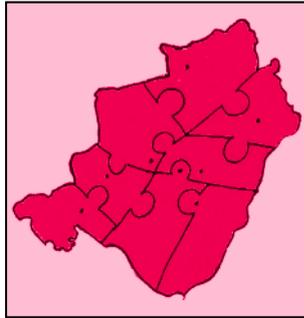


# Pieces of Eight



April 2019, Issue 248

News, views and issues from: Chapel Amble, Pendoggett, St Kew, St Kew Highway, Trelill, Tregellist, Trequite, Trewethern



Email: [stkewmag@gmail.com](mailto:stkewmag@gmail.com)

## “A pint of Tribute please”



Elsie, a long-time member of staff at the Red Lion Inn, pulls a pint for her new husband Tom. Elsie, who grew up nearby in St Breward, has worked at the Red Lion since she was 16.

**Our congratulations to the happy couple.**

*This lovely photograph is reproduced with kind permission from Photography With Grace  
email: [info@photography-withgrace.com](mailto:info@photography-withgrace.com), [www.photography-withgrace.com](http://www.photography-withgrace.com).*

**Your free guide to news and events within and around St Kew Parish**

## NEWS

APRIL



“

**Steak Night**  
every Thursday from  
5:30pm until 8:00pm

2 x 8oz Rump steaks cooked how you like +  
2 desserts of your choice for only  
£20.00.

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## EASTER WEEKEND

*19th to the 22nd of April*

**Spring** is here so we've created a new fresh menu with loads of new tapas and vegetarian delights changing nightly



### MAD MONDAY

Choose from our two course selection for £12 or make it three for just £15

### Easter is around the corner

We are celebrating with lots of live events, "Master Bbq feast cooking class" from our outside bbq / paella kitchen.

**Live 60s music on Sunday outside** (weather permitting)

Phone Wendy on 01208841271 for more info

Every  
Monday,  
Wednesday  
Thursday

We have special priced theme nights, Monday two or three courses for £12 or £15 and every Wednesday Burgers for £9 and Thursday 2 Steaks and 2 Desserts £20

Don't forget every last Sunday Night of the Month We hold our Fun Quiz Night from 8pm All welcome Anyone can win with our big style quiz

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# Welcome to Pieces of Eight

We are a free independent community magazine, published ten times a year (not January and August) covering local news, views and events in the St Kew parish area. Volunteers produce, edit and distribute the magazine to every household in the area, and to all the local churches, shops and pubs. We do hope you enjoy reading it.

We would love to hear from our readers - articles, letters, suggestions and other contributions are always welcome. Please see our contact details below.

There is also an on-line edition hosted by the Parish Council which can be found at [www.stkewparish.org.uk/PO8.html](http://www.stkewparish.org.uk/PO8.html). (*We are very grateful to the Parish Council for allowing us to use their website*).

## EDITORIAL

As I write this editorial I remember back to this time in previous years: Last year we had snow on the beaches; three years ago I was celebrating the fact that my hair had finally grown long enough to see after the previous year's chemotherapy; and four years ago watching the partial solar eclipse - getting a good view from a bedroom window.....but only by leaning right out with a few trees were blocking my view! Unfortunately the rest of the family back in Surrey missed it because it was very cloudy.

We must all have memories, good and bad, for every month of the year. How do you document them? Just memory, photograph albums or digital albums? Those photos you took of the babies & children, and you were convinced at the time that you'd remember when and where they were taken, and failed to put a date and place on the back.... can you remember now? I certainly can't! Now that everything from photos to video and documents can be stored digitally more-or-less for ever, we can simply look back on our lives with a few clicks of a mouse. How technology has changed. Provided of course that it doesn't change so much that old formats become unusable!

I'm sure you all have memories of the early years of this magazine. We'd love to print some of your reminiscences in our 250<sup>th</sup> edition in June. Please get those thinking-caps on. We've already got some lovely articles from around the parish but more would be great.

*Nicky*

Philippa Harkness - Children's page & History  
Steve Liddiard - Advertising Manager & Treasurer  
David Penhale - Events & Poet in Residence  
Nicky Pickard - Main editor who puts the magazine together, assisted by husband Mike.

## Contacting the Editorial Team

We can be contacted by email at [stkewmag@gmail.com](mailto:stkewmag@gmail.com). Please use this address for **ALL** correspondence, the in-box is checked regularly.

Alternatively you can phone Nicky's mobile - **07813 603776**. Leave a message if you can't get through and she will phone you back.

Advertisers should contact Steve, our Advertising Manager via this email address, putting 'Advertisement' in the subject line. Steve can provide information on advertising costs, space availability, formats, etc.

## Copy date for the May issue is:

***Friday 12<sup>th</sup> April***

We aim to get the printed magazine out to our distributors before the beginning of the month of issue. Please could all contributors send us your copy or advertisement as soon as possible, **before** the copy deadline. If your article or advert is going to be late it would be very helpful if you could let us know in advance.

## Note to Readers

When responding to an advertisement, **please** mention that you saw it in Pieces of Eight. This shows our advertisers that the magazine is **the** place to reach local customers.

The magazine does not accept any responsibility for any issues arising from advertisements.

Views expressed in this publication are those of its contributors and do not necessarily reflect those of the Publishers (the management committee) who reserve the right to refuse or alter any material supplied.

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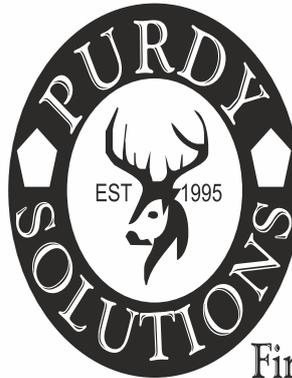


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## **St Kew Annual Parish and Annual Parochial Church Meeting.**

Every parish is legally required to hold an annual Parish Meeting to elect churchwardens, and an annual Parochial Church meeting to conduct other parish church business.

The St Kew Annual Parish and Annual Parochial Church Meeting (APCM) will be held on Monday 29th April 2019 at 7.30pm in the Parish Hall.

Any member of the Electoral Roll of the Civil Parish, or someone on the Electoral Roll of the Parish Church can attend and vote."

Church Electoral Rolls: The preparation of a new Church Electoral Roll takes place every six years, and is due this year.

The old Electoral Roll will be completely erased and all those wishing to be on the new Roll will have to re-apply. Forms will be sent to all those on the current Roll.

## **GARAGE SALE** **EASTER SUNDAY**

**21<sup>st</sup> April 2019**

**At**

**KENWYN, ST KEW HIGHWAY**

**(Opposite The Red Lion Inn car park)**  
**11.00am – 4.00pm**

**WEATHER PERMITTING**

**Garden items, bric-a-brac & 'allsorts'**

**Enquiries: 01208 841381**

## **St Kew Historical Society AGM 2019**

***March 14th, 2019 - 7.00pm***

The St Kew Historical Society 10th AGM was held on the above date at St Kew Parish Hall with only current committee members present and two society members - 10 people in all.

The minutes of AGM No 9, March 2018 were accepted (proposed by Jim Godden, seconded by Barry Cuff. Chairman's, Treasurer's and Archivist's reports were presented and accepted by all present.

