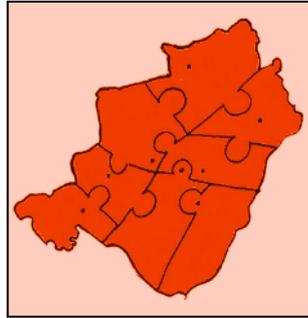


Pieces of Eight

December



December 2019, Issue 255

News, views and issues from: Chapel Amble, Pendoggett, St Kew, St Kew Highway, Trelill, Tregellist, Trequite, Trewethern

Email: stkewmag@gmail.com



Why is Granddad's grass so lumpy? I'd run much faster on a smooth lawn!

Your free guide to news and events within and around St Kew Parish

NEWS

DEC / JAN



“
January brings Australia Day bbq and quiz and our steak night is running all through December and January

Watch out for details of the menu for AUSTRALIA DAY BBQ AND SALAD TABLE IN JANUARY
This year it's on Saturday the 25th
Aussie quiz on the 26th January

IT'S LOOKING A LOT LIKE CHRISTMAS

Book your Christmas party with us

Christmas Village and Trains are now up and running bigger and better, so pop in for a pint or a wine or even dinner with the kids and watch the display



AVAILABLE FOR PRIVATE HIRE

Book your private function with us come in and talk so we can bespoke your event

We are taking bookings for your

Christmas party, we have our menus up on our web site for your perusal or we can bespoke to your requirements
Phone Wendy on 01208841271 for more info

The lights are on and the trains are running, Santa's been and seen all the kids. Which means Christmas is in full swing here at the RED LION

New Years Eve Dinner Dance

The menu is up on our web site check it out!

An à la carte menu with 4 courses to choose from
Live music + party music
And lots of bubbly

Call 01208841271 for more info

Don't forget our **BOXING NIGHT QUIZ** it's a tradition now
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Welcome to Pieces of Eight

We are a free independent community magazine, published ten times a year (not January and August) covering local news, views and events in the St Kew parish area. Volunteers produce, edit and distribute the magazine to every household in the area, and to all the local churches, shops and pubs. We do hope you enjoy reading it.

We would love to hear from our readers - articles, letters, suggestions and other contributions are always welcome. Please see our contact details below.

There is also an on-line edition hosted by the Parish Council which can be found at www.stkewparish.org.uk/PO8.html. (*We are very grateful to the Parish Council for allowing us to use their website*).

EDITORIAL

We wish all our readers, advertisers and distributors a happy Christmas and a peaceful & prosperous New Year.

The year seems to have flown by as usual. Summer is already a distant memory, and it is time for comforting food, bracing walks (if we ever get past the horrible wet weather of the last few weeks of course) and relaxing evenings by the fire before the build-up to the festive season.

Perhaps more than any other time of year Christmas is a time for thinking about those less fortunate than ourselves. Often it is the smallest things that count for most - sparing some time to help an elderly or infirm neighbour, donating to the local Foodbank or homeless shelter, or simply putting spare change in a charity collection box for example. Whatever you can do, it will help someone, somewhere.

Thank you to everyone for all your contributions throughout the year, especially to 'Clutts of Pendoggett' and Gill whose birding and recipe columns respectively came to an end this year. We would love to include more short (up to 500 words or so) articles about local events, or about any subject that would be of interest to our readers. If you would like to write for us - regular features or one-off articles - please let us know at stkewmag@gmail.com.

Finally a huge thank you to our advertisers for their support, to Phil the printer, and especially to our distributors who deliver the magazine to you all whatever the weather.

We'll be back in February, happy Christmas everyone.

The Editorial Team are:

Philippa Harkness - Children's page & History
Steve Liddiard - Advertising Manager & Treasurer
David Penhale - Events & Poet in Residence
Nicky Pickard - Main editor who puts the magazine together, assisted by husband Mike.

Contacting the Editorial Team

We can be contacted by email at stkewmag@gmail.com. Please use this address for **ALL** correspondence, the in-box is checked regularly.

Alternatively you can phone Nicky's mobile - **07813 603776**. Leave a message if you can't get through and she will phone you back.

Advertisers should contact Steve, our Advertising Manager via this email address, putting 'Advertisement' in the subject line. Steve can provide information on advertising costs, space availability, formats, etc.

Copy date for the February issue is:

Friday 17th January

We aim to get the printed magazine out to our distributors before the beginning of the month of issue. **Please could all contributors send us copy or advertisements as soon as possible, and before the copy deadline.** If your article or advert is going to be late it would be very helpful if you could let us know in advance.

Note to Readers

When responding to an advertisement, **please** mention that you saw it in Pieces of Eight. This shows our advertisers that the magazine is **the** place to reach local customers.

The magazine does not accept any responsibility for any issues arising from advertisements.

Views expressed in this publication are those of its contributors and do not necessarily reflect those of the Publishers (the management committee) who reserve the right to refuse or alter any material supplied.

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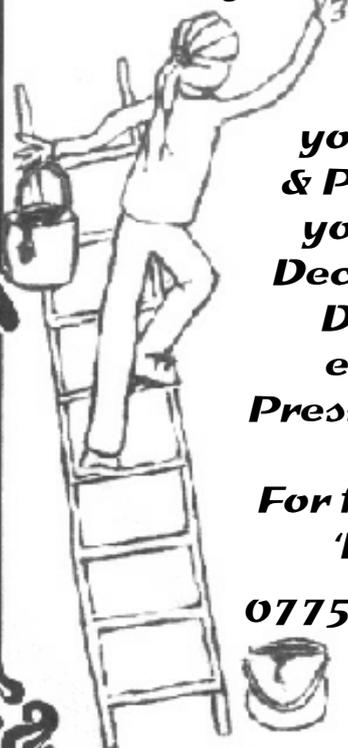
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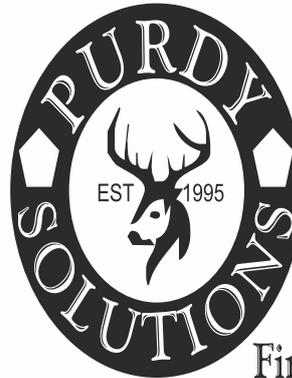


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St. Kew Community Gardens Association

The View from the Allotments..... and all I can see is driving rain

Do you remember that Crystal Gayle song from ca. 1978, which had the lines: "I've had enough of this continual rain I'm ready for the times to get better" Well, Crystal, I'm with you! It seems as though we're fighting a losing battle. We have one dry day and can't do anything anyway, because the ground is too heavy, then back comes the rain for the next three days.

The plots look really forlorn and neglected (ours, anyway, as some of our members have made strenuous efforts to tidy up and turn over their patches). But this is the time we should be lifting all the old brassica roots and the maize stalks and outdoor tomatoes. But all I'm doing at the moment is going round to lift a few leeks and parsnips for the table and then belting back home through the RAIN!

In fairness, I have done a little bit of work and stacked the glass panels we had used for the tomatoes. But I need a few consecutive days when I can tackle a whole patch ready for rotavating.

We had a lot of grapes on the one vine we planted three years ago and the other three are looking sturdy and happy. The grapes were too sour to use as fruit, so I boiled them down with some water, added lots of preserving sugar and made a grape jelly. It's still a bit sharp but would go very well with pork, I think – must try it next time we have roast loin of pork on a Sunday.

We had a successful AGM at the Red Lion Inn on 31 October, with members representing 14 plots in attendance. The committee was voted in again unchanged – don't know whether it's inertia or overall unwillingness to change! Whatever, we shall soldier on for another year.

Anyway, for now let's just say, forget Crystal Gayle – has anyone got a **crystal ball** to tell me what the weather's going to do for the next few weeks!!

We have a few plots available for the coming year, so do get in touch if you are interested. We ourselves may be giving up one of our own, or perhaps half of one, so if you would like a "starter" plot, let us know.

Judith Mott, judithmott@btinternet.com
Tel.: 01208 841312



The editorial team would like to wish all our readers, advertisers, contributors, and distributors a happy Christmas and a healthy, peaceful and prosperous New Year.



