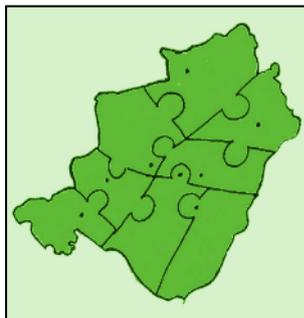


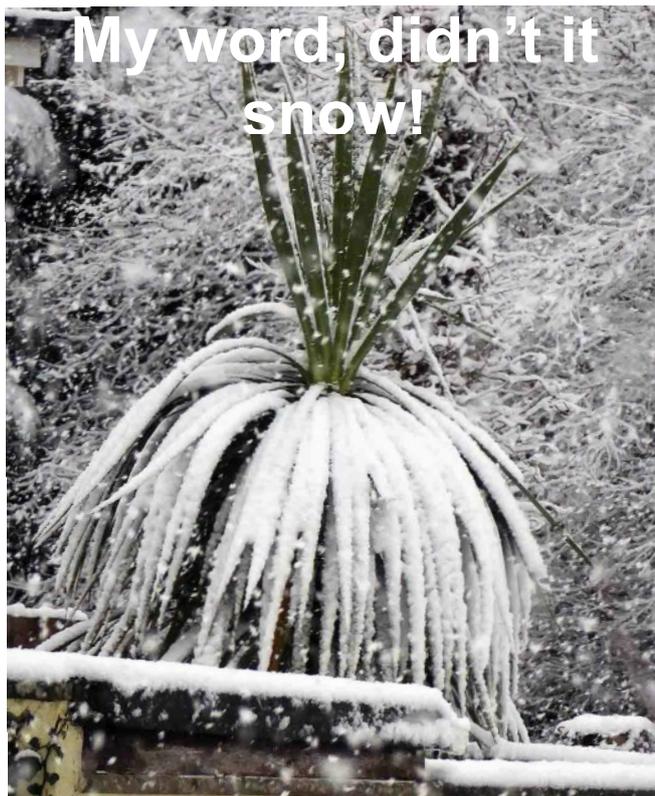
# Pieces of Eight



March 2019, Issue 247

News, views and issues from: Chapel Amble, Pendoggett, St Kew, St Kew Highway, Trelill, Tregellist, Trequite, Trewethern

Email: [stkewmag@gmail.com](mailto:stkewmag@gmail.com)



My word, didn't it snow!



*Chilly photographs by David Balmford*

Your free guide to news and events within and around St Kew Parish

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## 'PIECES OF EIGHT' POETRY COMPETITION 2018

(generously sponsored by Wadebridge Bookshop)

### 'And the winner is.....'

A couple of weeks ago, I sat down with Anna and Rob from the Bookshop to sift through the numerous poems that had been sent in. There was a range of voices exploring different subjects, and the tone also varied from serious through to comic.

We'd all like to give a **big thank-you to all** those who sent in poems, to this, our inaugural Poetry Competition. It's now my intention to publish a number of these over the coming months, so all can share in these local voices. Finally, after much careful re-reading and a full discussion, we unanimously came up with our winner:

'**Old-Timers**' by **Juliet Cleave**. Congratulations to Juliet!

We felt that her poem deals sensitively and movingly with a difficult subject and scrupulously avoids over-sentimentality. Instead the reader is invited to share the sufferer's point-of-view, one which necessarily broadens and deepens one's own understanding. Technically there also is much to admire regarding the choice of language, the careful use of repetition, the subtle use of imagery (e.g. 'in a place half-hearted:/ a destination where I gradually arrive'), as well as the controlled use of form, diction, rhythm and rhyme.

And it does something all good poems do: invites one to *re-read*.

Juliet is therefore our worthy winner and she is the happy (and surprised!) recipient of a £20 book-token courtesy of **Wadebridge Bookshop**. I understand she has already redeemed it!

*David*

### Old-Timers

They think I've departed, to no-man's land;  
Just out of reach: sinking in quicksand;  
My body a shadow of its former self  
Reflecting the person that's partially left.

They talk past me, around me and about me  
Forgetting at times that I'm still the key,  
That I still feel the tone of things, and know  
This decline is my biggest fear and foe.

They wonder where I am - not departed  
From this life, but in a place half-hearted:  
A destination where I gradually arrive,  
A half-world neither dead nor alive.

If I could tell them, I certainly would -  
I'd ask for their old fondness, if I could  
And the familiarity of days long gone;  
To hold my hand as this creeps on and on.

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# Welcome to Pieces of Eight

We are a free independent community magazine, published ten times a year (not January and August) covering local news, views and events in the St Kew parish area. Volunteers produce, edit and distribute the magazine to every household in the area, and to all the local churches, shops and pubs. We do hope you enjoy reading it.

We would love to hear from our readers - articles, letters, suggestions and other contributions are always welcome. Please see our contact details below.

There is also an on-line edition hosted by the Parish Council which can be found at [www.stkewparish.org.uk/PO8.html](http://www.stkewparish.org.uk/PO8.html). (*We are very grateful to the Parish Council for allowing us to use their website*).

## EDITORIAL

Once again, who would have thought or predicted that snow would fall so heavily and settle so quickly in the county as it did in at the end of January / early February. The settled snow always looks so peaceful and tranquil for the short time it is with us, I feel that it adds to the beauty of our already beautiful county. However, this weather as well as providing fantastic views, photography and outdoor activity opportunities can, and does, cause massive disruption.

Due to the time of day and the speed at which the snow settled it did indeed cause many problems and delays. I heard from a friend that it took almost nine hours to travel from Bude to Pendoggett, another told me that after eight hours trying to get home he had to abandon his car near Winnards Perch due to the road being blocked. I heard that students including youngsters from the parish being stuck at college in Bodmin having to stay overnight. I even saw a video clip of someone skiing down Molesworth Street in Wadebridge.

It seems that when events like this happen, in the main people are happy to help one and other where they can, be it pushing a car, clearing a path or calling on a neighbour with a cup of tea.

Let's hope that it will be a long time before we encounter another weather event like this and if we do, continue to look out for our neighbours, friends and sometimes strangers and provide help where needed.

Fortunately for me, I was on holiday so could only see what was either being broadcast, or what I was told when I returned.

Thank you for all of those who were able to help others.

Finally, our congratulations to Juliet Cleave for her well-deserved win in our poetry competition. Our thanks too to everyone who took up the challenge - better luck next time!

Steve

The Editorial Team:

Philippa Harkness - Children's page & History  
Steve Liddiard - Advertising Manager & Treasurer  
David Penhale - Events & Poet in Residence  
Nicky Pickard - Main editor who puts the magazine together, assisted by husband Mike.

## Contacting the Editorial Team

We can be contacted by email at [stkewmag@gmail.com](mailto:stkewmag@gmail.com). Please use this address for **ALL** correspondence, the in-box is checked regularly.

Alternatively you can phone Nicky's mobile - **07813 603776**. Leave a message if you can't get through and she will phone you back.

Advertisers should contact Steve, our Advertising Manager via this email address, putting 'Advertisement' in the subject line. Steve can provide information on advertising costs, space availability, formats, etc.

## Copy date for the April issue is:

**Friday 15<sup>th</sup> March**

We aim to get the printed magazine out to our distributors before the beginning of the month of issue. Please could all contributors send us your copy or advertisement as soon as possible, **before** the copy deadline. If your article or advert is going to be late it would be very helpful if you could let us know in advance.

## Note to Readers

When responding to an advertisement, **please** mention that you saw it in Pieces of Eight. This shows our advertisers that the magazine is **the** place to reach local customers.

The magazine does not accept any responsibility for any issues arising from advertisements.

Views expressed in this publication are those of its contributors and do not necessarily reflect those of the Publishers (the management committee) who reserve the right to refuse or alter any material supplied.

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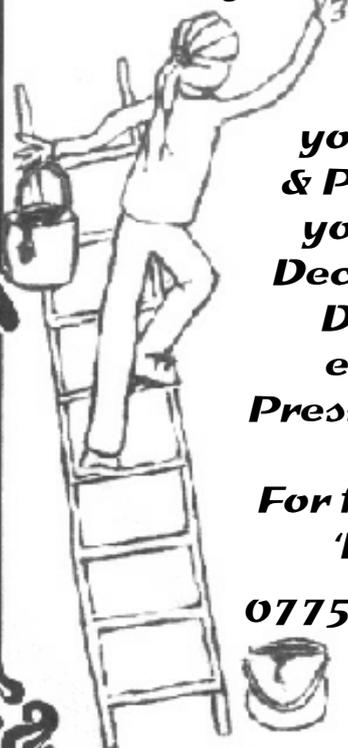
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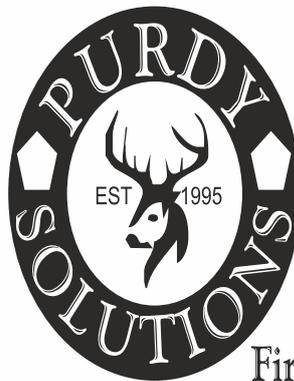


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## Cornwall's 'Little Harbour'

'Steve's Fun Quiz' in the Red Lion Inn on 27<sup>th</sup> January raised the sum of £200.00 for 'Little Harbour' and I must thank everyone who contributed to this in any way, particularly those who donated raffle prizes and my 'special helpers' (you know who you are!)

