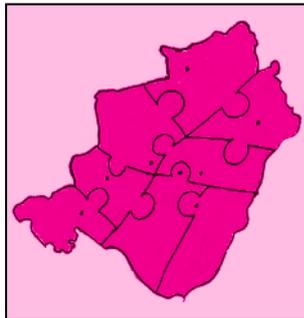


Pieces of Eight

February



Feb 2019, Issue 246

News, views and issues from: Chapel Amble, Pendoggett, St Kew, St Kew Highway, Trelill, Tregellist, Trequite, Trewethern

Email: stkewmag@gmail.com



A Song Thrush in January

Photo by David Balmford

Your free guide to news and events within and around St Kew Parish

NEWS JANUARY



“

BURGER NIGHT EVERY WEDNESDAY from 5:30pm until 8:00pm

A selection of meat, chicken, vegetarian and vegan burgers every Wednesday including chips and coleslaw for only £9 each.

VALENTINES NIGHT DINNER

Special Event Menu

Mad Mondays return for the Months of February through to April.

We create a winter warming menu just for the cold Monday nights.



MAD MONDAY

Choose from our two course selection for £12 or make it three for just £15

Valentines night dinner

A special set menu just for the 14th

February make a special night here at the Red Lion Inn

We hope everyone had a relaxing Christmas and New Year, but we all spent too much

So we thought you needed some help with your wallet and purse

Every Monday, Wednesday and Thursday we have special priced theme nights, Monday two or three courses for £12 or £15 and every Wednesday Burgers for £9 and Thursday 2 Steaks and 2 Desserts £20

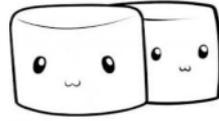
On Thursday 14th of February we have created a menu just for those who enjoy a quiet dinner with soft music and candles.

Check out the menu in full on our web site at www.redlionstkew.com or pop in the pub to pick up a copy of the menu

THURSDAY STEAK NIGHT

Two 8oz steaks plus two dessert for just £20

CHILDREN'S CORNER



At this time of year when it is cold and dull outside it is nice to have a little treat now and then. And what could be nicer than a steaming cup of hot chocolate after a day in the fresh air. Yum!

Ingredients for 4 cold people!

- 3 tbsp unsweetened cocoa powder
- 70g sugar
- 1 litre milk
- ¼ tsp vanilla extract
- Miniature marshmallows

Method

- In a small bowl, blend the cocoa and sugar.
- In a medium saucepan heat the milk until little bubbles form around the edge of the pan. Do not let it boil.
- Stir a little of the hot milk into the cocoa mixture to loosen it up, and then pour the cocoa mixture into the hot milk in the saucepan. Add the vanilla and whisk until it is all blended together.
- Pour into mugs and top with the mini-marshmallows.
- Wait until it has cooled so you don't burn your tongue!



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Welcome to Pieces of Eight

We are a free independent community magazine, published ten times a year (not January and August) covering local news, views and events in the St Kew parish area. Volunteers produce, edit and distribute the magazine to every household in the area, and to all the local churches, shops and pubs. We do hope you enjoy reading it.

We would love to hear from our readers - articles, letters, suggestions and other contributions are always welcome. Please see our contact details below.

There is also an on-line edition hosted by the Parish Council which can be found at www.stkewparish.org.uk/PO8.html. (*We are very grateful to the Parish Council for allowing us to use their website*).

EDITORIAL

Looking to the New.

The turning of the year is always a time for reflection. After the festivities of yuletide and Christmas, it's a chance to re-assess and take stock, weigh up the options, evaluate choices made in the past, and consider those that are preferable for the future; to make resolutions.

January, of course, is named after Janus, the Roman god who faces both ways: back to the past, and forward to the future. So he is the god of beginnings, transitions, time and duality. Often his twin-face is found set above doorways and gates. And he is also the god of endings.

Certainly this year, we have plenty to weigh up as our politicians grapple with the forces for change. Perhaps, therefore, we might resist the urge to throw the radio out or break the telly when it broadcasts stuff we don't like and, instead, we could settle on changing those things that are local and in front of us. Many in our community do this already, whether on committees or as supporters of the numerous organisations within our parish. Others work quietly, resisting acknowledgment and our thanks. For example, some anonymous locals recently spent a day totally cleaning up the bus-shelter down at the Highway. It had become a real eyesore, cluttered with rubbish and very unpleasant for all using it. Now it is as new.

There are others who take an empty carrier bag with them on their daily constitutional, and fill it with the waste found in the ditches.

Similarly, we can all perform such random, thoughtful acts of kindness, especially now as winter's bite threatens to return with low temperatures and icy conditions. Therefore, *being a true neighbour* is a positive virtue, thus ensuring *no-one is left in need, cold and alone*. As we look to the new, that's surely one resolution we can all sign up to.

David.

The Editorial Team:

Philippa Harkness - Children's page & History
Steve Liddiard - Advertising Manager & Treasurer
David Penhale - Events & Poet in Residence
Nicky Pickard - Main editor who puts the magazine together, assisted by husband Mike.

Contacting the Editorial Team

We can be contacted by email at stkewmag@gmail.com. Please use this address for **ALL** correspondence, the in-box is checked regularly.

Alternatively you can phone Nicky's mobile - **07813 603776**. Leave a message if you can't get through and she will phone you back.

Advertisers should contact Steve, our Advertising Manager via this email address, putting 'Advertisement' in the subject line. Steve can provide information on advertising costs, space availability, formats, etc.

Copy date for the March issue is:

Friday 15th February

We aim to get the printed magazine out to our distributors before the beginning of the month of issue. Please could all contributors send us your copy or advertisement as soon as possible, **before** the copy deadline. If your article or advert is going to be late it would be very helpful if you could let us know in advance.

Note to Readers

When responding to an advertisement, **please** mention that you saw it in Pieces of Eight. This shows our advertisers that the magazine is **the** place to reach local customers.

The magazine does not accept any responsibility for any issues arising from advertisements.

Views expressed in this publication are those of its contributors and do not necessarily reflect those of the Publishers (the management committee) who reserve the right to refuse or alter any material supplied.

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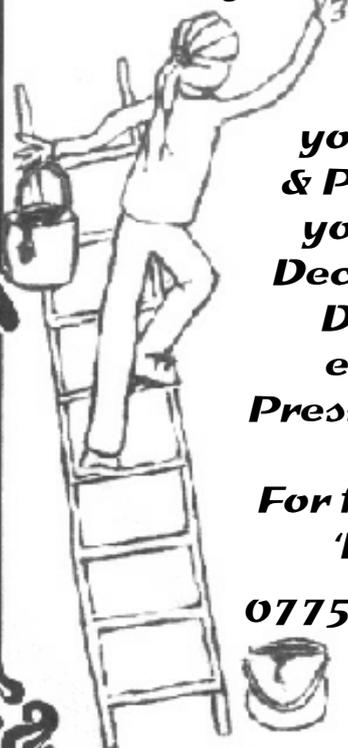
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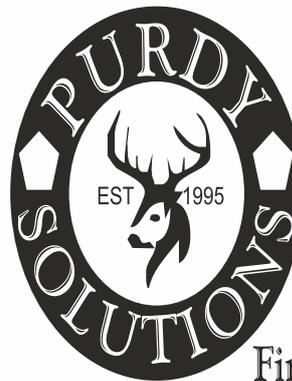


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Thanks for Pieces of Eight and the trade adverts

Hello all in the Parish and happy New Year to all.