ST KEW HIGHWAY COMMUNITY HALL

WISH ALL THEIR USERS A MERRY CHRISTMAS AND A HAPPY NEW YEAR

Mobile Post Office

The mobile Post Office calling points each week are as follows:

Monday

St Merryn	08.45-10.00
Rock	11.00-12.30
St Kew Highway (Community Hall)	13.30-15.00

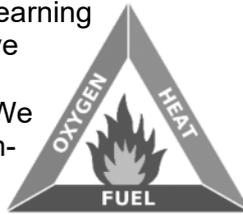
Thursday

St Merryn	08.45-10.00
Rock	11.00-12.30
St Kew Highway (Community Hall)	14.00-15.00

All the news and highlights from the top of the hill! Don't forget, you can keep up with all the school antics in our monthly newsletters, published on our website: www.st-kew.cornwall.sch.uk

The Fire Triangle

Ask any child at St Kew how to start a fire and you may find the answer includes 'Dragon Snot!' All children from 3 year olds in Pre-School to 11 year olds in Year 6, have been busy learning the 3 things a fire needs and have been starting their own using Flint and steels independently! We have even enjoyed toasting gigantic marshmallows over them ☺

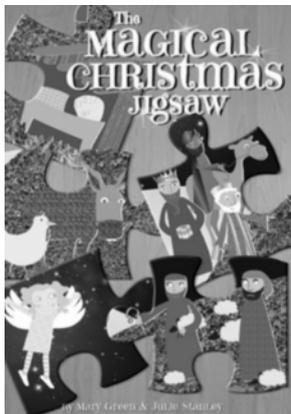


As we roll on towards our exciting plans for the Christmas period, we would like to take the opportunity to let you know some of the exciting things that will be happening both in and out of school this December.

Christmas Production: THE MAGICAL CHRISTMAS JIGSAW

This Year's Christmas Production, with all of our Year 2, 3 4, 5 & 6 children, is **The Magical Christmas Jigsaw!** The children will be showcasing their talents on stage in music and voice and you are more than welcome to come along and get into the festive spirit with them.

When can I come we hear you ask? Performances will be held on:



**Thursday 12th December
at 1.30pm,**

**Thursday 12th December
at 7.00pm and,**

**Friday 13th December at
7.00pm.**

Free tickets are available from the school office from the end of November – please call 01208 841306 if you would like to book some.

Nativity Story: IT'S A PARTY

What's better than the Christmas Story at the end of the Autumn Term to get you in the mood for the Christmas holidays? Newton Class would like to share the Nativity Story with you at St James' Church on **Tuesday 17th December at 1.30pm** –



no admission fee, just a wonderful story to share the true meaning of Christmas with you. We would also like to invite you back to school afterwards for tea, coffee and mince pies!

Come and see fantastic acting, beautiful singing and the amazing talents of the children at St Kew!

Horizon Club

The school choir have been invited to sing at the Horizon Club in Bodmin, a community organisation promoting leisure, recreation and social opportunities for people with learning and physical disabilities, on Thursday 5th December and are busy practising songs and carols for this very special evening. We feel privileged to be offered this opportunity and look forward to bringing Christmas joy to Bodmin!



Church Family Service

We are delighted to be attending the St James' Church Christmas Family Service on Sunday 8th December when some of our children will be singing carols and sharing readings with you. Come and join us for an evening of carols and other traditional Christmas Service joy at 6.00pm.

Happy Christmas everyone from all at St Kew!

RM



CHILDREN'S CORNER

HO! HO! HO!



How about making this Maltesers Christmas Pudding. It is deliciously fun and really easy-peasy to make. Have a go!

Ingredients

- 125g self-raising flour
- 125g golden caster sugar
- 125g butter – leave it out of the fridge for a time so it gets soft
- 40g cocoa powder
- ½ tsp baking powder
- 3 fresh eggs
- 6tbsp chocolate buttercream icing
- 300g Maltesers
- 100g white chocolate, melted
- A few cranberries and a couple of bay leaves

Method

Put the flour, sugar, butter, cocoa, baking powder and eggs into a bowl and mix until it is light and fluffy. Pour into a greased pudding basin and bake for 45 minutes at 180°C or until a skewer comes out clean. Leave it to cool on a wire rack. Turn the pudding basin over onto a plate and tap the basin so that the cake pops out. Cover the cake with buttercream. Stick the maltesers all over the cake and pour the melted white chocolate over the top. Decorate with some bay leaves and cranberries to make it look like a Christmas pudding.

Yum! Hope you like it!



ST KEW PARISH HALL

WISH ALL THEIR USERS A

MERRY CHRISTMAS AND

HAPPY NEW YEAR

St Kew Historical Society

All talks and meetings are held at St Kew Parish Hall on the second Thursday of each month, from 7.30pm.

Please come along to our next meeting.

Please check our Facebook page for further details:

www.facebook.com/StKewHistoricalSociety

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15 th DEC	TOUR OF CORNISH CHRISTMAS LIGHTS	APRIL	VISIT EDINBURGH TOUR
21 st DEC	SNOW WHITE @ THE EXETER CORN EXCHANGE	17TH APRIL	EXETER RACES & '80 MUSIC NIGHT
7 th JAN 2020	CINDERELLA @ THEATRE ROYAL, PLYMOUTH	AUTUMN	VISIT KENT TOUR

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Wednesday term time

8.45-10.30

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Halloween with a difference

Sofia my great-niece, aged 8, was visiting me with her grandparents.

Having brought her outfit and makeup, and despite the weather, she was determined to carry out her trick-or-treat with a difference.

Armed with sweets, accompanied by her grand-parents, she visited the Spar shop, the Red Lion and a couple of neighbours. Her treat was to offer sweets, the trick was to request donations in aid of The Air Ambulance. The reason being they had been called out to her great-uncle Geoffrey, when he was very ill. She managed to collect £55.72 which I took to the Charity Shop in Wadebridge. They were amazed she had come down from Sheffield to do this. This week she has received a letter of thanks from the Air Ambulance.

Well done Sofia!

Auntie Doreen Bolton



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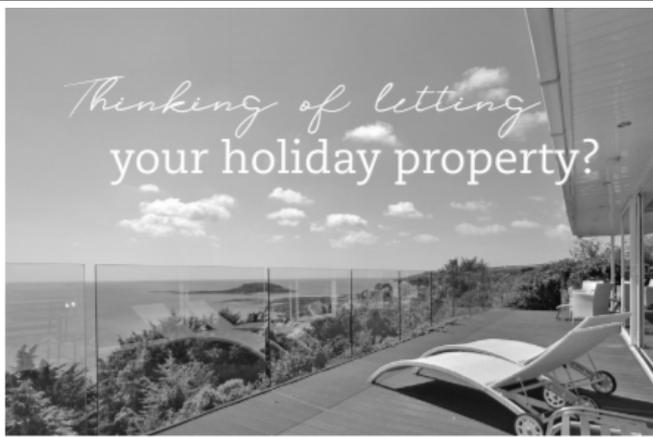
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Did You Know?

Walkers offers a simple and free crisp packet recycling scheme, **which accepts all brands**. Our local public recycling point is: **Wadebridge Community Fire Station**. Please leave outside but please don't block the entrance. Check out www.terracycle.com for full details.



2020

St Kew Parish Supper

Saturday 8th February

7 for 7.30pm at the Parish Hall
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Joanna Pratt 841420

Or Andrew Campbell 841115

'PIECES OF EIGHT' POETRY COMPETITION 2019 (kindly sponsored by Wadebridge Bookshop)

Following last year's success, we are proud to announce our Second Competition.

This will be your chance to be published in the magazine and **win a prize!**

For the **Adults Category**, Wadebridge Bookshop is again sponsoring us with a **Prize of a £15 Book voucher** redeemable at their bookshop for the winner.

In addition, this year we are also pleased to announce there will be a **Young Poet's category**, where we are inviting poems from **young writers under 16 years of age**. The winner will receive a **Book voucher for £10**.