As usual, it was a fun evening and the money raised does go to a very worthy cause. It is used not to provide 'extras', but towards the actual running costs of this charity-funded facility which provides essential care for Cornwall's life-limited children and their families.

Particular grateful thanks are due to Wendy & Steve (I remember their names now!) for making such a successful and enjoyable event possible.

*Bob Plater*

## Parish Supper, 9<sup>th</sup> February

What a lovely evening we all had!! The welcome, the flowers, the table arrangements, the delicious soup and rolls, the difficult choice of which tasty mains to try, the salads, the puddings, the cheese, the tea/coffee and chocolates! Not to mention the band encouraging us all to sing! The fantastic solo performances - and the bagpipes!

The quiz, heads and tails, the raffle! Have I forgotten anything? The amazing atmosphere and the joy of taking part in such a friendly community event.

Obviously it took many people to organise the evening, so thank you to each and everyone of you for helping in so many ways, and especially to Rob, Leonie, Andrew and Pip who masterminded it all.

The evening made over £1,000 which is fantastic.

*Philippa*



## Souper Lunches

### January

We raised £70 from the Souper Lunch which has been forwarded to the Dreadnought Centre at Redruth.

## February

The February Souper Lunch raised £102 for CAMHS - Child and Adolescent Mental Health Services - for the new adolescent centre that is being built called Sowenna ('success and welfare' in Cornish).

## Polzeath Beachcare, 8<sup>th</sup> February

Despite a very heavy weather day, high winds and a lot of rain, it was lovely to see so many people turning up to support this activity. All very bracing with everyone well-dressed for it.

A warm welcome to newcomers Kevin, Caroline and their 2 dogs.

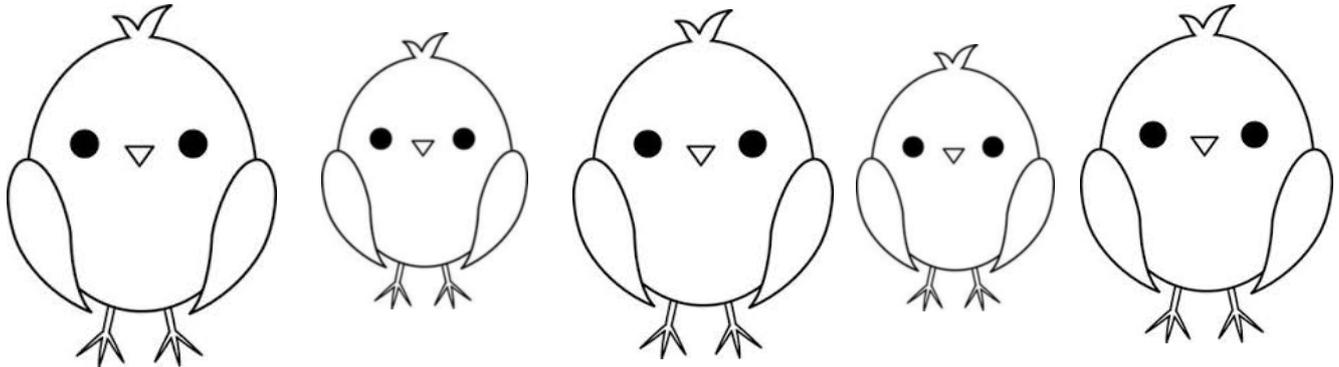
One point of interest noted was a dead seal pup found on the strand line, which was reported to Strandings. Despite the heavy seas there wasn't too much litter on the beach but even so, 4 bags were collected, including Ian's 'My Little Animal'.

Overall 10 bags have been collected on Beachcare days, and a total of 16 overall.

*Nick*



# CHILDREN'S CORNER



At this time of year wild birds could do with some help from us. Why not make them some suet cakes to hang in your garden. You will then be able to watch them feeding as well as giving them a very tasty treat!

*NB not suitable for anyone with a nut allergy!*

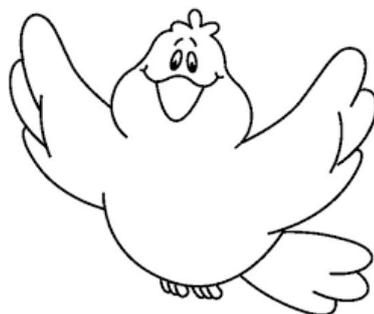
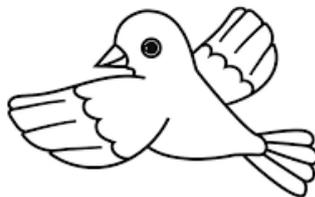
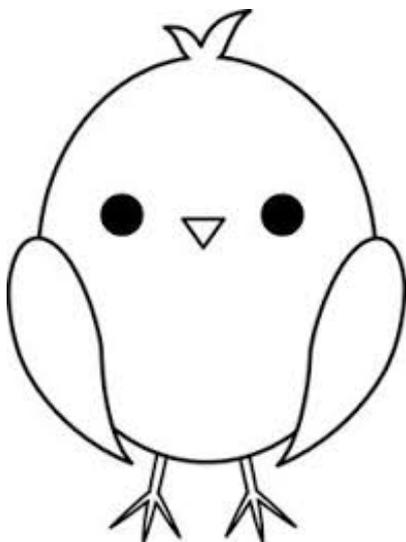
## Ingredients:

- 250g suet
- 150g unsalted and unsweetened dry mix: raisins, peanuts, sunflower seeds, and oats (you can also add bird seed if you want)
- Cupcake papers or yoghurt pots
- String

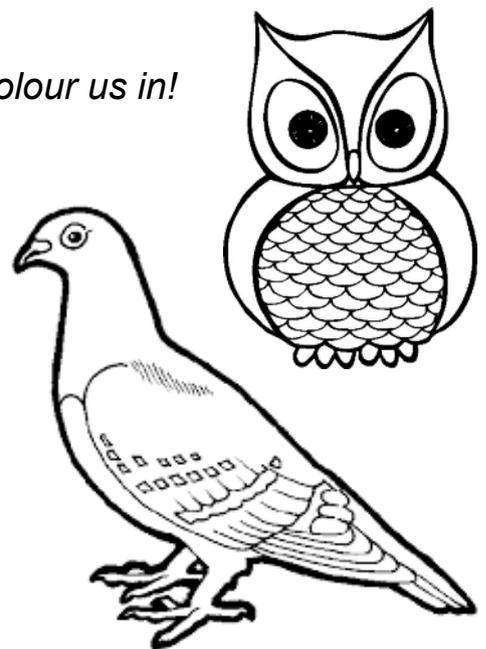
## How to make:

- Make a hole in the bottom of the cupcake paper or yoghurt pot.
- Thread through the string and make a loop and knot it so it is secure.
- Melt the suet over a gentle heat.
- When it has melted pour it into a jug and add the dry ingredients. Mix well.
- Fill the cupcake papers or yoghurt pots.
- Place them in the fridge until they have set.
- Hang them outside, where cats and dogs can't reach them.

Watch to see who comes to visit!



*Colour us in!*



## Climate Change

In "Far East", the Magazine of the Columbian Missionaries, an article by Sister Kathleen Melia appeals to us to listen to stories that are warning of the urgency of climate change. This is a subject I am aware of but tend to get confused with arguments and counter arguments, but the reasoning Sister Kathleen uses got my attention. The following is a summary of what Sister Kathleen had to say. She states that our earth, wonderful and precious, is being threatened by humans, the last born in the community of life. All species that preceded us prepared for us a paradise, and now we are destroying our common home.

She became aware of climate change from the small print on her airline return ticket, which stated that she would be adding 1,542 grams of carbon dioxide to the atmosphere and each of her fellow passengers would be doing the same.

She then went on to say that the gift and skill of flight graced the earth when the first birds joined the chain of being some 150 million years ago. In all the intervening years they have been adding beauty and colour to the air and unlike the human intervention, cause no pollution. Sadly, the whole species is dying out because of the action of humans who only joined the web of life some 2 million years ago.

Trees entered the chain of life some 350 million years ago. Now the magnificent rain forests, the lungs of our planet, which as well as being home to a wonderful diversity of flora and fauna, help to regulate the temperature of the earth, are being wantonly destroyed by human activity. With the loss

of the forests the climate is getting hotter. Glaciers are melting, seas are rising, in some areas there is too much rain and forest fires in other areas. Hurricanes and salination of fresh water are destroying food sources, and communities are being annihilated.

It is the poor who suffer the most – is that why we, in our comparatively comfortable way of life, don't care that much about the whole subject? We are reminded that we are part of the problem; therefore, we must become part of the solution. All of us whether individuals, families, religious, social or political communities, professions and associations can contribute to healing the planet.

Solutions include: walk, bicycle, drive less, conserve water and protect waterways, eat seasonally organically and locally, switch to sustainable clean energy, stop or eat less meat and dairy, unplug devices, line-dry your clothes, eliminate consumption of bottled water, properly insulate your home, and maintain your heating and cooling systems.

These are a few extracted from websites, there are certainly many more solutions. Wherever we can, let us try to achieve at least one of the solutions – for the planet and our future generations. I am not a crusading type, but let us give this a go.