I wanted to say thank you for certain adverts in the Pieces of Eight magazine that you put out every month. When a problem arises one asks within one's social and work circles to see if anyone can give a recommendation to any trades people. If they are unable to help then our next port of call are the advertisements in Pieces of Eight. A while ago our chimney became blocked. Out came the Parish mag and a phone call later (mentioning Pieces of Eight of course) round came the Mears to fit a new cowl and sweep the chimney. We now have it done every year and would recommend R Mears & Sons to anyone who wanted a good chimney sweep.

So there we were at 4 o'clock on the Friday afternoon just before Christmas, the 21st of December to be honest. I noticed that the central heating radiators were still cold. the heating should have been on for a hour by now. The oil-fired boiler was still hot, as were the pipes around the boiler but the water circulation pump was rather quiet. Up until now it had been a rather noisy old pump. Out with Pieces of Eight and look for a heating engineer / plumber who is happy with oil-fired systems. I called J.T. Martin, again mentioning Pieces of Eight. I expected a reply to the effect of "I'll be there after Christmas to see what I can do" after all it was gone 4.30 by now. "I'll be there within an hour" was the cheerful reply. Jimmy duly arrived and had a look at the system. The pump was probably jammed was a diagnosis. Within an hour the heating was working

but the pump probably wouldn't last much longer. "Call me if it fails again" said Jimmy. "I'll try not to call you Christmas morning" I said. We paid and Jimmy left us with this cheerful thought "If it fails, no matter when, call me!".

The next morning, Saturday the 22nd December, we awoke to a quiet heating system and a cold house. I sent a text "pump failed same as yesterday". We got a reply later in the morning saying Jimmy would be round with a new pump mid-afternoon. He arrived at three. By 6pm the heating was running with a quiet new pump and a radiator that had been cold and unheated for a couple of years was now warming up nicely. We paid and got our receipt once again and wished Jimmy a quiet Christmas.

The house has not been so warm in the last few years so the new pump was really needed. We have asked Jimmy to come around in the spring to give the whole system a check up. So two call-outs, a new pump, valves and a good few hours work and we think J.T. Martin has done a wonderful job and it hasn't cost the earth. Once again, I can't recommend Jimmy highly enough for his work and work ethic. Thank you to Pieces of Eight too, without you I wouldn't have found our plumber!

Rod & Anita Ponton-Brown
St Kew Highway.

Editor's note: What a lovely 'heart-warming' story, thank you! Has anyone else had similar experiences with local trades people? We'd love to hear from you.

The Wadebridge Branch of the Royal British Legion....

.....is one of the oldest Branches in the Country. The Branch even pre-dates the Royal British Legion itself as it was formed as the Comrades of the Great War Association. When the British Legion wanted to start up they contacted all other Veterans organisations to ask if they would bring their members into one overall organisation, a true British Legion. The archives and minutes of these early meetings make interesting reading as many of the veterans were fit young men at the time, not the old chap in a blazer selling poppies that we more readily think of. The branch wanted to make sure that these ancient minutes would be kept safely and have passed them for safe keeping to the Wadebridge Town Museum for display and archive.

It would therefore be sad to see such a long-standing organisation fall by the wayside but this has every possibility of happening if the Branch continues on its current course. Due to family, health and work commitment, three of the Wadebridge Royal British

Legion Branch Committee have had to resign recently. This has left the Branch without a Treasurer, Secretary or a Poppy Appeal Organiser. If these positions are not filled the Branch will be forced to either merge with another Branch (Bodmin perhaps) or to close completely and Lay Up the Standard that has been Paraded so proudly over all these years.

There will be an Extraordinary General Meeting of the Branch at the Churchill Bars Wadebridge at 7.30 pm on Monday the 21st of January. If you think you could help PLEASE come along or contact the Chairman Rod Ponton-Brown by using the email rod.p-b2@hotmail.co.uk or by post at Meander Zows, St Kew Highway, Bodmin PL30 3EE.

In December the Wadebridge Branch of the Royal Navy Association closed due to lack of numbers. If you can help to keep the Wadebridge branch of the RBL running then please help us.

R Ponton-Brown
Chairman Wadebridge RBL

All the news and highlights from the top of the hill! Don't forget you can keep up with all the school antics in our monthly newsletters, published on our website: www.st-kew.cornwall.sch.uk



We all hope that the Christmas holiday and New Year period finds you happy, healthy and ready to face the challenges that we have in the term ahead!

We finished 2018 with a bang, having witnessed how amazingly talented our pupils are in their Christmas and Nativity performances. If you weren't lucky enough to have seen any of these, then you missed out on a little bit of the 'West End come to St Kew'!

A St Kew Christmas & Productions: BAH HUMBUG! and THE INNKEEPER'S BREAKFAST

At the end of the Autumn Term we had a fantastic finish to the learning across all year groups with the Bah Humbug performances and Nativity story at the church. It is always such a pleasure to



present the children to the watching audience in their 'new identities', sharing their lines clearly and hearing the children's voices joined in song creates a very special magic at this wonderful time of year. Our huge thanks go to all the children that were involved – they all worked so hard to create truly brilliant performances!

Stunning Starts

Each of our class topics are now beginning with a 'Stunning Start' and ending with a 'Fabulous Finish' from the beginning of this term and children will be engaged in this in a variety of ways.



To start this initiative, we headed to the Eden Project on Friday 11th January. Whilst there the Class 1 children learnt about hot and cold climates, Class 2 attended a workshop on Puzzling Plants and Class 3 studied Darwin's Doodles.

Voice in a Million

We are delighted that six of our Year 6 children will be taking part in the Voice in a Million concert in March at Wembley Arena as part of the ACE choir! This concert is an annual event to raise awareness of adoption throughout the UK.



Our children will join a choir of 5000 children from around the Country to sing a wide range of modern songs and

may even have an opportunity to perform with some surprise celebrities! This is an incredible opportunity for the children to perform on such a large scale in a fabulous venue! To help them on their way, the children would like to hold a cake sale to raise money towards the cost of the trip.

Please come and join us on **FRIDAY 25th JANUARY at 3pm** and grab yourself a tasty treat to help send our children up to explore the capital!
Exciting Times for our pupils ahead!

RM

Knowing Your Place (a Personal Reflection)

Lifton Down, December 2002: the skies lowered above the glittering land spread out before me: inevitability was in the air. Even though I knew what Cornwall could hold, with its memories of interminable wet winters, pockets of social deprivation, combined with lack of job opportunities,

I still surrendered unconditionally.

