH SAT 09 (3PM)	SEPTEMBER SAT 21 (3PM)
APRIL THURS 11	OCTOBER THURS 17
MAY FRI 10	NOVEMBER FRI 15
JUNE SAT 08	DECEMBER SAT 21

For more information please contact nickdpickles@googlemail.com

Beach Care, South West Water, SHARP'S, KEEP BRITAIN TIDY.

theWI
INSPIRING WOMEN
FOR 20 YEARS

Grateful thanks to Gill for hosting our coffee morning - a fantastic sum of £235 was made for the new Heli Appeal. Thank you too if you were able to come along and support us.

Cornwall Air Ambulance
NEW HELI appeal
Saving more time
Saving more lives
HELP RAISE £2.5m

Watch out - we hope to run our Annual Cake Sale in May - there will be posters on the notice board.
AG



**ST KEW HIGHWAY
METHODIST CHURCH**

Services held in the Community Hall at 9.30am.

Preachers for May

- 5th Delarre Irving.
- 12th Chapel Anniversary, 4.00pm, Mr Brian Parkman followed by tea. Everyone welcome.
- 19th Rev'd Alistair Sharp, Communion.
- 26th Anita Baker.

Catholic Church Services

Wadebridge

St Michael's Church
Tel:01208 72833
Mass Sundays 8.30am
Confessions
Friday 10.30-11.00am

Tintagel

St Paul The Apostle
Tel:01840 770663
Mass Mon-Thur 10am
Fri & Sat 6pm
Sunday 10.00am
Confessions:
Before/after Mass.
Other times on request.

Wadebridge Christian Centre

Molesworth Street, Wadebridge. Tel 01208 813110,
wadebridgechristiancentre.org

We are a lively, active, family church where everyone is welcome. We have a crèche and Sunday school, and all our children's workers are DBS checked.

Reflections

As I write this we are all still waiting! We seem to have been waiting a long time. As you read this we might still be waiting. That 'B word', Brexit! Our frustrations at waiting begin at an early age - when my children were young, and more recently my grandchildren, when told to wait their faces showed an expression verging on panic. I am sure I was the same at that age.

Our 21st century world does not help, all around we encounter the encouragement not to wait, to have what we want now. Our credit-driven society urges us to have things we want now, no need to wait. Our 24/7 culture says do not wait for tomorrow, have it today. We have become accustomed to immediacy and swift action. All of which means that when we are made to wait, we feel uncomfortable, not in control, irritated, frustrated. We used to be so good at queuing as a nation!

One of the many problems of feeling like this is that we become so obsessed with the future that we forget to live in the present. We lose the joy of the now as we worry about what is to come. We need to relearn waiting and how to do it in a positive active way, not just be passive. To relearn how to live deeply and truly

**St James the Great
at St Kew**



Calendar for May

- Sun 5th *Easter 3.* 9.30am, Holy Communion with Canon Judith Pollinger.
- Sun 12th *Vocations Sunday.* 9.30am, All Age service of worship with Rob Soley. Start of Christian Aid Week.
- Thurs 6th 2.30pm, visit by Cornwall Historic Churches Trust.
- Sat 18th 3.00pm, wedding, with Preb Prof Andrew Lewis.
- Sun 19th *Easter 5.* 9.30am, Holy Communion with Rev Dr Elizabeth Wild.
- Sun 26th 9.30am, All Age service of worship with Marcus Jones.
- Thurs 30th *Ascension Day.* 7.00pm, Holy Communion with Rev Dr Elizabeth Wild.
- Fri 31st 1.00pm, wedding with Rev Dr Elizabeth Wild.

Calendar for June

- Sun 2nd *Easter 7.* 9.30am, Holy Communion with Rev Dr Elizabeth Wild.

in the present moment so that we can linger in our lives and not be forever looking forwards, striving onwards to the next goal.

My faith tells me that I am living in the now but not yet the world that Christ promised, the work started at that first Easter but will not be fulfilled until he returns again. I am waiting and in that time I have to find fulfilment and not be frustrated or irritated but wait in hope in active anticipation, just like the first disciples waited in those 50 days between Easter and Pentecost.

The Welsh Christian mystic and poet R.S Thomas closes his poem "Kneeling" with the words:

Prompt me God;
But not yet. When I speak,
Though it be you who speak
Through me, something is lost.
The meaning is in the waiting.

May we all find meaning in our waiting, no matter what we are waiting for, be active, live in the present whilst looking to the future.

DRE



How our Foodbank helps our community

THANK YOU TO PETS AT HOME who recently donated half a tonne of pet food to our Foodbank. This will be a great help to anyone referred to us who has a pet. Keeping their pets fed and healthy is really important and the donation will make a huge difference.

During the last financial year we have fed equivalent to 3,114 people and provided over 87,000 meals during this time. We have distributed over 28 tonnes of food, that's around 560 shopping trolleys. With your support we're able to help people in crisis, like the lady who had an accident at home and is struggling to pay her mortgage whilst she is off work.

The HOME GROUP (previously known as Stonham Housing) will be holding a Drop-In Session at Bodmin Foodbank on Mondays starting on 13th May. They will offer help and support with health, housing and social care.

CITIZENS ADVICE - HELP TO CLAIM is a dedicated service from *Citizens Advice*. It's free, independent, confidential and impartial. Their trained advisers can help with things like how to gather evidence for your Universal Credit application or how to prepare for your first Job Centre appointment. For more information, please visit their website: www.citizensadvice.org.uk/helpclaim.

TICKETS ARE SELLING FAST

Don't forget to reserve your tickets for our Fun Camping Weekend at Mother Ivey's Bay Holiday Park taking place from the **14th-16th June 2019**.

£30 for an electric pitch and £26 for a non-electric pitch. Tickets are available from Wadebridge Foodbank (cash or cheque), at Unit 2 Trevanson Street PL27 7AR (opposite Lidl), we're open from 10.00am-1.00pm Monday to Thursday.



MONEYBOX COURSE

If you are worried about money and would like some support with budgeting and creating a CV, come and join our **FREE** and **FRIENDLY Moneybox Course**. Available for anyone aged 16+ and unemployed. It will help people to budget, build their confidence and manage their finances.

If anyone would like more details of the course, please contact us on 01208 815374, or email: contact@wadebridgefoodbank.org. It's a great way to learn in a relaxed environment.

Wadebridge Foodbank, Unit 2 Trevanson Street, Wadebridge PL27 7AR Tel. 01208 815374
Registered Charity No. 1166301
Email: contact@wadebridgefoodbank.org
Website: www.wadebridgefoodbank.org



To begin our article this month, I need to explain to you all about "The Mystery of the Lost Banner" - when we moved to the Community Hall back in the 1990's, our

Banner came with us and is safely kept in the cupboard. A number of villagers have been phoning us to ask where it has gone following the query in last month's magazine. In fact we are hoping to process proudly with it in Truro Cathedral later this year in celebration of the Cornwall Federation Centenary Service.

This month we have started out new programme with a short-mat bowling evening - the members that attended enjoyed the competition! Thanks to David for helping with the evening.

Each year the National Federation promote 2 resolutions. We get to vote on these and we would like to promote them to you all here in St Kew Parish.

Don't forget the smear - Cervical screening saves around 5,000 lives a year yet attendance is currently at its lowest for a decade. The NFWI urges WI mem-

bers to attend routine screening, to take action to raise awareness of the importance of cervical screening and address barriers to attendance to help eradicate cervical cancer.

A call against the decline in local bus services - here in our village we have limited public transport - try to use it whenever possible. We must ask our local and national government to take action. The importance of a local sustainable bus service particularly in rural areas should be recognised. This will have a wide impact on communities.

In May we are going to try our hand at Painting a Pot - Wednesday 8th May at 7pm in the St Kew Highway Community Hall.

Visitors welcome at £3. Come and try it out. Give us a call if you want some more information, 01208 841469.

AG

Events Diary - May

- 1st 'Good Morning Cafe', St Kew Ace Academy, 8.45 -11.00am.
Bellringing practice, 7.30 - 9.00pm.
- 2nd Chair Aerobics, Community Hall, 2.00pm.
- 8th 'Good Morning Cafe', St Kew Ace Academy, 8.45 -11.00am.
Tea and Cake, Community Hall, 1.30 - 3.30pm.
Bellringing practice, 7.30 - 9.00pm.
- 9th Chair Aerobics, Community Hall, 2.00pm.
- 15th 'Good Morning Cafe', St Kew Ace Academy, 8.45 -11.00am.
Bellringing practice, 7.30 - 9.00pm.
- 16th Chair Aerobics, Community Hall, 2.00pm.
- 17th Souper Lunch, Community Hall, 12.30pm.
- 22nd 'Good Morning Cafe', St Kew Ace Academy, 8.45 -11.00am.
Bellringing practice, 7.30 - 9.00pm.
- 23rd Chair Aerobics, Community Hall, 2.00pm.

News from St Kew Parish Hall

Our annual Spring Fair and Coffee Morning will take place in the Hall on 11th May, starting at 10.30am. We will have the usual range of stalls and games including a large plant stall. The cakes are always something to die for. See you there.

Kathy

To book the hall, please contact Leanne Sproull on 01208 841808.

The Regal in Wadebridge

Tel: 01208 812791

www.wtwcinemas.co.uk



May

- 3rd Tolkien
- 10th Pokemon: Detective Pikocho
- 17th John Wick: Chapter 3 – Parabellum
Rocketman
- 24th Aladdin
- 31st The Secret Life of Pets 2
Godzilla: King of the Monsters

Live Screenings

Book on-line or contact cinema.

April

- 30th Faust'. Royal Opera House, 6.45pm.

May

- 14th 'All My Sons' - NT, live, 7.00pm.
- 16th Mixed Triple Bill, Royal Ballet, live - 7.15pm.
- 21st Matthew Bourne's 'Swan Lake' - 2.45pm & 5.30pm.

Recycling

Recycling takes place on a variety of days in the same week within the parish. Recycling collections are in the weeks beginning ????

Please see the Cornwall Council website for full details.

ST KEW HIGHWAY COMMUNITY HALL

ONGOING EVENTS

(Registered Charity No 294140)

- | | | | |
|---------------|---|-----------------|--------------------------|
| Sun: | Methodist Church Service | Marion Dingle | 01208 841388 |
| Mon: | Yoga 10.30am | Fiona Crompton | 01208 851735 |
| | Pilates 2.30pm - 5.15pm | Martin Brooks | 07812 959 879 |
| Tue | Pilates 1.15pm-2.30pm | Martin Brooks | 07812 959 879 |
| Wed: | 1st, 3rd and 5th in month - | | |
| | West Country Embroiderers 10am - 3pm | Pat Scarborough | 01841 521323 |
| | 1st in month - St Kew Playing Field Trust | | 7.00pm |
| | 2nd in month - St Kew WI | 7pm | Becky Allen 01208 841798 |
| | 3rd in month- Gardening Club | 7.30pm | Richard Godden |
| Thurs: | Chair Aerobics | 2pm | Pat 01208 841260 |

**IMPORTANT : BEFORE ARRANGING YOUR EVENT AT THE HALL
CHECK AVAILABILITY AND BOOK WITH SHIRLEY ROWE 01208 841257**

SOUPER LUNCH

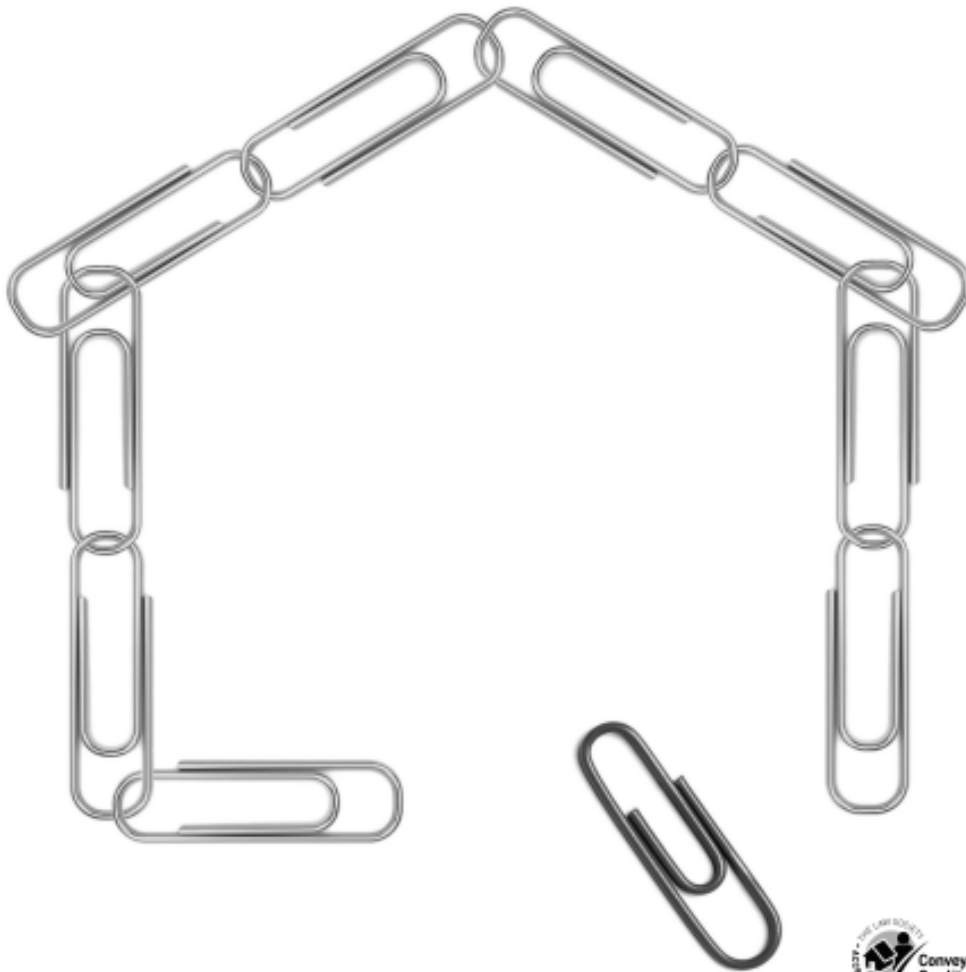
Our next Souper Lunch will take place on Friday 17th May at 12.30 in the St Kew Highway Community Hall.

We get together to share a bowl of home-made soup and to chat to neighbours and friends.



**Do come along and see
for yourselves!**

Helping you complete the chain



Moving house is exciting but can be stressful, let us take the strain.
We are here to help, talk to Sproull.

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Disputes | Family | Property | Wills

Parish Council News

Chairman: Cllr J Lethbridge

Clerk: Cindy Powell,

Rockhurst, Trethburgy, St Austell, PL26 8YF

Email: clerk@stkewparish.org.uk



The Parish Council meets in the Parish Hall, St Kew Churchtown at 7.00pm on the second Tuesday of each month. Members of the public are welcome to attend and address the meeting on any subject of concern.

St Kew Parish Council Meeting, Held on Tuesday 9th April at 7.00 pm in the Parish Hall.

Present: Chairman J Lethbridge, Vice Chairman A Godden, Councillors: J Rowe, B Finnemore, J Rickard, T Mott and R Godden, and 9 members of the public.

If you have driven through or around St Kew, you may have noticed that the old cast-iron signposts have been restored and repainted. The council would like to express thanks to Tony Prophet for volunteering the labour to carry out this work.

Whilst on this subject, If anyone knows of an eyesore in the parish that needs tidying up or sorting out, please contact the council and we will see if anything can be done.

The council has received a complaint about the buses not stopping at the bus stop in St Kew Highway. This matter is not in the council's remit, but we have learned that Cornwall Highways are going to inspect Trelill Road at an earlier request from the council, to see what could be done to improve safety.

Planning Applications

PA19/02105 - Mr & Mrs Dingle, Penbre, St Teath Road, Trelill. Change of use of part of field to horse sand school.

Recommend approval

PA19/01296 - Mr & Miss Williams, land east of Springfield, Bokelly Lane, Trequite. Outline planning with all matters reserved for up to 3 residential dwellings.

Recommend approval

PA19/01749 - Mr Richard Blewitt, Pengenna Manor, Trelill. Change of use only to assembly and leisure of existing agricultural barn.

Recommend approval

PA19/01750 - listed building consent on above.

Recommend approval

PA18/11369 - Mr Thomas Clagett, Rose Cottage, Mill Lane, Chapel Amble. Retrospective consent for change of use of an outbuilding to residential accommodation.

Recommend approval

Planning Decisions

PA19/00982 - Land south west of St Kew Golf Club, St Kew Highway. Non-material amendment.

Not acceptable as an amendment

PA1901161 - Mr Symons, Trevathan Farm Shop and Tea Room, St Endellion. Extension.

Approved

RG



PLANT SALE

Cakes & Produce

Saturday 5th May at the
Community Hall St Kew
Highway,
starts 10.30



Rainbows

**Come and Join
Rainbows**

What we do Making friends Outdoor activities Badges and skills crafts and cooking	Tuesdays 5pm - 6.30pm 1st St Minver Rainbows Trewint Lane, PL27 6LU Girls aged 5-7
--	--

How to Join
Go to [www.girlguiding.org/join us](http://www.girlguiding.org/join-us)
Tel: 07872381680
Find us on Facebook: 1st St Minver Rainbows



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email: stkewinn@btconnect.com

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ALL ACROSS THE COUNTY**

The Red Lion, St Kew Highway
Trevathan Farm Shop, St Endellion
Butter Milk Confectionery, Port Issac
Golden Lion, Port Issac
Oystercatcher, Polzeath
St Kew Inn, St Kew
The Cornish Arms, Pendoggett
Wadebridge Wines, Wadebridge
Spar Stores, Polzeath
Old Custom House, Padstow
The Little Gin Shack, Wadebridge
Padstow Farm Shop, Padstow
Trebetherick Stores, Trebetherick
St Tudy Community Shop, St Tudy
Bin Two, Padstow
Ark, Atlantic Highway A39
Port Gaverne Hotel, Pilchards Café
Stargazy Inn, Port Issac
The Molesworth Arms, Wadebridge
St Mabyn Inn, St Mabyn

Geoff, Karen and all the staff welcome you to

The Cornish Arms, Pendoggett



A 16th Century Country Inn

On the main road between Port Isaac and Tintagel

Open all day every day from 11:30 a.m

offering Real Ales, Good Wines, Cornish beers, Lagers & Ciders & over 100 Gins.

OUR QUALITY PUB FOOD is served everyday from 12 noon-2.30 & 5.30-8.30.

SUNDAY LUNCHTIME ROAST with a choice of 4 meats **£9.95.**

Monday-Friday lunchtimes Our “SMALLER APPETITES” menu is available
with 2 courses for £7.95.

Please see our website & Facebook page for the details of our menus and live music
at the Cornish Arms throughout May.

‘HAPPY HOUR’ EVERY FRIDAY 4.00-6.00pm

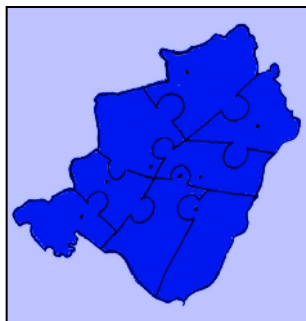
ALL DRAUGHT BEER & HOUSE WINE £2.50 a pint/175ml glass

Free Parking • Beer Garden • 7 En-suite rooms • Free Wi-Fi
Well behaved dogs and children are welcome.

Tel: 01208 880335 or email: contact@cornisharmspendoggett.co.uk

Website: www.cornisharmspendoggett.co.uk We are also on facebook.

Pieces of Eight



June 2019, Issue 250

News, views and issues from: Chapel Amble, Pendoggett, St Kew, St Kew Highway, Trelill, Tregellist, Trequite, Trewethern

250th Edition

Email: stkewmag@gmail.com

The cover of the first edition of the new look 'Your Parish' Magazine from 1995, compiled on a computer no less!

Your Parish

The St Kew Parish Newsletter - October 1995 NLYP01 Your Free Copy

NEW LOOK FOR "YOUR PARISH"

This is the first edition of a new look for Your Parish (NLYP) which has been compiled on computer and printed by Sir James Smith School in Camelford. The Magazine Committee will need plenty of help to ensure that we get enough copy and if we are to be able to fulfill the new aim for the distribution of the magazine to all households in the Parish - *free of charge*. We have a number of volunteers already and we hope that this edition will be fully distributed, but more are required if we are to keep this going.

In order to keep the magazine free, some advertising is essential to defray costs. Inclusion of advertisements is easily accomplished with the computer set up available to us and production costs should be covered by these and by the generous grants which we have managed to arrange from the Cornwall Rural Community Council, The St Kew Parish Council and others. Finally, we hope you enjoy the new look magazine and look forward to hearing your views.

PUBLICATION DEADLINE

Please submit items for this magazine by the 23rd of the month, addressed to the Editor:

Tony Mott
Ardneh Cottage
St Kew Highway
BODMIN
Cornwall PL30 3EQ
Tel/Fax: 01208 841336
Email: 100645.65@compuserve.com

ST KEW HIGHWAY YOUTH CLUB

St Kew Highway Youth Club would like to put out a plea for the following items: dominoes, draughts, cards, chess sets and boards, darts, table tennis bats and balls, tennis rackets and balls, footballs and any board games. If anyone in the area has any of the above items that they no longer want, the youth club would be very grateful for them. They will collect from anyone, please contact either John Gill at Trelill (01208 850807) or Becky Mascall at 30 Kenwyn Park, St. Kew Highway. They hope to hear from you. The Youth Club is open for all children of seven years and older and meets at the community hall at St. Kew Highway every Friday evening from 7 - 9 o'clock - the fee is 50p per week. If anyone is interested in joining, please get in touch with John or Becky.

ST. KEW WAR MEMORIAL

By 1919 the First World War, the war to end all wars, the Great War, had ended.



The people were proud, along with their allies, of their achievements yet there was a growing realisation of the debt they owed to the men and women who had served their country but particularly to those who had lost their lives.

It was in this climate that in March 1919 the Reverend Dalton-Jackson suggested to the Parish Council that a memorial should be raised to their memory.

A memorial committee was formed chaired by Admiral Cayley CB and with Councillor J.H. Hawken its secretary. Their brief was to decide what form the memorial should take and to raise the funds necessary, as it had been agreed by the Parish Council that the cost should not be borne by the ratepayer but by public

subscription. By the end of 1920 the memorial of fine De Lank granite had been erected and the approximate £200 required, an enormous sum for the time, largely raised.

At 3pm on 3rd March 1921 a service was held in the church and later at the memorial, which was still draped in the Union Flag, Mr Jacob Stone parish warden presented Mr Nicholas Bray, Chairman of the Parish Council with a Deed of Conveyance which entrusted the memorial to the Parish Council's care for all time. The St Kew Soldiers Hymn was sung and Admiral Cayley unveiled the memorial. The Bishop of Truro then conducted the dedication service and consecrated the ground upon which it stood.

Despite the optimism, within less than thirty years the Parish Council were once again discussing what form a memorial should take. This time to honour those who had lost their lives in the Second World War. (continued page 2)

NEWS JUNE



“

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Welcome to Pieces of Eight

We are a free independent community magazine, published ten times a year (not January and August) covering local news, views and events in the St Kew parish area. Volunteers produce, edit and distribute the magazine to every household in the area, and to all the local churches, shops and pubs. We do hope you enjoy reading it.

We would love to hear from our readers - articles, letters, suggestions and other contributions are always welcome. Please see our contact details below.

There is also an on-line edition hosted by the Parish Council which can be found at www.stkewparish.org.uk/PO8.html. (*We are very grateful to the Parish Council for allowing us to use their website*).

EDITORIAL

Our 250th edition!!

Welcome to this special edition of Pieces of Eight. After much debate we decided to celebrate the milestone by incorporating material from past magazines (it was very difficult to choose as it was all so interesting to read!), along with reminiscences from previous editors and contributors. We do hope you enjoy it!

We have had a very enjoyable time researching the history of the magazine and talking to the previous editors. It is clear that we are mere trainees at this game as we are only coming up to the end of our third year in the job! It looks like we have many more years to go to catch up with our long-serving predecessors.

Grateful thanks to Kim Appleby from the History Society and Richard Godden for supplying copies of the old magazines, to everyone who has contributed a special article, and to all our contributors for this bumper edition.

Now I have a confession to make - I've not told our Treasurer about the extra 4 pages. We hadn't agreed on it... but then he has been on holiday. Hopefully I'm not in too much trouble!

Finally, all of us at Pieces of Eight feel extremely privileged to follow in the footsteps of everyone who has been involved in this wonderful community magazine over so many years. We wouldn't be here without you.

Here's to the next 250 editions of our magazine, although we can't promise to still be the editors by the time we get there!

Nicky and the Editorial Team

The Editorial Team are:

Philippa Harkness - Children's page & History
Steve Liddiard - Advertising Manager & Treasurer
David Penhale - Events & Poet in Residence
Nicky Pickard - Main editor who puts the magazine together, assisted by husband Mike.

Contacting the Editorial Team

We can be contacted by email at stkewmag@gmail.com. Please use this address for **ALL** correspondence, the in-box is checked regularly.

Alternatively you can phone Nicky's mobile - **07813 603776**. Leave a message if you can't get through and she will phone you back.

Advertisers should contact Steve, our Advertising Manager via this email address, putting 'Advertisement' in the subject line. Steve can provide information on advertising costs, space availability, formats, etc.

Copy date for the July issue is:

Friday 14th June

We aim to get the printed magazine out to our distributors before the beginning of the month of issue. Please could all contributors send us your copy or advertisement as soon as possible, **before** the copy deadline. If your article or advert is going to be late it would be very helpful if you could let us know in advance.

Note to Readers

When responding to an advertisement, **please** mention that you saw it in Pieces of Eight. This shows our advertisers that the magazine is **the** place to reach local customers.

The magazine does not accept any responsibility for any issues arising from advertisements.

Views expressed in this publication are those of its contributors and do not necessarily reflect those of the Publishers (the management committee) who reserve the right to refuse or alter any material supplied.

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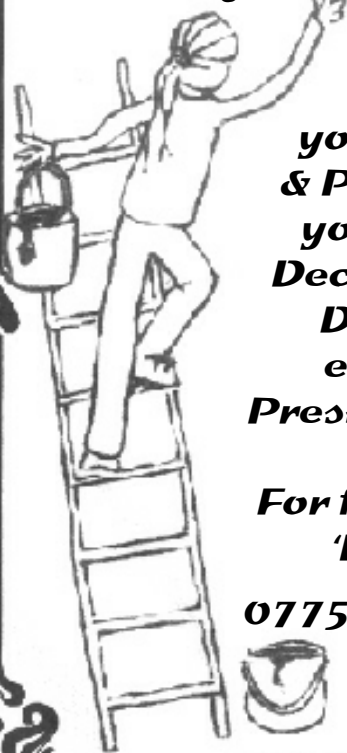
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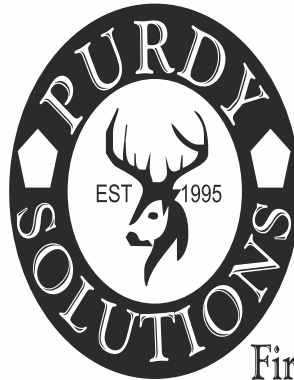


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Port Isaac GP Practice

Adjustments to the service provided and the appointment system

In response to a request from the Parish Council (see 'Parish Council News' towards the back of this edition), the practice has provided Pieces of Eight with this statement outlining the changes to the way their service will be provided in the future.

Introduction

General practice across the country is facing unprecedented challenges in workforce recruitment with increasing complexity and demand for primary care. Changes in workforce at a national and local level have an impact on the way primary care is run. Following recent changes in clinical staffing at Port Isaac Surgery, we have undertaken a review of how we can continue to deliver services to our patients in a safe, sustainable way.

The practice will be moving to a new model of providing care, adopting systems widely used across the country. The aim is to ensure that we are able to provide efficient care tailored to our patient's different needs. For example, urgent and acute illnesses compared to routine, long-term care and follow up.

Main Points

- Care will be provided using a range of clinicians including:
 - o Doctor
 - o Nurses
 - o Pharmacists
 - o Specialist paramedics.

- Reception Team:
 - o Have been trained in ensuring that patients see the right person at the right time.
 - o Rely on information provided by patients to facilitate this.
 - o Where this information is not available, we will be unable to ascertain what appointment type is required and will offer the next available routine appointment.

- Routine Appointments:
 - o Will still be available to be booked in advance (up to two weeks).
 - o Will be either face to face or by telephone, at a time and location that is convenient.
 - o Patients with very specific requirements may find they need to wait longer before a suitable appointment becomes available.

- Urgent care requiring on the day assessment:
 - o Will be under the care of an acute clinician.
 - o May be dealt with over the phone, or at one of our surgeries.
 - o We may not be able to offer a choice of clinician or surgery site.

- Appointment Booking:
 - o To ensure fair and equitable access to booking appointments, we will no longer be able to take bookings at the reception desk.
 - o All appointments will need to be booked over the phone or online, and we will be improving access and accessibility to booking appointments in this way.

The improvements to our service that are outlined above are aimed at ensuring a safe and sustainable future for Port Isaac Surgery and our patients. We strive to provide a modern, efficient primary care service.

We would appreciate the support and help of our patients in this process.

Comments to: letters.portisaac@nhs.net please.

Thank you.

All the news and highlights from the top of the hill! Don't forget, you can keep up with all the school antics in our monthly newsletters, published on our website: www.st-kew.cornwall.sch.uk

Summer at St Kew

What a lovely start to the Summer Term it has been at the top of the hill! New topics have started and the children are thoroughly engaged in learning.

Class 1: If you go down to the woods today...

A visit to Cardinham Woods and subsequent learning back at school: investigating trees, leaves, mini-beasts, natural materials and map work! Arts and crafts will be linked



to our topic with lots of observational drawing and outdoor art using natural materials.

Class 2: Urban Metropolis



London past and present: exploring the events of The Great Fire of London before moving onto present day London. Fire of London cakes made and eaten and a scale model of London to be set on fire at the end of the term!!!

Class 3: Taking Courage

Looking at how the war affected people, especially children in London and here in Cornwall, with many people receiving evacuees. The children will be visiting the local war museum as well as dressing up for the day. Lots of links with outdoor learning, including our very own 'Dig for Victory' campaign.



Farewell, but not Goodbye



On Tuesday 30th April we said a fond 'Farewell' to two amazing members of our staff team: Mrs Angela Bluett, Secretary, and Miss Marie Osborne, Class 3 teaching assistant. Sent on the way to a relaxing retirement and an exciting new post at Truro College, respectively, they received many thanks,

well-wishes, flowers, gifts and goodbyes from pupils, staff and parents who have valued the roles played by them both in their time at the school. A St Kew send-off is never complete without a 'memories from the children' book and these caused many laughs and tears. A huge thank you to Ang and Marie for their contribution to St Kew over the years!

SATs

As I write this, our Year 6 pupils have just finished their Statutory Assessment Tests: the tests the Government use to decide how well pupils have done through Primary School! Our pupils, like all other Year 6 children throughout the country, have been tested in grammar, punctuation and spelling, reading and maths – sitting 6 papers



in total. We have been amazed at the maturity with which they have tackled the week, after being filled with 'SATs breakfast' (AKA anything from bacon baps, beans and eggs on toast to pancakes with chocolate sauce alongside the usual cereal and juice), heads went down in each test and they filled their pages with answers to the questions posed this year. We eagerly await the results in July. Well done to all Year 6 pupils and Mrs Watson for preparing them so well – we hope you all enjoyed your pizza and chips lunch and Friday night ice-cream celebration!

Outdoor Classroom Day



We were delighted to have been able to take part in 'Outdoor Classroom Day' on Thursday 23rd May with all children completing learning tasks outside! We have been working

hard on getting the polytunnels and vegetable patches / flower beds growing again and the children in Class 3 have been 'Digging for Victory' a project linked to their World War 2 class topic.

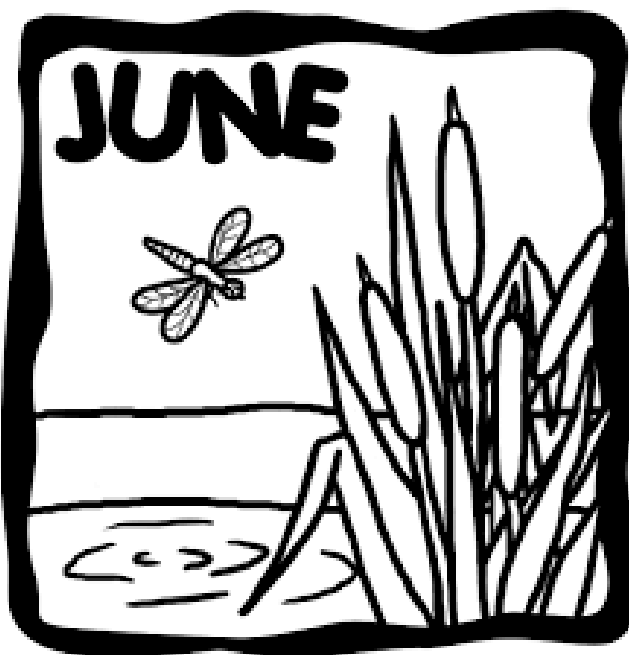
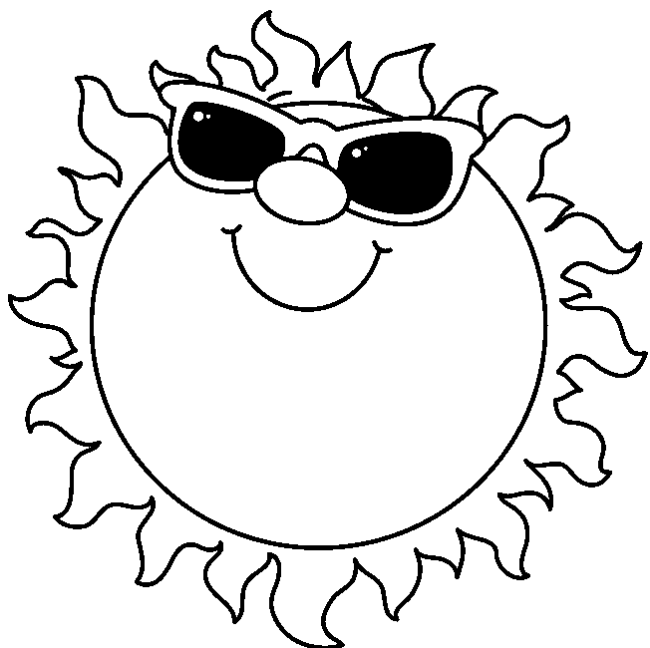


'Discover, Learn, Develop' at St Kew!

RM

CHILDREN'S CORNER

Summer is nearly here! Can you colour these pictures with lovely bright colours! Have fun!!



*June is the month of the year with the longest days – yippee!
Midsummer's Day is on the 24th June.*

The Summer Solstice is on the 21st June – that is the longest day in the whole year!

Letter to the Editor

Hi,

We are a small group of pro-active ladies who are concerned about our future and would like to do something about climate change.

To this end we want to plant trees, fruit trees, hedging etc. If you have a piece of land and would like to help, or to find out more please send an email to: trees4thefuture@outlook.com.

Many thanks.

Tina Robinson

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Our Feathered Friends

'Chow, chow' rhymes with 'plough', a welcome sound for those in the know! A visit down West Cornwall to selected sites, and this sound is your first encounter with a Cornish Chough. Always pleased (ok, rather chuffed!), to see this magnificent bird. Pronounced 'Chuff' not 'chow' as its call. The Chough is a member of the crow family similar to a Jackdaw in size and could once be found on much of the coastline.

It has declined from a large number of areas around the UK during the last century. It is a handsome glossy black bird. The splendid red curved bill stands out well on the adults, and it also has nicely co-ordinated red legs to match. In flight, the square-tipped deeply-fingered wings help it glide and turn effortlessly on the thermals. Choughs can also dive with their wing's half closed before pulling up in a steep climb around the cliff areas.

The Chough is now confined to Atlantic coasts of Brittany, Scotland, Wales, Ireland and of course now in Cornwall again. Their diet consists of insects, beetles, flies and grubs. They prefer short turf areas on the cliff tops, cattle often help as they keep the grass trimmed as well as attracting lots of insects for hungry mouths. They gather in small flocks throughout the year. Nest sites can be an old mine shaft, cave or holes in the cliff edges of rugged coast line. Nests are expertly monitored and guarded by the RSPB, and here by the Cornwall Chough project, plus a string of dedicated volunteers. Choughs are closely monitored and all are ringed at birth to help identify individuals and track and protect their habi-

tat. The Chough sadly disappeared as a breeding bird in Cornwall back in 1971, until nature had its say again in 2001. Plans were afoot to reintroduce this iconic bird to Cornwall, however some wild birds arrived from either Ireland, Wales or Brittany, and liked what they found on the Lizard coastline. Three Choughs arrived, perhaps seeking new territory and the pair successfully reared three young, much to the joy of many. 'Palores' was back again in the county, and it has continued with steady success, with other areas of the west also having some breeding birds.

We all have seen the Chough image as it proudly sits on top of the Cornish coat-of-arms, with a fisherman and a tin-miner for company. The first Chough family I came across was many years ago, in Pembrokeshire, however I have since seen many in the West and on the Lizard. The nearest sightings to our parish have been small numbers exploring at Trevoze Head and Park Head, west of Padstow.

Long may they continue to breed successfully, and a big thank you to land-owners and trusts providing the framework to help this bird succeed. Dear 'Palores', (Cornish for Chough), the national bird of Cornwall, a bird steeped in mythical history, with connections to King Arthur - but that's another story.

Chow for now, happy birding.

Clutts, Pendoggett

You may like to read 'Shadows in the Sky, published by Studio Cactus in 2007. Written by Pete Cross, this book is based loosely on the return of the Chough to Cornwall from the birds point of view.



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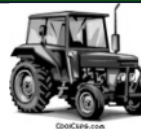
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St. Kew Community Gardens Association

The View from the Allotments and it's been "win some, lose some" this month.

First of all, I'm glad of the sunshine and blue skies, which are very cheering, but not so pleased with the cold winds, which just won't let us alone.

A friend had given us some tomato plants and then we bought some more at the Plant Sale in the Community Hall, and I am sad to report that we have lost nearly all of them. We had hardened them off outside in the greenhouse and dug over and manured the strips we wanted to plant them in but sadly the night after we got them in, we actually had a FROST! Yes, I know, we should have left them another week to acclimatise themselves but we didn't and we have been punished for it. Since then, I have bought another dozen from Trelawney, planted three in the greenhouse in the back garden and I'm bringing the others on back here at the house. They will go in at the weekend, if all goes well and the weather stays dry and warm.

Do you remember how I boasted about the asparagus? How we had weeded and sprinkled the beds with chicken manure and were awaiting copious bundles of spears throughout May and June? Well, we have had a few (small) bundles and shall continue to harvest a few spears here and there but overall they have FAILED! And of course, they take up a lot of space, as you have to leave the crowns in and can't use the strip for anything else. So probably we shall dig up this patch and give up on the asparagus. It takes such a lot of time and effort

for insufficient reward. Much better to use the patch for brassicas, which see us all through the Winter and on until April. Shame, though – picking your own asparagus always felt like a real treat.

Meanwhile on the plus side, our broad beans are doing really well and promise a good crop. Tony had dug up the old and tired gooseberry bushes beside the greenhouse and dug in lots of good stuff, so they are making good use of this freed-up patch. Also, the peas he sowed have all come up wonderfully well and we have planted out one thick row each of Early Onward (common-or-garden peas), Sugarsnap and Mange-tout. He's also got an ingenious gutter-full of peas in the greenhouse which will be put around our weird "edifice" which was built last year for the runner-beans. He got an old piece of plastic guttering from Bob Plater, filled it with compost and sowed masses of peas in it and they have all germinated and are growing apace. We do love fresh peas and last year they were a great success.

The onions are a bit depressing at the moment – a mass of weeds, despite the fact that I have hoed them diligently. We will have to get down on hands and knees and do the more traditional weeding this weekend, as we do count on the onions to see us through months of cooking.

Leeks are coming along well in the greenhouse, but the sweetcorn has failed and we shall have to plant some more. The greens are fine, so that's all to report this month.

*Judith Mott, judithmott@btinternet.com,
Tel: 01208 841312*

St Kew Historical Society

All talks and meetings are at St Kew Parish Hall on the 2nd Thursday of each month, from 7.30 pm.

Please come along to our next meeting on:

Thursday June 13th at 7.30 pm, St Kew Parish Hall. Our next talk (guest speaker to be announced), or could be an in-house meeting. Please see e-mail, or our Facebook page.

Review for May 9th 2019

"Frightful Shipwreck - Awful Loss of Life". Plymouth and Stonehouse Journal report May 1885:

The wreck of The Barque John sailing with emigrants from Cornwall and Devon to Quebec, Canada, smashed on the Manacles Reef off The Lizard near St Keverne, South West Cornwall. The subject of a very well researched talk by Mrs Nicola Wills, volunteer at Wadebridge and District Museum. A subject of great significance to people in Cornwall whose ancestors comprised many of the lost pas-

sengers, many of whom are buried in a mass grave in St Keverne Churchyard.

Mrs Wills' passion and interest in the stories of the people on that fateful voyage, both survivors and those who died, pays homage to people of all skills and levels in Cornwall and Devon at that time seeking a new life and opportunity in the new world. There are many well documented reports of this tragedy- Google it and be enthralled!

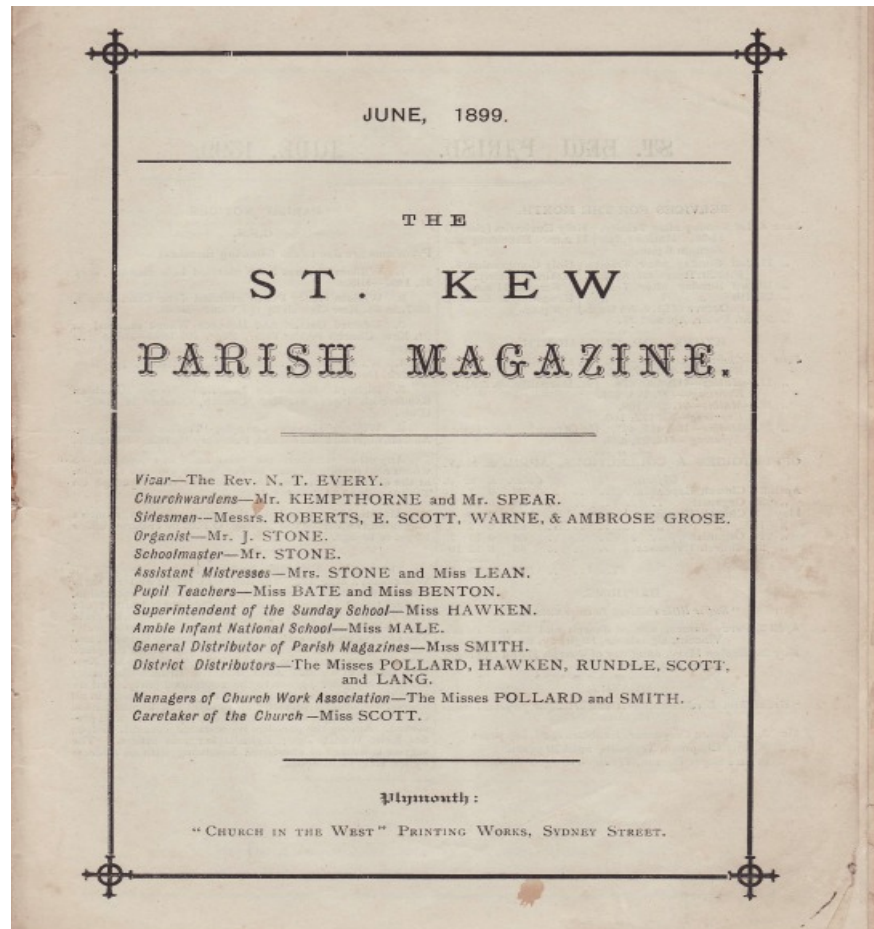
You will all be welcome at any of our future meetings and events, see our Facebook page for details and updates. Meetings are free with annual membership - guests £3.00 per person. Refreshments available.

Regards to all.

John Raybould - Secretary

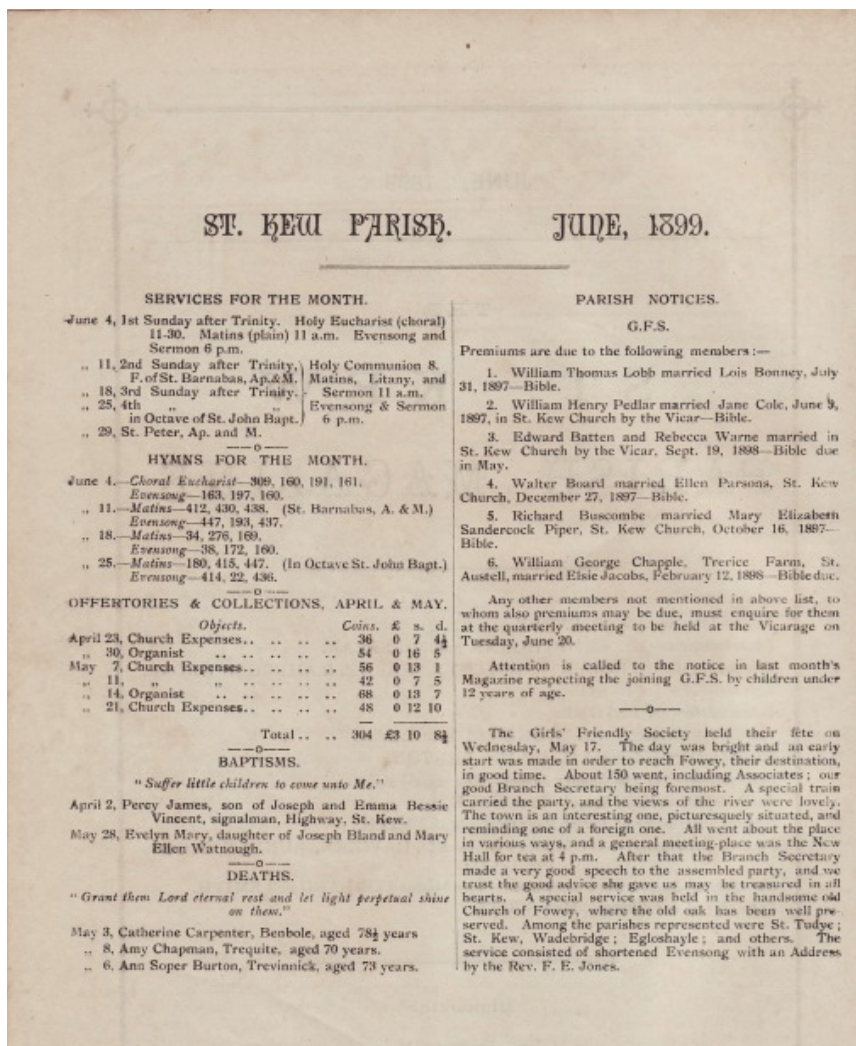
On the next few pages we take a look at the previous incarnations that, by various routes, eventually led to the 'Pieces of Eight' as we know it today.