*William*

*Editor's note: This is a great idea! Three easy wins I would add to the list: fill the kettle with just the right amount of water, turn off lights when not needed, and replace filament and halogen light bulbs with LED equivalents.*

*Does anyone have other ideas or tips?*

## Events at St Endellion, March 2019

**Saturday 2 March 7.30pm**

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## From the winner of our first Poetry competition.....

Many thanks for dropping over the book token (I'm still aghast to have won a poetry prize!)

Thought you might be interested to know I've been into Wadebridge Bookshop and had a most enjoyable time browsing the shelves, and brought home half a library (see attached photo).

Reckon this lot will see me through the rest of the winter evenings (& woe betide anyone that interrupts my nose-in-a-book time!)

Regards.

Juliet



# GILL'S RECIPE OF THE MONTH

## Crispy chicken burgers with lemon mayo

### Ingredients

- 4 chicken breasts
- 3 slices white bread, toasted
- 1 egg
- 1 tsp Dijon mustard
- Zest of 1 lemon, and juice of half
- 4 tbsp reduced-fat mayonnaise
- 4 ciabatta buns, warmed or toasted
- Your choice of salad to serve

### Method

- Heat grill to high. Put the chicken breasts between two pieces of cling film and bash with a rolling pin until they are about half their original thickness.
- Whizz the toast in a food processor to rough breadcrumbs, then tip onto a plate.
- Beat the egg and mustard together in a bowl and season. Dip the chicken into the egg, letting the excess drip back into the bowl, then press into the toasty breadcrumbs.

- Put under the grill on a flat baking sheet and grill for about 10 minutes, turning once until golden and crisp on both sides and the chicken is cooked through.
- Beat the lemon zest and juice and lots of black pepper into the mayonnaise. Spread some of the mayo onto the bottom halves of the buns, top with chicken breast and salad of your choice, and serve.



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## Our Feathered Friends

"Feed the birds, tuppence a bag", so the song goes. More like a small fortune if this season has been anything to go by! Joking apart, there are many ingredients and means that the suppliers of wild bird food offer us bird lovers to tempt us to part with our money. It pays to buy the best food you can purchase for your budget. Cheaper bird food, however tempting, tends to include added extras like odd stalks and grasses or crunched up dog biscuits, and cheaper larger seeds that only pigeons and pheasants tend to eat, but only as a last resort! Some bird food can lead to hygiene issues leaving a mess in your garden and around feeders which encourages a vermin issue.

Peanuts seem to be out of favour in our garden compared to other temptations. Sunflower hearts are enjoyed, they are good too for not leaving a mess as the birds can eat them quickly with no effort to prise them open and discard the waste. 'No grow, no waste' seed blends can be a good option to buy to keep weeds out!

Niger seeds attract Goldfinches, sunflower seeds and good quality seed also attract other Finches. We get a Greenfinch pair feeding which is rewarding as their numbers are in decline.

Fat balls and fat pellets, and slabs with various ingredients that fit into special wire or plastic feeders are welcomed by a whole host of species. These offer a good source of energy for the eager feeders. Great Spotted Woodpeckers and the Tit family en-

joy these and you may be lucky enough to attract a Nuthatch.

Different styles of feeders that hold various treats including ground mesh holders are available. Indeed you can turn your garden into a fast-food chain restaurant if you can afford to get carried away!

Natural ingredients like apples and pears are good for Thrushes and Blackbirds, as is suet for Robins and Dunnocks. Buying bird food is not just for birds, but also rewards us as we sit back and enjoy the comings, goings and behaviour of birds attracted to the garden - Rooks attempting to be a Blue Tit holding its wings out to balance on feeders, for example.

Interestingly, a Jay at Walmsley Bird Sanctuary investigating the seed feeders latched onto the feed holder briefly prior to unbalancing. The Jay is part of the crow family, a bird that has a very loud rasping call announcing danger at the edge of woodlands.

The Jay is a handsome bird, with a white crown and black stripes, black moustache, pale pinkish grey body, white rump and electric blue bars within black and white wings. A rare visitor to our garden, but often seen on the road leading from Pendoggett to the St Kew Inn (mines a pint!). Remember at this time of year you can cut back feeding as more natural wild food sources become available.

Happy hygiene is happy feeding - don't forget, clean feeders regularly.

*Clutts, Pendoggett*

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## St. Kew Community Gardens Association

**The View from the Allotments** ..... and I could almost repeat what I wrote last month.

It's not just us – I met some fellow tenants in Wade-bridge last week and they admitted with a grimace that they had hardly been near the place in the past five or six weeks, and their plot is one of the neat-and-tidy ones!

However, the ground does seem to be drying out a bit and I hope (after seeing a bit of sunshine and warmth in the past few days) that I shall have enough impetus to get things moving. At the moment I go round there a couple of times a week but that's just to get some vegetables for dinner. The brussels sprouts are continuing their success, the purple sprouting broccoli has started with a vengeance and, of course, we're lifting leeks and parsnips regularly which is always gratifying. But I must, *must*, MUST get started on preparing various patches for the new season.

The really good news is that people have been reading our articles, and in the past month we have had requests from three people to join the site and take over one or more plots. It looks as though we might almost have a full house by the time we get to Easter, although there might still be two vacancies, if anyone's interested.

One of the things we shall have to get down to soon is the replacement of the green netting fence around our two plots. When we (or rather, Tony)

erected it some four or five years ago, it looked super efficient and sturdy and made the whole place look cared for. Now, however, after several seasons of high winds and torrential rain, it is in a sad state, drooping in places, missing in others and needs a ruthless approach. We need to get rid of it all and start again. But it has been such a help in sheltering young plants when they are first planted out and will be worth the effort.

It's also time to clean out the greenhouse, take up the old grow-bags and scatter the contents across parts of the plot and generally sort through all the seed-trays and plant-pots to see what can be salvaged for the next lot of plants. And of course that sort of job can be done even if it's raining and blowing outside. The greenhouse has really stood up to some awful weather but Tony built it very carefully and it has repaid us.

Off now to meet a couple of people who want to look at vacant plots and then I shall make up a bagful of veg. for dinner tonight and tomorrow. I shall also put together a bag of greens for Steve Randall at the Red Lion to use with Sunday Lunch at the pub – local veg. from a local producer! Can't beat it!

### STOP PRESS

The two people I showed round yesterday have just stopped by with a completed tenancy agreement and are raring to go – renting not one but two plots, side-by-side. Yay! Result.

Judith Mott, [judithmott@btinternet.com](mailto:judithmott@btinternet.com),  
Tel: 01208 841312

## St Kew Historical Society

The talk on Thursday 14<sup>th</sup> February given by Mr Adrian Wilton: "**Churchill's Secret Army**" - relating the history of small units established in towns and villages in secret to resist Nazi invasion forces in our country should the situation arise. Many of these units were set up in Cornwall, did you remember them, had a relative who was part of them - who knows?

A most interesting, fascinating and very well-presented talk. Mr Wilton, with his wide-ranging knowledge both personal and well-researched on the subject (post the 50 year Official Secrets Act restriction) kept an enthralled audience of about 20 members and guest riveted to their seats with tension, mystery and intrigue. A subject well worth following for all who had relatives serving on the home front in whatever capacity during WW2.

There's just one way to find out – search our archives today to see if their name comes up as part

of our exclusively transcribed 'Home Guard Officer Lists 1939-45' and 'Home Guard Auxiliary Units 1939-45'.

Please come along to our next meeting on **Thursday 14<sup>th</sup> March. AGM, 7.30 pm, St Kew Parish Hall.**

Our next talk is on **Thursday 11<sup>th</sup> April at 7.30 pm, St Kew Parish Hall.**

The guest speaker is Mr John Keast, Chairman of the Warleggan History Group:

*"The Reverend Densham, Rector of St Bartholomew's Church, Warleggan 1931-1953. For 20 years he preached to an empty Church - the myth and reality".*

A very interesting talk is promised - not to be missed. All members, guests and visitors welcome. Members free with annual membership, guests £3.00 per person. Refreshments available.