I may have been made in Port Talbot, but from five years old, it was in Kernow and Fowey in particular that I was formed. There, by its river and among the streets and alley-ways, fields and lanes I had a very special childhood.

I had left Cornwall twice before: first in 1965, because of my dad's deteriorating ill-health and his decision that we leave our council Cornish unit, that it was 'time to get back home' to the extended family in Wales.

I found my way back in 1973, first to St. Dennis, where my own new family life began, then on to St. Newlyn East; only to leave Cornwall again in 1986 for a job among the rolling Gloucestershire Cotswolds.

So this was now my *third* return.

'Rather like a drowning man', as one of my musician friends succinctly put it.

If so, it was high-time I learned to swim again in this familiar sea, just like I had as a school-boy at Readymoney Cove.

Reflecting on my reasons 'why', I can pinpoint some key things:

a second marriage to someone whose life is based here, and therefore a need to renew my *personal* re-connection to this primal edge land, rich in artistic opportunity. This led in 2004, to my first solo exhibition, 'Dewhelans' ('Homecoming') in Penzance Gallery; then there were all those years of touring with Brenda Wootton, through UK, Europe, and especially Australia where we sang and played in Sydney and Adelaide and memorably in Cornish for the Cornish at the Kernewek Lowender on the Yorke Peninsula; and then there's the hand of friendship extended by my long-time fellow-musicians.

Also there's the unexpected:

discovering my long-buried ancestors in Gwinnear Churchyard;

the long summer afternoons Sue and I spent working the ground of Lanow, the 7th century monastic garden of the earliest settlement set within these undulating fields and wooded

streams, within the shade of the old walnut tree. Time had stood still down there.

But getting to know my place again has been hard. It's hardly Shangri-la.

Young people find it almost impossible to own a home of their own, and many still live with parents. There were no food-banks when I returned in '02; now there's one in every major town. They tell a story that's hard to deny.

And Fowey, the place I once thought I knew, is now hollowed out, like so many of our coastal communities.

The post office is gone, cinema gone, chapels converted into flats (just like my old 17th century Grammar School - how was that allowed?), old family business like the Varco's and Tippets all gone, and Fowey's last bank, bought by Gordon Ramsay, is being converted into more expensive apartments.

Today I picked up a shiny new copy of 'Cornwall Living', the free advertising magazine.

I didn't recognise the place they were selling.

Instead I just had to walk the local lanes, clear my head, take in the sights and sounds of a cold winter's evening, where starlings swirl in vast murmurations on their way to Davidstow, and the cottage lights burn brightly through the gloom up Trequite, up Trelill.

True Kernow, old Kernow.

For me, it's a place I know in my heart.

David Penhale



GILL'S RECIPE OF THE MONTH

Orange-braised Pork Chops

A lovely warming dish for a winter's evening, and a reminder of summer.

Ingredients

- 4 loin pork chops or steaks
- 2 level teaspoons flour
- ½ level tsp salt
- 2 tablespoons oil
- 1 tablespoons light soft brown sugar
- Pinch of ground ginger
- Grated rind and juice of 3 oranges and a small amount of water
- Orange segments from 1 orange

Method

- Coat the chops with flour and salt.
- Heat the oil in a frying pan and add the chops, browning them on both sides.

- Put the chops in the bottom of an oven-proof dish.
- Combine the sugar, ginger, orange rind and juice and water.
- Pour over the chops and cook in the oven for at 180 c for about 1 hour.
- 5 minutes before serving add the orange segments and place over the chops for serving.

Delicious served with sauté potatoes and a side salad.



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Parish Hall
3 course meal with
entertainment.
All welcome!
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Tea & Toast

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8.45-11am
Wednesday Mornings

At St Kew ACE Academy

 **Knitting for others:** novices and masters of knitting are invited to join us in making baby beanie hats for premature baby units and squares for blankets to give to those in need.

PLEASE NOTE CHANGE OF VENUE every Wednesday during term time there will be Tea & Toast coffee mornings from 8.45 – 11am, organised by Geraldine Ashton and Marcus Jones, the North Cornwall Cluster of Churches Children and Family Worker. Everyone welcome for a light breakfast and chat, with a play area for young children.



**Supporting
Cornwall's Children's Hospice
'Little Harbour'**

STEVE'S FUN QUIZ

(It's certainly different, find out why!)

SUNDAY 27th JANUARY 2019

THE RED LION INN, ST KEW HIGHWAY

7.30 for 8.00pm start. Only £2.00 per person.

Bring a team (any number) or make up one on arrival. Raffle and 'heads or tails' for a bottle of wine.

**All proceeds to Cornwall's Children's Hospice
'Little Harbour.'**

To reserve a team table ring Wendy on 01208 441271. Enquiries: Bob Plater on 01208 841381.

TEA AND CAKE



**Wednesday 13th February 2019
1.30pm to 3.30pm**

*St Kew Highway Community Hall
ALL ARE WELCOME*

*Sit and chat with neighbours and friends
or play cards or a board game.
Solve a jigsaw, or bring your knitting.*

There will be tea, coffee and home-made cake.

*There is NO CHARGE, just come along and
enjoy this community social event.*

*This is continuous and will take place on
the 2nd Wednesday of every month.*

Our Feathered Friends

Time to wade into the new year with plenty of fresh air and walks as we wait in anticipation for Spring. Wade into waders as you stroll along the Camel Trail from Wadebridge towards Padstow. Catch the tide right and it brings thousands of wading birds towards the shoreline, all actively feeding as opposed to resting when the tide is high.

The Camel Estuary boasts a variety of wading birds at this time of year. If you appreciate a Starling murmuration then you will marvel at the thousands of Golden Plover that feed or rest up on the flats near Dinham, a flurry of wings flashing gold and white as they take flight high into the sky when disturbed at rest, twisting this way and that together. You can count many thousands of this wader at rest. Usually the Lapwing is close by - another pretty wader with a bright green and purple back and its crest proudly protruding above its head. Both these birds feed on farmland as well as mud-flats and estuaries. Plenty of other waders can be on show with Black-tailed Godwits alongside smaller numbers of Bar-tailed Godwits. Both feed with different actions - the Black-tailed Godwit probes deep in the mud with its long bill stretching forward, as opposed to the almost sewing machine needle probe nearer to its body of the Bar-tailed Godwit. Other larger waders to look out for are Oystercatchers, Knot, Grey Plovers, Redshanks, Snipe, Curlew, the occasional Ruff and Greenshank, and Green and Common Sandpipers. Rarer waders include the elegant

Spotted Redshank and the RSPB logo bird the Avocet, however the Avocet is a very occasional visitor here - best to view these on the River Lynher if you get the wader bug!