We have also gathered some reminiscences from previous editors and contributors. We hope you enjoy reading them as much as we have.



Here are copies of two pages from the St Kew Parish Magazine from June 1899 - exactly 120 years ago.

The History Society have some information on Miss Hawken (see next page), but if anyone in the Parish recognises other family names mentioned please do get in touch.





Miss Hawken

On the previous page, on the front cover of St Kew Parish magazine under 'District Distributors' you will see a Miss Hawken mentioned.

She had very distinctive curly hair as can be seen in several postcard images of the time. The second image shows her in the middle at the back with the big black hat and stick! Quite a character. She was the sister of Irwin Hawken who was the landlord of the St Kew Inn at the time and she was known in the family as 'Aunt Pop'.



The magazines the History Society have in their archive belonged to her. They were given to the History Society by her great niece, Nan Willis (nee Hawken) in 2009.

St Kew Parish Magazine, 1982

In 1982 after retiring as Head of Business Studies at Queen Elizabeth School/College, Wimborne, John Brander (better known as Jack) moved to Cornwall, settling first in St Tudy, then St Kew.

Jack soon got involved in organisations within the parish - he became secretary of the St Kew Gardening Association, the secretary & clerk of St Kew Parish Council, and was also involved in the local British Legion.

During his involvement in the local activities, and given that he would have access to information that would be useful for parishioners, he developed and published the magazine "Our Parish", which would eventually become to Pieces of Eight.

Jack would type the content of the magazine, which consisted of two pages at that time, and then using his own duplicator would produce around 250 copies, all of which were copied and stapled together during one evening each month at Jack's home. The magazines were then distributed by Jack and by Betty Lethbridge to the local shops, church and pubs.

Jack's good work was recognised by the Parish Council who made a donation towards the cost of producing the magazine. Jack was also able to get a few advertisers onboard (this, as now, would have helped with the cost of production).

Jack included a regular item - 'Thought for Today' and Betty became a regular contributor to the magazine providing recipes each month.

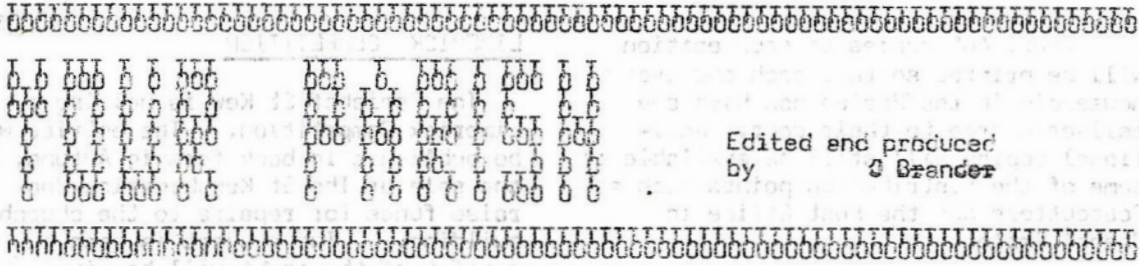


During 1992 Jack moved back to St Tudy, but continued to produce the magazine until Judith and Tony Mott took over.

Jack passed away in 2011, and on behalf of the current magazine committee and everyone in St Kew Parish, thank you Jack for having the foresight and drive to develop the magazine in its modern guise, and thank you Betty for sharing this information and photograph with us.

Steve

Following on from Steve's tribute to Jack Brander, here is the front page of his final edition as the Editor of 'Your Parish' from September 1995. The cover of the first edition of the 'New Look Your Parish' from October 1995 is shown on the cover of this month's Pieces of Eight.



Edited and produced
by J Brander

SEPTEMBER OF YEAR 1995

GOODBYE FROM THE EDITOR OF
"YOUR PARISH".

To-day is just a little strange to me for this edition of Your Parish will be my last.

Eight years ago, I believed that there should be a means of communication within the community of St Kew, and so I started to provide such a vehicle using an old ink duplicator in a spare room at Lanow Farm, St Kew.

In all those years I collected articles; presented and typed them; printed 250 copies; and then distributed them to various outlets. It was a "one-man show" but I believe it worked!

Yet the "old-fashioned" method of producing copies had severe limitations. The equipment often broke down; however the cost of replacing it with more up-to-date methods was, for me, prohibitive.

I am now handing over to a group who will produce "Your Parish" with the more modern equipment, and they will produce advertisements, drawings, photographs, in a clearer and more attractive print. They will work as a team in printing and distributing the copies.

Their aim, however, will be no different from mine, and what I always intended it to be - to let you know what is going on in Your Parish. They have my best wishes.

J Brander

A MESSAGE FROM STAN HOOPER

To the person or persons to whom these few words will be of interest.

The 1.6 Ford Estate which I have been driving around in for the last twelve months is my own property - (NOT A MOBILITY CAR).

continued next column

If the person or persons who are concerned about my welfare would like to contact me, I will show them the Bill of Sale for my vehicle, hoping this will put their minds at rest.

Stan Hooper.

NEW LOOK FOR "YOUR PARISH"

Many of you will have been aware that, since The Parish Review, a small working group has been working to extend the distribution of, and to improve the look of the excellent Parish Magazine which has for so long been written and published alone by Jack Brander. He took on this interesting and enjoyable task.

He has however indicated that it is time for others to take over, and this is what we hope to do. Thank you Jack for all your hard work up to now - we hope that we will be able to live up to the well-deserved reputation which "Your Parish" has achieved, and we also hope that you will take a prime interest in the "New Look Your Parish" (NLYP).

To get the NLYP started, the working group have applied for two one-time grants. These are from the Cornwall Rural Community Council and from the Parish Council, each for £100. We are most grateful for both of these, and the money will be used to put the magazine on computer, which will give enhanced flexibility and appearance, particularly for photographs, drawings and advertisers' logos.

In addition the Parish Church and the Parish Council have said that, subject to visibility and success, they will donate £50 each year to assist to cover some of the running expenses.

As a result of this generosity, from October this year it is hoped to produce the NLYP magazine in a new look format based on a different form of production and printing. It will remain very much a Community Magazine with contributions from local societies and businesses, from those interested in the environment and the Methodist Chapel and St James Church.

Your Parish – the first ten years

Judith and Tony Mott take us back to the beginning of the new look 'Your Parish'

Actually it was a shade under ten years, as we took over as Editors during the Winter of 1995 and handed the job on to Sandra Woods and Linda Monk in July 2004. But during those years we took the magazine from a single sheet of A4 to a 20-page issue and it's good to see that it's still alive and kicking!

The first magazine, edited and produced by Jack Brander, took the form of a two-sided sheet of paper which was run off on an old Gestetner machine – remember those? Jack produced 250 copies which were held at the shop at Highway and I think in the various pubs and the church, too. I don't remember any advertising, although there might have been the occasional mention of a local business.

When we took over from Jack, it was an initiative from St. James' Church and R.Adm Alec Weir that was instrumental in getting a committee formed and a "new-look" magazine started.

Our first meeting was held in Alec and Ann's sitting room and consisted of Alec as Chairman, Laura Ford as Treasurer, Tony to take over all the IT and publishing, me to write as much as possible and solicit advertising, and Maida Davy and Peter Coster as additional committee members. The aim was to produce some 500 copies and hand deliver them to just about all the households in the parish, from Trelill to Amble and all places in between. Once we had settled into a pattern, our meetings were always held around Alec's dining-table, fuelled by G & Ts, sherry, or a cup of tea.

I think our first effort consisted of two sheets, 4 sides of A4, and had an editorial on the front page, about 5 or 6 adverts, and some items of local interest. By this stage we had also enlisted an army of distributors, each of whom took over a street or lane or patch as their regular beat.

We soon settled into a regular pattern and developed several very popular features. We always had photo competitions – "where is this lane?", "what is this mystery object?" and so on. And when the magazine came out, Tony and I had to man the phone with a note-pad, as we would get anything up to fifteen or so answers, each person anxious to be first to get it right. And then of course, the next issue would list the names of all those who had been in touch, so it was a sort of rolling attraction.

We did spoof editorials for April 1st (usually written by Peter Coster), an especially beautiful calligraph-

ic front page produced each Christmas by Marcus Cavill, regular news features from the school and a wonderfully informative gardening article by Jenny McGann, still our Parish Tree Warden in St. Kew.

We were strictly apolitical and never featured ads for political meetings or events, preferring to concentrate on essentially "parochial" concerns.

Articles would appear through our letter box from Jenny, from the WI, from the local choir and so on and I would type everything up on the computer, transfer it all over to Tony, who would fit it into a publishing programme and then hand it back to me for proof-reading. Then it was off to Camelford, where it was printed at Sir James Smith's school and boxed up for me to collect later. And then came the great collation – around my dining-table with the help of more of our loyal assistants – Gill Fuller, Alison Wellington, and many others.

We'd collate, then staple, then pile into heaps of ten which were then totted up and put into envelopes for the distributors to collect from the shop.

Meanwhile, the magazine was gaining in popularity and also very sought after by advertisers. I used to go round the parish (and into town for some contributors, like the Regal which supported us from the very start) and collect the money in cash each month. I had this saying "if it's in my left pocket, it's not my money", as we didn't have the sort of advertising base which the magazine now enjoys. But we always had enough money to print the next edition and have a bit left over for ink-cartridges and so on.

In a sense, it is easier to take on something at the start and watch it grow than perhaps to leap in half-way along. We were pleased to be able to hand over to Sandra and Linda in 2004, although I have to admit we did feel a bit proprietorial about the whole thing. It was almost our "baby" and we were anxious for it to live and thrive.

Which of course it has done.

Judith & Tony Mott

(St Kew War Memorial)

By 1949 the form of memorial had been decided and it was erected in front of the original memorial, around 1950.

It is against this background that we shall once more gather around the memorial on 12th November at 3pm to pay our respects, almost seventy five years since that very first service.

(Unfortunately, the author does not know when the second memorial was erected, do you?) *Jim Godden*

ST KEW WOMEN'S INSTITUTE

The President, Mrs M. Fellgett presided over the monthly meeting held in the Community Hall at St Kew Highway on the 13th September. She welcomed 2 new members and 3 visitors. Mrs Fellgett then introduced the Speaker, Mr. M. Lawson, who came to live in Wadebridge in 1984. He gave a superb talk on the Birds of the Camel Estuary and North Cornwall coast - something for everyone, illustrated with slides of the 18 mile stretch of the Camel. There are about 100/133 species of birds including the swans at Wadebridge and the Egyptian Goose which has been at Wadebridge since 1986. The slides were of excellent quality and were complemented with bird calls. He was thanked by Mrs Liz Soley.

The competition: "A Wild Life Ornament" was won by Joan Bishop and Flower of the month by Audrey Webb. The tea hostesses were Gwen Hawken and Mary Miles.

NATURE NOTES - OCTOBER 1995

Folklore tells us that we are in for a hard winter. The sloes are so heavy that branches are breaking under the weight, haws give a brilliant flash of red to the countryside, beech mast is thick and dense and the blackberries are as good as they have ever been, despite the terribly dry summer which one would have thought would cause shrivelled specimens. Thrushes and blackbirds are gorging themselves on the harvest and wasps are getting very tipsy with all the fallen apples. Hopefully it will be a good year for the dormice, which should thrive on the abundant hazel cobs. All of these points are however signs of stress rather than a

THE NORTH CORNWALL RAILWAY

I suppose that, of the many ways in which newcomers first discover North Cornwall, mine is one of the less common. My debt is owed to the North Cornwall railway, which ran from the main line connection at Okehampton through to Padstow, linking up with the line from Bodmin at Wadebridge.

Although a professional railway engineer, I could never resist the combination of beautiful country, steam locomotives and the country railway, and I resolved to explore the North Cornwall. The railway left the main London - Plymouth main line at Meldon, a few miles west of Okehampton, where the old London and South Western Railway had quarried stone for its ballast and engineering construction, and where it built one of its most spectacular bridges to cross the ravine of the West Okement river. Ten years later I found myself helping to run the quarry and supply material for the Meldon Dam. From Okehampton, high above the town, the line climbed higher to the summit, and swung west over the A30. It crossed undulating North Devon to Halwill, then a hamlet where a junction was made, two branch lines serving Bude and, later, Torrington. The railway then ran steeply downhill to Launceston, crossing the Tamar just before running into Launceston to a station beneath the castle. Here the site was shared with the old Great Western Railway branch from Plymouth via Tavistock. It was on leaving Launceston that one encountered North Cornwall, following in the footsteps of Betjeman, first in the names of Egloskerry and Tresmeer, and secondly the increasing sound of the Atlantic breezes as the train pounded up the steep climb to Otterham. At either Launceston or Otterham, the driver and fireman would change over with Wadebridge men who had worked eastwards, each taking the others' train back to their home station. From here a little more slogging from the loco, and we passed the summit of the line near Trewanion, nearly as high as the line where it passed Yes Tor at Meldon. Then it was helter-skelter all the way down the gradient to Wadebridge, wheels squealing on the sharp curves, down through Camelford, Delabole with its huge quarry and distinctive rail wagons carrying slate dust, round the semicircle through Port Isaac Road, and St. Kew Highway. In order to keep the gradients manageable without costly earthworks the surveyors had to change the alignment in a constant series of curves, prompting the observation at Wadebridge depot that "they must've been paid by the mile".

Peter Coster (this article will conclude next issue)

long-term forecasting knowledge which Michael Fish would kill for! Remember the old saying about beating the walnut tree to produce a fine crop. Beech trees in particular are famous for producing thousands of seedlings when they are suffering, to ensure their survival. Mushrooms are a-plenty in pastures which have been stocked with cattle and sheep and bring many of us out with our carrier bags. In the woodland, all manner of fungi can be found, from fine bracket fungi on ancient birch and beech to the pixie's favourite fly agaric - the red with white dots toadstool found amongst the oak leaves and rotting branches. In Britain, we are very conservative about our eating habits, whereas in France and Eastern Europe, villagers collect basketfuls of these often beautiful and delicious delicacies. Keep your eyes open for the impressive giant puffballs, which sometimes can be found under hedge banks. These when fresh are solid and almost like eating a tender steak, with enough to last a family four or five

meals. Stock up the freezers and larders just in case there is more truth in the old folklore than I suggest!

Simon Ford

SLOE AND APPLE JELLY

This is a bumper year for berries - make a change from sloe gin with this rich, slightly tart jelly:

2¼ lb sloes

¾ lb cooking apples

water

white sugar

Wash and prick the sloes if they have been picked before the first frost. Chop the apples and simmer with the sloes and just enough water to cover, until the fruit is very soft. Turn into a jelly bag and drain overnight. Measure the juice and add 1½ lb sugar for each pint. Put in pan & stir until dissolved, then boil until a set is obtained. Pot & seal.

The next 12 years.....

I became one of the editors of the St Kew magazine in 2004. Judith and Tony Mott were about to start a new life in Spain and had put out a final appeal to save the magazine. I had recently retired from work as a computer programmer and was looking for something to do within the community. Although we had lived in Trequite since 1973, my knowledge of the local community was minimal being busy with a working life. It was with some unease that I responded to Tony and Judith as I had no knowledge of desktop publishing. I was also anxious not to take it on on my own.

As fate would have it, Linda Monk, living in Pendoggett and a stranger to me, responded at the same time. Thus a new partnership and friendship began and the magazine survived.

When we took over, the magazine was printed at Camelford school in black and white and required physically taking the printed master copy to the school and collecting the boxes of un-collated sheets a few days later. There was an existing committee made up of Alex Weir (chairman), Ceinwen Greenwood (secretary) and Maida Davey (treasurer) who handled all the background jobs. As time went by, the committee retired and we had a new band of helpers with Jenny Cheeseman joining us as a third editor for a time, and a large band of willing helpers to join us at the Community Hall in St Kew Highway where we would set up tables to collate and staple the magazine together. It took a couple of hours and the magazine was then

counted into various bags and delivered to what was then Cost Cutters for collection by the volunteer deliverers. This was a very social afternoon of chat and laughter. Once the job was complete we would sit down for tea and cake and discuss problems that might have occurred and ideas for future issues.

Originally the magazine has been called Your Parish. However, there was some call to rename it as some thought this signified it was a church magazine. The magazine had always been intended as a community magazine where the word 'parish' was to signify that the magazine was relevant to everyone in the parish of St Kew, made up of the eight villages of St Kew Highway, St Kew Churchtown, Trequite, Chapel Amble, Trewethern, Pendoggett, Trelill, and Tregellist.

Appeals for suggestions for a new name culminated in adopting the name 'Pieces of Eight', the 'eight' being the 8 villages in the parish.

Over time, Camelford school updated their equipment such that we firstly were able to email the completed copy to the school and then later their equipment automatically collated and stapled, and finally we moved into colour printing.

Linda and I edited the magazine for 12 years during which time we learned so much about St Kew and made many friends. It certainly proved to be a great way of becoming part of a great community.

Sandra Woods

Seasons come and go - Farmer Jules

For a couple of years (not so long ago), there was a regular Farmer Jules column in Pieces of Eight. It followed the seasons and associated agricultural activities: turning rams in with the ewes at blackberry time, housing cattle for the winter (equals yard work taking priority on Christmas Day), the joys of spring lambing and calving, and the contraries of weather-dependant summer work - be it shearing or saving hay. The odd social event spiced up the calendar, but such outings were usually farm oriented: from a day at the Royal Cornwall Show or annual Farmers Club dinner to sticky-beaking at other farmers' standing corn on a dog walk.

Hence Farmer Jules used to bang on about food labels: looking for the Red Tractor logo in supermarkets (the guarantee of British standards from farm to fork) and if you pay peanuts you're likely to get monkeys! Remember those burgers there was such an uproar over? If shoppers had more than just glanced at the label, they'd have noticed it never claimed to be 'beef' burgers! In these volatile times of pending international trade deals, it's worth remembering a Union Jack signifies *packaged* in the UK; British produced chicken isn't chlorinated (as standard American chicken is) due to there being no need (production hygiene standards), and nor does British produced beef contain any growth hormone (as American feed-lot beef often does). Both these import examples are likely to be cheaper on supermarket shelves as they've been produced to dif-

ferent (dare I suggest lower) standards. If you're a carnivore, there is a way to trust provenance while not spending extravagantly - shop with a reputable butcher. Ask his advice - for a particular meal or budget recommendations, look him in the eye and he'll not dare sell you a pup!

As for looking after the planet: take a look around the parish, or the Westcountry (or even the other livestock areas of the UK) - you'll notice vast areas of grassland, hedgerows and woods. These all soak up carbon (known as sequestration) at far greater rates than the conventional UK beef or sheep system is producing it; therefore somewhat balancing other folks' emissions (who has a car or sometimes flies on an aeroplane?) A sound agricultural contribution to the environment I'd say. If you see a food label stating 'pasture-fed', this is what it's about; other benefits include the product will generally have better eating qualities and potentially improved nutritional values.

Why should farmers be thanked for doing a job they love? Yes, it's not a salaried position (like perhaps an accountant), there's no paid holidays/weekends off/maternity or sick leave (as a postman might have); yes it's long hours, dirty work and subject to many things outside of our control (the weather, increasing regulation, poor broadband); but none of this sets farmers apart from other rural small businesses or the self-employed generally.

Farmer Jules, also known as Juliet Cleave

Colliegem 66



You may remember that years ago I was tempted to write Colliegems because of the amazing intelligence of our wonderful Nimouet. Unknowingly, we called her Nim as a pup because she was Merlin's girlfriend. The name proved to be prophetic because she was absolute magic. She dictated Colliegems to me

because her paws couldn't cope with the computer keyboard. Nimouet left us seven years ago, so all I can do in this article is to wonder what she would have said in this present day.

"Well folks, you've made a right mullock of St Kew Highway in my absence. Just look at the garage and shop area. You've lost the post office but gained a hole-in-the-wall which He uses. But the shop doesn't seem to be designed for the locals. I went down with Him recently and sat outside while He bought some cream and tomatoes. He came out with neither!"

"As far as I am concerned losing Rumbletums may be a good thing. Whenever the wind was in the South I would sit in the garden slaving because of the gorgeous smell! On the other hand I do miss clearing up the bits on Friday nights. Nice little house going up in its place though."

"What can I say about Brexit? What a palaver you humans have created. If you had all known the consequences of voting to leave in the Retrieverendum I'm sure the vote would have gone the other way. And that poor Mrs May. She has worked so hard to try to get all the Members of Parliament on her side. As to some of the MPs, the less said the better. All they want is the date of her resignation."

"Ah – sorry folks - must dash. I see the next-door's cat down the side of our greenhouse. I can't squeeze down there but I can give her an awful fright! Bye!" (Scrambling and scratching of claws as she careers out of the conservatory into the garden.)

Losing the dog you love is a dreadful experience which many of you will know. Her photo, which I attach, hangs prominently on our wall, Only this morning, as I put out our milk bottles, I thought I'd better be careful Nim doesn't get out.

David Balmford

'BAGGING' – EARLY 2000s

We were a gang of enthusiasts that gathered in the Community Hall once a month to put the magazine together, 'Your Parish' as it was then. We were there to 'bag the mag'.

Sandra Woods, Linda Monk, Jenny Cheesman – the three co-editors - each working one month in three, Ceinwen Green, Secretary, Tania Healing, Treasurer and Advertising, were the chiefs. Jean Plater, William Garland (when he could get there), Violet Sullivan, David and I were the indians and helped put it all together. The mag was printed by Camelford School in those far off days (where do the years go?) and taken there by the editor on a disc produced on a desktop publishing programme. It was collated, printed page by page in separate piles.

We laid them out in piles on a couple of those big tables in the Community Hall. Then, having checked that we had each pile of paper in the right order we walked carefully round the table gathering one page at a time from each pile. We did get it wrong once by getting page two and page three mixed up, only discovering this too late. We got a few complaints the following month but as Sandra said "It shows people are reading the thing!" I digress.

Having assembled our pile of pages we squared them neatly in to book form and folded them in half very accurately. Ceinwen was very particular that we got them neat. They were then passed to Linda who sat proudly at the end of the table brandishing the biggest stapling machine I had ever seen. She must have had a strong right arm as she stapled over 600 copies, one staple only, right in the middle of the spine. BANG! The magazines were then bagged into their neat little black bags for distribution, a correct number in each bag for each deliverer.

Job now compete we had our unofficial committee meeting with tea and cake, each taking it in turn to bring cake. Ceinwen gave us a run down of the parish news all written in her magnificent shorthand. Tania gave her report on the mag's finances. We then loaded everything into Sandra's car and she delivered them to the village shop where they were collected by the gang of wonderful distributors. We had gossiped, giggled and had a good afternoon.

Betty Balmford

ST KEW PARISH MAGAZINE

The Parish Magazine used to be written by the Parish Priest who published marriages, births, churching, baptisms, deaths and funerals. The Parish priest from 10 February 1852 to 4 December 1915 was the Reverend Nicholas Thomas Every (1817-1915), who on his death had been the longest serving vicar in the country – 64 years.

The St Kew Historical Society Archivist, currently Kim Appleby, holds copies of Parish Magazines from 1898 to 1918. These magazines provided an insight into parish life and how the parishioners contributed towards the welfare of troops during World War 1. They also recorded the deaths of parishioners who gave their lives in action. The national shortage of paper meant that in July 1917 until December 1918 the St Kew Magazine amalgamated with the Magazine of the Parish of St Endellion.

On the 2 September 1978 the St Kew Annual Show of flowers, fruit, vegetables, produce, cooking, etc, was held in the Parish Hall on 2 September 1978. This year St Kew will be holding the first of its shows under the revitalised organisation. Entries were to the Secretary J.C. Godden, Lane Park, telephone Port Isaac 217. Entry fee 3p per entry. [Interesting telephone number.]

October 1981. Recent heavy rain and the flooding of Amble marshes prompted Mrs. Lottie Hobbah to recall an unusual task she performed some seventy years ago [1911]. Before the Amble River was straightened and a tide-gate constructed below Trewornan Bridge, flooding of the marshes was more severe and commonplace. The task of Lottie Hobbah, then in her early teens, was to use her father's pony and trap to transport the Postman through the flood waters. The Post Office paid the princely sum of 1/6d. [15p today?] for each delivery. She recalls

that sometimes the pony balked when the flood waters touched his underbelly but, with suitable encouragement from those on dry land, the crossing would be safely made. There is no recorded loss of Postman or H.M. Mail!

In 1983, in response to losing their trees to Dutch Elm disease the population of about 200 from Chapel Amble planted 180 trees donated by Cornwall County Council around the village as organised by architect John Buchanan. His wife, Janet, stated "Everyone, except for a few that were sick, turned out. It was really a marvellous response. John organised it because the Dutch Elm disease has made the village look so bare."

In 2010 a monthly article was started called We Will Remember Them, which recorded short biographies of individuals from the two world wars who are remembered on the Parish War Memorial on the anniversary of their death. This series was changed on the 100th anniversary of the first world war in 2014 called Lest We Forget, which provided information about what was happening throughout the war zones and local news extracted from the old Parish Magazines.

2014. The Magazine published extracts from a poetry book "Last Man Standing" by Stuart Medland, which he wrote in memory of his father Lawrence Cecil, who spend much of his childhood in Trelill. The poem covered such local subjects as: the Church of St James, choristers, wrestling, the Ford, and cricket. The poems were a lovely link with the past, a past that Cornwall treasures as an era of not only of work in the fields but also of the romance of the countryside cycle, companionship in hardship, family bonding, and the livelihood, that we see in jigsaw puzzles, and as a straw to be grasped when the effects of modern living become intolerable.

William

After Sandra and Linda came..... US, the new editorial team!

It is clear we've had very hard acts to follow! Sandra and Linda understandably wanted a break after 12 years at the helm and at a public meeting in the Community Hall we collectively agreed to step in to keep Pieces of Eight going, despite having no experience. In our early days Sandra and Linda were always very kind and helpful - giving advice and guidance (especially on avoiding controversy...), and answering lots of what were probably daft questions, especially about the quirks of the DTP software.

Camelford School had withdrawn their printing service, and as money was tight we started printing the magazine ourselves on a second-hand laser printer, firstly in Steve's garage, then at the Parish Hall. We put in long hours printing, collating and stapling (just like the old days!), hoping and praying the printer wouldn't break down or jam half way through a run.

Eventually, with a welcome increase in revenue from advertising, we were able to afford a commercial printer (the ever-helpful Phil at Parish Magazine Printing in Holsworthy). We now simply email him a PDF and a few days later the the courier arrives with the finished magazines, neatly boxed and grouped in batches of 20 which makes bagging (yes will still do that by hand, and have tea and cake!) so much easier.

We now deliver the filled bags to our lovely distributors which gives us the chance to have a chat with them as we really do appreciate them delivering for us. Aunt Avice kindly stores the returned bags for us, which is so helpful.

We've tried not to make too many changes to the format and layout, beyond adopting a 'house style' with a standard font and point sizes for editorial content. Why change a winning formula?

Nicky, Mike, Steve, Philippa and David

Proposed new road markings for St Kew Highway

After requests from the Parish Council, Cornwall Highways have sent proposed traffic calming road marking for St Kew Highway and Trelill road.

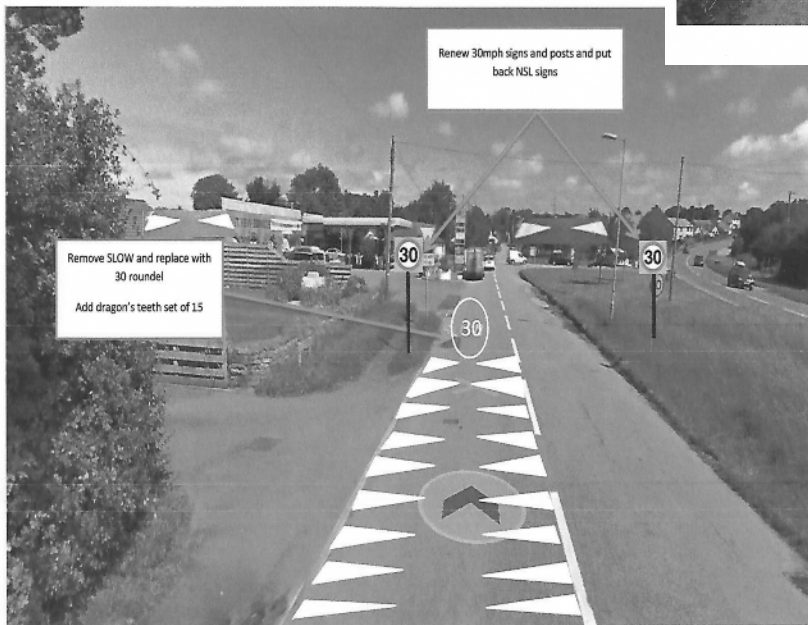
The Council studied these and have sent a request that the “dragons teeth” at the Trelill side, be replaced with rumble strips. It was thought that most of the speeding traffic came from this direction and rumble strips by the garage would be too noisy for a built up area.

They have also requested that a space be marked for a bus to stop by the bus shelter, so buses could stop without blocking the road.



Looking from slip road and A39 direction

Looking from Trelill direction



Editor's note: Many thanks to the Parish Council for sharing this with Pieces of Eight. Speed enforcement (eg cameras) is arguably most effective tool, but too expensive, however anything that that will help reduce traffic speeds through St Kew Highway will be very welcome indeed. There does however need to be a balance between speed control and the intrusive visual impact of extensive signage and road markings in what is a rural village.



As well as rumble strips, have Highways and the Parish Council considered other, less visual, traffic calming such as pinch-points, road tables or cushions?

'KEW & A'

Twenty Questions & Answers

This month: William Harkness, Trelill.

Childhood Hero: *Bulldog Drummond.*

Hobbies: *Film & theatre, classic cars, travel, food and wine.*

Favourite Music: *I have a broad taste in music and when I was operating (I used to be a surgeon) I used to test the patience of my anaesthetists with my choice of music! Bob Dylan, Arlo Guthrie, Bruce Springsteen, Rolling Stones, Eric Clapton and of course Brazilian Music; Antonio Carlos Jobim, Gilberto Gil, Sue Jorge, Joao Gilberto and Celso Fonseca. My children keep me up to date too!*

Favourite Books: *Any of the Inspector Montalbano books by Andrea Camilleri.*

Favourite Film: *Difficult, as I have many ranging from childhood favourite (Grand Prix), the weird (Fitzcarraldo), the romantic (Casablanca), to the comedies (Planes, Trains and Automobiles & The great Outdoors), and the family favourites like Journey to the Centre of the Earth.*

Favourite TV Programme: *'Antiques Roadshow' which I have watched regularly since I was 10 years old when it was 'Going for a Song'.*

What's good about living in your village?
Seclusion and the lack of light and air pollution.

What would you improve? *Our local shop and Post Office.*

I'm very good at.... *Putting things off until the last possible moment!*

I'm very bad at.... *Saying 'no' when asked to take on commitments!*

A phrase I use too often is.... *'I'll do it later'!*

Three people, dead or alive, I'd invite to dinner are.... *My Father (All those questions I never got to ask him), Sir Victor Horsley (the first specialist Neurosurgeon who also worked with Pasteur to eliminate Rabies in the UK and was a strong supporter of the Suffragette movement) and David Brown, owner of Aston Martin and Lagonda who created the definitive British saloon car style. The only problem is that Horsley was a member of the Temperance League!*

I'd like to be stranded on a desert island with....
My whole family.

I'm embarrassed by....*Not a lot. I have a pretty thick skin!*

My proudest moment was.... *In my personal life when each of our children were born, and in my professional life when I became a surgical consultant and President of our International Society.*

The best things about Cornwall is... *The scenery and the people.*

The worst thing about Cornwall are *The chronic lack of investment and associated poverty.*

Which of our country's laws would you change? *I would ban referendums!*

An over-rated public figure is.... *The President of the United States.*

In another life I would be.... *Thinner!*

Rose Garden

Once this was a sand-pit full of rubble and broken pots, their damaged lives departed,

barbed wire in the ditch and stubble to clear.

These hard-won roses nod, tell me the time,
where gable-end secures the Wedding-day,

and Danse du Feu's the rhyme of all our years.

So now I tread each evening where experience
has led
to gather fallen rosebuds while I may,

and garland pots with Madame Alfred Carrier.

David Penhale

ST TUDY HISTORICAL SOCIETY

D-DAY 75

GARDEN PARTY

On the **22nd June 2019** the St. Tudy Historical Society are hosting a Garden Party in the St. Tudy Village Hall and the garden between 3pm and 6pm.

This will be a commemorative party for the 75th anniversary of not only the Normandy D-Day landings but also for the decisive victory at Kohima in Burma, North East India (now Myanmar), 75 years ago on the 22nd June 1944.

This remarkable story of planning and courage has been researched by the St. Tudy Historical Society, and an extensive display of the most memorable wartime operations ever planned will be on display in the Village Hall throughout the afternoon.

The display will be of Cornwall in the run-up to D-Day, details of the extensive planning for D-Day and all that was going on in June 1944, in addition to biographies of our own St. Tudy men and women who took part in the Second World War.

A Ration Book, by way of your entrance ticket, can be purchased from the St. Tudy Village Shop prior to the 22nd and Ration Books will be available on the day itself.

Tea, sandwich and cake will be £4. (Gluten free options available).

In addition, we have a selection of 1940's cocktails at £5 each and some mocktails at £3 - for those who might like the idea of a non-alcoholic Martini.

Music will be from the 1940's and the cinema will be showing footage from the 6th June Normandy landings.

They look forward to welcoming you to the Garden Party on the 22nd June between 3pm and 6pm.

ST TUDY HISTORICAL SOCIETY

D-DAY 75

GARDEN PARTY

St Kew Parish Hall Letting Fees 2019/20

Sessional Hiring

Whole Day (to include evening)	£50.00
Morning (9.00am to 1.00pm)	£25.00
Afternoon (1.00pm to 5.00pm)	£25.00
Evening (5.00pm onwards)	£25.00
Local Association Meeting*	£10.00

Event Hiring

Adults Party**	£50.00
Children's Party**	£25.00
Funeral/Wake	£30.00
Wedding Reception***	£250.00

* *Not for profit organisations based within the Parish of St Kew.*

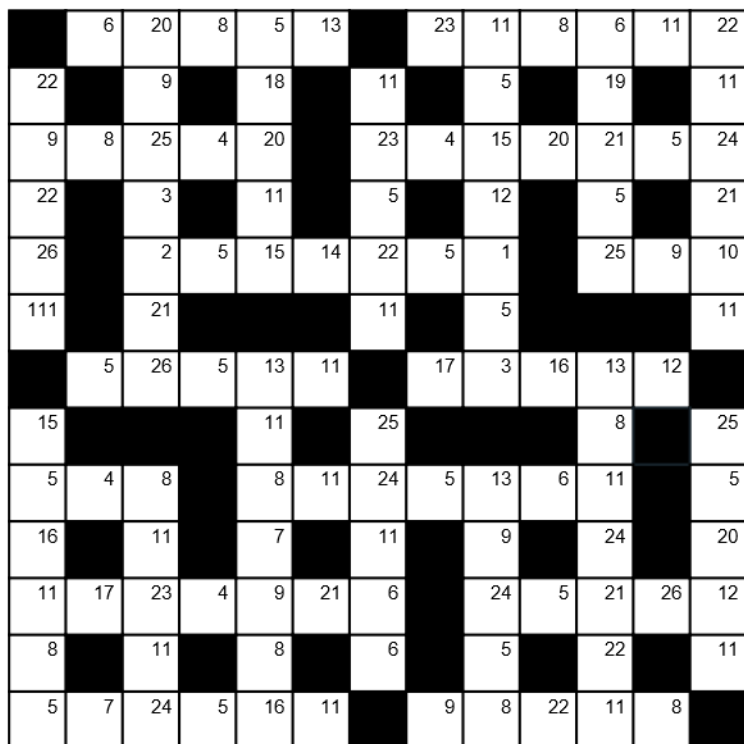
** *If the event runs over more than one session (as defined above) the charge may rise proportionately.*

*** *Wedding reception hire covers three days with the wedding taking place on the middle day. Additional time will be charged separately.*

Please contact the Bookings Secretary Lianne Sproull on 01208 841808, 07710 362625, or lianne@sproulls.co.uk for all booking requests.

The Puzzle Page

Codeword



18

1	2	3	4	5	6	7	8	9	10	11	12	13
14	15	16	17	18	19	20	21	22	23	24	25	26
							U		V		B	

Sudoku

			3					4	
5		6							
				2					7
8					7				
		5		6		9			3
	2		9					8	
	3			7					5
9			4		1			7	
		2				6			

M2

Word Square

E	M	D
I	T	R
F	I	O

How many words of 4 letters or more can you find?

No proper nouns are allowed and the centre letter must be used in each word. There are 47 words listed in the solution, which includes **1 nine letter** word to find.

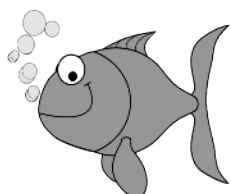
Souper Lunch on Friday 17th May



We raised £95.20, which was sent to Carrick Mind at Penryn, Cornwall. They are part of MIND, the charity that provides support to those with mental health problems.

Philippa

STILL AVAILABLE! FISH FISH FISH - FREE FREE FREE



We still have far too many goldfish in our pond and would love to send some to a good home. If you can catch 'em, you can have 'em. Nets provided!

Judith Mott - 01208 841312



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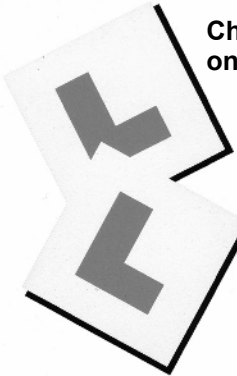
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Events at St Endellion Summer 2019

Wednesday 12 June, 7.30pm
Jim Carey & the Saboteurs – Riots & Lobsters

An exhilarating evening of songs written by Nick Darke & Jim Carey, originally performed by Kneehigh, here re-imagined and arranged in a fresh new context by the original composer Jim. £10

Friday 21 June, 7.30pm
Bristol University Madrigal Ensemble

The highly popular Ensemble returns to St Endellion as part of their annual tour to Cornwall with a delightful mixed programme of madrigals and part songs. Entry by donation, £5.

Book tickets online at www.endelienta.org.uk; by e mail tickets@endelienta.org.uk; by phone 07787

944935; accompanied under 16's free to most concerts – please check the website.

Volunteering for Endelienta

We are looking for new volunteers of all ages to join our friendly team, especially people who would be willing to take on roles which carry an element of responsibility, shared with others (but not necessarily a big time commitment).

Areas where we need more help include marketing, box office (computerised), operations/front of house and finance.

If you enjoy the arts and would like to know more please contact Catherine on info@endelienta.org.uk or 07787 944935.

Polzeath Beachcare, 19th April

A very warm welcome to all, and to quite a few newcomers to our Beachcare litter picks - and such lovely weather for it. Among the newcomers we welcomed a student doing a thesis on littering, some new family members, and someone from Cornwall Council doing a media report.

Great to see the youngsters to the fore, as always. Some quite interesting finds this month - a slow worm on the beach (a quite alien location and in poor shape), a dead puffin, and sadly a couple of gannets again.

5 bags were collected, with 4 reported elsewhere. So 20 bags collected on the Beachcare dates and 30 overall.

Generally the beaches here are in good shape with a lot of people collecting litter.

Sharp's brewery apparently had a litter pick shortly before ours. We do need to liaise to avoid overlaps, but all to the good anyway.

Nick Pickles

Puzzle page solutions

7	5	2	8	9	3	6	1	4
9	6	8	4	5	1	3	7	2
1	3	4	6	7	2	8	9	5
6	2	3	9	4	5	7	8	1
4	7	5	1	6	8	9	2	3
8	9	1	2	3	7	4	5	6
3	8	9	5	2	4	1	6	7
5	4	6	7	1	9	2	3	8
2	1	7	3	8	6	5	4	9

Sudoku

Def, diet, dirt, dote, edit, emit, fort, fret, item, mite, omit, rift, riot, rite, rote, term, tide, tied, time, tire, toed, tome, tore, trim, trio, trod, drift, forte, idiot, merit, metro, mire, motif, refit, remit, timed, timer, timid, tired, tried, editor, foetid, mired, rited, tidier, triode, MORTIFIED

Word Square

	R	E	D	O		E	M	A	L	F	A
E		D	A		S	R		E			R
H	G	U	L	A	S	I	O	V	N		E
T		L		O	E	F		E			M
A		S	E	L	A	P	R	E		R	A
B		R			B	E					C
	H			N	Y	M	P				A
E				A	E			U			E
X	O	B	W	A	D	K	C	J	A	G	
U		A		H	A		E	Y			D
L		A		L	I	C	T	U			O
E				A	Q		E	O			D
D				V	E	R	S	E			D

Codeword

GILL'S RECIPE OF THE MONTH

Orange Crumb Salmon

Salmon fillets are always on special offer somewhere, but still seem luxurious - especially in this delicious summery recipe.

Takes 35 minutes. Serves 4

Ingredients

- 85g/3ozs fresh breadcrumbs (around 2 thick slices of white bread)
- 2tbsp olive oil, plus extra for greasing
- Finely grated zest and juice of 1 orange
- 4 tbsp chopped parsley
- 4 boneless & skinless salmon fillets, about 140g/5oz each in weight
- 700g/1lb 9 oz new potatoes
- 3 tbsp mayonnaise
- Salt and pepper to season

Method

- Pre-heat the oven to 200c/gas 6. Mix together the breadcrumbs, oil, orange zest and half the parsley. Season.
- Put the salmon fillets on a baking tray lined with greased foil. Press the orange crumbs on to each salmon fillet so they stick. Bake for 15-20 minutes until the salmon is just cooked and the topping is golden.
- Meanwhile cook the potatoes in a pan of salted water for 12-15 minutes until tender then drain. Stir the remaining parsley into the mayonnaise and thin with the remaining orange juice until it has consistency of single cream.

Serve the salmon with new potatoes and garden peas and herb mayonnaise.

From Sproull's Blog - No Fault Evictions

There has been much written in the media recently about the Government's proposals to alter the ability of landlords of residential properties to evict tenants after giving two months' notice. While this makes a good headline, if you delve a little deeper, there are things that tenants can do to protect themselves.

It is usual for residential property to be let on an Assured Shorthold Tenancy. It is this type of tenancy which can be brought to an end with two months' notice. The two months' notice can, however, only expire once the fixed term of the tenancy has expired.

Most tenancy agreements are granted for six months and then the tenants stay on afterwards. This means that notice can be served to end the tenancy at the end of the six month period or at any time thereafter on two months' notice. If you want to stay in a property for longer than six months, then the obvious thing to do is to try to negotiate a longer term at the outset or, when the initial six months is coming up to expire, go to the landlord and arrange for another six months or twelve months, or whatever, to be granted to you. In that way, as long as you pay the rent and observe your obligations, you are safe until the expiry of the next fixed period.

It is the habit of allowing tenancies to roll-on after the initial period has expired that leaves people vulnerable to eviction on two months' notice without being at fault.

If two months' notice is served, a landlord cannot evict the tenant without taking Court proceedings – this is a criminal offence. These proceedings take time and, often, if the tenant needs to be re-housed by the local authority, a Court Order will be required to prove that they are in need of housing. It may take some months to obtain an Order.

Although the headlines talked about “no fault” evictions, there are restrictions on landlords using what are known as Section 21 Notices (the two month notice). Landlords cannot engage in what are called “revenge evictions”. If, for example, a property is in disrepair and the tenant has let the landlord and the local authority know this (and followed certain procedures) the landlord is not able to serve a Section 21 Notice.

The essential points to take away from this piece are:

Try to make sure that you have as long a fixed term as you need (although appreciate that you cannot bring the fixed period to an end early unless the tenancy allows you to) and;

If you are served with a notice, take some advice. There are plenty of solicitors who are experienced in this area of law or you could talk to Shelter which is a charity employing expert advisors.

If you need any assistance, please contact:
Georgina Allen on 01208 72328 or email ga@sproulllp.co.uk

Pilates Classes in North Cornwall

St Kew Community Hall

Mondays 14.30 & 16.00 - Tuesdays - 13.15 - 14.30



What does Pilates do?

- Targets the deep core stabilising muscles, improving balance and co-ordination
- Improves muscle tone, strength and joint mobility
- Improves posture, alignment and overall body awareness
- Corrects muscle imbalances and encourages pain-free movement

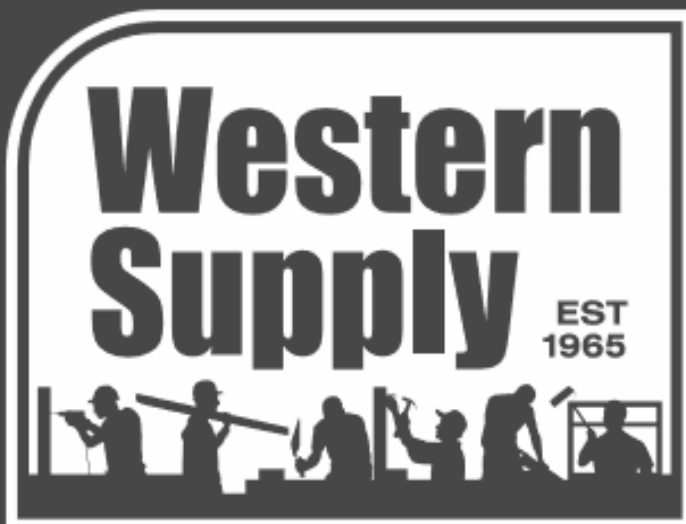
How do the classes work?