*John Raybould - Secretary*

## 'KEW & A'

### Twenty Questions & Answers

**This month:** David Penhale, St Kew Highway.

**Childhood Hero:** Ernest Shackleton.

**Hobbies:** *Painting (a bit more than a hobby); playing music/song-writing; writing; reading; walking; cinema & theatre.*

**Favourite Music(s):** *J.S. Bach's 'Well-Tempered Clavier'; Schubert's piano sonatas;- but Howlin' Wolf comes close!...(and then of course there's Steely Dan, Little Feat, & anything by Ry Cooder).*

**Favourite Book(s):** *'Moby Dick' by Herman Melville; the amazing short stories of Nikolai Gogol, Anton Chekhov, Katherine Mansfield, and Raymond Carver.*

**Favourite Film:** *'Eternity and a Day' (dir. Theo Angelopoulos, 1998).*

**Favourite TV Programme(s):** *'War & Peace' (BBC, 2016); 'Les Miserables' (BBC, 2019); 'Breaking Bad' (2008-2013); 'The Sopranos' (1997-2007).*

**What's good about living in your village? ....**  
*Peace and quiet; good friends; local amenities such as petrol, the shop, the surgery(!), Aunt Avice's, the garage; and we're within reach of two splendid pubs.*

**What would you improve?** *Before an accident happens, I'd like to slow the speeding traffic on Trelill Road, therefore, in the absence of real ones, I'd build some Sleeping Policemen and also install flashing speed limit lights; or maybe deploy 'stingers'!*

**I'm very good at....** *Starting things.*

**I'm very bad at....** *Finishing them (but I do respond to a deadline).*

**A phrase I use too often is....** *'You've got to be joking!'*

**Three people, dead or alive, I'd invite to dinner are....** *Dorothy Parker (wry American wit); Billy Connolly (the-one-and-only); Bessie Smith (the great blues singer).*

**I'd like to be stranded on a desert island with....**  
*Sue (my wife - she can sail; & swims rather well too!)*

**I'm embarrassed by....** *My mistakes.*

**My proudest moment was....** *The birth of each of my three children - and then, later, my grandchildren!*

**The best things about Cornwall is...** *Its edginess and wildness.*

**The worst thing about Cornwall is....**  
*Over-crowding in the summer.*

**Which of our country's laws would you change?** *I'd abolish all private & independent schools & Student Fees, and properly fund state education...however, back in the Real World, we need to protect our insect & wild-life populations, (so we don't die out too!), which of course, means also protecting their natural habitats like hedge-rows, trees, woods, forests and Wild Places.*

**An over-rated public figure is....** *Michael Gove (who, quite unwittingly, did so much damage to our education system).*

**In another life I would be....** *A pianist.*

## Mobile Post Office

The mobile Post Office calling points each week are as follows:

### Monday

St Merryn	08.45-10.00
Rock	11.00-12.30
<b>St Kew Highway</b> <b>(Community Hall)</b>	<b>13.30-15.00</b>

### Tuesday

Tintagel	09.30-11.30
South Petherwin	12.45-13.45

### Wednesday

Tintagel	09.30-11.30
Port Isaac	12.30-13.30
St Issey	14.00-15.00

### Thursday

St Merryn	08.45-10.00
Rock	11.00-12.30
<b>St Kew Highway</b> <b>(Community Hall. Please note the new time)</b>	<b>14.00-15.00</b>

### Friday

Tingagel	09.30-11.30
Crackington Haven	12.45-13.45



## Allen Valley Singers

We have filed away our Christmas Music and out has come a huge selection of our repertoire, ready for the enjoyment of our music for this New Year. Our choir is lucky enough to be taught and trained to breathe and sing properly, using the right muscles. It is not enough just to open one's mouth and sing, However, as with many crafts and talents, there is a right and proper way, which can enhance the performance. Our evenings start with our standing in a circle, where we commence with breathing exercises, which sometimes produce sounds that are not particularly harmonious but are fun and essential. When one takes in as much breath as possible and then expels it all in a big 'Wow', then not only is it fun but also very beneficial. Lifting our arms up as high as they can go is another muscular move that is sometimes harder than one thinks. We often sing silly songs but with a purpose, counting and clapping on the fourth beat, is not always as successful as one would like especially if we are counting backwards from 8. We finish with songs concentrating on the dynamics and the meaning of the words, often with canons, fun and demanding. Finally we return to our choir places warmed up and ready to go.

Each month, with each section taking their turn to organise the event, we have a social get-together after the rehearsal. The Hall's rent needs to be paid and in order to assist this financial outlay, members purchase a raffle ticket, with one lucky person receiving a good prize. However, included in this pleasurable evening is tea/coffee and delicious home made cakes and to my delight, savouries of all kinds. It also gives us the chance to talk to our fellow members other than those in our particular section. New members in particular are always pleased of the opportunity to meet us all in a social atmosphere.

If you would like to join us for the music and the camaraderie, contact our Musical Director Janette Man. Tel. 01208 841 874. You can also book us for concerts, or any event in your life that would be enhanced by our music: weddings, christenings, and (sadly but professionally), even funerals. You would also be welcome at the Community Hall in St. Kew Highway on Tuesdays between 7.15 – 8.45 pm to meet us all, have a chat with Jan, listen to our songs, and the wonderful music of our pianist, Steve Tyrrell.

We look forward to seeing you.

*Joyce Hargrave-Wright (Dr.) Publicity*



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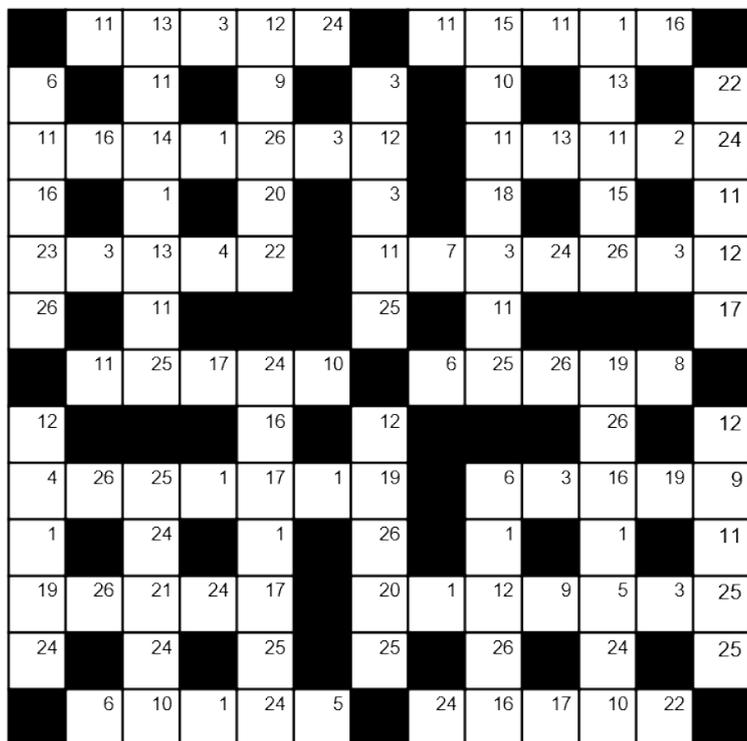
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# The Puzzle Page

## Codeword



13

1	2	3	4	5	6	7	8	9	10	11	12	13
					<b>B</b>							
14	15	16	17	18	19	20	21	22	23	24	25	26
					<b>C</b>			<b>Y</b>				

## Sudoku

	7				8			
			2	4				
		6					3	
			5					6
9		8			2		4	
	5			3		9		
		2		8			6	
	6		9			7		1
4					3			

1

## Word Square

<b>D</b>	<b>T</b>	<b>E</b>
<b>P</b>	<b>E</b>	<b>R</b>
<b>E</b>	<b>N</b>	<b>R</b>

How many words of 4 letters or more can you find? No proper nouns are allowed and the the centre letter must be used in each word. There are 43 words listed in the solution, which includes **1 nine letter** word to find.

## Letters to the Editor

*From Anne Dealy*

Would it be possible to print this in Pieces of Eight as I would love to try and find a way to say thank you?

I was on my way back from St Austell last week when it started snowing heavily and I made it to Wadebridge Storage and couldn't make it up the hill.

I had resigned myself to leaving my Mini and walking home which would have taken hours (I live in Pendoggett) when a gentleman offered me a tow up the hill. I then managed to make it to St Endellion when I was struggling up that hill and some guys pushed me up. I then made it home.

I am so grateful to these people, but don't know who they are. I would just like to thank them very much. I certainly wouldn't have got my car home without their help.

Kind regards

*Anne*



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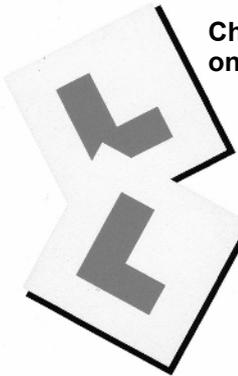
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## THE COMMUNITY HALL ST KEW HIGHWAY

At the Community Hall we aim to serve everyone in the Community. There is one area where we have problems: catering for the younger members of our community. We know that the Playing Field organisation provide for outdoor activities and that the local schools offer many opportunities for after-school activities. We would like to arrange for a Youth Club in the Hall, but only if that is what the local youngsters want, and if we can recruit at least two suitably qualified supervisors.

We are also in the process of renewing the computer classes which also cover how to get the best from your mobile phone. More news on that later in the year.

There are also two FREE events in each month. On the second Wednesday of each month there is a tea

and cake afternoon from 1.30 to 3.00. A very informal affair gives you the opportunity to meet neighbours, get to know others and enjoy a chat over a cup of tea and a piece (or two) of cake.

The other is on the 3<sup>rd</sup> Friday of every month at 12.30. This is the 'Souper Lunch', with all home-made fayre, including tasty soup, a roll, pudding and tea/coffee. There is a pot available for donations to a local charity chosen by those present. We must stress that this is not a 'soup kitchen' but another opportunity to meet up with friends and neighbours.

For all other events taking place in the Hall refer to the back of your Parish magazine. If you have any ideas as to what you would like please let us know.

*Judy Gray, Chairman of the Trustees,  
email: judytretawncottage3@gmail.com*

### St Kew Historical Society AGM

Will be on Thursday 14<sup>th</sup> March 2019  
7.00 pm for 7.30.