All current members of the committee stood for re-election and, following thanks for the previous year from President Mr Jim Godden, an election for new committee was held. Without opposition or objections, and with no other candidates, the following committee was elected:

Chairman: Mrs. Sandy Chadwick

Archivist: Ms. Kim Appleby

Secretary: Mr John Raybould

Joint acting Treasurers: Kim Appleby and John Raybould.

Committee members elected:

Mr Barry Cuff

Mr Thom. Chadwick

Ms. June Bentley

Mrs. Judy Gray

Life President, Mr Jim Godden, also serves as committee member and vice chairman.

Following the election, the following proposals were discussed:

a) Due to a continuing lack of a permanent treasurer, John and Kim will continue to hold the reins of finance.

b) It was deemed from financial statements prepared by John and Kim that we should be in a better financial situation: Listed members not attending or paying annual subscriptions, increased costs involved in holding talks and visits, increased costs of subscriptions to outside bodies, and the cost of maintaining our archives, means that our financial situation is precarious, but not irredeemable.

c) A proposal from the Chairman was to increase membership fees from £12.00 to £15.00 pa. This was seconded by Tom and voted upon, with an 8 to 2 majority in favour. This step is now taken for the year to March AGM 2020.

If more members attend talks and visits, more non-members arrive (this fee is still £3.00 per person), and our funds are boosted to future proof the St Kew Historical Society then a reconsideration could follow in 2020.

d) We have no intention of winding up the Society, but in fact plan to improve our facilities and presentations, BUT we cannot do this without the support of our members, not just our committee.

So, please come along to our meetings and functions. See "Pieces of Eight" for details, or our Facebook page, and our soon-to-be-online new web page.

Thank you all.

*John Raybould, Secretary.*

All the news and highlights from the top of the hill! Don't forget, you can keep up with all the school antics in our monthly newsletters, published on our website: [www.st-kew.cornwall.sch.uk](http://www.st-kew.cornwall.sch.uk)

### Voice in a Million

As I write this, six of our Year 6 children are making the journey from Cornwall to London to take part in the Voice in a Million concert in March at Wembley Arena as part of the ACE Multi-Academy Trust choir! This concert is an annual event to raise awareness of adoption throughout the UK.



Our children are joining a choir of 5,000 children from around the country to sing a wide range of modern songs and enjoy the opportunity to perform with some surprise celebrities! This is such an incredible opportunity for our children to perform on such a large scale in a fabulous venue! We look forward to sharing more with you next month after their return.

### World Book Day

On Friday 8<sup>th</sup> March the corridors of St Kew were alive with a vast array of characters from books for the celebrations of World Book Day. Children buried themselves in book activities, shared a healthy snack (alongside a little treat) and invited their parents in to share a book at the end of the day. Can you spot the characters in the photo below?



### As seen on Spotlight!

Did you see us? For Comic Relief, the children signed up for the 'Move N Groove' with Radio Cornwall and David White, and strutted their stuff on the playground on Friday morning. We were filmed by presenter Martin Baille and made the cut (twice!) in their compilation on Spotlight that evening. Check out the photo below and our Facebook page if you didn't catch it, or head to Radio Cornwall's FB page for a 'catch up'.



### Science Day



Four of our More-Able scientists spent the morning at St Columb Minor school experimenting with different objects including bottle rockets & Vitamin C tablets, chicken cups (pulling string through a cup!) and creating a vacuum with a potato (maybe we shouldn't ask!). They came back to school full of 'science ideas' and so the whole school took part in British Science Week last week – well, what else can you do when the vision for your pupils is 'Discover, Learn, Develop'?

# CHILDREN'S CORNER



Can you guess what these are? The first letters of each word will spell something exciting!

\_\_\_\_ The little round chocolate things we love to eat at this time of year.

\_\_\_\_\_ It flies in the sky and takes us places.

\_\_\_\_\_ The sound we hear from the school choir.

\_\_\_\_\_ The yellow flowers that are everywhere just now.

\_\_\_\_\_ The things you can see our beautiful world with.

\_\_\_\_\_ The little bird with a red breast.

What colour are my eggs?



**WE HOPE YOU HAVE A VERY HAPPY EASTER WITH LOTS OF FUN, FAMILY AND FRIENDS!!**

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## 2019 COACH EXCURSIONS & TOURS

30 <sup>th</sup> MAR	IKEA EXETER	14 <sup>th</sup> AUG	BRITISH FIREWORK CHAMPIONSHIPS
16 <sup>th</sup> APR	BUCKFAST ABBEY, BUTTERFLIES & OTTERS	29 <sup>th</sup> AUG	SEATON TRAMWAY & SIDMOUTH
3 <sup>rd</sup> MAY	BLUEBELLS @ ENYS GARDENS	10 <sup>th</sup> SEP	TAMAR CRUISE TO CALSTOCK
8 <sup>th</sup> MAY	HELSTON FLORA DAY	7 <sup>th</sup> - 11 <sup>th</sup> OCT	AUTUMN TOUR TO OXFORDSHIRE
18 <sup>th</sup> MAY	DEVON COUNTY SHOW	16 <sup>th</sup> OCT	CLARKS SHOPPING VILLAGE & WELLS *
1 <sup>st</sup> JUN	BUCKFAST GARDEN FAYRE	25 <sup>th</sup> OCT	HALLOWEEN SPOOKTACULAR MYSTERY TOUR
11 <sup>th</sup> JUN	ST IVES & TRAIN	2 <sup>nd</sup> NOV	BRIDGWATER CARNIVAL
14 <sup>th</sup> - 17 <sup>th</sup> JUN	WEYMOUTH *	16 <sup>th</sup> NOV	LONGLEAT FESTIVAL OF LIGHT
20 <sup>th</sup> JUN	HIGHGROVE GARDENS	22 <sup>nd</sup> - 25 <sup>th</sup> NOV	TURKEY & TINSEL AT SANDOWN, ISLE OF WIGHT
1 <sup>st</sup> JUL	PAIGNTON STEAM TRAIN & PADDLE STEAMER	7 <sup>th</sup> DEC	BATH CHRISTMAS MARKET
17 <sup>th</sup> JUL	STEAM TRAIN TO MINEHEAD *	15 <sup>th</sup> DEC	TOUR OF CORNISH CHRISTMAS LIGHTS
4 <sup>th</sup> AUG	FESTIVAL OF BRITISH EVENTING	21 <sup>st</sup> DEC	SNOW WHITE @ THE EXETER CORN EXCHANGE
9 <sup>th</sup> AUG	CORNISH SEAL SANCTUARY	7 <sup>th</sup> JAN 2020	CINDERELLA @ THEATRE ROYAL, PLYMOUTH

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## TEA AND CAKE



**Wednesday 10<sup>th</sup> April 2019**  
**1.30pm to 3.30pm**

*St Kew Highway Community Hall*  
**ALL ARE WELCOME**

*Sit and chat with neighbours and friends  
or play cards or a board game.  
Solve a jigsaw, or bring your knitting.*

*There will be tea, coffee and home-made cake.*

*There is NO CHARGE, just come along and enjoy  
this community social event. This is continuous and  
will take place on the 2nd Wednesday of every  
month.*

## Our Feathered Friends

'Twitch' way did that bird go? As I write this a long-staying scarce migrant bird is in residence in Chapel Amble. The Temminck's Stint has been reported on the same field areas since New Years Eve.

