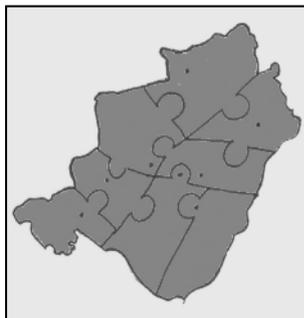


Pieces of Eight



November 2017 Issue 235
News, views and issues
from: Chapel Amble,
Pendoggett, St Kew, St
Kew Highway, Trelill,
Tregellist, Trequite,
Trewethern

NOVEMBER



Email: stkewmag@gmail.com



Polzeath Beach on a quiet autumn day
Photograph by Nicky Pickard

Your free guide to news and events within and around St Kew Parish

Welcome to Pieces of Eight

We are a free independent community magazine, published ten times a year (not January or August) covering local news, views and events in the St Kew parish area. Volunteers produce, print and distribute the magazine to every household in the area, and to all the local churches, shops and pubs. We do hope you enjoy reading it.

We would love to hear from our readers - articles, letters, suggestions and other contributions are always welcome. Please see our contact details below.

We can post issues to households outside the parish at a cost of £10.00 per annum. There is also an on-line edition hosted by the Parish Council which can be found at www.stkewparish.org.uk/PO8.html. (*We are very grateful to the Parish Council for allowing us to use their site*).

Editorial

Autumn is here, as I write this I can see trees swaying as they are blown by the winds of Ophelia, it looks as though the storm will (hopefully) pass through our parish without causing too many problems other than dusty windows, a beautiful eerie red sky and a smell of burning (that could also be the wood burners being readied for colder days to come).

Whilst on the subject of trees it continues to fascinate me that a lot of the trees in North Cornwall are still a healthy shade of green with only a small minority starting to take on some of the glorious autumnal shades they display around this time of year. I mention this as recently we were visiting family and friends in the Midlands and Yorkshire where we were amazed by the colourful displays along our route and slightly saddened by the number of trees that had completely lost their leaves, as they seemed to me to be preparing rather early for the coming winter.

I hope the cold weather doesn't come for a good while yet as currently we still have great colours being displayed in the garden and yes, the grass is still growing, we will however be welcoming the shorter days and longer nights especially with the clocks going back an hour. (This might have already happened before you read this, however, depending how quickly we print the magazine this month you might just get to read it beforehand)

I guess I am just the same getting ready for winter, I had my flu jab, I have sorted out my hat, scarf, gloves, warm coat and boots. Let's hope I don't need them for some time to come so that more time can be spent outside in our wonderful parish and beautiful county.

Steve

Contacting the Editorial Team

We can be contacted by email at stkewmag@gmail.com. Please use this address for **ALL** correspondence, the in-box is checked regularly.

Advertisers should contact Steve, our Advertising Manager via this email address, putting 'Advertisement' in the subject line. Steve can provide information on advertising costs, space availability, formats, etc.

Copy date for the November issue is:

Monday 13th November

We aim to get the printed magazine out to our distributors before the beginning of the month of issue. Could all contributors please send us your copy or advertisement as soon as possible, ideally **before** the copy deadline. If your article or advert is going to be late it would be very helpful if you could let us know in advance.

Many thanks!

Note to Readers

When responding to an advertisement, **please** mention that you saw it in Pieces of Eight! This shows our advertisers that the magazine is *the* place to reach local customers.

Views expressed in this publication are those of its contributors and do not necessarily reflect those of the Publishers, the management committee, who reserve the right to refuse or alter any material supplied. The magazine does not accept any responsibility for any issues arising from advertisements.

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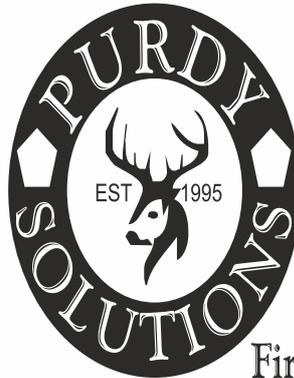
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At Trevathan farm we recently held a 'big coffee morning' for Macmillan cancer support. We were delighted with the support and would like to thank everyone who came along or donated prizes. We raised a amazing amount of £960. Hope to see you all again at next year's coffee morning!!!
Jo & Mark

UPHOLSTERY COURSE

We are holding another upholstery course on Sat 18th/Sun 19th November at Trewane Manor, Trellill, PL30 3HY You can either do the footstool project (just bring one metre of material – all the rest is provided) or bring along a chair you want to update.

Fun and very satisfying!
Check out the website if you are interested www.upholsterycoursesouthwest.com or contact philippaharkness@me.com
01208 851 698

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All the news and highlights from St Kew School – but don't forget, you can keep up with all the school antics in our weekly newsletters, published on our website: www.st-kew.cornwall.sch.uk

NEW BEGINNINGS

We have had a wonderful start to this academic year with the children returning to school last month ready and raring to learn. Topics being studied this term have been: 'All About Me' for Class 1 children (the Reception and Year 1 pupils); 'Games children play' for the Class 2 children (the Year 2 & 3 pupils) and 'Who are we? Why do we live here?' for the pupils in Class 3 (our Year 4, 5 & 6 children).