**St Kew Parish Hall**  
The start of our 11<sup>th</sup> Year!

All welcome

### St Kew Playing Field Trust Notice of Annual General Meeting

The AGM of the St Kew Playing Field Trust will take place on **Thursday 25<sup>th</sup> April 2019** at 7.30pm in the New Pavilion, St Kew Playing Field.

All Holding Trustees, Managing Trustees and Committee Members should attend. All facility users, partners & associates, along with any members of the public, local parish and surrounding area are invited to attend. The purpose of this AGM is to re-establish all trustees, elect a managing committee, present annual accounts and to give and receive feedback of the last 12 months.

The future of the Playing Field Trust and all it means to the local community, suggestions for future development and the future proofing of the St Kew Playing Field is important to us all. So, pay a visit, have your say, join us and contribute to our aspirations.

**ALL ARE WELCOME**

### St Kew Highway Methodist Church

The church are looking for someone to help them out. Their organist is leaving the area and they are looking for someone to play the organ on Sunday mornings from 9.30 to 10.30 am. If there is anyone who can help, or needs more information, please phone Marion Dingle on 01208 841388.

### Puzzle page solutions

4	1	7	6	2	3	5	9	8
8	6	3	9	4	5	7	2	1
5	9	2	1	8	7	4	6	3
6	5	1	4	3	8	9	7	2
9	3	8	7	6	2	1	4	5
7	2	4	5	9	1	3	8	6
1	4	6	8	5	9	2	3	7
3	8	5	2	7	4	6	1	9
2	7	9	3	1	6	8	5	4

**Sudoku**

Deep, deer, dent, eden, epee,  
need, nerd, peer, pend, pent, pert,  
reed, rend, rent, teed, teen, tend,  
tree, deter, ender, enter, erred,  
peter, preen, tepee, tend, deep-  
en, deeper, peered, render, rent-  
ed, renter, repent, tender, entered,  
petered, preened, pretend,  
re-enter, repented, re-rented, ten-  
derer, PRETENDER.

**Word Square**

A	M	U	S	E	A	G	A	I	N				
B	A	H	A	U	R	M	Y						
A	N	X	I	O	U	S	A	M	A	Z	E		
N	U	W	I	M	P	Y	A	Q	U	E	O	U	S
O	A	L	T	E	R	B	L	O	C	K	T		
S													
P	O	L	I	T	I	C	B	U	N	C	H		
I	E	I	O	I	O	I	I	A					
C	O	V	E	T	W	I	S	H	F	U	L		
E													
B	R	I	E	F	E	N	T	R	Y	L			

**Codeword**

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## 2019 COACH EXCURSIONS & TOURS

30 <sup>th</sup> MAR	IKEA EXETER	9 <sup>th</sup> AUG	CORNISH SEAL SANCTUARY
16 <sup>th</sup> APR	BUCKFAST ABBEY, BUTTERFLIES & OTTERS	14 <sup>th</sup> AUG	BRITISH FIREWORK CHAMPIONSHIPS
26 <sup>th</sup> APR – 1 <sup>st</sup> MAY	ISLE OF MAN SPRING TOUR	29 <sup>th</sup> AUG	SEATON TRAMWAY & SIDMOUTH
3 <sup>rd</sup> MAY	BLUEBELLS @ ENYS GARDENS	10 <sup>th</sup> SEP	TAMAR CRUISE TO CALSTOCK
8 <sup>th</sup> MAY	HELSTON FLORA DAY	30 <sup>th</sup> SEP – 4 <sup>th</sup> OCT	AUTUMN TOUR TO OXFORDSHIRE
18 <sup>th</sup> MAY	DEVON COUNTY SHOW	16 <sup>th</sup> OCT	CLARKS SHOPPING VILLAGE & WELLS *
1 <sup>st</sup> JUN	BUCKFAST GARDEN FAYRE	26 <sup>th</sup> OCT	HALLOWEEN SPOOKTACULAR MYSTERY TOUR
11 <sup>th</sup> JUN	ST IVES & TRAIN	2 <sup>nd</sup> NOV	BRIDGWATER CARNIVAL
14 <sup>th</sup> – 17 <sup>th</sup> JUN	WEYMOUTH *	16 <sup>th</sup> NOV	LONGLEAT FESTIVAL OF LIGHT
20 <sup>th</sup> JUN	HIGHGROVE GARDENS	22 <sup>nd</sup> – 25 <sup>th</sup> NOV	TURKEY & TINSEL AT SANDOWN, ISLE OF WIGHT
1 <sup>st</sup> JUL	PAIGNTON STEAM TRAIN & PADDLE STEAMER	7 <sup>th</sup> DEC	BATH CHRISTMAS MARKET
17 <sup>th</sup> JUL	STEAM TRAIN TO MINEHEAD *	15 <sup>th</sup> DEC	TOUR OF CORNISH CHRISTMAS LIGHTS
4 <sup>th</sup> AUG	FESTIVAL OF BRITISH EVENTING	21 <sup>st</sup> DEC	SNOW WHITE @ THE EXETER CORN EXCHANGE

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## In Memoriam

We would like to pay tribute for Peter Ashpole of St. Kew Highway, who recently sadly passed away.

He was one of our stalwart magazine-distributors for a number of years. A gentle, kind man with a wry sense of humour, he will be much missed.

Our condolences go to Anne and the family.

*The Pieces of Eight team.*

## Dementia Aware Wadebridge 2019 "Sharing Helpful Actions"



Following on from the success of the first conference in 2018 this event provides the opportunity for all interested parties to come together to share experiences to enable Wadebridge to become even more Dementia Aware and Memory Friendly.

This conference is reaching out to local organisations, care providers, carers, and those living with dementia to explore the helpful actions that we can all be doing to make a big difference to people living with memory loss.

Dementia Aware Wadebridge 2019 "Sharing Helpful Actions" is taking place on Tuesday 9th April 2019, from 9.30am to 4.00pm at the John Betjeman Centre, Wadebridge.

Speakers will be sharing information on approaches that are helpful including the use of the natural environment, research underpinning helpful approaches, the things that social enterprises and retailers are doing to help. To involve as many participants as possible the Conference is free to attend.

To book a place, please use:  
[www.eventbrite.co.uk/e/dementia-aware-wadebridge-2019-sharing-helpful-actions-tickets-54401684904](http://www.eventbrite.co.uk/e/dementia-aware-wadebridge-2019-sharing-helpful-actions-tickets-54401684904), or phone Sandra on 07706 056308.

## Pilates Classes in North Cornwall

St Kew Community Hall

Mondays 14.30 & 16.00 - Tuesdays - 13.15 - 14.30



### What does Pilates do?

- Targets the deep core stabilising muscles, improving balance and co-ordination
- Improves muscle tone, strength and joint mobility
- Improves posture, alignment and overall body awareness
- Corrects muscle imbalances and encourages pain-free movement

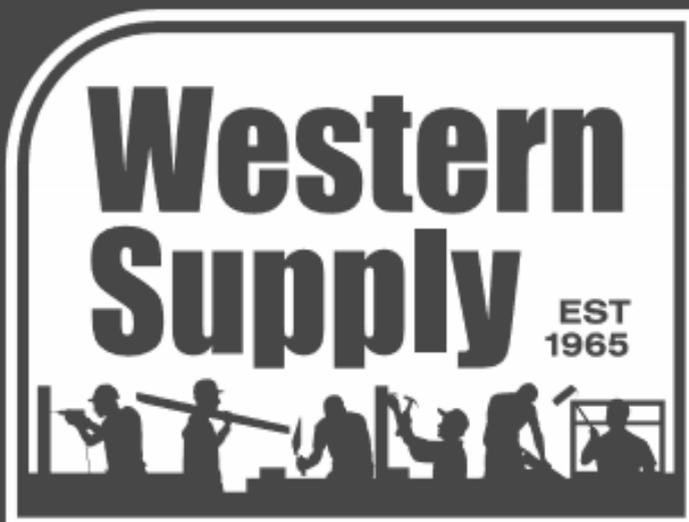
### How do the classes work?

- Classes are limited to a maximum of 12 people. Small classes mean you receive good personal attention and ensure you are performing the exercises safely, and correctly.
- Classes are progressive and operate on a school term basis
- All equipment required is provided.



Martin Brooks - 07812 959 879  
martin@northcornwallpilates.co.uk  
www.northcornwallpilates.co.uk

# Builders Merchants & Decorator Centre



Open 7 days a week  
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Cornwall PL33 9DN

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www.westernsupply.co.uk

# ANNIVERSARY OF THE FIRST WORLD WAR (LEST WE FORGET)

**February 1919**

## Snippets

### Bagpipers

Over a thousand pipers died during World War 1. These extraordinary men were sitting ducks as they went over the top to pipe their men into battle. They stood in full view of the German lines, playing their instruments, marching through "no-man's land" without any sort of ammunition but their sounds. They were paid an extra penny a day. Piper Harry Lunan, of the 5<sup>th</sup> Gordon Highlanders, was the last surviving piper and he said, "I just played whatever came into my head, but I was worried about was tripping on the uneven ground, which interrupted my playing. The enemy fire was murderous; the men were falling all around me. I was lucky to survive. Hearing the pipes gave the troops courage. The French enjoyed the pipes, they couldn't get enough. The German's were scared of the ..... pipes." Harry Lunan died in Canada in 1994, aged 98. For centuries the noise of the pipes has struck fear



into the hearts of the enemy soldiers. Other British Commonwealth troops – New Zealanders, Austral-



ians, and Canadians – used the pipes as well. Indian troops also used bagpipes and drums. Eventually, no country lost more people in combat, as a proportion of population, than Scotland.