Simply follow the Rules below and submit your poem to us: either on-line to stkewmag@gmail.com or by post to:

'Po8' Poetry Competition
Old Court
Trelill Road
ST.KEW HIGHWAY
PL30 3DP

Competition Rules:

1. Entries are to be in English: no limit to style or form.
2. Entrants need to be resident in the Parish of St. Kew.
3. Limit of two poems per entrant.
4. Line limit: 20 lines.
5. Each entry must include which Category is being entered and contact details.
6. **Deadline** for entries:
Saturday January 11th 2020
7. The judges' decision is final.
8. The winning entries will be published in the February edition of the magazine.

Once again we look forward to reading your poems. Good luck!

What is a 'Blue Christmas' service?

From the middle of November, shops, media and advertising collude to convince us that Christmas is magical, full of joy and fulfilment. Cares are banished and laughing children reinforce the message that sadness and anxiety have no place in the festivities.

But what if bereavement and loss mean that sorrow is the overwhelming emotion felt at Christmas? How do we observe it then? 'Blue Christmas' is an American service specifically designed for those whose mood is 'blue' in this season. We will be running an Anglicised version to meet the needs of those who feel on the edge of seasonal merriment for whatever reason, or for those who would prefer a quiet, reflective service.

The service itself is very simple – selected verses of a carol and readings to narrate the Christmas story; prayers which acknowledge pain and emptiness alongside the Christian hope; and reflections which gently speaks of light in darkness. The service has

times of silence, not rushing to fill every moment with word or song and candles are lit at various points throughout the service.

It's our privilege to offer a space where the reality of life with its grief and pain does not have to be left at the church door but can sit alongside the hope and light which is the real heart of Christmas.

Refreshments will be served at the end.

This service will take place on Sunday 22nd December at 3pm at St. Endellion Church. Everyone will be warmly welcomed.

More information from:
<https://churchsupporthub.org/article/bluechristmas/>

Reverend Geraldine Ashton
North Cornwall Cluster of Churches
Email : gezzalou@aol.com
Mobile: 07957 609085

'KEW & A'

Twenty Questions & Answers

This month: Suzie Bishop, Trelill.

Childhood Hero: My father.

Hobbies: *Painting and cooking.*

Favourite Music: *Schubert String Quartet in C major.*

Favourite Book: *'The Goldfinch' by Donna Tartt.*

Favourite Film: *'Goodnight Mr Tom' (featuring John Thaw, directed by Jack Gold, 1998).*

Favourite TV Programme: *Sky News and 'Eastenders' (BBC).*

What's good about living in your village? *I live between two villages and love the peace and quiet, without being too isolated.*

What would you improve? *Slow the speed of the cars going past our house.*

I'm very good at.... *Putting off doing things.*

I'm very bad at.... *Waking early.*

A phrase I use too often is.... *'Where are my glasses?'*

Three people, dead or alive, I'd invite to dinner are.... *David Attenborough, Giles Brandreth and the great cookery writer Elizabeth David.*

I'd like to be stranded on a desert island with.... *The London Symphony Orchestra(!) and my amazing practical husband.*

I'm embarrassed by.... *Foul language.*

My proudest moment was.... *When I sold my first painting.*

The best things about Cornwall are... *The slower pace of life, the magnificent coast and the friendliness of people.*

The worst things about Cornwall are *Too many second homes and lack of taste in new builds, (glass and concrete monstrosities).*

Which of our country's laws would you change? *The persecution of war veterans.*

An over-rated public figure is.... *Jeremy Corbyn.*

In another life I would be.... *An opera singer.*

WADEBRIDGE-BASED PEACH LETTINGS WINS HIGH PERFORMING NEW AGENCY AWARD

Peach Lettings, the Wadebridge-based lettings and property management agency, won High Performing New Agency at the prestigious Agent Rainmaker Community Awards Ceremony in London last week. The Award was presented by Agent Rainmaker founder Sally Lawson, former Chairman of ARLA (Association of Residential Lettings Agents) and actress Sally Phillips of 'Miranda' fame.

Susan Rowlands and Belinda Crawford who launched Peach Lettings in February 2018 commented "We were thrilled to receive the Award. Agent Rainmaker is a collection of 'new breed' lettings agents who collaborate to raise standards across the industry – offering Landlords and Tenants alike an exceptional service. We joined this group over a year ago and it has been a tremendous support in how we have grown and nurtured Peach. It was wonderful to have our achievements acknowledged by our peers."

Peach Lettings is an independent lettings agency which focuses solely on lettings and property management. It works closely with its Landlords, advising and helping them to prepare their properties to get the best rental return. It then cares for every property in its portfolio as if it were its own, sourcing tenants who want to make it their home and look after it during their stay.

Comments Belinda, "During the last eighteen months we have worked tirelessly to create a new type of lettings agency with Peach. Times are hard for Landlords with ever changing legislation and fewer incentives to let so it's more important than ever that they work with an agency who has their interests at heart."

"Here at Peach, we make it our task to ensure the properties in our portfolio are fully compliant at all times and are looked after around the clock - giving our Landlords peace of mind and the time to get on with other things."

Peach Lettings can be found at Unit 6, 1 Bess Park Road, Trenant Industrial Estate, Wadebridge, Cornwall, PL27 6HB. Tel: 01206 226129, email: hello@peachlettings.co.uk
Website: www.peachlettings.co.uk

For further information on Peach Lettings call Susan Rowlands on 01206 226129 or email susan@peachlettings.co.uk



From left to right:

Sally Phillips – Actress
Susan Rowlands – Peach Lettings
Belinda Crawford – Peach Lettings
Sally Lawson – Agent Rainmaker

Happy 80th Birthday to George Williams

and what a way to celebrate!

An amazing £3,000 was raised by George Williams' 80th birthday celebrations back in October in aid of The Cornwall Air Ambulance New Heli Appeal.

Thank you to all of you for kindly supporting it.

In the photo with the 2 paramedics are George, Marion, Sandra and Mark Williams their daughter and son.

George and Marion Williams, Trequite, St Kew.



St Kew Playing Field Trust ... a tribute to Bob Knight on his 20 years as Chairman of the Trust, and now their President for Life.

30 NCA 2 Oct - 5 Nov

(01208) 815096 | enquiries@cornwalladvertisers.co.uk | northcornwall-today.co.uk

The Cornwall Advertisers



Bob Knight in front of the pavilion at St Kew Playing Field.

RW Bob Knight, lifelong President of St Kew Playing Field Trust

TWENTY years ago, there was a field, given over to grazing for sheep in Trellis Road, St Kew Highway, now, thanks to Bob and a trusted reliable committee all of a like mind and by sheer hard work with fundraising of all types. We have transformed this field into what we see today. A fully equipped facility for sport and recreation with full size soccer and rugby union pitches and, in the season, a very well-prepared cricket pitch. All of this complimented by