- Classes are limited to a maximum of 12 people. Small classes mean you receive good personal attention and ensure you are performing the exercises safely, and correctly.
- Classes are progressive and operate on a school term basis
- All equipment required is provided.



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LEST WE FORGET

June 1919

Implications of the War

Surrendered German Ships

On 21 June 1919 at 10am a message stating "Paragraph Eleven – Confirm", was sent to all ships of the German High Seas Fleet. It was the pre-arranged code for them to scuttle the fleet. Following their surrender in November 1918, the 74 ships of the German fleet had remained in Scapa Flow – a large area of water in the Orkney Islands – with a small caretaker crew, where they became a tourist attraction.



The German feared their ships would be distributed amongst the Allies after the Versailles peace talks and so to prevent this, the order was given.



Fifty-two ships were sunk by their own crew members; only four ships were saved.

Salvage of the Fleet was carried out but seven ships remain underwater. It remains the biggest single loss of ships in maritime history.

Treaty of Versailles

The Treaty of Versailles was signed in Halls of Mirrors of the former French royal palace on 28 June 1919 thus concluding the war with Germany.

The Treaty had followed months of discussions among the Allies at the Paris Peace Conference, led by the 'Big Three' - Clemenceau for France, Lloyd George for Britain, and Wilson for the USA. The war on the Western Front had officially ended, but a series of smaller wars had erupted elsewhere on the fringes of an erstwhile peaceful continent of Europe.

On the signing of the peace treaties, victory parades took place that summer. Some people objected to exultant military parades and a number of ex-Servicemen even refused to participate.

Who Won the War?

The First World War was the turning point for America economically. With war orders flooding in from Europe, American manufacturers grew rich, and American industrial power began to lead the world. The international financial system set up its capital in New York during this period, and the war catapulted America forever into a leading role in worldwide economic and military affairs. As in the Second World War, Britain had to repay all the money owed to the USA, whereas the defeated nations, especially in the Second World War, were often supported by new US investment.

William

Baptisms, Weddings and Funerals

On 4th May, Blanche Helen Crossley and Andrew Campbell Brennan, both from London, were joined in holy matrimony by the Rector Dr Elizabeth Wild.

On 18th May, Alice Victoria Louise Hobden and Thomas Benedict Bilbe, both from London, were

joined in holy matrimony by Prebendary Prof Andrew Lewis.

On 13th May the ashes of Pamela Margaret Jacob were interred at the top churchyard.

KEEP BRITAIN TIDY.

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JANUARY WED 9	JULY FRI 12
FEBRUARY FRI 8	AUGUST WED 14
MARCH SAT 09 (3PM)	SEPTEMBER SAT 21 (3PM)
APRIL THURS 11	OCTOBER THURS 17
MAY FRI 10	NOVEMBER FRI 15
JUNE SAT 08	DECEMBER SAT 21

For more information please contact nickdpickles@googlemail.com

Beach Care, South West Water, SHARPS BARNS, KEEP BRITAIN TIDY.

Events outside our Parish

June

6th - 8th Royal Cornwall Show.

22nd Wadebridge Lions Beer and Cider Festival, 11.00am - 11.00pm, behind Wadebridge Wines.

22nd 10.00am - 3.00pm in St Endellion Church 'Opening into Silence' led by Victoria Field and Edouard Heyning.

Bookings and further details from Canon Judith Pollinger judithpollinger262@gmail.com or 01208 880181 or on www.endelienta.org.uk

Other places to visit

Tintagel Old Post Office (National Trust) has various events on during the month.

YHA, Treyaron Bay hosts live music events on most Fridays and Saturdays

Bodmin and Wenford Railway have a number of themed events through the holiday period.

More information about these events can be found on the following websites:

endelienta.org.uk

pencarrow.co.uk

facebook.com/YHATreyarnon/

bodminrailway.co.uk

cornwall365.com

Please let us know about any events you are aware of outside our area that our readers might be interested in.

Helivent Open Garden, in aid of



SATURDAY 15th June 10.00am-5.00pm
At Malibu, Tristram Cliff, POLZEATH PL27 6TP
 For further details please email nickydpickles@gmail.com
 Or phone 07951 708220

All day gin and Sharps beer tent, a 3 course Piknix buffet lunch: £22.50 (please order in advance).
 Tea, coffee & cakes all day. Cream teas from 3.30
 Guided Garden Tours, Raffle.

Free parking in Tristram car park (by kind permission Ann's Cottage). Disabled parking at Malibu.

BODMIN HOSPITAL FETE

29th June from 2.00pm
At the old Rose Garden of St Lawrence's Hospital, adjacent to the new Sowenna building.

Fete being opened by Jill Murphy who is most well known for her Worst Witch books.

There are lots of stalls and activities for everyone. The fete is organised by the Bodmin Hospital League of Friends who raise money for services and equipment for staff and patients not available from the NHS.

Please support **OUR LOCAL HOSPITAL**

St Kew Garden Association



The plant sale held on the 4th of May was a great success, with most plants sold within the first hour.

All proceeds go towards to Annual Garden Show on the 7th of September. The schedules are out and in the pubs and Aunt Avice's. If you cannot get one please phone 01208 880007.



ST KEW HIGHWAY METHODIST CHURCH

Services held in the Community Hall at 9.30am.

Preachers for June

2 nd	Rev'd Sally Long
9 th	Mrs Nicky Houghton
16 th	Rev'd Alistair Sharp, Communion
23 rd	Rev'd John Harrod
30 th	Church Fellowship, led by members

Catholic Church Services

Wadebridge

St Michael's Church
Tel:01208 72833
Mass Sundays 8.30am
Confessions
Friday 10.30-11.00am

Tintagel

St Paul The Apostle
Tel:01840 770663
Mass Mon-Thur 10am
Fri & Sat 6pm
Sunday 10.00am
Confessions:
Before/after Mass.
Other times on request.

Wadebridge Christian Centre

Molesworth Street, Wadebridge. Tel 01208 813110,
wadebridgechristiancentre.org

We are a lively, active, family church where everyone is welcome. We have a crèche and Sunday school, and all our children's workers are DBS checked.

Reflections, June Thoughts.

June, glorious June! The time beloved of poets and romantic authors, when the sun shines, trees and bushes sprout fresh green foliage, and Cornwall, dear Cornwall is smothered in wild flowers from green alexanders through the yellows everywhere to the rosy glow of campion and valerian. The skeletons of trees are being clothed with greenery of all shades. God's Creation looks at its best, despite the frowns of weather forecasters and the rain-filled clouds rolling eastwards. We are lucky to be able to appreciate our countryside in the West Country.

Yet the year's zenith races towards us, seemingly ever faster as the years go by. Birthdays – yes another – race remorselessly towards us. With Easter still in our minds the fête and flower festival season is upon us already. It is easy, in our haste to keep abreast of the cataract of events, to lose sight of our individuality, our uniqueness. God knows each one of us in detail. As it says in the Committal of the Celtic funeral rite "Go forth to God, who flings the stars into the universe and yet knows when the smallest sparrow falls to earth". Our taste in music, general in some respects, is unique to each one of us, and is very much who we are.

St James the Great at St Kew



Calendar for June

Sun 2 nd	<i>Easter 7.</i> 9.30am, Holy Communion with Rev Dr Elizabeth Wild.
Sun 9 th	<i>Pentecost.</i> 9.30am, All Age service of worship with Rob Soley.
Sun 16 th	<i>Trinity Sunday.</i> 9.30am, Holy Communion with Rev Dr Elizabeth Wild.
Sun 23 rd	<i>Trinity 1.</i> 9.30am, All Age service of worship with Marcus Jones.
Fri 28 th	7.00pm, Ordination of Deacons at Truro Cathedral.
Sun 30 th	<i>Trinity 2.</i> 9.30am, Holy Communion with Rev Dr Elizabeth Wild and Curates Ord. Geraldine Ashton and Rose Jones. 12.30pm Curates' welcome lunch in the St Kew Parish Hall.

Calendar for July

Sun 7 th	<i>Trinity 3.</i> 9.30am, Holy Communion with Rev Dr Elizabeth Wild, with Ord. Geraldine Ashton preaching.
---------------------	--

Some cannot bear one form of music, and yet are devoted to another. For example a solo cellist may produce sounds that would alarm a passing vet, one generation may regard that of later generations as a deafening cacophony, and yet music has the power to enliven with its vivacity, emotion and rhythm. Worship without music is usually immeasurably the poorer. Music is such a vital part of our lives that it is impossible to imagine life without it. On November 22nd, we remember St. Cecilia, patroness of musicians, and the joy they have brought over the centuries. Yes, music is very much a part of God's Creation, and it reminds us of our unique relationship with our Creator.

At the end of the month we remember St. Peter and St. Paul on June 29th, the leaders of the Christian faith after Jesus' Ascension. On the previous day there will be an Ordination service at Truro, at which our dear friend Geraldine Ashton will be made a deacon. It will be the culmination of a long process of study, selection and training. A long path indeed. Please remember her and the other ordinands in your prayers.

Peter J Coster



How our Foodbank helps our community

Our Foodbanks cover Bodmin, Camelford, Wadebridge and Padstow and the surrounding rural areas.

DONATIONS

We are so grateful to everyone who donates to our Foodbank, without your support we wouldn't be able to provide help for people in crisis.

We are currently in need of: rice, long-life fruit juice, washing up liquid, soap and deodorant.

VOLUNTEERS WEEK 1-7 JUNE

We have 30+ volunteers who give their time to help at our Foodbanks in Bodmin, Camelford and Wadebridge. They work hard to sort and weigh the donations and create food boxes. They also sit and listen to everyone who is referred to try and help with their crisis or signpost them to a local professional organisation who can support them.

The HOME GROUP

(Previously known as Stonham Housing) are running Drop-In Sessions at Bodmin Foodbank every Monday between 1pm-3pm. They offer help and support with health, housing and social care.

LAST CHANCE TO BUY YOUR CAMPING TICKETS

Our Fun Camping Weekend will take place at Mother Ivey's Bay Holiday Park from the **14-16 June 2019**. £30 for an electric pitch (limited availability)

and £26 for a non-electric pitch. Tickets are available from Wadebridge Foodbank (cash or cheque), at Unit 2 Trevanson Street PL27 7AR (opposite Lidl), we're open from 10.00am-1.00pm Monday to Thursday.



MONEYBOX COURSE

If you are worried about money and would like some support with budgeting and creating a CV, come and join our FREE and FRIENDLY **Moneybox Course**. Available for anyone unemployed and aged 16+. It will help people to budget, build their confidence and manage their finances. If anyone would like more details of the course, please contact us on 01208 815374, or email:

contact@wadebridgefoodbank.org It's a great way to learn in a relaxed environment.

Wadebridge Foodbank, Unit 2 Trevanson Street, Wadebridge PL27 7AR

Tel. 01208 815374

Registered Charity No. 1166301

Email: contact@wadebridgefoodbank.org

Website: www.wadebridgefoodbank.org



This month Heather came with her paints, brushes and tools, so that we could paint a piece of china. Most of us opted for the plate option, although one tried a mug. It looked so complicated but Heather made it look so simple. We welcomed two visitors

and they were delighted to share with us. We look forward to seeing them next month.

We are waiting to see how they will look when they come back from being glazed and finished off. Very exciting! **STOP PRESS** some of the finished items are shown in the picture.

We are all enjoying working together to produce our WI display for the Royal Cornwall Show - pop along to the WI tent, have a look at our display based on Cornwall and enjoy a cup of tea from the refreshment stand.

In June our next meeting will be on Wednesday 12th June at 7pm. This time we have a talk on shopping! We are not really sure if this will be how to snap up a bargain or the history of shopping, but our speaker comes highly recommended so we are looking forward to finding out.

Come and join us - visitors are welcome at £3 an evening.

Alison Gill 841469

Events Diary - June

- 5th 'Good Morning Cafe', St Kew Ace Academy, 8.45 -11.00am.
Bellringing practice, 7.30 - 9.00pm.
- 6th Chair Aerobics, Community Hall, 2.00pm.
- 12th 'Good Morning Cafe', St Kew Ace Academy, 8.45 -11.00am.
Tea and Cake, Community Hall, 1.30 - 3.30pm.
Bellringing practice, 7.30 - 9.00pm.
- 13th Chair Aerobics, Community Hall, 2.00pm.
- 19th 'Good Morning Cafe', St Kew Ace Academy, 8.45 -11.00am.
Bellringing practice, 7.30 - 9.00pm.
- 20th Chair Aerobics, Community Hall, 2.00pm.
- 21st Souper Lunch, Community Hall, 12.30pm.
- 26th 'Good Morning Cafe', St Kew Ace Academy, 8.45 -11.00am.
Bellringing practice, 7.30 - 9.00pm.
- 27th Chair Aerobics, Community Hall, 2.00pm.

News from St Kew Parish Hall

Thanks to everyone who contributed to making our Spring Fair a success and helped raise money for the upkeep of the hall.

The hall is available for rent for regular events and parties. Details can be obtained from Lianne, our booking secretary.

Kathy

To book the hall, please contact Lianne Sproull on 01208 841808.

The Regal in Wadebridge

Tel: 01208 812791

www.wtwcinemas.co.uk



June

- 7th X-Men:Dark Phoenix
- 14th Men in Black- International
- 21st Toy Story 4
- 28th Yesterday

Live Screenings

Book on-line or contact the cinema.

- 5th 'The Taming of the Shrew', RSC. Live, 7.00pm.
- 8th 'Take That', Greatest Hits. Live, 8.00pm.
- 11th 'Romeo and Juliet', Royal Ballet. Live, 7.15pm.
- 18th 'The Pirates of Penzance' by Gilbert and Sullivan, ENO, 7.30pm.
- 27th 'Small Island', NT. Live, 7.00pm

Recycling

Recycling takes place on a variety of days in the same week within the parish. Recycling collections are in the weeks beginning **3rd & 17th June 2019**.

Please see the Cornwall Council website for full details.

ST KEW HIGHWAY COMMUNITY HALL

ONGOING EVENTS

(Registered Charity No 294140)

- | | | | |
|---------------|---|-----------------|--------------------------|
| Sun: | Methodist Church Service | Marion Dingle | 01208 841388 |
| Mon: | Yoga 10.30am | Fiona Crompton | 01208 851735 |
| | Pilates 2.30pm - 5.15pm | Martin Brooks | 07812 959 879 |
| Tue | Pilates 1.15pm-2.30pm | Martin Brooks | 07812 959 879 |
| Wed: | 1st, 3rd and 5th in month - | | |
| | West Country Embroiderers 10am - 3pm | Pat Scarborough | 01841 521323 |
| | 1st in month - St Kew Playing Field Trust | | 7.00pm |
| | 2nd in month - St Kew WI | 7pm | Becky Allen 01208 841798 |
| | 3rd in month- Gardening Club | 7.30pm | Richard Godden |
| Thurs: | Chair Aerobics | 2pm | Pat 01208 841260 |

**IMPORTANT : BEFORE ARRANGING YOUR EVENT AT THE HALL
CHECK AVAILABILITY AND BOOK WITH SHIRLEY ROWE 01208 841257**

SOUPER LUNCH

Our next Souper Lunch will take place on Friday 21st June at 12.30 in the St Kew Highway Community Hall.

We get together to share a bowl of home-made soup and to chat to neighbours and friends.



**Do come along and see
for yourselves!**

Don't leave behind a tangled mess



Many people are reluctant to make wills. It is a common mistake to think your nearest and dearest will "get it all." We are here to help, talk to Sproull.

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Disputes | Family | Property | Wills

Parish Council News

Chairman: Cllr A Godden

Clerk: Cindy Powell,

Rockhurst, Trethburgy, St Austell, PL26 8YF

Email: clerk@stkewparish.org.uk



The Parish Council meets in the Parish Hall, St Kew Churchtown at 7.00pm on the second Tuesday of each month. Members of the public are welcome to attend and address the meeting on any subject of concern.

St Kew Parish Council Meeting, Held on Tuesday 14th May at 7.00 pm in the Parish Hall.

Present: Chairman A Godden, Vice-Chairman J Rowe. Councillors: B Finnemore, J Rickard, T Mott and R Godden, and 17 members of the public. Apologies from J Lethbridge, P Bishop and S Knightly.

The Annual Parish Meeting

The meeting was informed of what the council had achieved over the last year and the Vice-Chairman read a report from the outgoing Chairman, expressing thanks to all those who had helped in the last year.

An issue was raised from a member of the public, as to what is going on in the Port Isaac Doctors Practice. It would appear another doctor has resigned and the surgery at St Kew Highway has no doctors at all. The appointment system has changed and concerns have been raised with telling a receptionist your medical ails to obtain an appointment.

The council pointed out that it had no authority over the practice, but owing to the strength of feeling they would write to the practice to ask for some clarification.

The Parish Council AGM

The election of officers to the council were as follows:

- Chairman - A Godden
- Vice-Chairman - J Rowe
- Responsible Finance Officer- R Godden
- Church Liaison Officer - R Godden
- Tree officer - Mrs McGann

Committee members and representatives are:

- Footpaths committee - John Rickard and R Godden
- Parish Hall - B Finnemore
- Community Hall - J Lethbridge
- Playing fields - J Rowe
- Planning coordinator- R Godden
- Community Network coordinator- J Rickard and P Bishop
- Trewarder community representative - T Mott.

The meeting was informed that the Audit of the accounts and Governance of the council has been passed by the Auditors.

Councillor attendance figures were given out at the meeting, they were:

From a possible 12 meetings: From a possible 8:

John Lethbridge	10	Pippa Bishop	6
Anthony Godden	9		
Richard Godden	10		
Tony Mott	10		
Jeanette Rowe	12		
Ben Finnemore	8		
John Rickard	7		

Planning Applications

PA19/02605 - Mr & Mrs Rowe, Meadowside Close, St Kew Highway. Extension to rear of property.
Recommended approval

PA19/03215- Mr & Mrs Gibbs, The Old Post Office, Chapel Amble. Demolition of outbuilding and provision of new annexe.
Recommended refusal

PA19/ 03482 - Ms Hollie Runneils, St Kew Farm Shop, St Kew Highway. Proposed new treatment room.
Recommended approval

Planning Decisions

PA19/01749 - Mr R Blewett, Pengenna Manor.
Approved

PA19/11382 - Mr T Clagett, Rose Cottage, Mill Lane, Chapple Amble.
Approved.

Late news

The repairs to the road subsiding by the bridge in St Kew Churchtown are scheduled to start on the 9th September for 10 days. The road will be closed for the repairs.

RG



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Oystercatcher, Polzeath
St Kew Inn, St Kew
The Cornish Arms, Pendoggett
Wadebridge Wines, Wadebridge
Spar Stores, Polzeath
Old Custom House, Padstow
The Little Gin Shack, Wadebridge
Padstow Farm Shop, Padstow
Trebetherick Stores, Trebetherick
St Tudy Community Shop, St Tudy
Bin Two, Padstow
Ark, Atlantic Highway A39
Port Gaverne Hotel, Pilchards Café
Stargazy Inn, Port Issac
The Molesworth Arms, Wadebridge
St Mabyn Inn, St Mabyn

Geoff and Karen at The Cornish Arms, Pendoggett



Would like to say

Thank you and goodbye

to all our friends and customers.

Due to Geoff's ill health we are moving back to the Midlands.

We thank you all for your support in what has been a very enjoyable time in Cornwall.
We are leaving the Cornish Arms in good hands and I am sure the new landlords will offer
you a warm welcome.

Our planned moving date is June 11th so we hope to see you before then.

Again, Thank you and all the best for the future.

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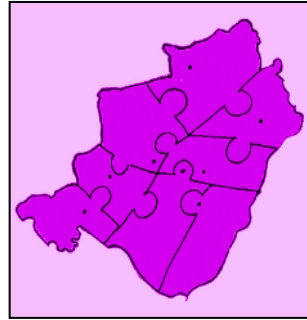
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Pieces of Eight

JULY



July 2019, Issue 251

News, views and issues from: Chapel Amble, Pendoggett, St Kew, St Kew Highway, Trelill, Tregellist, Trequite, Trewethern

Email: stkewmag@gmail.com



The small band of 12 members of St Kew WI came an amazing 2nd out of 29 WI groups at the Royal Cornwall Show. We're sure you will join us in congratulating everyone involved in such a brilliant achievement! If this inspires you to join the WI please contact Alison Gill on 841469.

Your free guide to news and events within and around St Kew Parish

NEWS JULY / AUGUST



Our new Secret Garden Beer Club every second Sunday of the month 4:00pm until 6:30pm in the secret garden

6 x 1/3 approx of a pint tasting beers Chosen by Wendy and George (Brewer from Padstow Brewery) with talks and advice followed by nibbles from the outdoor kitchen £12 per head BOOKINGS ESSENTIAL Limited numbers

SUMMER IS UPON US

A fresh new Summer local influenced menu

Spring is here so we've created a new fresh menu with loads of new tapas and vegetarian delights changing nightly



AVAILABLE FOR PRIVATE HIRE

Book your private function with us come in and talk so we can bespoke your event

IT's bbq season all year round here at the Red Lion with our bbq in our main kitchen, but now the weather is here were cooking outside in the hidden garden on all our bbq's, charcoal, wood and gas

Phone Wendy on 01208841271 for more info

Why not come and visit our new sister restaurant

GrazeTapas in the all new SaltBox container site next to lidl in Wadebridge We're on the upper level serving **tapas and barbecue fish, seafood and meat**

Call 01208841271 for more info

Don't forget every last Sunday Night of the Month We hold our Fun Quiz Night from 8pm All welcome Anyone can win with our big style quiz

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Welcome to Pieces of Eight

We are a free independent community magazine, published ten times a year (not January and August) covering local news, views and events in the St Kew parish area. Volunteers produce, edit and distribute the magazine to every household in the area, and to all the local churches, shops and pubs. We do hope you enjoy reading it.

We would love to hear from our readers - articles, letters, suggestions and other contributions are always welcome. Please see our contact details below.

There is also an on-line edition hosted by the Parish Council which can be found at www.stkewparish.org.uk/PO8.html. (*We are very grateful to the Parish Council for allowing us to use their website*).

EDITORIAL

This time last year we were sweltering in the high 20s celebrating the birth of our first grandchild (the hospital was far too hot for new babies!) In contrast, last weekend we celebrated her first birthday, wondering how many layers to wear and whether the rain would hold off long enough to cook and eat the BBQ! Oh so different this year....

Did many of you go to the Royal Cornwall Show? We joined the queuing traffic at St Kew Highway but with the amazing organisation we kept moving, albeit slowly, and got there on time to meet our friends. Luckily we went on Thursday when it was dry, except for one very heavy downpour when we sheltered in the food tent! On Friday the weather was just dreadful, but we did see plenty of pictures of people enjoying themselves even if they were soaked to the skin. Talking of the RCS, our congratulations to St Kew WI on their second place - an awesome achievement, well done.

Our poetry competition at the end of last year obviously stimulated you to put pen to paper - this month, as well as our regular poem from David, we have two other contributions from Juliet Cleave and Philippa Harkness. You have competitors David....

This is our last issue for the summer as we get July off for good behaviour. We're planning to make good use of the extra time with a holiday in France and, being cycling fans, relaxing watching the Tour de France highlights on the TV in the evenings with a glass of wine at hand.

Have a lovely summer one and all.

Nicky & Mike

The Editorial Team are:

Philippa Harkness - Children's page & History
Steve Liddiard - Advertising Manager & Treasurer
David Penhale - Events & Poet in Residence
Nicky Pickard - Main editor who puts the magazine together, assisted by husband Mike.

Contacting the Editorial Team

We can be contacted by email at stkewmag@gmail.com. Please use this address for **ALL** correspondence, the in-box is checked regularly.

Alternatively you can phone Nicky's mobile - **07813 603776**. Leave a message if you can't get through and she will phone you back.

Advertisers should contact Steve, our Advertising Manager via this email address, putting 'Advertisement' in the subject line. Steve can provide information on advertising costs, space availability, formats, etc.

Copy date for the September issue is: *Friday 16th August*

We aim to get the printed magazine out to our distributors before the beginning of the month of issue. Please could all contributors send us your copy or advertisement as soon as possible, **before** the copy deadline. If your article or advert is going to be late it would be very helpful if you could let us know in advance.

Note to Readers

When responding to an advertisement, **please** mention that you saw it in Pieces of Eight. This shows our advertisers that the magazine is **the** place to reach local customers.

The magazine does not accept any responsibility for any issues arising from advertisements.

Views expressed in this publication are those of its contributors and do not necessarily reflect those of the Publishers (the management committee) who reserve the right to refuse or alter any material supplied.

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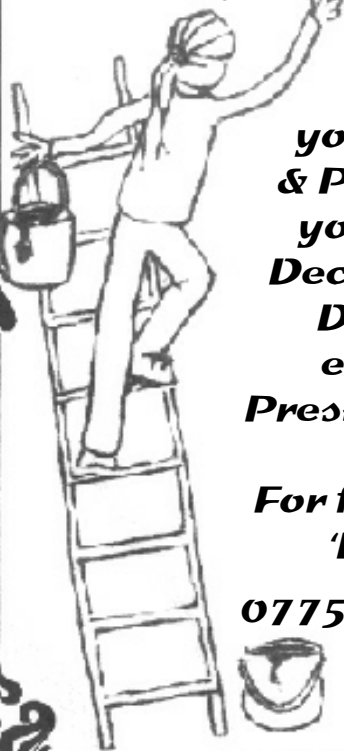
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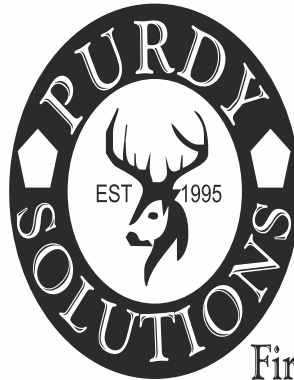


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All the news and highlights from the top of the hill! Don't forget, you can keep up with all the school antics in our monthly newsletters, published on our website: www.st-kew.cornwall.sch.uk.

'Summer' continues at St Kew

We are moving steadily on towards the end of the Summer Term at the top of the hill. Class topics are well underway and the children are thoroughly engaged in their learning.

Outdoor Classroom Day

As mentioned last month, we were delighted to take part in 'Outdoor Classroom Day' on Thursday 23rd May with all children completing learning tasks outside! Pre-School & Class 1 spent time measuring – water and wood, but not together at the same time!



Class 2 made shapes with their bodies and puzzled over tasks given by Miss Taylor, and Class 3 looked at the wonders of the plant world and measured out

the 'Daily Mile' around the playground.



Souper Lunch

Our Year 6 pupils are keen to support our local community and will be attending the Souper Lunch at St Kew Highway Community Hall.

We are looking at this as another opportunity to interact with, and serve, our local community and would be delighted to see you there! Our first appearance was on Friday 21st June, when Mrs Pennington helped us and Mrs Murray will be joining us on Friday 19th July. We look forward to learning many more life skills and to meeting you there!



'Discover, Learn, Develop' at St Kew!

RM

CHILDREN'S CORNER

On a beautiful day in July,
There was not a cloud in the sky.
The beach, the sand, the water, the waves,
were enough to make my soul fly.
The water was chilly,
which made me feel silly,
as I'd forgotten my wetsuit at home!
With my bucket and spade,
the sandcastle made,
the waves beckoned once more.
So I ran up and down
and acted the clown
till my family thought me a bore!
I crept to the shore,
and tried to explore
the temperature of the water,
but my toes felt so cold
that no longer so bold
I decided it had to be hotter!
When lo and behold
the current took hold
and a freak wave
bowed me over!

Although I was shocked
And felt a bit mocked
By my family who were laughing like drains
the surf was exciting, the waves were inviting
and I wondered why I'd ever felt pain!

Philippa Harkness



WANTED!

for
ST JAMES FETE

SATURDAY 20th JULY 2019

BOOKS, BOTTLES, BRIC-A-BRAC,
CAKES & JUMBLE.

PLANTS AND PRODUCE & NEARLY NEW
CLOTHING (must be clean)

COLLECTION POINT:

Please either leave items at the back of the
church during the week beginning
15th July, or direct to the Fete **WELL BEFORE**
2.00pm on Saturday 20th.

Mobile Post Office

The mobile Post Office calling points each week are
as follows:

Monday

St Merryn	08.45-10.00
Rock	11.00-12.30
St Kew Highway (Community Hall)	13.30-15.00

Thursday

St Merryn	08.45-10.00
Rock	11.00-12.30
St Kew Highway (Community Hall)	14.00-15.00

ST. JAMES

FETE

AT TRESCOBEL, ST. KEW
PL30 3HB

20TH JULY 2019
AT 2PM

STALLS CHILDREN'S RACES
GAMES PUPPET SHOW

ST. MINYER
SILVER BAND

 **ST KEW PLAYING FIELD TRUST.**
The Playing Field, Trellill Road, St. Kew Highway



**SATURDAY 10TH
AUGUST 2019**

 **FAMILY FUN Dog Show** 

Booking in from 12.30  Judging starts **1.30**

Display and Judging by Kernow Kys Flyball Club

BBQ- FROM 12.00pm 

Live Music and Refreshments  
*proceeds in aid of the continued development of our Playing Field.
providing facilities for St Kew Highway FC, Cricket, Camels Rugby.*

St. Kew Playing Field Trust - Registered Charity Number: 1103642. visit our website: www.stkewplayingfield.org, Trustees:
Robert Knight, David Edwards, John Raybould Jeanette Rowe, Phillip Scott, Trevor Wellington, Gerry McGowan, Stephen Terry,
Ryan Rowe, Lee A Lee


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St Kew Ace Academy
Wednesday term time
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The St Kew Annual Garden Show

Free Admission
Saturday the 7th September 2019
at the St Kew Parish hall,
Doors open at 4.00 pm raffle at
5.00pm.



Our Feathered Friends

Has anyone clocked this bird within our parish this year? Very doubtful? I tend to travel to Temple, Bodmin Moor, Crowdy, Rosenannon Downs or Goss Moor to see it. Blimey, given all my sites away now! I would like to go to the Scillies really as it's guaranteed to be seen.

I don't go crazy over adding this one but I do go 'Cuckoo.' Yes, it's everyone's spring monitor - the Cuckoo. Even non-birders ask "have you heard a Cuckoo this year." The Cuckoo arrives from Africa where they spend most of their lives. They migrate to the UK, arriving mid- to late-April and leave early after performing their deadly deed on unsuspecting smaller birds. Cuckoos are now monitored more successfully. Some are even fitted with tracking devices enabling their journeys to be checked as they head to and from Africa where they live in the equatorial forest for most of the year. The far-travelling 'Cu-Coo' male call is known to all and the call can travel some distance. The male also has a wheezy call too that can confuse. The female has a babbling, chuckling, trill that is quite un-Cuckoo to the ear.

The male Cuckoo is generally grey on the back and chest, with barring on a white belly. It is long-bodied with drooping wings at rest and a slender head.

The female is more buff-coloured on the neck, chest & underside, however there is a rarer, rufous-coloured female with black barring on the tail. Cuckoos are often mobbed by other birds in flight as they can resemble birds of prey, notably the Sparrow-

hawk. However, quick wing beats and the slender head raised, they often call in flight prior to landing on telegraph wire or a large bush.

It is quite amazing that this bird mates and the female lays her eggs in a host nest. Unsuspecting hosts such as Meadow Pipit, Reed Warbler, Dunnock, Tree Pipit, Pied Wagtail, and even Robins have their work cut out feeding this rather hungry, large and constantly begging open-mouthed young Cuckoo. The Cuckoo's egg hatches first and then gradually manages to heave all the original clutch of eggs over the side using its back, thus giving it sole attention of both foster parent birds.

The Cuckoo times its egg-laying to perfection to obtain the best chance for the young fledgling to survive. The female will lay directly into the host nest. The Cuckoo's egg has a large range of colours and marking that resemble the host's eggs.

Another amazing thing is that young Cuckoos migrate back to Africa purely by instinct as it has never met its natural parents!

My first sighting this Spring in Cornwall was at Goss Moor on the 30th April. I heard it first, and then (luckily) spotted it flying past the car. My partner Sharon's first sighting of the Cuckoo was the 'Cuckoo Gin' served in the local pub, well before mine. Cheers!

Happy birding.

Clutts, Pendoggett

PS. There is a picture of a Cuckoo fledgling further on in the magazine.



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St. Kew Community Gardens Association

The View from the Allotments and it's better late than never, where planting out is concerned.

For some time now we have been talking about planting out a lot of the stuff we grew in the greenhouse – partly because they needed to go out and partly because we could do with some space on the staging. The courgettes and 'Queensland Blue' pumpkins particularly wanted to get out and into the ground but we were convinced that they wouldn't last 24 hours in the cold wind and driving rain we've been having.

Anyway, a couple of weeks ago we put them into a sort of half-way house – the remains of a cold frame with no top on it. And now I've planted most of them out and prepared the ground for the remaining plants.

They are a bit leggy, which is only to be expected, but looking OK and I have put them fairly deep into the earth, with a surrounding bank to try to give them some protection from what my father used to call "the elephants". Fingers crossed. They were pretty good last year and we concentrated on the little yellow ones, which were excellent. The 'Queensland Blue' made wonderful soup.

Do you remember I wrote a couple of months ago about the scruffy broad beans I had planted last Autumn? Well, against all the odds, they have proved resilient and have already given us three good meals, with more to come. And in the meantime, the ones we planted out about six weeks ago are looking very strong and are covered with flowers. We do love our "broads" and expect to have quite a lot in the freezer for the Autumn.

At last I have weeded all the onions. I started to do them before we went on holiday for a week, and you can imagine what we came home to – chickweed, thistles, dock and goodness knows what else. Anyway, it took me several days as the old knees won't stand too much kneeling but the patch is now pretty clear. Now I have to start on the two wigwams of runner beans and the leeks AGAIN. In the greenhouse we have the next lot of leeks ready to transplant. It's worth doing as these leeks will be one of our staples during the Winter. In fact, we ate our last leek in the middle of May, which is pretty good going!

The tomatoes are finally looking a bit more settled and just need a bit of warmth and sunshine to develop – don't we all!

*Judith Mott, judithmott@btinternet.com
Tel: 01208 841312*

Local History

This is a postcard of children standing in St Kew Highway c.1900-1910. It is thought that one of the male children was a Bray - possibly Nicholas or Harry?

Patrick Newton



Thanks Patrick. If anyone knows who they are, please let us know.

St Kew Playing Field Trust

August 10th 2019, BBQ from 12.00

Not Just a Dog Show
but

A Family Fun Dog Show

Booking in starts at 12.30. Demo and judging from 1.30. 20 classes, rosettes, prizes. Flyball and agility demonstrations - join in!!

*Barbeque, refreshments and live music
See our poster, Facebook page and website for more information.*

Please come, bring the dogs and family and enjoy the day and support us.

Free entrance for all, just a small charge for your dog's class entry.

D John Raybould, Secretary.

St Kew Playing Field Trust
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07521 983721.

SEE MORE

In August, each and every year, on the second
Wednesday
Locals and visitors to Camelford Show, make their
way;
Twin-tors humped to the rear, the Atlantic in the
fore
At this show, there's more to see than the sea and
Bodmin Moor...

Tweed caps and ties up, summer frocks and stout
shoes too,
Not forgetting the waterproofs - lest a shower
comes through;
Holiday-makers in shorts and flipflops, with a tail of
lagging kids
Amid the jodhpurs, white coats and bowlers down
over eyelids.

Judges eat breakfast while cattle are washed and
sheep trimmed
Stands lay out their wares; stewards' faces focus:
spec-rimmed,
Baskets of produce and crafted labours stream to
the flower tent
As early horse results echo by tannoy across the
whole event.

What to see first? Maybe get ringside to see some
quality classes -
But there's Fred yapping to the green tractor rep;
drum of molasses
on the next stall over - that feed merchant owes us
a bodywarmer;
Blow me, there's the vet giving out free poly-gloves
to every farmer!

May as well pop into the Young Farmers for a cof-
fee in passing
But Marion's yahooing from the depths of the WI
canvas, (asking
her out back in the day was a big mistake!) Here
comes my first
true love - a little grey Fergie: that engine makes
my heart burst!

Finally to the livestock rings, just in time for the
Young Handlers
My guts are pretty rumbling 'cos the air is scented
with burgers;
Telling of which, I'm fair parched too - is that
Camelford band playing?
Yep, right outside the beer tent: next to the hawk
exhibit, eyes a-prying.

Now there's a ruckus over at the shearing stand,
seems some maid
From out Altarnun has beaten the pro from De-
labole (he's dismayed!)
Look up - more high jinks at the pet dog show: a
jack russell's taken
a dislike to the lone poodle, and every mutt's now
on for ruff-shaking.

The fairground rides are doing a master trade,
there's ice cream everywhere
All the little people seem to have spent the day in
Big Top Mania's care;
My feet are aching, my shoulders damp and my
face vidy wind-burnt
But the day's not done yet (this show's not for light-
weights I've learnt!)

I need sausages from the food hall for supper, be-
fore they sell out;
And get to the handicraft prize-giving to see if
there'll be any fallout
(Dear little Barny entered a lovely rainbow wellie,
he'll surely win a cup)
But the main ring displays are a right distraction,
with everyone catching-up.

As usual, I've not made it to the poultry tent but I
see more every year
They say there's a Young Farmers dance tonight
but I'm not too clear;
I bought a ram from that fella down west that al-
ways does so well here,
Drat that rep John putting my name on the green
tractor: it's really dear!

Juliet Cleave

Editors note.

*Many thanks Juliet. Lovely poem! The 113th
Camelford Agricultural Show is being held on
Wednesday 14th August 2019 at Trevilla,
Marshgate, Camelford, PL32 9YN.*

*Entry is £10, and £4 for the under 12's. Under 4's go
free.*

Well worth a visit.

For more details please see the CAS website:

www.camelfordshow.co.uk

A follow up to our 250th Edition....

....in which we reprinted the cover of the June 1899 parish magazine which mentioned Jacob and Jane Stone and a Miss Benton. William has been doing some research:

JACOB AND JANE STONE

In St James the Great church, on the south wall there is a brass plaque: "To the glory of God and in memory of Jacob Stone, churchwarden 1916–36 and of Mary Jane Stone his wife. The Electric Light Installation was given to the church by their son Frederick H Stone 1949". It was in memory of Jacob's wife Mary Jane that their son installed the new lighting.

Jacob Stone was born at West Milton, Dorset in 1847 and Mary Jane Cocking was born in 1848 at St Neot. Jacob and Mary had the following children, all born at St Kew: John Roper born 1870, Maude Mary born 1871, Reginald Charles born 1873, Frederick Henry born 1875 and Arthur born 1880. The family lived for many years at Trequite Village.

Jacob was Head of the St Kew CP School 1868 – 1912 and Mary was Sewing Mistress. Jacob was not only the Headmaster, but was also a Churchwarden, choirmaster and organist (from which he retired in October 1905), and was a Parish Council Clerk. He was presented with a marble clock with bronze figures at Christmas after 37 years of faithful service.

Jacob died and was buried in the churchyard on 25th September 1940 aged 94; Mary Jane had pre-deceased him and was buried at St Kew on 11th February 1936 aged 87; Maude Mary, their daughter and a Pupil Teacher, died 30th August 1892 aged 21 and is also buried in the churchyard, on the left in the middle section.

MISS BENTON

The 1901 Census shows that a Kate Benton, aged 19, was born at Ilkeston, Derbyshire, and the records on the rest of her family are very interesting. Using census records 1891–1911 we find: Thomas, the father, a Stone Mason, and Catherine, the mother, had the following children: Kate, born 1881 at Ilkeston, George, born 1883 at Ilkeston, James, born 1886 at Launceston, William, born 1887 at Ilkeston, Julia, born 1890 at Ilkeston, Thomas, born 1894 at St Budeaux, Devon, twins Lily B and Daisy Evely, born 1896 at St Kew, and Mark Benton born 1899 also at St Kew. Thomas and his family obviously moved around the country going to where there was work.

The George Benton, of this Ilkeston-based family, who in 1911 was single and working as a journeyman House Joiner, is most certainly one of the 6 George Bentons listed on the Commonwealth War Graves Commission (CWGC) Roll of Honour. Five from the list can be eliminated as having absolutely no connection with St Kew, or Cornwall; however, the Ilkeston George Benton had a brother and 2 sisters born at The Rows, St Kew. As it was thought that perhaps one of his sisters might have married a local St Kew man research was carried out to check all the female marriages. Research shows that all the sisters married men local to Ilkeston. Further details of George's brother Mark cannot be traced. There is a strong possibility that the George Benton of this family is the one on the War Memorial, because he is the only one with a local connection. However, it is not known who recommended his name be placed on our War Memorial but one can guess it could be by one of his St Kew-born sisters, one of whom was Kate.

William

St Kew Historical Society

All talks and meetings are held at St Kew Parish Hall on the 2nd Thursday of each month, from 7.30 pm.

Please come along to our next meeting on Thursday July 11th, 7.30 pm at St Kew Parish Hall:

A talk by Barry Cole - Padstow and St Kew History Groups: "The History of The London Ambulance Service and The Training of Paramedics."

You will all be welcome at our meetings and events See our FaceBook page for details and updates. Visitors' fees - free with annual membership, guests £3.00 per person.

Refreshments available.

Regards to all.

John Raybould, secretary.



A Cuckoo fledgling spotted by Steve in Lidl's car-park, Wadebridge.

'KEW & A'

Twenty Questions & Answers

This month: Jeremy Chancellor, St. Kew.

Childhood Hero: *The Saint.*

(60's TV series based on the Leslie Charteris books, starring the suave Roger Moore).

Hobbies: *Painting, choir, gardening & travel.*

Favourite Music: *Rock & R&B of 60's and 70's- Steve Winwood, Fleetwood Mac, the Eagles.*

Favourite Books: *The 'Century' trilogy by Ken Follett.*

Favourite Film: *Most of Dustin Hoffman's films e.g 'The Graduate' (1967, dir. Mike Nicholls), and 'Fisherman's Friends' (2019, dir. Chris Foggin).*

Favourite TV Programme: *'Downton Abbey' (ITV series, 2010-2015).*

What's good about living in your village?
Friendly people, beautiful location, community spirit.

What would you improve? *Fresh food, not junk food in the Spar shop.*

I'm very good at.... *Spotting 'speeling' mistakes, expect my own.*

I'm very bad at.... *Faffing around, according to my partner.*

A phrase I use too often is.... *'Just a moment'.*

Three people, dead or alive, I'd invite to dinner are.... *My parents and brother, (sadly deceased).*

I'd like to be stranded on a desert island with....
My partner - we could faff around until rescued.

I'm embarrassed by....*Answering the door still in my pyjamas.*

My proudest moment was.... *The birth of my children, and their marriages.*

The best thing about Cornwall is... *The relaxed way of life & the endlessly varying coastline.*

The worst thing about Cornwall are *The lack of good jobs for young people.*

Which of our country's laws would you change?
.... I'd abolish VAT on home improvements.

An over-rated public figure is.... *Sorry, pass. We are too quick to build people up then knock them down.*

In another life I would be.... *An architect*

Teas & Trains

Sunday 18th August, 1.00 - 4.30pm



In the garden. Steam and diesel train rides for ¾ mile in the countryside.

At Coldnorthcott, St Teath, PL30 3LL - between St Teath and Trelill.

Part of the largest toy museum in Cornwall will also be open.

Refreshments and train rides by donation to Cornwall Air Ambulance appeal.

Dogs on leads please, and children must be supervised.

Bob Lanaway, North Cornwall Miniature Railway



Letters to the editor

Just wanted to share how proud I am of my nephew Cohen Browne from St Kew Village who chose to do a litter pick around St Kew academy where he attends school in his May half-term holiday, he collected a whole bag of rubbish including glass and plastic bottles and lots of other plastic waste from around the school and surrounding hedgerows. We do regular beach-cleans but he chose to do a full litter-pick around the school this time.

Have attached some photos.

Tamar Longmuir



Editors note: Well done Cohen, a credit to the community!

Hello Eds,

Well done on the 250th edition. I love this sort of historical input to a Parish Magazine.

Reference the St Kew Parish Magazine dated June 1899 replicated in the 250th Edition.

On the front of the 1899 Magazine, as well as the names of the Vicar, churchwardens, sidesmen and organist, mention is made of the schoolmaster: Mr Stone; Assistant Mistresses: Mrs Stone and Miss Lean; and Pupil Teachers: Miss Bate and Miss Benton.

I have some notes on the individuals highlighted, which I believe are of interest.

As ever,

William

Editor's note: Thanks William. Please see his article a couple of pages back.

LINDA BRENTON (Nee MASTERS!)



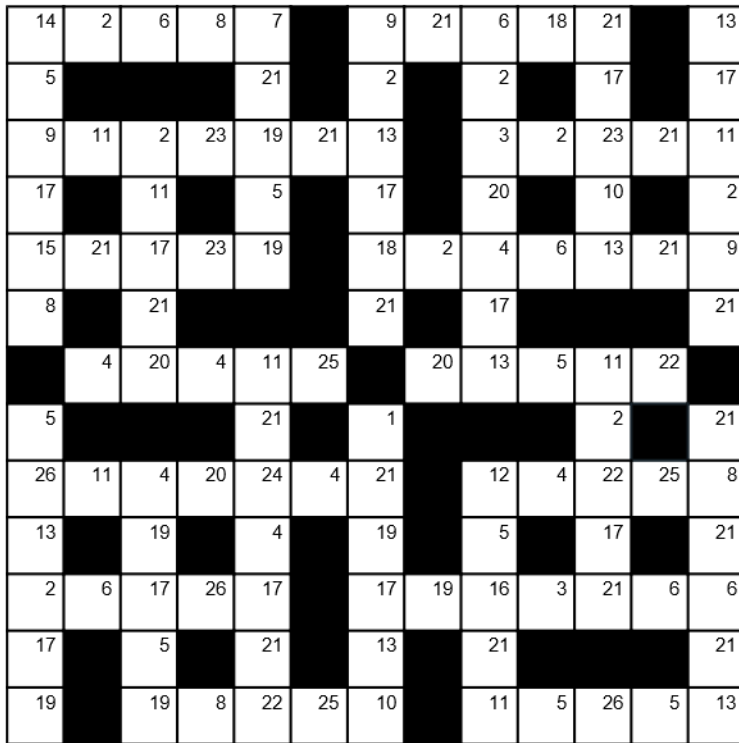
GOT YAH!

