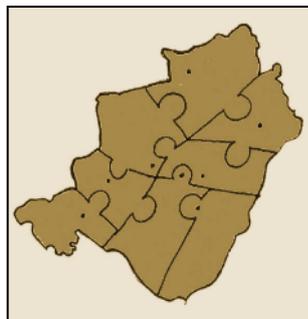


# Pieces of Eight



November 2019, Issue 254

News, views and issues from: Chapel Amble, Pendoggett, St Kew, St Kew Highway, Trelill, Tregellist, Trequite, Trewethern

Email: [stkewmag@gmail.com](mailto:stkewmag@gmail.com)



*Photograph kindly supplied by Christina Ford*

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“

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# Welcome to Pieces of Eight

We are a free independent community magazine, published ten times a year (not January and August) covering local news, views and events in the St Kew parish area. Volunteers produce, edit and distribute the magazine to every household in the area, and to all the local churches, shops and pubs. We do hope you enjoy reading it.

We would love to hear from our readers - articles, letters, suggestions and other contributions are always welcome. Please see our contact details below.

There is also an on-line edition hosted by the Parish Council which can be found at [www.stkewparish.org.uk/PO8.html](http://www.stkewparish.org.uk/PO8.html). (*We are very grateful to the Parish Council for allowing us to use their website*).

## EDITORIAL

This autumn it's been a joy to find such a glorious blackberry crop! Nature's bounty can surprise and, combined with Bob and Jean Plater's windfalls, we now have jam in abundance. Many lanes locally *are* allowed to grow, but that's not always the case, and it's disappointing to see so many newly-flailed hedges in the parish. Often they've been hacked into square box-shapes, with the trees and bushes lacerated. Farming practices have changed a lot since I was a kid in Cornwall, carrying our milk home still warm from the milking-parlour, but reading the award-winning nature-writer, Mark Cocker (*'Our Place', 'Birds and People'*), I was reminded of how much wildlife is supported in a comparatively small patch of ground - 50 species or more, including bumblebees, damselflies, ladybirds, beetles, hoverflies, butterflies, grasshoppers, (the list goes on), all thriving in one un-mown patch of ground. And all these insects provide food for a rich multitude of bird-life. The newly-published *State of Nature Report* (National Trust), highlighted how many species are in decline in the UK with some in threat of extinction, including hedgehogs, hares, bats, and birds like the turtle dove and willow tit. For my birthday treat last November I saw the brilliant folk-singer, Chris Wood, in concert at Lyme Regis: one of his songs that night, from his CD *'So Much To Defend'* is called *'The Flail'*:

'The flail came by today  
Took away the things that took so long to grow  
Before it went away....  
Knocked us back to where we all were years ago  
Before it went away...'

This reminded me of Joni Michell's singing in 1970:  
'Don't it always seem to go  
that you don't know what you've got 'til it's gone'.

The situation can seem to be overwhelming, but, as Rosie Hails of the National Trust reminds us, 'we can do our *own* bit, including nature-friendly planting in our backyards.' If that sounds like *'Think globally, act locally'*, there's still time to plant for the spring. I'm starting small with tulips, crocuses, and Christmas roses. Maybe I'll surprise my chief gardener this year!

David

The Editorial Team are:

Philippa Harkness - Children's page & History  
Steve Liddiard - Advertising Manager & Treasurer  
David Penhale - Events & Poet in Residence  
Nicky Pickard - Main editor who puts the magazine together, assisted by husband Mike.

## Contacting the Editorial Team

We can be contacted by email at [stkewmag@gmail.com](mailto:stkewmag@gmail.com). Please use this address for **ALL** correspondence, the in-box is checked regularly.

Alternatively you can phone Nicky's mobile - **07813 603776**. Leave a message if you can't get through and she will phone you back.

Advertisers should contact Steve, our Advertising Manager via this email address, putting 'Advertisement' in the subject line. Steve can provide information on advertising costs, space availability, formats, etc.

## Copy date for the December issue is: **Friday 15<sup>th</sup> November**

We aim to get the printed magazine out to our distributors before the beginning of the month of issue. **Please could all contributors send us copy or advertisements as soon as possible, and before the copy deadline.** If your article or advert is going to be late it would be very helpful if you could let us know in advance.

## Note to Readers

When responding to an advertisement, **please** mention that you saw it in Pieces of Eight. This shows our advertisers that the magazine is **the** place to reach local customers.

The magazine does not accept any responsibility for any issues arising from advertisements.

Views expressed in this publication are those of its contributors and do not necessarily reflect those of the Publishers (the management committee) who reserve the right to refuse or alter any material supplied.

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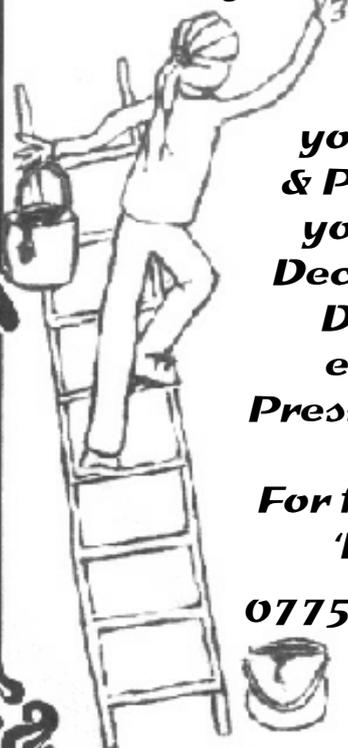
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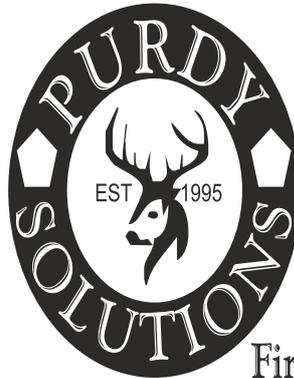


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## St. Kew Community Gardens Association

### The View from the Allotments.... and mixed feelings, really, this month.

We're thrilled to bits to be awarded second prize for our allotment, as we really have had a huge variety of produce past, present and future at the allotment. But we are gutted because our brassicas, which are usually a stalwart throughout the Winter, seem to have failed.