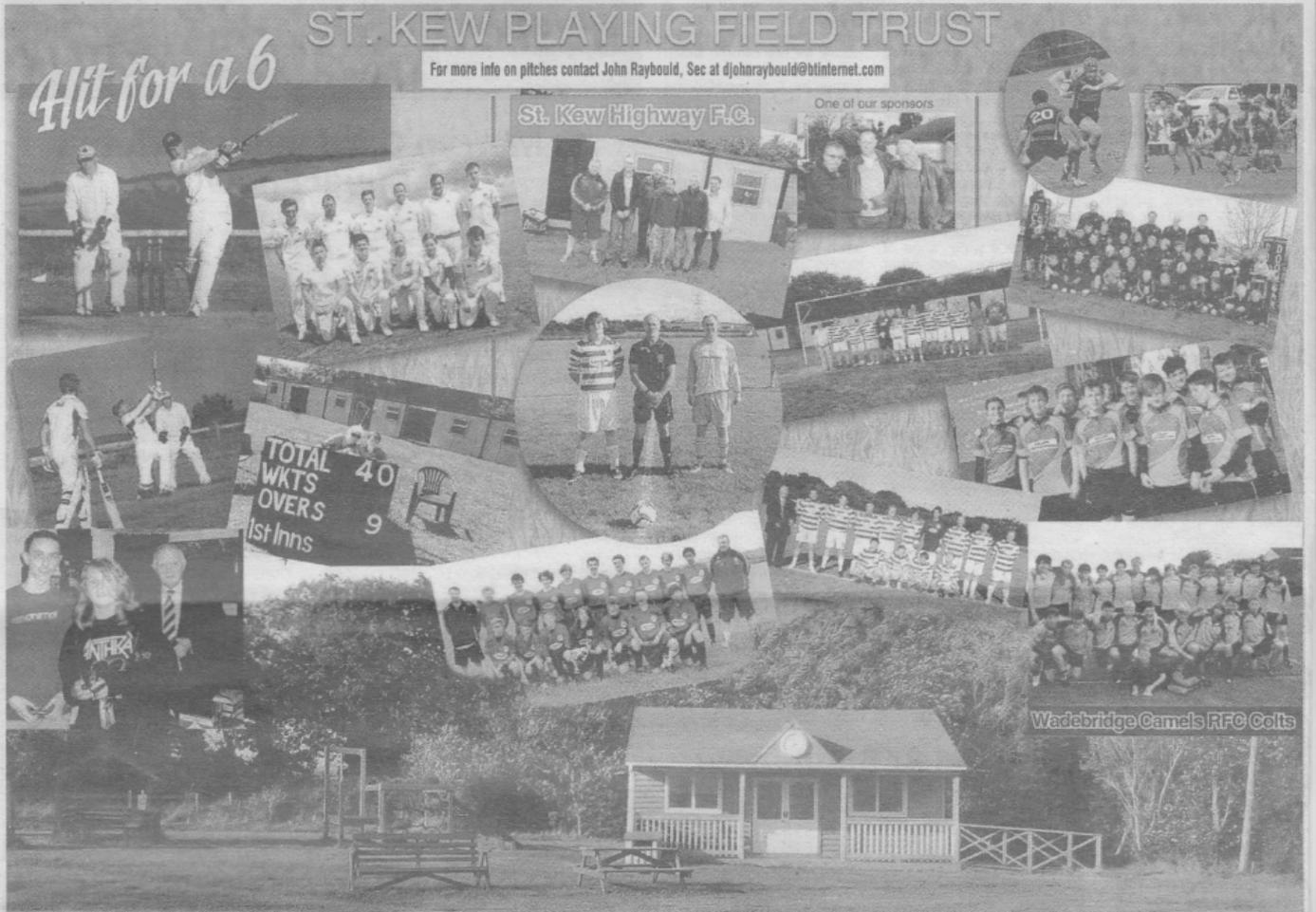
storage rooms, toilets, changing rooms and a very well-equipped pavilion with running water and cooking facilities.

Without Bob's drive, enthusiasm, determination and encouragement over the years this would not have happened. At the recent AGM of the St Kew Playing Field Trust, Bob indicated he would like to step down from the helm and hand on the Chairmanship to David Edwards. The committee

reluctantly agreed to this and in sincere recognition of his 20 years of hard work Bob was nominated and unanimously elected as President for life.

The population of the St Kew area for whom this playing field facility is intended will always give recognition to Bob for achieving his aspirations for all of the community.

John Raybould
Secretary
01208 841682
djohnraybould@btinternet.com



Published with kind permission of the North Cornwall Advertiser



The Souper lunch on 15th November raised £97 in aid of:

Children in Need



NICHOLAS THOMAS EVERY

On the 4th December 1915, the Reverend Nicholas Thomas Every died and is buried in the parish church. Born at St Veep, he gained a BA at Clare College, Cambridge in 1850, ordained deacon (Exeter), and was appointed vicar of St James the Great church at St Kew on 10th February 1852 and was therefore vicar for 64 years. It is believed that at the time he was the longest-serving parish priest in the country.

In 1851 he was a curate and living at Trequite in a house owned by Jane Curgenvin. He married a church worker Ann Eleanor Louis at Newton Abbot and in 1861 is recorded as living at the vicarage (Trescobel) with his wife, groom, cook and housemaid. Ten years later Nicholas's mother was living at Trescobel and also his brother John James Glencross Every, a Royal Navy Chaplain, who was helping him in the parish.

Nicholas Every's wife Ann died in 1907 and is buried in St James church. According to the Parish Magazine (January 1908) the burial service "will long be remembered for the reverent way it was carried out, both by the choir and the large congregation present, and the feeling of Peace, which was felt all through."

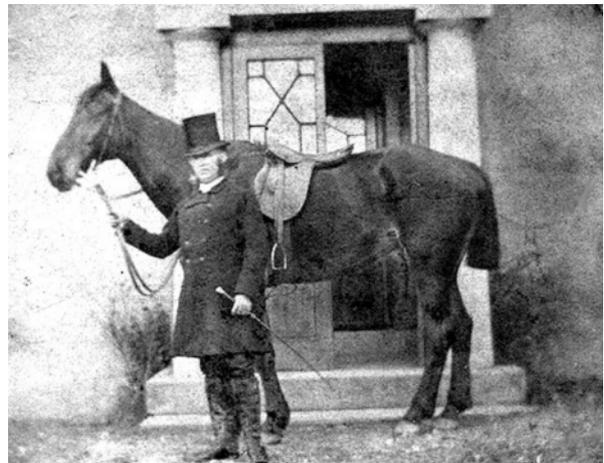
By the church organ is a brass plaque in memory of his wife "who amongst other good works beautified this church. 2nd March 1908." The organ was installed in 1903 by the Revd Nicholas in the south chapel and moved to its present position between 1927 and 1935.

John James Glencross Every had been a parson at Lanhydrock where he was buried on 21st February 1913. JJG married Ada Ruth, the second daughter of Sir Harry Onslow, of Hengar, and he was to rebuild Newton, now Lanarth, and became a Prebendary at St Endellion church (Marley's Stall). JJG's son Henry Onslow Every was born at St Kew 1875, and became a curate assisting his uncle Nicholas Every 1903-1909, and was known as Mr

Harry throughout the parish. Mr Harry sadly died 14th May 1911 and is laid to rest beside his family at Lanhydrock.

In the 1900s Nicholas Every instigated the building of an Institute on Glebe land at St Kew Churchtown so that young men of the parish could continue meeting. By 1910 a building was erected, entirely financed and built by these young men with assistance from local individuals and farmers. It was opened 29th March 1911. It was used by many parish organisations and as a reading room and games room. However, over time it was used less and less until it was closed. Being Glebe property, the Diocese sold it in the 1960s and is now a privately owned home. In 1906 Nicholas Every had erected at Amble a school for infants and for other church purposes with help from subscribers. He is also credited with building, in 1890, a protection for the Holy Well at Trescobel.

In the church sanctuary at the right of the altar is a beautiful stained glass window dedicated "To the glory of God and in memory of Ann Eleanor the beloved wife of Nicholas Every, priest, by whom with his parishioners this window was erected as a thank-offering in the 60th year of his Vicarage AD1911."



William



Bell Ringing

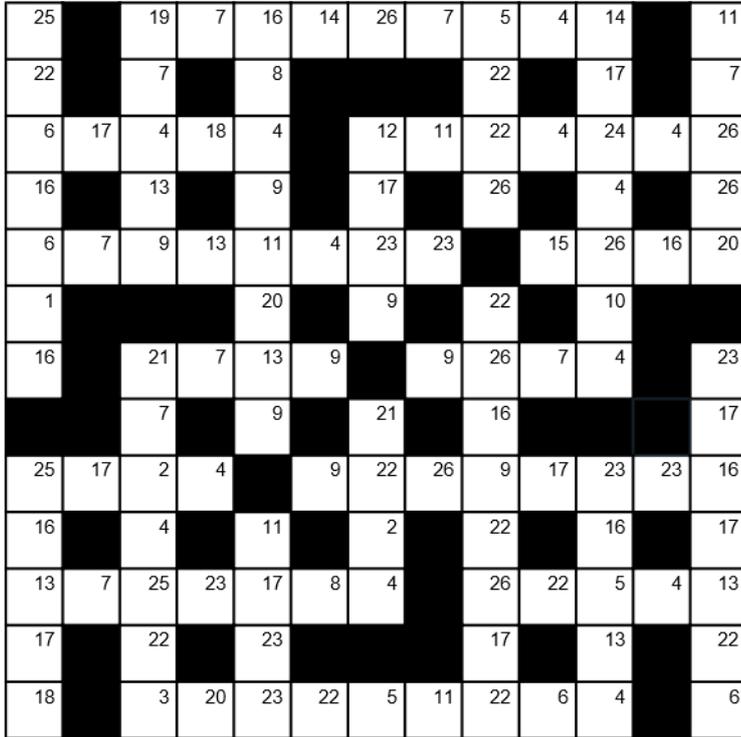
For any enquiries please phone Ken Godden on 07968 481520, or message us on our Facebook page.