Linda, we would like to say a massive "THANK YOU" for coming out of retirement some 7 years ago to work with us at Aunt Avicé's. I can honestly say that it has been a joy and privilege to work alongside you. We will remember the many laughs we had along the way, as in this photo of you wearing your hat back-to-front!!

Love you lots "Linny"
Avicé, Pete, Melissa, Sally and Kelly
X X X X

The Puzzle Page

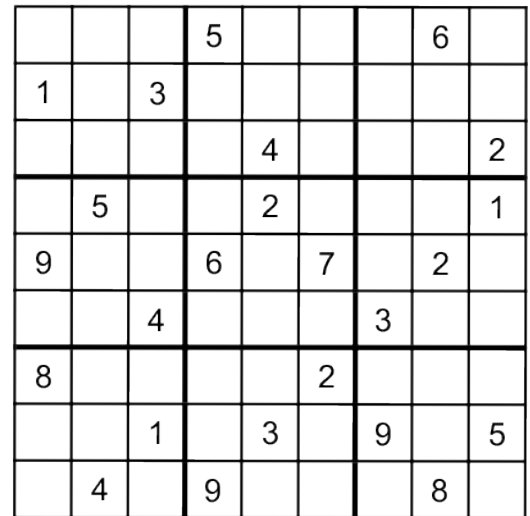
Codeword



17

1	2	3	4	5	6	7	8	9	10	11	12	13
			U									T
14	15	16	17	18	19	20	21	22	23	24	25	26
					N							

Sudoku



M3

Word Square

I	C	E
M	B	Y
O	R	N

How many words of 4 letters or more can you find?

No proper nouns are allowed and the the centre letter must be used in each word. There are 34 words listed in the solution, which includes **1 nine letter** word to find.

St James the Great at St Kew



Calendar for July

- Sun 7th *Trinity 3.* 9.30am, Holy Communion with Rev Dr Elizabeth Wild, with Ord. Geraldine Ashton preaching.
- Sun 14th *Trinity 4.* 9.30am, All Age service of worship with Ord. Geraldine Ashton.
- Sat 20th 2pm, St Kew Parish Fete at Trescobel
- Sun 21st *Trinity 5.* 9.30am, Holy Communion with Ord. Geraldine Ashton.
- Sat 27th 3pm, Wedding.
- Sun 28th *Trinity 6.* 9.30am, All Age service of worship with Ord. Geraldine Ashton.

The August & early September calendar is towards the back of this month's magazine.

BELL RINGING NEWS



There are no more evening bell ringing practices until October.

For further details please contact the Tower Captain, Ken Godden, on 07968 481520 if you have any queries on bell ringing.



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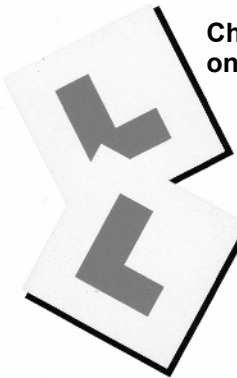
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Friday 21 June 7.30pm
Bristol University Madrigal Ensemble

This highly popular Ensemble returns to St Endellion as part of their annual tour to Cornwall, with a delightful mixed programme of madrigals and part songs. £5 by donation on the door.

Wednesday 10 July 7.30pm
Dante Quartet – Bach, Baroque and Beyond

A Dante Festival concert. Bach's Brandenburg No. 3, Vivaldi concerto for 2 cellos, Brahms string sextet in B Flat, and the world premiere of Sea Sketches by Joy Lisney. Tickets (various prices) from www.dantefestival.org.

Wednesday 10 July, 9.45pm
Late Shostakovich by Candlelight

A Dante Festival concert. The Dantes perform Shostakovich's extraordinary 15th quartet, his pe-

ultimate work. An unforgettable experience. Tickets (various prices) from www.dantefestival.org.

30 July – 9 August
61st St Endellion Summer Festival

This year's opera is Benjamin Britten's Death in Venice conducted by Duncan Ward, starring Mark Padmore, Roderick Williams and Robin Blaze. Other concerts include Beethoven's 1st Piano Concerto, Part 1 of Mendelssohn's St Paul, Suk's Serenade for Strings, and Sibelius's 2nd Symphony.

As ever some of the highlights happen in the chamber music concerts and late-night performances.

Full details and booking information on www.endellionfestivals.org.uk.

Polzeath Beachcare

An excellent turnout for the June Beachcare litter pick, and a warm welcome to newcomers, especially a locally resident young family - always important for youngsters of all ages to become aware of such environmental issues.

We are now starting to get school visits to the beach for Marine awareness with the Marine Conservation Group and KBT Beachcare.

It was a gloriously fine day to be on the beach, amongst all the rain we've had. Nothing important to report - yet again there was not much litter on the beach.

Polzeath beach is very lucky to have so many people 'litter aware' and also Biffa are collecting daily in the Summer months on this Cornish flagship beach.

Nevertheless, 5 black bags of litter were collected on the main beach, and with 2 bags reported elsewhere 30 bags have been collected this year on Beachcare dates, and 42 in total.

Many thanks to all who took part.

Nick Pickles

Puzzle page solutions

4	7	2	5	8	3	1	6	9
1	6	3	2	7	9	4	5	8
5	8	9	1	4	6	7	3	2
7	5	6	3	2	4	8	9	1
9	3	8	6	1	7	5	2	4
2	1	4	8	9	5	3	7	6
8	9	7	4	5	2	6	1	3
6	2	1	7	3	8	9	4	5
3	4	5	9	6	1	2	8	7

Sudoku

Berm, bier, bone, bony, bore, born, brim, byre, comb, crib, ebon, obey, robe, biome, bonce, boner, borne, brine, briny, combe, cyber, ebon, bicorn, bonier, comber, embryo, recomb, bicorné, bromine, byronic, combine, microbe, combiner, EMBRYONIC.

Word Square

C	A	L	Y	X	D	E	L	V	E	T			
O	A	V	A	A	A	A	I	I	I	I			
D	R	A	G	N	E	T	W	A	G	E	R		
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Codeword

MIKE'S RECIPE OF THE MONTH

Fruit Tea Loaf

A very simple & very tasty recipe this month. Simple enough for the kids to make as well – under supervision of course. Makes 10-12 servings.

Ingredients

- Hot tea (1 or 2 tea bags steeped in 250ml of boiling water for 5 minutes or so). Any kind of tea will do but a full-flavour breakfast tea like Assam works best.
- 340g dried mixed fruit (I prefer the ones without candied peel)
- 225g soft brown sugar
- 280g self-raising flour, sifted
- 1 large egg, beaten
- 1 tsp mixed spice
- ½ tsp cinnamon
- Knob of butter for greasing

Method

- Put all the fruit and the sugar in a large bowl and pour in the hot tea. Stir well, cover and

leave to soak for a few hours, ideally overnight.

- When you're ready to cook, pre-heat the oven to 150c/gas mark 2.
- Grease a 500g loaf tin and line with baking paper.
- Fold the flour, egg and spices into the fruit mixture and spoon/pour the mix into the tin. Don't worry if it looks a bit runny.
- Bake for around 1½ hours, until risen and coming away from the sides of the tin.
- Cool in the tin for 15 minutes, then turn out onto a wire rack to cool completely.

Best served in thick buttered slices with a nice cup of tea.

Perfect for summer picnics too - try it instead of scones with clotted cream and strawberry jam.

Gill is on holiday.

Calypso Moon

Her sultry voice echoes through the grove,
Calypso,
calling her old man home.

Seven long years he's lingered in her arbour,
by day a goat-herd, shading his eyes
bleared with sweat against the nuclear sun.

He's always sought the better pasture,
as goat-bells chime across the blood-red sea.

By night, sheltered, entwined together,
they pulse the phases of her moon.

Now distant music of the spheres
finds a deeper harmony.

The tearful planet's axis tilts as
bombs explode on a distant quarter.

And did those kings of infinite space,
white-suited on Mare Tranquillitas,
observe the goat-dance down below?
did they kneel and wish it done,
engines disabled, clocks all stopped,
no buzzing roar of lift-off home?

Heeding the call of the Dodecanese,
before Pythagoras with his cave of disciples
and Euclid's algorithmic game,
it's easy to imagine a perfect time,
of a slate wiped clean, no NASA team,

no Mr. Oppenheimer regrets

no Nagasaki sunsets.

On the shore the waves lap slow,
his boat long-abandoned in the cypress grove.

'The past is a trap', she whispers low
and plays her lyre by the moon.

Armed with this truth,
he lets it go.

*David Penhale
(on the 50th anniversary of the first moon landing, July 1969)*

Pilates Classes in North Cornwall

St Kew Community Hall

Mondays 14.30 & 16.00 - Tuesdays - 13.15 - 14.30



What does Pilates do?

- Targets the deep core stabilising muscles, improving balance and co-ordination
- Improves muscle tone, strength and joint mobility
- Improves posture, alignment and overall body awareness
- Corrects muscle imbalances and encourages pain-free movement

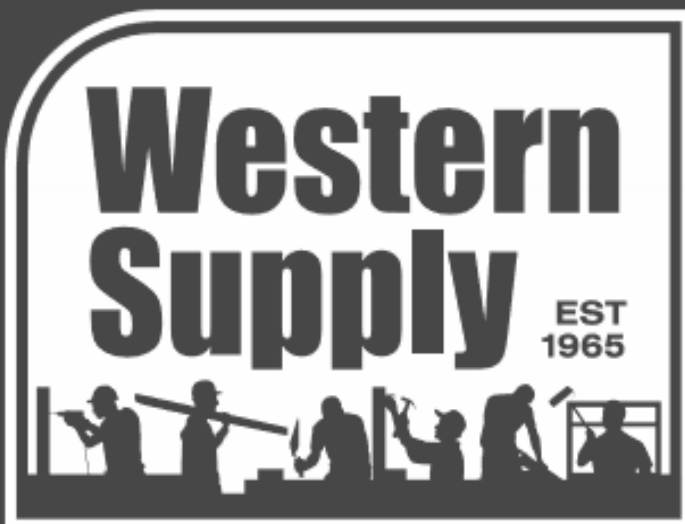
How do the classes work?

- Classes are limited to a maximum of 12 people. Small classes mean you receive good personal attention and ensure you are performing the exercises safely, and correctly.
- Classes are progressive and operate on a school term basis
- All equipment required is provided.



Martin Brooks - 07812 959 879
martin@northcornwallpilates.co.uk
www.northcornwallpilates.co.uk

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LEST WE FORGET

For July/August 1919

Home Front.

In the wake of the War and demobilisation, the surplus of labour led to dissatisfaction among British workers, in particular seamen. During the year there was an outbreak of rioting between white and minority workers in Britain's major seaports. Along with Africans, Afro-Caribbean, Chinese and Arab sailors, South Asians were targeted because of the highly competitive nature of the jobs market and the perception that these minorities were 'stealing' the jobs that should belong to white indigenous British workers. In addition, during the year striking workers brought chaos to cities across the country and forced the government to use unprecedented force against its own citizens. The Army had to be called in because police officers were among those on strike. Soldiers were deployed to suppress disorder as fierce and violent riots involving British trade unionists and communist crowds wreaked havoc.

Peace Day 19 July 1919.



To celebrate and mark the end of WW1, a Bank Holiday and Public Holiday on 19 July 1919 was declared in Britain. Consequently, thousands gathered in London and nearly 15,000 troops took part in the victory parade, led by Allied Commanders Pershing (Head of the US Expeditionary Force), Foch (Allied Supreme Commander), and Haig (British Commander-in-Chief). Bands played and the central parks of London hosted performances and entertained the crowds. Other celebrations organised by local authorities took place in cities, towns, and villages across the country. Each child received a Peace Mug which had on it displayed the main image of a white dove surrounded by flags of the friendly countries.

It was at the planning stage for Peace Day that Sir Edward Lutyens was asked to design a monument and had just two weeks to create a piece befitting a memorial for the fallen. The first memorial – the Cenotaph (which means 'Empty Tomb') was a temporary wood and plaster construction, another one made from Portland Stone was to replace it in 1920, which still stands today.



Unfortunately, during the planning stage, many veterans expressed their disgust at such extravagance, whilst they were still suffering the effects of their war experience.

Upon release from the military, soldiers found mass unemployment at home, and little appreciation for their sacrifice. Many had lost girl-friends

and wives to men that did not serve, their previous jobs taken and they found that businessmen got rich while workers remained as poor as ever. Many of the protesting men had been maimed, crippled or disfigured during the war. Pensions for these disabled men were meagre and no programmes to integrate them back into society were in place. Worse was to come in August.

On August Bank Holiday the government dispatched tanks to the northern city of Liverpool in an overwhelming show of force. The Royal Navy were also deployed to the parts of Merseyside which had come under siege from mobs the Army were unable to contain. Tanks were also brought onto the streets to crush worker's uprisings and impose martial law in Luton.

Other Military Commitments

Afghanistan. With all this going on in Britain, since May soldiers had been committed to what was the Third Anglo-Afghan War when Afghanistan invaded British India, which ended with an Armistice on 8 August 2019. The result was that Afghanistan won back control of their foreign affairs from Britain and Britain recognised Afghanistan as an independent country, and they agreed not to foment trouble on the British/India border.

Russia. It wasn't until October 1919 that British troops were withdrawn from the civil war in Russia. In 1918 a British force had been sent to Archangel to prevent Allied stores falling into Bolshevik or German hands, and to take pressure off the Western Front after the Treaty of Brest-Litovsk had taken Russia out of WW1. The evacuation of Murmansk in 1919, and the evacuation of Archangel two weeks previously, ended the British attempt to intervene on the anti-Bolshevik (white Russian) side in the civil war in northern Russia.

William

KEEP BRITAIN TIDY.

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APART FROM MARCH & SEPTEMBER 3PM START TO MEET AT THE MARINE CENTRE

JANUARY WED 9	JULY FRI 12
FEBRUARY FRI 8	AUGUST WED 14
MARCH SAT 09 (3PM)	SEPTEMBER SAT 21 (3PM)
APRIL THURS 11	OCTOBER THURS 17
MAY FRI 10	NOVEMBER FRI 15
JUNE SAT 08	DECEMBER SAT 21

For more information please contact nickdpickles@googlemail.com

Beach Care South West SHARPS KEEP BRITAIN TIDY.

Events outside our Parish

July

29th June-5th July

Photographic Exhibition, Memorial Hall, Camelford.

5th-7th Bodmin Riding and Heritage Festival.

7th 'Wuthering Heights', Pencarrow, 7.30pm.

13th-28th Festival of Archaeology, NT Tintagel Old Post Office.

17th-21st Circus Big Top, Wadebridge.

20th Rum and Tequila Festival, Wadebridge Wines, 12.00-7.00pm.

27th Non Giovi & support, Town Hall, Launceston.

August

16th 'Hits from the Blitz', Pencarrow, 7.00pm.

18th Miniature railway open in aid of Air Ambulance. Coldnorthcote, PL30 3LL.

22nd -26th Cornwall Folk Festival, Wadebridge.

24th-28th AFC Fairs, Wadebridge Showground.

Events outside our Parish

Other places to visit:

Bodmin Folk Club, every Friday, 8pm, The Old Library, Lower Bore Street- all welcome.

Wadebridge Folk Club, (second Thursday every month), Churchhill Bars, Molesworth Street. (Tel: Mike Walford 01637 880604)

Tintagel Old Post Office (National Trust) has various events on during the month.

YHA, Treyarnon Bay, hosts live music events on most Fridays and Saturdays.

Bodmin and Wenford Railway have a number of themed events through the holiday period.

Eden Project.

Old Town Hall, Bodmin, has various theatre & music events on.

More information about these events can be found on the following websites:

Edenproject.com endelienta.org.uk
pencarrow.co.uk bodminrailway.co.uk
facebook.com/YHATreyarnon/
Intobodmin.co.uk Cornwall365.com

Please let us know about any events you are aware of outside our area that our readers might be interested in.

BODMIN HOSPITAL FETE

29th June from 2.00pm

At the old Rose Garden of St Lawrence's Hospital, adjacent to the new Sowenna building.

The Fete is being opened by Jill Murphy who is most well-known for her 'Worst Witch' books.

There are lots of stalls and activities for everyone. The fete is organised by the Bodmin Hospital League of Friends who raise money for services and equipment for staff and patients not available from the NHS.

Please support **OUR LOCAL HOSPITAL**



St Kew Garden Association

The Annual Garden Show will be held on the 7th of September.

The schedules are out and in the pubs and Aunt Avice's.

If you cannot get one please phone 01208 880007.



ST KEW HIGHWAY METHODIST CHURCH

Services held in the Community Hall at 9.30am.

Preachers for July

7th Rev'd John Harrod
14th Gordon Rowe
21st Rev'd Sally Long
28th Rev'd Alistair Sharp, Communion

August

4th Church Fellowship, lead by members
11th Rev'd John Harrod
18th Rev'd Alistair Sharp, Communion
25th Delarre Irving

Catholic Church Services

Wadebridge

St Michael's Church
Tel:01208 72833
Mass Sundays 8.30am
Confessions
Friday 10.30-11.00am

Tintagel

St Paul The Apostle
Tel:01840 770663
Mass Mon-Thur 10am
Fri & Sat 6pm
Sunday 10.00am
Confessions:
Before/after Mass.
Other times on request.

Wadebridge Christian Centre

Molesworth Street, Wadebridge. Tel 01208 813110,
wadebridgechristiancentre.org

We are a lively, active, family church where everyone is welcome. We have a crèche and Sunday school, and all our children's workers are DBS checked.

Reflections

The oldest concrete description of the cosmos found in the world is the Nebra Sky Disk found in Saxony, Germany, which is about three thousand two hundred years old. Analysis of the gold and bronze that it is made of show that both came from Cornwall. Trade, and therefore communication, has existed between Cornwall and Europe, especially the Mediterranean, for this long.

It is almost inconceivable that the new way of thinking and of life called "the way" and which we now call Christianity did not reach Cornwall until the first century AD, although by the very nature of these verbal communications no record exists.

This "way" was simply one of good relations with all, acceptance and inclusivity. It did not involve rules, judgement, or exclusion. If an act could be called

St James the Great at St Kew



Calendar for August

Sun 4th *Trinity 7.* 9.30am, Holy Communion with Ord. Geraldine Ashton and Rev Dr Elizabeth Wild preaching.
Sun 11th *Trinity 8.* 9.30am, All Age service of worship with Ord. Geraldine Ashton.
Sun 18th *Trinity 9.* 9.30am, Holy Communion with Canon Judith Pollinger and Ord. Geraldine Ashton Preaching.
Sun 25th *Trinity 10.* 9.30am, All Age service of worship with Ord. Geraldine Ashton.

September

Sun 1st *Trinity 11.* 9.30am, Holy Communion with Rev Dr Elizabeth Wild and Ord. Geraldine Ashton preaching.

Baptisms, Weddings and Funerals

On Friday 31st May at 1.00pm, Lyndsey Bradbury and Thomas Hawken, both from Port Isaac, were joined in Holy Matrimony by Rev Dr Elizabeth Wild.

"loving" then it was fine. The well-off helped those less fortunate and the poor were not ignored.

The Saxons never fully controlled Cornwall after the Romans left so the tradition has probably been deeply ingrained in the Cornish culture since that time.

Wouldn't it be great to see those attitudes really break through again today?

Henry Gompertz



How our Foodbank helps our community

Our Foodbanks cover Bodmin, Camelford, Wadebridge and Padstow and the surrounding rural areas.

Exciting news from the Foodbank....

We are delighted to announce that our Project Manager, Jacqui White, has been awarded an MBE. Jacqui is the founder of one of Cornwall's longest established foodbanks and has worked in the charity sector for over 26 years and used her own cash to kick start the Foodbank project with the help of Wadebridge Christian Centre. Over the past decade our foodbank, which covers a large section of North Cornwall, has distributed nearly 200 tonnes of food from its Wadebridge, Camelford and Bodmin locations, feeding the equivalent of 25,000 local people since 2009.

Sharon Angel, a family support worker at Beacon ACE Academy said: "In the current climate of cuts, it has become increasingly difficult to support families in crisis. We have turned to Jacqui for creative solutions, having confidence that her help and support is always immediate. She not only supplies food but also transport, household goods, money for shoes, coats, gas and electric. She always goes the extra mile and has cleaned homes, supported parents to find a solution to their current difficulties, signposted to debt management services and provided Christmas hampers. Not only has founder and manager Jacqui overseen the collection and

distribution of this food but she has physically processed much of it herself."

At 67, Jacqui still drives the foodbank van daily, clears collection points at local supermarkets, packs and delivers foodboxes and furniture, as well as looking after the accounts and overseeing the volunteer team and much of the administration. She said: "I was stunned and amazed when I found out. Five people in the area got together to put my name forward. It's nice to be appreciated but it's not all me. I have got an amazing team of 30 volunteers with me."



Wadebridge Foodbank, Unit 2 Trevanson Street,
Wadebridge PL27 7AR
Tel. 01208 815374
Registered Charity No. 1166301
Email: contact@wadebridgefoodbank.org
Website: www.wadebridgefoodbank.org



What a celebration! Our WI gained second place at the Royal Cornwall Show in the WI display competition. There were 29 entries and so it was a great achievement. Virtually everyone in the group played a small part - special thanks to Audrey and Steph who worked extremely hard to put it all together.

Congratulations to Becky whose saffron buns were judged to be the best cookery item in the Show competition and she was presented with a silver salver.

This month's speaker was Leslie Robinson, her talk on shopping surprised us all. She told us about the history of shopping: Back in the 1600's any purchases were made by the man of the house. She started her talk with a story of a Duke who travelled to London from Scotland to buy textiles, household goods and clothing for him, his wife and their 13 children. He had to write back home to his wife for

an explanation as he couldn't read one of the items. We heard about the young men of influential families travelling on the Grand Tour and bringing back artefacts, porcelain, art and other treasures to furnish their family homes - we perhaps will have visited them in recent times. Then we heard about the setting up of department stores and how women started to get involved with shopping. There were many illustrations of fantastic embroidered clothing for us to peruse - what an interesting evening.

Next month, come along to hear from Trading Standards, their talk is entitled "Don't let your Gran be Scammed" - something we need to all be careful of. My husband and I had our ISA emptied a few years back. Although it was replaced by the bank more or less immediately, we are very cautious now.

Our July meeting will be on Wednesday 10 July at 7pm at the St Kew Highway Community Hall.

Come and join us - visitors are welcome at £3 an evening.

Alison Gill 841469

Events Diary

July

- 3rd 'Good Morning Cafe', St Kew Ace Academy, 8.45 -11.00am.
 4th Chair Aerobics, Community Hall, 2.00pm.
 10th 'Good Morning Cafe', St Kew Ace Academy, 8.45 -11.00am.
 11th Chair Aerobics, Community Hall, 2.00pm.
 17th 'Good Morning Cafe', St Kew Ace Academy, 8.45 -11.00am.
 18th Chair Aerobics, Community Hall, 2.00pm.
 19th Souper Lunch, Community Hall, 12.30pm.
 24th 'Good Morning Cafe', St Kew Ace Academy, 8.45 -11.00am.

August

- 10th Family Fun Dog show at the St Kew High way Playing Fields, from 12.00.

16th Magazine copy date

- 18th Teas and Trains, Coldnorthcote, 1-4.30pm

News from St Kew Parish Hall

Our next fundraising event is a Quiz and Curry night on 28th September starting at 7.30pm.

Our newly installed dishwasher makes the hall a suitable venue for larger parties and gatherings,

Kathy

To book the hall, please contact Lianne Sproull on 01208 841808.

The Regal in Wadebridge

Tel: 01208 812791

www.wtwcinemas.co.uk



July

- 5th Spider-Man: Far From Home
The Queen's Corgi
 12th Annabelle Comes Home
 19th The Lion King

August

- 2nd Fast and Furious:Hobbs & Shaw
 9th Spies in Disguise
 16th Once Upon A Time in Hollywood
 20th Bait

Live Screenings

Book on-line or contact the cinema.

July

- 2nd ENO, 'The Mikado', 7.30pm.
 25th 'The Lehman Trilogy' (with Simon Russell Beale), NT Live, 7.00pm.
 27th Andre Rieu, 2019 Maastricht concert: 'Shall We Dance?', 7.00pm.
 31st 'Measure for Measure', RSC, 7.00pm

Recycling

Recycling takes place on a variety of days in the same week within the parish. Recycling collections are in the weeks beginning **1st, 15th & 29th July, 12th and 26th August.**

Please see the Cornwall Council website for full details.

ST KEW HIGHWAY COMMUNITY HALL

ONGOING EVENTS

(Registered Charity No 294140)

Sun:	Methodist Church Service	Marion Dingle	01208 841388
Mon:	Yoga 10.30am	Fiona Crompton	01208 851735
	Pilates 2.30pm - 5.15pm	Martin Brooks	07812 959 879
Tue	Pilates 1.15pm-2.30pm	Martin Brooks	07812 959 879
Wed:	1st, 3rd and 5th in month - West Country Embroiderers 10am - 3pm	Pat Scarborough	01841 521323
	1st in month - St Kew Playing Field Trust		7.00pm
	2nd in month - St Kew WI	Becky Allen	01208 841798
	3rd in month- Gardening Club	Richard Godden	7.30pm
Thurs:	Chair Aerobics 2pm	Pat	01208 841260

SOUPER LUNCH

Our next Souper Lunch will take place on Friday 19th July at 12.30 in the St Kew Highway Community Hall.

We will be joined by children from St Kew Academy so do consider coming along to meet them and to chat with friends and neighbours.

We enjoy a bowl of home-made soup and rolls and delicious puddings – no charge, but any donations will go to the charity we choose on the day.

We take a break over the summer but will be back on September 20th.

**IMPORTANT : BEFORE ARRANGING YOUR EVENT AT THE HALL
CHECK AVAILABILITY AND BOOK WITH SHIRLEY ROWE 01208 841257**



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Parish Council News

Chairman: Cllr A Godden

Clerk: Mrs Stephanie Tiplady

The Barn, Kitts Hill, Chapel Amble

07789 953677. stkewparish@gmail.com



The Parish Council meets in the Parish Hall, St Kew Churchtown at 7.00pm on the second Tuesday of each month. Members of the public are welcome to attend and address the meeting on any subject of concern.

St Kew Parish Council Meeting Held on Tuesday 11th June at 7.00 pm in the Parish Hall.

Present: Chairman A Godden, Vice Chairman J Rowe, Councillors: B Finnemore, J Rickard, T Mott, P Bishop and R Godden. Cornwall Councillor S Knightly, and 1 member of the public.

Fly tipping is becoming a problem again in the parish. If anyone sees anything suspicious please report it and see if we can get this stopped and the perpetrators prosecuted.

St Endellion parish council has just issued a draft Neighbourhood Plan. It's worth a read, and anyone can comment on it. Although not in our parish, it could influence aspects of our parish.

St Kew PC are considering declaring a Climate Emergency and the topic will be discussed at the next meeting on Tuesday evening the 9th July, anyone wishing to make a comment, please come along, at 7.00pm.

Cindy Powell our clerk for the past 9 years retired this month. We all wish her well and a big thank you for all the help she has given to the parish.

She was presented with a pair of personalised cut-glass wine glasses as a token of appreciation from the council.



Cindy Powell admiring her leaving gift from the Council.

Our new clerk is Mrs Stephanie Tiplady, who will be taking over this month. New notices will be up on the notice boards soon listing the contact details.

Planning Applications

PA19/04451 - Mr & Mrs W Harkness, The Barn, Trewane Manor, Trelill. Removal of modern conservatory and replacement with single-storey stone extension. Replacement of upvc external doors and windows with painted timber ones. Replacement of upvc rainwater goods with painted cast metal ones.

Recommend approval

Planning Decisions by Cornwall Council

PA19/00900 - Land north of Trispen, Chapel Amble.

Approved

RG

Letter to the editors

In reply to the editorial comments on the article concerning the road markings at St Kew Highway last month.

The Parish Council has for many years been in consultation with Cornwall Highways on traffic calming measures at St Kew Highway. Various schemes have been put forward, including chicanes, speed humps, traffic priority schemes, flashing speed signs. All have been met with "insufficient funds available".

Cornwall Highways have now said they would fund a road marking scheme as set out in last month's article to try and slow the traffic going through the village. So after years of trying, we are finally getting there.

The road markings will be the same as those in Pendoggett and Port Isaac.

Regards

A Godden

Chairman St Kew Parish Council

Many thanks for the response. It is good that we are getting at least something after so many years of sterling effort by the Parish Council. We hope the measures will be implemented soon. The editors.



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The Cornish Arms, Pendoggett
Wadebridge Wines, Wadebridge
Old Custom House, Padstow
The Little Gin Shack, Wadebridge
Padstow Farm Shop, Padstow
Trebetherick Stores, Trebetherick
St Tudy Community Shop, St Tudy
Port Gaverne Hotel, Pilchards Café
Stargazy Inn, Port Issac
The Molesworth Arms, Wadebridge
St Mabyn Inn, St Mabyn



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2019 COACH EXCURSIONS & TOURS

17 th JUL	STEAM TRAIN TO MINEHEAD *	25 th OCT	HALLOWEEN SPOOKTACULAR MYSTERY TOUR
4 th AUG	FESTIVAL OF BRITISH EVENTING, GATCOMBE	2 nd NOV	BRIDGWATER CARNIVAL
9 th AUG	CORNISH SEAL SANCTUARY	16 th NOV	LONGLEAT FESTIVAL OF LIGHT
14 th AUG	BRITISH FIREWORK CHAMPIONSHIPS	22 nd – 25 th NOV	TURKEY & TINSEL AT SANDOWN, ISLE OF WIGHT
29 th AUG	SEATON TRAMWAY & SIDMOUTH	30 th NOV	BUCKFAST ABBEY CHRISTMAS FOOD & CRAFT FAYRE
10 th SEP	TAMAR CRUISE TO CALSTOCK	7 th DEC	BATH CHRISTMAS MARKET
7 th – 11 th OCT	AUTUMN TOUR TO OXFORDSHIRE	15 th DEC	TOUR OF CORNISH CHRISTMAS LIGHTS
16 th OCT	CLARKS SHOPPING VILLAGE & WELLS *	21 st DEC	SNOW WHITE @ THE EXETER CORN EXCHANGE
		7 th JAN 2020	CINDERELLA @ THEATRE ROYAL, PLYMOUTH

* In conjunction with North Hill Good Companions Group

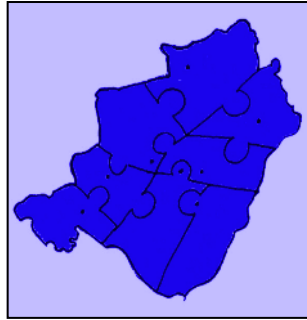
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Pieces of Eight


September 



September 2019, Issue 252

News, views and issues
from: Chapel Amble,
Pendoggett, St Kew, St
Kew Highway, Trelill,
Tregellist, Trequite,
Trewethern

Email: stkewmag@gmail.com

Partial lunar eclipse, 16th July



Photograph by David Balmford

Your free guide to news and events within and around St Kew Parish

NEWS SEPTEMBER



“

Our new Secret Garden Beer Club every second Sunday of the month 4:00pm until 6:30pm in the secret garden

6 x 1/3 approx of a pint tasting beers Chosen by Wendy and George (Brewer from Padstow Brewery) with talks and advice followed by nibbles from the outdoor kitchen £12 per head **BOOKINGS ESSENTIAL** Limited numbers

SUMMER IS STILL HERE

A fresh new Summer local influenced menu

Summer is here so we've created a new fresh menu with loads of new tapas and vegetarian delights changing nightly



AVAILABLE FOR PRIVATE HIRE

Book your private function with us come in and talk so we can bespoke your event

IT's bbq season all year round here at the Red Lion with our bbq in our main kitchen, but now the weather is here were cooking outside in the hidden garden on all our bbq's, charcoal, wood and gas

Phone Wendy on 01208841271 for more info

Why not come and visit our new sister restaurant

GrazeTapas in the all new SaltBox container site next to lidl in Wadebridge We're on the upper level serving **tapas and barbecue fish, seafood and meat**

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Welcome to Pieces of Eight

We are a free independent community magazine, published ten times a year (not January and August) covering local news, views and events in the St Kew parish area. Volunteers produce, edit and distribute the magazine to every household in the area, and to all the local churches, shops and pubs. We do hope you enjoy reading it.

We would love to hear from our readers - articles, letters, suggestions and other contributions are always welcome. Please see our contact details below.

There is also an on-line edition hosted by the Parish Council which can be found at www.stkewparish.org.uk/PO8.html. (*We are very grateful to the Parish Council for allowing us to use their website*).

EDITORIAL

Hello. I hope you are all having a good summer and we welcome you back to the September 2019 edition of our Parish Magazine, we hope you continue to find the magazine informative and useful.

I don't know about you but I have found this summer to be very busy. We have had a few friends and family visiting along with looking after grandchildren to cover school holidays, and in one case a few days whilst mom and dad attended a wedding in Greece. However, I should count myself lucky as we had sort of volunteered to look after our grandchildren's dog in Cheshire for ten days or so while they jet off somewhere sunny. Unfortunately plans changed (a relative who lives closer is going to it) so I don't have to drive the three hundred miles or so up the M5 and M6 today.

I also feel that the county has been busy and continues to be busy again this summer with lots of visitors sampling the delights of Cornwall. We thought we would get up early one day and visit the Lizard and Kynance Cove, the roads didn't seem too bad, plenty of parking at the Lizard, however Kynance was a different kettle of fish. The main car park was full so the overflow (which did not seem that far from the Green on the Lizard) was opened, the cheery people who directed you to your parking space said it's only an extra ten minutes from here. Well I know that I am getting older and definitely slower but it took us 25 minutes to reach the main car park, It was worth it though, we eventually clambered down to the cove even though it was very busy the scenery was fantastic and the cup of tea in the National Trust cafe even better.

The weather in general has been pretty good apart from some very wet and windy days we have had to endure, I do feel for the many people who had tickets for the Boardmasters festival, and for the many businesses that were affected by the cancellation.

I hope the weather remains fine over the coming months so that the farmers can get on unhindered and we can enjoy it.

Steve

The Editorial Team are:

Philippa Harkness - Children's page & History
Steve Liddiard - Advertising Manager & Treasurer
David Penhale - Events & Poet in Residence
Nicky Pickard - Main editor who puts the magazine together, assisted by husband Mike.

Contacting the Editorial Team

We can be contacted by email at stkewmag@gmail.com. Please use this address for **ALL** correspondence, the in-box is checked regularly.

Alternatively you can phone Nicky's mobile - **07813 603776**. Leave a message if you can't get through and she will phone you back.

Advertisers should contact Steve, our Advertising Manager via this email address, putting 'Advertisement' in the subject line. Steve can provide information on advertising costs, space availability, formats, etc.

Copy date for the October issue is:

Friday 13th September

We aim to get the printed magazine out to our distributors before the beginning of the month of issue. Please could all contributors send us your copy or advertisement as soon as possible, **before** the copy deadline. If your article or advert is going to be late it would be very helpful if you could let us know in advance.

Note to Readers

When responding to an advertisement, **please** mention that you saw it in Pieces of Eight. This shows our advertisers that the magazine is **the** place to reach local customers.

The magazine does not accept any responsibility for any issues arising from advertisements.

Views expressed in this publication are those of its contributors and do not necessarily reflect those of the Publishers (the management committee) who reserve the right to refuse or alter any material supplied.

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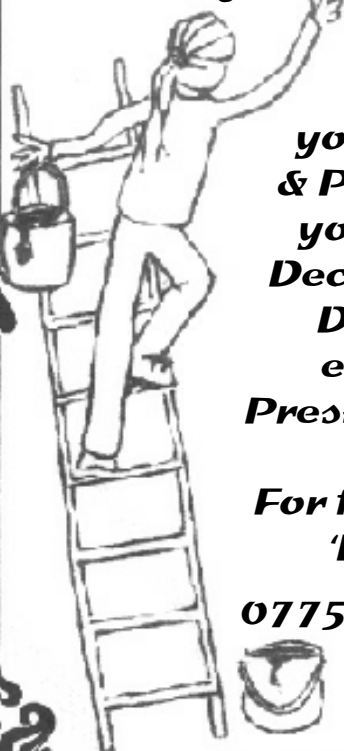
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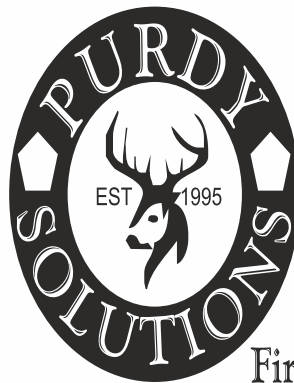


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St. Kew Community Gardens Association

The View from the Allotments..... and there have been very few disappointments so far.

I can't believe it's been two months since my last update and you can imagine just how much has changed in that time. We have had such a mixture of weather too – one week we have been breaking our backs and shoulders, carrying cans of water back from the water trough to keep the seedlings watered and the next we're strengthening the runner bean wigwams against the wind and the rain. Well, this is Cornwall, after all. But when the temperature drops ten degrees from one day to the next, it is a little unsettling for the plants.

We have been enjoying our own produce for weeks now, with plenty more to come, and it is such a pleasure. It's not just the eating which is so satisfying (though a plate of fresh runners which were picked only half an hour before can't be beaten) but the actual physical picking and shelling and freezing give me so much satisfaction. I'm easily pleased!

Our peas have done very well this year and I now have a large bagful in the freezer, together with another bag full of broad beans. Now we're picking lovely little yellow courgettes and of course loads of runner beans which we take great pleasure in handing out to friends and neighbours. The father of an old friend of mine used to make a lunch out of the beans – a heap on a plate with a poached egg on top and a piece of bread and butter. Super.

Tony's greens suffered a bit from the wood pigeons, which pecked at the new young leaves, so he devised an obstacle course for them, by strewing bits of netting here and there across the plants. Result – no more pecked bits and the plants are now

developing well. The ones he planted earlier – cavolo nero and curly kale – have done really well and we have been cutting leaves for dinner for some weeks now.

After a shaky start, the tomatoes are doing well. You may remember that I/we/the weather killed off the original plants and I had to buy more. Anyway, now they are all covered in fruit and we have had the first few fruits off them, too. One plant I neglected to tidy up and let the side shoots run wild, with the result that I have a veritable tomato bush in the middle of the others. But that, too, is covered in fruit so I am not apologising.

The sweetcorn is developing its tassels, so within the next few weeks we shall see the cobs appearing. We had such a success with these last year, that I'm hoping for great things.

One failure and we can't understand why. The Queensland Blue squash never settled in and never grew. Don't know what happened, whether that patch of earth didn't suit or what. Shame, as they were prolific last year and spread all over the place. Very decorative. We shall have to be satisfied with the lovely yellow courgettes, which are very happy.

Nothing more to report, except that the onions and leeks are happy and healthy and almost ready for lifting (the onions, anyway – the leeks stay in the ground). Oh, and Tony has sown some kohlrabi seeds which are looking happy. We haven't done them for a few years and are looking forward to the crisp, peppery taste of this unusual brassica. AND the vine has grapes!

*Judith Mott, judithmott@btinternet.com
Tel.: 01208 841312*

Car fire at St Kew Highway

This photo of the resulting wreckage was taken on July 21st.

The car was set ablaze apparently deliberately, next to the surgery at the Highway: this happened very close to the petrol station, so it had the potential to be so much worse....

A local source tells me it was allegedly a stolen car, with images of the thief caught on CCTV.

Police investigations are on-going.



CHILDREN'S CORNER

Do you like vegetables?
Maybe you can colour in these lovely 'one of your five a day' from the veg patch?
They look good enough to eat!



SOUPER LUNCH

The Souper Lunch which took place on Friday 21st June raised £80 for the Royal Cornwall Hospital Mermaid Centre which cares for people with breast disease. Thanks to all who donated.

We were joined by the Year 6 children from St Kew Academy. They were extremely helpful, very good company, and a credit to the school!



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St Kew Highway (Community Hall)	13.30-15.00

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St. Kew Garden Show

Saturday September 7th
St. Kew Parish Hall

Local entries welcome.

All local flower, vegetable and fruit growers, especially those who have allotments, are reminded that the St. Kew Garden Show is still accepting entries for the next show up until Wednesday September 4th.

Contact e-mail: welshdaisy1@hotmail.co.uk
Tel. for details: Sue Wilson, 01208 841058

Our Feathered Friends

"Pieces of eight", squawks the parrot from Treasure Island. Another treasure, apart from your magazine and the book is the 'Sea Parrot', that's Puffin to you and me. The Puffin has undergone a decline around the British Isles mainly due to its food source, particularly sand eels, being eradicated! They are however more common in Northern Britain, Wales and Ireland as opposed to here in the South West. This handsome looking bird has a place in our hearts with its multi-coloured bill and comical-looking 'clown eyes'. The Puffin measures approximately 28 - 34 cm, a small upright waddling bird with bright orange webbed feet and legs. Adults look splendid in their black and white attire, a white cheek patch and triangular red, yellow and grey bill, a dark back and white front. The eyes look sad in expression to me. The plumage tones down in the winter and the bill and face is much darker.

Puffins nest in burrows or cavities in the cliff earth and they also like slopes with vegetation hiding their burrows for added protection from predators. The species is confined to the North Atlantic and is a true sea bird, only coming to land in the spring to breed. Just a single egg is produced and the birds take it in turns incubating until hatched, then one parent takes over feeding the young 'Puffling'. A Puffin's bill can hold up to 20 sand eels in the grooves of their bill so plenty to gorge on. The Puffling stays hidden underground and relies on being fed by the parents, until it is abandoned to force it to flutter down to the sea to feed itself!

Adult Puffins have a fast flight and perform circles around their breeding grounds, large rafts bob on

the sea and continue the flight to confuse predators such as Gulls and Skuas.

Nearby to our parish are popular tourist boat trips out to the Moulds at the Rumps to look for the small summer breeding colony. I prefer to watch from the cliff-tops through the spotting 'scope and have shown Puffins from a distance to delighted tourists as they walk the cliff path. The visitors are keen to see Puffins and other Auks such as Razorbills and Guillemots through the 'scope. Many walkers have commented on how the experience added extra special memories to their holiday, so yes, a popular bird is the Puffin.

I was pleased to see my first Puffins return on April 20th - four floating on the sea. A birder group counted eight later in the year. Puffins are still clinging on in our local area it would seem.

Recently a conservation group were attempting to raise funds to purchase large buoys to keep boats at a safe distance to avoid disturbance during the breeding season. I don't think enough has been raised to date, however the boats are sensible in their approaches.

So let's toast the Puffin - Perrys of Somerset make a fine cider bearing its name. Don't drink too much as you will be 'all at sea' just like the Puffin who spends most of its life far out at sea! Well I'm all out of puff for this article....

Happy birding.

Clutts, Pendoggett



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St.Tudy Historical Society

Following on from the well-received D-Day 75 Garden Party and display of 1944 military and civilian events in the Village Hall on the 22nd June, the feedback from those attending that day has been that it would be good to have the chance to spend more time viewing again and in greater detail.

Therefore, by popular request, we plan to set up the display for a repeat viewing.

We intend to run the event over two days, the Bank Holiday weekend of 24th and 25th August. The Village Hall will be open between 2pm and 5pm on both the Saturday and the Sunday.

Entrance will be by ticket that will give unlimited entry for the two days. £2 for adults and £1 for children, on the door. In addition we will offer a simple cream tea at £3 for a cup of tea/coffee with two scones, cream and jam. The bar will serve Prosecco and Cava at £3 per glass.

We look forward to welcoming everyone to view the extensive collection of information about not only D-Day but also the Battle of Kohima and the Italian Campaign.

There are also snippets of information about life in 1944 including fashion, sports, hobbies and life in Wartime. As before the cinema will be showing a footage from 1944, and the music of the 1940s will be playing.

We look forward to seeing you over the Bank Holiday weekend in St.Tudy, at the Village Hall to take tea in the garden and browse the extensive collection of research.

Rita Westlake
Secretary, St.Tudy Historical Society

St Kew Fête

The Fête took place on Saturday 20th July at Trescobel in St Kew, once again by kind permission of the Matheson family. It was a gloriously sunny afternoon.



The Fête was opened by Jill and Micky Cleave, who have lived in the Parish all their lives and were married at St Kew.

There was a very good turn-out and we were treated to fantastic stalls, raffles, games, face painting, Punch and Judy and very delicious teas - all to the melodious sound of St Minver Silver Band.



Thank you to all who contributed in so many ways. It was a lovely community event and we all had a wonderful afternoon. We also raised £2,517.00 which is a fantastic amount. Thank you all!



Messy Church takes place at the Perceval Institute, St Minver, PL27 6QJ on the second Saturday of every month from 10.00am to 11.30. Our next one is on September 14th. Messy Church is a fresh expression of church, suitable for all ages but particularly for families. It aims to be hospitable, creative and celebratory while being Christ-centred. We start with a free breakfast, following this with messy craft, science and games activities based on a biblical theme. We end with a celebration of song, drama, story etc. Do come and join us and give it a try!

Do follow our other children/family activities on Facebook: ChildrenandfamilyNCC,

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We certainly do.

Tara at St Kew Highway for a stylish hair cut, then obviously drop by Aunt Avice's next door for a sausage roll or pasty. Then off to see Adam at Autotec with our car that was making a horrible noise a few weeks ago. I'd been shutting the windows to block out the noise.....fortunately it was a simple fix & I should have taken it in earlier. Which reminds me - the MOT and service is due soon, another job for Adam.

Then there's Logan logs for the BBQ gas, Trevathan Farm for lovely lunches with friends, and fresh fruit and veg, not to mention the rather delicious breads.

Back at home we've used Andreas Construction who replaced a few of our roof tiles after one of the many winter storms. Ken Godden cuts the hedges and our back field. Jimmy the plumber fixed a leaking hot water pump seal, not to mention Western Supply for that tool you need urgently, know you've got, but can't find.

Then there's our local pubs - always a friendly welcome from Wendy and Steve at the Red Lion (even though I nag Steve for his advert!). Not forgetting Mike and Sarah at St Kew Inn where you also receive a friendly welcome. Talking of drink, George and Angie's Rock Gin is the new favourite in our household.