A small wader about the size of a Robin, this neat little bird is enjoying the hospitality of the fields in front of the car park, and the flooded meadows behind the pub. This wader should be in Africa where it spends the winter months prior to migrating (shhh don't tell it, you might upset it!). The Temminck's breeds in the arctic tundra regions which is a quite impressive migration considering its size. The bird has been the centre of attention for a lot of twitchers and birders alike!

Garden bird watching can introduce new people to the hobby and can whet the appetite to venture further afield to seek out new birds for your listing needs, be it yearly, local, county, life, etc. Adopting a local patch is a good step for watching and recording regular, seasonal and behaviour activities in a different habitat to your garden. Listing species, numbers, and breeding evidence can also be useful in year-on-year comparisons of trends, losses, and gains, just like the RSPB's garden bird survey. You are a 'birder' and not a 'twitcher' at this stage!

I am often referred to as a twitcher by non-birding types. A twitcher is someone who goes to great lengths to view a new bird, which can involve monitoring bird hot spots, liaising with fellow twitchers, and viewing bird sites on the internet which flag up the latest bird sightings. They drive many miles,

sometimes through the night for many hours. Some even charter boats and planes in their quest to be on top of their game with an impressive sightings list. They can also become obsessed, stressed, motivated, deflated, rewarded, irritable, tired, patient, competitive, tearful and broke! The list goes on - I know as I have been there!

Thus birding at Chapel Amble provides great habitat and seasonally rewarding bird watching, the village also has the Walmsley bird sanctuary backing onto it, has plenty of wetland areas, tree cover, reed beds and the river. Chapel Amble is a great patch to adopt. Waders, small song birds, waterfowl and owls, can all be recorded throughout the year.

Spring migrants such as the Reed and Sedge Warblers return to the reed areas in late Spring and give you a good challenge to spot the song differences!

A pair of Tawny Owls flew over my car on my last Owl watch, and a Barn Owl has also been spotted, so perhaps put the parish on the map and watch for yourselves.

'Twitch' way to go? I chose being the birder, happily finding common, and occasionally rare birds (but also the odd 'twitch' - remember the Glossy Ibis in Chapel Amble a few years ago?). I didn't find it but was thrilled to see it! Remember to follow the country code and familiarise yourselves with the bird watchers code too.

Happy patch-watching or, if you want to live on the edge, happy twitching!

*Clutts, Pendoggett*

## Poetry Corner

This month, by way of a change, we're introducing two local writers who submitted their poems to our recent Poetry Competition.

### ***Golf of Ages!***

My wife asked me the other day,  
"When you eventually pass away,  
Where do you want your ashes scattered?"  
I thought a bit; it really mattered.  
Partially recovered from the shock,  
My first thought was St Enodoc.

When relaxed and at my leisure,  
What has given the greatest pleasure?  
Music sprang into my mind,  
Then family, pets and humankind.  
I ignored the obvious of course.  
But golf it was with stunning force.

I remembered playing when we were boys  
Brand new clubs instead of toys.  
Handicap cuts, then away matches.  
Famous courses, seen in snatches.  
Oh! The joy of a massive drive!  
Octogenarian? I'm still alive!

Fully recovered from the shock,  
My last thought is St Enodoc.

*David Balmford*

### ***An Ode to my Surfer***

I watched you enter the water... my heart was on fire  
I watched you mount your surfboard...I was filled with desire.

Oh to be that surfboard, to be beneath your supple form.  
it would be heaven there was no doubt.  
We could catch the waves. We could toss and turn.  
We could be weaving in and out.

I watched you paddle seawards... my heart was all aflame.  
The first wave rolled in perfectly... It knocked you flat! Oh what a shame!

You floundered in the water. You disappeared beneath the foam.  
You were no surfer that was clear.  
My heart stood still. My breathing stopped.  
I just wished you'd reappear.

You resurfaced and looked at me. A smile lit up your face.  
I offered you a rubber ring and armbands just in case.

You walked towards me and together we left the beach.  
This would be heaven I felt so sure.  
Who needs a surfer or a surfboard to make their life complete  
When there are other things to explore!

*Alison Prophet*

## Polzeath Beachcare

### **Saturday 9<sup>th</sup> March**

An excellent turn-out for the first mega-Beachclean of 2019, and many thanks to all who turned out and especially to Vickie and her PMCG colleagues at the Marine Centre for providing a splendid array of refreshments.

The weather was coolish and blustery, and again there was not very much litter on beach. A dead seabird was collected up and the start of stranded by-the-wind sailors found on the strandline - 'Summer is a coming in'

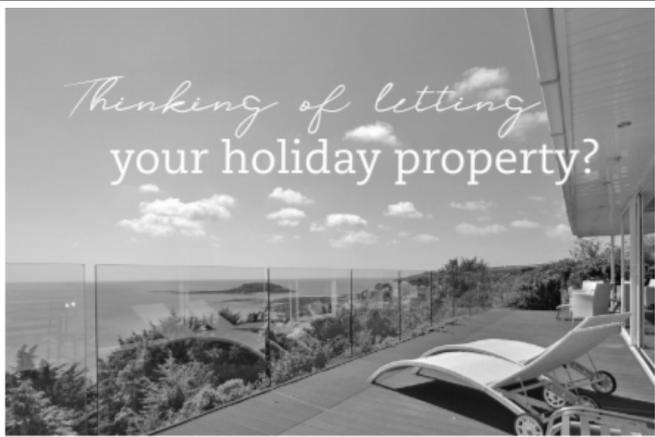
6 bags were collected on the day, with a big collection by the family of a Duke of Edinburgh award student who has chosen litter-picking as his social environmental activity for this qualification. Well done.

Overall 15 bags collected on Beachcare days, 21 reported in total.

Many thanks, and enjoy the pictures - particularly PMCG with their litter collector in action!



*Nick*



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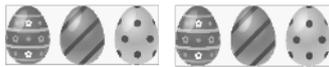
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## St. Kew Community Gardens Association

**The View from the Allotments** ..... and at last things seem to be moving forward a little.

During the fine and dry spell towards the end of February (remember that?) we actually settled down to do a bit of clearing and tidying and weeding. Tony has rotavated a strip of one plot and has dug up most of the old sweetcorn root boles (you wouldn't believe how difficult it is to lift these. I did a few and couldn't manage more than five at a time), and also some old gooseberry bushes which are past their usefulness.

And I did as promised, and weeded the asparagus beds and also tidied up around the trellises we had put in for peas. Now we are beginning to see where things can go this season and with this in mind we have ordered (and taken delivery this morning) of a whole lot of seeds and onion sets. I am the onion queen in our household and have already earmarked which strip I want Tony to rotavate next, as I like to get my sets in by the end of March if possible.

I've also cleared out the greenhouse and spread the left-over growbags over one strip on the plot. We're debating whether to grow tomatoes in the greenhouse this year, or to find instead a sheltered, south-facing spot for them. The greenhouse gets very hot indeed at times - despite painting the glass over, leaving the door and windows open at all times, and copious watering - last year's tomatoes Weren't Happy! But of course, finding a "sheltered" spot isn't so easy either, so we shall have to put our thinking-caps on. Maybe we'll just keep the greenhouse for planting seeds and growing the seedlings

on at the beginning of the season. And perhaps it would be better to grow tomatoes in the shelter of our little garden here in Kenwyn. We'll see.

We're not going to be too ambitious this year and haven't bought quite so many packets of seeds. However, we can always get more if we change our mind. As usual, we shall grow lots of different brassicas, as these are the things which, together with the leeks and parsnips, see us through to the end of April each year.