Please note, evening bell ringing practices have started again. These are held every Wednesday evening from 7.30-9.00pm.

Gemma

The Puzzle Page

Codeword



21

1	2	3	4	5	6	7	8	9	10	11	12	13
14	15	16	17	18	19	20	21	22	23	24	25	26
									L			R

Sudoku

						5		3
1					6			
		2	7				1	
		9	5				6	
6					3			
						9		8
	2	6	8	5			7	
	1			4				
	8	3	6	1			4	

H6

Word Square

W	G	O
N	F	L
L	O	I

How many words of 4 letters or more can you find? No proper nouns or plurals are allowed, and the centre letter must be used in each word. There are 21 words listed in the solution, which includes **1 nine letter** word to find.

SOUPER LUNCH - December

CHRISTMAS SOUPER LUNCH



Our Christmas Souper Lunch will take place on Friday 6th December at 12.30 in the St Kew Highway Community Centre. Do come along for some Christmas cheer! We will have homemade soup,

rolls and various Christmas puddings, a raffle and some Christmas Carols.

Do come and join in!

There is no charge, but any donations will go to the charity we choose on the day.



Philippa



BREAKFAST. LUNCH. SUNDAY ROAST. CREAM TEAS. HOME-MADE CAKES.
ICE CREAM. HOME PRODUCED BEEF, LAMB & FREE-RANGE EGGS. FRESH FRUIT & VEG.
LOCAL BREAD & CHEESES. GIFTS & CRAFTS. CELEBRATION CAKES.

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Open 9am...7 days a week.

**FRESH CHRISTMAS TREES & WREATHS
IN STOCK EARLY DECEMBER**



Please note we are open every day
throughout December
Christmas and the New Year
until Friday 3rd January apart from Christmas Day,
Boxing Day and New Year's Day
We will then be closed until Friday 14th February



BOOKINGS NOW BEING TAKEN FOR CHRISTMAS FUNCTIONS

**Winter Warmer lunch, 2 courses meal plus tea or
coffee £11.00 per person.**
Offer valid 2ND – 21st DECEMBER excluding Sundays

Book now for our **Traditional Sunday Roast**
choice of meats including home produced Beef
followed by a selection of homemade desserts. Booking essential.

Don't forget we serve Breakfast 9am till 11am, lunch 12 noon till 3pm
Tea, coffee, homemade cakes, ice creams, cream teas etc served all day.
Open every day- pop in you can be sure of a warm welcome.

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www.chessdrivers.co.uk

An apology from the editor....

The photograph on the front cover of the November edition of Pieces of Eight was kindly supplied by Christina Jones, not Christina Ford as stated.

Sorry Christina - I've no idea how I managed that!

Nicky

GILL'S RECIPE OF THE MONTH

Lemon Polenta cake

Ingredients

- 500g butter, softened
- 500g caster sugar
- Finely-grated zest of 3 lemons & 1 orange
- 6 large eggs, beaten
- Juice of 3 lemons & 1 orange
- 1 tsp vanilla essence
- 500g ground almonds
- 300g polenta
- 2 tsp baking powder
- Icing sugar to dust

To serve

- 500g mascarpone cheese
- 175g icing sugar
- 3 tbsp fresh lemon juice

Method

- Lightly oil two 20cm loose-bottomed cake tins and line the bases with baking parchment.
- Preheat the oven to gas 4 or 180°C.
- Cream the butter and caster sugar until light and fluffy.

- Add the lemon and orange zest, mix well & add the beaten eggs slowly.
- Add the juices, vanilla essence, ground almonds, polenta and baking powder. Stir well until the ingredients are thoroughly mixed.
- Divide the mix equally between the tins and tap each tin gently to ensure there are no bubbles.
- Bake for 40 minutes, then reduce the temperature to gas 3 or 160°C & continue to cook for 40 minutes or until a skewer inserted into the cake comes out clean.
- Allow the cakes to cool in the tins.
- Beat the mascarpone, icing sugar and lemon juice together and chill until required.
- Carefully transfer the cakes to a serving plate, spread some of the lemon mascarpone mix over one cake, put the other one on top and dust with icing sugar. Serve with a further dollop of lemon mascarpone.

Editor's note: Sadly Gill is hanging up her apron and this is her last recipe for Pieces of Eight. All of us on the editorial team would like to thank her for her delicious recipes over many years. Thank you Gill.

The Old Road to Christmas

Look again, wanderer;
 November Newquay is soaked to the skin
 with wiped-out surfers and broken dreamers;
 two are beyond the break outside Berties,
 in the icy morning they argue the cost of living (and dying),
 shaking their fists at each other, then the sky.

Look again, closer;
 drive slow past the Edgcumbe
 the boarded-up ballroom echoes to the ghost
 of old country songs for all couples in love.
 How many stood by their man, how many tears had to fall?
 how many recall the steps danced last night - if at all?

But Hotel Victoria offers a welcome,
 with a Christmas-tree straight from 'The Poseidon Adventure'.
 You take your coffee by the grand, peer out beyond the bay;
 the Tolcarne's taking another pounding,
 the sea means business all the way to the Quies, up
 beyond Stepper, ready to sweep Tintagel Bridge away.

Later you leave down the slicked roads of Narrowcliff,
 your huer's hut with its cries all-alone, leave
 the slots you played on Fore Street, and the films at the Astor
 'West Side Story', 'The Guns of Navarone';
 'Oh, love is a pleasure when first tis new' –
 you take the old road to Christmas and St Kew.

David Penhale
 November 2019

Puzzle page solutions

9	8	3	6	1	7	2	4	5
7	1	5	3	4	2	6	8	9
4	2	6	8	5	9	3	7	1
5	7	1	2	6	4	9	3	8
6	4	8	1	9	3	7	5	2
2	3	9	5	7	8	1	6	4
3	9	2	7	8	5	4	1	6
1	5	4	9	3	6	8	2	7
8	6	7	4	2	1	5	9	3

Sudoku

Fill, filo, flog, flow, foil, fool, fowl, golf,
 wolf, woof, fling, flown, folio, follow,
 inflow, flowing, fooling, following,
 wolfling, woofling, following.

Word Square

N		E	N	O	H	P	L	O	L	Y	X		C
O		S		I			L		O				I
S		E		R	O		E		M		B	U	S
I		A		O		K		H		E			A
A		L		L		I		T		O		R	B
I				A		J		T		U			
L				E		T		R		U			A
				G		O		T		Y			Z
Y				A		F		R		L		E	N
R				E		R		I		T		S	A
R				E		R		E		C		E	N
U				I		O				M		U	O
H						P		U		R		A	B

Codeword

Pilates Classes in North Cornwall

St Kew Community Hall

Mondays 14.30 & 16.00 - Tuesdays - 13.15 - 14.30



What does Pilates do?