Finally there is Tim Dunn, our latest advertiser, who runs a villa management company in Provence. We have have used his services many times for holidays in the south of France. Les Oliviers in Bédoin, Provence, is a villa we have rented a few times over the years. It is in a beautiful location on the edge of a small town surrounded by vineyards, and is perfect for a holiday with the family or with a group of friends. With a hire car it is easily reached from Marseille airport and Avignon TGV station. We can thoroughly recommend it and will be going back there next year. Tim and his family on the other hand always holiday in Cornwall to escape the sun and heat of summer in Provence.....

NP

Welcome to the new Curate at St. James the Great church in St. Kew.



The Journey so far.....

The journey of faith has been very interesting and exciting, if somewhat left-field at times. Called to priesthood at 14 years old in a denomination who didn't have women priests should have sounded some alarm bells, but it didn't. I just believed God and continued my journey with Jesus. I have worked

alongside Anglicans, Methodists, Presbyterians and Pentecostals, sharing the Gospel of the love of Christ to many.

The journey has taken me to many different countries; Israel, India, Egypt, Philippines, Nepal and Romania to name but a few. Bringing medical care, food, clothes, building houses and preaching the Gospel to men, women & children in some very poor and difficult situations. This has been a great privilege and blessed me more than I ever could have blessed them.

Of course, the journey has meant a move from Stockport in Cheshire or 'up country' to lovely North Cornwall in 2002, along with my husband and two children, who are now grown and have children of their own.

The journey has included my work locally as a respiratory nurse and some of you may remember me as the local asthma nurse at the Port Isaac Practice. I now work as a locum nurse in different practices throughout Cornwall and as a respiratory care educator.

The journey has meant lots of theological study and the call to Anglican Priesthood and in June this year I was ordained deacon at Truro Cathedral and licensed by Bishop Philip to serve in the North Cornwall Cluster of Churches, with a focus on the St. Kew Parish.

A fulfilment of God's call all those years ago! My heart for St. Kew is to see the Church growing and deepening in faith and the community brought together and strengthened by God's love. Teamwork is the key, and as we get to know one another, work together and serve one another, I know God will bless St. Kew.

And so a new part of my journey begins, thank you for the welcome I have already received and I look forward to meeting everyone in the parish in due course. Stop me in the street or at the shops and let's see where God takes us as we make the journey with God together.

With Every Blessing.

Rev'd Geraldine

Dear Editors

'Tea and Trains'

Congratulations to Bob Lanaway on the 'Tea and Trains' afternoon on Sunday 18th August.

It was a really fascinating trip back to the past. How he managed to cram so many rare and interesting items into the museum is remarkable.

The trains were a delight as was the cake!! A truly memorable afternoon - highly recommended.

Hilary

An advertisement for 'Windows XPRESSO' window cleaning. It features a stylized illustration of a window being cleaned by a squeegee. The text includes the name 'Lloyd Wren', contact information 'lloydwren07@gmail.com' and '07896048195', and the service description 'Regular & Reliable Window Cleaning' and 'Covering North Cornwall'.

Lloyd Wren
lloydwren07@gmail.com
07896048195

Windows XPRESSO
Regular & Reliable Window Cleaning
Covering North Cornwall

Harvest Festival

Come and join us, celebrating and giving thanks for this year's harvest.

Service followed by Supper and Produce Auction



Sun 6th October 6pm



St James, St Kew



The St Kew Annual Garden Show Free Admission

Saturday the 7th September 2019
at the St Kew Parish hall,
Doors open at 4.00 pm raffle at
5.00 pm.

All cup winners from last year, have you returned your cups? If not please do so without delay to Pippa Bishop
1, Church Terrace St Kew.



01208 880007



Bodmin Hospital Fete is ON!!! 21st September!

After having had to take the agonizing decision to postpone the Bodmin Hospital Summer Fete, which was to be held in June, due to circumstances beyond their control, the Chairman and committee of Bodmin Hospital League of Friends are delighted to announce that Cornwall Council has very kindly given permission to use the same site for the Fete on 21st September 2019 – that is, the old Rose Garden of St Lawrence, adjacent to Bodmin Hospital.

The line up will be the same as was previously planned, that is: Jill Murphy, author of the Worst Witch series of books, has very kindly agreed to open the Fete. She will be introduced by the Bodmin Town Crier. Tina Roberts will be leading the entertainment with her music and her amazing miniature performing stallion, masquerading as a Unicorn. Adie Dove and her performing arts group KBSK will be part of the line up as will Bodmin Musical Theatre Company and Friends. Future Youth Dance will again be displaying the talents of their many young dancers.

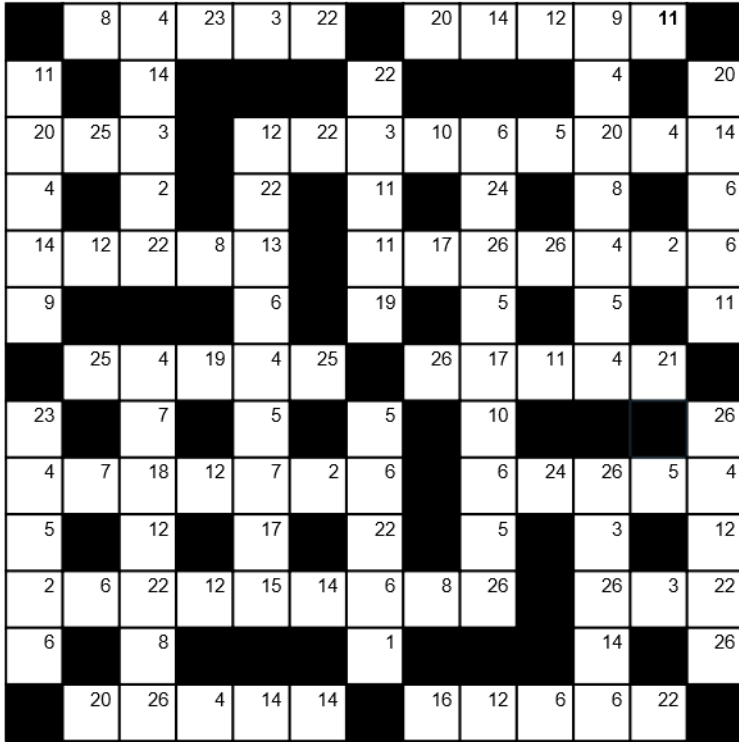
Over all this will be the mellifluous tones of Bodmin Town Youth Band setting the scene with their wonderful selection of Brass Band music.

There will be a Family Dog Show and Kernow Party Karts will be there with their Go Karts, Wipe Out, Toddler Playzone and Bouncy Castle; and, hopefully a Fire Engine and crew. In addition to this there will be all the usual stalls and games - candy floss, face painting, ice cream, plants, bric-a-brac, refreshments, cream teas and much, much more. Also a Grand Draw with £200 worth of cash prizes – it's going to be a great afternoon for all the family.

Said Fete organisers: "We are so relieved the Fete is able to go ahead and that all the participants, performers, helpers and everyone involved are able to be there on 21st September. It was a great worry as the Fete is our biggest fund raiser of the year, the loss to our funds would have been immense, funds which supply services and equipment for the staff and patients at the hospital which is not supplied by the NHS."

The Puzzle Page

Codeword



18

1	2	3	4	5	6	7	8	9	10	11	12	13
14	15	16	17	18	19	20	21	22	23	24	25	26
					Y		Z			X		

Sudoku

		1		7			5	
	7		4		2	9		
8								6
	4		5					
						1		8
		7		6				
				7	3			
9		5		8				1
	3		9				6	

M4

Word Square

T	M	E
O	L	N
E	I	S

How many words of 4 letters or more can you find? No proper nouns or plurals are allowed, and the centre letter must be used in each word. There are 67 words listed in the solution, which includes **2 nine letter** words to find.

Reader's Photographs



This month: A Woodpecker on Pippa Bishop's bird feeders.

Bell Ringing News



Please note that there are no more evening bell ringing practices until October.

For further details please contact the Tower Captain, Ken Godden, on 07968 481520 if you have any queries on bell ringing.



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Events at St Endellion September 2019

Saturday 7 September, 7.30pm

Duncan Honeybourne – Piano Recital

£10 on the door. Accompanied under 16s free.
Charity concert in aid of Music Therapy across Devon and Cornwall.

The recital comprises works by John Ireland, Robert Schumann, Cecil Armstrong-Gibbs and Jean Jouber.

Friday 13 September, 7.30pm

Endelienta Ensemble

The chamber orchestra, made up of gifted music students and young professionals from London and Cambridge, conducted by Rees Webster, returns with another electrifying performance. See our website for full details of the programme.

Friday 4 October 7.30pm

Bagas Degol & Anna Maria Murphy – The Winding World (at St John’s Church, Delabole)

£10. Delabole residents (PL33 postcode) £5. Accompanied under 16s free. Not suitable for under 11s. The Winding World is based on the true tale of a baby found in the snow in a Cornish cove – a love story set in a community with all its secrets, oddities and humanity, interweaving original songs, stories and soundtrack.

Tickets £10, accompanied under 16s free, from www.endelienta.org.uk or 07787 944935.

Advance notice!

10 – 13 October

The North Cornwall Book Festival

David Nicholls, Michael Morpurgo, Raynor Winn, Tessa Hadley, Tracey Thorn, to name but a few. You can find full details of our amazing line-up at www.ncornbookfest.org.

Polzeath Beachcare

A grey but dry day on the beach but good to warmly welcome holiday-makers and a few newcomers for a good turnout. Many thanks to all.

An interesting find, see picture, suggests we have a Jurassic element to our beach! Limited litter on the beach but 3 large black bags were collected, 36 in total for the year, 51 including others reported in.

Jemma, the Biffa beach cleaner here is working hard daily, especially with the dangerous debris - broken bottles, cans & nails left over from bonfires which are extensive and now a real problem and a threat to beachgoers.

Her report in the Cornish Guardian follows shortly. The authorities will be informed again.



Nick Pickles

Puzzle page solutions

3	9	1	8	7	6	2	5	4
5	7	6	4	1	2	9	8	3
8	2	4	3	9	5	7	1	6
1	4	9	5	3	8	6	2	7
6	5	3	7	2	9	1	4	8
2	8	7	1	6	4	5	3	9
4	1	8	6	5	7	3	9	2
9	6	5	2	8	3	4	7	1
7	3	2	6	4	1	8	9	5

Sudoku

Eise, isle, leas, lens, lent, lest, lets,
lien, lies, lime, line, lint, list, loin, lone,
lose, lost, lots, melt, mille, millt, mole,
molt, oils, silo, silt, slim, slit, slot, soil,
sole, tile, toil, toill, elemi, elite, inlet, islet,
lemon, melon, melts, motel, sleet,
slime, smelt, smile, smolt, steel, stille,
stole, toile, enlist, insole, lesion, listen,
molest, molten, mottle, nestle, senile,
silent, solemn, stolen, tinsel, tonsil,
tensile, MILESTONE, LIMESTONE.

Word Square

N	E	U	Q	L	L	A	L	S	T	A	L	S							
T	L			W		C		E				E							
N	T	I	N	C	T	L	E	F	L	E	N	E	G						
U	I		R		N	O		U				R							
A	R	A	X	E	G	E		A	D	J	U	D	A						
T			V		R	R		A	D				B						
Z	A	P	A	Z	K	A	Y	A	K	A	Y	A	K						
P	R		R		Y		E						M						
E					P	O	T	A	G	E	L	U	N	C	H				
E			C		X			N			G				A				
L			S	A	L			U	N	I	V	E	R	S	A	L	S	K	I
S			A					N			L								P
P	M							S	L	U	M				C	A	B	I	N

Codeword

GILL'S RECIPE OF THE MONTH

Chocolate fridge cakes

Just a very simple recipe to make with the children on a wet, wet holiday day.

Ingredients

- 225g (8 oz) plain biscuits
- 75g (3 oz) caster sugar
- 50g (2 oz) chopped walnuts
- 50g (2 oz) glacé cherries, chopped
- 2 level tsp instant coffee powder
- 50g (2oz) butter
- 1 small tin evaporated milk
- 2 medium eggs, beaten

Method

- Butter a cake tin or baking tray.
- Crush the biscuits finely in a plastic bag with a rolling pin.
- Mix the biscuits in a bowl with the sugar, cherries, walnuts and coffee powder.

- Break up the chocolate and slowly melt in a bowl suspended above simmering water.
- Slowly heat the butter and evaporated milk together, taking care not to let the mixture burn.
- Combine the milk and butter mixture with the chocolate, then gradually stir in the eggs and mix well.
- Pour onto the biscuit mixture and mix thoroughly. Transfer to the prepared tin, smooth the top and refrigerate overnight.
- Keep in the fridge and cut as you wish.

Great with ice cream as a tea time treat.

'Do Amazing Things in Samos with Hand Luggage Only' (other travel companies are available)

On this shore they take selfies with a
difference
give you a number
for an over-crowded camp
where the children are malnourished

no three-star hotel with a pool
but there is a view of Mount Mycale
and the road to Anatolia.

As you fled you struggled to carry it all,
a lifetime of memories as
hand-luggage only

then jetsam became flotsam
in the drowning sea
(your recurring nightmare:
one breath
one handhold
one grasp for rescue)

'O, Hera, hear us
great goddess of this island,
of women, the family and childbirth

grant sanctuary along your Sacred Way

as you deal divine justice
to those mortals who would cross you'.

*David Penhale
August 2019*

Pilates Classes in North Cornwall

St Kew Community Hall

Mondays 14.30 & 16.00 - Tuesdays - 13.15 - 14.30



What does Pilates do?

- Targets the deep core stabilising muscles, improving balance and co-ordination
- Improves muscle tone, strength and joint mobility
- Improves posture, alignment and overall body awareness
- Corrects muscle imbalances and encourages pain-free movement

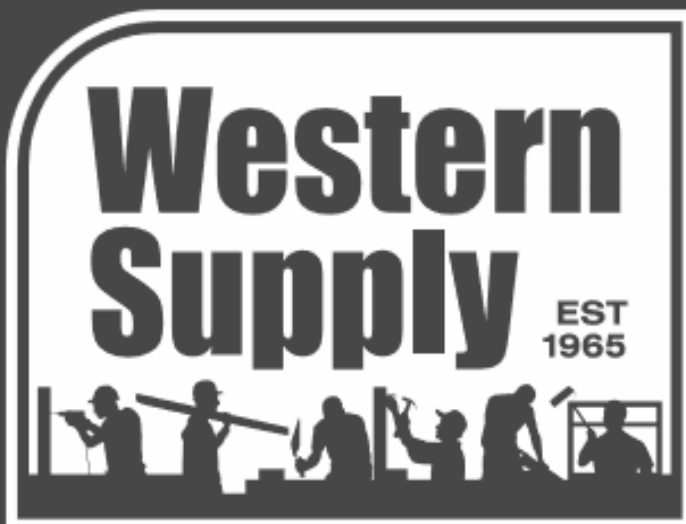
How do the classes work?

- Classes are limited to a maximum of 12 people. Small classes mean you receive good personal attention and ensure you are performing the exercises safely, and correctly.
- Classes are progressive and operate on a school term basis
- All equipment required is provided.



Martin Brooks - 07812 959 879
martin@northcornwallpilates.co.uk
www.northcornwallpilates.co.uk

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New 'foodie fundraiser' for Children's Hospice South West

Children's Hospice South West (CHSW) is asking people to get creative in the kitchen and take part in a month of foodie fundraising this October.

The charity is urging supporters to host a Cook Eat Give event for friends and family and ask guests to make a donation in return.

The new fundraising initiative will help CHSW support more than 500 children with life-limiting conditions and their families at its three children's hospices across the South West, including at Little Harbour in St Austell.

Sarah Stott, Fundraising Manager at Little Harbour, said: "Cook Eat Give is a really easy way for people to get involved in fundraising for Children's Hospice South West. Everyone loves a foodie get together – whether it's a barbeque, pizza night or themed dinner party, the choice is yours and you can enjoy your food with the knowledge that you are helping us to support local children and families."

"We hope people will join us this October but if that date isn't suitable, people can host a Cook Eat Give anytime. Every meal, however large or small, will make a big difference."

Mealtimes are a big part of life at the charity's three children's hospices. During their short stays at the hospice, all families eat lunch and dinner together around a large dining table alongside hospice staff.

For many families, eating a hot, home cooked meal together is a rarity due to the care demands on parents alongside their hectic routines. During mealtimes families forge relationships with staff and other families also supported by the hospice, while siblings also make long-lasting friendships.

Kerry Hollingsworth, Cook at Little Harbour, said: "The word hospice initially for families is very scary, so when they are here and they come for their first visit it's really lovely for them all to come to the kitchen and dining room, its where everyone sits down and eats together, and they can form some really good friendships and share experiences with one and other."

If you would like to find out more information about CHSW's new Cook Eat Give foodie fundraiser, visit www.chsw.org.uk/cook or call Little Harbour on 01726 871800 to speak to a member of the fundraising team.



Home-made Damson Gin

Damsons are in season now and this damson gin recipe makes the most of their tart plum-like flavours. It is incredibly simple and takes just a few minutes to make. The result is a deliciously heady fruity nectar that you'll love. The only downside is that you need to leave it for at least 3 months before drinking.

All you need is:

- 500g of damsons (if you don't have a friend with a damson tree The Vine greengrocers in Wadebridge has them now, but hurry as the season is short).
- 70cl bottle of gin - fancy or expensive is a total waste of money (and good gin), cheap supermarket own label is perfectly fine.
- 100g caster sugar.
- A clean 1l Kilner jar.

Roughly halve or quarter the washed fruit with a knife - don't faff about pricking the fruit or removing the stones as some recipes suggest. Bung the fruit in the Kilner jar with the sugar and gin. Shake well every couple of days until the sugar has dissolved.

Leave for 3 - 4 months in a cool and, above all, dark cupboard. Using a funnel, strain the liquor through 3 or 4 layers of clean muslin into a sterilised bottle - the bottle the original gin came in is perfect. That's it - job done, but whatever you do don't throw the damsons away. Simmer them gently for 15 minutes or so with a couple of tablespoons of sugar, fish as many of the stones out as you can and finish off with your favourite crumble topping. Divine as a Boxing Day pud with clotted cream.

If you prefer a sweeter, more liqueur-like style by all means add more sugar - after a month or two simply taste occasionally and add a tablespoon of sugar each time until you get the right balance for you.

It is delicious as a winter warmer by the fire after a long bracing walk on the coast path, perfect on its own over ice, or with a quality tonic. My favourite is a chilled glass with a plate of Cornish cheeses, much better than port.

Cheers!

'Old Soak'

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FEBRUARY FRI 8	AUGUST WED 14
MARCH SAT 09 (3PM)	SEPTEMBER SAT 21 (3PM)
APRIL THURS 11	OCTOBER THURS 17
MAY FRI 10	NOVEMBER FRI 15
JUNE SAT 08	DECEMBER SAT 21

For more information please contact nickdpickles@googlemail.com

Beach Care South West SHARP'S KEEP BRITAIN TIDY.

Events outside our Parish

August

22nd - 26th Cornwall Folk Festival, Wadebridge.
24th- 28th AFC Fairs, Wadebridge Showground.

September

26th August - 4th October, Cornwall Motor Sport month. www.motorsportmonth.com
5th -7th Cornwall Home Show Interiors Market, Truro.
7th Rattler Ride 2019, www.rattlerproride.co.uk
8th World Belly Boarding Championships, Perranporth.
13th-14th The Little Orchard Cider & Music Festival at Healeys Cyder farm.
14th-22nd Eden Arts Festival. Eden Project.
20th-22nd Newquay Beer Festival at Hendra Holiday Park.
27th Macmillan Coffee Morning at Trevathan Farm, 10am -12 noon.
27th-29th Truro Food Festival, Lemon Quay.
28th-29th Grandparents' weekend at Lappa Valley Steam Railway.
28th - 23rd November. Events at Carnglaze Caverns, live music underground.

Events outside our Parish

Other places to visit:

Bodmin Folk Club, every Friday, 8pm, The Old Library, Lower Bore Street - all welcome.

Wadebridge Folk Club, (second Thursday every month), Churchhill Bars, Molesworth Street. (Tel: Mike Walford 01637 880604)

Tintagel Old Post Office (National Trust) has various events on during the month.

YHA, Treyarnon Bay, hosts live music events on most Fridays and Saturdays.

Bodmin and Wenford Railway have a number of themed events through the holiday period.

Eden Project.

Old Town Hall, Bodmin, has various theatre & music events on.

More information about these events can be found on the following websites:

Edenproject.com endelienta.org.uk
pencarrow.co.uk bodminrailway.co.uk
facebook.com/YHATreyarnon/
Intobodmin.co.uk Cornwall365.com

Please let us know about any events you are aware of outside our area that our readers might be interested in.

St Kew Garden Association



The Annual Garden Show will be held on the 7th of September.

The schedules are out and in the pubs and Aunt Avicé's.

If you cannot get one please phone 01208 880007.



**ST KEW HIGHWAY
METHODIST CHURCH**

Services held in the Community Hall at 9.30am.

Preachers for September

- 1st Rod Harrison
- 8th Rev Sally Long
- 15th No morning service, Harvest Festival 4.00pm with Rev Sally Long, followed by tea. Everyone welcome.
- 22nd Rev Alistair Sharp, Communion
- 29th Rev Michael White

Catholic Church Services

Wadebridge

St Michael's Church
Tel:01208 72833
Mass Sundays 8.30am
Confessions
Friday 10.30-11.00am

Tintagel

St Paul The Apostle
Tel:01840 770663
Mass Mon-Thur 10am
Fri & Sat 6pm
Sunday 10.00am
Confessions:
Before/after Mass.
Other times on request.

Wadebridge Christian Centre

Molesworth Street, Wadebridge. Tel 01208 813110,
wadebridgechristiancentre.org

We are a lively, active, family church where everyone is welcome. We have a crèche and Sunday school, and all our children's workers are DBS checked.

Reflections

Marcus Jones, children & Family worker, North Cornwall cluster of churches.

In Northern Ireland we have this delightful phrase "Catch yourself on," which is roughly translated as "don't be so ridiculous" but could be used to say "stop taking yourself too seriously" or as an interjector to bring reality and grounding to whatever a person is trying to communicate. I've always thought of it as a saying that can only be used between friends and doesn't intend to offend or hurt unlike its cousin "Wise up will ya?" that often stung as much as if you had been called a fool, idiot or "Ejit".

At home group we start with a prayer that includes the words "We are entering a special time... where we can be serious and stop taking ourselves too seriously... a time to be close to God." Getting close to God is serious business and a lifelong pursuit for many of us. However if we are too serious in our endeavours, and if we take ourselves too seriously we are at great risk of missing out on the life and joy promises by Jesus and worse still we may overshoot the mark and find ourselves at Jesus' displeasure!

**St James the Great
at St Kew**



Calendar for September

- Sun 1st *Trinity 11.* 9.30am, Holy Communion with Rev Dr Elizabeth Wild and Rev Geraldine Ashton preaching.
- Sun 8th *Trinity 12.* 9.30am, All Age Service with Rev Geraldine Ashton and Rob Soley.
- Sun 15th *Trinity 13.* 9.30am, Holy Communion with Rev Dr Elizabeth Wild with David Elliot preaching.
- Sun 22nd *Trinity 14.* 9.30am. All Age Service with Rev Geraldine Ashton.
- Sat 28th 1.00pm, Wedding, Cannon Judith Pollinger.
- Sun 29th *St Michael & All Angels.* 9.30am, Holy Communion with Preb Prof Andrew Lewis.

Calendar for October

- Sun 6th *Trinity 16.* 9.30am, Holy Communion with Rev Rose Jones and Rev Dr Elizabeth Wild, with Henry Gompertz preaching. 6.00pm, Harvest Festival with Rev Geraldine Ashton.

I can quite imagine Jesus saying "Catch yourself on Martha, Mary's chosen the right thing to do and I won't be taking it away from her," or "Catch yourself on Zacchaeus, come down from that tree and we'll have tea at yours". I can also imagine Jesus saying to Simon the Pharisee "Wise up Simon will ya, and don't be so judgemental, let me tell you a wee story..." In different places and different guises this past month, I have heard the invitation to carry the phrase "Catch yourself on Marcus" around with me which I must admit has been very helpful when I can remember to use it before I say or do something.

In the North Cornwall Cluster of churches we will be looking at "Eating Together" as a Holy Habit. By it we are entering into a special time to be with God in all the seriousness of Christian discipleship and as we share in eating together we can begin to stop taking ourselves too seriously, we begin to catch ourselves on and we might even wise up a wee bit too. The great thing in all of this is discovering the life and joy just as Jesus has promised.

Facebook:childrenandfamilyNCC
ncc.childrenfamily@gmx.com
www.northcornwallclusterofchurches.org.uk



How our Foodbank helps our community

September 2019

Our Foodbanks cover Bodmin, Camelford, Wadebridge and Padstow and the surrounding rural areas.

Huge thanks to the **Rotary Club of Wadebridge** who continue to support us and kindly gave us a donation from their Wadebridge Wheels event.

It costs over £1,500 per month to run our Foodbanks in Wadebridge, Bodmin and Camelford and we rely on donations and funding to sustain the work we do. There is constant demand for emergency food in our community and we have fed equivalent to 841 local people in crisis since April and on average we provide approximately 1,800 meals per week.

It's not just food we provide, we also give out toiletries and household items and our volunteers sit and chat to anyone who is referred to us. We offer a free hot drink, a listening ear and additional support where needed to help break the cycle of poverty. We recently received a generous donation from the set of Doc Martin and we are regularly given items from Farm Foods. We are so grateful to everyone

who donates to our Foodbanks, we couldn't provide our service without you. If you would like to donate to us this Harvest time, please do get in touch by calling us on 01208 815374.

If you need some support with any housing issues, The HOME GROUP can help and are running drop-in sessions at Bodmin Foodbank every Monday between 1.00pm - 3.00pm.

Thanks to everyone who donated at our Tesco Collection, the items given will help to replenish our stocks in time for the colder months ahead.

Do you need help with budgeting? If you are worried about money and would like some support with managing your finances, come and join our **FREE and FRIENDLY Moneybox Course**. Available for anyone unemployed and aged 16+. Our next course starts in Bodmin on September 13th at the Chestnuts Centre, if you'd like further information please contact us on 01208 815374 or email contact@wadebridgefoodbank.org. It's a great way to learn in a relaxed environment (with tea, coffee and biscuits).

Wadebridge Foodbank, Unit 2 Trevanson Street, Wadebridge PL27 7AR Tel. 01208 815374
Registered Charity No. 1166301
Email: contact@wadebridgefoodbank.org
Website: www.wadebridgefoodbank.org



In July we had a really interesting meeting with two ladies from Trading Standards, their presentation was entitled "Don't let your Gran be Scammed" .

They gave us ideas for passwords - for example, rather than using something obvious like your maiden name, the name of your house or perhaps one of your children, instead take the first letter of each word of a song or book title eg We All Live In a Yellow Submarine could be WALIAYS then perhaps add a number at the front and at the end. No-one would guess which your favourite song was, so much more secure than something familiar.

We were also told about a call blocker system that Cornwall Council have, they bring a box to your house which connects to your phone line. My parents have been getting 2 or 3 nuisance calls an hour. On the day I made arrangements to have the box installed, Dad had been asked to put £367 in cash into an envelope and send recorded delivery, when he refused he was told that he would be prosecuted by the police and probably imprisoned.

Dad took their number and called the police himself. It was a scam! Just last week within our family I found out that someone had received a phone call saying that they were from the Fraud Team from their Bank, he was asked to confirm his address and they subsequently took out a bank loan in his name for £18,500, fortunately this has been dealt with by the Bank and they have stopped the re-payments for £505 each month. Again another scam. Please be careful and talk to someone from the WI if you would like any further information.

In September, we have a guided walk to Fowey with Lynne Gould who came to talk to us last year. It was such a wonderful evening, we are going to Fowey to explore with Lynne. If anyone would be interested in joining us then please give us a call.

Just in case the magazine comes out in time, we are holding a fundraising cake stall at the Garage on 24th August, with the funds being split between our group and Cornwall Hospice Care. Please support us come along, buy a cake or join in with our raffle!

Alison, 01208 841469

Events Diary

September

- 7th St Kew Garden Show, Parish Hall, from 4.00pm.
 11th 'Good Morning Cafe', St Kew Ace Academy, 8.45 -11.00am.
 12th Chair Aerobics, Community Hall, 2.00pm.
 18th 'Good Morning Cafe', St Kew Ace Academy, 8.45 -11.00am.
 19th Chair Aerobics, Community Hall, 2.00pm.
 20th Souper Lunch, Community Hall, 12.30pm.
 25th 'Good Morning Cafe', St Kew Ace Academy, 8.45 -11.00am.
 26th Chair Aerobics, Community Hall, 2.00pm.
 28th Macmillan Coffee morning, Community Hall, 10.30am.

News from St Kew Parish Hall

Our next fundraising event is a Quiz and Curry night on 28th September starting at 7.30pm. Our newly installed dishwasher makes the hall a suitable venue for larger parties and gatherings.

A gold wedding ring has been found in the kitchen of the Parish Hall. Please contact Kathy (880278) or Lianne (841808) for details.

Kathy

To book the hall, please contact Lianne Sproull on 01208 841808.

The Regal in Wadebridge

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September

- 6th It: Chapter 2
 13th Downton Abbey
 20th Ad Astra

Live Screenings: Book on-line or contact cinema

- Tues 10th Margaret Atwood - Live in Cinemas - 7.30pm
 Thurs 12th 'Fleabag' - NT Live - 7.30pm
 Tues. 17th 'Rigoletto' On the Lake - 7.45pm
 Thurs 26th 'One Man, Two Guvnors' - NT Encore - 7.00pm

Recycling

Recycling takes place on a variety of days in the same week within the parish. Recycling collections are in the weeks beginning 9th & 23rd September.

Please see the Cornwall Council website for full details.

ST KEW HIGHWAY COMMUNITY HALL ONGOING EVENTS

(Registered Charity No 294140)

- | | | | |
|---------------|---|----------------|------------------------------|
| Sun: | Methodist Church Service | Marion Dingle | 01208 841388 |
| Mon: | Yoga 10.30am | Fiona Crompton | 01208 851735 |
| | Pilates 2.30pm - 5.15pm | Martin Brooks | 07812 959 879 |
| Tue | Pilates 1.15pm-2.30pm | Martin Brooks | 07812 959 879 |
| Wed: | 1st, 3rd and 5th in month - | | |
| | West Country Embroiderers | 10am - 3pm | Pat Scarborough 01841 521323 |
| | 1st in month - St Kew Playing Field Trust | 7.00pm | |
| | 2nd in month - St Kew WI | 7pm | Becky Allen 01208 841798 |
| | 3rd in month- Gardening Club | 7.30pm | Richard Godden |
| Thurs: | Chair Aerobics | 2pm | Pat 01208 841260 |

SOUPER LUNCH

Our next Souper Lunch will take place on Friday 20th September at 12.30 in the St Kew Highway Community Centre.

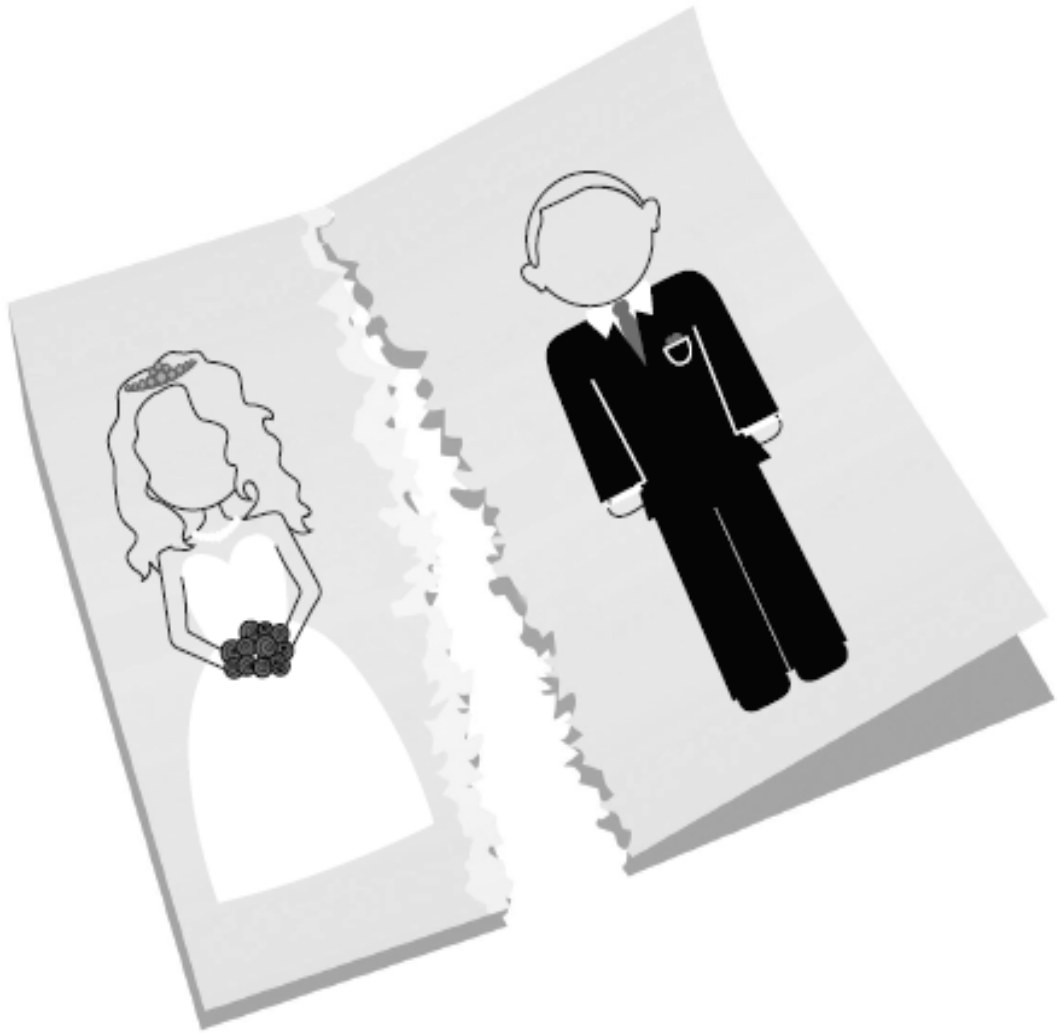


We enjoy a bowl of home-made soup and rolls and delicious puddings – no charge, but any donations will go to the charity we choose on the day.

All are welcome to join this jolly get-together.

**IMPORTANT : BEFORE ARRANGING YOUR EVENT AT THE HALL
CHECK AVAILABILITY AND BOOK WITH SHIRLEY ROWE 01208 841257**

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Parish Council News

Chairman: Cllr A Godden

Clerk: Mrs Stephanie Tiplady

The Barn, Kitts Hill, Chapel Amble

07789 953677. stkewparish@gmail.com



The Parish Council meets in the Parish Hall, St Kew Churchtown at 7.00pm on the second Tuesday of each month. Members of the public are welcome to attend and address the meeting on any subject of concern.

St Kew Parish Council Meeting Held on Tuesday 9th July 2019 at 7.00 pm in the Parish Hall.

Present: Chairman A Godden, Councillors J Rickard, T Mott, P Bishop, R Godden and J Lethbridge, Cornwall Councillor S Knightly and 3 members of the public.

After receiving reports of helicopters flying around the parish, the council has made enquires and found that a training school has been opened at St Mawgan to train overseas pilots in search and rescue. Considerable annoyance had been caused and the enquires are ongoing to see what can be done.

The council had decided to call an "Environmental Emergency". A sub-committee has been formed to look at ways of reducing the amount of resources we all use, also to look at how we can improve the environment around us and reduce plastic waste. Anyone interested in being a member of the committee, please contact the clerk.

Parking on common land has reared its head again and we would like to remind everyone that parking or depositing items on common land is an offence under the Common land/Highways Act.

No planning applications.

Meeting held on the 13th August 2019 at 7.00pm in the Parish Hall

Present: Chairman A Godden, Councillors B Finnemore, J Lethbridge, P Bishop, T Mott, R Godden and 2 members of the public. Apologies were received from J Rowe and Councillor S Knightly.

The Chairman announced that John Rickard had resigned from the council, no reason was given, but he would be missed as a councillor.

The council were notified that the telephone box at St Kew Highway is going to be removed. The council will object to this, as it feels one is needed at the location. If you wish to object you have 60 days to contact BT by email to: btp.authorisation.team@bt.com

The Wren Community Fund at Trewarder is open for requests for grants for organisations and individuals for community projects. Details at communityfunds@wren.uk.com. There is a pot of £10k to be awarded.

There have been reports of speeding cars through St Kew Highway, hopefully the measures that will be introduced soon will make them slow down. Unfortunately most of the offenders are local to the area.

Planning Applications

PA19/06085

Mr H Briscoe, Lenore, Chapel Amble. Extension and re-ordering of existing house and outbuildings. Replacement of single story store to a garage with a studio above.

Recommend approval.

Planning Decisions

PA19/04451

Mr & Mrs W Harkness. The Barn, Trewane Manor, Trelill. Removal of modern conservatory and replacement with single-storey stone extension.

Approved

RG



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The Cornish Arms, Pendoggett
Wadebridge Wines, Wadebridge
Old Custom House, Padstow
The Little Gin Shack, Wadebridge
Padstow Farm Shop, Padstow
Trebetherick Stores, Trebetherick
St Tudy Community Shop, St Tudy
Port Gaverne Hotel, Pilchards Café
Stargazy Inn, Port Issac
The Molesworth Arms, Wadebridge
St Mabyn Inn, St Mabyn



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A gentle stroll from the popular village of Bédoin, Les Oliviers is so much more than a holiday rental. Owners Susan & Oliver have spent the last 18 years improving this idyllic edge-of-village property, creating what is now a veritable 'home away from home'.

Guests enjoy wifi broadband internet, a 65" curved screen TV with UK Freesat and a good selection of English books. All the bedrooms are fully air conditioned.

The heated swimming pool and pool house are enclosed for the safety of small children, as is the lower lawn.
What more could you ask for ?

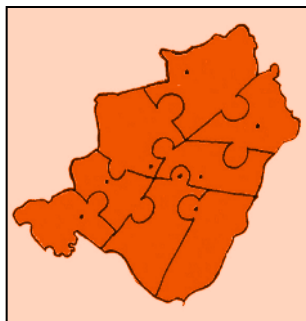
Contact Tim for further details

timothy.dunn@orange.fr +33 647 662 593



Pieces of Eight

 October



October 2019, Issue 253

News, views and issues from: Chapel Amble, Pendoggett, St Kew, St Kew Highway, Trelill, Tregellist, Trequite, Trewethern

Email: stkewmag@gmail.com



A hardy fuchsia, still in full bloom. Summer isn't quite over!

Thanks to David Balmford for this month's cover photograph.

Your free guide to news and events within and around St Kew Parish

NEWS OCTOBER



“

Supper club is back, every second month starting September, the third Thursday, all are welcome

We create a special menu of small plate tapas style or go full on buffet. We match wines to the dishes and give discounts too, so phone Wendy for details. **BOOKINGS ESSENTIAL** Limited numbers

WINTER IS COMING RAPIDLY

A fresh new winter local influenced menu

Winter is here so we've created a new fresh menu with loads of new tapas and vegetarian delights changing nightly



AVAILABLE FOR PRIVATE HIRE

Book your private function with us come in and talk so we can bespoke your event

IT's bbq season all year round here at the Red Lion with our bbq in our main kitchen, but now the weather is getting colder were still cooking outside in the hidden garden on all our bbq's, charcoal, wood and gas to keep us warm and cosy

Phone Wendy on 01208841271 for more info

Why not come and visit our new sister restaurant

GrazeTapas in the all new SaltBox container site next to lidl in Wadebridge We're on the upper level serving **tapas and barbecue fish, seafood and meat**

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Don't forget every last Sunday Night of the Month We hold our Fun Quiz Night from 8pm All welcome book your table now Anyone can win with our big style quiz



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Welcome to Pieces of Eight

We are a free independent community magazine, published ten times a year (not January and August) covering local news, views and events in the St Kew parish area. Volunteers produce, edit and distribute the magazine to every household in the area, and to all the local churches, shops and pubs. We do hope you enjoy reading it.

We would love to hear from our readers - articles, letters, suggestions and other contributions are always welcome. Please see our contact details below.

There is also an on-line edition hosted by the Parish Council which can be found at www.stkewparish.org.uk/PO8.html. (*We are very grateful to the Parish Council for allowing us to use their website*).

EDITORIAL

Welcome to our October edition. We hope everyone has settled back into the old familiar routines after the summer. As the days draw in and we search for coats and scarves forgotten over the past months, we can smile at the traffic-free roads and the abundant parking spaces - always look on the bright side of life!

Looking on the bright side of life can be difficult, especially for those children and young adults with mental health issues and of course for their families. Many are unaware that mental health issues can affect younger people and the incidence appears to be increasing. That is why it is so fantastic that a new in-patient centre, Sowenna, has just opened in the grounds of Bodmin Hospital to help 13 to 18 year olds in a state-of-the-art facility where they can be looked after by a dedicated team. The £11m Sowenna Child and Adolescent Mental Health Services (CAMHS) unit aims to provide a positive experience for these young people in an environment that tries to be as non-institutional as possible. There is accommodation for parents, an Invictus Café open to the public where friends and family can meet in a friendly space, a multi-purpose activity barn for team sports and performance arts, as well as an educational wing where music and art therapies are available. A crowd-funding appeal to create a therapeutic garden has raised over £12,000 to help provide much needed additional resources.

I went to the Open Day and was given a tour of the new building which is really impressive and promises to be one of the best of its kind in the UK. There has been input from young people as to what would be helpful to them and these ideas have been taken on board by the design team. Hopefully this will mean that Cornish youngsters will no longer have to travel outside the county in order to receive in-patient CAMHS care.

The Sowenna appeal continues as they still need funds to purchase the optional extras which will mean so much to the young people - take a look at their website www.sowenna.cornwallft.nhs.uk or donate at www.justgiving.com/campaign/sowenna

Philippa

The Editorial Team are:

Philippa Harkness - Children's page & History
Steve Liddiard - Advertising Manager & Treasurer
David Penhale - Events & Poet in Residence
Nicky Pickard - Main editor who puts the magazine together, assisted by husband Mike.

Contacting the Editorial Team

We can be contacted by email at stkewmag@gmail.com. Please use this address for **ALL** correspondence, the in-box is checked regularly.

Alternatively you can phone Nicky's mobile - **07813 603776**. Leave a message if you can't get through and she will phone you back.

Advertisers should contact Steve, our Advertising Manager via this email address, putting 'Advertisement' in the subject line. Steve can provide information on advertising costs, space availability, formats, etc.

Copy date for the November issue is:

Friday 11th October

We aim to get the printed magazine out to our distributors before the beginning of the month of issue. **Please could all contributors send us copy or advertisements as soon as possible, and before the copy deadline.** If your article or advert is going to be late it would be very helpful if you could let us know in advance.

Note to Readers

When responding to an advertisement, **please** mention that you saw it in Pieces of Eight. This shows our advertisers that the magazine is **the** place to reach local customers.

The magazine does not accept any responsibility for any issues arising from advertisements.

Views expressed in this publication are those of its contributors and do not necessarily reflect those of the Publishers (the management committee) who reserve the right to refuse or alter any material supplied.

PoE is printed by Parish Magazine Printing, Northmoor, Whitstone, Holsworthy, Devon, EX22 6TD.
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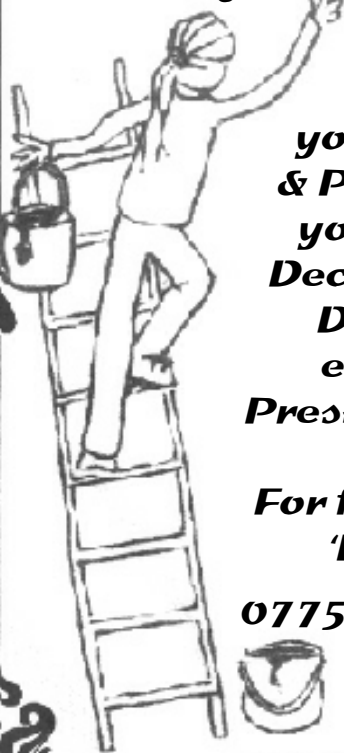
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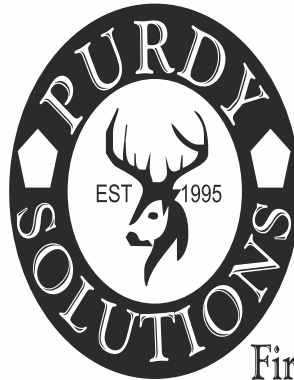


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St. Kew Community Gardens Association

The View from the Allotments..... and as usual, the plots proved to be very productive, despite bad weather.

There was a point, earlier on in the year, when we did wonder whether we'd get any produce at all. We had high winds and gales, then just after I had planted out the tomatoes, we had a sharp frost and all but a couple collapsed and died. Then after we had planted out lots of tender seedlings, we had weeks of dry, sunny weather and were damaging our backs carting cans of water across from the tank to keep them going. It felt like a losing battle for a while, but the results we have seen over the past few weeks made all the work worth-while.

Our peas were super, our broad beans terrific, our runners prolific, our yellow courgettes delicious AND pretty to look at, our curly kale and cavolo nero magnificent and most unexpected of all, our potatoes are wonderful.

Long after potato-planting-time, I found a bag of supermarket potatoes in the back of a cupboard, all sprouting like mad. So I prepared a bit of ground and planted them all, heaping them up and whispering words of encouragement to them. We've been eating our own new potatoes now for several weeks, with lots more to come and I am thrilled to bits. How's that for a double-whammy on the recycling front – not only did I not throw them away, but they have grown again and are giving much more food than the original store-bought ones would have

done. Only trouble is, I haven't got a clue what type they are, so I can't replicate the result.

During the summer I have had the help of someone who lives locally and is doing the Duke of Edinburgh Award scheme. One of the requirements is to learn a new skill and together we have been working on 'vegetable growing'. In addition to learning how to identify different veg, he has helped by following individual crops from start to finish – planting leeks in deep holes, watering and weeding them and then lifting them and cleaning them for the pot. Weeding onions, then laying the stalks flat prior to lifting them and drying them out on newspapers in the greenhouse. Picking peas, then standing at the kitchen table, shelling them ready for the freezer. I think he has enjoyed the work and I have certainly enjoyed the help.