We planted early cavolo nero and curly kale and had a couple of months when they were really prolific and we were using them and giving away bags full and so on. But then, out of the blue, we had an infestation of caterpillars. I never saw any butterflies landing on the plants but suddenly, nearly all the leaves were stripped bare. Can't understand it. For two or three years now we have grown these brassicas without any predators taking over. So what happened? Did a new strain of butterfly find them? Don't know. And to add insult to injury, the purple sprouting and sprouts which we had planted later nearby have also suffered. First from collared doves, pecking at the fresh green leaves, and then from another sort of caterpillar. So we are at a loss.

Usually, we depend on our greenery to keep us going through the Winter months, together with the leeks and parsnips. And all the peas and beans we have put in the freezer, too, of course. But this is not looking too good this year. We went searching in various nurseries and garden centres and found some leftover chard, which we have planted out. And we've got some seedlings coming on at home on the windowsill but are not too hopeful. It's a bit late to start anything fresh.

We must look on the bright side, though and our tomatoes have proved wonderful after a very shaky start. We've given a lot away but now the outdoors ones have succumbed to the wet and miserable weather and most of the fruit left on the plants are blackened and probably not good for anything. The ones in the greenhouse at home, though, are brilliant and I expect to have plenty more coming over the next couple of months. And any extras, I shall peel and put in a box in the freezer for sauces and stews.

The leeks are wonderful and our sweetcorn are again proving a delight. I have picked and shucked (is that an American term?) about thirty cobs and put them in the freezer and we have eaten several, too. They are not anything like "boughten" ones – very sweet and tender, and all the better for being from one's own allotment.

And as for the onions – they are all dried out, put into nets and hanging from hooks in the garage and as good a crop as we've ever had. We use so many onions, in our cooking, and it's good to report that we used our last "own" onion at the end of April this year. And looking at the nets in the garage, I think it will be the same again. Planting and watering and weeding is a bit labour intensive but by golly, it's worth it!

We shall have a few plots available for the coming year, so do get in touch if you are interested. We ourselves may be giving up one of our own, or perhaps half of one, so if you would like a "starter" plot, let us know at our AGM on 31<sup>st</sup> October, at the Red Lion Inn.

*Judith Mott, judithmott@btinternet.com*  
Tel.: 01208 841312



Trevathan Farm Shop raised a massive £1,001 at their recent coffee morning in aid of Macmillan.

Well done to them, and to everyone who supported them.

### Mobile Post Office

The mobile Post Office calling points each week are as follows:

<b>Monday</b>	
St Merryn	08.45-10.00
Rock	11.00-12.30
<b>St Kew Highway</b> <b>(Community Hall)</b>	<b>13.30-15.00</b>
<b>Thursday</b>	
St Merryn	08.45-10.00
Rock	11.00-12.30
<b>St Kew Highway</b> <b>(Community Hall)</b>	<b>14.00-15.00</b>

All the news and highlights from the top of the hill! Don't forget, you can keep up with all the school antics in our monthly newsletters, published on our website: [www.st-kew.cornwall.sch.uk](http://www.st-kew.cornwall.sch.uk)

The 2019-2020 first half term has been enjoyed by all pupils at St Kew. Keep on reading to find out what's been going on!

### BikeLights 2019

The children in Year 4, 5 & 6 have thoroughly enjoyed being part of this project again this year and have worked their socks off and their magic at the workshops with Reg Payne, in the past month! The children have been using basic tools and materials like willow, bamboo, wire, tape, tissue & glue to adorn the bicycle – creating a carriage for the back of the bike to represent the theme of steam this year. Many children and parents joined us on the journey around Wadebridge Town on Saturday 12th October, twinkling at twilight!



### Harvest Festival

Our annual Harvest Festival brought many parents and grandparents out on a grotty afternoon to see a wonderful assembly full of facts, songs and facts about the reasons for Harvest. The watching audience were treated to beautiful singing, by

our School Choir, information about the Sustainable Goals and a rendition of the 'Thank you Farmer' song by our youngest children in the school! Harvest donations were used to create hampers for people to buy raffle tickets for, alongside donated tinned and non-perishable foods etc, to be given to The Wadebridge Foodbank.



### School Council



Our School Council members have been chosen, by a democratic vote of their peers, for this academic year and they have been busy deciding on the rewards that the children will enjoy as 'winners' of the Team Point scheme. All children earn team points for good behaviour and work etc and these go into the team pot. At

the end of each half term, a winning team enjoys a reward. The school council have chosen these exciting ones for the year ahead!

**Autumn 1** - Non-uniform day

**Autumn 2** - Film afternoon

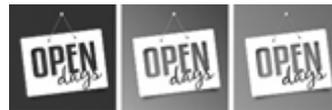
**Spring 1** - Technology afternoon

**Spring 2** - Arts and Crafts

**Summer 1** - Bikes and Scooters

**Summer 2** - Extra play on the field

### Open Days



We welcomed many parents to school on Thursday 10th October to see for themselves what makes us ACE at St Kew. Children shared their learning with their parents and were able to show the activities that they engage in on a daily basis to help them **DISCOVER, LEARN** and **DEVELOP**. If you would like to find out more, please come and join us on Friday 7th February from 9.30am until 12.00pm. We look forward to showing you all we enjoy at school!

### POLITE REMINDER

Please can we take this opportunity to remind the St Kew community that the school grounds are **PRIVATE PROPERTY** and should not be used by anyone in the evenings or at weekends without the permission of the Head of School, Rachel Murray, in advance. Thank you.

RM

# CHILDREN'S CORNER

## 'Remember, Remember the 5th of November!'

Bonfire night is when we usually have fireworks to remember when Guy Fawkes tried to blow up Parliament. Fireworks were invented thousands of years ago. A group of Chinese scientists accidentally mixed together chemicals to make an early form of gunpowder. This was stuffed into old bamboo stalks and thrown into a fire to make a loud bang. These were thought to be the first fireworks. The Chinese then used this invention to scare away their enemies and evil spirits.

In the 1830's, Italian inventors came up with a special casing which let them fire fireworks into the air. They also came up with ways to mix in different metallic powders to create the different coloured explosions which we can see nowadays.