Smaller waders present include Dunlin, Ringed Plover, and Sanderling (occasional), all very busy feeders, usually spotted on the water's edge. Dunlin can be seen in good numbers. All the waders feed in different ways and depths hence they are all happy feeding alongside each other - food for all!

Waders also come in various plumages to test the most experienced birder, juvenile, summer and winter plumages all mix together. Turnstones can also be seen, especially in Padstow harbour eating your chips, and the Purple Sandpiper near Constantine.

The Parish can boast a few waders on our territory-too with Lapwings and Golden Plover, Green Sandpipers and Snipe seen around St Kew Parish, and especially Chapel Amble where most of the mentioned species can gather, and if you are lucky a wintering Woodcock. I have only scratched the surface here so please walk the Trail, with the added benefit of getting closer to nature, and usually friendly bird watchers with spotting scopes are willing to show and talk you through what they are looking at.

So grab a bird book and wade through the wader section, and become active in Wadebridge!

Happy wader watching!

Clutts, Pendoggett

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St. Kew Community Gardens Association

The View from the Allotments

..... and little has changed since I last wrote.

It's no excuse but a sort of lethargy (or is it just another I-word – laziness?) has overcome me lately and I/we have done very little on our plots. Nor have most people, admittedly, but that's no excuse.

The trouble is, if it's dry it's also windy or cold, and if it's not that then it's raining! And that means the ground is very hard to turn over, let alone rotavate.

I did put in some broad beans which had been growing in pots in the greenhouse and they are looking reasonably happy. Actually, most of them had been growing in the greenhouse and 3 of them had self-seeded on last year's bean plot and I transplanted them. Not always a recipe for success but they seem to have taken and I am keeping my fingers crossed.

I have done a bit of desultory tidying up – trimmed the loganberries, fidgeted with the vine, but nothing more and I am beginning to feel really guilty. The one thing I really must do now is to weed the asparagus plots so that the crowns have room to breathe. We ate quite a lot of our own asparagus last year and it is such a treat. Worth making an effort for.

We're really enjoying the brassicas this year and have harvested copious amounts of brussels sprouts, red kale, cavolo nero, and the start of some purple sprouting broccoli. And we appear to have some really healthy common-or-garden cabbages which are nearly ready to cut. What with them and the leeks and the parsnips, we should be OK through to April. And of course we are using our own onions all the time and very few of them have rotted, so we're well provided for.

At the moment we're receiving lots of seed catalogues, so the producers clearly think we should be doing SOMETHING! Maybe if we leaf through the offerings, it will spur us on to do a bit of clearing and tidying and planning what should go where this year. At least it will be a start.

We've got a couple of unexpected vacancies which we'd love to fill (people having to give up for health reasons or work) so please give me a ring if you would like to come over and have a look.

We have just welcomed another new plot-holder but would love to see every plot in use this year. Free water, free manure, a free shed to store all your bits and pieces – you'd be foolish not to take up the offer!

Judith Mott, judithmott@btinternet.com,
Tel: 01208 841312

St Kew Historical Society

Forthcoming Events

All talks and meetings are held at St Kew Parish Hall, 2nd Thursday in the month from 7.30pm.

Thursday 14th February

Mr Adrian Wilton presents:

Churchill's Secret Army

Relating the history of small units established in towns and villages in secret to resist Nazi invasion forces in our country should the situation arise.

Many of these units were set up in Cornwall, maybe you remember them, had a relative who was part of them - who knows?

Come along, listen, find out!

St Kew Parish Hall, 7.30pm

As usual, members entrance is free, visitors and guests £3.00 per person.

Refreshments will be provided (any donations are gratefully received)

John Raybould - Secretary

Our Inaugural Poetry Competition

We have had a number of very good entries to the competition and judging is underway as we go to print. The names of the winner and runners-up will appear in March's magazine along with the winning poem. Who knows, it could be you! Watch this space.....

'KEW & A'

Twenty Questions & Answers

By way of a departure from the usual format, our subject this month has written his response as an article in narrative form.

This month: Major David Balmford, St Kew Highway.

I remember telling my mother that I could sing as well as Paul Robeson when I was about 8. Music followed of course, and I did become quite good at the piano. I love nearly any music pre-1950 and developed a taste for amateur drama.

My 13th birthday presents were a basic 35mm camera and a wooden-shafted 8-iron. Photography and golf became favourite hobbies and one of my proudest moments was winning the Yorkshire Open Amateur Championship so long ago.

My real proudest moment was walking down the aisle of St Martins-in-the-Bullring, Birmingham, with my new wife on my arm.

Entertainment-wise, I have re-read 'The Children of the New Forest' (by Capt. Frederick Marryat, pub. 1847) many times and love the film version of 'Pride and Prejudice' (dir. Robert Z. Leonard, with Greer Garson & Laurence Olivier, 1940).

I also thoroughly enjoy 'Foyle's War' (2002-2015, TV mystery series created by Anthony Horowitz) and similar historical shows. I would love to see more entertainment in the Community Hall, but when it was tried years ago, support was absent. And yet there are so many lovely people in St Kew Highway; one often nods

at half-known friends. It's a pity that there is not more social contact with St. Kew. We are all a bit telly-driven aren't we?

As for the village – well, what hasn't it got? There are doctors, petrol and garage, shop, pasties, pub, post-box and hole-in-the-wall, to name but a few. Pity no permanent post office (*though there is a mobile Post Office van that visits twice a week - ed.*)

What am I very good and very bad at? At my age I don't become much better at anything but get much worse at others! However I can still hit a golf ball and my computer graphics pass muster.

A phrase I use too often (Betty says!) is 'That's very expensive!' This may well apply to my dinner with three guests. I'd invite Peter Allis, whose repartee and after-dinner speaking are second to none, and Pavarotti could sing for his supper. I would also invite Betty who is a very good quality meal-provider.

I'm very embarrassed by the modern dress code and by my total disinterest in politics. I don't think this would worry Ava Gardner who would join me on a desert island, but the over-rated Jeremy Corbyn might be.

'What are the best and worst things about Cornwall?' England is too far from Cornwall and difficult to get to. On the other hand, it is 5°C warmer than Yorkshire!

Finally, I have always wanted to be a better singer than I am. I would have loved to have been a really good tenor – good enough to earn my keep. That would have enabled me to sing you to sleep rather than bore you to death!

Mobile Post Office

The mobile Post Office calling points each week are as follows:

Monday

St Merryn	08.45-10.00
Rock	11.00-12.30
St Kew Highway (Community Hall)	13.30-15.00

Tuesday

Tintagel	09.30-11.30
South Petherwin	12.45-13.45

Wednesday

Tintagel	09.30-11.30
Port Isaac	12.30-13.30
St Issey	14.00-15.00

Thursday

St Merryn	08.45-10.00
Rock	11.00-12.30
St Kew Highway (Community Hall)	13.30-15.00

Friday

Tingagel	09.30-11.30
Crackington Haven	12.45-13.45



Allen Valley Singers

2019... My birth year is getting further and further into the distance. Where have I been and what have I done? Maybe it is the here and now that matters and I must say that the past weeks have been busy, then busy, and then busy, but the end result was that Christmas came for us all, with its delights and even more importantly, we have had a New Year to welcome and perhaps even to have expectations that this fresh start may resolve and even fulfil, the downs and the ups of our lives.