### Ladies of the Manor

In all of the peers and their sons under the age of 50 who served in the war almost 1 in 5 was killed. During those final years 6 peers and 65 peers' sons died as a result of the hostilities, 24 of them aged 25 or less. In many cases, after the war, titles passed direct from grandfather to grandson, and many family lines died out altogether. The landed gentry were not content with offering only their sons to the war effort, they also offered up their homes as well.

Many mansions were converted into hospitals and convalescent homes to cater for military casualties, or to act as temporary lodgings for the Belgian refugees who streamed out of their stricken country in 1914. By the end of the war accommodation had been found for about 100,000 of them.

"The cutting of timber for industrial purpose is tragic... During the war's four years a million acres of English woods will have been cut down."  
(Source: *Ladies of the Manor* by Pamela Horn)

*William*



**St Kew WI**

**Coffee Morning**

**Friday 22 March at 10.00am**

At Woodlands, St Kew Highway, in aid of the new Heli Appeal for the Cornwall Air Ambulance.

Refreshments, Bring & Buy, Cake Stall, Raffle.

Cornwall Air Ambulance  
**NEW HELI appeal**  
Saving more time  
Saving more lives  
HELP RAISE £2.5m



## ST KEW GARDENING CLUB

### AGM

The AGM of the association will be on Monday the 15<sup>th</sup> of April, at 7.30pm in the Community Hall, St Kew Highway.

Where the St Kew Garden Show will be discussed, and we will discuss the winding up of the Gardening Club. Would all members of the club, and anyone who is interested please attend.

stkewgardenignclub@hotmail.com, or  
phone the Chairman on 01208 880007

RG

## Events outside our Parish

### Regular events at St Endellion

Endelienta Poetry Group, Book Club and Family Make Club. Please visit the website (see below), or phone or email for details.

### March

- 1<sup>st</sup> Pencarrow Gardens open for the season.
- 2<sup>nd</sup> World Pasty Championships at Eden.
- 3<sup>rd</sup> St Piran's Parade at Perranporth
- Until 17<sup>th</sup> Plan Bee at Eden Project.
- 30<sup>th</sup> - 5<sup>th</sup> April Boscastle walking week.
- 31<sup>st</sup> Pencarrow House, shop and cafe open for the season.

More information about these events can be found on the following websites:

[endelienta.org.uk](http://endelienta.org.uk)

[pencarrow.co.uk](http://pencarrow.co.uk)

[edenproject.com](http://edenproject.com)

[visitboscastle.com/events/boscastle-walking-week-2](http://visitboscastle.com/events/boscastle-walking-week-2)

**KEEP BRITAIN TIDY.**

**POLZEATH**

**BEACH CLEAN**

HELP CLEAN YOUR LOCAL BEACH & PROTECT OUR OCEANS

JUST TURN-UP TO JOIN IN. ALL EQUIPMENT IS PROVIDED  
UNDER 18'S TO BE ACCOMPANIED BY AN ADULT

ALL START AT 09.30AM MEET IN MAIN CAR PARK  
APART FROM MARCH & SEPTEMBER 3PM START TO MEET AT THE MARINE CENTRE

JANUARY WED 9	JULY FRI 12
FEBRUARY FRI 8	AUGUST WED 14
MARCH SAT 09 (3PM)	SEPTEMBER SAT 21 (3PM)
APRIL THURS 11	OCTOBER THURS 17
MAY FRI 10	NOVEMBER FRI 15
JUNE SAT 08	DECEMBER SAT 21

For more information please contact [nickdpickles@googlemail.com](mailto:nickdpickles@googlemail.com)

BeachCare | South West Water | SHARP'S | KEEP BRITAIN TIDY.

## Get well soon.....

Geoff Dennison at the Cornish Arms has been having a hard time after falling and breaking his leg.

We all wish him a speedy recovery.

## Pieces of Eight needs you....

**Drum roll please... This year we will be celebrating the 250<sup>th</sup> edition of Pieces of Eight!**

We are only a few editions away from our 250<sup>th</sup> (numbered) edition and we're planning a special issue to mark the event. We would love to hear from anyone involved in the magazine over the years, especially the editors from the early years, and previous incarnations, so we can help make this a very special anniversary.

### Personal Column

Do you have a birth, birthday, engagement, marriage, significant anniversary, or perhaps a family bereavement that you would like to record in these pages? We are hoping to start a personal column for you to let everyone know.

### Chapel Amble

It would be lovely to have more articles letting everyone know what's happening in Chapel Amble. We are conscious of the fact that the magazine tends to be focused on St Kew and St Kew Highway so come on, put Chapel Amble in the news!

As always, please contact us by email at [stkewmag@gmail.com](mailto:stkewmag@gmail.com) or give me a ring. We'd love to hear from you.

Nicky



## ST KEW HIGHWAY METHODIST CHURCH

Services held in the Community Hall at 9.30am.

### Preachers for March

- 3<sup>rd</sup> Rev'd Sally Long
- 10<sup>th</sup> Rod Harrison
- 17<sup>th</sup> Rev'd John Harrod
- 24<sup>th</sup> Rev'd Alistair Sharp
- 31<sup>st</sup> Rev'd Michael White (Mothering Sunday)

### Catholic Church Services

#### Wadebridge

St Michael's Church  
Tel:01208 72833  
Mass Sundays 8.30am  
Confessions  
Friday 10.30-11.00am

#### Tintagel

St Paul The Apostle  
Tel:01840 770663  
Mass Mon-Thur 10am  
Fri & Sat 6pm  
Sunday 10.00am  
Confessions:  
Before/after Mass.  
Other times on request.

### Wadebridge Christian Centre

Molesworth Street, Wadebridge. Tel 01208 813110,  
wadebridgechristiancentre.org

We are a lively, active, family church where everyone is welcome. We have a crèche and Sunday school, and all our children's workers are DBS checked.

### Reflections

Easter this year is very late, falling on 21st April. In consequence the month of March falls almost entirely within Lent beginning with Ash Wednesday on March 6th. The term Lent is a secular one, meaning Spring, and so we can look forward to natural renewal and growth occurring at this time.

In Church terms Lent is a period of preparation lasting forty days recalling the time spent by Jesus in the desert as he prepared himself psychologically and spiritually for his mission on earth.

We traditionally associate Lent with giving things up, fasting or at least reducing our intake of food and drink. This is not a bad way to prepare for the feasting we associate with the celebration of Easter, but we would do better (and probably have greater chance of success) if we regard Lent as a period of

## St James the Great at St Kew



### Calendar for March

- Sun 3<sup>rd</sup> *Sunday before Lent. 9.30am, Holy Communion with Rev Dr Elizabeth Wild.*
- Sun 10<sup>th</sup> *Lent 1. 9.30am, All Age |Service of Worship with Marcus Jones.*
- Sun 17<sup>th</sup> *Lent 2. 9.30am, Holy Communion with Rev Dr Elizabeth Wild and Henry Compertz.*
- Sun 24<sup>th</sup> *Lent 3. 9.30am, All Age Service of Worship with Marcus Jones.*
- Sun 31<sup>st</sup> *Mothering Sunday. 9.30am, All Age Service of Worship with Ord Geraldine Ashton.*

### Calendar for April

- Sun 7<sup>th</sup> *Lent 5. 9.30am, Holy Communion with Rev Dr Elizabeth Wild and David Elliott.*

*Don't forget the Good Morning Cafe every Wednesday in term time from 8.45-10.30am at St Kew ACE Academy organised by Geraldine and Marcus. Everyone is welcome for a light breakfast and a chat; there is a play area for young children. Novices and masters of knitting are invited to join us making baby beanie hats for premature baby units and squares for blankets to give to those in need. Other appropriate projects considered.*

growth and renewal, in which we deliberately choose to develop our spiritual sensibilities. We can follow a course of study by attending a Lent group, or reading a recommended Lent book. But equally beneficial can be a more regular reading of the Bible and more careful attention to our dealings with our friends and neighbours. The latter may be especially relevant this year as the possible significance of March 29 creates political tensions.

Whatever we choose to do to signal Lent it is perhaps more important *that* we choose to do something, anything, to emphasise its special nature than *what* we choose to do.

Andrew Lewis  
Prebendary of Marnays



## PIRATE FM SUPPORT



Thank you to everyone who donated to the Pirate FM 'Tonne of Tins' campaign throughout February. We are really grateful to benefit from this. In this day and age, no-one should be forced to visit a foodbank but unfortunately, more and more people are. That is the reality.

Your support means we can help to provide food for the increasing number of people referred to us.

## IT'S NOT JUST FOOD THAT HELPS

Our foodbank relies on your goodwill and support. Emergency food is the first step in helping many people access other services and support which can help get their lives back on track, so the impact of a donation is huge. As well as tinned/dried food, we also accept donations of household items (eg. cleaning products, toilet roll, washing powder, washing up liquid) and toiletries including deodorant, shampoo and shower gel (we're okay for sanitary items).