- Targets the deep core stabilising muscles, improving balance and co-ordination
- Improves muscle tone, strength and joint mobility
- Improves posture, alignment and overall body awareness
- Corrects muscle imbalances and encourages pain-free movement

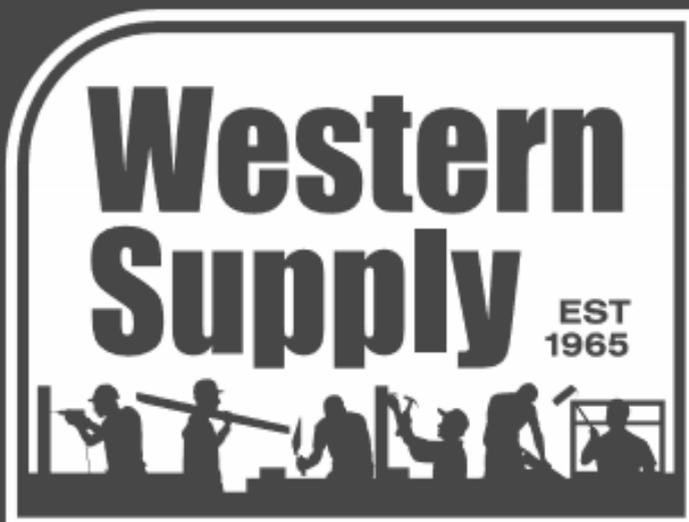
How do the classes work?

- Classes are limited to a maximum of 12 people. Small classes mean you receive good personal attention and ensure you are performing the exercises safely, and correctly.
- Classes are progressive and operate on a school term basis
- All equipment required is provided.



Martin Brooks - 07812 959 879
martin@northcornwallpilates.co.uk
www.northcornwallpilates.co.uk

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St James the Great at St Kew



Calendar for January

Services are held at 9.30am unless otherwise shown.

- Sun 5th *Epiphany.* Holy Communion with Rev Dr Elizabeth Wild presiding and Rev Geraldine Ashton preaching.
- Sun 12th *Baptism of Christ.* All Age service with Rev Geraldine Ashton and Marcus Jones.
- Sun 19th *Epiphany 2.* Holy Communion with Rev Dr Elizabeth presiding and Rev Geraldine Ashton with David Elliot preaching.
- Sun 26th *Epiphany 3.* All Age service with Rev Geraldine Ashton and Rob Soley.

Calendar for February

- Sun 2nd *Candelmass.* Holy Communion with Rev Dr Elizabeth presiding and Rev Geraldine Ashton preaching.

Refuse & recycling collections over Christmas and New Year

As we go to print Cornwall Council's waste management team haven't decided on the changes to collections over the holiday period.

Please check their website over the next couple of weeks for details.

See cornwall.gov.uk & follow the links to waste collection calendar.



ST KEW HIGHWAY METHODIST CHURCH

Services held in the Community Hall at 9.30am.

Unfortunately the preachers for January hadn't arrived before we went to print.

We wish everyone a Very Merry
Christmas

The Regal in Wadebridge

Tel: 01208 812791

www.wtwcinemas.co.uk



January

- 3rd 'Jojo Rabbit'
- 10th '1917'
- 17th 'Bad Boys for Life'

Live Screenings

Book online or contact the cinema.

- 4th 'Andre Rieu - 70 Years Young' - 7.30pm
- 5th 'Andre Rieu - 70 Years Young' - 3.00pm
- 16th 'The Sleeping Beauty' - Royal Ballet. Live, 7.15pm
- 29th 'La Boheme' - Royal Opera. Live, 7.45pm



Our November Craft Night was led by members. Paper roses looked fabulous; a great creation of card, material and a cotton reel became a Christmas Tree and some handy little cardboard gift boxes for those small presents. There was something for everyone and everyone's skills!

Next month we are celebrating our birthday and Christmas with a meal together.

On 8th January we have Michael Harrison, Community Engagement Officer with Devon & Cornwall Police coming to speak. He wants to know how the police can help us.

New members are welcome to join us at any point in the year but we usually sign-up in January so pop along and meet us.

Alison
01208 841469

KEEP BRITAIN TIDY.

POLZEATH BEACH CLEAN

HELP CLEAN YOUR LOCAL BEACH & PROTECT OUR OCEANS

JUST TURN-UP TO JOIN IN. ALL EQUIPMENT IS PROVIDED UNDER 18'S TO BE ACCOMPANIED BY AN ADULT

ALL START AT 09.30AM MEET IN MAIN CAR PARK
APART FROM MARCH & SEPTEMBER 3PM START TO MEET AT THE MARINE CENTRE

JANUARY WED 9	JULY FRI 12
FEBRUARY FRI 8	AUGUST WED 14
MARCH SAT 09 (3PM)	SEPTEMBER SAT 21 (3PM)
APRIL THURS 11	OCTOBER THURS 17
MAY FRI 10	NOVEMBER FRI 15
JUNE SAT 08	DECEMBER SAT 21

For more information please contact nickdpickles@googlemail.com

Beach Care South West SHARP'S KEEP BRITAIN TIDY.

Events outside our Parish

Other places to visit:

Bodmin Folk Club, every Friday, 8pm, The Old Library, Lower Bore Street - all welcome.

Wadebridge Folk Club, (second Thursday every month), Churchill Bars, Molesworth Street. (Tel: Mike Walford 01637 880604)

Tintagel Old Post Office (National Trust) has various events on during the month.

YHA, Treyarnon Bay, hosts live music events on most Fridays and Saturdays.

Bodmin and Wenford Railway have a number of themed events through the holiday period.

Check out Cornish Riviera box office for various productions around the County.

Eden Project

Old Town Hall, Bodmin, has various theatre & music events on.

More information about these events can be found on the following websites:

Edenproject.com endelienta.org.uk
pencarrow.co.uk bodminrailway.co.uk
facebook.com/YHATreyarnon/
Intobodmin.co.uk Cornwall365.com

Please let us know about any events you are aware of outside our area that our readers might be interested in.

Events outside our Parish

December

5th-8th Padstow Christmas Festival

1st Coppicing Work Party, National Trust, 10am- 4pm, Valency Valley, Boscastle. Meet main car park, grid reference SX 103912. Tools provided. Bring refreshments and suitable workwear.

12th Trail Maintenance with SUSTRANS volunteer rangers, 1.00pm – 4.00 pm. Sturdy footwear, dress for the weather, bring a drink if required. Meet: Hallworthy Cattle Market. Grid ref SX182879. Please contact Jon Cripps on 01208 262895 / jon.cripps@ncdc.gov.uk so we know how many people are coming.

19th Christmas Tales, 1.30pm-2.45pm and 3pm-4.15pm. Forget about the Christmas shopping for an afternoon, and join us for some festive fables around a roaring campfire. Meet: Cardinham Woods nr Bodmin, grid ref SX100666. Details: 4-7 years (first session) and 8 years+ (second session). £5 per child. Accompanying adults go free. No dogs. Booking essential. 01392 834233.

20th Santa's Den Building, 10.30am-12.30pm.

Help build Santa's den in the forest, and when finished he will come and inspect it - with gifts to thank all his little helpers! Meet: Cardinham Woods nr Bodmin, grid ref SX100666. Details: 4 years+, £7 per child. Accompanying adults go free. No dogs. Booking essential. 01392 834233.

November Beach-care



A welcome break in this run of wet miserable weather meant this was an excellent day to be out and about. We welcomed several newcomers and a couple from

Biffa and, all in all, a tremendous turnout of 30 people. Wow.

There were a few by-the-wind sailors and a couple of Portuguese men-of-war stranded (yes, it does sound like a pirates' get together) and strong lines of minute plastic on the strand lines.

We picked up 6 black sacks of mostly plastic, nothing unusual noted, with 2 bags reported elsewhere this is now 50 bags collected on Beachcare dates and 69 in total. Whilst this is well down on previous years it is a fact that more and more people are generally litter picking, which is all for the good, and so not necessarily an overall reduction on litter on beaches.

Many thanks to all who came.

Next and last 2019 BEACHCARE meet is Saturday 21st December 9.30 in the car park.

Nick



**ST KEW HIGHWAY
METHODIST CHURCH**

Services held in the Community Hall at 9.30am.

Preachers for December

- 1st First Sunday in Advent. Church Fellowship.
- 8th Advent 2. Mr Gordon Rowe
- 5th Carol service. 4.00pm, Rev'd Steve Wild chair of district, followed by tea
- 22nd Delarre Irving.
- 29th Rev'd Sally Long, Communion.