In the meantime, our local judge has been round the site, assessing individual plots for our annual Best-Kept-Allotment competition. It's actually not just 'best-kept' that he's looking for but also a large variety in the number of crops and also an indication of plenty of vegetables to be picked during the autumn and winter.

The results this year are:

- 1st Babs Potter and Monika Reinfelder
- 2nd Tony and Judith Mott
- 3rd Phil and Carol Scott

A shield and prizes will be awarded at our AGM on 24 October, at the Red Lion Inn.

*Judith Mott, judithmott@btinternet.com,
Tel.: 01208 841312*

Do you need some help?



I'm a fit and active retired lady in St. Kew who is wondering if anyone would like help in their home, garden or pets etc. for a few hours a week or just occasionally?

I have done care work in the past and would love to hear from anybody that might be interested.

Please contact Jackie on 01208 880007

Mobile Post Office

The mobile Post Office calling points each week are as follows:

Monday

St Merryn	08.45-10.00
Rock	11.00-12.30
St Kew Highway (Community Hall)	13.30-15.00

Thursday

St Merryn	08.45-10.00
Rock	11.00-12.30
St Kew Highway (Community Hall)	14.00-15.00

All the news and highlights from the top of the hill! Don't forget, you can keep up with all the school antics in our monthly newsletters, published on our website: www.st-kew.cornwall.sch.uk

A delightful start to the 2019-2020 term has been enjoyed by all pupils at St Kew. Keep on reading to find out what's been going on!

We're ready for School!!!!



It has been lovely to see so many happy, smiling faces returning to St Kew at the beginning of the month, and to new faces joining us on the start of their school career! Into Reception we welcomed Oscar, Jowan, Tyler, Jack, Jonah, Theo, Lowan, Aphria, Jacca, Jowan, Thomas, Eliot and Freya to their first taste of 'big school' and the start of their school career. In other year groups, we are delighted to have Izzy, Henry, Neo, Araya, Arlin, Kayden, Teddy and Archie join us at St Kew in different year groups in the time since the last school news.

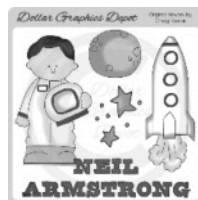
Learning this term

Newton Class (formerly known as Class 1)



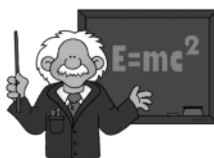
Our topic this half term is 'I am a Superhero' which we will explore through two key texts 'Send for a superhero' by Michael Rosen and 'I will not ever never eat a tomato' by Lauren Child. We will use this topic as a chance to discover what makes us a superhero: our body parts and characteristics, the five senses and the things that they help us to do!

Armstrong Class (formerly known as Class 2)



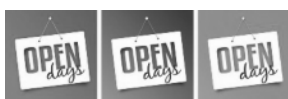
Our topic this term is 'Bravery vs Fear'. Our new class name suits our topic perfectly as we will be learning about Neil Armstrong in History and his mission to the moon. We have already started our introduction to Armstrong by researching his visit to space. The children will look at different grade of pencil in Art and create a sketch of The Minpins' setting. In Science, we will learn about animals including humans and link this to DT where we will learn about what humans need to survive, a balanced diet and designing our own healthy salad.

Einstein Class (formerly known as Class 3)



Our topic this term is 'Exploration and Discovery.' We will be basing it on the book 'Shackleton's Journey' by William Grill. The children will research this period of history and explore the dilemmas faced by Shackleton and his crew. 'Jonathan Swift's Gulliver' retold by Martin Jenkins and wonderfully illustrated by Chris Riddell, will be a stimulus for story writing. We will study 'Animals including humans' and 'Living things and their habitats' during science, develop our sketching skills, and combine visual and tactile elements in art using our topic as inspiration.

Open Days



If you'd like to come and see for yourselves what makes us ACE at St Kew, please come and join us on one of our Open Mornings this term: Thursday 10th October, Friday 7th February and Friday 15th May, any-time from 9.00am until 12 noon. We look forward to showing you all we enjoy at school!

Little Learner's



We are continuing our Pre-School provision this year with daily sessions of Outdoor Learning. If you know of anyone in the local area with children aged 3 to 4, please let them know about us.

CHILDREN'S CORNER

How about making some delicious Marmite Snails one afternoon?
They are super easy!



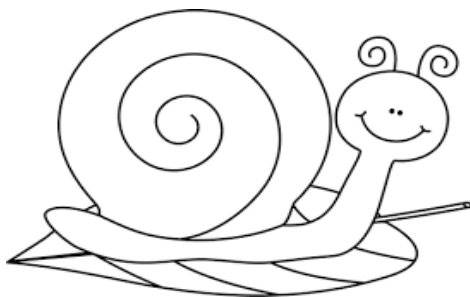
Ingredients

- Ready-to-roll puff pastry.
- Marmite (or cheese if you don't like Marmite!)

Method

- Pre-heat the oven to 200° C.
- Dust the work surface with some flour and roll the pastry out to form a thin rectangle.
- Spread the Marmite over the pastry. Use as much or as little as you like.
- Roll the pastry up starting from the wider side. It should look like a long sausage!
- Brush the edge of the pastry with a little milk to help stick the edges together.
- Slice the pastry roll into 2 cm pieces.
- Put them on a greased baking tray, making sure they are not too squashed as they will puff up!
- Bake for 10-12 minutes until they are puffed and golden.
- They can be eaten warm (yum!) or cold (yum!)

If you hate Marmite you can sprinkle on grated cheese (press it down into the pastry a bit) and, instead of rolling it up, cut the pastry into 3 cm wide strips and twist them before putting them on the baking tray.



KEW & A - Twenty Questions & Answers

We've had so many really interesting 'Kew & As' over the last few years, and we're sure there are lots more condensed life stories out there in our parish just waiting to be published in ultra-short form in 'Pieces of Eight'.

You know the format - just get in touch to share your 'Kew & A'.

Simply email us at stkewmag@gmail.com (with 'Kew & A' in the heading), or telephone David on 01208 841669.

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16 th NOV	LONGLEAT FESTIVAL OF LIGHT	15 th DEC	TOUR OF CORNISH CHRISTMAS LIGHTS
22 nd - 25 th NOV	TURKEY & TINSEL AT SANDOWN, IOW	21 st DEC	SNOW WHITE @ THE EXETER CORN EXCHANGE
30 th NOV	BUCKFAST XMAS FOOD & CRAFT FAYRE	7 th JAN 2020	CINDERELLA @ THEATRE ROYAL, PLYMOUTH

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St Kew Historical Society

All talks and meetings are held at St Kew Parish Hall on the 2nd Thursday of each month, from 7.30pm. Please come along to our next meeting:

Thursday October 10th 7.30pm St Kew Parish Hall

Our next talk is by Angela Aylward:

St Tudy History Group - Local History Knowledge Guru on "The Blighs of Cornwall - Much More than a Mutiny"

Interested in the exploits of the Bligh family, including the famous/infamous Captain? Come along and enjoy the evening.

You will all be welcomed at our meetings and events, see our Facebook page for details and updates.

Visitors' fees - free with annual membership, guests £3.00 per person, refreshments available.

Our recent talk by local metal detectorist, Dave Vickery, was very well attended and a great success. He will be repeating his talk soon for St Tudy History Group - catch it if you can, should not be missed.

Regards to all.

John Raybould - secretary.

Our Feathered Friends

A cheerful song from a fast-flowing river or stream turns into quite a surprise when you spot the culprit! An over-sized Wren with flickering white eyelids and a white breast above a rusty band under belly, a chocolate brown back and sides with stumpy tail reveals the 'Dipper'. This aquatic bird is resident in the UK and can be found on fast-flowing rivers and streams across Cornwall.

The Camel river on the way towards Bishops Wood from the Camel Trail, Camelford town from the bridge on both sides, and Boscastle's Valency valley are hot-spots for seeking out this handsome bird if you are lucky. They can be quite tricky to spot as they fly up and down the watercourse on quick whirring wings or are hidden on the banks. The Dipper is about 18 cm long and has a constant bobbing habit, as if it's on a small spring. The song has a varied very loud trill and whistle. The flight call (a loud rasping single high pitched note) can also give this bird away as it makes its way low over the water.

They nest in crevices and under bridges, in holes within the stone or brickwork, or within large boulders. The domed nest is made of moss, grass and leaves. White eggs are normally laid in two or three clutches, and can contain 4 - 6 eggs. Dippers are one of the early breeders.

A Dipper will belt out its song in winter from a vantage point such as a rock or branch across the water to claim their stretch of river territory. They are

always found near fast-flowing water as they feed on aquatic invertebrates. Dippers amazingly feed underwater, turning over stones and shingle to seeking them out. The wings help push the bird downwards and under the fast currents where they can walk on the bottom, gripping stones with their claws (that also allow them to stand in the fast currents), prior to letting go to bob back up to the surface.

They are very active when feeding hungry broods, and are a pleasure to watch if you stumble across a nest site. Usually the Dipper is very prone to disturbance and can quickly take flight, however a single bird feeding in the shallows (as opposed to being submerged) seen at Camelford last summer was too busy feeding to be frightened - which allowed my granddaughter Shelby and I good views from the bridge, totally unaware of our presence! She proudly announced a new bird name for Cornwall when she went home announcing we had seen a 'dunker'!

Remember it's always worth looking out for the Dipper if you are walking near fast-flowing water around Cornwall. You may also spot the handsome Grey Wagtail, a cheery bright yellow and grey bird that frequents fast-flowing water - a neighbour of the Dipper, however not confined totally to this particular habitat and a constant fidget too! This wagtail also occasionally visits our garden!

Happy birding!

Clutts, Pendoggett



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Messy Church takes place at the Perceval Institute, St Minver, PL27 6QJ on the second Saturday of every month from 10.00am to 11.30. Our next one is on October 12th. Messy Church is a fresh expression of church, suitable for all ages but particularly for families. It aims to be hospitable, creative and celebratory while being Christ-centred. We start with a free breakfast, following this with messy craft, science and games activities based on a biblical theme. We end with a celebration of song, drama, story etc. Do come and join us and give it a try!

Harvest Festival

Come and join us, celebrating and giving thanks for this year's harvest.

Service followed by Supper and Produce Auction



Sun 6th October 6pm
St James, St Kew

'KEW & A'

Twenty Questions & Answers

This month: Meg Weir, St. Kew.

Childhood Hero: *(A few actually) my pony, Clarence, the cross-eyed lion from Daktari, and Dr Who!*

Hobbies: *Painting, quilting and music, where I play percussion in the Simply Awful Sinfonia.*

Recommended - I have a spare trombone and violin if interested.

Favourite Music: *60's/70's rock (for dancing), Classic FM for long journeys, Christmas carols and popular Choral works, and modern 20th/21st century worship music.*

Favourite Book: *'The Shadow of the Wind' by Carlos Ruiz Zafron.*

Favourite Film: *'High Society' (dir Charles Walters 1956), 'An Affair to Remember' (dir Leo McCarey 1957), 'The Fugitive' (dir Andrew David 1993), 'Avatar' (dir James Cameron 2009).*

Favourite TV Programme: *'The Good Life' (BBC sitcom 1975-78).*

What's good about living in your village?
Great community, countryside and life.

What would you improve? Get rid of 'Subway' - yuk!

I'm very good at.... *Being me! If I thought hard it would be 'administration'.*

I'm very bad at.... *Dieting!*

A phrase I use too often is.... *'Will You Come here!' - when speaking to my dogs!*

Three people, dead or alive, I'd invite to dinner are.... *(1) A cousin - Norah Smyth (1874-1963) who was a suffragette (unpaid chauffeur to Emmeline Pankhurst), Socialist activist (member of the Women's Social and Political Union) and photographer. (2) St. Paul of Tarsus, and (3) Martin Luther King Jr.*

I'd like to be stranded on a desert island with....
My dogs, my Bible and a box of flares!

I'm embarrassed by....*Praise given by others to me - I never feel I've earned it!*

My proudest moment was.... *Seeing my nephew Sam being baptised - out of his choice.*

The best things about Cornwall are... *Lifestyle, countryside/coast and the wildlife.*

The worst things about Cornwall are *The summer traffic and people in Chelsea tractors who don't know how to reverse!*

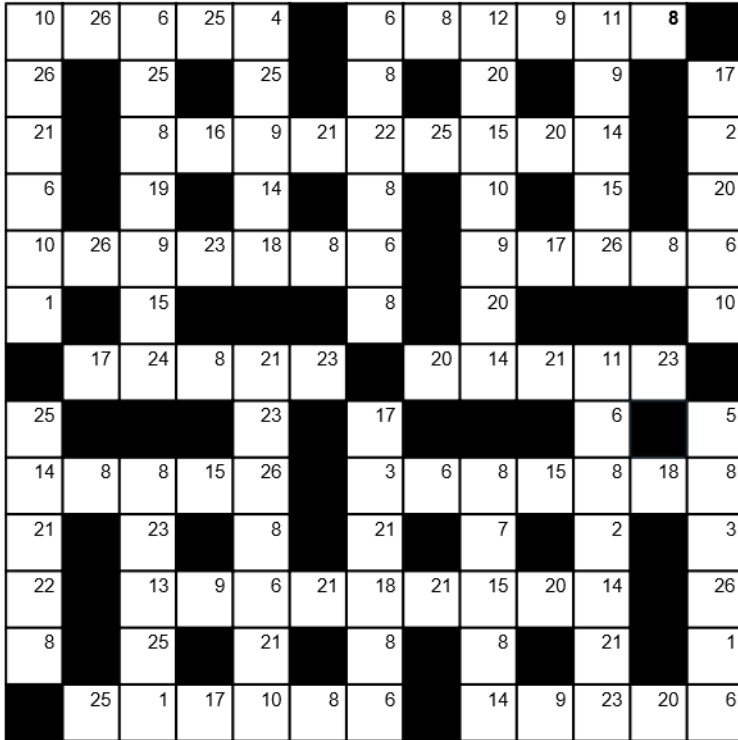
Which of our country's laws would you change?
The judiciary should apply prison sentences precisely, so that 30 years is 30 years. Individuals are only released upon exhibiting good behaviour and sentences are extended for bad behaviour.

An over-rated public figure is.... *Many of our politicians!*

In another life I would be.... *A farmer's wife with a mass of kids and loads of dogs and horses!*

The Puzzle Page

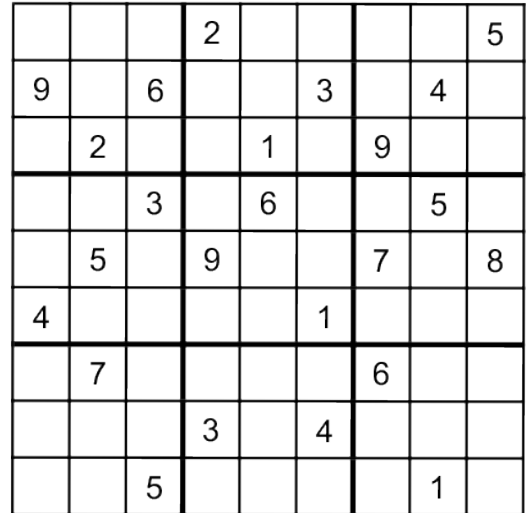
Codeword



19

1	2	3	4	5	6	7	8	9	10	11	12	13
Y				Z								
14	15	16	17	18	19	20	21	22	23	24	25	26
											O	

Sudoku



M5

Word Square

L	A	N
G	L	H
E	C	E

How many words of 4 letters or more can you find? No proper nouns or plurals are allowed, and the centre letter must be used in each word. There are 30 words listed in the solution, which includes **1 nine letter** word to find.

Open Days at St Kew Ace Academy



If you'd like to come and see for yourselves what makes us ACE at St Kew, please come and join us on one of our Open Mornings this term: Thursday 10th October, Friday 7th February and Friday 15th May, anytime from 9.00am until 12pm. We look forward to showing you all we enjoy at school!

Little Learners

We are continuing our Pre-School provision this year with daily sessions of Outdoor Learning. If you know of anyone in the local area with children aged 3 to 4, please let them know about us.



Bell Ringing News



Please note, evening bell ringing practices have started again. Every Wednesday evening, 7.30-9.00pm.

For further details please contact the Tower Captain, Ken Godden, on 07968 481520 if you have any queries on bell ringing.

From Scott Mann

Something which has been raised with me is dental provision across the whole of Cornwall. A lack of NHS dental care in Cornwall is a historical issue which has not been properly addressed by successive governments; I have been keen to do my part to solve it since my election four years ago.

I am aware that NHS dental patients in Cornwall have found it difficult to get an appointment for a check-up, routine dental work or children's orthodontics and this is something I and my fellow Cornish MPs are treating as a priority.

At a recent meeting chaired by Truro & Falmouth MP Sarah Newton, which I attended with my staff, local dentists and NHS representatives were able to discuss both the problems and the solutions to issues surrounding dentistry in Cornwall. Following on from this meeting I met directly with dentists who provide services to NHS patients here in North Cornwall. These meetings have allowed all the relevant parties to voice their opinions and suggestions on how government can better support practitioners and patients.

Editor's note: this is a brief extract from his latest press release on a topic relevant to this area. We do not include party political material in PoE.



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Booking essential.

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Events at St Endellion October 2019

Friday 4th October 7.30pm, at St John's Church, Delabole
Bagas Degol & Anna Maria Murphy – The Winding World

A love story based on the true tale of a baby found in the snow in a Cornish cove, set in a community with all its secrets, oddities and humanity, interweaving original songs, stories and soundtrack.
£10. Delabole residents (PL33 postcode) £5. Not suitable for under 11s.

10th – 13th October
North Cornwall Book Festival

Talks, interviews, readings, performances and workshops with a host of writers including Michael Morpurgo, David Nicholls, John Boyne and Tessa Hadley. In between events, you can enjoy exhibitions, café, bar, bookshop, and street music.
More information and tickets from:
www.ncornbookfest.org.

Friday 11th October 7.30pm
Gabrielle Ducombe

Belgian jazz singer Gabrielle and her 3-piece band give us Parisian jazz and tango arrangements, presenting a fresh, contemporary take on iconic songs by the likes of Piaf, Piazzolla, Legrand and Brel, as well as performing her own accomplished compositions. £10.

Saturday 12th October 7.30pm
The Blackheart Orchestra

The sonic landscapes of award-winning British songwriters, composers and multi-instrumentalists Chrissy Mostyn and Rick Pilkington defy classification and sound as though far more than two musicians are at work. A gig like nothing you've ever experienced. £10

Tickets from:
www.endelienta.org.uk
or call 07787 944935.

Accompanied under 16s free to most concerts – check the website for details.

The Enigma of Departure

Not the muffled bell that tells of defeat
 in the silent streets and broken temples;
 not the dark space between the ruins of villas and courtyards,
 crumbling bath-houses, overgrown gardens with rancid vines
 and smashed hives where only wasps buzz;
 but it is this air congeals, in the fen-fog land,
 where lungs leak blood like water,
 so leaving is urgent for the warmth of the heart of the south.

Not the promise of gold and finely-chased silver,
 the encrusted enamel, the torques and bronze swords;
 not the hard fact of an empire in pieces,
 decaying and rotting from the canker within;
 but the necessary cruelty of the last voyage home,
 the splash of the oars down the river of farewell,
 the muffled cries across the dome of water
 watched by pale locals hiding in reed-beds.

David Penhale
 Sept. 2019

SOUPER LUNCH - October



We will be joined by the Year 6 children from St Kew Ace Academy for our next Souper Lunch on Friday 18th October so come along and meet them all - as well as chatting with your old pals and neighbours. The Lunch is at 12.30 pm in the St Kew Highway Community Hall.

We enjoy a bowl of homemade soup and rolls and delicious puddings – no charge, but any donations will go to the charity we choose on the day.

Puzzle page solutions

8	4	5	6	2	9	3	1	7
1	6	2	3	7	4	5	8	9
3	7	9	1	8	5	6	2	4
4	8	7	5	3	1	2	9	6
6	5	1	9	4	2	7	3	8
2	9	3	8	6	7	4	5	1
5	2	8	4	1	6	9	7	3
9	1	6	7	5	3	8	4	2
7	3	4	2	9	8	1	6	5

Sudoku

Call, cell, clan, elan, gale, gall, glee,
 glen, hale, hall, heal, heel, hell, lace,
 lane, lean, angel, angle, clang, clean,
 eagle, glace, glean, lance, leach,
 leech, legal, glance, nacelle, CHAL-
 LENGE

Word Square

R	A	N	U	L	R	E	T	S	O
Y	I	E	E	I	O	E			
H	L	A	C	I	D	R	J	U	V
P	M	X	I	E	N	I			
E	D	E	C	E	P	R	H	E	L
Z	R	S	N						O
	N	I	G	A	L	I	N	S	K
T	A	E	C						Y
R	E	U	S	H	E	R	D	N	H
A	C	T	E	L	B	L			R
M	A	L	O	C	A	L	E	Q	I
S	U	A	E	O	O				H
E	F	U	R	E	O	W	R	O	T

Codeword

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St Kew Community Hall

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St Kew Gardening Club



The annual St. Kew Garden Show which is always held on the first Saturday in September was a roaring success. There was a well-supported raffle and the teas kept flowing all day. It's an enjoyable social occasion for St. Kew. Although Autumn seems to have arrived 3 weeks early this year the vegetable entries were very well supported. Cold wind a week before didn't help the flower entries though, but there was still a lovely display. The standard of art and crafts was exceptionally high and it was good to see some new exhibitors in the flower-arranging section.

We would like to thank everybody that gave their time to organize and run the show. There will be a post-show meeting (date to be arranged) which is open to the public and anyone that would like to help or have any ideas for our next show is very welcome. Details will be in this magazine.



Pictures courtesy of Fran Finnemore



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MAY FRI 10	NOVEMBER FRI 15
JUNE SAT 08	DECEMBER SAT 21

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Events outside our Parish

September

- 8th Craft workshops at Bedruthan Hotel (runs to 28th November).
- 27th Macmillan Coffee Morning at Trevathan Farm, 10am -12 noon.
- 27th-29th Truro Food Festival, Lemon Quay.
- 28th-29th Grandparents' weekend at Lappa Valley Steam Railway.
- 28th Events at Carnglaze Caverns, live music underground (runs to 23rd November).
- 10th Traces of Light at Tregony Gallery, St Mawes (runs to 26th October).

October

- 3rd - 5th Falmouth Beer Festival
- 26th Camelford Carnival

Events outside our Parish

Other places to visit:

Bodmin Folk Club, every Friday, 8pm, The Old Library, Lower Bore Street - all welcome.

Wadebridge Folk Club, (second Thursday every month), Churchhill Bars, Molesworth Street. (Tel: Mike Walford 01637 880604)

Tintagel Old Post Office (National Trust) has various events on during the month.

YHA, Treyarnon Bay, hosts live music events on most Fridays and Saturdays.

Bodmin and Wenford Railway have a number of themed events through the holiday period.

Eden Project

Old Town Hall, Bodmin, has various theatre & music events on.

More information about these events can be found on the following websites:

Edenproject.com endelienta.org.uk
pencarrow.co.uk bodminrailway.co.uk
facebook.com/YHATreyarnon/
Intobodmin.co.uk Cornwall365.com

Please let us know about any events you are aware of outside our area that our readers might be interested in.



What a wonderful Cake Sale! Thank you to everyone who supported us by buying cakes, raffle tickets or having a go on the Tombola. We raised £240 which we have split with Cornwall Hospice Care.

Cornwall Federation of WI is 100 years old this year. To commemorate there is a service at Truro Cathedral and a parade through the streets with each group's banner held high!

Our speakers on Wednesday 9th October will be Irene Brown & Helena Turner; their talk is entitled 'Scarves for all seasons'. They come highly recommended - come and join us to see what it's all about.

We are always happy to meet new people - come along and meet us.

Alison Gill
01208 841469



ST KEW HIGHWAY METHODIST CHURCH

Services held in the Community Hall at 9.30am.

Preachers for September

29th Rev'd Michael White

Preachers for October

6th Val Sterling
13th Rev'd John Harrod
20th Nicky Houghton
27th Rev'd Alistair Sharp

Catholic Church Services

Wadebridge

St Michael's Church
Tel:01208 72833
Mass Sundays 8.30am
Confessions
Friday 10.30-11.00am

Tintagel

St Paul The Apostle
Tel:01840 770663
Mass Mon-Thur 10am
Fri & Sat 6pm
Sunday 10.00am
Confessions:
Before/after Mass.
Other times on request.

Wadebridge Christian Centre

Molesworth Street, Wadebridge. Tel 01208 813110,
wadebridgechristiancentre.org

We are a lively, active, family church where everyone is welcome. We have a crèche and Sunday school, and all our children's workers are DBS checked.

Reflections

Holy Habits, 'Eating Together.'

Breakfast on the beach, picnics, feasts, lunches and suppers, and all ways of eating together has been the subject of our discipleship in the North Cornwall Cluster of Churches throughout September and October. The tradition of eating together is a sign of God's Kingdom which goes back into Judeo-Christian history. Jesus lived this tradition sharing food as a sign of the inclusivity of God's Kingdom and refusing to discriminate against the marginalised. He ate with people from different cultural and social backgrounds bringing unity, healing & peace. Through food and friendship, Jesus shared the love of God for others genuinely and personally.

As a cluster of churches following Jesus' example, we have had such great fun! Who doesn't like eating & drinking? We have met together in small groups, shared breakfast at the Good Morning Community Café at St. Kew Academy & lunch at the Souper Lunch in St. Kew Highway Community Hall.

St James the Great at St Kew



Calendar for October

- Sun 6th *Trinity 16.* 9.30am, Holy Communion with Rev Rose Jones and Rev Dr Elizabeth Wild, with Henry Gompertz preaching. 6.00pm, Harvest Festival with Rev Geraldine Ashton.
- Sun 13th *Trinity 17.* 9.30am, All Age service with Rev Geraldine Ashton and Marcus Jones.
- Sun 20th *Trinity 18.* 9.30am, Holy Communion with Rev Dr Elizabeth Wild with Rev Geraldine Ashton preaching.
- Sun 27th *Trinity 19.* 9.30am, All Age service with Rev Geraldine Ashton.

Calendar for November

- Sun 2nd *All Saints.* 9.30am, Holy Communion with Rev Dr Elizabeth Wild, with Rev Geraldine Ashton Preaching.

When we engage in eating together with others, we show them love and generosity and concern for their well-being, both hosts and guests have been greatly blessed.

Harvest Festival time is an especially good time as we remember, give thanks & share all we have, alongside praying for equality, fairness and justice in the distribution of food and for the farmers, fisher people and all who grow and manufacture our food.

Perhaps during this harvest season of plenty we might extend that blessing of inclusivity that Jesus showed us? Inviting those we do not know so well to eat with us? Building community and deepening relationships with each other. In that spirit, I would like to extend a very warm welcome to you to join us at any of the events and services we have on offer within the cluster. It will be great to meet you and share food and fellowship with you.

Every Blessing.

Rev'd Geraldine



How our Foodbank helps our community

Our Foodbanks cover Bodmin, Camelford, Wadebridge and Padstow and the surrounding rural areas.

A small shoebox can have a big impact. We know it's early, but we're already thinking about Christmas and helping others during the festive season. This year we are involved in the Teams4U 'Love in a Box' Appeal. If you would like to donate a gift-filled shoebox along with a £2.50 donation please drop it into Wadebridge Foodbank during our opening hours (Mon-Thurs 10.00am-1.00pm). The shoeboxes make a huge difference to people at Christmas and this year they are going to deprived children in Romania, Belarus, Bosnia and the Ukraine.

If you need some support with any housing issues, The HOME GROUP can help and are running drop-in sessions at Bodmin Foodbank every Monday between 1.00pm and 3.00pm.

Huge thanks to all the shoppers in Tesco who generously donated 825kg of food at our recent food collection. We are really grateful for the continued support from Tesco and their staff as well as our volunteers who helped at the collection.

Thanks also to Tesco and Co-op who give us their short-dated food which enables us to offer our clients fresh fruit and veg. We're also receiving lots of lovely Harvest festival donations which are very gratefully received, and a welcome addition to our food boxes.

Do you need help creating a CV?

If you would like some support creating or updating a CV, help with interview techniques and application forms, come and join our FREE and FRIENDLY **Moneybox Course**. Available for anyone unemployed and aged 16+. Our next course starts in Bodmin on Friday 1st November at the Chestnuts Centre, if you'd like further information please contact us on 01208 815374 or email contact@wadebridgefoodbank.org. It's a great way to learn in a relaxed environment (with tea, coffee and biscuits too).

Wadebridge Foodbank, Unit 2 Trevanson Street, Wadebridge PL27 7AR Tel. 01208 815374
Registered Charity No. 1166301
Email: contact@wadebridgefoodbank.org
Website: www.wadebridgefoodbank.org

GILL'S RECIPE OF THE MONTH

French Apple Cake

Ingredients

- 110g soft unsalted butter
- 2 tsp vanilla essence
- 2 large eggs
- 2 tbsp rum (optional)
- 120g self-raising flour
- 1 tsp baking powder
- pinch of salt
- 2 peeled & cored cooking apples, chopped
- Granulated sugar for sprinkling over the cake

Method

- Pre-heat the oven to 180° C, and line a medium-sized cake tin with baking paper.
- Combine the butter, salt, sugar & vanilla and beat until creamy.
- Add one egg at a time, beating until combined.
- Add the rum, flour and baking powder and beat again.

- Add the chopped apples to the batter and fold in gently.
- Spoon the mixture into the cake tin and smooth the top.
- Sprinkle with 1-2 tbs sugar.
- Bake for 40 minutes or until it comes clean when tested with a toothpick.
- Allow to cool completely before slicing and serving.

Delicious served with creme fraiche, pouring cream or double cream, or all three if you're very greedy!



Events Diary October

- 2nd 'Good Morning Cafe', St Kew Ace Academy, 8.45 -11.00am.
Bell ringing practice, 7.30-9.00pm
- 9th 'Good Morning Cafe', St Kew Ace Academy, 8.45 -11.00am.
Bell ringing practice, 7.30-9.00pm
- 10th Chair Aerobics, Community Hall, 2.00pm.
- 11th **Copy Date**
- 16th 'Good Morning Cafe', St Kew Ace Academy, 8.45 -11.00am.
Bell ringing practice, 7.30-9.00pm
- 18th Souper Lunch, Community Hall, 12.30pm.
- 23rd 'Good Morning Cafe', St Kew Ace Academy, 8.45 -11.00am.
Bell ringing practice, 7.30-9.00pm
- 30th 'Good Morning Cafe', St Kew Ace Academy, 8.45 -11.00am.
Bell ringing practice, 7.30-9.00pm

News from St Kew Parish Hall

As a result of a mix-up the quiz and curry night planned for 28th September has been postponed until February 2020. Watch this space for further details.

Our annual Christmas draw and social evening with music will take place on 6th December 2019. Raffle tickets will be on sale shortly.

Kathy

To book the hall, please contact Lianne Sproull on 01208 841808.

The Regal in Wadebridge

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October

- 4th Joker
Judy
- 11th Abominable
Gemini Man
- 18th A Shaun the Sheep Movie: Farmageddon
Maleficent: Mistress of Evil
- 25th Terminator: Dark Fate
The Addams Family

Live Screenings: Book on-line or contact cinema

- 8th 'Don Giovanni' by Mozart – Royal Opera Live, 6.45pm
- 17th 'A Midsummer Night's Dream' - NT Live - 7.00pm
- 22nd Matthew Bourne's 'Romeo and Juliet' - 3.45pm & 6.00pm
- 24th 'Don Pasquale' by Donizetti – Royal Opera Live - 7.30pm

Recycling

Recycling takes place on a variety of days in the same week within the parish. Recycling collections are in the weeks beginning 7th and 21st October.

Please see the Cornwall Council website for full details.

ST KEW HIGHWAY COMMUNITY HALL ONGOING EVENTS

Registered Charity No 294140

Sun	Methodist Church Service	Marion Dingle	01208 841388
Mon	Yoga 10.30am	Fiona Crompton	01208 851735
	Pilates 2.30-5.15pm	Martin Brooks	07812 959879
Tue	Pilates 1.15-2.30pm	Martin Brooks	07812 959879
Wed	1 st , 3 rd & 5 th in a month 10am-3.00pm	West Country Embroiderers Pat Scarborough	01841 521323
	1 st in month-St Kew Playing Field Trust 7.00pm		
	2 nd in month St Kew WI 7.00pm	Alison	01208 841469
Thurs	Chair Aerobics 2pm	Pat	01208 841260

**IMPORTANT : BEFORE ARRANGING YOUR EVENT AT THE HALL
CHECK AVAILABILITY AND BOOK WITH SHIRLEY ROWE 01208 841257**

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Parish Council News

Chairman: Cllr A Godden

Clerk: Mrs Stephanie Tiplady

The Barn, Kitts Hill, Chapel Amble

07789 953677. stkewparish@gmail.com



The Parish Council meets in the Parish Hall, St Kew Churchtown at 7.00pm on the second Tuesday of each month. Members of the public are welcome to attend and address the meeting on any subject of concern.

St Kew Parish Council Meeting Held on Tuesday 11th September 2019 at 7.00 pm in the Parish Hall.

Present: Chairman A Godden, Councillors P Bishop, R Godden and J Rowe, Cornwall Councillor S Knightly, and 8 members of the public.

The question of whether St Kew should have a neighbourhood plan or not was discussed and it was decided to invite someone from Cornwall Council to a special meeting. The meeting will be held in the Community Hall at St Kew Highway on 19th November at 7.30pm. Anyone who is interested in what is built or what St Kew will look like in the future, should come along and help protect and shape the parish of St Kew for years to come.

Rubbish collection is about to change. In June 2021, we will be getting a weekly recycling collection and a fortnightly black bag collection. Wheelie bins will be provided by Cornwall Council and they will only collect what is in the bins. New recycling bins will also be available for food waste and other waste not as yet recycled. When more details are available, we will publish them.

We have had reports of dog "poo bags" being left in fields and on the edge of footpaths, some even tied to the hedges and gate posts! Cattle and dogs can contract Neosporosis. Neosporosis is dangerous to

all livestock, causing abortion in livestock, illness in adult dogs and death in young puppies.

While dog faeces left in farmers' fields isn't just unpleasant and a danger to his livestock, wildlife and other dogs, it is also an offence with up to a £1000 fine, to not dispose of poo bags properly.

The answer is bag it and take it home or dispose of it in the appropriate bin.

We would like to welcome Mr Tony Prophet who was co-opted on to the council, we still have a vacancy for one more member, so if anyone would like to come onto the council, please contact our clerk. We look forward to Tony's input at our meetings.

Planning Applications

PA19/04475 - Mr J Brown, land north of Woodside, St Kew. Change of use of agricultural land to an off-road cycle facility.

Recommend approval

PA19/07306 - Mark Finmore, Polingarow Farm, St Kew. Refurbishment of existing attached dwelling to provide a self-contained residence.

Recommend approval

Planning Decisions

None.

RG

Live life in the slow lane

If life seems too fast, furious and stressful, take some time to slow it down.....

- Do less stuff.
- Go a whole day without using the Internet.
- Focus on what is important or urgent. Let go of the rest.
- Drive below the speed limit. All the time.
- Read a newspaper cover-to-cover.
- Don't multi-task. Do one thing at a time, finish it, and then rest.
- Buy a slow cooker.
- Turn your smartphone, tablet and TV off for 24 hours.
- Look at the stars. The universe is time on an infinite scale.
- Spend more time with family & friends.
- Eat slowly.

- Leave the mower in the shed and watch the grass grow. It won't come to any harm.
- Talk to people.
- Have breakfast in bed on Sundays.
- Listen more, speak less.
- Go for a long, slow walk. Concentrate on the movement of your feet, feel the sensations of sun, wind & rain against your skin.
- Pause, close your eyes and breathe deeply. Repeat.
- Take pleasure from small things - the colour of a flower, the shape of a leaf, the washing up.....
- Don't go to the gym if you don't enjoy it
- Use each of your senses in turn for at least 10 minutes each.
- Write a letter to a loved one.
- Go to bed early.

....and always remember - it is better to be too late in this world than too early in the next.

'Tortoise'



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The Cornish Arms, Pendoggett
Wadebridge Wines, Wadebridge
Old Custom House, Padstow
The Little Gin Shack, Wadebridge
Padstow Farm Shop, Padstow
Trebetherick Stores, Trebetherick
St Tudy Community Shop, St Tudy
Port Gaverne Hotel, Pilchards Café
Stargazy Inn, Port Issac
The Molesworth Arms, Wadebridge
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Guests enjoy wifi broadband internet, a 65" curved screen TV with UK Freesat and a good selection of English books. All the bedrooms are fully air conditioned.

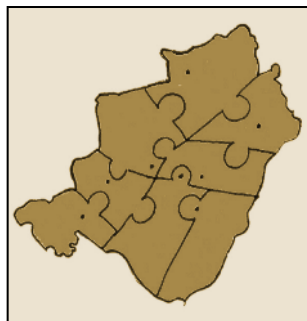
The heated swimming pool and pool house are enclosed for the safety of small children, as is the lower lawn.
What more could you ask for ?

Contact Tim for further details

timothy.dunn@orange.fr +33 647 662 593



Pieces of Eight



November 2019, Issue 254

News, views and issues from: Chapel Amble, Pendoggett, St Kew, St Kew Highway, Trelill, Tregellist, Trequite, Trewethern

Email: stkewmag@gmail.com



Photograph kindly supplied by Christina Ford

CHRISTMAS LIGHT SWITCH ON AND SANTA ARRIVES
SUNDAY 1st DECEMBER
RED LION ST KEW HIGHWAY

Your free guide to news and events within and around St Kew Parish

NEWS

NOVEMBER



“

Steak night is back on Mondays
2 steaks with salad and chips
plus 2 desserts for only £25

Watch out for details of this years
NEW YEARS EVE DINNER
or pop in and pick up our full festive season
booklet it's free

IT'S LOOKING A LOT LIKE CHRISTMAS

Book your Christmas party with us

Christmas Day lunch bookings are now available but only a few spaces left so hurry and secure yours today!



AVAILABLE FOR PRIVATE HIRE

Book your private function with us come in and talk so we can bespoke your event

We are taking bookings for your

Christmas party, we have our menus up on our web site for your perusal or we can bespoke to your requirements
Phone Wendy on 01208841271 for more info

Our Christmas lights turn on and Santa arrives on the 1st of December starts at 4pm and our St Kew Express train will be running again

Why not come and visit our new sister restaurant

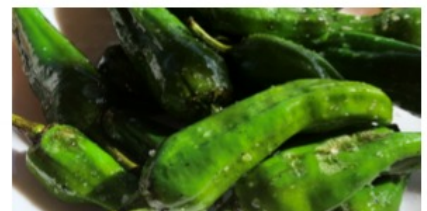
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Welcome to Pieces of Eight

We are a free independent community magazine, published ten times a year (not January and August) covering local news, views and events in the St Kew parish area. Volunteers produce, edit and distribute the magazine to every household in the area, and to all the local churches, shops and pubs. We do hope you enjoy reading it.

We would love to hear from our readers - articles, letters, suggestions and other contributions are always welcome. Please see our contact details below.

There is also an on-line edition hosted by the Parish Council which can be found at www.stkewparish.org.uk/PO8.html. (*We are very grateful to the Parish Council for allowing us to use their website*).

EDITORIAL

This autumn it's been a joy to find such a glorious blackberry crop! Nature's bounty can surprise and, combined with Bob and Jean Plater's windfalls, we now have jam in abundance. Many lanes locally *are* allowed to grow, but that's not always the case, and it's disappointing to see so many newly-flailed hedges in the parish. Often they've been hacked into square box-shapes, with the trees and bushes lacerated. Farming practices have changed a lot since I was a kid in Cornwall, carrying our milk home still warm from the milking-parlour, but reading the award-winning nature-writer, Mark Cocker (*'Our Place', 'Birds and People'*), I was reminded of how much wildlife is supported in a comparatively small patch of ground - 50 species or more, including bumblebees, damselflies, ladybirds, beetles, hoverflies, butterflies, grasshoppers, (the list goes on), all thriving in one un-mown patch of ground. And all these insects provide food for a rich multitude of bird-life. The newly-published *State of Nature Report* (National Trust), highlighted how many species are in decline in the UK with some in threat of extinction, including hedgehogs, hares, bats, and birds like the turtle dove and willow tit. For my birthday treat last November I saw the brilliant folk-singer, Chris Wood, in concert at Lyme Regis: one of his songs that night, from his CD *'So Much To Defend'* is called *'The Flail'*:

'The flail came by today
Took away the things that took so long to grow
Before it went away....
Knocked us back to where we all were years ago
Before it went away...'

This reminded me of Joni Michell's singing in 1970:
'Don't it always seem to go
that you don't know what you've got 'til it's gone'.

The situation can seem to be overwhelming, but, as Rosie Hails of the National Trust reminds us, 'we can do our *own* bit, including nature-friendly planting in our backyards.' If that sounds like *'Think globally, act locally'*, there's still time to plant for the spring. I'm starting small with tulips, crocuses, and Christmas roses. Maybe I'll surprise my chief gardener this year!

David

The Editorial Team are:

Philippa Harkness - Children's page & History
Steve Liddiard - Advertising Manager & Treasurer
David Penhale - Events & Poet in Residence
Nicky Pickard - Main editor who puts the magazine together, assisted by husband Mike.

Contacting the Editorial Team

We can be contacted by email at stkewmag@gmail.com. Please use this address for **ALL** correspondence, the in-box is checked regularly.

Alternatively you can phone Nicky's mobile - **07813 603776**. Leave a message if you can't get through and she will phone you back.

Advertisers should contact Steve, our Advertising Manager via this email address, putting 'Advertisement' in the subject line. Steve can provide information on advertising costs, space availability, formats, etc.

Copy date for the December issue is: *Friday 15th November*

We aim to get the printed magazine out to our distributors before the beginning of the month of issue. **Please could all contributors send us copy or advertisements as soon as possible, and before the copy deadline.** If your article or advert is going to be late it would be very helpful if you could let us know in advance.

Note to Readers

When responding to an advertisement, **please** mention that you saw it in Pieces of Eight. This shows our advertisers that the magazine is **the** place to reach local customers.

The magazine does not accept any responsibility for any issues arising from advertisements.

Views expressed in this publication are those of its contributors and do not necessarily reflect those of the Publishers (the management committee) who reserve the right to refuse or alter any material supplied.

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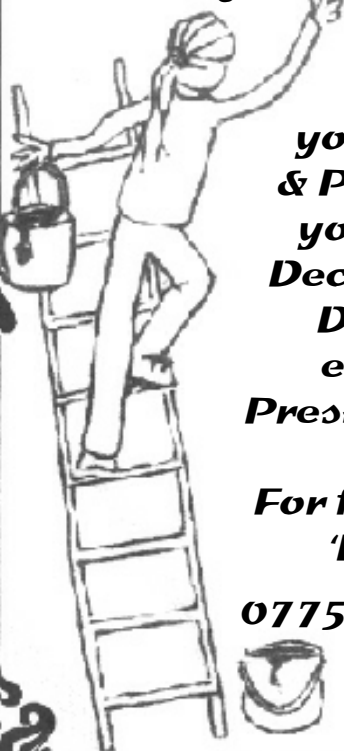
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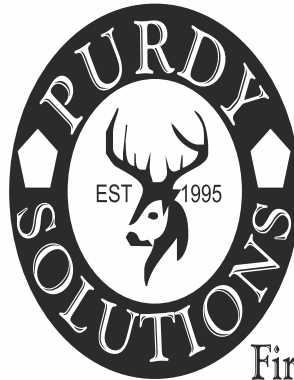


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St. Kew Community Gardens Association

The View from the Allotments.... and mixed feelings, really, this month.

We're thrilled to bits to be awarded second prize for our allotment, as we really have had a huge variety of produce past, present and future at the allotment. But we are gutted because our brassicas, which are usually a stalwart throughout the Winter, seem to have failed.

We planted early cavolo nero and curly kale and had a couple of months when they were really prolific and we were using them and giving away bags full and so on. But then, out of the blue, we had an infestation of caterpillars. I never saw any butterflies landing on the plants but suddenly, nearly all the leaves were stripped bare. Can't understand it. For two or three years now we have grown these brassicas without any predators taking over. So what happened? Did a new strain of butterfly find them? Don't know. And to add insult to injury, the purple sprouting and sprouts which we had planted later nearby have also suffered. First from collared doves, pecking at the fresh green leaves, and then from another sort of caterpillar. So we are at a loss.

Usually, we depend on our greenery to keep us going through the Winter months, together with the leeks and parsnips. And all the peas and beans we have put in the freezer, too, of course. But this is not looking too good this year. We went searching in various nurseries and garden centres and found some leftover chard, which we have planted out. And we've got some seedlings coming on at home on the windowsill but are not too hopeful. It's a bit late to start anything fresh.

We must look on the bright side, though and our tomatoes have proved wonderful after a very shaky start. We've given a lot away but now the outdoors ones have succumbed to the wet and miserable weather and most of the fruit left on the plants are blackened and probably not good for anything. The ones in the greenhouse at home, though, are brilliant and I expect to have plenty more coming over the next couple of months. And any extras, I shall peel and put in a box in the freezer for sauces and stews.

The leeks are wonderful and our sweetcorn are again proving a delight. I have picked and shucked (is that an American term?) about thirty cobs and put them in the freezer and we have eaten several, too. They are not anything like "boughten" ones – very sweet and tender, and all the better for being from one's own allotment.

And as for the onions – they are all dried out, put into nets and hanging from hooks in the garage and as good a crop as we've ever had. We use so many onions, in our cooking, and it's good to report that we used our last "own" onion at the end of April this year. And looking at the nets in the garage, I think it will be the same again. Planting and watering and weeding is a bit labour intensive but by golly, it's worth it!

We shall have a few plots available for the coming year, so do get in touch if you are interested. We ourselves may be giving up one of our own, or perhaps half of one, so if you would like a "starter" plot, let us know at our AGM on 31st October, at the Red Lion Inn.

*Judith Mott, judithmott@btinternet.com
Tel.: 01208 841312*



Trevathan Farm Shop raised a massive £1,001 at their recent coffee morning in aid of Macmillan.

Well done to them, and to everyone who supported them.