As far as the choir is concerned, we look forward to singing the known and new music. We meet on Tuesdays from 7.15 p.m. to 8.45 p.m. at the St. Kew Highway Community Hall. Come and meet us, listen to our music and have a chat with our MD, Janette Man

We ended the past year with some joyous occasions. We entertained the good friends in Wyndhurst Orchard Retirement Home in Wadebridge. As with many of our concerts, when our MD Janette, produces a bagful of percussion instruments for our audiences to beat or shake, the willing folk in

Wyndhurst Orchard joined in heartily, thus feeling really part of the performance.

We had an enjoyable time at St. Kew Church Hall, where the church 'friends' were raising funds for the upkeep of this very lovely church. We sang, they provided pasties and other delights and a good time was had by all. Our last 'outing' was to the Red Lion Inn in St. Kew Highway. The atmosphere was jolly and again, the percussion instruments were handed to the willing 'players' and along with our Christmas songs, the audience and choir alike joined in Christmas carols with great enjoyment.

Now a whole new year is ahead of us. If you would like to join us, why not come and visit us on a Tuesday evening.

If you would like to book us for a concert, a wedding, or any event that would be enhanced by our music, please contact Jan, our MD on 01208 841784 .

Best wishes for this new year.

Joyce Hargrave-Wright (Dr.) Publicity.



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Puzzle Page

codeword

	7	9	19	13	9	3		6	14	6	22	3
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10	5	26	19	17		6	3	10	10	17		5
1		17		10		3		15		4		24
	7	12	3	10	24	3		18	14	20	6	22
14		3				13		5				3
6	9	13	8	3	10		7	24	18	3	3	24
23				16		14				16		7
9	20	11	5	15		24	18	17	9	15	3	
14		3		10		24		15		17		2
5		19	18	14	21	3		24	18	9	6	3
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	1											2

nonogram

T	E	A
N	L	V
I	E	N

How many words of 4 letters or more can you find? You must use the centre letter in each word.

No plurals or proper nouns are allowed. There are 45 listed in the solution which includes **1 nine letter** word to find.

12

1	2	3	4	5	6	7	8	9	10	11	12	13
14	15	16	17	18	19	20	21	22	23	24	25	26
					B	N		H				

Snowdrops

I attend this January garden
anxiously seeking new signs of spring.
The daffodils have been trumpeting since
before Christmas,
yet still the winter aconites hold their ground
struggle to strike-up through the frost.

But, look! a sinfonia of sudden snowdrops
orchestrates to banish the dark,

to play their concerto of
pure white light!



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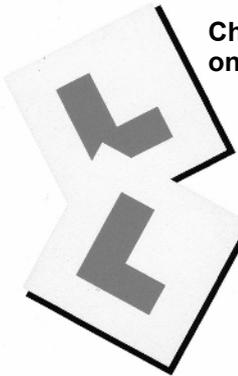
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Friday 8 February 7.30pm

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Saturday 2 March 7.30pm

Helen Porter – Constant as the World

Haunting songs and compelling piano-playing from jazz singer Helen Porter presents in a performance of her own songs and piano solos, interspersed with

timeless classics by the greats. If you have not heard her before, you are in for a real treat. All tickets £10.

Book tickets online at www.endelienta.org.uk; by e mail tickets@endelienta.org.uk; by phone 07787 944935.

Accompanied under 16s free to most concerts – please check the website.

**Friday 1 February to Sunday 31 March
Exhibition: ‘Four’**

The exhibition’s title implies a sense of structure and completion, and also reflects the different format of our third open exhibition: all selected pieces will be in A4 format and will be displayed on stands in the church in specially created books. Entry free.

Preliminary Announcement

St Kew Historical Society AGM

Will be on Thursday 14th March 2019
7.00 pm for 7.30.

St Kew Parish Hall
The start of our 11th Year!

All welcome.



Souper Lunch 18th January

Unfortunately we went to press a little earlier this month so the report will be in next month’s magazine.

Parish Hall

Our AGM takes place on 21st March to discuss, among other things, future plans for the Hall.

Everyone is welcome to attend.

Puzzle page solutions

1	3	6	8	9	5	4	7	2
5	4	2	6	7	3	9	1	8
8	9	7	1	4	2	3	5	6
4	8	3	9	6	7	1	2	5
9	2	5	3	1	8	6	4	7
6	7	1	2	5	4	8	9	3
3	1	4	7	2	6	5	8	9
2	5	8	4	3	9	7	6	1
7	6	9	5	8	1	2	3	4



Elean, evil, lain, lane, late, lean,
 leat, lent, lien, line, lint, live, nail,
 tall, tale, teal, tile, vale, veal, veil,
 vial, vile, alien, alive, anvil, elite,
 inlet, latin, lean, leave, linen,
 liven, navel, valet, vena, vital,
 entail, leaven, lenten, leant,
 enliven, lenient, linnate, levan-
 tine VALENTINE

Nonogram

	E	D	I	C	E	D		N	A	R	A	T
T		N		I		N		I	R			N
E	C	U	R	T	E	K	A	B	R	A		I
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E				C	A	C	H	E		S	U	B

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2019

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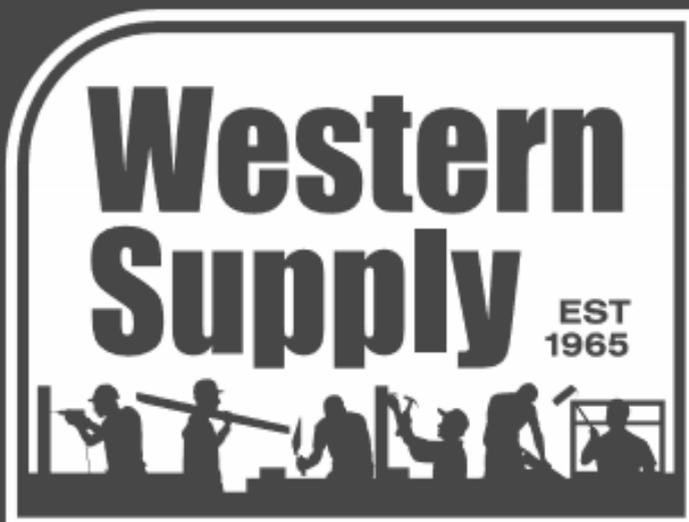
How do the classes work?

- Classes are limited to a maximum of 12 people. Small classes mean you receive good personal attention and ensure you are performing the exercises safely, and correctly.
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ANNIVERSARY OF THE FIRST WORLD WAR (LEST WE FORGET)

The Aftermath of the War

Demobilisation

Soldiers returning from the trenches found a different Britain to the one of 1914, with high unemployment, a rising cost of living, strikes from newly-organised Unions and a severe shortage of houses.