## Harvest Festival at St Kew

The service was conducted by Geraldine Ashton and the St Kew Academy Choir sang with much gusto! The feeding of the 5,000 and sharing food with family, friends and neighbours were the themes of the service.

The spread laid out for supper was bounteous indeed and the auction that followed was a very lively affair. Local produce grown or made by the congregation sparked many a bidding war and we raised £140 for the Ideas Partnership which helps people in Kosovo.



*Philippa*

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## COACH EXCURSIONS & TRIPS

### 2019

30th Nov: Buckfast Xmas Fair  
7th Dec: Bath Christmas Market  
15th Dec: Tour of Cornish X-mas Lights  
21st Dec: Snow White @The Corn Exchange  
7th Jan: Cinderella @ The Theatre Royal

### Future trips:

20th Mar: Visit Bristol  
28th Mar: Telegraph Museum @ Portchurno  
April: Homemade Soup & Kent Cavern Devon  
17th April: Exeter Races & '80s Music Night  
2nd May: Toby's Garden Festival

- 16 - 70 seat coaches
- Group Holidays
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## St Kew Historical Society

All talks and meetings are held at St Kew Parish Hall on the second Thursday of each month, from 7.30pm. Please come along to our next meeting.

Please check for further details.

<https://www.facebook.com/StKewHistoricalSociety>

*John Raybould - secretary.*

(Their next speaker wasn't available as we went to print.)

## Our Feathered Friends

A clear blue sky on a sunny day and a loud mewing from above attracts your attention. No it's not a cat on a parachute, it's the Common Buzzard.

Buzzards drift effortlessly across the sky enjoying the thermals, if it is not being mobbed by corvids and seagulls that is. Several Buzzards can soar on the up-currents, wheeling around and gaining height on broad wings. The Common Buzzard is living up to its name as they are quite numerous around the country and indeed our parish. We have several spotted and calling from above Pendoggett and indeed there are usually at least two on the telegraph posts heading down to St Kew, perched either resting or keeping an eye out for unsuspecting prey. They were more common a couple of decades ago on uplands however have spread their wings so to speak and now find lowland agricultural and woodland quite as pleasing.

They hold their wings in shallow V with head looking down to check for prey, mostly feeding on small mammals and road-kill should they be fortunate.

You can also spot Buzzard's resting in fields or waddling after the plough with gulls looking for grubs. The Buzzard, like other bird of prey species such as Red Kite and Peregrines, have enjoyed a recovery thanks to no longer being exposed to farm chemicals such as DDT. This reduced numbers vastly in the 1950/60's which harmed breeding. Buzzards also like rabbits and again they suffered when myxomatosis disease was at its height!

The Buzzard has a wing span that is quite broad and it is typically mottled-brown with a barred belly,

however it is fun to spot other plumage types that can range from very dark to very pale thus making it a challenge.

The Common Buzzard can hover occasionally but not as often as its close relative the Rough-Legged Buzzard from Scandinavia, and an occasional visitor to Cornwall. This is a pale Buzzard mainly on head and breast, with a larger, paler underwing! Who said birding was easy?

Common Buzzards nest in a large tree fork or deep ledge on hillsides or cliffs. The nest is a messy affair of twigs, roots & branches, lined with wool, moss, grass, etc. One clutch is laid in late April to early May, usually 2 to 3 eggs in various shades of mottled browns and greens, with a pattern unique to each female. I am sure they have followed the motorway corridors with their handy roadside habitat to then fly on and discover pastures new as they soar high, wide and proud and far over the country seeking out food on the go and a mate in tow.

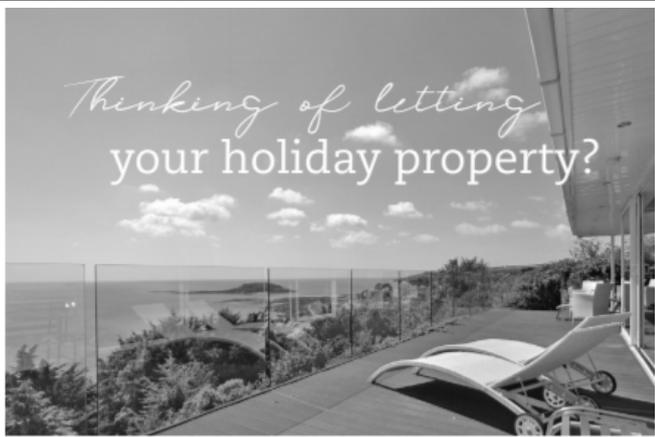
Next time see how many Buzzard's are soaring up in the sky at one time, my record count over Pendoggett is six!

Time to 'buzz off', I hope you have enjoyed reading 'Our Feathered Friends'. I sign off this month with my last in the series. Thank you for reading, cheers editor too.

Happy birding!

*Clutts, Pendoggett*

*Editors note: Many thanks for such an informative & enjoyable series. A pair of Buzzards are mewing overhead (mobbed by a couple of crows!) as I write.*



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— THE —  
**ESTAS**

**ESTATE AGENT  
AWARDS 2018**

**GOLD WINNER**

**BEST LOCAL AGENCY GROUP  
SOUTH WEST**



**Messy Church** takes place at the Perceval Institute, St Minver, PL27 6QJ on the second Saturday of every month from 10.00am to 11.30. Our next one is on November 9<sup>th</sup> Messy Church is a fresh expression of church, suitable for all ages but particularly for families. It aims to be hospitable, creative and celebratory while being Christ-centred. We start with a free breakfast, following this with messy craft, science and games activities based on a biblical theme. We end with a celebration of song, drama, story etc. Do come and join us and give it a try! Do follow our other children/family activities on Facebook: ChildrenandfamilyNCC,

### Did You Know?

Walkers offers a simple and free crisp packet recycling scheme, **which accepts all brands**. Our local public recycling point is: **Wadebridge Community Fire Station**. Please leave outside but please don't block the entrance. Check out [www.terracycle.com](http://www.terracycle.com) for full details.