I want to mention here the "bible" we use, and have used for many years - The Vegetable Expert by Dr. D. G. Hessayon. It's the best book I have ever come across for vegetable-growing and I refer to it all the time - when to plant, how deep, how far apart, when to crop, how to store - in fact everything you might want to know. There's a companion book, too, called The Garden to Kitchen Expert which includes, as you might guess, recipes to go with the various veggies and this, too, is a useful tome.

Now, of course, we've had torrential rain and high winds again so all my plans to get on with the gardening have come to nothing. Would YOU want to be digging out there in this weather?

The weather forecast looks a bit more hopeful for the next couple of weeks though, so I am keeping fingers crossed. Then in the next article I can boast about all the stuff we've done: onions in, seedlings coming on, and so on. Maybe!

Judith Mott, [judithmott@btinternet.com](mailto:judithmott@btinternet.com),  
Tel: 01208 841312

## St Kew Historical Society

Our next talk is on **Thursday 11<sup>th</sup> April at 7.30 pm, St Kew Parish Hall.**

The guest speaker is Mr John Keast, Chairman of the Warleggan History Group:

*"The Reverend Densham, Rector of St Bartholomew's Church, Warleggan 1931-1953. For 20 years he preached to an empty Church - the myth and reality".*

A very interesting talk is promised - not to be missed. All members, guests and visitors welcome. Members free with annual membership, guests £3.00 per person. Refreshments available.

John Raybould - Secretary



*The Reverend Densham, Rector of Warleggan, 1931-1953*

## 'KEW & A'

### Twenty Questions & Answers

This month: Andy Bishop, St Kew.

**Childhood Hero:** *Robin Hood.*

**Hobbies:** *Watching rugby, antiques, growing vegetables.*

**Favourite Music:** *Franz Schubert, Jake Thackray, the Rolling Stones.*

**Favourite Books:** *'Puckoon' by Spike Milligan, 'Sapiens' by Yuval Noah Harari.*

**Favourite Film:** *'Life is Beautiful' (Italian comedy about the Holocaust(!) Dir. Roberto Benigni, 1997).*

**Favourite TV Programme:** *'Bargain Hunt' (BBC One, 2000 - to the present).*

**What's good about living in your village? ....**  
*Wildlife - (not just at St Kew pub!).*

**What would you improve?** *The road surfaces.*

**I'm very good at....** *Saying I will do something.*

**I'm very bad at....** *Actually doing it..*

**A phrase I use too often is....** *'No problem'.*

**Three people, dead or alive, I'd invite to dinner are....** *Spike Milligan, Enoch Powell, Margaret Thatcher.*

**I'd like to be stranded on a desert island with....**  
*My family.*

**I'm embarrassed by....***People being rude to staff.*

**My proudest moment was....** *Playing rugby for Cornwall Junior group.*

**The best things about Cornwall is...** *The nooks and crannies of beauty.*

**The worst thing about Cornwall are ....** *Wind and solar generators.*

**Which of our country's laws would you change?** *Change 'life for murder' to 'the death penalty'.*

**An over-rated public figure is....** *Diane Abbott (if anyone rates her!)*

**In another life I would be....** *'A sparrow, so I could look down ladies' blouses, then again if I was a sparrow I probably wouldn't want to!' (Tribute to Dudley Moore)*

## Where is it?

Dear Editor

St James church has on its Inventory a processional banner of the St Kew Womens' Institute. The photograph we have shows a beautifully crafted cotton satin and polyester image of St Kew on a red background on a cross pole. It was made by Olive Cole and Doreen Grylls – sadly no longer with us. This banner is no longer in the church and hasn't been for some years. I know Molly Givan did tell me once where it ended up but I failed to make a note. To keep the inventory up to date I would like to know

what happened to the St Kew Women's Institute Banner. I would be most grateful if, through the great communication tool that is our Parish Magazine, this could be published in the hope there is someone out there who may know the whereabouts, or disposal of, the St Kew Women's Institute processional banner.

Yours sincerely,  
William Garland

01208 881134  
w.garland@outlook.com

## Mobile Post Office

The mobile Post Office calling points each week are as follows:

### Monday

St Merryn	08.45-10.00
Rock	11.00-12.30
<b>St Kew Highway (Community Hall)</b>	<b>13.30-15.00</b>

### Tuesday

Tintagel	09.30-11.30
South Petherwin	12.45-13.45

### Wednesday

Tintagel	09.30-11.30
Port Isaac	12.30-13.30
St Issey	14.00-15.00

### Thursday

St Merryn	08.45-10.00
Rock	11.00-12.30
<b>St Kew Highway (Community Hall. Please note the new time)</b>	<b>14.00-15.00</b>

### Friday

Tingagel	09.30-11.30
Crackington Haven	12.45-13.45



## Allen Valley Singers

As it says poetically, in Ecclesiastes, 'To every time, there is a season and a time for every purpose under the heaven. A time to get and a time to cast away'. So it is with the Allen Valley Singers, who have completed 25 years since its inception in 1994 and 21 years under the baton of Janette Man, ably partnered throughout by a superb pianist, Steve Tyrrell.

As with life itself, the Allen Valley Singers has run its course and therefore a decision has been made to disband the choir. Fresh fields beckon for all and experiences need to be widened. Hopefully we will keep in contact with our friends, the members, particularly the Committee who have worked so tire-

lessly over the years to support and encourage us. There will be musical occasions where we can meet up and enjoy new ideas and share the knowledge, gained by individual experiences.

We thank all the choir members for their loyalty, also all the 'helpers' that have contributed so much over the years and grateful thanks to Janette Man and Steve Tyrrell for their masterful and inspiring leadership.

I thank the editors for all their support for the copy that has been sent regularly each month.

Keep on singing everyone, let music enrich your lives. All best wishes. Allen Valley Singers

*Joyce Hargrave-Wright (Dr.), Publicity*

### OUR MAGNIFICENT NATIONAL HEALTH SERVICE

In 2012, a routine CAT scan revealed a small aneurysm, or bubble, on my aorta - the big artery supplying the lower body. This was monitored every six months by ultra-sound scans. The November 2018 scan revealed that it had grown quite quickly so that alarm bells rang in the NHS Vascular system.

On January 24<sup>th</sup> this year I woke in the middle of the night with what I thought was indigestion. We'd had friends in the night before so I wasn't too surprised. I prodded the offending area and discovered that I was able to feel a pulsating lump in my tummy below my ribs. Oops!

I rang Port Isaac and after stressing the urgency of the situation and was able to get an almost immediate appointment with Dr Garland. After feeling my tummy, he and his system went into overdrive. He said "I'm afraid we'll have to admit you!".

I was in an ambulance, siren and blue lights, destined for Treliske by 10.45, and there by 11.30. I had had a CAT scan by 12.15 and met my vascular surgeon at 12.30. I was under the knife by 14.30 and by 18.30 was in bed, in a ward and awake. There had been a surgeon, a theatre, a 12 person team, all the equipment and spare parts, a ward and a bed available. Quite incredible.

Two days after a major abdominal operation (key-hole surgery) I walked out of hospital and got into a friend's car. By 17.30 on the 26<sup>th</sup> January I was at home; the fantastic team had put a stent in my aorta and the only discomfort I had was from a 1" incision in each groin; paracetamol and one aspirin a day was the only medication I needed.