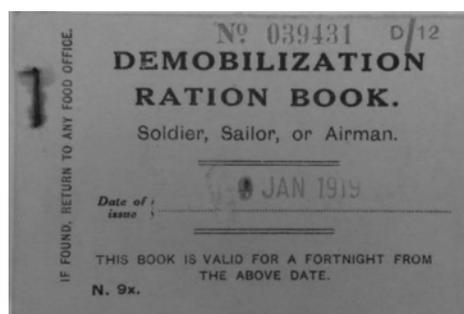
SOLDIER'S RETURN
Wives and babies rejoice when their soldier hero returns. Happy hours pass as he relates his stories of want and privations, of daring and heroism.

A returning soldier was given a month's paid leave, still in the service of the military, after which he was officially demobilised. If he had not found a job he was given a small unemployment benefit for about 6 months. Beyond the first 6 months after demobilisation, if an ex-soldier could still not find a job they would have to join the dole queue. The unemployment In-

insurance Act 1920 changed the law of 1911, raising the amount of dole money given and the number of workers who could claim, from 7 shillings to 15 shillings (20 shillings = £1 sterling) to a maximum of 15 weeks per year.

Demobilisation of the troops was done not by units but by individuals. Those with a long service record, longest time on the front line, or that were in pivotal jobs were to be sent home first. Pivotal jobs were in those industries which needed to be in full production to provide jobs for others. This plan was abandoned in 1919 when soldiers not in pivotal jobs protested at being sent back from leave to bases in France, Germany or Russia. 10,000 demonstrated in Folkestone; 8,000 in Brighton; and more in front of Whitehall. The process was too long and it was

too difficult to manage. Winston Churchill took over the planning of demobilisation, sending home first those who had arrived on the front first.



By February 1920 - 2 years after the Armistice – there were still 125,000 men left to be demobbed.

The following poem was received from Mary Willcock (nee Northcott) stepsister to the late Molly Girvan. Apparently, it was written by a relative of Mary and Molly, who had served and survived the horrors of the Great War.

Tommy's Reward on your Service No Longer Required

(Spelling is as written)

The Kaiser Trained his Army the War he did declare.
Then marched on Gallant Belgium before she could prepare.

But up jumped Jack and Tommy and crossed the raging main
and drove those Hunish murderers back to Berlin again.

But now the war is over those lads you don't require
While Tom was facing German in the bitter winters cold.
You were facing Brilliant Ballroom and Diamonds set with Gold.

While Jack was facing dangers to try and get your bread
You slept at home in safety on a snow white feather bed.

While we had a poultry sixpence with Bulley Beef and Jam.
You dined in your beautiful Mansions on home fed Veal and Lamb.

But rich men please remember with the lad in navey blue
we fought like hell in Flanders and won this war for you.

Remember we were promised good homes a little wealth
But all Lloyd George has built Sir is Chequers for himself.

So while you sit in comfort besides for your fires glow
Please try and help those Heroes who are tramping in the Snow

then rub out that old notice "Your Service we don't require
and try and get us work Sir. And we find food and fire."

William



ST KEW GARDENING CLUB

With the ending of the speaker evenings through poor attendance, would members like to go for days out instead, visit a garden or nursery etc. or do anything else in the forthcoming year?

The committee is open to all ideas so please get in touch. You can either email on:

stkewgardenignclub@hotmail.com,
phone the chairman on 01208 880007, or speak to a committee member.

RG

The Polzeath beach care dates are as follows:

January 9th
February 8th
March 9th (mega-care)
April 11th
May 9th
June 8th
July 12th
August 14th
September 21st (mega-care)
October 17th
November 15th
December 21st.

Regular beach cares takes place at 9.30am, meet in the beach car park. Mega-beach care takes place at 3.00 pm, meet at the Marine Centre.

See: polzeathmarineconservation.com for details.

Kathy

Pendoggett Night Shelter Appeal.

The goods collected were taken to St Petroc's at the end of the first week in January.

The supervisor was very pleased with the donations, particularly the toiletries.

Thanks to Geoff and Karen in the Cornish Arms for collecting the goods and thanks to everyone who donated items.

Wishing everyone in the villages a happy New Year.

Kathy

Events outside our Parish

Regular events at St Endellion

Endelienta Poetry Group, Book Club and Family Make Club. Please visit the website (see below), or phone or email for details.

February

10th & 17th Snowdrop Sundays at Pencarrow House 10.00am - 4.00pm.
Donations in aid of Charity.
13th Trevathan Farm Shop and Restaurant reopens.

Until 24th Ice Skating at Eden Project.
All month Plan Bee at the Eden Project.

March

1st Pencarrow Gardens open.
31st Pencarrow House, shop and cafe open.
Until 17th Plan Bee at Eden Project.

More information about these events can be found on the following websites:

endelienta.org.uk
pencarrow.co.uk
edenproject.com

Pieces of Eight needs you....

Drum roll please... This year we will be celebrating the 250th Edition of Pieces of Eight!

We are only a few editions away from our 250th (numbered) edition and we're planning a special issue to mark the event. We would love to hear from anyone involved in the magazine over the years, especially the editors from the early years, and previous incarnations, so we can help make this a very special anniversary.

Personal Column

Do you have a birth, birthday, engagement, marriage, significant anniversary, or perhaps a family bereavement that you would like to record in these pages? We are hoping to start a personal column for you to let everyone know.

Chapel Amble

It would be lovely to have more articles letting everyone know what's happening in Chapel Amble. We are conscious of the fact that the magazine tends to be focused on St Kew and St Kew Highway so come on, put Chapel Amble in the news!

As always, please contact us by email at stkewmag@gmail.com or give me a ring. We'd love to hear from you.

Nicky



ST KEW HIGHWAY METHODIST CHURCH

Services held in the Community Hall at 9.30am.

Preachers for February

- 3rd Rev'd Sally Long
- 10th Gordon Rowe
- 17th Church Fellowship
- 24th Rev'd Alistair Sharp

Catholic Church Services

Wadebridge

St Michael's Church
Tel:01208 72833
Mass Sundays 8.30am
Confessions
Friday 10.30-11.00am

Tintagel

St Paul The Apostle
Tel:01840 770663
Mass Mon-Thur 10am
Fri & Sat 6pm
Sunday 10.00am
Confessions:
Before/after Mass.
Other times on request.

Wadebridge Christian Centre

Molesworth Street, Wadebridge. Tel 01208 813110,
wadebridgechristiancentre.org

We are a lively, active, family church where everyone is welcome. We have a crèche and Sunday school, and all our children's workers are DBS checked.

St James the Great at St Kew



Calendar for January 2019

- Sun 27th 9.30am, United Covenant Service at St Kew Highway Community Hall.
- Mon 28th 7.30pm, Parochial Church Council (PCC) meeting. Venue to be confirmed.