## Have your say....

**St Kew Parish**

### **Neighbourhood Development Plan**

**Everyone welcome**

**Tuesday 19 November**

**Starting at 7.30pm**

**At The Community Hall,**

**St Kew Highway**

For Further information , please contact:  
Stephanie Tiplady, Clerk—St Kew Parish Council  
Tel: 01208 880060  
Email: [stkewparish.org.uk](mailto:stkewparish.org.uk)

## **'PIECES OF EIGHT' POETRY COMPETITION 2019** *(kindly sponsored by Wadebridge Bookshop)*

Following last year's success, we are proud to announce our Second Competition.

This will be your chance to be published in the magazine and **win a prize!**

For the **Adults Category**, Wadebridge Bookshop is again sponsoring us with a **Prize of a £15 Book voucher** redeemable at their bookshop for the winner.

In addition, this year we are also pleased to announce there will be a **Young Poet's category**, where we are inviting poems from **young writers under 16 years of age**. The winner will receive a **Book voucher for £10**.

Simply follow the Rules below and submit your poem to us: either on-line to [stkewmag@gmail.com](mailto:stkewmag@gmail.com) or by post to:

'Po8' Poetry Competition  
Old Court  
Trell Road  
ST.KEW HIGHWAY  
PL30 3DP

### **Competition Rules:**

1. Entries are to be in English: no limit to style or form.
2. Entrants need to be resident in the Parish of St. Kew.
3. Limit of two poems per entrant.
4. Line limit: 20 lines.
5. Each entry must include which Category is being entered and contact details.
6. **Deadline** for entries:  
**Saturday January 11<sup>th</sup> 2020**
7. The judges' decision is final.
8. The winning entries will be published in the February edition of the magazine.

Once again we look forward to reading your poems. Good luck!

# The Puzzle Page

## Codeword

25	14	1	25	16	8		9	12	19	23	25	
2		25		25		4		19				18
6	3	5	20	17		14	3	7	20	19	24	20
20				10		12		13				25
17		15	12	25	22	21		18	20	22	25	19
		12		24		20				11		12
8	2	13	14	20	10		18	13	15	12	20	23
18		22				25		14		17		
11	3	21	12	2		2	20	14	3	19		19
13				3		12		19				3
19	20	17	26	3	12	8		20	22	14	25	23
5				17		20		8		13		20
	10	3	12	8	20		25	8	22	20	19	10

20

1	2	3	4	5	6	7	8	9	10	11	12	13
14	15	16	17	18	19	20	21	22	23	24	25	26
			R		N					G		

## Sudoku

6									3
		5	9		8			4	
	1			6		9			
	8				5		3		
9				3		2			7
		1	4						
				2		8			
5		4							
					3			1	

M6

## Word Square

G	O	L
W	D	N
E	E	K

How many words of 4 letters or more can you find? No proper nouns or plurals are allowed, and the centre letter must be used in each word. There are 37 words listed in the solution, which includes **1 nine letter** word to find.

## Bell Ringing News



In September we took part in the Bodmin Deanery Shield Competition. We came fifth and sixth out of 15 sets. Lostwithiel won.

For any enquiries please phone Ken Godden on 07968 481520, or message us on our Facebook page.

Please note, evening bell ringing practices have started again. These are held every Wednesday evening from 7.30-9.00pm.

In October we competed in the first round of the Winter League Competition at Lansallos Church against Lostwithiel and Roche. We won the round and gained 3 points on the table.

*Gemma*

Our Wednesday evening practice has begun. Anyone is welcome to join us.



BREAKFAST. LUNCH. SUNDAY ROAST. CREAM TEAS. HOME-MADE CAKES.  
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**ANNUAL CHRISTMAS FAYRE**  
**SATURDAY 30<sup>TH</sup> NOVEMBER 10am TILL 2pm.**  
**Complimentary mulled wine & homemade mince pies**  
**plus tastings of delicious Christmas goodies....**  
**everyone welcome.**

**FRESH CHRISTMAS TREES & WREATHS ARRIVING**  
**EARLY DECEMBER**

**BOOKINGS NOW BEING TAKEN FOR**  
**CHRISTMAS FUNCTIONS**

**Winter Warmer lunch, 2 courses meal plus tea or**  
**coffee £11.00 per person. Offer valid**  
**4<sup>th</sup> – 30<sup>th</sup> November excluding Sundays**  
**(this will continue in December)**

Book now for our Traditional Sunday Roast, choice of meats including home  
produced Beef  
followed by a selection of homemade desserts. Booking essential.

Don't forget we serve Breakfast 9am till 11am, lunch 12 noon till 3pm  
Tea, coffee, homemade cakes, ice creams, cream teas etc served all day.  
Open every day- pop in you can be sure of a warm welcome.

TELEPHONE: 01208 880164 [www.trevathanfarm.com](http://www.trevathanfarm.com)  
CHILDRENS PLAY AREA. RIDE-ON TRACTORS AND DIGGERS. PETS CORNER...  
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**Macmillan Coffee Morning**  
**at the Community Hall.**

Thank you to all the people  
who supported the event.

Thank you to everyone who baked. The cakes  
were fantastic. Thank you to everyone who  
worked so hard to make it successful. Thank  
you too for all the generous donations - cash  
and raffle prizes. Last, but not least, thank you  
to our local Spar shop (Euro Garages) for  
donating all the tea, coffee, sugar and biscuits.

A big thank you to everyone.  
**We raised an amazing £310.**

Well done to them, and to everyone who sup-  
ported them.

## GILL'S RECIPE OF THE MONTH

### Chicken with lemon and thyme, with rosemary potatoes.

#### Ingredients

- 4 whole chicken legs, or 8 chicken pieces
- 2 garlic cloves, finely chopped
- Small bunch of fresh thyme
- 6 tbsp olive oil
- 1 large lemon, thickly sliced
- 200ml (7fl ozs) chicken stock
- 120ml (4fl ozs) dry white wine
- 20 black olives, stoned
- Freshly chopped parsley

#### Method

- Pre-heat the oven to 200C/400F or gas mark 6.
- Cut the chicken legs in at the joints and cut away any fat.
- Mix the oil, garlic, and about a tablespoon of leaves from the thyme. Season well.
- Add the chicken pieces and coat well & transfer to a roasting tin.
- Place the lemon slices on top and roast for 30 minutes.