### WHY IS IT THAT WE ONLY EVER HEAR BAD NEWS ABOUT OUR MAGNIFICENT NHS?

*David Balmford*

### A Point of Interest...

On 7<sup>th</sup> January 2019, an email was received by the PCC Secretary, William Garland (via Gavin Tyler, the North Cornwall Cluster of Churches Communications Officer) from Bob Archer (a designer from Lewisburg, Oregon, USA), requesting an image of St Kew for a parishioner of the St Anne Orthodox Christian Church who had taken St Kew as her patron saint. As there was no individual image of St Kew, the St Kew History Society Archivist Kim Appleby immediately took a photograph, which was forwarded to Bob. He was able to create an icon, and sent us this photograph which shows Lillian, with the icons, and her god parents.



# The Puzzle Page

## Codeword

10	21	17	8	20	23		21	26	5	4		2
21		1		8		25		1		26		1
19		21	6	4	1	18		1	21	15	1	24
19		24		26		26		6		8		4
	19	1	24	5		22	21	24	5	4	26	11
13				1		13				22		26
21	2	9	21	6	21		1	16	16	1	5	1
2		1				21		21				6
21	11	1	17	1	24	24		22	21	2	1	
26		5		10		7		5		1		2
11	17	4	6	1		1	3	18	21	17		8
18		26		22		12		21		21		21
1		11	21	5	1		16	17	21	14	1	26

## Sudoku

			8		2			
5								1
		6		5		3		
		9		1		8		
1								2
			9		7			
	6	1		3		7	8	
	5						4	
	7	2		4		1	5	

## Word Square

O	V	F
I	T	R
A	E	U

How many words of 4 letters or more can you find?

No proper nouns are allowed and the the centre letter must be used in each word. There are 45 words listed in the solution, which includes **1 nine letter** word to find.

1	2	3	4	5	6	7	8	9	10	11	12	13
												H
14	15	16	17	18	19	20	21	22	23	24	25	26
	V	F										

## A snippet from Sproull Solicitors' blog:

'According to the latest figures released by the Land Registry, there is one road in Cornwall where the average house price is more than £1.7m. More than 60 properties sold for six figure sums in 2018.

The most expensive street in Cornwall, according to 2018 figures, is Peden Moran in St Mawes where the average price is £1,725,000. The second most expensive street is Treverbyn Road in Padstow where the average price is £892,500.

Lower Lux Street in Liskeard brings up the rear as the least expensive road in the County with an average price of £59,725.

Looking across the rest of the country, the most expensive street in England and Wales in 2018 was Grosvenor Court in Belgravia, London, where the average price is £33.1m. There are also 1,246 streets in England and Wales where the average price was £1m or more, slightly down on 2017 and 2016.

*For the statisticians amongst you, averages for each road are based on the median of all sale prices in 2018 and streets with fewer than three sales are excluded'.*

For Sproull contact details please see their advert.



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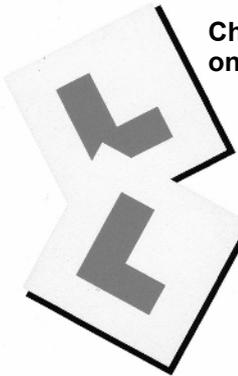
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# GILL'S RECIPE OF THE MONTH

## Hot Cross Scones - a lovely Easter treat.

Makes 8. Takes 15 minutes to make, and 15 minutes to bake.

### Ingredients

- 225g self raising flour, plus a little extra for dusting.
- 75g butter, softened.
- 40g light muscovado sugar.
- 75g small sultanas.
- 50g mixed peel.
- 4 tbsp milk, plus extra for brushing.
- 50g plain flour.
- 2 tbsp caster sugar.
- 1tsp mixed spice.
- 1 egg.

### Method

- Pre-heat the oven to 220 °c, gas 7.
- Sift the flour into a large bowl. Rub in the butter with the finger tips and then stir in the muscovado sugar, sultanas, peel and spice.

- In a jug, beat together the egg, milk and a pinch of salt. Pour into the flour mixture and bring together to make a soft dough.
- Roll out the dough, no thinner than 2cm.
- Using a 4cm cutter, stamp out rounds without twisting. Re-roll the trimmings and stamp out more. Place on a baking sheet and brush with milk.
- Make the crosses by mixing together the plain flour and 1-2 tablespoons water and roll to a smooth dough.
- Roll out and cut into thin strips. Put a cross on the top of each scone, brush with milk, then bake for 15 minutes until well risen and golden.
- For the glaze, dissolve the caster sugar in 2 tablespoons of water. Brush the tops of the scones with the mixture as soon as they come out of the oven.
- Cool slightly on a rack and eat whilst still warm split and spread with butter, or leave to cool and serve with jam and clotted cream.

## St Kew Highway Methodist Church

The church are looking for someone to help them out.

Their organist is leaving the area and they are looking for someone to play the organ on Sunday mornings from 9.30 to 10.30 am.

If there is anyone who can help, or needs more information, please phone Marion Dingle on 01208 841388.



## Souper Lunch

At the Souper Lunch on 15<sup>th</sup> March we collected £70.67, which was for the Shelter Box "Tent for Lent" project.

WG

## Dementia Aware Wadebridge 2019 "Sharing Helpful Actions"



Following on from the success of the first conference in 2018 this event provides the opportunity for all interested parties to come together

to share experiences to enable Wadebridge to become even more Dementia Aware and Memory Friendly.

This conference is reaching out to local organisations, care providers, carers, and those living with dementia to explore the helpful actions that we can all be doing to make a big difference to people living with memory loss.

Dementia Aware Wadebridge 2019 "Sharing Helpful Actions" is taking place on Tuesday 9<sup>th</sup> April 2019, from 9.30am to 4.00pm at the John Betjeman Centre, Wadebridge.

Speakers will be sharing information on approaches that are helpful including the use of the natural environment, research underpinning helpful approaches, the things that social enterprises and retailers are doing to help. To involve as many participants as possible the Conference is free to attend.

To book a place, please use:  
[www.eventbrite.co.uk/e/dementia-aware-wadebridge-2019-sharing-helpful-actions-tickets-54401684904](http://www.eventbrite.co.uk/e/dementia-aware-wadebridge-2019-sharing-helpful-actions-tickets-54401684904), or phone Sandra on 07706 056308.

## Pilates Classes in North Cornwall

St Kew Community Hall

Mondays 14.30 & 16.00 - Tuesdays - 13.15 - 14.30



### What does Pilates do?

- Targets the deep core stabilising muscles, improving balance and co-ordination
- Improves muscle tone, strength and joint mobility
- Improves posture, alignment and overall body awareness
- Corrects muscle imbalances and encourages pain-free movement

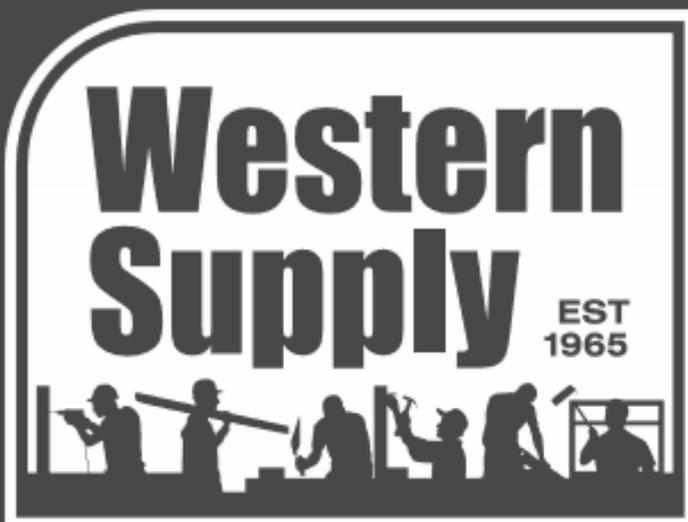
### How do the classes work?