Calendar for February

- Sun 3rd *Candlemass (deferred from 2nd)* 9.30am Holy Communion with Rev Dr Elizabeth Wild.
- Sun 10th *4th before Lent.* 9.30am, All Age Worship.
- Sun 17th *3rd before Lent.* 9.30am, Holy Communion with Rev Dr Elizabeth Wild.
- Sun 24th *2nd before Lent.* 9.30am, All Age Worship.

Calendar for March

- Sun 3rd *Sunday before Lent.* 9.30am, Holy Communion with Rev Dr Elizabeth Wild.

Reflections

So... 2019 has begun... Everyone is forging ahead into this new year which has opened before us. Well, not everyone.

Last year, some of us will have experienced the onset of chronic illness, a life-changing injury, the loss of a loved one, the loss of a business, or some other trauma. Suffering knocks the stuffing out of us: how can we forge ahead? We feel lonely: can others really understand how we feel deep down inside? Who understands what we are going through?

There is someone who does. That someone is God. God the Son, Jesus, who suffered on the cross, and God the Father, who suffered the loss of His Son, for our sake. If no-one else understands, God does.

So there is hope. Breakthrough hope. Yes, we can forge ahead knowing Someone understands us deep down. We can choose to put our hand in

His. We no longer need to face the rest of this year alone.

God make your 2019 a year of breakthroughs.

The Reverend Corinne Tournay



February 2019 Wadebridge Foodbank

URGENT HELP REQUIRED

We are struggling for space in our current location and in desperate need of larger premises or free dry storage, if you know of anywhere locally that is available please give us a shout.

THANK YOU

We just wanted to say how grateful we are to the local Churches, Schools, Businesses, Supermarkets and individuals for all your support and donations throughout the year. Without your kindness and generosity we wouldn't be able to help local people in crisis, since last April we have provided over 87,000 meals.

SAVE THE DATE

If you're already thinking of booking a mini-break this Summer, we have the perfect holiday destination! We will be holding our Fun Camping Weekend at Mother Ivey's Bay Holiday Park from the **14th-16th June 2019**. Fingers crossed for some lovely warm and sunny weather. More details to follow...



MONEYBOX COURSE

If you are worried about money and would like some support, come and join our FREE and FRIENDLY Moneybox Course. The course is for anyone who is a tenant, unemployed aged 16-64 and it will help people to budget, build their confidence and manage their finances. The next course starts in January and will run on a Friday in Bodmin for 3 weeks from 9.15am to 2.30pm. If anyone would like more details of the course, please contact us on 01208 815374 or email contact@wadebridgefoodbank.org It's a great way to learn in a relaxed environment.

Wadebridge Foodbank, Unit 2 Trevanson Street, Wadebridge PL27 7AR Tel. 01208 815374
Registered Charity No. 1166301
Email: contact@wadebridgefoodbank.org
Website: www.wadebridgefoodbank.org



To kick off 2019 we were pleased to welcome Hugo from Surfers Against Sewage. He explained the origins of the organisation campaigning for cleaner water.

The emphasis has moved now and is heavily promoting the use of less plastic. One plastic bottle would take 450 years to break up. Marine life find it difficult to distinguish between food and plastic. The 'plastic soup' problem right across the world has been a national resolution so we were very interested in hearing about their campaigns. We hope to carry out a beach clean later in the year.

Next month on Wednesday 13th February at 7pm, Mr Philip Rodda will be coming to tell us about his family's history of cream making. There may even be a few samples!

We always welcome any visitors.

Currently we are preparing our new programme - always a good selection of speakers and different events.

We look forward to seeing you.

Alison



**Make Do and Mend:
Why it's still important today**



Events Diary - February

January

27th Quiz at the Red Lion Inn for Children's Hospice South West. See advertisement in this month's issue for details.

February

6th 'Tea and Toast', St Kew Ace Academy
8.45 -11.00am.
Bellringing practice, 7.30 - 9.00pm.

7th Chair Aerobics, Community Hall, 2.00pm.

13th 'Tea and Toast', St Kew Ace Academy
8.45 -11.00am.
Bellringing practice, 7.30 - 9.00pm.

14th Chair Aerobics, Community Hall, 2.00pm.

15th Souper Lunch, Community Hall, 12.30pm.

20th Bellringing practice, 7.30 - 9.00pm.

21st Chair Aerobics, Community Hall, 2.00pm.

27th 'Tea and Toast', St Kew Ace Academy
8.45 - 11.00am.
Bellringing practice, 7.30 - 9.00pm.

28th Chair Aerobics, Community Hall, 2.00pm.

News from St Kew Parish Hall

Many thanks to all those who contributed to our draw and helped us raise about £850 for Hall funds. Thanks too to all those who attended the evening and had the added pleasure of listening to the Allen Valley Singers.

The next function at the Hall is the Parish Supper on 9th February.

Kathy

To book the hall, please contact Joanna Pratt on 01208 841420.

The Regal in Wadebridge

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www.wtwcinemas.co.uk



February

1st How To train Your Dragon: The Hidden World
Beautiful Boy
Green Book

8th The Lego Movie 2: The Second Part
Alita: Battle Angel

15th The Kid Who Would Be King
Instant Family

Live Screenings: book online or contact the Cinema.

January

30th 'La Traviata' - Royal Opera House, live, 6.45pm.

31st 'I'm Not Running' by David Hare. NT, live, 7.00pm.

February

19th 'Don Quixote' - Royal Ballet, live, 7.15pm.

Recycling

Recycling takes place on a variety of days in the same week within the parish. Recycling collections are in the weeks beginning 11th & 25th February.

Please see the Cornwall Council Website for full details.

ST KEW HIGHWAY COMMUNITY HALL ONGOING EVENTS

(Registered Charity No 294140)

Sun:	Methodist Church Service	Marion Dingle	01208 841388
Mon:	Yoga 10.30am	Fiona Crompton	01208 851735
	Pilates 2.30pm - 5.15pm	Martin Brooks	07812 959 879
Tues:	Allen Valley Singers 7.15pm - 9pm	Janette Man	01208 841784
	Pilates 1.15pm-2.30pm	Martin Brooks	07812 959 879
Wed:	1st, 3rd and 5th in month -		
	West Country Embroiderers 10am - 3pm	Pat Scarborough	01841 521323
	1st in month - St Kew Playing Field Trust		7.00pm
	2nd in month - St Kew WI 7pm	Becky Allen	01208 841798
	3rd in month- Gardening Club 7.30pm	Richard Godden	
Thurs:	Chair Aerobics 2pm	Pat	01208 841260

SOUPER LUNCH

Our next Souper Lunch will take place on Friday 15th February at 12.30 in the St Kew Highway Community Hall.