- Pour the chicken stock and wine over, add the olives and continue to roast for a further 20 minutes.
- Lift the chicken pieces onto warmed plates and rapidly boil the juices to reduce a little.
- Pour the juices over the chicken and scatter the remaining parsley over.

Serve with rosemary potatoes:

- 1-2 lbs potatoes, peeled
- Salt
- 3-4 cloves garlic
- 6 tbsp extra virgin olive oil
- 3 sprigs of rosemary
- Heat the oven 200C/400F or gas mark 6.
- Cut the potatoes into small chunks, cover with water and cook for 5 minutes.
- Drain well and turn into a roasting pan. Add the garlic, oil and rosemary spikes from 2 rosemary sprigs, mix them all together well.
- Bake for 35-40 minutes until crisp and brown. Transfer to a serving dish.
- Chop remaining rosemary spikes and scatter over potatoes and serve with the chicken.



## Pilates Classes in North Cornwall

St Kew Community Hall

Mondays 14.30 & 16.00 - Tuesdays - 13.15 - 14.30



### What does Pilates do?

- Targets the deep core stabilising muscles, improving balance and co-ordination
- Improves muscle tone, strength and joint mobility
- Improves posture, alignment and overall body awareness
- Corrects muscle imbalances and encourages pain-free movement

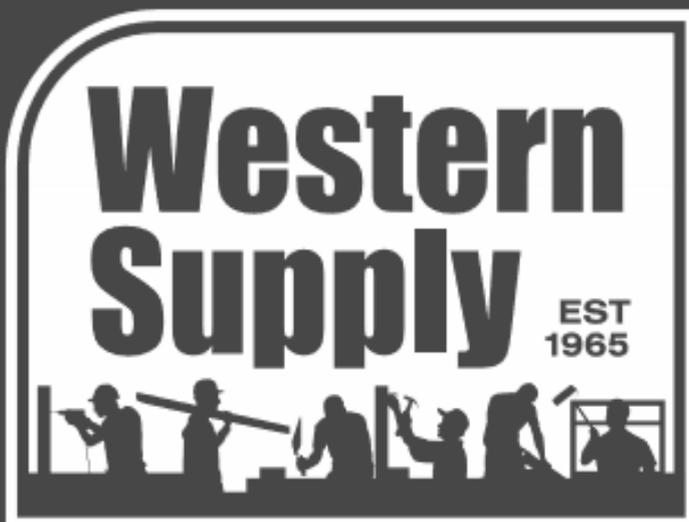
### How do the classes work?

- Classes are limited to a maximum of 12 people. Small classes mean you receive good personal attention and ensure you are performing the exercises safely, and correctly.
- Classes are progressive and operate on a school term basis
- All equipment required is provided.



Martin Brooks - 07812 959 879  
martin@northcornwallpilates.co.uk  
www.northcornwallpilates.co.uk

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# LEST WE FORGET

November 1919

## The First Remembrance Day – 11<sup>th</sup> November 1919

The armistice of 11<sup>th</sup> November 1918 had effectively ended the Great War; however, the conflict was only concluded with the signing of the peace treaties in June 1919 and victory parades took place that summer. Yet some objected to exultant military parades, and a number of ex-servicemen even refused to participate. As a result, the first Remembrance Day ceremonies were commemorative rather than triumphant.

Two features of that first Remembrance Day on 11<sup>th</sup> November 1919 are central to commemorations today: the Cenotaph in Whitehall, London, and the silence. Alongside the official ceremonies, huge crowds gathered to lay wreaths at the newly-erected Cenotaph, designed by Sir Edward Lutyens. This was a day of mourning, not celebration. The Cenotaph was the place around which people united – and the activity that united them was the two minutes of silence. On King George V's initiative, people were asked to remain silent at 11am, to cease activity and stand with heads bowed, to think of the fallen. The silence was announced by church bells – and it was universally observed.

Everything and everyone stopped: buses, trains and factories halted, electricity supplies were cut off to stop the trains and, whenever possible, even the ships of the Royal Navy were stopped. Workers in offices, shops, hospitals, and banks stood still. Schools became silent. Law Court proceedings came to a standstill, as did the stock exchange.

### Subsequent Remembrance Days

Other Remembrance Day traditions developed quickly. In November 1920 the Unknown Warrior was brought from Boulogne on board HMS Verdun. The funeral procession moved on to London and the Cenotaph.

The grave of the Unknown Warrior is in the west end of Westminster Abbey. The grave also contains soil brought from France and is covered by a slab of black marble from Belgium. The slab bears an inscription written by Herbert Ryle, then dean of the Abbey, which commemorates the "many multitudes" who died during WW1. "They buried him amongst the kings because he had done good toward God and towards his house." From 1921, artificial poppies, made by former soldiers, were sold to support the Earl Haig fund for ex-servicemen. After WW2 it became traditional to hold Remembrance Day on the nearest Sunday to 11<sup>th</sup> November. It was only in 1996 that the two minutes silence was reinstated on the actual 11<sup>th</sup> day of November.



### One Hundredth Anniversary



Although there will be the usual Remembrance Sunday service held at the War Memorial, following the morning service of worship at 10.30 Sunday 10<sup>th</sup> November at St

James the Great church at St Kew, the hundredth anniversary of the first Remembrance Day will be on Monday 11<sup>th</sup> November and the volunteer bell ringers of St James the Great church plan to ring at 11am – work permitting.

*William*



What a treat for the ladies of St Kew WI. Irene came to show us the wonderful scarves for all seasons. She had many stories to tell and just as many scarves. We were taught how to tie them in different ways, one was how to provide a lightweight dressing gown for your holidays. Many ladies made purchases - either a treat for themselves or perhaps a gift.

Next month there will also Craft for Christmas demonstration - you don't need to be skilled, just come and try something new.

We are delighted that 2 new people came to join us. Our St Kew WI is now 97 years old, we hope that with some new members that we will be able to celebrate 100 years in 2022.

Come and join with us at 7pm on Wednesday 13<sup>th</sup> November - we are a fun group.