Mobile Post Office

The mobile Post Office calling points each week are as follows:

Monday
St Merryn 08.45-10.00
Rock 11.00-12.30
St Kew Highway 13.30-15.00
(Community Hall)

Thursday
St Merryn 08.45-10.00
Rock 11.00-12.30
St Kew Highway 14.00-15.00
(Community Hall)

All the news and highlights from the top of the hill! Don't forget, you can keep up with all the school antics in our monthly newsletters, published on our website: www.st-kew.cornwall.sch.uk

The 2019-2020 first half term has been enjoyed by all pupils at St Kew. Keep on reading to find out what's been going on!

BikeLights 2019

The children in Year 4, 5 & 6 have thoroughly enjoyed being part of this project again this year and have worked their socks off and their magic at the workshops with Reg Payne, in the past month! The children have been using basic tools and materials like willow, bamboo, wire, tape, tissue & glue to adorn the bicycle – creating a carriage for the back of the bike to represent the theme of steam this year. Many children and parents joined us on the journey around Wadebridge Town on Saturday 12th October, twinkling at twilight!



Harvest Festival

Our annual Harvest Festival brought many parents and grandparents out on a grotty afternoon to see a wonderful assembly full of facts, songs and facts about the reasons for Harvest. The watching audience were treated to beautiful singing, by

our School Choir, information about the Sustainable Goals and a rendition of the 'Thank you Farmer' song by our youngest children in the school! Harvest donations were used to create hampers for people to buy raffle tickets for, alongside donated tinned and non-perishable foods etc, to be given to The Wadebridge Foodbank.



School Council



Our School Council members have been chosen, by a democratic vote of their peers, for this academic year and they have been busy deciding on the rewards that the children will enjoy as 'winners' of the Team Point scheme. All children earn team points for good behaviour and work etc and these go into the team pot. At

the end of each half term, a winning team enjoys a reward. The school council have chosen these exciting ones for the year ahead!

Autumn 1 - Non-uniform day

Autumn 2 - Film afternoon

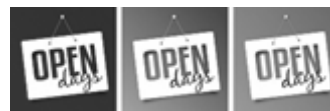
Spring 1 - Technology afternoon

Spring 2 - Arts and Crafts

Summer 1 - Bikes and Scooters

Summer 2 - Extra play on the field

Open Days



We welcomed many parents to school on Thursday 10th October to see for themselves what makes us ACE at St Kew. Children shared their learning with their parents and were able to show the activities that they engage in on a daily basis to help them **DISCOVER, LEARN** and **DEVELOP**. If you would like to find out more, please come and join us on Friday 7th February from 9.30am until 12.00pm. We look forward to showing you all we enjoy at school!

POLITE REMINDER

Please can we take this opportunity to remind the St Kew community that the school grounds are **PRIVATE PROPERTY** and should not be used by anyone in the evenings or at weekends without the permission of the Head of School, Rachel Murray, in advance. Thank you.

RM

CHILDREN'S CORNER

'Remember, Remember the 5th of November!'

Bonfire night is when we usually have fireworks to remember when Guy Fawkes tried to blow up Parliament. Fireworks were invented thousands of years ago. A group of Chinese scientists accidentally mixed together chemicals to make an early form of gunpowder. This was stuffed into old bamboo stalks and thrown into a fire to make a loud bang. These were thought to be the first fireworks. The Chinese then used this invention to scare away their enemies and evil spirits.

In the 1830's, Italian inventors came up with a special casing which let them fire fireworks into the air. They also came up with ways to mix in different metallic powders to create the different coloured explosions which we can see nowadays.



Harvest Festival at St Kew

The service was conducted by Geraldine Ashton and the St Kew Academy Choir sang with much gusto! The feeding of the 5,000 and sharing food with family, friends and neighbours were the themes of the service.

The spread laid out for supper was bounteous indeed and the auction that followed was a very lively affair. Local produce grown or made by the congregation sparked many a bidding war and we raised £140 for the Ideas Partnership which helps people in Kosovo.



Philippa

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COACH EXCURSIONS & TRIPS

2019

30th Nov: Buckfast Xmas Fair
7th Dec: Bath Christmas Market
15th Dec: Tour of Cornish X-mas Lights
21st Dec: Snow White @The Corn Exchange
7th Jan: Cinderella @ The Theatre Royal

Future trips:

20th Mar: Visit Bristol
28th Mar: Telegraph Museum @ Portchurno
April: Homemade Soup & Kent Cavern Devon
17th April: Exeter Races & '80s Music Night
2nd May: Toby's Garden Festival

- 16 - 70 seat coaches
- Group Holidays
- Day Trips
- Holiday Transfers
- Golfing Holidays
- Sporting Events
- Private Hire
- Corporate Hire
- Events
- Weddings (Stag/Hen Party)
- Funerals
- Conferences

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St Kew Historical Society

All talks and meetings are held at St Kew Parish Hall on the second Thursday of each month, from 7.30pm. Please come along to our next meeting.

Please check for further details.

<https://www.facebook.com/StKewHistoricalSociety>

John Raybould - secretary.

(Their next speaker wasn't available as we went to print.)

Our Feathered Friends

A clear blue sky on a sunny day and a loud mewing from above attracts your attention. No it's not a cat on a parachute, it's the Common Buzzard.

Buzzards drift effortlessly across the sky enjoying the thermals, if it is not being mobbed by corvids and seagulls that is. Several Buzzards can soar on the up-currents, wheeling around and gaining height on broad wings. The Common Buzzard is living up to its name as they are quite numerous around the country and indeed our parish. We have several spotted and calling from above Pendoggett and indeed there are usually at least two on the telegraph posts heading down to St Kew, perched either resting or keeping an eye out for unsuspecting prey. They were more common a couple of decades ago on uplands however have spread their wings so to speak and now find lowland agricultural and woodland quite as pleasing.

They hold their wings in shallow V with head looking down to check for prey, mostly feeding on small mammals and road-kill should they be fortunate.

You can also spot Buzzard's resting in fields or waddling after the plough with gulls looking for grubs. The Buzzard, like other bird of prey species such as Red Kite and Peregrines, have enjoyed a recovery thanks to no longer being exposed to farm chemicals such as DDT. This reduced numbers vastly in the 1950/60's which harmed breeding. Buzzards also like rabbits and again they suffered when myxomatosis disease was at its height!

The Buzzard has a wing span that is quite broad and it is typically mottled-brown with a barred belly,

however it is fun to spot other plumage types that can range from very dark to very pale thus making it a challenge.

The Common Buzzard can hover occasionally but not as often as its close relative the Rough-Legged Buzzard from Scandinavia, and an occasional visitor to Cornwall. This is a pale Buzzard mainly on head and breast, with a larger, paler underwing! Who said birding was easy?

Common Buzzards nest in a large tree fork or deep ledge on hillsides or cliffs. The nest is a messy affair of twigs, roots & branches, lined with wool, moss, grass, etc. One clutch is laid in late April to early May, usually 2 to 3 eggs in various shades of mottled browns and greens, with a pattern unique to each female. I am sure they have followed the motorway corridors with their handy roadside habitat to then fly on and discover pastures new as they soar high, wide and proud and far over the country seeking out food on the go and a mate in tow.

Next time see how many Buzzard's are soaring up in the sky at one time, my record count over Pendoggett is six!

Time to 'buzz off', I hope you have enjoyed reading 'Our Feathered Friends'. I sign off this month with my last in the series. Thank you for reading, cheers editor too.

Happy birding!

Clutts, Pendoggett

Editors note: Many thanks for such an informative & enjoyable series. A pair of Buzzards are mewing overhead (mobbed by a couple of crows!) as I write.



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Messy Church takes place at the Perceval Institute, St Minver, PL27 6QJ on the second Saturday of every month from 10.00am to 11.30. Our next one is on November 9th Messy Church is a fresh expression of church, suitable for all ages but particularly for families. It aims to be hospitable, creative and celebratory while being Christ-centred. We start with a free breakfast, following this with messy craft, science and games activities based on a biblical theme. We end with a celebration of song, drama, story etc. Do come and join us and give it a try! Do follow our other children/family activities on Facebook: ChildrenandfamilyNCC,

Did You Know?

Walkers offers a simple and free crisp packet recycling scheme, **which accepts all brands**. Our local public recycling point is: **Wadebridge Community Fire Station**. Please leave outside but please don't block the entrance. Check out www.terracycle.com for full details.

Have your say....

St Kew Parish

Neighbourhood Development Plan

Everyone welcome

Tuesday 19 November

Starting at 7.30pm

At The Community Hall,

St Kew Highway

For Further information , please contact:
Stephanie Tiplady, Clerk—St Kew Parish Council
Tel: 01208 880060
Email: stkewparish.org.uk

'PIECES OF EIGHT' POETRY COMPETITION 2019 *(kindly sponsored by Wadebridge Bookshop)*

Following last year's success, we are proud to announce our Second Competition.

This will be your chance to be published in the magazine and **win a prize!**

For the **Adults Category**, Wadebridge Bookshop is again sponsoring us with a **Prize of a £15 Book voucher** redeemable at their bookshop for the winner.

In addition, this year we are also pleased to announce there will be a **Young Poet's category**, where we are inviting poems from **young writers under 16 years of age**. The winner will receive a **Book voucher for £10**.

Simply follow the Rules below and submit your poem to us: either on-line to stkewmag@gmail.com or by post to:

'Po8' Poetry Competition
Old Court
Trell Road
ST.KEW HIGHWAY
PL30 3DP

Competition Rules:

1. Entries are to be in English: no limit to style or form.
2. Entrants need to be resident in the Parish of St. Kew.
3. Limit of two poems per entrant.
4. Line limit: 20 lines.
5. Each entry must include which Category is being entered and contact details.
6. **Deadline** for entries:
Saturday January 11th 2020
7. The judges' decision is final.
8. The winning entries will be published in the February edition of the magazine.

Once again we look forward to reading your poems. Good luck!

The Puzzle Page

Codeword

25	14	1	25	16	8		9	12	19	23	25	
2		25		25		4		19				18
6	3	5	20	17		14	3	7	20	19	24	20
20				10		12		13				25
17		15	12	25	22	21		18	20	22	25	19
		12		24		20				11		12
8	2	13	14	20	10		18	13	15	12	20	23
18		22				25		14		17		
11	3	21	12	2		2	20	14	3	19		19
13				3		12		19				3
19	20	17	26	3	12	8		20	22	14	25	23
5				17		20		8		13		20
	10	3	12	8	20		25	8	22	20	19	10

20

1	2	3	4	5	6	7	8	9	10	11	12	13
14	15	16	17	18	19	20	21	22	23	24	25	26
			R		N					G		

Sudoku

6								3
		5	9		8		4	
	1			6		9		
	8				5		3	
9				3		2		7
		1	4					
				2		8		
5		4						
					3		1	

M6

Word Square

G	O	L
W	D	N
E	E	K

How many words of 4 letters or more can you find? No proper nouns or plurals are allowed, and the centre letter must be used in each word. There are 37 words listed in the solution, which includes **1 nine letter** word to find.

Bell Ringing News



In September we took part in the Bodmin Deanery Shield Competition. We came fifth and sixth out of 15 sets. Lostwithiel won.

For any enquiries please phone Ken Godden on 07968 481520, or message us on our Facebook page.

Please note, evening bell ringing practices have started again. These are held every Wednesday evening from 7.30-9.00pm.

In October we competed in the first round of the Winter League Competition at Lansallos Church against Lostwithiel and Roche. We won the round and gained 3 points on the table.

Gemma

Our Wednesday evening practice has begun. Anyone is welcome to join us.



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(this will continue in December)

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Macmillan Coffee Morning
at the Community Hall.

Thank you to all the people
who supported the event.

Thank you to everyone who baked. The cakes
were fantastic. Thank you to everyone who
worked so hard to make it successful. Thank
you too for all the generous donations - cash
and raffle prizes. Last, but not least, thank you
to our local Spar shop (Euro Garages) for
donating all the tea, coffee, sugar and biscuits.

A big thank you to everyone.
We raised an amazing £310.

Well done to them, and to everyone who sup-
ported them.

GILL'S RECIPE OF THE MONTH

Chicken with lemon and thyme, with rosemary potatoes.

Ingredients

- 4 whole chicken legs, or 8 chicken pieces
- 2 garlic cloves, finely chopped
- Small bunch of fresh thyme
- 6 tbsp olive oil
- 1 large lemon, thickly sliced
- 200ml (7fl ozs) chicken stock
- 120ml (4fl ozs) dry white wine
- 20 black olives, stoned
- Freshly chopped parsley

Method

- Pre-heat the oven to 200C/400F or gas mark 6.
- Cut the chicken legs in at the joints and cut away any fat.
- Mix the oil, garlic, and about a tablespoon of leaves from the thyme. Season well.
- Add the chicken pieces and coat well & transfer to a roasting tin.
- Place the lemon slices on top and roast for 30 minutes.

- Pour the chicken stock and wine over, add the olives and continue to roast for a further 20 minutes.
- Lift the chicken pieces onto warmed plates and rapidly boil the juices to reduce a little.
- Pour the juices over the chicken and scatter the remaining parsley over.

Serve with rosemary potatoes:

- 1-2 lbs potatoes, peeled
- Salt
- 3-4 cloves garlic
- 6 tbsp extra virgin olive oil
- 3 sprigs of rosemary
- Heat the oven 200C/400F or gas mark 6.
- Cut the potatoes into small chunks, cover with water and cook for 5 minutes.
- Drain well and turn into a roasting pan. Add the garlic, oil and rosemary spikes from 2 rosemary sprigs, mix them all together well.
- Bake for 35-40 minutes until crisp and brown. Transfer to a serving dish.
- Chop remaining rosemary spikes and scatter over potatoes and serve with the chicken.

The Enigma of Arrival

(for GLP, 1939-2019)

Not the distraction of the red and green windfalls
 now bubbling with the blackberries to reach autumn's setting-point;
 not the struggle for breath like boarding the last boat
 before waters are parted and visas refused;
 but it is the curious recently departed,
 divining a way to cross the border
 and make safe landfall on that farther shore,
 keen to know, 'What country, friends, is this?'

Not the insistent phone ringing in the dead of three a.m.
 impatient as ever for my predicted Wales score before the next match;
 not the persistence of the urn sitting still
 on our dad's stopped clock, (the one that won't go,
 like the unwelcome guest in your long-running gag);
 but the heavenly dream of a green and red dragon
 flying in Japan this All Souls Day,
 as you run out with the team on the field of praise.

David Penhale
 October 2019

SOUPER LUNCH - November



We were joined by some of the Year 6 children from St Kew Academy for our Souper Lunch on Friday 20th September and everyone had a very enjoyable time.

£120.80 was raised and will go to the Devon and Cornwall Food Association, who ensure that unwanted in-date food is distributed to the needy.

Do come along to our next Souper Lunch on **Friday 15th November** at 12.30 in the St Kew Highway Community Hall to meet your old pals and neighbours, and maybe make a new friend!

Philippa

Puzzle page solutions

8	6	9	7	4	3	5	1	2
5	2	4	1	8	6	3	7	9
1	7	3	5	2	9	8	6	4
3	5	1	4	7	2	6	9	8
9	4	6	8	3	1	2	5	7
7	8	2	6	9	5	4	3	1
4	1	8	3	6	7	9	2	5
2	3	5	9	1	8	7	4	6
6	9	7	2	5	4	1	8	3

Sudoku

KNOWLEDGE.
 golden, gowned, legend, longed,
 owned, wedge, dongle, glowed,
 ledge, lodge, lowed, ogled, olden,
 wold, dowel, endow, geode, kneed,
 need, node, owed, weed, weld, wend,
 eked, geld, gold, lend, lewd, lode,
 Dole, done, dong, down, eden, edge,

Word Square

D	N	E	C	S	A	E	S	U	D	O	D																							
E		I		S		E		R				X																						
T	A	L	A	E	C	L	A	S	U	O	V	R	E	N																				
O				N		U		O						I																				
N				N		E	L	O	N		M		K	O	H																			
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																N		F		A		A		M										
																								A	L	W	A	Y	S	J	U	N	T	A

Codeword

Pilates Classes in North Cornwall

St Kew Community Hall

Mondays 14.30 & 16.00 - Tuesdays - 13.15 - 14.30



What does Pilates do?

- Targets the deep core stabilising muscles, improving balance and co-ordination
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- Improves posture, alignment and overall body awareness
- Corrects muscle imbalances and encourages pain-free movement

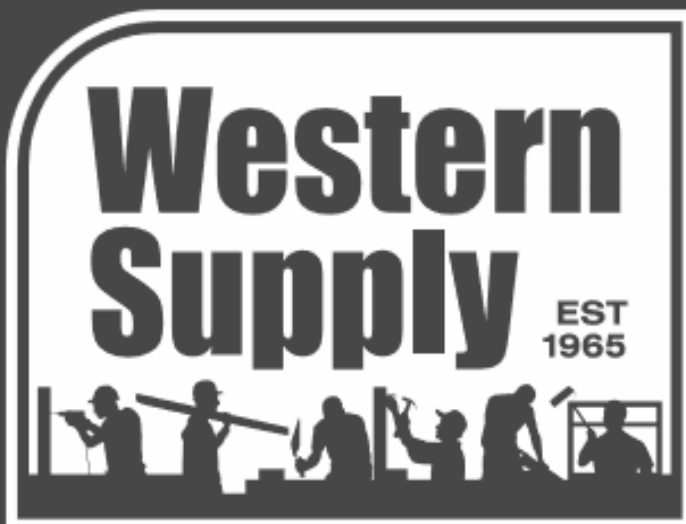
How do the classes work?

- Classes are limited to a maximum of 12 people. Small classes mean you receive good personal attention and ensure you are performing the exercises safely, and correctly.
- Classes are progressive and operate on a school term basis
- All equipment required is provided.



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LEST WE FORGET

November 1919

The First Remembrance Day – 11th November 1919

The armistice of 11th November 1918 had effectively ended the Great War; however, the conflict was only concluded with the signing of the peace treaties in June 1919 and victory parades took place that summer. Yet some objected to exultant military parades, and a number of ex-servicemen even refused to participate. As a result, the first Remembrance Day ceremonies were commemorative rather than triumphant.

Two features of that first Remembrance Day on 11th November 1919 are central to commemorations today: the Cenotaph in Whitehall, London, and the silence. Alongside the official ceremonies, huge crowds gathered to lay wreaths at the newly-erected Cenotaph, designed by Sir Edward Lutyens. This was a day of mourning, not celebration. The Cenotaph was the place around which people united – and the activity that united them was the two minutes of silence. On King George V's initiative, people were asked to remain silent at 11am, to cease activity and stand with heads bowed, to think of the fallen. The silence was announced by church bells – and it was universally observed.

Everything and everyone stopped: buses, trains and factories halted, electricity supplies were cut off to stop the trains and, whenever possible, even the ships of the Royal Navy were stopped. Workers in offices, shops, hospitals, and banks stood still. Schools became silent. Law Court proceedings came to a standstill, as did the stock exchange.

Subsequent Remembrance Days

Other Remembrance Day traditions developed quickly. In November 1920 the Unknown Warrior was brought from Boulogne on board HMS Verdun. The funeral procession moved on to London and the Cenotaph.

The grave of the Unknown Warrior is in the west end of Westminster Abbey. The grave also contains soil brought from France and is covered by a slab of black marble from Belgium. The slab bears an inscription written by Herbert Ryle, then dean of the Abbey, which commemorates the "many multitudes" who died during WW1. "They buried him amongst the kings because he had done good toward God and towards his house." From 1921, artificial poppies, made by former soldiers, were sold to support the Earl Haig fund for ex-servicemen. After WW2 it became traditional to hold Remembrance Day on the nearest Sunday to 11th November. It was only in 1996 that the two minutes silence was reinstated on the actual 11th day of November.



One Hundredth Anniversary



Although there will be the usual Remembrance Sunday service held at the War Memorial, following the morning service of worship at 10.30 Sunday 10th November at St

James the Great church at St Kew, the hundredth anniversary of the first Remembrance Day will be on Monday 11th November and the volunteer bell ringers of St James the Great church plan to ring at 11am – work permitting.

William



What a treat for the ladies of St Kew WI. Irene came to show us the wonderful scarves for all seasons. She had many stories to tell and just as many scarves. We were taught how to tie them in different ways, one was how to provide a lightweight dressing gown for your holidays. Many ladies made purchases - either a treat for themselves or perhaps a gift.

Next month there will also Craft for Christmas demonstration - you don't need to be skilled, just come and try something new.

We are delighted that 2 new people came to join us. Our St Kew WI is now 97 years old, we hope that with some new members that we will be able to celebrate 100 years in 2022.

Come and join with us at 7pm on Wednesday 13th November - we are a fun group.

Alison
01208 841469

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FEBRUARY FRI 8	AUGUST WED 14
MARCH SAT 09 (3PM)	SEPTEMBER SAT 21 (3PM)
APRIL THURS 11	OCTOBER THURS 17
MAY FRI 10	NOVEMBER FRI 15
JUNE SAT 08	DECEMBER SAT 21

For more information please contact nickdpickles@googlemail.com

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Events outside our Parish

Other places to visit:

Bodmin Folk Club, every Friday, 8pm, The Old Library, Lower Bore Street - all welcome.

Wadebridge Folk Club, (second Thursday every month), Churchhill Bars, Molesworth Street. (Tel: Mike Walford 01637 880604)

Tintagel Old Post Office (National Trust) has various events on during the month.

YHA, Treyarnon Bay, hosts live music events on most Fridays and Saturdays.

Bodmin and Wenford Railway have a number of themed events through the holiday period.

Eden Project

Old Town Hall, Bodmin, has various theatre & music events on.

More information about these events can be found on the following websites:

Edenproject.com endelienta.org.uk
pencarrow.co.uk bodminrailway.co.uk
facebook.com/YHATreyarnon/
Intobodmin.co.uk Cornwall365.com

Please let us know about any events you are aware of outside our area that our readers might be interested in.

Events outside our Parish

September

- 8th Craft workshops at Bedruthan Hotel (runs to 28th November).
 28th Events at Carnglaze Caverns, live music underground (runs to 23rd November).

October

- 26th Firework Display, Port Gavern. Dereck Deaden, specialist Pyrotechnic. 6.00pm

November

- 1st Quiz night at Pencarrow House. You need to book. See their website for details.
 2nd Firework Display, Port William Inn, Trebarwith Strand 7.00pm
 5th Firework display at Priory Park Bodmin. Check online for cost. Bonfire lighting is at 7.00pm.
 16th Cornish Winter Fair at the Royal Cornwall Show Ground.
 16th & 17th Christmas Fair at Pencarrow House.
 24th Pilates - Beginners/Gentle 9.30-10.30 at Hawksfield on A39.

Poetry Reflective Day, 2nd November

Paul Fiddes, Professor of Systematic Theology at the University of Oxford and a Prebendary of St Endellion, will lead a day in the church reflecting on the poetry of Gerard Manley Hopkins on Saturday 2nd November.

He will explore the Presence and Hiddenness of God in Hopkins' poetry and there will be an opportunity for those who'd like to do so, to offer their own poetry inspired by Hopkins. The day will begin with coffee and tea in St Endellion's new hall and will end at 3pm. Cost £10 and bring a picnic lunch.

Remembering Loved Ones, 3rd November

A special service to remember loved ones who have died will be held in St Endellion Church at 4.00pm on Sunday 3rd November. The service will last about 45 minutes and will include readings, prayers, music, an opportunity to light candles and for names to be remembered aloud.

Everyone is welcome to attend, and tea will be served afterwards.



ST KEW HIGHWAY METHODIST CHURCH

Services held in the Community Hall at 9.30am.

Preachers for November

3 rd	Rev'd Sally Long
10 th	Church Fellowship
17 th	Mr Ken Ridley
24 th	Rev'd Alistair Sharp. Communion

Catholic Church Services

Wadebridge

St Michael's Church
Tel:01208 72833
Mass Sundays 8.30am
Confessions
Friday 10.30-11.00am

Tintagel

St Paul The Apostle
Tel:01840 770663
Mass Mon-Thur 10am
Fri & Sat 6pm
Sunday 10.00am
Confessions:
Before/after Mass.
Other times on request.

Wadebridge Christian Centre

Molesworth Street, Wadebridge. Tel 01208 813110,
wadebridgechristiancentre.org

We are a lively, active, family church where everyone is welcome. We have a crèche and Sunday school, and all our children's workers are DBS checked.

Reflections

Holy Habits

Our churches are exploring something called "Holy Habits" at the moment. We are trying to grow in how we live out our faith by spending time with each of 10 Holy Habits over a two year period. The idea is that we will get familiar with each habit, and explore and practice it until it becomes second nature. And as we grow in living out these habits, which are all based on things that the earliest Christians did, we hope that we will find ourselves better able to share the good news of God's love and justice in all that we do in our lives.

So what are the habits, and which habits are we exploring now?

Well we decided to begin by exploring the Holy Habit of "Eating Together". So in September and October there have been all sorts of ways that we have tried Eating Together with other people as a spiritual practice. We have eaten with our families and friends, with other church members and with

St James the Great at St Kew



Calendar for November

Sun 3 rd	<i>All Saints.</i> 9.30am, Holy Communion with Rev Dr Elizabeth Wild, with Rev Geraldine Ashton preaching.
Sun 10 th	<i>Remembrance.</i> 10.30am, Morning Worship followed by a Remembrance Service at the War Memorial with Peter Coster.
Sun 17 th	<i>2nd before Advent.</i> 9.30am, Holy Communion with Rev Dr Elizabeth Wild with Rev Geraldine Ashton and with Dr David Elliot preaching.
Sun 24 th	<i>Christ the King.</i> 9.30am, All Age service with Rev Geraldine Ashton and Marcus Jones.

Calendar for December

Sun 1 st	<i>Advent 1.</i> 9.30am, Holy Communion with Rev Geraldine, with Rev Dr Elizabeth Wild presiding and preaching.
Sun 8 th	<i>Advent 2.</i> No morning service. 6.00pm, Carol Service with Rev Geraldine Ashton.

people we don't know so well. We have thought about the fairness of how we share food in our world today and - my favourite - we have enjoyed eating together with children from St Kew, Port Isaac and St Minver schools who have come to our churches for the "Experiencing Harvest" programme.

I hope that as we continue with the other Holy Habits, Eating Together will be something that we continue to do, and that in our eating together we will find a place at the table for the God who has provided us with such an amazing world, and who loves us so much that he has come to meet us in Jesus.

The next Holy Habits we will be exploring - in November and December - are "Gladness and Generosity". So as we continue to eat together, I hope that we will also find we can grow in joy and in giving whatever we can for the good of others.

Every blessing,

Revd Elizabeth



How our Foodbank helps our community

November 2019

Our Foodbanks cover Bodmin, Camelford, Wadebridge and Padstow and the surrounding rural areas.

A small shoebox can have a big impact. We know it's early but we're already thinking about Christmas and helping others during the festive season. This year we are involved in the Teams4U 'Love in a box' Appeal. If you would like to donate a gift-filled shoebox along with a £2.50 donation please drop it into Wadebridge Foodbank during our opening hours (Mon-Thurs 10am-1pm). The shoeboxes make a huge difference to people at Christmas and this year they are going to deprived children in Romania, Belarus, Bosnia, and the Ukraine.

If you need some support with any housing issues, The HOME GROUP can help and are running drop-in sessions at Bodmin Foodbank every Monday between 1.00pm-3.00pm.

Thanks to St Breward WI who welcomed our Project Manager Jacqui to talk about the work we do at the Foodbank. We also received a kind donation of food from them.

Diary dates:

Sunday 24th November - Quiz Night at The Red Lion Pub, St Kew Highway from 7:30pm. Any donations of dried/tinned food for our Foodbank will be much appreciated.

Friday 22nd & Saturday 23rd November – Our Tesco Food Collection at the Wadebridge and Padstow stores. We are getting ready to dig out our Christmas hats and spread some festive cheer.

Do you need help creating a CV?

If you would like some support creating or updating a CV, help with interview techniques and application forms, come and join our FREE and FRIENDLY Moneybox Course. Available for anyone unemployed and aged 16+. Our next course starts in Bodmin on Friday 1st November at the Chestnuts Centre, if you'd like further information please contact us on 01208 815374 or email contact@wadebridgefoodbank.org It's a great way to learn in a relaxed environment (with tea, coffee and biscuits too)

Wadebridge Foodbank, Unit 2 Trevanson Street, Wadebridge PL27 7AR Tel. 01208 815374
Registered Charity No. 1166301
Email: contact@wadebridgefoodbank.org
Website: www.wadebridgefoodbank.org

Events at St Endellion

November 2019

Saturday 9 November 7.30pm

Kevos – Blue Green Hill.

Patrick Bailey – conductor Cheryl Rosevear – soprano.

Kevos is an ensemble dedicated to performing contemporary classical music in Cornwall. The programme, inspired by the environment and nature, including works by Judith Weir, Estonian Helena Tulve, and Barbara White. £10

Friday 22 November 7.30pm

The People's String Foundation - Duo

South West based composer-musicians Ben Sutcliffe and Zaid Al-Rikabi (musical directors for Knee-high) mix artisan flavours with urban/world beats. Their compositions are melodic, wistful, and dynamic as well as upbeat and fast, designed to get people's toes tapping. £10.

Coming soon in December

Sunday 1 December 3.00pm

The Portorius Quartet

A delightful Sunday afternoon in the company of this young Quartet - Sophia Prodanova & Nicole Petrus Barracks – violins, Diogo Ramos – viola, and Nath-an Giorgetti – cello – which formed at the Guildhall School of Music and Drama in 2017.

£8 (includes tea and cake).

Tickets from www.endelienta.org.uk, or 07787 944935.

Accompanied under 16s free to most concerts – check the website for details.

Events Diary November

- 6th 'Good Morning Cafe', St Kew Ace Academy, 8.45 -11.00am.
Bell ringing practice, 7.30-9.00pm
- 7th Chair Aerobics, Community Hall, 2.00pm.
- 13th 'Good Morning Cafe', St Kew Ace Academy, 8.45 -11.00am.
Bell ringing practice, 7.30-9.00pm.
- 14th Chair Aerobics, Community Hall, 2.00pm.
- 15th Souper Lunch, Community Hall, 12.30pm.
- 15th Copy Date**
- 19th Your Parish, Your Plan, Your Future Community Hall, 7.30pm.**
- 20th 'Good Morning Cafe', St Kew Ace Academy, 8.45 -11.00am.
Bell ringing practice, 7.30-9.00pm.
- 21st Chair Aerobics, Community Hall, 2.00pm.
- 24th Quiz at The Red Lion in aid of the Food Bank. Any donations of dried/tinned food will be much appreciated.
- 27th 'Good Morning Cafe', St Kew Ace Academy, 8.45 -11.00am.
Bell ringing practice, 7.30-9.00pm
- 28th Chair Aerobics, Community Hall, 2.00pm.

News from St Kew Parish Hall

Our annual Christmas Draw evening with music will take place on 6th December starting at 7.30pm.

Raffle tickets will be on sale shortly.

Kathy

To book the hall, please contact Lianne Sproull on 01208 841808.

The Regal in Wadebridge

Tel: 01208 812791

www.wtwcinemas.co.uk



NOVEMBER

- 1st Doctor Sleep
- 8th Sorry We Missed You
The Aeronauts
Midway
- 15th Le Mans '66
- 22nd Frozen 2
- 29th Charlie's Angels

Live Screenings: Book on-line or contact cinema

- 5th Concerto/Enigma Variations/'Raymonda' Act III - Royal Ballet Live - 7.15pm
- 7th 'Hansard' - NT Live - 7.00pm
- 10th '42nd Street- The Musical' - 3.00pm; and
- 12th 7.30pm
- 20th 'Timon of Athens' by W. Shakespeare - RSC - 7.00pm
- 21st 'One Man, Two Guvnors' - NT Encore - 7.00pm
- 28th 'Present Laughter' by Noel Coward - NT - 7.00pm

Recycling

Recycling takes place on a variety of days in the same week within the parish. Recycling collections are in the weeks beginning 4th and 18th November.

Please see the Cornwall Council website for full details.

ST KEW HIGHWAY COMMUNITY HALL

ONGOING EVENTS

Registered Charity No 294140

Sun	Methodist Church Service	Marion Dingle	01208 841388
Mon	Yoga 10.30am	Fiona Crompton	01208 851735
	Pilates 2.30-5.15pm	Martin Brooks	07812 959879
Tue	Pilates 1.15-2.30pm	Martin Brooks	07812 959879
Wed	1 st , 3 rd & 5 th in a month	West Country Embroiderers	
	10am-3.00pm	Pat Scarborough	01841 521323
	2 nd in month St Kew WI 7.00pm	Alison	01208 841469
Thurs	Chair Aerobics 2pm	Judy	01208 841746

**IMPORTANT : BEFORE ARRANGING YOUR EVENT AT THE HALL
CHECK AVAILABILITY AND BOOK WITH SHIRLEY ROWE 01208 841257**

Because accidents happen



If you have had an accident you may be entitled to compensation. We deal with most cases on a "No win No Fee basis." We are here to help, talk to Sproull.

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Disputes | Family | Property | Wills

Parish Council News

Chairman: Cllr A Godden

Clerk: Mrs Stephanie Tiplady

The Barn, Kitts Hill, Chapel Amble

07789 953677. stkewparish@gmail.com



The Parish Council meets in the Parish Hall, St Kew Churchtown at 7.00pm on the second Tuesday of each month. Members of the public are welcome to attend and address the meeting on any subject of concern.

St Kew Parish Council Meeting

Held on Tuesday 8th October 2019 at 7.00 pm in the Parish Hall.

Present: Chairman A Godden, Vice chairman J Rowe, Councillors B Finnemore, T Prophet, T Mott, P Bishop and R Godden, Cornwall Councillor S Knightly and 20 members of the public.

The Chairman opened the meeting with the public discussion and the council heard comments from objectors, the agent and applicant of the Chapman's Field application. They also heard objections from people opposed to the shed application.

Councillor Stephen Knightly, reported on a flood and fishing meeting he had been to.

The annual budget was presented and passed by the council, with the parish precept set at £7,500.00, one of the lowest in Cornwall.

Planning applications

PA19/06113 - P Chapman, Chapman's Field, Pendoggett.

Outline application for residential development of up to eight houses.

Recommend refusal

PA19/08173 - Mrs & Mrs P Costa, Pendoggett Farmhouse, Pendoggett.

Erection of a storage shed.

Recommend refusal

Planning Decisions

PA19/06085 - Mr Hugh Briscoe, Lenora Chapel, Chapel Amble.

Re-ordering of existing house and rebuilding of extension.

Approved

RG

ST KEW PARISH COUNCIL

Invites Tenders



Tenders are invited for the clearing of Laurel trees in the lower churchyard of St James the Great. Details and tender forms can be obtained from the churchyard liaison officer on 01208 880007. Tender closes on the 31st November 2019.

Your Parish, Your plan, Your Future....

For more than a few years now the Parish Council has talked about whether or not to make a Parish Plan. Some of you might recall some years ago the council did a survey of what the parishioners wanted in St Kew, but the council never took it further.

Now with the climate of easy planning and the pressure on building new homes it has become even more important for local people to have a say in what is built in their locality.

To gauge public opinion and to get some idea of what you the people of this parish want, the Parish

Council is organising a talk by Cornwall Council on the ifs and buts of a Parish Plan, to be held at 7.30pm on November 19th at the Community Hall St Kew Highway. Here is your opportunity to say what you want.

Everyone is welcome, so please do come along and if you feel you could spare a little time in helping out with the plan, please let it be known to a councillor or the clerk.

Looking forward to seeing you there on the night.



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Wadebridge Wines, Wadebridge
Old Custom House, Padstow
The Little Gin Shack, Wadebridge
Padstow Farm Shop, Padstow
Trebetherick Stores, Trebetherick
St Tudy Community Shop, St Tudy
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The Molesworth Arms, Wadebridge
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The heated swimming pool and pool house are enclosed for the safety of small children, as is the lower lawn.
What more could you ask for ?

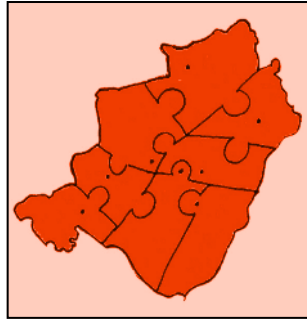
Contact Tim for further details

timothy.dunn@orange.fr +33 647 662 593



Pieces of Eight

December



December 2019, Issue 255

News, views and issues from: Chapel Amble, Pendoggett, St Kew, St Kew Highway, Trelill, Tregellist, Trequite, Trewethern

Email: stkewmag@gmail.com



Why is Granddad's grass so lumpy? I'd run much faster on a smooth lawn!

Your free guide to news and events within and around St Kew Parish

NEWS

DEC / JAN



“

January brings Australia Day bbq and quiz and our steak night is running all through December and January

Watch out for details of the menu for AUSTRALIA DAY

BBQ AND SALAD TABLE IN JANUARY

This year it's on Saturday the 25th

Aussie quiz on the 26th January

IT'S LOOKING A LOT LIKE CHRISTMAS

Book your Christmas party with us

Christmas Village and Trains are now up and running bigger and better, so pop in for a pint or a wine or even dinner with the kids and watch the display



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Book your private function with us come in and talk so we can bespoke your event

We are taking bookings for your

Christmas party, we have our menus up on our web site for your perusal or we can bespoke to your requirements Phone Wendy on 01208841271 for more info

The lights are on and the trains are running, Santa's been and seen all the kids. Which means Christmas is in full swing here at the RED LION

New Years Eve Dinner Dance

The menu is up on our web site check it out!

An à la carte menu with 4 courses to choose from
Live music + party music
And lots of bubbly

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Welcome to Pieces of Eight

We are a free independent community magazine, published ten times a year (not January and August) covering local news, views and events in the St Kew parish area. Volunteers produce, edit and distribute the magazine to every household in the area, and to all the local churches, shops and pubs. We do hope you enjoy reading it.

We would love to hear from our readers - articles, letters, suggestions and other contributions are always welcome. Please see our contact details below.

There is also an on-line edition hosted by the Parish Council which can be found at www.stkewparish.org.uk/PO8.html. (*We are very grateful to the Parish Council for allowing us to use their website*).

EDITORIAL

We wish all our readers, advertisers and distributors a happy Christmas and a peaceful & prosperous New Year.

The year seems to have flown by as usual. Summer is already a distant memory, and it is time for comforting food, bracing walks (if we ever get past the horrible wet weather of the last few weeks of course) and relaxing evenings by the fire before the build-up to the festive season.

Perhaps more than any other time of year Christmas is a time for thinking about those less fortunate than ourselves. Often it is the smallest things that count for most - sparing some time to help an elderly or infirm neighbour, donating to the local Foodbank or homeless shelter, or simply putting spare change in a charity collection box for example. Whatever you can do, it will help someone, somewhere.

Thank you to everyone for all your contributions throughout the year, especially to 'Clutts of Pendoggett' and Gill whose birding and recipe columns respectively came to an end this year. We would love to include more short (up to 500 words or so) articles about local events, or about any subject that would be of interest to our readers. If you would like to write for us - regular features or one-off articles - please let us know at stkewmag@gmail.com.

Finally a huge thank you to our advertisers for their support, to Phil the printer, and especially to our distributors who deliver the magazine to you all whatever the weather.

We'll be back in February, happy Christmas everyone.

The Editorial Team are:

Philippa Harkness - Children's page & History
Steve Liddiard - Advertising Manager & Treasurer
David Penhale - Events & Poet in Residence
Nicky Pickard - Main editor who puts the magazine together, assisted by husband Mike.

Contacting the Editorial Team

We can be contacted by email at stkewmag@gmail.com. Please use this address for **ALL** correspondence, the in-box is checked regularly.

Alternatively you can phone Nicky's mobile - **07813 603776**. Leave a message if you can't get through and she will phone you back.

Advertisers should contact Steve, our Advertising Manager via this email address, putting 'Advertisement' in the subject line. Steve can provide information on advertising costs, space availability, formats, etc.

Copy date for the February issue is:

Friday 17th January

We aim to get the printed magazine out to our distributors before the beginning of the month of issue. **Please could all contributors send us copy or advertisements as soon as possible, and before the copy deadline.** If your article or advert is going to be late it would be very helpful if you could let us know in advance.

Note to Readers

When responding to an advertisement, **please** mention that you saw it in Pieces of Eight. This shows our advertisers that the magazine is **the** place to reach local customers.

The magazine does not accept any responsibility for any issues arising from advertisements.

Views expressed in this publication are those of its contributors and do not necessarily reflect those of the Publishers (the management committee) who reserve the right to refuse or alter any material supplied.

PoE is printed by Parish Magazine Printing, Northmoor, Whitstone, Holsworthy, Devon, EX22 6TD.
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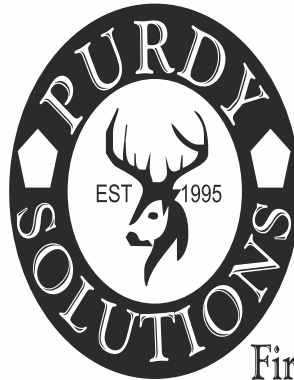


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St. Kew Community Gardens Association

The View from the Allotments..... and all I can see is driving rain

Do you remember that Crystal Gayle song from ca. 1978, which had the lines: "I've had enough of this continual rain I'm ready for the times to get better" Well, Crystal, I'm with you! It seems as though we're fighting a losing battle. We have one dry day and can't do anything anyway, because the ground is too heavy, then back comes the rain for the next three days.

The plots look really forlorn and neglected (ours, anyway, as some of our members have made strenuous efforts to tidy up and turn over their patches). But this is the time we should be lifting all the old brassica roots and the maize stalks and outdoor tomatoes. But all I'm doing at the moment is going round to lift a few leeks and parsnips for the table and then belting back home through the RAIN!

In fairness, I have done a little bit of work and stacked the glass panels we had used for the tomatoes. But I need a few consecutive days when I can tackle a whole patch ready for rotavating.

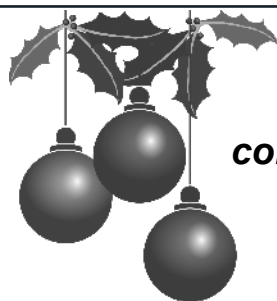
We had a lot of grapes on the one vine we planted three years ago and the other three are looking sturdy and happy. The grapes were too sour to use as fruit, so I boiled them down with some water, added lots of preserving sugar and made a grape jelly. It's still a bit sharp but would go very well with pork, I think – must try it next time we have roast loin of pork on a Sunday.

We had a successful AGM at the Red Lion Inn on 31 October, with members representing 14 plots in attendance. The committee was voted in again unchanged – don't know whether it's inertia or overall unwillingness to change! Whatever, we shall soldier on for another year.

Anyway, for now let's just say, forget Crystal Gayle – has anyone got a **crystal ball** to tell me what the weather's going to do for the next few weeks!!

We have a few plots available for the coming year, so do get in touch if you are interested. We ourselves may be giving up one of our own, or perhaps half of one, so if you would like a "starter" plot, let us know.

Judith Mott, judithmott@btinternet.com
Tel.: 01208 841312



The editorial team would like to wish all our readers, advertisers, contributors, and distributors a happy Christmas and a healthy, peaceful and prosperous New Year.



ST KEW HIGHWAY COMMUNITY HALL

WISH ALL THEIR USERS A MERRY CHRISTMAS AND A HAPPY NEW YEAR

Mobile Post Office

The mobile Post Office calling points each week are as follows:

Monday

St Merryn	08.45-10.00
Rock	11.00-12.30
St Kew Highway (Community Hall)	13.30-15.00

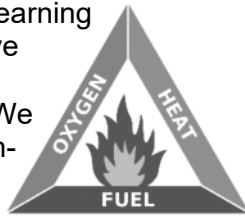
Thursday

St Merryn	08.45-10.00
Rock	11.00-12.30
St Kew Highway (Community Hall)	14.00-15.00

All the news and highlights from the top of the hill! Don't forget, you can keep up with all the school antics in our monthly newsletters, published on our website: www.st-kew.cornwall.sch.uk

The Fire Triangle

Ask any child at St Kew how to start a fire and you may find the answer includes 'Dragon Snot!' All children from 3 year olds in Pre-School to 11 year olds in Year 6, have been busy learning the 3 things a fire needs and have been starting their own using Flint and steels independently! We have even enjoyed toasting gigantic marshmallows over them ☺

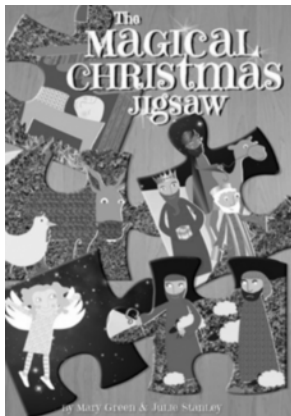


As we roll on towards our exciting plans for the Christmas period, we would like to take the opportunity to let you know some of the exciting things that will be happening both in and out of school this December.

Christmas Production: THE MAGICAL CHRISTMAS JIGSAW

This Year's Christmas Production, with all of our Year 2, 3 4, 5 & 6 children, is **The Magical Christmas Jigsaw!** The children will be showcasing their talents on stage in music and voice and you are more than welcome to come along and get into the festive spirit with them.

When can I come we hear you ask? Performances will be held on:



**Thursday 12th December
at 1.30pm,**

**Thursday 12th December
at 7.00pm and,**

**Friday 13th December at
7.00pm.**

Free tickets are available from the school office from the end of November – please call 01208 841306 if you would like to book some.

Nativity Story: IT'S A PARTY

What's better than the Christmas Story at the end of the Autumn Term to get you in the mood for the Christmas holidays? Newton Class would like to share the Nativity Story with you at St James' Church on **Tuesday 17th December at 1.30pm** –



no admission fee, just a wonderful story to share the true meaning of Christmas with you. We would also like to invite you back to school afterwards for tea, coffee and mince pies!

Come and see fantastic acting, beautiful singing and the amazing talents of the children at St Kew!

Horizon Club

The school choir have been invited to sing at the Horizon Club in Bodmin, a community organisation promoting leisure, recreation and social opportunities for people with learning and physical disabilities, on Thursday 5th December and are busy practising songs and carols for this very special evening. We feel privileged to be offered this opportunity and look forward to bringing Christmas joy to Bodmin!