- Classes are limited to a maximum of 12 people. Small classes mean you receive good personal attention and ensure you are performing the exercises safely, and correctly.
- Classes are progressive and operate on a school term basis
- All equipment required is provided.



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# LEST WE FORGET

April 2019

## The Commonwealth War Graves Commission (CWGC).

This month it is the 70<sup>th</sup> Anniversary of the death of the person who brought the CWGC into being. Fabian Arthur Goulstone Ware was born at Clifton, Bristol on 17 June 1869 and, *inter alia*, became a school master, Director of Education for the Transvaal, and Editor of the *Morning Post*.

In the Great War he commanded a mobile unit of the British Red Cross serving with the French army. His unit's task was to search for British wounded and missing in the district which had been over-run by the Germans during the retreat from Mons, and to convey them back to British lines or to a British base.

He soon recognised the need both to locate and record the graves of soldiers killed in action. In 1915 the War Office officially recognised his registration commission and, in 1917, by Royal Charter, the Imperial War Graves Commission (IWGC) - later the Commonwealth War Graves Commission - was charged with undertaking the reburial of the fallen soldiers of Britain and her empire in permanent cemeteries.

At the end of the war there was the enormous task of recording the details of the dead. By 1918 some 587,000 graves had been identified and a further 559,000 casualties were registered as having no known graves.

Fabian Ware devoted his time exclusively to the Commission throughout the 1920s and 1930s. He was knighted in 1922. During the second world war he combined his IWGC duties with those of Director-General of graves registration and inquiries.

Sir Fabian Ware died on 28 April 1949 in Branwood House Hospital, Gloucester, and is buried in the Holy Trinity Churchyard, Amberley, Gloucestershire. His grave has a CWGC style headstone.

To quote A.J.A. Morris in his book on Major-General Sir Fabian Arthur Goulstone Ware: "It was Ware's inspiration, imagination, dedication, and determination combined with considerable diplomatic skill and political finesse that ensured that throughout the world there are cemeteries, quiet, dignified, immaculately maintained, welcomingly familiar in the guise of English gardens, providing a permanent and fitting reminder of the individual's sacrifice made by British and dominion service personnel in two world wars.



William





## ST KEW GARDENING CLUB

### AGM

The AGM of the association will be on Monday the 15<sup>th</sup> of April, at 7.30pm in the Community Hall, St Kew Highway.

Where the St Kew Garden Show will be discussed, and we will also discuss the winding-up of the Gardening Club. Would all members of the club, and anyone who is interested please attend.

stkewgardenignclub@hotmail.com, or phone the Chairman on 01208 880007

RG

## Events outside our Parish

### Regular events at St Endellion

Endelienta Poetry Group, Book Club and Family Make Club. Please visit the website (see below), or phone or email for details.

### March

30<sup>th</sup> - 5<sup>th</sup> April Boscastle walking week.  
31<sup>st</sup> Pencarrow House, shop and cafe open for the season.

More information about these events can be found on the following websites:

[endelienta.org.uk](http://endelienta.org.uk)

[pencarrow.co.uk](http://pencarrow.co.uk)

[visitboscastle.com/events/boscastle-walking-week-2](http://visitboscastle.com/events/boscastle-walking-week-2)

*Please let us know about any events you are aware of outside our area that our readers might be interested in.*

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FEBRUARY FRI 8	AUGUST WED 14
MARCH SAT 09 (3PM)	SEPTEMBER SAT 21 (3PM)
APRIL THURS 11	OCTOBER THURS 17
MAY FRI 10	NOVEMBER FRI 15
JUNE SAT 08	DECEMBER SAT 21

For more information please contact [nickdpickles@googlemail.com](mailto:nickdpickles@googlemail.com)

Beach Care | South West Water | SHARP'S | KEEP BRITAIN TIDY.

## Pieces of Eight needs you....

**Drum roll please... This year we will be celebrating the 250<sup>th</sup> edition of Pieces of Eight!**

We are only a few editions away from our 250<sup>th</sup> (numbered) edition and we're planning a special issue to mark the event. We would love to hear from anyone involved in the magazine over the years, especially the editors from the early years, and previous incarnations, so we can help make this a very special anniversary.

### Personal Column

Do you have a birth, birthday, engagement, marriage, significant anniversary, or perhaps a family bereavement that you would like to record in these pages? We are hoping to start a personal column for you to let everyone know.

As always, please contact us by email at [stkewmag@gmail.com](mailto:stkewmag@gmail.com) or give me a ring. We'd love to hear from you.

Nicky

## Don't Forget....

British Summer Time starts at 01.00am on Sunday, 31 March. Don't forget to put clocks forward 1 hour!

BST ends at 02.00am on Sunday 27 October.



## ST KEW HIGHWAY METHODIST CHURCH

Services held in the Community Hall at 9.30am.

### Preachers for March

31<sup>st</sup> Rev'd Michael White (Mothering Sunday)

### Preachers for April

7<sup>th</sup> Church Fellowship

14<sup>th</sup> Rev'd Alistair Sharp (Palm Sunday)

21<sup>st</sup> Rev'd Sally Long  
Communion (Easter Sunday)

28<sup>th</sup> Rev'd Michael White

### Catholic Church Services

#### Wadebridge

St Michael's Church  
Tel:01208 72833  
Mass Sundays 8.30am  
Confessions  
Friday 10.30-11.00am

#### Tintagel

St Paul The Apostle  
Tel:01840 770663  
Mass Mon-Thur 10am  
Fri & Sat 6pm  
Sunday 10.00am  
Confessions:  
Before/after Mass.  
Other times on request.

### Wadebridge Christian Centre

Molesworth Street, Wadebridge. Tel 01208 813110,  
wadebridgechristiancentre.org

We are a lively, active, family church where everyone is welcome. We have a crèche and Sunday school, and all our children's workers are DBS checked.

### AN EARLY EASTER MESSAGE

'Early, on the first day of the week, **while it was still dark**, Mary Magdalene came to the tomb.'

...while it was still dark - a reminder that Resurrection comes, not, as the saying is 'out of a clear blue sky' but out of **darkness**; out of the darkness of the night; out of the darkness of despair, out of the darkness of sorrow, pain, abandonment and grief. And even more astonishingly, Resurrection comes out of the darkness of death.

We've only to look at Easter cards to see that Easter is most often illustrated as a festival of the morning - with bright sunshine, flowers and lambs frolicking - and there's nothing wrong with this, for the visible return of Spring raises all our spirits.

But we need also to be aware that the natural symbolism of Spring may so dominate the Easter celebrations that the Easter message may lose its radical character, its cutting edge.