*Alison*  
01208 841469

**KEEP BRITAIN TIDY.**

**POLZEATH BEACH CLEAN**

**HELP CLEAN YOUR LOCAL BEACH & PROTECT OUR OCEANS**

**JUST TURN-UP TO JOIN IN. ALL EQUIPMENT IS PROVIDED UNDER 18'S TO BE ACCOMPANIED BY AN ADULT**

ALL START AT 09.30AM MEET IN MAIN CAR PARK  
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JANUARY WED 9	JULY FRI 12
FEBRUARY FRI 8	AUGUST WED 14
MARCH SAT 09 (3PM)	SEPTEMBER SAT 21 (3PM)
APRIL THURS 11	OCTOBER THURS 17
MAY FRI 10	NOVEMBER FRI 15
JUNE SAT 08	DECEMBER SAT 21

For more information please contact [nickdpickles@googlemail.com](mailto:nickdpickles@googlemail.com)

Beach Care South West SHARPS KEEP BRITAIN TIDY.

## Events outside our Parish

### Other places to visit:

Bodmin Folk Club, every Friday, 8pm, The Old Library, Lower Bore Street - all welcome.

Wadebridge Folk Club, (second Thursday every month), Churchhill Bars, Molesworth Street. (Tel: Mike Walford 01637 880604)

Tintagel Old Post Office (National Trust) has various events on during the month.

YHA, Treyarnon Bay, hosts live music events on most Fridays and Saturdays.

Bodmin and Wenford Railway have a number of themed events through the holiday period.

Eden Project

Old Town Hall, Bodmin, has various theatre & music events on.

More information about these events can be found on the following websites:

[Edenproject.com](http://Edenproject.com)      [endelienta.org.uk](http://endelienta.org.uk)  
[pencarrow.co.uk](http://pencarrow.co.uk)      [bodminrailway.co.uk](http://bodminrailway.co.uk)  
[facebook.com/YHATreyarnon/](https://facebook.com/YHATreyarnon/)  
[Intobodmin.co.uk](http://Intobodmin.co.uk)      [Cornwall365.com](http://Cornwall365.com)

*Please let us know about any events you are aware of outside our area that our readers might be interested in.*

## Events outside our Parish

### September

- 8<sup>th</sup> Craft workshops at Bedruthan Hotel (runs to 28<sup>th</sup> November).  
 28<sup>th</sup> Events at Carnglaze Caverns, live music underground (runs to 23<sup>rd</sup> November).

### October

- 26<sup>th</sup> Firework Display, Port Gavern. Dereck Deaden, specialist Pyrotechnic. 6.00pm

### November

- 1<sup>st</sup> Quiz night at Pencarrow House. You need to book. See their website for details.  
 2<sup>nd</sup> Firework Display, Port William Inn, Trebarwith Strand 7.00pm  
 5<sup>th</sup> Firework display at Priory Park Bodmin. Check online for cost. Bonfire lighting is at 7.00pm.  
 16<sup>th</sup> Cornish Winter Fair at the Royal Cornwall Show Ground.  
 16<sup>th</sup> & 17<sup>th</sup> Christmas Fair at Pencarrow House.  
 24<sup>th</sup> Pilates - Beginners/Gentle 9.30-10.30 at Hawksfield on A39.

## Poetry Reflective Day, 2<sup>nd</sup> November

Paul Fiddes, Professor of Systematic Theology at the University of Oxford and a Prebendary of St Endellion, will lead a day in the church reflecting on the poetry of Gerard Manley Hopkins on Saturday 2<sup>nd</sup> November.

He will explore the Presence and Hiddenness of God in Hopkins' poetry and there will be an opportunity for those who'd like to do so, to offer their own poetry inspired by Hopkins. The day will begin with coffee and tea in St Endellion's new hall and will end at 3pm. Cost £10 and bring a picnic lunch.

## Remembering Loved Ones, 3<sup>rd</sup> November

A special service to remember loved ones who have died will be held in St Endellion Church at 4.00pm on Sunday 3<sup>rd</sup> November. The service will last about 45 minutes and will include readings, prayers, music, an opportunity to light candles and for names to be remembered aloud.

Everyone is welcome to attend, and tea will be served afterwards.



**ST KEW HIGHWAY  
METHODIST CHURCH**

Services held in the Community Hall at 9.30am.

**Preachers for November**

3<sup>rd</sup> Rev'd Sally Long  
10<sup>th</sup> Church Fellowship  
17<sup>th</sup> Mr Ken Ridley  
24<sup>th</sup> Rev'd Alistair Sharp. Communion

**Catholic Church Services**

**Wadebridge**

St Michael's Church  
Tel:01208 72833  
Mass Sundays 8.30am  
Confessions  
Friday 10.30-11.00am

**Tintagel**

St Paul The Apostle  
Tel:01840 770663  
Mass Mon-Thur 10am  
Fri & Sat 6pm  
Sunday 10.00am  
Confessions:  
Before/after Mass.  
Other times on request.

**Wadebridge Christian Centre**

Molesworth Street, Wadebridge. Tel 01208 813110,  
wadebridgechristiancentre.org

We are a lively, active, family church where everyone is welcome. We have a crèche and Sunday school, and all our children's workers are DBS checked.

**Reflections**

**Holy Habits**

Our churches are exploring something called "Holy Habits" at the moment. We are trying to grow in how we live out our faith by spending time with each of 10 Holy Habits over a two year period. The idea is that we will get familiar with each habit, and explore and practice it until it becomes second nature. And as we grow in living out these habits, which are all based on things that the earliest Christians did, we hope that we will find ourselves better able to share the good news of God's love and justice in all that we do in our lives.

So what are the habits, and which habits are we exploring now?

Well we decided to begin by exploring the Holy Habit of "Eating Together". So in September and October there have been all sorts of ways that we have tried Eating Together with other people as a spiritual practice. We have eaten with our families and friends, with other church members and with

**St James the Great  
at St Kew**



**Calendar for November**

Sun 3<sup>rd</sup> *All Saints.* 9.30am, Holy Communion with Rev Dr Elizabeth Wild, with Rev Geraldine Ashton preaching.

Sun 10<sup>th</sup> *Remembrance.* 10.30am, Morning Worship followed by a Remembrance Service at the War Memorial with Peter Coster.