HARVEST FESTIVAL

On Friday 13th October we were joined by friends and family for the annual St Kew Harvest. The children delighted the audience with an assembly of 'firsts' and 'seconds' for the telling of Harvest, with all three classes sharing a piece of information on Harvest Time. Class 1 (many of whom experienced their first stage performance) thrilled us with 'Dingle Dangle Scarecrow', Class 2 amazed us with many facts about Harvest time around the world and Class 3 took us down memory lane and back to the future with their investigations into Harvest long ago and now. The children, as always, did themselves proud with their confidence on stage and their ability to share seconds with the audience: an encore from everyone singing 'Harvest Samba' and Class 1 encouraging the audience to join them in 'Dingle Dangle Scarecrow'.



Later we were joined by Arthur White, as our Auctioneer for the evening, and the members of the school community as we auctioned off the wonderful donations given by the children at the assembly in

the morning. We raised approximately £400 for the Wadebridge Foodbank as they have been thinking about supporting those less fortunate than themselves. Our thanks to everyone who helped out on the night in order for us to raise this wonderful sum!

SPORTING SUCCESSES

Congratulations to all of the children who took part in the first Key Stage 2 cross-country race of the school year. Tristan, Shanon, Nathan, Harry, Oliver, Archie, Zienna, Barny and Rosie thoroughly enjoyed the 'longer route' and showed great resilience on the challenging course. On Monday 9th October, 8 girls from Years 4, 5 and 6 represented the school at the Wadebridge Girls Football Festival. Abbi, Jenna, Adele, Willow, Sarah, Shanon, Sydney and our newest player Holly had a fun training session with football coaches followed by several matches against other local schools. They drew one match and won all of the others beating teams from much larger schools like St Breock and Wadebridge. Several of our girls were talent spotted and they all played as a really tight team. On Thursday 12th October our Year 6 girls had a thoroughly enjoyable day at RAF St Mawgan as part of the 'Our Girls Can' initiative, a hugely successful event designed to develop girls' confidence in PE and sport, encouraging them to be more physically active.

SUPER SIX RESPONSIBILITIES

The Year 6 children have been given the opportunity to apply for the roles of 'Super Sixes' and Head Boy & Girl and have been asked to complete application forms and tasks to apply for these roles. As a school we feel it is important to recognise the responsibility that being the oldest pupils in the school brings, and to enable the children to develop skills for later life. We have been delighted to receive lots of applications and presentations from the children and amazed by the level of response to the criteria in the job description and the responsibility the children have stated they would show in these roles! We will be announcing the roles at the end of the half term.

What a wonderful start it's been! Our thanks to the children for doing such a wonderful job this term.

RM



There's no report from Pre-School this month but they are moving to St Kew School from 6th November. For more details please contact Pre-School: preschool@st-kew.cornwall.sch.uk for more details.



A small shoebox can have a big impact.

We are feeling festive and starting to think about Christmas and how we can help others with a shoebox full of gifts. This year we are working with Operation Christmas Child to send gifts which will be sent outside the United Kingdom to children affected by war, poverty, natural disaster, famine, and disease. What goes into the box is fun, yet the impact it has on a child in a community is huge. **You can fill a shoebox with gifts for a boy or girl aged 2-4 years, 5-9 years or 10-14 years.**

Gift ideas for your shoebox: hat, cap, gloves or scarf, sunglasses, hair accessories, jewellery set, pens, pencils & sharpeners, crayons or felt pens,

stamps & ink pad sets, writing pads or notebooks & paper, solar calculators, colouring & picture books, dolls or stuffed toys (with CE label), toy trucks, harmonica, yo-yo, skipping rope, ball, small puzzles etc.

A suggested donation of £5 will cover project expenses and shipping costs to enable thousands of UK shoeboxes to be transported by lorry to Eastern Europe or by ship to Africa and Central Asia.

Gift-filled shoeboxes can be dropped off during November at Wadebridge Tesco and at Wadebridge Foodbank, Unit 2 Trevanson Street, Wadebridge (opposite Lidl). Open from 10am-1pm Monday-Thursday.

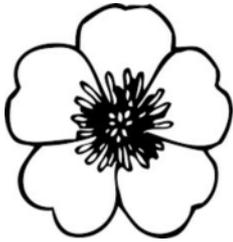
See page 24 for the usual Foodbank update.



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CHILDREN'S CORNER



NOVEMBER WORD SEARCH

Try and find these words in the box below

Autumn
Guy Fawkes
Coats
Hat

Bonfire
Fireworks
Gloves
Clouds
Remembrance

Sausage
Poppy
Umbrella
Kite

Q	E	Q	Y	J	M	N	C	V	D	S	A	P	W	E	V
R	G	L	O	V	E	S	F	I	R	E	W	O	R	K	S
F	U	T	G	Y	P	E	W	E	R	J	U	P	C	X	V
C	Y	E	R	E	F	D	M	R	D	T	K	P	D	X	K
E	F	N	Y	H	F	G	B	E	F	G	J	Y	I	O	U
D	A	K	U	A	U	T	U	M	N	B	N	M	G	F	M
S	W	O	I	T	G	H	Y	E	T	W	T	E	T	R	B
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R	G	A	K	T	Y	M	K	C	O	A	T	S	G	T	F
F	S	S	Y	R	K	I	T	E	L	P	M	R	S	P	B



Save the Children.

**Camelford and District
Save the Children group
present:**

CARACANA & THE SONGBIRDS

Saturday 18 November, 7.30pm

**At the Camelford Hall, doors open 7.00pm
Tickets £7.50 to include delicious snacks
Bar and raffle.**

A delightful evening of foot-tapping music in the company of Caracana, a Cornish folk band whose material has influences from all the Celtic nations and Eastern Europe, and from the angel-voiced Wadebridge-based Songbirds, a group of nine women who sing a wide range of material, from songs from the shows to folk songs and lots in between.