For the reality we experience in the natural world is death and decay - while Easter proclaims the oppo-

## St James the Great at St Kew



### Calendar for April

Sun 7<sup>th</sup> *Lent 5, Passion Sunday.* 9.30am, Holy Communion with Rev Dr Elizabeth Wild and David Elliott.

Sun 14<sup>th</sup> *Palm Sunday.* 9.30am, All age Service of Worship.

Fri 19<sup>th</sup> *Good Friday.* 10.30am, All Age Passion Play.

Sun 21<sup>st</sup> *Easter Day.* 9.30am, Holy Communion with Preb Prof Andrew Lewis.

Sun 28<sup>th</sup> *Easter 2.* 9.30am, All Age Service of Worship.

### Calendar for May

Sun 5<sup>th</sup> *Easter 3.* 9.30am, Holy Communion with Canon Judith Pollinger.

site; Out of desolation and despair, out of wickedness and cruelty, out of the anguish and agony of the cross comes victory. In raising Christ from the dead, God has done a totally new thing, has performed an act of new Creation.

Here indeed is good news and especially today for those who're experiencing illness, pain and sorrow; those of our sisters and brothers who are at this moment being nailed to the cross in places of famine, conflict and natural disaster in our world; it's good news for those for all who're mourning the death of dear ones, whether of lives cut short by illness or combat; it's good news for all who are experiencing human cruelty, oppression and injustice.

For the God of Easter is the God who shares in human suffering, who in Christ Jesus has drunk to the full the cup of suffering and drained it to its dregs. Good news indeed!

*Judith Pollinger*



## How our Foodbank helps our community

As a nation, we don't expect anyone to be left hungry or destitute. There may be many reasons why someone can find themselves in crisis; illness, disability, family breakdown or the loss of a job can happen to any one of us.

### Food Donations

We receive kind donations from local schools, churches, businesses, organisation and individuals. The impact of a donation is huge, we see first-hand how it can help restore dignity and revive hope.

### Food is sorted and stored

We have around 30+ volunteers who give up their time to sort the food and make food boxes. They also provide a free hot drink, a listening ear and additional support where needed to help break the cycle of poverty.

### Professionals identify people in need.

So how does it work? Our Foodbanks work with a variety of professional services who hold our Red Vouchers, such as social workers, schools, doctors, housing officers, health visitors, Children's Centres, mental health workers or Citizens Advice to name a few. If you are not in contact with anyone, we can signpost you so that we know that you will get the best possible support with your specific crisis. Our Foodbanks are committed to providing people with 3 days' worth of nutritionally balanced food, in exchange for a foodbank voucher.

### A Fisherman's Story...

Spring in Cornwall sounds wonderful. People spend time in our wonderful county but living and working here can be a challenge. Last Spring, after a harsh spell of relentless wind and rain and the 'Beast from the East' the foodbank had a visit from a very reluctant customer. He was a fisherman who had been going to sea since he was 12 years old. He lived in a tiny fisherman's cottage

but even that was proving too expensive to heat. When the weather took a turn for the worse, the fishing boats were unable to get out to sea. By the time he plucked up courage to come to us he hadn't eaten for days, had run out of money for light, heat and cooking and in his words couldn't understand how he had been 'reduced to this'. We sat together, had a cup of tea, a chat and talked things over.

Thanks to local people helping their community, we sent him off with food and hygiene products for him and food for his dog. The following week he came back to see us and seemed a different man. He had a spring in his step and was pleased to say a skipper had called him to say they would be going to sea at the end of the week.

If you would like to donate, we are in need of long-life fruit juice, rice, toiletries, toilet rolls, washing-up liquid, washing powder and household cleaning items (no bleach please).

### Additional Help

Emergency food is the first step in helping many people access other services and support which can help get their lives back on track. We are currently working with Cornwall Housing and Eccabi as part of the European Social Fund Programme running the FREE Money Box courses which help with confidence building, budgeting and managing finances. Please do not hesitate to contact us if you'd like further information about this.

### Tickets are on sale for our Camping Weekend at Mother Ivey's Holiday Park from the 14<sup>th</sup>-16<sup>th</sup> June:

£30 for an electric pitch and £26 for a non-electric pitch.

**Wadebridge Foodbank, Unit 2 Trevanson Street, Wadebridge PL27 7AR Tel. 01208 815374**

**Registered Charity No. 1166301**

**Email: [contact@wadebridgefoodbank.org](mailto:contact@wadebridgefoodbank.org)**

**Website: [www.wadebridgefoodbank.org](http://www.wadebridgefoodbank.org)**



In March we held our Annual General Meeting and a few changes have been made within our Committee.

We have been very grateful to Audrey who has been our Treasurer for 8 years and so we accepted her resignation after her sterling service. She was presented with a flowering planter. The new committee begins with the start of our new programme.

Alison Gill - President

Becky Allen - Secretary

Frances Eggins - Treasurer

Committee Members - Audrey Copus, Brenda Peter and Steph Thomas.

On Wednesday 10th April we are holding a bowling evening.

We have just celebrated our 97<sup>th</sup> birthday and would really like to make it to our 100<sup>th</sup> ! But we would love to see new members.

We always have a variety of speakers - Trading Standards on Scams (something that can happen to anyone of us!). A guided walk in Fowey following the interesting speaker last year, plus a Beach Clean in July.

Last month some visitors came and they said what a lovely friendly group we are. We are mixed ages, not all retired and not all into crafts. Always something for everyone and always tasty refreshments!

We meet on the 2nd Wednesday of every month - check in the Pieces of Eight for the latest information, or see our Facebook page.

AG

## Events Diary - April

- 3<sup>rd</sup> 'Good Morning Cafe', St Kew Ace Academy, 8.45 -11.00am.  
Bellringing practice, 7.30 - 9.00pm.
- 4<sup>th</sup> Chair Aerobics, Community Hall, 2.00pm.
- 10<sup>th</sup> Tea and Cake, Community Hall, 1.30 - 3.30pm
- 10<sup>th</sup> Bellringing practice, 7.30 - 9.00pm.
- 17<sup>th</sup> Bellringing practice, 7.30 - 9.00pm
- 24<sup>th</sup> 'Good Morning Cafe', St Kew Ace Academy, 8.45 -11.00am.
- 24<sup>th</sup> Bellringing practice, 7.30 - 9.00pm.
- 25<sup>th</sup> Chair Aerobics, Community Hall, 2.00pm.
- 26<sup>th</sup> Souper Lunch, Community Hall, 12.30pm.

### News from St Kew Parish Hall

Our annual Spring Fair and coffee morning will take place on 11th May starting at 10.30am.

Do come and get a bargain. The plant stall is always very special.

*Kathy*

To book the hall, please contact Leanne Sproull on 01208 841808.

### The Regal in Wadebridge

Tel: 01208 812791

[www.wtwcinemas.co.uk](http://www.wtwcinemas.co.uk)



### April

- 5<sup>th</sup> Missing Link  
Shazam!
- 8<sup>th</sup> Wonder Park
- 19<sup>th</sup> Red Joan
- 25<sup>th</sup> Avengers: Endgame

### Live Screenings

Book on-line or contact cinema.

Tues 2<sup>nd</sup> 'La Forza del Destino'. Royal Opera House, 6.15pm.

Thurs 11<sup>th</sup> 'All About Eve'. NT, live, 7.00pm.

Weds 17<sup>th</sup> 'As You Like It'. RSC, live, 7.00pm.