Church Family Service

We are delighted to be attending the St James' Church Christmas Family Service on Sunday 8th December when some of our children will be singing carols and sharing readings with you. Come and join us for an evening of carols and other traditional Christmas Service joy at 6.00pm.

Happy Christmas everyone from all at St Kew!

RM



CHILDREN'S CORNER

HO! HO! HO!



How about making this Maltesers Christmas Pudding. It is deliciously fun and really easy-peasy to make. Have a go!

Ingredients

- 125g self-raising flour
- 125g golden caster sugar
- 125g butter – leave it out of the fridge for a time so it gets soft
- 40g cocoa powder
- ½ tsp baking powder
- 3 fresh eggs
- 6tbsp chocolate buttercream icing
- 300g Maltesers
- 100g white chocolate, melted
- A few cranberries and a couple of bay leaves

Method

Put the flour, sugar, butter, cocoa, baking powder and eggs into a bowl and mix until it is light and fluffy. Pour into a greased pudding basin and bake for 45 minutes at 180°C or until a skewer comes out clean. Leave it to cool on a wire rack. Turn the pudding basin over onto a plate and tap the basin so that the cake pops out. Cover the cake with buttercream. Stick the maltesers all over the cake and pour the melted white chocolate over the top. Decorate with some bay leaves and cranberries to make it look like a Christmas pudding.

Yum! Hope you like it!



ST KEW PARISH HALL

WISH ALL THEIR USERS A

MERRY CHRISTMAS AND

HAPPY NEW YEAR

St Kew Historical Society

All talks and meetings are held at St Kew Parish Hall on the second Thursday of each month, from 7.30pm.

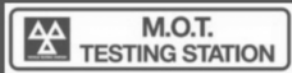
Please come along to our next meeting.

Please check our Facebook page for further details:

www.facebook.com/StKewHistoricalSociety

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COACH EXCURSIONS & TOURS

2019		2020	
7 th DEC	BATH CHRISTMAS MARKET	MARCH	VISIT BRISTOL 2 DAYS & 1 NIGHT
15 th DEC	TOUR OF CORNISH CHRISTMAS LIGHTS	APRIL	VISIT EDINBURGH TOUR
21 st DEC	SNOW WHITE @ THE EXETER CORN EXCHANGE	17TH APRIL	EXETER RACES & '80 MUSIC NIGHT
7 th JAN 2020	CINDERELLA @ THEATRE ROYAL, PLYMOUTH	AUTUMN	VISIT KENT TOUR

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Good Morning Cafe



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Wednesday term time

8.45-10.30

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Begin the rest of your day with a relaxing cuppa
Previously known as Tea'n'toast

Halloween with a difference

Sofia my great-niece, aged 8, was visiting me with her grandparents.

Having brought her outfit and makeup, and despite the weather, she was determined to carry out her trick-or-treat with a difference.

Armed with sweets, accompanied by her grand-parents, she visited the Spar shop, the Red Lion and a couple of neighbours. Her treat was to offer sweets, the trick was to request donations in aid of The Air Ambulance. The reason being they had been called out to her great-uncle Geoffrey, when he was very ill. She managed to collect £55.72 which I took to the Charity Shop in Wadebridge. They were amazed she had come down from Sheffield to do this. This week she has received a letter of thanks from the Air Ambulance.

Well done Sofia!

Auntie Doreen Bolton



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Messy Church takes place at the Perceval Institute, St Minver, PL27 6QJ on the second Saturday of every month from 10.00am to 11.30. Our next one is on December 8th. Messy Church is a fresh expression of church, suitable for all ages but particularly for families. It aims to be hospitable, creative and celebratory while being Christ-centred. We start with a free breakfast, following this with messy craft, science and games activities based on a biblical theme. We end with a celebration of song, drama, story etc. Do come and join us and give it a try! Do follow our other children/family activities on Facebook: ChildrenandfamilyNCC,

Did You Know?

Walkers offers a simple and free crisp packet recycling scheme, **which accepts all brands**. Our local public recycling point is: **Wadebridge Community Fire Station**. Please leave outside but please don't block the entrance. Check out www.terracycle.com for full details.



2020

St Kew Parish Supper

Saturday 8th February

7 for 7.30pm at the Parish Hall
3 course meal with entertainment.

All welcome!

Tickets £12 adults. £5 children

Buy in advance from

Rob Soley 841366

Pippa Bishop 841630

Joanna Pratt 841420

Or Andrew Campbell 841115

'PIECES OF EIGHT' POETRY COMPETITION 2019 (kindly sponsored by Wadebridge Bookshop)

Following last year's success, we are proud to announce our Second Competition.

This will be your chance to be published in the magazine and **win a prize!**

For the **Adults Category**, Wadebridge Bookshop is again sponsoring us with a **Prize of a £15 Book voucher** redeemable at their bookshop for the winner.

In addition, this year we are also pleased to announce there will be a **Young Poet's category**, where we are inviting poems from **young writers under 16 years of age**. The winner will receive a **Book voucher for £10**.

Simply follow the Rules below and submit your poem to us: either on-line to stkewmag@gmail.com or by post to:

'Po8' Poetry Competition
Old Court
Trelill Road
ST.KEW HIGHWAY
PL30 3DP

Competition Rules:

1. Entries are to be in English: no limit to style or form.
2. Entrants need to be resident in the Parish of St. Kew.
3. Limit of two poems per entrant.
4. Line limit: 20 lines.
5. Each entry must include which Category is being entered and contact details.
6. **Deadline** for entries:
Saturday January 11th 2020
7. The judges' decision is final.
8. The winning entries will be published in the February edition of the magazine.

Once again we look forward to reading your poems. Good luck!

What is a 'Blue Christmas' service?

From the middle of November, shops, media and advertising collude to convince us that Christmas is magical, full of joy and fulfilment. Cares are banished and laughing children reinforce the message that sadness and anxiety have no place in the festivities.

But what if bereavement and loss mean that sorrow is the overwhelming emotion felt at Christmas? How do we observe it then? 'Blue Christmas' is an American service specifically designed for those whose mood is 'blue' in this season. We will be running an Anglicised version to meet the needs of those who feel on the edge of seasonal merriment for whatever reason, or for those who would prefer a quiet, reflective service.

The service itself is very simple – selected verses of a carol and readings to narrate the Christmas story; prayers which acknowledge pain and emptiness alongside the Christian hope; and reflections which gently speaks of light in darkness. The service has

times of silence, not rushing to fill every moment with word or song and candles are lit at various points throughout the service.

It's our privilege to offer a space where the reality of life with its grief and pain does not have to be left at the church door but can sit alongside the hope and light which is the real heart of Christmas.

Refreshments will be served at the end.

This service will take place on Sunday 22nd December at 3pm at St. Endellion Church. Everyone will be warmly welcomed.

More information from:
<https://churchsupporthub.org/article/bluechristmas/>

Reverend Geraldine Ashton
North Cornwall Cluster of Churches
Email : gezzalou@aol.com
Mobile: 07957 609085

'KEW & A'

Twenty Questions & Answers

This month: Suzie Bishop, Trelill.

Childhood Hero: My father.

Hobbies: *Painting and cooking.*

Favourite Music: *Schubert String Quartet in C major.*

Favourite Book: *'The Goldfinch' by Donna Tartt.*

Favourite Film: *'Goodnight Mr Tom' (featuring John Thaw, directed by Jack Gold, 1998).*

Favourite TV Programme: *Sky News and 'Eastenders' (BBC).*

What's good about living in your village? *I live between two villages and love the peace and quiet, without being too isolated.*

What would you improve? *Slow the speed of the cars going past our house.*

I'm very good at.... *Putting off doing things.*

I'm very bad at.... *Waking early.*

A phrase I use too often is.... *'Where are my glasses?'*

Three people, dead or alive, I'd invite to dinner are.... *David Attenborough, Giles Brandreth and the great cookery writer Elizabeth David.*

I'd like to be stranded on a desert island with.... *The London Symphony Orchestra(!) and my amazing practical husband.*

I'm embarrassed by.... *Foul language.*

My proudest moment was.... *When I sold my first painting.*

The best things about Cornwall are... *The slower pace of life, the magnificent coast and the friendliness of people.*

The worst things about Cornwall are *Too many second homes and lack of taste in new builds, (glass and concrete monstrosities).*

Which of our country's laws would you change? *The persecution of war veterans.*

An over-rated public figure is.... *Jeremy Corbyn.*

In another life I would be.... *An opera singer.*

WADEBRIDGE-BASED PEACH LETTINGS WINS HIGH PERFORMING NEW AGENCY AWARD

Peach Lettings, the Wadebridge-based lettings and property management agency, won High Performing New Agency at the prestigious Agent Rainmaker Community Awards Ceremony in London last week. The Award was presented by Agent Rainmaker founder Sally Lawson, former Chairman of ARLA (Association of Residential Lettings Agents) and actress Sally Phillips of 'Miranda' fame.

Susan Rowlands and Belinda Crawford who launched Peach Lettings in February 2018 commented "We were thrilled to receive the Award. Agent Rainmaker is a collection of 'new breed' lettings agents who collaborate to raise standards across the industry – offering Landlords and Tenants alike an exceptional service. We joined this group over a year ago and it has been a tremendous support in how we have grown and nurtured Peach. It was wonderful to have our achievements acknowledged by our peers."

Peach Lettings is an independent lettings agency which focuses solely on lettings and property management. It works closely with its Landlords, advising and helping them to prepare their properties to get the best rental return. It then cares for every property in its portfolio as if it were its own, sourcing tenants who want to make it their home and look after it during their stay.

Comments Belinda, "During the last eighteen months we have worked tirelessly to create a new type of lettings agency with Peach. Times are hard for Landlords with ever changing legislation and fewer incentives to let so it's more important than ever that they work with an agency who has their interests at heart."

"Here at Peach, we make it our task to ensure the properties in our portfolio are fully compliant at all times and are looked after around the clock - giving our Landlords peace of mind and the time to get on with other things."

Peach Lettings can be found at Unit 6, 1 Bess Park Road, Trenant Industrial Estate, Wadebridge, Cornwall, PL27 6HB. Tel: 01206 226129, email: hello@peachlettings.co.uk
Website: www.peachlettings.co.uk

For further information on Peach Lettings call Susan Rowlands on 01206 226129 or email susan@peachlettings.co.uk



From left to right:

Sally Phillips – Actress
Susan Rowlands – Peach Lettings
Belinda Crawford – Peach Lettings
Sally Lawson – Agent Rainmaker

Happy 80th Birthday to George Williams

and what a way to celebrate!

An amazing £3,000 was raised by George Williams' 80th birthday celebrations back in October in aid of The Cornwall Air Ambulance New Heli Appeal.

Thank you to all of you for kindly supporting it.

In the photo with the 2 paramedics are George, Marion, Sandra and Mark Williams their daughter and son.

George and Marion Williams, Trequite, St Kew.



St Kew Playing Field Trust ... a tribute to Bob Knight on his 20 years as Chairman of the Trust, and now their President for Life.

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The Cornwall Advertisers



Bob Knight in front of the pavilion at St Kew Playing Field.

RW Bob Knight, lifelong President of St Kew Playing Field Trust

TWENTY years ago, there was a field, given over to grazing for sheep in Trellis Road, St Kew Highway, now, thanks to Bob and a trusted reliable committee all of a like mind and by sheer hard work with fundraising of all types. We have transformed this field into what we see today. A fully equipped facility for sport and recreation with full size soccer and rugby union pitches and, in the season, a very well-prepared cricket pitch. All of this complimented by

storage rooms, toilets, changing rooms and a very well-equipped pavilion with running water and cooking facilities.

Without Bob's drive, enthusiasm, determination and encouragement over the years this would not have happened. At the recent AGM of the St Kew Playing Field Trust, Bob indicated he would like to step down from the helm and hand on the Chairmanship to David Edwards. The committee

reluctantly agreed to this and in sincere recognition of his 20 years of hard work Bob was nominated and unanimously elected as President for life.

The population of the St Kew area for whom this playing field facility is intended will always give recognition to Bob for achieving his aspirations for all of the community.

John Raybould
Secretary
01208 841682
djohnraybould@btinternet.com



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The Souper lunch on 15th November raised £97 in aid of:

Children in Need



NICHOLAS THOMAS EVERY

On the 4th December 1915, the Reverend Nicholas Thomas Every died and is buried in the parish church. Born at St Veep, he gained a BA at Clare College, Cambridge in 1850, ordained deacon (Exeter), and was appointed vicar of St James the Great church at St Kew on 10th February 1852 and was therefore vicar for 64 years. It is believed that at the time he was the longest-serving parish priest in the country.

In 1851 he was a curate and living at Trequite in a house owned by Jane Curgenvin. He married a church worker Ann Eleanor Louis at Newton Abbot and in 1861 is recorded as living at the vicarage (Trescobel) with his wife, groom, cook and housemaid. Ten years later Nicholas's mother was living at Trescobel and also his brother John James Glencross Every, a Royal Navy Chaplain, who was helping him in the parish.

Nicholas Every's wife Ann died in 1907 and is buried in St James church. According to the Parish Magazine (January 1908) the burial service "will long be remembered for the reverent way it was carried out, both by the choir and the large congregation present, and the feeling of Peace, which was felt all through."

By the church organ is a brass plaque in memory of his wife "who amongst other good works beautified this church. 2nd March 1908." The organ was installed in 1903 by the Revd Nicholas in the south chapel and moved to its present position between 1927 and 1935.

John James Glencross Every had been a parson at Lanhydrock where he was buried on 21st February 1913. JJG married Ada Ruth, the second daughter of Sir Harry Onslow, of Hengar, and he was to rebuild Newton, now Lanarth, and became a Prebendary at St Endellion church (Marley's Stall). JJG's son Henry Onslow Every was born at St Kew 1875, and became a curate assisting his uncle Nicholas Every 1903-1909, and was known as Mr

Harry throughout the parish. Mr Harry sadly died 14th May 1911 and is laid to rest beside his family at Lanhydrock.

In the 1900s Nicholas Every instigated the building of an Institute on Glebe land at St Kew Churchtown so that young men of the parish could continue meeting. By 1910 a building was erected, entirely financed and built by these young men with assistance from local individuals and farmers. It was opened 29th March 1911. It was used by many parish organisations and as a reading room and games room. However, over time it was used less and less until it was closed. Being Glebe property, the Diocese sold it in the 1960s and is now a privately owned home. In 1906 Nicholas Every had erected at Amble a school for infants and for other church purposes with help from subscribers. He is also credited with building, in 1890, a protection for the Holy Well at Trescobel.

In the church sanctuary at the right of the altar is a beautiful stained glass window dedicated "To the glory of God and in memory of Ann Eleanor the beloved wife of Nicholas Every, priest, by whom with his parishioners this window was erected as a thank-offering in the 60th year of his Vicarage AD1911."



William



Bell Ringing

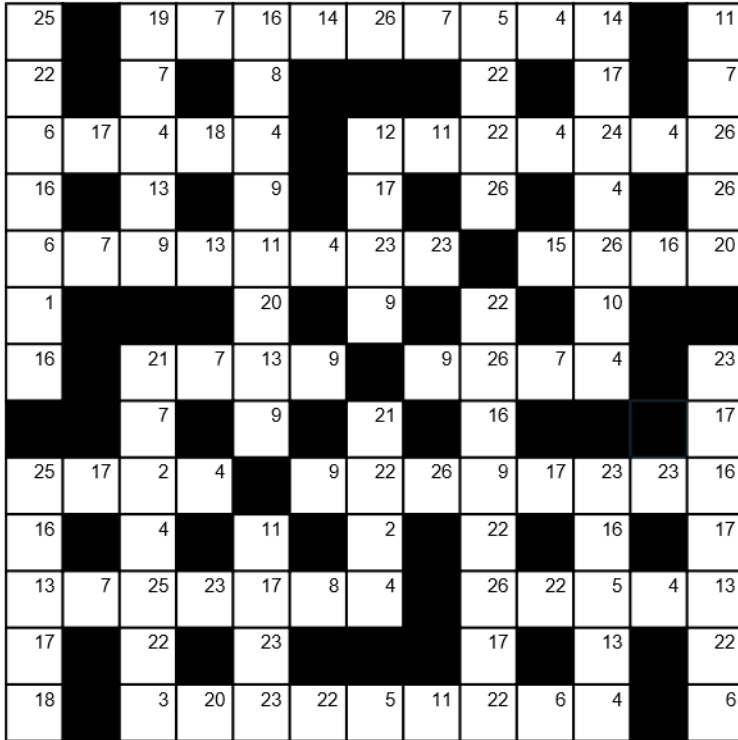
For any enquiries please phone Ken Godden on 07968 481520, or message us on our Facebook page.

Please note, evening bell ringing practices have started again. These are held every Wednesday evening from 7.30-9.00pm.

Gemma

The Puzzle Page

Codeword



21

1	2	3	4	5	6	7	8	9	10	11	12	13
14	15	16	17	18	19	20	21	22	23	24	25	26
									L			R

Sudoku

						5		3
1					6			
		2	7				1	
		9	5				6	
6					3			
						9		8
	2	6	8	5			7	
	1			4				
	8	3	6	1			4	

H6

Word Square

W	G	O
N	F	L
L	O	I

How many words of 4 letters or more can you find? No proper nouns or plurals are allowed, and the centre letter must be used in each word. There are 21 words listed in the solution, which includes **1 nine letter** word to find.

SOUPER LUNCH - December

CHRISTMAS SOUPER LUNCH



Our Christmas Souper Lunch will take place on Friday 6th December at 12.30 in the St Kew Highway Community Centre. Do come along for some Christmas cheer! We will have homemade soup,

rolls and various Christmas puddings, a raffle and some Christmas Carols.

Do come and join in!

There is no charge, but any donations will go to the charity we choose on the day.



Philippa



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An apology from the editor....

The photograph on the front cover of the November edition of Pieces of Eight was kindly supplied by Christina Jones, not Christina Ford as stated.

Sorry Christina - I've no idea how I managed that!

Nicky

GILL'S RECIPE OF THE MONTH

Lemon Polenta cake

Ingredients

- 500g butter, softened
- 500g caster sugar
- Finely-grated zest of 3 lemons & 1 orange
- 6 large eggs, beaten
- Juice of 3 lemons & 1 orange
- 1 tsp vanilla essence
- 500g ground almonds
- 300g polenta
- 2 tsp baking powder
- Icing sugar to dust

To serve

- 500g mascarpone cheese
- 175g icing sugar
- 3 tbsp fresh lemon juice

Method

- Lightly oil two 20cm loose-bottomed cake tins and line the bases with baking parchment.
- Preheat the oven to gas 4 or 180°C.
- Cream the butter and caster sugar until light and fluffy.

- Add the lemon and orange zest, mix well & add the beaten eggs slowly.
- Add the juices, vanilla essence, ground almonds, polenta and baking powder. Stir well until the ingredients are thoroughly mixed.
- Divide the mix equally between the tins and tap each tin gently to ensure there are no bubbles.
- Bake for 40 minutes, then reduce the temperature to gas 3 or 160°C & continue to cook for 40 minutes or until a skewer inserted into the cake comes out clean.
- Allow the cakes to cool in the tins.
- Beat the mascarpone, icing sugar and lemon juice together and chill until required.
- Carefully transfer the cakes to a serving plate, spread some of the lemon mascarpone mix over one cake, put the other one on top and dust with icing sugar. Serve with a further dollop of lemon mascarpone.

Editor's note: Sadly Gill is hanging up her apron and this is her last recipe for Pieces of Eight. All of us on the editorial team would like to thank her for her delicious recipes over many years. Thank you Gill.

The Old Road to Christmas

Look again, wanderer;
 November Newquay is soaked to the skin
 with wiped-out surfers and broken dreamers;
 two are beyond the break outside Berties,
 in the icy morning they argue the cost of living (and dying),
 shaking their fists at each other, then the sky.

Look again, closer;
 drive slow past the Edgcumbe
 the boarded-up ballroom echoes to the ghost
 of old country songs for all couples in love.
 How many stood by their man, how many tears had to fall?
 how many recall the steps danced last night - if at all?

But Hotel Victoria offers a welcome,
 with a Christmas-tree straight from 'The Poseidon Adventure'.
 You take your coffee by the grand, peer out beyond the bay;
 the Tolcarne's taking another pounding,
 the sea means business all the way to the Quies, up
 beyond Stepper, ready to sweep Tintagel Bridge away.

Later you leave down the slicked roads of Narrowcliff,
 your huer's hut with its cries all-alone, leave
 the slots you played on Fore Street, and the films at the Astor
 'West Side Story', 'The Guns of Navarone';
 'Oh, love is a pleasure when first tis new' –
 you take the old road to Christmas and St Kew.

David Penhale
 November 2019

Puzzle page solutions

9	8	3	6	1	7	2	4	5
7	1	5	3	4	2	6	8	9
4	2	6	8	5	9	3	7	1
5	7	1	2	6	4	9	3	8
6	4	8	1	9	3	7	5	2
2	3	9	5	7	8	1	6	4
3	9	2	7	8	5	4	1	6
1	5	4	9	3	6	8	2	7
8	6	7	4	2	1	5	9	3

Sudoku

Fill, filo, flog, flow, foil, fool, fowl, golf,
 wolf, woof, fling, flown, folio, follow,
 inflow, flowing, fooling, following,
 wolfling, woofling, following.

Word Square

N		E	N	O	H	P	L	O	L	Y	X		C
O		S		I			L		O				I
S		E		R	O		E		M		B	U	S
I		A		O		K		H		E			A
A		L		L		I		T		O		R	B
I				A		J		T		U			I
L				E		T		R		U			A
				G		O		T		Y			Z
Y				A		F		L		L		E	N
R				E		R		I		T		S	A
R				E		R		E		V		E	N
U						O				M		U	O
H						P		U		R		A	B

Codeword

Pilates Classes in North Cornwall

St Kew Community Hall

Mondays 14.30 & 16.00 - Tuesdays - 13.15 - 14.30



What does Pilates do?

- Targets the deep core stabilising muscles, improving balance and co-ordination
- Improves muscle tone, strength and joint mobility
- Improves posture, alignment and overall body awareness
- Corrects muscle imbalances and encourages pain-free movement

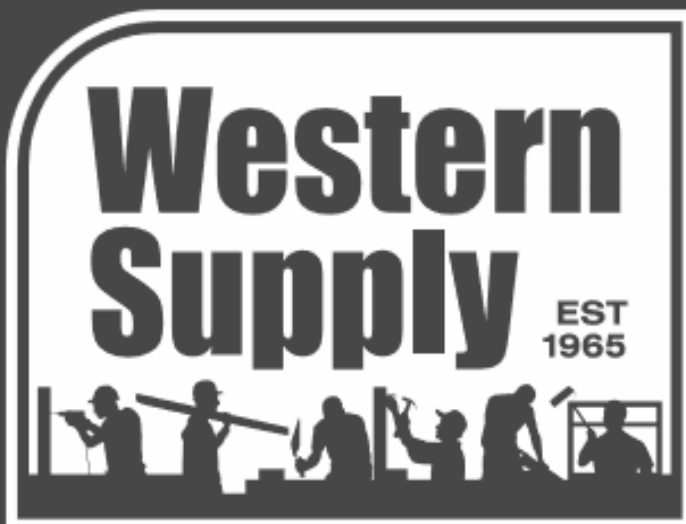
How do the classes work?

- Classes are limited to a maximum of 12 people. Small classes mean you receive good personal attention and ensure you are performing the exercises safely, and correctly.
- Classes are progressive and operate on a school term basis
- All equipment required is provided.



Martin Brooks - 07812 959 879
martin@northcornwallpilates.co.uk
www.northcornwallpilates.co.uk

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Cornwall PL33 9DN

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www.westernsupply.co.uk

St James the Great at St Kew



Calendar for January

Services are held at 9.30am unless otherwise shown.

- Sun 5th *Epiphany.* Holy Communion with Rev Dr Elizabeth Wild presiding and Rev Geraldine Ashton preaching.
- Sun 12th *Baptism of Christ.* All Age service with Rev Geraldine Ashton and Marcus Jones.
- Sun 19th *Epiphany 2.* Holy Communion with Rev Dr Elizabeth presiding and Rev Geraldine Ashton with David Elliot preaching.
- Sun 26th *Epiphany 3.* All Age service with Rev Geraldine Ashton and Rob Soley.

Calendar for February

- Sun 2nd *Candelmass.* Holy Communion with Rev Dr Elizabeth presiding and Rev Geraldine Ashton preaching.

Refuse & recycling collections over Christmas and New Year

As we go to print Cornwall Council's waste management team haven't decided on the changes to collections over the holiday period.

Please check their website over the next couple of weeks for details.

See cornwall.gov.uk & follow the links to waste collection calendar.



ST KEW HIGHWAY METHODIST CHURCH

Services held in the Community Hall at 9.30am.

Unfortunately the preachers for January hadn't arrived before we went to print.

We wish everyone a Very Merry
Christmas

The Regal in Wadebridge

Tel: 01208 812791

www.wtwcinemas.co.uk



January

- 3rd 'Jojo Rabbit'
- 10th '1917'
- 17th 'Bad Boys for Life'

Live Screenings

Book online or contact the cinema.

- 4th 'Andre Rieu - 70 Years Young' - 7.30pm
- 5th 'Andre Rieu - 70 Years Young' - 3.00pm
- 16th 'The Sleeping Beauty' - Royal Ballet. Live, 7.15pm
- 29th 'La Boheme' - Royal Opera. Live, 7.45pm



Our November Craft Night was led by members. Paper roses looked fabulous; a great creation of card, material and a cotton reel became a Christmas Tree and some handy little cardboard gift boxes for those small presents. There was something for everyone and everyone's skills!

Next month we are celebrating our birthday and Christmas with a meal together.

On 8th January we have Michael Harrison, Community Engagement Officer with Devon & Cornwall Police coming to speak. He wants to know how the police can help us.

New members are welcome to join us at any point in the year but we usually sign-up in January so pop along and meet us.

Alison
01208 841469

KEEP BRITAIN TIDY.

POLZEATH

BEACH CLEAN

HELP CLEAN YOUR LOCAL BEACH & PROTECT OUR OCEANS

JUST TURN-UP TO JOIN IN. ALL EQUIPMENT IS PROVIDED UNDER 18'S TO BE ACCOMPANIED BY AN ADULT

ALL START AT 09.30AM MEET IN MAIN CAR PARK
APART FROM MARCH & SEPTEMBER 3PM START TO MEET AT THE MARINE CENTRE

JANUARY WED 9	JULY FRI 12
FEBRUARY FRI 8	AUGUST WED 14
MARCH SAT 09 (3PM)	SEPTEMBER SAT 21 (3PM)
APRIL THURS 11	OCTOBER THURS 17
MAY FRI 10	NOVEMBER FRI 15
JUNE SAT 08	DECEMBER SAT 21

For more information please contact nickdpickles@googlemail.com

Beach Care South West SHARP'S KEEP BRITAIN TIDY.

Events outside our Parish

Other places to visit:

Bodmin Folk Club, every Friday, 8pm, The Old Library, Lower Bore Street - all welcome.

Wadebridge Folk Club, (second Thursday every month), Churchill Bars, Molesworth Street. (Tel: Mike Walford 01637 880604)

Tintagel Old Post Office (National Trust) has various events on during the month.

YHA, Treyarnon Bay, hosts live music events on most Fridays and Saturdays.

Bodmin and Wenford Railway have a number of themed events through the holiday period.

Check out Cornish Riviera box office for various productions around the County.

Eden Project

Old Town Hall, Bodmin, has various theatre & music events on.

More information about these events can be found on the following websites:

Edenproject.com endelienta.org.uk
pencarrow.co.uk bodminrailway.co.uk
facebook.com/YHATreyarnon/
Intobodmin.co.uk Cornwall365.com

Please let us know about any events you are aware of outside our area that our readers might be interested in.

Events outside our Parish

December

5th-8th Padstow Christmas Festival

1st Coppicing Work Party, National Trust, 10am- 4pm, Valency Valley, Boscastle. Meet main car park, grid reference SX 103912. Tools provided. Bring refreshments and suitable workwear.

12th Trail Maintenance with SUSTRANS volunteer rangers, 1.00pm – 4.00 pm. Sturdy footwear, dress for the weather, bring a drink if required. Meet: Hallworthy Cattle Market. Grid ref SX182879. Please contact Jon Cripps on 01208 262895 / jon.cripps@ncdc.gov.uk so we know how many people are coming.

19th Christmas Tales, 1.30pm-2.45pm and 3pm-4.15pm. Forget about the Christmas shopping for an afternoon, and join us for some festive fables around a roaring campfire. Meet: Cardinham Woods nr Bodmin, grid ref SX100666. Details: 4-7 years (first session) and 8 years+ (second session). £5 per child. Accompanying adults go free. No dogs. Booking essential. 01392 834233.

20th Santa's Den Building, 10.30am-12.30pm.

Help build Santa's den in the forest, and when finished he will come and inspect it - with gifts to thank all his little helpers! Meet: Cardinham Woods nr Bodmin, grid ref SX100666. Details: 4 years+, £7 per child. Accompanying adults go free. No dogs. Booking essential. 01392 834233.

November Beach-care



A welcome break in this run of wet miserable weather meant this was an excellent day to be out and about. We welcomed several newcomers and a couple from

Biffa and, all in all, a tremendous turnout of 30 people. Wow.

There were a few by-the-wind sailors and a couple of Portuguese men-of-war stranded (yes, it does sound like a pirates' get together) and strong lines of minute plastic on the strand lines.

We picked up 6 black sacks of mostly plastic, nothing unusual noted, with 2 bags reported elsewhere this is now 50 bags collected on Beachcare dates and 69 in total. Whilst this is well down on previous years it is a fact that more and more people are generally litter picking, which is all for the good, and so not necessarily an overall reduction on litter on beaches.

Many thanks to all who came.

Next and last 2019 BEACHCARE meet is Saturday 21st December 9.30 in the car park.

Nick



ST KEW HIGHWAY METHODIST CHURCH

Services held in the Community Hall at 9.30am.

Preachers for December

- 1st First Sunday in Advent. Church Fellowship.
 8th Advent 2. Mr Gordon Rowe
 5th Carol service. 4.00pm, Rev'd Steve Wild
 chair of district, followed by tea
 22nd Delarre Irving.
 29th Rev'd Sally Long, Communion.

Catholic Church Services

Wadebridge

St Michael's Church
 Tel:01208 72833
 Mass Sundays 8.30am
 Confessions
 Friday 10.30-11.00am

Tintagel

St Paul The Apostle
 Tel:01840 770663
 Mass Mon-Thur 10am
 Fri & Sat 6pm
 Sunday 10.00am
 Confessions:
 Before/after Mass.
 Other times on request.

Wadebridge Christian Centre

Molesworth Street, Wadebridge. Tel 01208 813110,
wadebridgechristiancentre.org

We are a lively, active, family church where everyone is welcome. We have a crèche and Sunday school, and all our children's workers are DBS checked.

Reflections

"Time, like an ever-rolling stream, bears all its sons away"

That line is from *"Our God, our help in ages past"*, written by Isaac Watts in 1708. It paraphrases Psalm 90, which was written a millennia ago. It seems that over 300 years ago, people then felt the speed at which life seems to sweep us along. So the feeling for some of us of a certain age, that there are at least two Christmases a year and probably more, is not to be wondered at. Think about it – a fifth of the 21st century has already gone! Yet when we were in our teens, life could drag terribly, when we wanted to get on with life, to succeed, and to achieve. Those of us of that certain age had to cope with National Service, two years largely wasted, feeling like ten.

By the time this is read, life might be about to be rather different, perhaps very different. For are we not having a General Election before Christmas? And the associated dilemma, which I refuse to mention, might soon be settled, perhaps? Or not? Exciting, if not something of a black cloud which hangs over us at a time when we are preparing to celebrate with our families and friends.

The real meaning of Christmas is often lost beneath the rush to buy food, presents, decorations, and, oh yes, the winter ski-ing holidays coming soon afterwards. Then there are the appeals to help those without - without a roof over their heads and even a friend to pray for them.

St James the Great at St Kew



Calendar for December

Services are held at 9.30am unless otherwise shown.

- Sun 1st *Advent 1.* Holy Communion with Rev Dr Elizabeth Wild presiding and preaching and Rev Geraldine Ashton.
 Sun 8th *Advent 2.* No morning service. 6.00pm, Carol Service with Rev Geraldine Ashton.
 Sat 14th 3.00pm Renewal of Vows. Rev Dr Elizabeth Wild.
 Sun 15th *Advent 3.* Holy Communion with Rev Dr Elizabeth Wild presiding and preaching, and Rev Rose Jones.
 Sun 22nd *Advent 4.* All Age service with Rev Geraldine Ashton.
 Tues 24th *Christmas Eve.* 4.30pm Christingle with Rev Geraldine Ashton. 11.30pm Midnight Mass with Canon Judith Pollinger with Rev Geraldine Aston preaching.
 Sun 29th Holy Communion with Preb Prof Andrew Lewis.

Schools, at least the primary schools, celebrate, and the Nativity play is enjoyed by children and parents alike. Christmas, the Nativity, was the greatest event in history. If God had not come to live as a human being, born to Mary in Bethlehem, there would be **no** Christian faith, at least as we know it, whatever else might have happened. No Christmas, no Easter, no Church – it's as simple as that. Jesus was conceived spiritually, in a way we cannot understand, but he grew to become a wandering teacher who performed deeds which were impossible. That is why we call them miracles. Yet he was born to a human mother, which made him as human as we are.

His short ministry of teaching has given our lives values to aspire to and be guided by. In particular at this time we need to remember that Jesus, although a Jew, welcomed and healed people of **all** races, such as the servant of a Roman centurion, the son of the Syrian woman, the epileptic of Gedara, the woman of Samaria, the Greeks who sought him, as well as the people of Lebanon and east of Israel.

So while all of us in the North Cornwall group of churches wish you a happy and blessed Christmas, please spare time to dwell on the real importance and meaning of the Nativity in our lives and the lives of those we love.

May God be with us all, as we prepare to enter 2020.

Peter Coster



How our Foodbank helps our community

Christmas Food Boxes

Do you know someone who is struggling and needs some extra help this Christmas? We have a limited number of dedicated 'Christmas Food Boxes' available on a **first come first served basis** for deserving people/families in the local area. Please let us know if there is anyone you would like to nominate. It can be anyone who you feel deserves a little extra for the festive season who has had a particularly difficult time this year. Please contact us via the email below and we will send through the **Nomination Form**:
contact@wadebridgefoodbank.org

Please complete the details and return to us **before the 30th November**. We will be packing the Christmas Foodboxes for collection/delivery from the week commencing **9th December 2019**.

Thank you to the Red Lion Pub at St Kew Highway for hosting a fantastic Quiz Night. We had a fun night and appreciate all your donations for the Foodbank.

Your gift-filled shoeboxes are on their way. We're really grateful to everyone who kindly donated to this year's Teams4U shoebox appeal. All your lovely gifts will be sent to deprived children and families in Belarus & Bosnia. Your shoebox will be gratefully received and make a huge difference this Christmas.

Tesco Collection

We had our Christmas hats on spreading some festive cheer at our Tesco collection. We received lots of donations which will help to create some special Christmas hampers for local people who are nominated by the professional agencies we work with.

If you need some support with any housing issues, **The HOME GROUP** can help and are running drop-in sessions at Bodmin Foodbank every Monday between 1.00-3.00pm.

We'd like to thank you all for your continued support throughout the year. We couldn't help people in our community without your kindness and generosity.

Wishing you a very Happy Christmas and a Peaceful New Year from us all at the Foodbank.

Wadebridge Foodbank, Unit 2 Trevanson Street, Wadebridge PL27 7AR Tel. 01208 815374
Registered Charity No. 1166301
Email: contact@wadebridgefoodbank.org
Website: www.wadebridgefoodbank.org

Events at St Endellion, December & January 2020

Sunday 1st December 3.00pm

The Portorius String quartet

The Quartet formed at the Guildhall School of Music and Drama in 2017 where they receive chamber music tuition from Krysia Osostowicz, leader of the Dante Quartet. They will perform string quartets by Haydn, Mozart and Beethoven. £8 to include tea and cake. Accompanied under 16s free.

Saturday 4th January

The Chris Treglown Foundation presents 'Sure on this shining night'

An evening of beautiful music to welcome in the New Year, performed by members of MJUK Music and Arts, winners of the Chris Treglown Fund. £10. Accompanied Under 16s free

Sunday 19th January, 3.00pm

Wells Cathedral School Showcase concert

Three outstanding young music students from the

school showcase their talents in this Sunday afternoon concert that has become a regular feature of the Endelienta calendar. £8 to include tea and cake. Accompanied Under 16s free

Friday 24th January, 7.30pm

Ninebarrow

The multi award-winning folk duo bring their captivating take on the folk tradition to St Endellion. Combining breathtaking vocal harmonies and melodies, they deliver songs and stories inspired by the landscape and traditions of the British Isles. A night of superb music interspersed with folklore and storytelling at its very best. £10. Accompanied under 16s free.

Tickets and information from:
www.endelienta.org.uk or 07787 944935

Events Diary December

- 4th 'Good Morning Cafe', St Kew Ace Academy, 8.45 -11.00am.
Bell ringing practice, 7.30-9.00pm.
- 5th Chair Aerobics, Community Hall, 2.00pm.
- 6th Christmas Souper Lunch, Community Hall, 12.30pm.
- 11th 'Good Morning Cafe', St Kew Ace Academy, 8.45 -11.00am.
Bell ringing practice, 7.30-9.00pm.
- 12th Chair Aerobics, Community Hall, 2.00pm.
- 18th 'Good Morning Cafe', St Kew Ace Academy, 8.45 -11.00am.
Bell ringing practice, 7.30-9.00pm.
- 19th Chair Aerobics, Community Hall, 2.00pm.

News from St Kew Parish Hall

Our annual Christmas Draw evening with music will take place on 6th December starting at 7.30pm. Raffle tickets will be on sale shortly.

Our next event in the Parish Hall will be the Parish Supper. Watch for adverts for details.

Kathy

To book the hall, please contact Lianne Sproull on 01208 841808.

The Regal in Wadebridge

Tel: 01208 812791

www.wtwcinemas.co.uk



DECEMBER

- 13th 'Jumanji: The Next Level'
- 19th 'Star Wars:the Rise of Skywalker' 2D
- 20th 'Cats'
- 27th 'Spys in Disguise'

Live Screenings: Book on-line or contact cinema

- 2nd 'Les Miserables' - the Staged Concert 6.45pm.
- 4th 'A Winter's Tale' (with Judi Dench) - Branagh Theatre - 7.30pm.
- 10th 'Coppelia' - Royal Ballet Live - 7.15pm.
- 17th 'The Nutcracker' - (Encore, the Royal Ballet 2016) - 7.15pm.
- 18th 'The King & I' - London Palladium - 7.15pm.

Recycling

Recycling takes place on a variety of days in the same week within the parish. Unfortunately December's revised recycling dates aren't on Cornwall Council's website as we go to print.

Please see their website for full details.

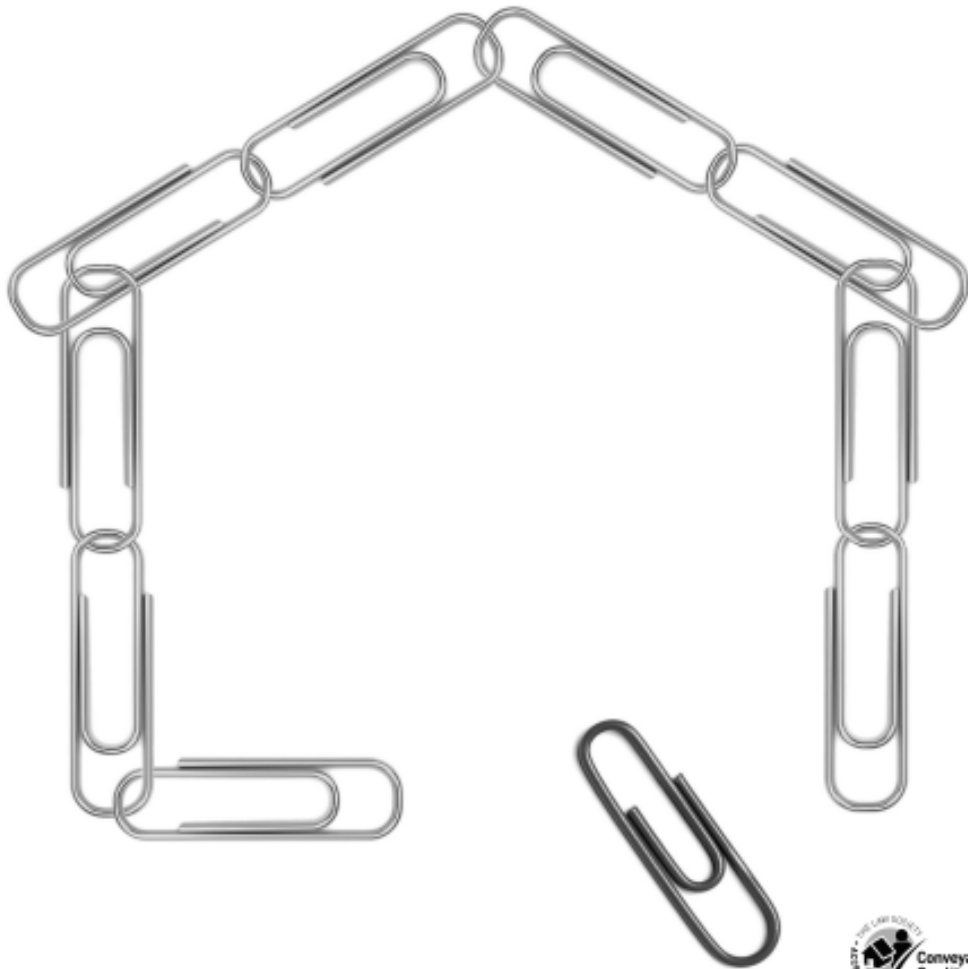
ST KEW HIGHWAY COMMUNITY HALL ONGOING EVENTS

Registered Charity No 294140

Sun	Methodist Church Service	Marion Dingle	01208 841388
Mon	Yoga 10.30am	Fiona Crompton	01208 851735
	Pilates 2.30-5.15pm	Martin Brooks	07812 959879
Tue	Pilates 1.15-2.30pm	Martin Brooks	07812 959879
Wed	1 st , 3 rd & 5 th in a month	West Country Embroiderers	
	10am-3.00pm	Pat Scarborough	01841 521323
	2 nd in month St Kew WI 7.00pm	Alison	01208 841469
Thurs	Chair Aerobics 2pm	Judy	01208 841746

**IMPORTANT : BEFORE ARRANGING YOUR EVENT AT THE HALL
CHECK AVAILABILITY AND BOOK WITH SHIRLEY ROWE 01208 841257**

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Disputes | Family | Property | Wills

Parish Council News

Chairman: Cllr A Godden

Clerk: Mrs Stephanie Tiplady

The Barn, Kitts Hill, Chapel Amble

07789 953677. stkewparish@gmail.com



The Parish Council meets in the Parish Hall, St Kew Churchtown at 7.00pm on the second Tuesday of each month. Members of the public are welcome to attend and address the meeting on any subject of concern.

St Kew Parish Council Meeting

Held on Tuesday 12th November 2019 at 7.00 pm in the Parish Hall.

Present: Chairman J Rowe, Councillors T Mott, R Godden, B Finnemore, P Bishop, A Prophet and 4 members of the public. Apologies from A Godden (chairman) J Lethbridge and Cornwall Councillor S Knightly.

Councillors were informed that the new road markings at St Kew Highway were completed. On the Trelill road by the playing fields just white lines were used but not rumble strips. The council is going to enquire why.

The road repairs to the river bank in St Kew Churchtown have been completed and a new fence erected.

The war memorial has had its annual clean up and we would like to thank The St Kew Inn for the use of their water.

It was reported that the roads were in an awful state, with mud and leaf litter clogging drains etc. County Highways seem to be set on clearing the drain covers and gullies, but this is a waste of time if the roads are covered in mud, as it rains and washes it down the gullies and continually blocks the drains. The council has arranged for Cormac to go round the parish with a councillor, so that we can show where the repairs are needed.

The council has been awarded a grant, not sure at time of writing how much, to tidy up the

parish. This includes litter picking, planting of flowers and bulbs and any verge work that would enhance the visual impact of the parish. If anyone has any ideas, let our clerk know. Something for the New Year.

Planning Applications

None at time of the meeting.

Planning Decisions

PA19/07337 - Claire and Tristram Sacher and Hambly, Willow Mill, St Kew Road, St Kew. Erection of external boiler housing to the side of converted barn and an insertion of new window in SE elevation of main house.

Approved

PA19/07306 - Mr Mark Finnemore, Pollingarrow Farm, St Kew.

Refurbishment of existing building to provide self-contained residence.

Approved

The members of the council would like to wish all the parishioners of St Kew a very Happy Christmas and a prosperous New Year.

RG

ST KEW PARISH COUNCIL Invites Tenders



Tenders are invited for the clearing of Laurel trees in the lower churchyard of St James the Great

Details and tender forms can be obtained from the churchyard liaison officer on 01208 880007. Tender closes on the 31st November 2019.



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email: stkewinn@btconnect.com

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Trevathan Farm Shop, St Endellion
Golden Lion, Port Issac
Oystercatcher, Polzeath
St Kew Inn, St Kew
The Cornish Arms, Pendoggett
Wadebridge Wines, Wadebridge
Old Custom House, Padstow
The Little Gin Shack, Wadebridge
Padstow Farm Shop, Padstow
Trebetherick Stores, Trebetherick
St Tudy Community Shop, St Tudy
Port Gaverne Hotel, Pilchards Café
Stargazy Inn, Port Issac
The Molesworth Arms, Wadebridge
St Mabyn Inn, St Mabyn



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- UK Freesat TV • 10 x 4m heated pool
- Short walk to village

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A gentle stroll from the popular village of Bédoin, Les Oliviers is so much more than a holiday rental. Owners Susan & Oliver have spent the last 18 years improving this idyllic edge-of-village property, creating what is now a veritable 'home away from home'.

Guests enjoy wifi broadband internet, a 65" curved screen TV with UK Freesat and a good selection of English books. All the bedrooms are fully air conditioned.

The heated swimming pool and pool house are enclosed for the safety of small children, as is the lower lawn.
What more could you ask for ?

Contact Tim for further details

timothy.dunn@orange.fr +33 647 662 593