To reserve your ticket in advance, call 01840 214613.

Tickets also on the door, but subject to availability.

Puzzle Page

codeword

11	17	26	22	13		1	10	20	2	4		
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	6				3	5	

nonogram

E	N	C
I	T	A
H	L	C

How many words of 4 letters or more can you find? You must use the centre letter in each word.

No plurals or proper nouns are allowed. There are 63 listed in the solution which includes **1 nine letter** word to find.

EVENTS OUTSIDE OUR PARISH

October

25th Talk about the NT at Trevone Head. The Tube Station, Polzeath, 7.00pm, £2 for non-members of the Marine centre.

28th Reflective Day. 'The Image of the Unicorn in Christian spirituality'. St Minver Church 10.00am - 3.00pm.

November

4th Galini Piano trio, St Endellion, 7.30pm.

4th - 10th Dec

2nd Endelienta Open Exhibition weekends 11.30 - 4.30pm.

5th Service to Remember Departed Loved Ones, St Endellion Church, 4.30pm - see page 19.

15th Polzeath Beach Clean, 9.30am on the beach.

18th Camelford and District Save the Children concert - Caracana plus The Songbirds, Camelford Hall, 7.30pm.

19th Taize service by candlelight, St Endellion Church, 6.00pm.

24th Flats and Sharps, St Endellion, 7.30pm.

December

2nd Reflective Day on 'Stanley Spencer' at St Endellion Church. 10.00am - 3.00pm.

16th Polzeath Christmas Beach Clean, 9.30am, on the beach.

For Reflective Days please book by contacting rev.judith@btinternet.com or 01208 880181.

For more details please go to the following websites:
Concerts: endellienta.org.uk.

Book Festival: ncornbookfest.org.

Beach Clean: polzeathmarineconservation.com.

Camelford and District Save the Children group - for advance tickets please phone 01840 214613.

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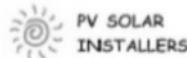


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Christmas menu available on our website & in the pub. Booking required

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Allen Valley Singers

This month we will be visiting Tywardreath to entertain an afternoon club and also a joint concert with the Wadebridge Male Voice choir, both to be reported in the next publication. Sometimes it is difficult to marry print dates and our events, especially in several magazines and newspapers, so that they work smoothly and easily. That is the way of the world I guess, we all travel up and over and around to cover ground and rarely follow a straight path. These philosophical thoughts apply to the choir also, in that all teaching and learning comes from different directions and sources, particularly in music and singing. Variety is our watchword also and we try to cover the whole range of styles and eras of music, songs taken from the classics, folk music and standard 'show' and film songs, to current ballads and popular music of the day. Now of course, we have added

Christmas songs and carols to the Autumn repertoire for use in the concerts in which we will be entertaining in the run-up to the festive season.

If you would like to join our choir or would like to book us for a concert, a wedding or other event, please contact our Musical Director Janette Man, Telephone 01208 841784. We meet on Tuesday evenings between 7.15pm - 8.45pm at the St. Kew Highway Community Hall. You would be most welcome to join us at one of our Practices, listen to our music and have a chat with Jan.

Our website is up and running, so if you would like to know more about our history, our repertoire and our events, even hear a song, or just discover details about the choir, please look up www.allenvalleysingers.org

Hope to see you soon. Joyce Hargrave-Wright (Publicity)



STOP PRESS

Souper Lunch on 20th October raised £82.50 for Breast Cancer and they will be sending the cheque to the Mermaid Centre at Treliske Hospital. Many thanks to all.

'KEW & A'

Twenty Questions & Answers

This month: Geoff Dennison, landlord of The Cornish Arms, Pendoggett.

Childhood Hero: Jimmy Greaves, Tottenham & England footballer.

Hobbies: Most sport, travel when I get a chance.

Favourite Music: A wide variety from sixties onwards especially The Who, The Stones & U2.

Favourite Book: Jonathon Livingston Seagull.

Favourite Film: Blues Brothers.

Favourite TV Programme: Very rarely watch TV.

What's good about living in your village? Really friendly & welcoming people, thank you.

What would you improve? Speed control on traffic driving through, 30 is the maximum speed not the minimum!

I'm very good at.... Thinking up ideas.

I'm very bad at.... Following them through to their conclusion.

A phrase I use too often is.... 'Have you done this yet'

Three people, dead or alive, I'd invite to dinner are.... Arthur Scargill, Billy Connolly & Alan Sugar

I'd like to be stranded on a desert island with.... My wife.

I'm embarrassed by.... Filling in forms like these.

My proudest moment was.... Completing the Great North Run at 60 after having cycled 285 miles in the previous 3 days to get to the start in Newcastle upon Tyne.

The best things about Cornwall is... Its people & laid-back way of life.

The worst thing about Cornwall is.... Trying to get things done quickly & being a long way from most places.

Which of our country's laws would you change? The lax penalties for supplying drugs.

An over-rated public figure is.... Ricky Gervais.

In another life I would.... Be a cat - looks a fairly easy life to me!

Parish Council News

Chairman: Cllr John Lethbridge
Clerk: Cindy Powell, 6 Greenhill Villas
Wadebridge PL27 6HN Tel: 01208 815591
Email: clerk@stkewparish.org.uk



The Parish Council meets in the Parish Hall, St Kew Churchtown at 7.30pm on the second Tuesday of each month. Members of the public are welcome to attend and address the meeting on any subject of concern.