Sun 17<sup>th</sup> *2<sup>nd</sup> before Advent.* 9.30am, Holy Communion with Rev Dr Elizabeth Wild with Rev Geraldine Ashton and with Dr David Elliot preaching.

Sun 24<sup>th</sup> *Christ the King.* 9.30am, All Age service with Rev Geraldine Ashton and Marcus Jones.

**Calendar for December**

Sun 1<sup>st</sup> *Advent 1.* 9.30am, Holy Communion with Rev Geraldine, with Rev Dr Elizabeth Wild presiding and preaching.

Sun 8<sup>th</sup> *Advent 2.* No morning service. 6.00pm, Carol Service with Rev Geraldine Ashton.

people we don't know so well. We have thought about the fairness of how we share food in our world today and - my favourite - we have enjoyed eating together with children from St Kew, Port Isaac and St Minver schools who have come to our churches for the "Experiencing Harvest" programme.

I hope that as we continue with the other Holy Habits, Eating Together will be something that we continue to do, and that in our eating together we will find a place at the table for the God who has provided us with such an amazing world, and who loves us so much that he has come to meet us in Jesus.

The next Holy Habits we will be exploring - in November and December - are "Gladness and Generosity". So as we continue to eat together, I hope that we will also find we can grow in joy and in giving whatever we can for the good of others.

Every blessing,

*Revd Elizabeth*



## How our Foodbank helps our community

### November 2019

Our Foodbanks cover Bodmin, Camelford, Wadebridge and Padstow and the surrounding rural areas.

**A small shoebox can have a big impact.** We know it's early but we're already thinking about Christmas and helping others during the festive season. This year we are involved in the Teams4U 'Love in a box' Appeal. If you would like to donate a gift-filled shoebox along with a £2.50 donation please drop it into Wadebridge Foodbank during our opening hours (Mon-Thurs 10am-1pm). The shoeboxes make a huge difference to people at Christmas and this year they are going to deprived children in Romania, Belarus, Bosnia, and the Ukraine.

If you need some support with any housing issues, The HOME GROUP can help and are running drop-in sessions at Bodmin Foodbank every Monday between 1.00pm-3.00pm.

Thanks to St Breward WI who welcomed our Project Manager Jacqui to talk about the work we do at the Foodbank. We also received a kind donation of food from them.

### Diary dates:

**Sunday 24<sup>th</sup> November** - Quiz Night at The Red Lion Pub, St Kew Highway from 7:30pm. Any donations of dried/tinned food for our Foodbank will be much appreciated.

**Friday 22<sup>nd</sup> & Saturday 23<sup>rd</sup> November** – Our Tesco Food Collection at the Wadebridge and Padstow stores. We are getting ready to dig out our Christmas hats and spread some festive cheer.

### Do you need help creating a CV?

If you would like some support creating or updating a CV, help with interview techniques and application forms, come and join our FREE and FRIENDLY Moneybox Course. Available for anyone unemployed and aged 16+. Our next course starts in Bodmin on Friday 1<sup>st</sup> November at the Chestnuts Centre, if you'd like further information please contact us on 01208 815374 or email [contact@wadebridgefoodbank.org](mailto:contact@wadebridgefoodbank.org) It's a great way to learn in a relaxed environment (with tea, coffee and biscuits too)

Wadebridge Foodbank, Unit 2 Trevanson Street, Wadebridge PL27 7AR Tel. 01208 815374  
Registered Charity No. 1166301  
Email: [contact@wadebridgefoodbank.org](mailto:contact@wadebridgefoodbank.org)  
Website: [www.wadebridgefoodbank.org](http://www.wadebridgefoodbank.org)

## Events at St Endellion

### November 2019

#### Saturday 9 November 7.30pm

##### **Kevos – Blue Green Hill.**

Patrick Bailey – conductor Cheryl Rosevear – soprano.

Kevos is an ensemble dedicated to performing contemporary classical music in Cornwall. The programme, inspired by the environment and nature, including works by Judith Weir, Estonian Helena Tulve, and Barbara White. £10

#### Friday 22 November 7.30pm

##### **The People's String Foundation - Duo**

South West based composer-musicians Ben Sutcliffe and Zaid Al-Rikabi (musical directors for Knee-high) mix artisan flavours with urban/world beats. Their compositions are melodic, wistful, and dynamic as well as upbeat and fast, designed to get people's toes tapping. £10.

## Coming soon in December

### Sunday 1 December 3.00pm

#### **The Portorius Quartet**

A delightful Sunday afternoon in the company of this young Quartet - Sophia Prodanova & Nicole Petrus Barracks – violins, Diogo Ramos – viola, and Nathan Giorgetti – cello – which formed at the Guildhall School of Music and Drama in 2017.

£8 (includes tea and cake).

Tickets from [www.endelienta.org.uk](http://www.endelienta.org.uk), or 07787 944935.

Accompanied under 16s free to most concerts – check the website for details.

## Events Diary November

- 6<sup>th</sup> 'Good Morning Cafe', St Kew Ace Academy, 8.45 -11.00am.  
Bell ringing practice, 7.30-9.00pm
- 7<sup>th</sup> Chair Aerobics, Community Hall, 2.00pm.
- 13<sup>th</sup> 'Good Morning Cafe', St Kew Ace Academy, 8.45 -11.00am.  
Bell ringing practice, 7.30-9.00pm.
- 14<sup>th</sup> Chair Aerobics, Community Hall, 2.00pm.
- 15<sup>th</sup> Souper Lunch, Community Hall, 12.30pm.
- 15<sup>th</sup> Copy Date**
- 19<sup>th</sup> Your Parish, Your Plan, Your Future Community Hall, 7.30pm.**
- 20<sup>th</sup> 'Good Morning Cafe', St Kew Ace Academy, 8.45 -11.00am.  
Bell ringing practice, 7.30-9.00pm.
- 21<sup>st</sup> Chair Aerobics, Community Hall, 2.00pm.
- 24<sup>th</sup> Quiz at The Red Lion in aid of the Food Bank. Any donations of dried/tinned food will be much appreciated.
- 27<sup>th</sup> 'Good Morning Cafe', St Kew Ace Academy, 8.45 -11.00am.  
Bell ringing practice, 7.30-9.00pm
- 28<sup>th</sup> Chair Aerobics, Community Hall, 2.00pm.