## \*\*SAVE THE DATE\*\*

If you're already thinking of booking a mini-break this Summer, we have the perfect holiday destination! We will be holding our Fun Camping Weekend at Mother Ivey's Bay Holiday Park from the **14<sup>th</sup>-16<sup>th</sup> June 2019**. Fingers crossed for some lovely warm and sunny weather. More details to follow...



## MONEYBOX COURSE

If you are worried about money and would like some support, come and join our FREE and FRIENDLY Moneybox Course. The course is for anyone who is a tenant, unemployed aged 16-64 and it will help people to budget, build their confidence and manage their finances. The next course starts in January and will run on a Friday in Bodmin for 3 weeks from 9.15am to 2.30pm. If anyone would like more details of the course, please contact us on 01208 815374 or email [contact@wadebridgefoodbank.org](mailto:contact@wadebridgefoodbank.org) It's a great way to learn in a relaxed environment.

Wadebridge Foodbank, Unit 2 Trevanson Street, Wadebridge PL27 7AR Tel. 01208 815374  
Registered Charity No. 1166301  
Email: [contact@wadebridgefoodbank.org](mailto:contact@wadebridgefoodbank.org)  
Website: [www.wadebridgefoodbank.org](http://www.wadebridgefoodbank.org)



Mr Philip Rodda from Rodda's Cornish Cream came along to tell of the history of the family's business.

He began with a TSW video which had been broadcast round 20 years ago. It gave us the story of his great-grandmother who began offering her cream to visitors. Her daughter-in-law worked out how to lengthen the life of the cream and it was sent to London in glass jars packed in straw.

It was sold to Fortnum & Mason in the early 1930's, now it goes to Dubai, Hong Kong and Sweden. Philip not only spoke of their Creamery, but also of life in general in Scorrier, The Creamery had offered work to local people although cream making stopped during World War 2. Milk now is purchased from within a 30 mile radius of the creamery, and there are other products such as milk, fudge, short-

bread, crème fraiche, custard and butter. Look in your local stores and try some lovely local produce.

It was such an informative evening, Philip was an excellent speaker.

In March we have our Annual General Meeting on Wednesday 13th March in the Community Hall. This will be a short meeting followed by a general activity session and plenty of refreshments. Come along and find out about the Women's Institute.

We are aware that the Cornwall Air Ambulance are in need of a new helicopter so we are supporting the appeal by holding a coffee morning at Woodlands, just near the lay-by, on Friday 22<sup>nd</sup> March at 10am until 12 noon. There will be a cake stall, refreshments and a bring and buy sale.

Come and support the new Heli Appeal.

Alison

## Events Diary - March

- 5<sup>th</sup> St Pirans Day.  
6<sup>th</sup> 'Good Morning Cafe', St Kew Ace Academy, 8.45 -11.00am.  
Bellringing practice, 7.30 - 9.00pm.  
7<sup>th</sup> Chair Aerobics, Community Hall, 2.00pm.  
13<sup>th</sup> 'Good Morning Cafe', St Kew Ace Academy, 8.45 -11.00am.  
Bellringing practice, 7.30 - 9.00pm.  
14<sup>th</sup> Chair Aerobics, Community Hall, 2.00pm.  
15<sup>th</sup> Souper Lunch, Community Hall, 12.30pm.  
20<sup>th</sup> Bellringing practice, 7.30 - 9.00pm.  
21<sup>st</sup> Chair Aerobics, Community Hall, 2.00pm.  
22<sup>nd</sup> WI Coffee morning, Woodlands St Kew Highway, 10-12 noon.  
27<sup>th</sup> 'Good morning Cafe', St Kew Ace Academy, 8.45 -11.00am.  
Bellringing practice, 7.30 - 9.00pm.  
28<sup>th</sup> Chair Aerobics, Community Hall, 2.00pm.

### News from St Kew Parish Hall

Our AGM takes place on 21st March to discuss, among other things, future plans for the Hall.

Everyone is welcome to attend.

*Kathy*

To book the hall, please contact Joanna Pratt on 01208 841420.

### The Regal in Wadebridge

Tel: 01208 812791

[www.wtwcinemas.co.uk](http://www.wtwcinemas.co.uk)



### March

1<sup>st</sup> The Aftermath  
Fighting with My Family

8<sup>th</sup> Captain Marvel – 2D

15<sup>th</sup> Fisherman's Friends

On the 15<sup>th</sup>, and 18<sup>th</sup>-20<sup>th</sup> there is an 11.45am, and daily a 2.30pm showing for those who want to get home before its dark.

### Live Screenings

Book on-line or contact the cinema.

*Nothing posted for March at the time of going to press, but in April:*

2<sup>nd</sup> April La Forza Del Destino, Royal Opera House, live, 6.15pm.

### Recycling

Recycling takes place on a variety of days in the same week within the parish. Recycling collections are in the weeks beginning 11<sup>th</sup> & 25<sup>th</sup> March .

***Please see the Cornwall Council website for full details.***

## ST KEW HIGHWAY COMMUNITY HALL ONGOING EVENTS

(Registered Charity No 294140)

- |               |   |                 |                          |
|---------------|---|-----------------|--------------------------|
| <b>Sun:</b>   | Methodist Church Service                  | Marion Dingle   | 01208 841388             |
| <b>Mon:</b>   | Yoga 10.30am                              | Fiona Crompton  | 01208 851735             |
|               | Pilates 2.30pm - 5.15pm                   | Martin Brooks   | 07812 959 879            |
| <b>Tues:</b>  | Allen Valley Singers 7.15pm - 9pm         | Janette Man     | 01208 841784             |
|               | Pilates 1.15pm-2.30pm                     | Martin Brooks   | 07812 959 879            |
| <b>Wed:</b>   | 1st, 3rd and 5th in month -               |                 |                          |
|               | West Country Embroiderers 10am - 3pm      | Pat Scarborough | 01841 521323             |
|               | 1st in month - St Kew Playing Field Trust |                 | 7.00pm                   |
|               | 2nd in month - St Kew WI                  | 7pm             | Becky Allen 01208 841798 |
|               | 3rd in month- Gardening Club              | 7.30pm          | Richard Godden           |
| <b>Thurs:</b> | Chair Aerobics                            | 2pm             | Pat 01208 841260         |

### SOUPER LUNCH

Our next Souper Lunch will take place on Friday 15th March at 12.30 in the St Kew Highway Community Hall.

You are all most welcome.

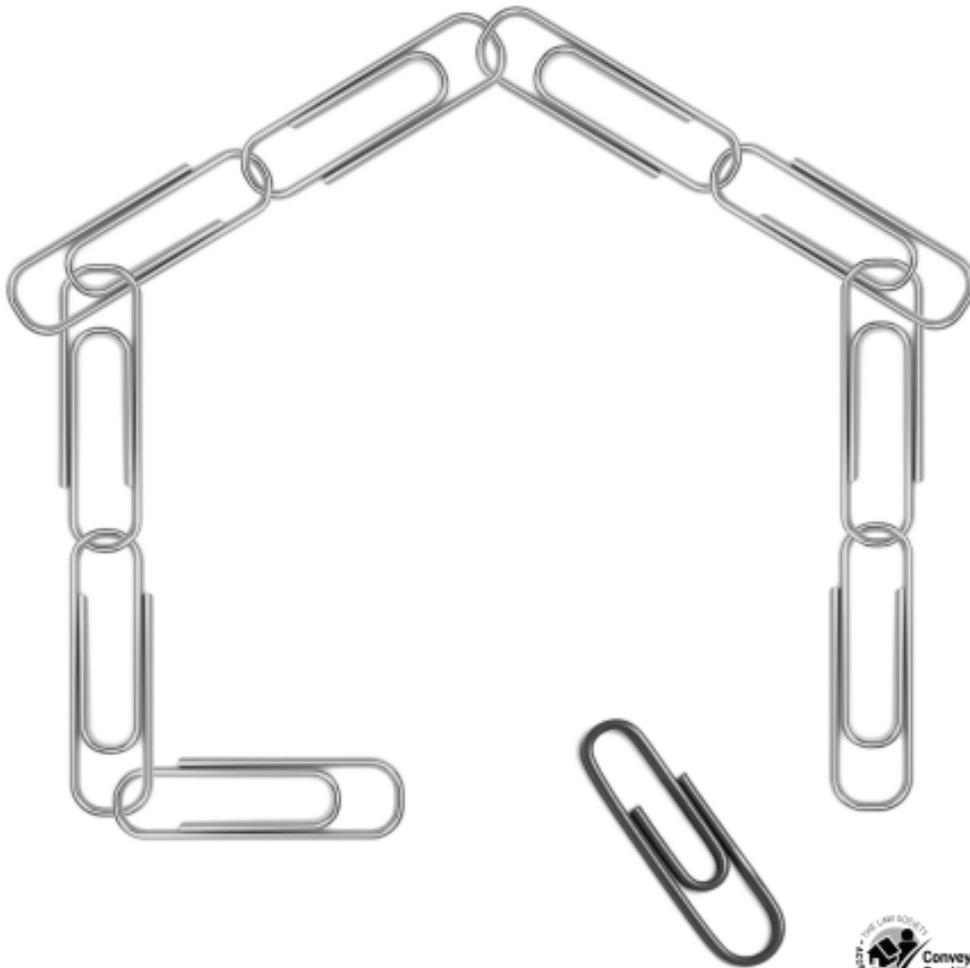
This is a community event where you could meet old friends or make new ones!