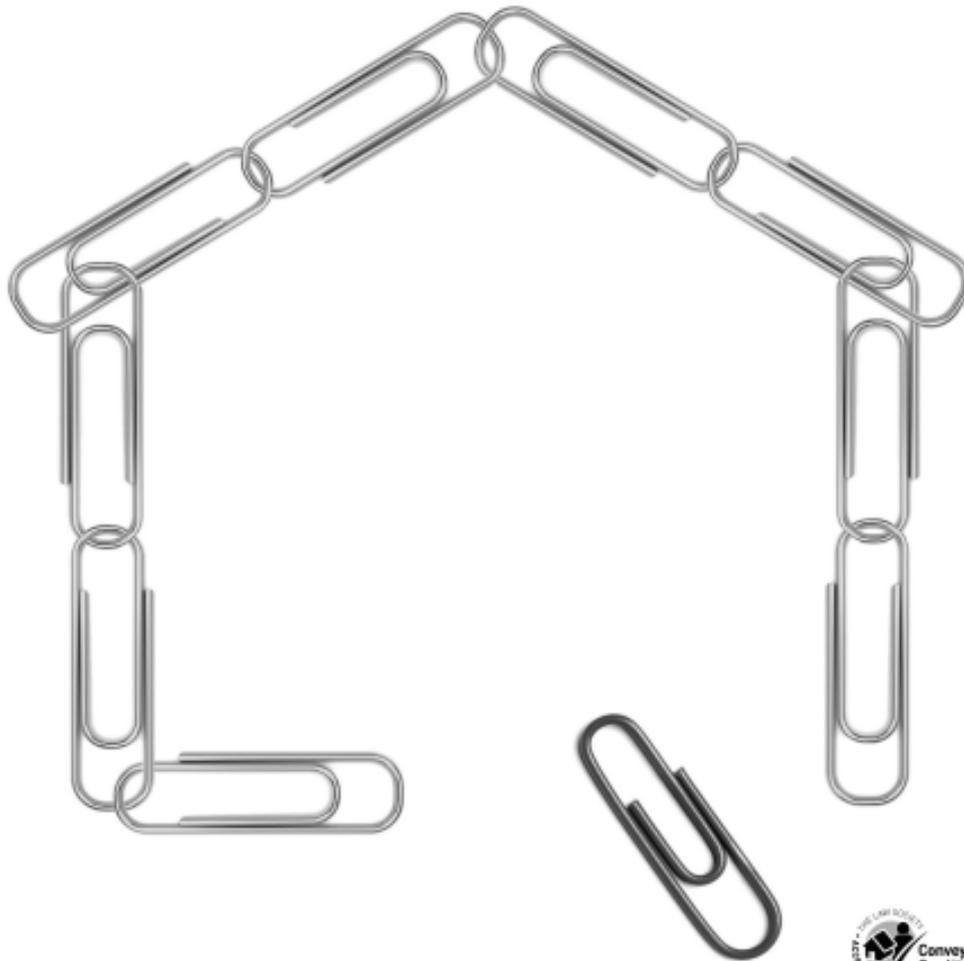
You are all most welcome. This is a community event where you could meet old friends or make new ones!



In 2018 we raised almost £1,000 for local charities.

**IMPORTANT : BEFORE ARRANGING YOUR EVENT AT THE HALL
CHECK AVAILABILITY AND BOOK WITH SHIRLEY ROWE 01208 841257**

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Parish Council News

Chairman: Cllr J Lethbridge

Clerk: Cindy Powell,

Rockhurst, Trethburgy, St Austell, PL26 8YF

Email: clerk@stkewparish.org.uk



The Parish Council meets in the Parish Hall, St Kew Churchtown at 7.00pm on the second Tuesday of each month. Members of the public are welcome to attend and address the meeting on any subject of concern.

St Kew Parish Council Meeting held on Tuesday 10th December 2018 at 7.00 pm in the Parish Hall.

Present: Chairman Councillor A Godden, Councillors, T Mott, J Rowe, R Godden, and County Councillor S Knightly. Four members of the public in attendance.

It was brought to the council's attention by the Practice manager of Port Isaac Practice that the information we gave out last month was not correct.

The Council had met with a church representative regarding the platform at the top of the steps. They will obtain quotations for the work.

The old Christmas tree, which had grown too tall and the wrong shape, was cut down and the replacement planted a few years ago was decorated for Christmas.

The Council has had a reply from Cormac, to say that they cannot allow camera signs on their speed limit signs.

It was reported that there were some dead trees along Gravelling Lane in a dangerous condition, the Council will write to the landowner.

Planning Applications

None

Planning Decisions

PA18/08963 - Mr A Martin, Carglaze Farm.

Conversion of stone barn.

Approved.

PA18/08531 - Rumbletums, Trelill Road. Demolition of fish & chip shop and erection of a detached dwelling.

Approved.

PA18/09059 - Brookfields, Hendra Lane. Change of use of stables.

Refused.

Council Meeting held on 8th January 2019.

Present, A. Godden (acting chair), Cllrs T Mott, J Rickard, B Finnemore, J Rowe, R Godden, P Bishop and 7 members of the public in attendance.

Quotations have been received for the re-pointing of the platform at the top of the church steps. The Council have voted to offer to pay for this to be undertaken in the interests of safety.

Speeding at Pendoggett is still ongoing, but the Council will request that the flashing speed check signs be displayed again in the mean time.

The Council have been made aware of burglaries in the the area and would like to warn everybody to lock up, especially sheds and outbuildings.

Planning Applications

PA118/11255 - Mr & Mrs Pennington, Menhay Pendoggett. Erection of single detached dwelling.
Recommend approval.

PA18/11391 - Mr & Mrs Pooley, Lower Trewethen, Trelill. To construct gable end to existing barn.
Recommend approval.

PA18/10776 - Mr & Mrs Prescott, land north of Great Brighter Farmhouse. Conversion of agricultural building to residential accommodation.
Recommend refusal.

Planning Decisions

PA18/08171 - Mr & Mrs Prescott, land north of Great Brighter Farmhouse. Retrospective consent for siting two shepherds huts for glamping purposes.
Approved.

An Apology

In the December issue of the Parish Council News we (the Parish Council) reported on the doctors surgeries in Wadebridge. The reason for reporting this was to allay any rumours that it would affect St Kew Highway Surgery. It has been brought to our attention, that although talks have taken place, there are currently no plans to merge or combine the surgeries. We apologise for any confusion or misrepresentation.



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Oystercatcher, Polzeath
St Kew Inn, St Kew
The Cornish Arms, Pendoggett
Wadebridge Wines, Wadebridge
Spar Stores, Polzeath
Old Custom House, Padstow
The Little Gin Shack, Wadebridge
No 1 Rock Road, Rock
Padstow Farm Shop, Padstow
Trebetherick Stores, Trebetherick
St Tudy Community Shop, St Tudy
Bin Two, Padstow
Ark, Atlantic Highway A39
Port Gaverne Hotel, Pilchards Café
Stargazy Inn, Port Issac
The Molesworth Arms, Wadebridge
St Mabyrn Inn, St Mabyrn



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