St Kew Parish Council Meeting held on Tuesday 10th October at 7.30pm in the Parish Hall.

Present: Chairman J Lethbridge, Councillors T Mott, A Godden, J Rowe, J Rickard, B Finnemore, R Godden and 1 member of the public.

The council heard that the advertising boards and the entrance at Pennyhayle would be allowed for 5 months by the enforcement team at Cornwall Council. After much discussion and with the strength of feeling in the area, it was agreed to write to County Highways and Cornwall planning about the situation.

After contact with the St Kew school, the new large Academy sign will be replaced by a smaller one.

It was reported that the road markings at St Kew Service Station were worn away and unclear. The council to contact highways.

Boundary review

The Boundary Commission is drawing up new boundaries for Cornwall. It will mean that your County councillors will be drastically reduced in number. Have your say, visit:
consultation.lgbce.org.uk

The parish council still has vacancies for two councillors, if anyone is interested in taking a position on the council, please contact the clerk at stkewparish@gmail.com

Planning Applications

PA17/08912

Mr & Mrs Derbyshire, Maidenland Cricks, St Kew. Proposed replacement garage with workshop and first floor hobbies room.

Recommend refusal on grounds that it would be overbearing on a listed building and the site.

PA17/08996

Listed building consent for above application.
Recommend refusal

PA17/08139

Mr C Miller, Hazel Cottage, Chapel Amble. Demolish greenhouse and large dilapidated shed and replace with single story unit.

Recommend refusal on grounds that the shed is in good condition and has recently been built. The proposed unit would be overbearing on the neighbouring properties and the council question the need for a kitchen and toilet in the unit if it is to be used as an office.

Planning decisions by Cornwall Council

PA17/07397

Ms Jan Clark, Notemachine UK Ltd, St Kew Service Station. ATM machine.

Approved

PA17/07398

Ms Jan Clark, Notemachine UK Ltd, St Kew Service Station. Illuminated ATM machine.

Approved

PA17/05084

Mr Campbell, Land NE of Tipton, St Kew, installation of a shepherds hut.

Refused

PA17/ 01878

Mr James Wilson, Higher Trevinnick, St Kew. Erection of two new sustainable holiday let lodges.

Approved

RG



Registered Charity No. 1003314

Don't forget the Quiz at the Red Lion on 29th October 7.30pm for 8.00pm start. £2.00 per person.

Bring a team (any number) or make up one on arrival. Raffle and 'heads or tails' for a bottle of wine.

All proceeds to Cornwall's Children's Hospice 'Little Harbour.'

To reserve a team table ring Wendy on 01208 441271. Enquiries: Bob Plater on 01208 841381.



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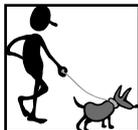
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12/17



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Tails from Ellistee Boris



All has gone very quiet. Someone has switched the sound off. I know that she talks to me as I can see her mouth moving and feel her voice when she presses her face against the back of my neck. It is a nuisance 'cos I don't always know where she is. I search around until I see her and then follow her. Silly little things that I miss; the birds singing in the garden, I know that they are there; her saying "Let's have a treasure hunt" she has to let me see that she is hiding things; "I'll be back soon" with a biscuit. I just have to guess now that the biscuit means that she is going out.

Never mind, I can still see and enjoy the sunshine. I can still bark when I see someone passing our gate and I can still enjoy all the interesting smells when we take our daily walks.

I would like to pass on a message to all drivers. Just give a thought when you are racing up a country lane, the person or animal in front of you may be deaf and not hear you coming.

Waggy tails as usual.

Boris

Roly's Purrings



Thank goodness, someone to give me some attention!

Greetings to my many followers. I hope there are a few of you out there who read my stories. I don't get any fan mail - I wonder if Boris does?.

This month has been much quieter at home, we all seem to be back into our routines.

EXCEPT the other morning I got rudely awakened at **6.15** for my first breakfast, are there really two 6.15s in a day? She was off to a hospital appointment so needed to leave early. Why did she feel it necessary to wake me up? One of the others could have attended to my needs a few hours later. I ate my breakfast anyway - I wasn't silly enough to refuse - had a small complain about being left in my bedroom, but not too much as my heater was on and their heating wasn't! At least I wasn't put out, my days of taking the early morning air and doing a bit of bird and mouse catching are well and truly over! Toodle pip!

Roly

GILL'S RECIPE OF THE MONTH

Sweet and Sour Pork *serves 4*

Ingredients

- 450g pork fillet, cut into small cubes
- 1 tbsp rice wine
- 1 tbsp dark soy sauce
- 6 tbsp plain flour
- 2 medium free range eggs, lightly beaten
- Sunflower oil for deep frying
- 1 tbsp cornflour
- 2 tbsp groundnut oil
- 2 red peppers, thinly sliced
- 1 bunch spring onions, sliced
- Large handful bamboo shoots
- 400g can pineapple chunks in unsweetened juice, drained

For the sweet and sour sauce

- 3 tbsp cornflour
- 6 tbsp soft brown sugar
- 3 tbsp soy sauce
- 9 tbsp rice or white wine vinegar
- 3 tbsp tomato ketchup

Method

- Place the pork in a bowl with the rice wine and soy sauce and set aside. To make the batter sift the plain flour into the bowl, pour the beaten eggs into

the centre and beat until the mixture is smooth. Set aside, preferably in the fridge.