**Do come along and see for yourselves!**

**IMPORTANT : BEFORE ARRANGING YOUR EVENT AT THE HALL  
CHECK AVAILABILITY AND BOOK WITH SHIRLEY ROWE 01208 841257**

Helping you complete the chain



Moving house is exciting but can be stressful, let us take the strain.  
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Disputes | Family | Property | Wills

# Parish Council News

**Chairman:** Cllr J Lethbridge

**Clerk:** Cindy Powell,

Rockhurst, Trethburgy, St Austell, PL26 8YF

Email: [clerk@stkewparish.org.uk](mailto:clerk@stkewparish.org.uk)



The Parish Council meets in the Parish Hall, St Kew Churchtown at 7.00pm on the second Tuesday of each month. Members of the public are welcome to attend and address the meeting on any subject of concern.

## St Kew Parish Council Meeting, held on Tuesday 12<sup>th</sup> February at 7.00 pm in the Parish Hall.

Present: Chairman A Godden, Councillors T Mott, R Godden, J Rowe, B. Finnemore, P Bishop and 10 members of the public.

The Council have heard that the times of the Post Office stop at St Kew Highway on Thursdays have changed. This is because they have added another stop in their rounds which means that the times alter. The new times are 14.00 to 15.00.

The road in Churchtown St Kew that has been undermined by the stream is going to be repaired at last, work is scheduled to begin on the 1st of April.

The salt bin at the junction of Church Terrace and Barton Row in St Kew has been stolen, just when it was needed in the cold snap. Would you all keep an eye out for a bright yellow bin with St Kew Parish Council on it please. These bins are not cheap!!

The Council has been approached by a company which helps with preparing a Parish Plan. The Council will enquire about the cost, discuss it at the next meeting in March, and a decision will be made whether the Council will make a Parish Plan.

The condition of the roads is of national concern, but if anyone knows of a local road defect (pot hole, mud, blocked drain, etc) you can report it on-line at [www.cornwall.gov.uk/transport-and-streets/roads-highways-and-pavements/report-a-problem-with-a-road-highway-or-footway](http://www.cornwall.gov.uk/transport-and-streets/roads-highways-and-pavements/report-a-problem-with-a-road-highway-or-footway), or by phone on 0300 1234 222, or phone any Councillor. Let's try to keep our roads safe and tidy.

The Council has had the footpath from the lower churchyard in St Kew to the upper churchyard cut back.

The Council undertakes to cut all the footpaths in St Kew at least once a year. This cannot start before the 1<sup>st</sup> of June to avoid disturbing nesting birds, some paths will inevitably get a little overgrown but this cannot be helped. We also cut and maintain all the common land in the parish.

## Planning Applications

**PA19/00237-** Mr & Mrs Kooman, Brookfields, Hendra Lane, St Kew. Change of use of stables to two holiday units.

**Recommend approval**

**PA19/00005-** Mr R Harris, land north of Pendethys, Trelill. Outline planning permission with all reserved matters, single dwelling.

**Recommend refusal**

**PA19/11511-** Mr & Mrs Pennington, Menhay, Pendoggett (revised plans). Erection of single dwelling. New plan showing revised entrance.

**Recommend approval**

**PA19/00982-** Mr J Brown, land SW of St Kew Golf Club, non-material amendment, change of design of lodges.

**Recommend approval**

## Planning decisions by Cornwall Council

**PA18/11391** Mr & Mrs Pooley, Lower Trelill. Hipped roof and windows.

**Approved**

RG



**Come and Join Rainbows**

<b>What we do</b> Making friends Outdoor activities Badges and skills crafts and cooking	<b>Tuesdays</b> 5pm - 6.30pm <b>1st St Minver Rainbows</b> Trewint Lane, PL27 6LU Girls aged 5-7
--	--

**How to Join**  
Go to [www.girlguiding.org/join-us](http://www.girlguiding.org/join-us)  
**Tel: 07872381680**  
Find us on Facebook: 1st St Minver Rainbows



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St Kew Inn, Church Town, St Kew, Wadebridge. Tel: 01208 841259  
email: [stkewinn@btconnect.com](mailto:stkewinn@btconnect.com)

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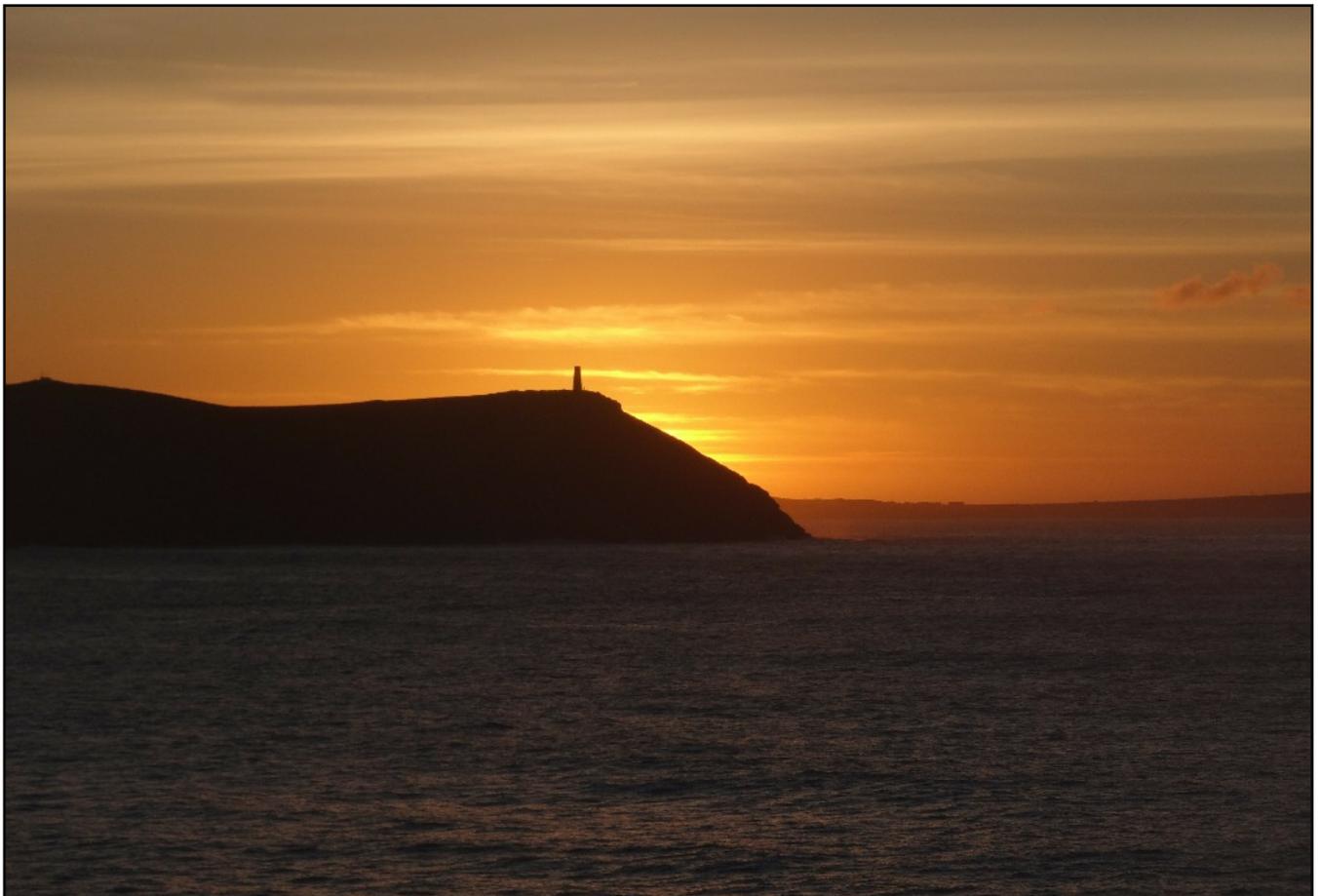
Made with unique botanicals  
and Cornish spring water

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## STOCKED LOCALLY AND ALL ACROSS THE COUNTY

The Red Lion, St Kew Highway  
Trevathan Farm Shop, St Endellion  
Butter Milk Confectionery, Port Issac  
Golden Lion, Port Issac  
Oystercatcher, Polzeath  
St Kew Inn, St Kew  
The Cornish Arms, Pendoggett  
Wadebridge Wines, Wadebridge  
Spar Stores, Polzeath  
Old Custom House, Padstow  
The Little Gin Shack, Wadebridge  
No 1 Rock Road, Rock  
Padstow Farm Shop, Padstow  
Trebetherick Stores, Trebetherick  
St Tudy Community Shop, St Tudy  
Bin Two, Padstow  
Ark, Atlantic Highway A39  
Port Gaverne Hotel, Pilchards Café  
Stargazy Inn, Port Issac  
The Molesworth Arms, Wadebridge  
St Mabyn Inn, St Mabyn



Polzeath, looking out towards Stepper point. *Photo by Paul Forde*