Catholic Church Services

Wadebridge

St Michael's Church
Tel:01208 72833
Mass Sundays 8.30am
Confessions
Friday 10.30-11.00am

Tintagel

St Paul The Apostle
Tel:01840 770663
Mass Mon-Thur 10am
Fri & Sat 6pm
Sunday 10.00am
Confessions:
Before/after Mass.
Other times on request.

Wadebridge Christian Centre

Molesworth Street, Wadebridge. Tel 01208 813110,
wadebridgechristiancentre.org

We are a lively, active, family church where everyone is welcome. We have a crèche and Sunday school, and all our children's workers are DBS checked.

Reflections

"Time, like an ever-rolling stream, bears all its sons away"

That line is from *"Our God, our help in ages past"*, written by Isaac Watts in 1708. It paraphrases Psalm 90, which was written a millennia ago. It seems that over 300 years ago, people then felt the speed at which life seems to sweep us along. So the feeling for some of us of a certain age, that there are at least two Christmases a year and probably more, is not to be wondered at. Think about it – a fifth of the 21st century has already gone! Yet when we were in our teens, life could drag terribly, when we wanted to get on with life, to succeed, and to achieve. Those of us of that certain age had to cope with National Service, two years largely wasted, feeling like ten.

By the time this is read, life might be about to be rather different, perhaps very different. For are we not having a General Election before Christmas? And the associated dilemma, which I refuse to mention, might soon be settled, perhaps? Or not? Exciting, if not something of a black cloud which hangs over us at a time when we are preparing to celebrate with our families and friends.

The real meaning of Christmas is often lost beneath the rush to buy food, presents, decorations, and, oh yes, the winter ski-ing holidays coming soon afterwards. Then there are the appeals to help those without - without a roof over their heads and even a friend to pray for them.

**St James the Great
at St Kew**



Calendar for December

Services are held at 9.30am unless otherwise shown.

- Sun 1st *Advent 1.* Holy Communion with Rev Dr Elizabeth Wild presiding and preaching and Rev Geraldine Ashton.
- Sun 8th *Advent 2.* No morning service. 6.00pm, Carol Service with Rev Geraldine Ashton.
- Sat 14th 3.00pm Renewal of Vows. Rev Dr Elizabeth Wild.
- Sun 15th *Advent 3.* Holy Communion with Rev Dr Elizabeth Wild presiding and preaching, and Rev Rose Jones.
- Sun 22nd *Advent 4.* All Age service with Rev Geraldine Ashton.
- Tues 24th *Christmas Eve.* 4.30pm Christingle with Rev Geraldine Ashton. 11.30pm Midnight Mass with Canon Judith Pollinger with Rev Geraldine Aston preaching.
- Sun 29th Holy Communion with Preb Prof Andrew Lewis.

Schools, at least the primary schools, celebrate, and the Nativity play is enjoyed by children and parents alike. Christmas, the Nativity, was the greatest event in history. If God had not come to live as a human being, born to Mary in Bethlehem, there would be **no** Christian faith, at least as we know it, whatever else might have happened. No Christmas, no Easter, no Church – it's as simple as that. Jesus was conceived spiritually, in a way we cannot understand, but he grew to become a wandering teacher who performed deeds which were impossible. That is why we call them miracles. Yet he was born to a human mother, which made him as human as we are.

His short ministry of teaching has given our lives values to aspire to and be guided by. In particular at this time we need to remember that Jesus, although a Jew, welcomed and healed people of **all** races, such as the servant of a Roman centurion, the son of the Syrian woman, the epileptic of Gedara, the woman of Samaria, the Greeks who sought him, as well as the people of Lebanon and east of Israel.

So while all of us in the North Cornwall group of churches wish you a happy and blessed Christmas, please spare time to dwell on the real importance and meaning of the Nativity in our lives and the lives of those we love.

May God be with us all, as we prepare to enter 2020.

Peter Coster



How our Foodbank helps our community

Christmas Food Boxes

Do you know someone who is struggling and needs some extra help this Christmas? We have a limited number of dedicated 'Christmas Food Boxes' available on a **first come first served basis** for deserving people/families in the local area. Please let us know if there is anyone you would like to nominate. It can be anyone who you feel deserves a little extra for the festive season who has had a particularly difficult time this year. Please contact us via the email below and we will send through the **Nomination Form**:
contact@wadebridgefoodbank.org

Please complete the details and return to us **before the 30th November**. We will be packing the Christmas Foodboxes for collection/delivery from the week commencing **9th December 2019**.

Thank you to the Red Lion Pub at St Kew Highway for hosting a fantastic Quiz Night. We had a fun night and appreciate all your donations for the Foodbank.

Your gift-filled shoeboxes are on their way. We're really grateful to everyone who kindly donated to this year's Teams4U shoebox appeal. All your lovely gifts will be sent to deprived children and families in Belarus & Bosnia. Your shoebox will be gratefully received and make a huge difference this Christmas.

Tesco Collection

We had our Christmas hats on spreading some festive cheer at our Tesco collection. We received lots of donations which will help to create some special Christmas hampers for local people who are nominated by the professional agencies we work with.

If you need some support with any housing issues, **The HOME GROUP** can help and are running drop-in sessions at Bodmin Foodbank every Monday between 1.00-3.00pm.

We'd like to thank you all for your continued support throughout the year. We couldn't help people in our community without your kindness and generosity.

Wishing you a very Happy Christmas and a Peaceful New Year from us all at the Foodbank.

Wadebridge Foodbank, Unit 2 Trevanson Street, Wadebridge PL27 7AR Tel. 01208 815374
Registered Charity No. 1166301
Email: contact@wadebridgefoodbank.org
Website: www.wadebridgefoodbank.org

Events at St Endellion, December & January 2020

Sunday 1st December 3.00pm

The Portorius String quartet

The Quartet formed at the Guildhall School of Music and Drama in 2017 where they receive chamber music tuition from Krycia Osostowicz, leader of the Dante Quartet. They will perform string quartets by Haydn, Mozart and Beethoven. £8 to include tea and cake. Accompanied under 16s free.

Saturday 4th January

The Chris Treglown Foundation presents 'Sure on this shining night'

An evening of beautiful music to welcome in the New Year, performed by members of MJUK Music and Arts, winners of the Chris Treglown Fund. £10. Accompanied Under 16s free

Sunday 19th January, 3.00pm

Wells Cathedral School Showcase concert

Three outstanding young music students from the

school showcase their talents in this Sunday afternoon concert that has become a regular feature of the Endelienta calendar. £8 to include tea and cake. Accompanied Under 16s free

Friday 24th January, 7.30pm

Ninebarrow

The multi award-winning folk duo bring their captivating take on the folk tradition to St Endellion. Combining breathtaking vocal harmonies and melodies, they deliver songs and stories inspired by the landscape and traditions of the British Isles. A night of superb music interspersed with folklore and storytelling at its very best. £10. Accompanied under 16s free.

Tickets and information from:
www.endelienta.org.uk or 07787 944935

Events Diary December

- 4th 'Good Morning Cafe', St Kew Ace Academy, 8.45 -11.00am.
Bell ringing practice, 7.30-9.00pm.
- 5th Chair Aerobics, Community Hall, 2.00pm.
- 6th Christmas Souper Lunch, Community Hall, 12.30pm.
- 11th 'Good Morning Cafe', St Kew Ace Academy, 8.45 -11.00am.
Bell ringing practice, 7.30-9.00pm.
- 12th Chair Aerobics, Community Hall, 2.00pm.
- 18th 'Good Morning Cafe', St Kew Ace Academy, 8.45 -11.00am.
Bell ringing practice, 7.30-9.00pm.
- 19th Chair Aerobics, Community Hall, 2.00pm.

News from St Kew Parish Hall

Our annual Christmas Draw evening with music will take place on 6th December starting at 7.30pm. Raffle tickets will be on sale shortly.

Our next event in the Parish Hall will be the Parish Supper. Watch for adverts for details.

Kathy

To book the hall, please contact Lianne Sproull on 01208 841808.