- Fill a pan to 5cm deep with sunflower oil and heat to 180c or until a cube of bread turns brown in 30 seconds. While the oil is heating, make the sweet and sour sauce. Put the cornflour in a small pan and mix in 150ml of water, the sugar, soy sauce, vinegar and ketchup. Simmer gently on a low heat stirring for 3 minutes until thickened.
- Remove the pork from its marinade and discard the marinade.
- Put on a plate and dust with cornflour, then mix into the batter. Fry the pork in hot oil in 2 batches for two to three minutes per batch. When golden brown remove with a slotted spoon and drain on kitchen paper. Keep the pan of oil over a medium heat.
- Heat the ground nut oil in a non-stick frying pan or wok until sizzling hot. Add the red peppers and spring onions, stir fry for a minute then add the bamboo shoots and pineapple chunks, followed by the sweet and sour sauce.
- Return all the pork to the hot oil for a further 2 minutes while you bring the sauce up to the boil.
- As soon as the sauce is bubbling, lift the pork out of the hot oil with a slotted spoon, drain on kitchen paper, then add to the sauce.
- Serve with steamed rice.



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The Historical Society

Proudly presents our annual return visit of special guest Mr Paul Holden, House and Collection Manager of Lanhydrock House (courtesy of the National Trust Bodmin).

On Thursday November 9th, 2017, a talk on the 19th century Cornish architect Richard Coad of Liskeard.

Richard Coad (13th February 1825 - 1st November 1900) was a 19th century Cornish architect. Born in Liskeard, Cornwall, he was articled to Henry Rice of Liskeard and subsequently worked as assistant to Sir George Gilbert Scott from 1847 to 1864. He was clerk of workshop on the Albert Memorial in London and worked under Scott's supervision on improvements to Lanhydrock House near Bodmin in 1857. He returned to Liskeard in 1864 to open his own independent practice and opened a London office in 1868.

This promises to be a fascinating evening and of great local interest!

Our most recent talk was given by local historian and raconteur Mr Terry Faull on Thursday 12th October 2017 at 7.30pm. Our guest gave a most interesting illustrated talk on The Domesday Book in Devon and Cornwall. He talked about the genesis of the Great

Survey of the Kingdom ordered by William the Conqueror, the reasons he required this being mainly for taxation and proof of power, the speed in which it was carried out and the detail it contained. Later known as the Domesday Book, as it was considered valid and irrefutable until the end of time (Doom's Day) and was used as reference in a case of land dispute in the 1960s. The Great Survey can be viewed in its original form and in translation on various web sites and is well worth a look.

We welcomed once again on their annual visit to North Cornwall Mr Jim and Mrs Jill Dagg from Toronto Canada, representing the Toronto Cornwall Association, always a pleasure to see them.

Look out for future events!

Annual Christmas get together with refreshments Thursday December 14th 2017

All members on email will be notified and please also check our Facebook page. All talks at St Kew Parish Hall at 7.30 pm. All welcome, members free of charge, guests £3.00 per person, all funds to preserve the future of our History Society and important historical items of St Kew.

Thanks to all.

John Raybould, secretary.

St James Bellringing News



The summer season has been an extremely busy time with our highest number of weddings to ring bells for this year - 8 in total.

We were proud to ring for the wedding of Katie Cleave from Tregellist as her father Micky Cleave was a ringer for St Kew for over 30 years and her Grandfather, John Tyrell, was also Captain of the tower for many years.

Our present Tower Captain Ken Godden also had the privilege of transporting the bride and groom, and guests, to the wedding reception with his vintage 1963 Fordson Super Major tractor and trailer.

Back in April, Stewart and Jacob Godden our youngest ringers completed their bellringing badge with St Mabyn cubs and scout group. They were the first group in the county to take part in this new badge. The bellringing badges were presented to the children at the Royal Cornwall Show by the Archdeacon. Congratulations to everyone at St Mabyn Scouts and Cubs.

Our other younger bellringer, Katie May, has been ringing for Sunday services and weddings. It's great to have some younger members showing great enthusiasm and commitment for bellringing.

In September we took part in the Bodmin Deanery Shield Competition held at Egloshayle Church, where we gained a very respectable 3rd place.

From October we will be competing for the second year in the East Cornwall Winter League ringing competition. Our first competition will be at St. Stephens Church on the 27th October. Watch this space for competition results.

We have restarted our winter practice nights on Wednesday evenings from 7.30pm - 9.00pm. Anyone who has learnt to ring in the past, or anyone who would be interested to learn to ring, or just have a go, are more than welcome to join us.

Please ring Ken Godden on 07968 481520, or Dave Finnemore on 01208 841481. We are in desperate need of new ringers as we are relying on ringers from other towers to help us.

Gemma

Service to Remember Departed Loved Ones

A special service to remember loved ones who have died will be held in St Endellion Church at 4.30pm on Sunday 5th November. The service will last about 45 minutes and will include readings, prayers, music, an opportunity to light candles, and for names to be remembered aloud. Everyone is welcome to attend and tea will be served afterwards.

JP

Tossing and turning in bed should be considered as exercise.

Priest 'marries' son!

Jonathan Pollinger and Sarah Murray in St Michaels Church, Porthilly. With Prebendary Judith Pollinger who conducted their wedding.



In Penventinue Wood

Waiting for the fireworks
we stripped the willow, strung the bow,
and fired our arrows into the dark.

Holding high the spluttering candle
in the cold November night,
we weren't a gang – just a group of three,

flickering in and out of trees,
fuses lit, so young and free.
So who lit the signal of distress?

Tramping back through the hangar,
wilfully breaking bracken and furze,

who vanished first through the narrow gate?