Tues 30<sup>th</sup> 'Faust'. Royal Opera House, 6.45pm.

### Recycling

Recycling takes place on a variety of days in the same week within the parish. Recycling collections are in the weeks beginning 8<sup>th</sup> & 22<sup>nd</sup> April.

**Please see the Cornwall Council website for full details.**

## ST KEW HIGHWAY COMMUNITY HALL ONGOING EVENTS

(Registered Charity No 294140)

- |               |   |                 |               |
|---------------|---|-----------------|---------------|
| <b>Sun:</b>   | Methodist Church Service  | Marion Dingle   | 01208 841388  |
| <b>Mon:</b>   | Yoga 10.30am  | Fiona Crompton  | 01208 851735  |
|               | Pilates 2.30pm - 5.15pm   | Martin Brooks   | 07812 959 879 |
| <b>Tue</b>    | Pilates 1.15pm-2.30pm   | Martin Brooks   | 07812 959 879 |
| <b>Wed:</b>   | 1st, 3rd and 5th in month -<br>West Country Embroiderers 10am - 3pm | Pat Scarborough | 01841 521323  |
|               | 1st in month - St Kew Playing Field Trust                           |                 | 7.00pm        |
|               | 2nd in month - St Kew WI  | Becky Allen     | 01208 841798  |
|               | 3rd in month- Gardening Club  | Richard Godden  | 7.30pm        |
| <b>Thurs:</b> | Chair Aerobics  | Pat             | 01208 841260  |
|               |   |                 | 2pm           |

### SOUPER LUNCH

Our next Souper Lunch will take place on Friday 26<sup>th</sup> April at 12.30 in the St Kew Highway Community Hall.

We get together to share a bowl of home-made soup and to chat to neighbours and friends.



**Do come along and see for yourselves!**

**IMPORTANT : BEFORE ARRANGING YOUR EVENT AT THE HALL  
CHECK AVAILABILITY AND BOOK WITH SHIRLEY ROWE 01208 841257**



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## Parish Council News

**Chairman:** Cllr J Lethbridge

**Clerk:** Cindy Powell,

Rockhurst, Trethburgy, St Austell, PL26 8YF

Email: [clerk@stkewparish.org.uk](mailto:clerk@stkewparish.org.uk)



The Parish Council meets in the Parish Hall, St Kew Churchtown at 7.00pm on the second Tuesday of each month. Members of the public are welcome to attend and address the meeting on any subject of concern.

### St Kew Parish Council Meeting, held on Tuesday 12<sup>th</sup> March at 7.00 pm in the Parish Hall.

Present: Chairman J Lethbridge, Vice Chairman A Godden, Councillors J Rowe, B Finmore, J Rickard, T Mott, P Bishop and R Godden, Cornwall Councillor Stephen Knightley and 2 members of the public.

Councillor S Knightley informed the meeting that the Cornwall Council budget was set at 3.9% increase on last year.

The council has had complaints of parking at the junction of Tretawn Terrace and Trelill Road at St Kew Highway, making it difficult to exit the junction. We should all be reminded that it is an offence to park within 10 metres or 32 feet of a junction. No one wants to see yellow lines in St Kew Highway, so can we all respect the law and park considerately.

The parish council is considering making a Parish Plan and will invite an expert to the annual meeting on the 14<sup>th</sup> May. A Parish Plan deals with what people want to see in the parish and can limit the type and quantity of development that takes place. If any one is interested in what happens in St Kew Parish, please attend the meeting in the Parish Hall.

I see many people walking around the roads of St Kew, we have many public footpaths that you can walk, some with stunning views. All you need is a good pair of shoes or boots and a OS Pathfinder map to explore our beautiful parish.

### Planning Applications

**PA19/01161** - Trevathan Farm shop and Tea room. Extend dining area.

**Recommend approval**

### Planning decisions by Cornwall Council

**PA18/11255** - Mr & Mrs Pennington, Menhay, Pendoggett. Revised plans.

**Approved**

**PA18/05446** - Ms C Hill, The Bothy, Hendra Lane. Certificate of lawfulness as a dwelling house.

**Approved**

**PA18/00005** - Mr R Harris land North of Pendethys, Trelill. Outline planning for a single dwelling.

**Approved**

RG



# PLANT SALE Cakes & Produce

Saturday 5<sup>th</sup> May at the  
Community Hall St Kew  
Highway,  
starts 10.30



**Rainbows**

**Come and Join  
Rainbows**

<b>What we do</b> Making friends Outdoor activities Badges and skills crafts and cooking	<b>Tuesdays</b> 5pm - 6.30pm <b>1st St Minver Rainbows</b> Trewint Lane, PL27 6LU Girls aged 5-7
--	--

**How to Join**  
Go to [www.girlguiding.org/join-us](http://www.girlguiding.org/join-us)  
**Tel: 07872381680**  
Find us on Facebook: 1st St Minver Rainbows



Pengenna  
Manor

TICKETS:  
01208 612221  
[www.pengenna.co.uk](http://www.pengenna.co.uk)



NEW  
DINING  
EVENT!

# Sunday Lunch Club

Sunday 28th April at 1pm

Join us and guest chefs The Round Kitchen for a fantastic Sunday lunch with a difference! Come together with neighbours and friends old and new to enjoy great food and feast together at this private venue.

**Starter, big sharing main course, dessert, AND wine for only £45 per person. Tickets strictly limited so booking essential! Visit us online to find out more - [www.pengenna.co.uk](http://www.pengenna.co.uk)**



## St Kew Inn

*A beautiful 15<sup>th</sup> century Inn, bursting with character.  
We serve delicious home-made food using the best local produce.  
You will always find a friendly welcome in this traditional local "pub"*

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email: [stkewinn@btconnect.com](mailto:stkewinn@btconnect.com)

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Golden Lion, Port Issac  
Oystercatcher, Polzeath  
St Kew Inn, St Kew  
The Cornish Arms, Pendoggett  
Wadebridge Wines, Wadebridge  
Spar Stores, Polzeath  
Old Custom House, Padstow  
The Little Gin Shack, Wadebridge  
Padstow Farm Shop, Padstow  
Trebetherick Stores, Trebetherick  
St Tudy Community Shop, St Tudy  
Bin Two, Padstow  
Ark, Atlantic Highway A39  
Port Gaverne Hotel, Pilchards Café  
Stargazy Inn, Port Issac  
The Molesworth Arms, Wadebridge  
St Mabyn Inn, St Mabyn

*Geoff, Karen and all the staff welcome you to*

*The Cornish Arms, Pendoggett*



**A 16<sup>th</sup> Century Country Inn**

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Open all day every day from 11:30 a.m

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**OUR QUALITY PUB FOOD is served everyday from 12 noon-2.30 & 5.30-8.30.**

**SUNDAY LUNCHTIME ROAST AVAILABLE.**

**Monday-Friday lunchtimes Our “SMALLER APPETITES” menu is available  
with 2 courses for £7.95.**

Please see our website & Facebook page for the details of our menus and live music  
at the Cornish Arms throughout April

**‘HAPPY HOUR’ EVERY FRIDAY 4.00-6.00pm**

**ALL DRAUGHT BEER & HOUSE WINE £2.50 a pint/175ml glass**

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Website: [www.cornisharmspendoggett.co.uk](http://www.cornisharmspendoggett.co.uk) We are also on facebook.