The Regal in Wadebridge

Tel: 01208 812791

www.wtwcinemas.co.uk



DECEMBER

- 13th 'Jumanji: The Next Level'
- 19th 'Star Wars:the Rise of Skywalker' 2D
- 20th 'Cats'
- 27th 'Spys in Disguise'

Live Screenings: Book on-line or contact cinema

- 2nd 'Les Miserables' - the Staged Concert 6.45pm.
- 4th 'A Winter's Tale' (with Judi Dench) - Branagh Theatre - 7.30pm.
- 10th 'Coppelia' - Royal Ballet Live - 7.15pm.
- 17th 'The Nutcracker' - (Encore, the Royal Ballet 2016) - 7.15pm.
- 18th 'The King & I' - London Palladium - 7.15pm.

Recycling

Recycling takes place on a variety of days in the same week within the parish. Unfortunately December's revised recycling dates aren't on Cornwall Council's website as we go to print.

Please see their website for full details.

ST KEW HIGHWAY COMMUNITY HALL

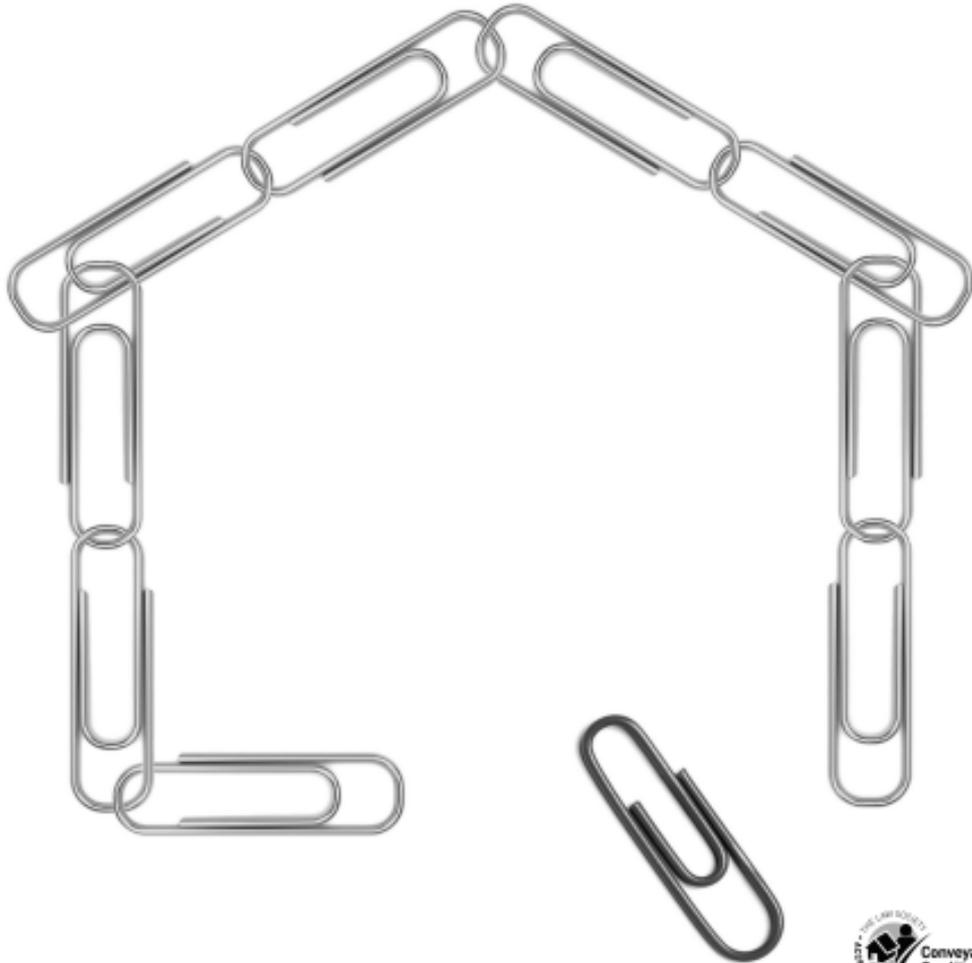
ONGOING EVENTS

Registered Charity No 294140

Sun	Methodist Church Service	Marion Dingle	01208 841388
Mon	Yoga 10.30am	Fiona Crompton	01208 851735
	Pilates 2.30-5.15pm	Martin Brooks	07812 959879
Tue	Pilates 1.15-2.30pm	Martin Brooks	07812 959879
Wed	1 st , 3 rd & 5 th in a month	West Country Embroiderers	
	10am-3.00pm	Pat Scarborough	01841 521323
	2 nd in month St Kew WI 7.00pm	Alison	01208 841469
Thurs	Chair Aerobics 2pm	Judy	01208 841746

**IMPORTANT : BEFORE ARRANGING YOUR EVENT AT THE HALL
CHECK AVAILABILITY AND BOOK WITH SHIRLEY ROWE 01208 841257**

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www.sproulllp.co.uk

Disputes | Family | Property | Wills

Parish Council News

Chairman: Cllr A Godden

Clerk: Mrs Stephanie Tiplady

The Barn, Kitts Hill, Chapel Amble

07789 953677. stkewparish@gmail.com



The Parish Council meets in the Parish Hall, St Kew Churchtown at 7.00pm on the second Tuesday of each month. Members of the public are welcome to attend and address the meeting on any subject of concern.

St Kew Parish Council Meeting

Held on Tuesday 12th November 2019 at 7.00 pm in the Parish Hall.

Present: Chairman J Rowe, Councillors T Mott, R Godden, B Finnemore, P Bishop, A Prophet and 4 members of the public. Apologies from A Godden (chairman) J Lethbridge and Cornwall Councillor S Knightly.

Councillors were informed that the new road markings at St Kew Highway were completed. On the Trelill road by the playing fields just white lines were used but not rumble strips. The council is going to enquire why.

The road repairs to the river bank in St Kew Churchtown have been completed and a new fence erected.

The war memorial has had its annual clean up and we would like to thank The St Kew Inn for the use of their water.

It was reported that the roads were in an awful state, with mud and leaf litter clogging drains etc. County Highways seem to be set on clearing the drain covers and gullies, but this is a waste of time if the roads are covered in mud, as it rains and washes it down the gullies and continually blocks the drains. The council has arranged for Cormac to go round the parish with a councillor, so that we can show where the repairs are needed.

The council has been awarded a grant, not sure at time of writing how much, to tidy up the

parish. This includes litter picking, planting of flowers and bulbs and any verge work that would enhance the visual impact of the parish. If anyone has any ideas, let our clerk know. Something for the New Year.

Planning Applications

None at time of the meeting.

Planning Decisions

PA19/07337 - Claire and Tristram Sacher and Hambly, Willow Mill, St Kew Road, St Kew. Erection of external boiler housing to the side of converted barn and an insertion of new window in SE elevation of main house.

Approved

PA19/07306 - Mr Mark Finnemore, Pollingarrow Farm, St Kew.

Refurbishment of existing building to provide self-contained residence.

Approved

The members of the council would like to wish all the parishioners of St Kew a very Happy Christmas and a prosperous New Year.

RG

ST KEW PARISH COUNCIL Invites Tenders



Tenders are invited for the clearing of Laurel trees in the lower churchyard of St James the Great

Details and tender forms can be obtained from the churchyard liaison officer on 01208 880007. Tender closes on the 31st November 2019.



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email: stkewinn@btconnect.com

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Golden Lion, Port Issac
Oystercatcher, Polzeath
St Kew Inn, St Kew
The Cornish Arms, Pendoggett
Wadebridge Wines, Wadebridge
Old Custom House, Padstow
The Little Gin Shack, Wadebridge
Padstow Farm Shop, Padstow
Trebetherick Stores, Trebetherick
St Tudy Community Shop, St Tudy
Port Gaverne Hotel, Pilchards Café
Stargazy Inn, Port Issac
The Molesworth Arms, Wadebridge
St Mabyn Inn, St Mabyn



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Contact Tim for further details

timothy.dunn@orange.fr +33 647 662 593