The eyes played tricks during 'Blind Man's Buff',
complicated 'Simple Simon Says',
altered the clock on 'What's the Time Mister Wolf?'

A rocket bloomed above the wood,
cracked and spiralled red and white,
our faces caught like Halloween ghosts,

up-turned in expectation and wonder.

David Penhale
October 2017

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9th DEC - BATH CHRISTMAS MARKET
17th DEC - OLYMPIA

17th DEC - MOUSEHOLE CHRISTMAS LIGHTS
2018
5th JAN - PETER PAN, THEATRE ROYAL

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St Kew Community Hall

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- Improves posture, alignment and overall body awareness
- Corrects muscle imbalances and encourages pain-free movement

How do the classes work?

- Classes are limited to a maximum of 12 people. Small classes mean you receive good personal attention and ensure you are performing the exercises safely, and correctly.
- Classes are progressive and operate on a school term basis
- All equipment required is provided.



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12/17



ST KEW HIGHWAY METHODIST CHURCH

Services held in the Community Hall at 9.30am.

November

- 5th Rev Dr John Harrod
- 12th Gordon Rowe
- 19th Rev Alistair Sharp
- 26th Church Fellowship

December

- 3rd Rev Sally Long

Wadebridge Christian Centre

Molesworth Street, Wadebridge. Tel 01208 813110, wadebridgechristiancentre.org

We are a lively, active, family church where everyone is welcome. We have a crèche and Sunday school, and all our children's workers are DBS checked.

Catholic Church Services

Wadebridge

St Michael's Church
Tel:01208 72833
Mass Sundays 8.30am
Confessions
Friday 10.30-11.00am

Tintagel

St Paul The Apostle
Tel:01840 770663
Mass Mon-Thur 10am
Fri & Sat 6pm
Sunday 10.00am
Confessions:
Before/after Mass.
Other times on request.

St James the Great at St Kew



Church Calendar for November

- Sunday 5th 9.30am Holy Communion Rev Dr Elizabeth Wild.
(All Saints Sunday and 4th before Advent)
- Sunday 12th 10.30am Service of Remembrance
Ordinand Geraldine Ashton.
10.50am at the War Memorial.
(Remembrance Sunday and 3rd before Advent)
- Sunday 19th 9.30am Holy Communion with Rev Prof Andrew Lewis.
(2nd before Advent)
- Sunday 26th All Age Worship with Marcus Jones.
(Christ the King and next before Advent)

For your diary in December

- Sunday 24th 11.00am - Cluster Holy Communion at St Miniver Church.
4.30pm - Christingle and crib service with Ordinand Geraldine Aston.
11.30pm - Midnight Mass with Rev Canon Judith Pollinger.

Memory and Hope

In November, we enter a season of remembering. At All Saints, we remember those who have gone before us and shown us how to live fully – people we call saints. At All Souls, we remember all those who have died, and especially our loved ones, and on Remembrance Sunday we remember all who have died in wars and conflict, especially those serving in the armed forces.

Memory is an important way of keeping alive what is important from the past, and in our churches we do it quite a lot. Just before he died, Jesus asked his friends to remember him in a particular way. They were asked to remember him whenever they shared a meal together, breaking bread and drinking wine. We do this in a formal and symbolic way when we meet to celebrate holy communion in our churches, but perhaps we should be remembering Jesus every time we eat with members of God's family – not just meals out and special occasions, but lunches and afternoon teas as well!

Every time we share food with one another, we have a chance to remember the way that Jesus shared

his love and his life with all sorts of different people, often the sorts of people who were excluded by society. And if we really do this, today, then we will also be remembering all those people in our local communities and around the world who are struggling for food and going hungry.

For me, this kind of remembering is also a call to take action to make a difference in our world today. Remembering God's generosity in the past makes me want to reach out with that same generosity to those who are struggling today. In this way, for me, memory leads to hope. For when we remember the way that God's limitless love poured out to the most unlikely people in Jesus' lifetime, perhaps we can also imagine our churches and communities filled with the same generous love which wants the best for all those around us, and encourages us to do whatever we can to help.

If remembering the good enables us to do whatever good we can, then I think we can be filled with hope for the future.

Revd Elizabeth



Thank you for all you generous **Harvest Festival** donations. We rely on public support to help feed people in need and your support makes a real difference. With the weather turning colder there is an increased demand for food, and the number of people being referred to our Foodbank is up by 10% compared to the same period last year (*April – Oct*). This is expected to rise even more with the roll-out of Universal Credit. If you know someone who needs some support and advice, our **FREE Money-box Course** can help. We are working with Eccabi and Cornwall Housing as part of the European Social Fund. The course is for anyone who is a tenant, unemployed aged 16-64. It will help people to budget, build their confidence and manage their finances and find out how Universal Credit will affect them. Courses are for 6 sessions, one day per week from 9.30 to 2.30 to fit in with the school term. If anyone would like more details of the course, please contact us on 01208 815374

or email contact@wadebridgefoodbank.org It's a great way to learn in a relaxed environment.

Tesco Collection

We're getting ready to dig out our Christmas hats and spread some festive cheer. We will be at the Wadebridge and Padstow Tesco stores for this year's Food Collection taking place on **Friday 1st December & Saturday 2nd December**.

Dry Storage?

We are in urgent need of some secure dry storage space, if you can help or know of any, please give us a call on 01208 815374.