### News from St Kew Parish Hall

Our annual Christmas Draw evening with music will take place on 6th December starting at 7.30pm.

Raffle tickets will be on sale shortly.

*Kathy*

To book the hall, please contact Lianne Sproull on 01208 841808.

### The Regal in Wadebridge

Tel: 01208 812791

www.wtwcinemas.co.uk



#### NOVEMBER

- 1<sup>st</sup> Doctor Sleep
- 8<sup>th</sup> Sorry We Missed You  
The Aeronauts  
Midway
- 15<sup>th</sup> Le Mans '66
- 22<sup>nd</sup> Frozen 2
- 29<sup>th</sup> Charlie's Angels

**Live Screenings:** Book on-line or contact cinema

- 5<sup>th</sup> Concerto/Enigma Variations/'Raymonda' Act III - Royal Ballet Live - 7.15pm
- 7<sup>th</sup> 'Hansard' - NT Live - 7.00pm
- 10<sup>th</sup> '42<sup>nd</sup> Street- The Musical' - 3.00pm; and  
12<sup>th</sup> 7.30pm
- 20<sup>th</sup> 'Timon of Athens' by W. Shakespeare - RSC - 7.00pm
- 21<sup>st</sup> 'One Man, Two Guvnors' - NT Encore - 7.00pm
- 28<sup>th</sup> 'Present Laughter' by Noel Coward - NT - 7.00pm

### Recycling

Recycling takes place on a variety of days in the same week within the parish. Recycling collections are in the weeks beginning 4<sup>th</sup> and 18<sup>th</sup> November.

**Please see the Cornwall Council website for full details.**

# ST KEW HIGHWAY COMMUNITY HALL ONGOING EVENTS

Registered Charity No 294140

<b>Sun</b>	Methodist Church Service	Marion Dingle	01208 841388
<b>Mon</b>	Yoga 10.30am	Fiona Crompton	01208 851735
	Pilates 2.30-5.15pm	Martin Brooks	07812 959879
<b>Tue</b>	Pilates 1.15-2.30pm	Martin Brooks	07812 959879
<b>Wed</b>	1 <sup>st</sup> , 3 <sup>rd</sup> & 5 <sup>th</sup> in a month	West Country Embroiderers	
	10am-3.00pm	Pat Scarborough	01841 521323
	2 <sup>nd</sup> in month St Kew WI 7.00pm	Alison	01208 841469
<b>Thurs</b>	Chair Aerobics 2pm	Judy	01208 841746

**IMPORTANT : BEFORE ARRANGING YOUR EVENT AT THE HALL  
CHECK AVAILABILITY AND BOOK WITH SHIRLEY ROWE 01208 841257**

Because accidents happen



If you have had an accident you may be entitled to compensation. We deal with most cases on a "No win No Fee basis." We are here to help, talk to Sproull.

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Disputes | Family | Property | Wills

## Parish Council News

**Chairman:** Cllr A Godden

**Clerk:** Mrs Stephanie Tiplady

The Barn, Kitts Hill, Chapel Amble

07789 953677. [stkewparish@gmail.com](mailto:stkewparish@gmail.com)



The Parish Council meets in the Parish Hall, St Kew Churchtown at 7.00pm on the second Tuesday of each month. Members of the public are welcome to attend and address the meeting on any subject of concern.

## St Kew Parish Council Meeting

**Held on Tuesday 8<sup>th</sup> October 2019 at 7.00 pm in the Parish Hall.**

Present: Chairman A Godden, Vice chairman J Rowe, Councillors B Finnemore, T Prophet, T Mott, P Bishop and R Godden, Cornwall Councillor S Knightly and 20 members of the public.

The Chairman opened the meeting with the public discussion and the council heard comments from objectors, the agent and applicant of the Chapman's Field application. They also heard objections from people opposed to the shed application.

Councillor Stephen Knightly, reported on a flood and fishing meeting he had been to.

The annual budget was presented and passed by the council, with the parish precept set at £7,500.00, one of the lowest in Cornwall.

## Planning applications

**PA19/06113** - P Chapman, Chapman's Field, Pendoggett.

Outline application for residential development of up to eight houses.

**Recommend refusal**

**PA19/08173** - Mrs & Mrs P Costa, Pendoggett Farmhouse, Pendoggett.

Erection of a storage shed.

**Recommend refusal**

## Planning Decisions

**PA19/06085** - Mr Hugh Briscoe, Lenora Chapel, Chapel Amble.

Re-ordering of existing house and rebuilding of extension.

**Approved**

RG

## ST KEW PARISH COUNCIL

### Invites Tenders



Tenders are invited for the clearing of Laurel trees in the lower churchyard of St James the Great. Details and tender forms can be obtained from the churchyard liaison officer on 01208 880007. Tender closes on the 31<sup>st</sup> November 2019.

## Your Parish, Your plan, Your Future....

For more than a few years now the Parish Council has talked about whether or not to make a Parish Plan. Some of you might recall some years ago the council did a survey of what the parishioners wanted in St Kew, but the council never took it further.

Now with the climate of easy planning and the pressure on building new homes it has become even more important for local people to have a say in what is built in their locality.

To gauge public opinion and to get some idea of what you the people of this parish want, the Parish

Council is organising a talk by Cornwall Council on the ifs and buts of a Parish Plan, to be held at 7.30pm on November 19<sup>th</sup> at the Community Hall St Kew Highway. Here is your opportunity to say what you want.

Everyone is welcome, so please do come along and if you feel you could spare a little time in helping out with the plan, please let it be known to a councillor or the clerk.

Looking forward to seeing you there on the night.



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Wadebridge Wines, Wadebridge  
Old Custom House, Padstow  
The Little Gin Shack, Wadebridge  
Padstow Farm Shop, Padstow  
Trebetherick Stores, Trebetherick  
St Tudy Community Shop, St Tudy  
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Contact Tim for further details

[timothy.dunn@orange.fr](mailto:timothy.dunn@orange.fr) +33 647 662 593