Wadebridge Foodbank, Unit 2 Trevanson Street, Wadebridge PL27 7AR Tel. 01208 815374

Email: contact@wadebridgefoodbank.org
 Website: www.wadebridgefoodbank.org
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At our October meeting, Frances and David came along and gave a session in Short Mat Bowling. Some of us were skilled, others needed a little more practice but it was a fun evening.

As St Kew WI is celebrating its 95th birthday, we had a celebratory cake, enjoyed some homemade Cornish pasties, and also had a celebratory drink of cider. What a feast.

On top of that, Gill had celebrated her Golden Wedding anniversary in July, and owing to holidays had not been at our last meeting, so she was

presented with a lovely arrangement by Becky, our President.

Next month, Gill will be demonstrating some home-made sweets - come along - there may be some samples!

We will be meeting on Wednesday 8th November at 7pm. Visitors always welcome.

For any more information please call 01208 84179, email stkewwi@gmail.com, or message us on our Facebook page.



St KEW GARDENING CLUB

At the September meeting we had a very interesting talk from Ben Finnemore on pest control. I think we all learnt a lot on what we should and should not do.

One interesting fact from the talk - if you catch a mouse, grey squirrel, or rat in a live trap it is illegal to set it free elsewhere, it must be destroyed. The reason is that the mouse and rat are vermin and the squirrel is a non-native species.

There was no speaker for the October meeting, the club had a discussion on the recent garden show.

November 15th meeting is at St Kew Highway Community Hall at 7.30 pm. We will have a talk from the Porteath Bee Centre, which I'm sure will be of great interest, not just to gardeners. Remember everyone is welcome at the club's speaker evening, it's free and you do not have to be a member to attend.

Contact the club on stkewgardeningclub@gmail.com.

CHRISTMAS CHRISTMAS

info@redlionstkew.com

01208841271



Ginger bread

Red Lion News Flash

NOVEMBER

OPEN MIC
Wednesday 1st
All welcome

SUPPER CLUB
Thursday 16th
*(Presentation from
Fever Tree)*
FOOD
Winter Warmers
COMFORT FOOD

FOODBANK QUIZ

Sunday 19th

*Join us and enjoy an
evening of fun to get your
minds working*
ENTRY AN ITEM OF FOOD
All monies go to Foodbank

Christmas is nearly upon us, book your Christmas party or function now!

SUNDAY NOVEMBER 26th from 4:30pm Christmas begins!

We turn our lights on, Santa arrives with gifts for all the children, we have a theatrical mummies group performing their Christmas style panto for the children. Then they are lead out to our snow covered courtyard when the cannon sounds and the lights magically sparkle

DECEMBER 24th CHRISTMAS EVE

Come and enjoy our Christmas themed special event menu under the lights with the log fires blazing.

DECEMBER 25th

CHRISTMAS DAY LUNCH

A five course lunch with all the atmosphere you'd expect on the big day with our specially designed menu.

DECEMBER 26th

BOXING DAY

We open at 6:00pm for dinner bookings, with our special Christmas Quiz starting at 8:00pm



BOOK EARLY FOR OUR NEW YEARS EVE DINNER DANCE with live music from Steve Winchester and our 1,2 or 3 course menu to suit your tastes

Merry Christmas
Steve and Wendy

Events Diary - November

- 1st Bellringing practice, 7.30-9.00pm
 2nd Chair aerobics, Community Hall, 2.00pm
 5th Live music, Cornish Arms, Pendoggett 3.00-5.00pm
 8th Bellringing practice, 7.30-9.00pm
 WI, Community Hall, 7.00pm
 9th Chair aerobics, Community Hall, 2.00pm
 13th *** Copy date for the December issue ***
 15th Bellringing practice, 7.30-9.00pm
 Gardening Club, Community Hall, 7.30pm
 16th Chair aerobics, Community Hall, 2.00pm
 17th Souper Lunch, Community Hall, 12.30pm
 17th The Freewheelin' Duo. Cornish Arms,
 Pendoggett, 9.00pm
 19th Charity quiz at the Red Lion, 8.00pm
 22nd Bellringing practice, 7.30-9.00pm
 23rd Chair aerobics, Community Hall, 2.00pm
 26th Santa and Christmas lights being turned on
 The Red Lion, 4.30pm

News from St Kew Parish Hall

Thanks to everyone who attended our quiz and curry evening and made it a great success. Our next fundraiser is the draw which will take place on 1st December starting at 7.30pm in the Parish Hall. Tickets on sale soon.

The pre-school will leave the hall soon so we are looking for possible users of the Hall during the day.
 Kathy

To book the hall, please contact Joanna Pratt on 01208 841420.

The Regal in Wadebridge

Tel: 01208 812791



November

- 3rd A Bad Mom's Christmas
 Murder on the Orient Express
 10th Paddington 2
 17th Justice League
 24th Daddy's home 2
 The Star
 25th Olaf's Frozen Adventures Plus Frozen

Please check our website for the next Autism friendly screening - watch newly released films with friends and family in an inclusive environment.

Live Screenings: book online or contact the Cinema

- 16th 'Follies'-National Theatre live 7.00pm
 28th 'A Woman of No Importance' Oscar Wilde (from the Vaudeville Theatre, West End, with Eve Best & Anne Reid) 7.15pm

Please ring or check our website for more details
www.wtwcinemas.co.uk

Recycling

Recycling takes place on a variety of days in the same week within the parish. Recycling collections are in the weeks beginning 6th and 20th November.

Remember that plastic food pots, tubs and trays can now be put in your red bag for recycling. Every house in our area should have had a leaflet explaining the changes.

ST KEW HIGHWAY COMMUNITY HALL ONGOING EVENTS

(Registered Charity No 294140)

- | | | | |
|---------------|---|-----------------|---------------|
| Sun: | Methodist Church Service | Marion Dingle | 01208 841388 |
| Mon: | Yoga 10.30am | Fiona Crompton | 01208 851735 |
| | Pilates 2.30pm - 5.15pm | Martin Brooks | 07812 959 879 |
| Tues: | Allen Valley Singers 7.15pm - 9pm | Janette Man | 01208 841784 |
| | Pilates 1.15pm-2.30pm | Martin Brooks | 07812 959 879 |
| Wed: | 1st, 3rd and 5th in month - | | |
| | West Country Embroiderers 10am - 3pm | Pat Scarborough | 01841 521323 |
| | 1st in month - St Kew Playing Field Trust | | 7.00pm |
| | 2nd in month - St Kew WI 7pm | Becky Allen | 01208 841798 |
| | 3rd in month- Gardening Club 7.30pm | Richard Godden | |
| Thurs: | Chair Aerobics 2pm | Pat | 01208 841260 |

**IMPORTANT : BEFORE ARRANGING YOUR EVENT AT THE HALL
 CHECK AVAILABILITY AND BOOK WITH SHIRLEY ROWE 01208 841257**

Souper Lunch



The next Souper Lunch will take place on Friday 17th November at 12.30pm in the St Kew Highway Community Hall.

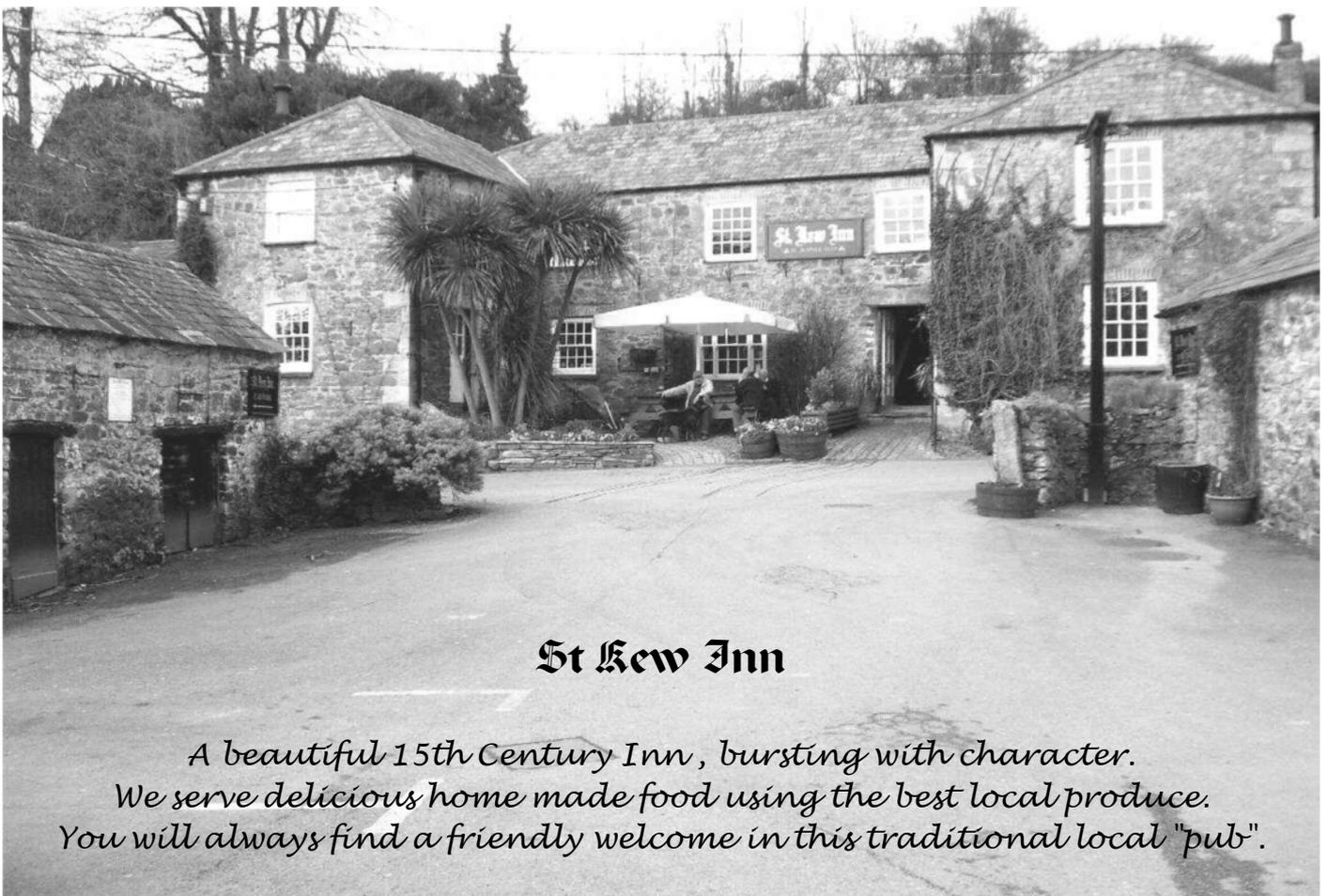
All welcome. We enjoy a bowl of home-made soup together and raise some money for a good cause.



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Don't leave behind a tangled mess



Many people are reluctant to make wills. It is a common mistake to think your nearest and dearest will "get it all." We are here to help, talk to Sproull.

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